

BOREDOM BE GONE

Twin Falls clubs, classes mix fun and fitness.

IMAGE, D1

CHARGED UP

San Diego gets first playoff win in 13 years.

SPORTS, B1

POPULAR TAX

Local-option tax enjoys wide range of support.

MAGIC VALLEY, A4

Good Morning

High 34
Low: 23

Chance of snow.
Details: B4

Times-News

MONDAY
January 7, 2008
75 cents

MagicValley.com

Jerome's Summit opens



Students pass through the main hallway at Jerome Middle School on Friday afternoon at the end of the day. Officials say the district's buildings are becoming overcrowded.

New school could reach capacity in five to 10 years

By Andrea Gates
Times-News writer

Elementary students will hurry to class this morning for their first day at Jerome's newest school, Summit Elementary.

There is plenty of room for all of them today, but in five to 10 years this new school — which holds the district's fourth and fifth grades — could reach its capacity, says a district official. Other schools in the district could also soon approach their limits.

Like other school districts in the area, the Jerome district has grown in recent years. According to numbers from the Idaho State Department of Education, the district grew by 176 students between fall 2005 and 2007. In comparison, enrollment at the neighboring and larger Twin Falls School District grew by just 115 students in those same years.

The new Jerome middle school under construction across the street from the new elementary school could fill up quickly, according to local economic growth and enrollment projections, said Jerome School District Business Manager Mike Gibson.

The new middle school is expected to have a student capacity of about 600 students. There are already 751 students enrolled in the district's sixth, seventh and eighth grades, according to the ISDE numbers from the fall semester.

"Given the economic growth, I would say, in anywhere from five to 10 years we could be facing the cap," Gibson said.

The same applies to Summit, which is expected to have a student capacity of about 600, Gibson said. The district had 562 students enrolled in the fourth and fifth grades in the fall, according to the ISDE numbers.

The new, 118,000-square-foot middle school should be completed by mid-March, district officials have said. Students are slated to move from the old middle school, which will house district support

Please see **SUMMIT**, Page A3



2008 Idaho Legislature starts today

By Jared S. Hopkins
Times-News writer

The 2008 Idaho Legislature officially starts today with no shortage of unpredictability.

Legislators will grapple with major issues in a new, cramped location, a second-year governor with whom they have a rocky relationship, and a plethora of expensive proposals for the fourth-fastest growing state in the nation.

For at least the next two years, state legislators will do business in temporary chambers in the old Ada County Courthouse while the nearby Capitol is renovated.

The change in scenery has led GOP leadership teams to promise a short session. They promised the same thing last session — held in the Capitol — but lawmakers hung around an extra week to debate transportation funding.

Transportation, primarily in the Treasure Valley, is considered by many lawmakers to be the top issue this year. Prisons, education, water and Idaho's future energy needs are expected to be hot topics as well.

Please see **SESSION**, Page A3

Camping in the Capitol

Legislature's new temporary offices are cramped, challenging

By John Miller
Associated Press writer

BOISE — Some lawmakers liken "poking their way around the 60-year-old building set to house the 2008 and 2009 legislatures to climbing inside a dollhouse."

The Capitol Annex, also known as the Old Ada County Courthouse, includes at least 109 individual steps from basement to fifth floor. They get lots of use, since the elevator only extends to the third.

On their way up, lawmakers and visitors to this 1939 Art-Deco limestone-clad block of a building will pass by eight temporary flushing outdoor toilets; a tiny room for the cadre of Capitol reporters; two Depression-era murals depicting an American Indian being lynched by white settlers; and finally the steel-barred entry to the old county jail.

Monday's opening of the Legislature is the start to a two-year experiment that lawmakers finally agreed to spend about \$120 million to renovate and expand the 100-year-old Statehouse building located just across Sixth Street but now surrounded by giant excavated pits.

Please see **CAPITOL**, Page A3

Elite teams prepare for nuclear terrorism

By Ralph Vartabedian
Los Angeles Times

About every three days, unknown to most Americans, an elite team of federal scientists hits the streets in the fight against nuclear terrorism.

The deployments are part of an effort since 2001 to ratchet up the nation's defenses. More than two dozen specialized teams have been positioned to respond to threats of nuclear terrorism, and as many 2,000 scientists and bomb experts participate in the effort. Spending on the program has more than doubled since it was launched.

And a national policy is evolving that aims to create a system of deterrence in which scientific analysis could quickly identify the state sponsors of an attempted or successful nuclear device attack and enable the U.S. to retaliate.

A key report on the approach, known as nuclear forensics, is due in February.

Please see **NUCLEAR**, Page A3

People may dislike attack ads, but the messages tend to stick

By Howard Kurtz
The Washington Post

WOLFEBORO, N.H. — Sandy Troendle, a nurse in this small lakeside resort, doesn't think much of Mitt Romney's attack ads.

"I tend to go for a person who promotes himself rather than slam-dunk other people," she says. Troendle is drawn to John McCain's commercials, because "I like that he stands up for what he believes is right rather than what the country wants to hear him say."

Ernie Brown, a retired Air Force pilot, also dislikes Romney's spots — "I don't think negative ads help candidates at all," he says — but easily echoes the message of Rudolph W. Giuliani's ads: "He's been the mayor of a major city. He didn't talk about cutting taxes; he cut taxes. He significantly reduced crime. He got things done."

Romney's defeat Thursday in Iowa, where his negative spots pounded the eventual winner, Mike Huckabee — doubles the stakes for Tuesday's New Hampshire primary, where McCain is his target. The senator from Arizona said on Friday that New Hampshire voters "are not going to be fooled" by Romney's attack ads. The former

Elections 2008

Front-runners clash in both parties in run-up to New Hampshire primary. See page C1

Online For comprehensive election coverage, click on the Elections 2008 logo at [Magvalley.com](http://magvalley.com)

Massachusetts governor this week-end added a positive spot to his rotation.

Hillary Clinton has decided against airing negative ads for now despite her loss to Sen. Barack Obama, D-Ill., in Iowa. The senator from New York, who has stayed from New York, who has stayed from the airwaves, cut a commercial — obtained by Time.com but not approved by the campaign — in which a soft-spoken Clinton says voters should "ask one question: Who's ready to be president on Day One?"

The aerial bombardment across the state, as in Iowa, has reached saturation levels, prompting growing uneasiness among viewers who say the messages have become a blur.

On news-related shows, the commercials stacked up three and four at a time, crowding out pitches for restaurants and minivans.

The campaigns are expected to spend more than \$26 million on New Hampshire spots, compared with \$40 million in Iowa, according to the advertising firm TNS Media Intelligence/GMAA. New Hampshire is just one network affiliate, Manchester's WMUR, but campaigns also snatch up time on stations in nearby Boston.

Romney's ads seem to air here twice as often as those of his rivals. The other night, viewers of Jim Belushi's sitcom "According to Jim" saw a spot that began: "Mitt Romney versus John McCain. On illegal immigration, there's a big difference... McCain championed a bill to let every illegal immigrant in America stay permanently."

The Romney ad was followed by one for McCain: "As you hear Mitt Romney attack John McCain, consider these words from New Hampshire newspapers... The Concord Monitor writes, 'He's a candidate is a phony, we'll know it.' Mitt Romney's such a con." But, most of the time, the Romney commercial airs with no response from his rival.

Please see **ATTACK ADS**, Page A3

At Your Service directory	C6	Comics	D2-3	Idaho/west	A5, A8	Movies	A5, A7	Opinion	A6-7
Bridge	C5	Crossword	C7	Image	D1	Nation/world	D2	Sports	B1
Calendar	A2	Dear Abby	D3	Jobs	D3	NFL	D2	Sudoku	C4
Classifieds	C3-8	Horoscope	D2	Magic Valley	A4	Obituaries	A5	Weather	B4

Twin Falls Council to elect mayor, swear in new members

By Nate Poppino
Times-News writer

Twin Falls City Pool Board Chairman Will Kezele and business owner Lee Heider will officially start their new positions on the City Council

at its meeting today. The two replace council members Glenda Dwight and Shawn Barigan who lost re-election bids in November. After Kezele and Heider are sworn in, the full council will

elect the successor to current Mayor Lance Clow, who could retain the post. After the new council has fairly routine agenda in front of it, with several subcommittee improvement agreements and a grant application to the

Idaho State Historical Society for approval. Members will consider the Planned Unit Development Agreement for Canyon Ridge High School and the River Vista development. The council will also hold

public hearings on two proposals, including one rezoning land for use as open space along the rim of the Snake River Canyon. The proposal, intended to protect the canyon area and provide recreational space, was

unanimously approved by the city's Planning and Zoning Commission in November. The council meets at 5 p.m. in City Council Chambers at 305 Third Ave. E. Meetings are open to the public.

Course brings med-school teaching to the masses

By Nate Poppino
Times-News writer

Those who miss their years in college — or who never made it in the first place — will be able to get a peek at medical school next week.

The sixth Idaho WWAMI Mini Medical School begins Thursday, and for the first time, University of Washington officials are sending their video feed to Twin Falls.

The five-week course, hosted by the five-state medical school that serves Washington, Wyoming, Alaska, Montana and Idaho, is meant to give the public a chance to see what medical school courses can be like and, hopefully, learn a bit about their own bodies, said Dana Ellis, administrator of program operations for WWAMI-Idaho. The course, held once a week for two hours in the evening, is intended to be broad enough for anyone to understand.

The course is conducted through videoconferencing, Ellis said, and is so popular in the Boise program that organizers turn people away.

It attracts three types of people: undergraduate pre-med students, health care professionals looking for a little more education, and people who either have an illness covered in the course or know someone who does. Each year focuses on a different set of organs. This year, participants in Twin Falls will learn about the endocrine system, which releases and controls hormones in the body.

The new site is part of WWAMI's expanding role in the area, said Suzanne Allen, a doctor and assistant dean for WWAMI-Idaho. Students in the program, including 20 from Idaho, already train in the area. UW officials plan to create a rural training residency track in the area in 2009, Allen said, meaning more students would study here for longer.

"And really, it's just WWAMI doing what we try to do for medical education in the state," she said, speaking about the community class. "We try to be a full-scope medical education program."

At least 27 Magic Valley residents are registered for the class, and the room could hold many more, said Twin Falls resident David McCluskey, a doctor who helped bring the class to the area. Hospital and CSI officials are excited about the course's potential, he said.

"I think I'll be really pretty excited," McCluskey said. "It puts the (public) in the atmosphere of a medical school, but yet something that's understandable and helpful."

Nate Poppino may be reached at 735-3237.

Join in
It's not too late to sign up for the sixth Idaho WWAMI Mini Medical School, set to begin Thursday in Room 209 of the College of Southern Idaho's Shields Building. Classes run weekly from 7 to 9 p.m. on Thursdays through Feb. 7, and touch on metabolic syndrome, diabetes, osteoporosis and thyroid disorders. Preregistration is required, and the class is free. University of Washington medical students will be on-site to answer questions. For more information or to register for the class, 737-2007 or e-mail robyn@uwmc.org.

Signs of support

House speaker proposes constitutional amendment for local-option taxes

By Jared S. Hopkins
Times-News writer

Republicans and Democrats support them. So does Twin Falls Mayor Lance Clow. Retired Boise State University politics professor Jim Weaherby, an independent expert on state policy, is also a fan.

Local-option taxes apparently cross party lines, invite opinion from academia and encompass all levels of county government.

The taxes allow communities to tax goods or services and keep the revenue local. Support for them is apparently gaining traction after years of being squibbed by the Idaho Legislature, due to the escalating costs of improving transportation in the fourth-largest growing state in the country.

"It's a local control question, and a local-option tax is something I think the people should be allowed to decide. The Legislature from Boise shouldn't be controlling all the decisions," Clow said.

Historically, opponents have cited resistance from constituents for more taxes. They worry Idaho would fall into financial chaos should local officials oversee extra taxation. Most recently, opponents have said the bus system in Boise is not used enough to justify a rail system that could be financed through local-option taxes.

Additionally, House Speaker Lawrence E. Denney, R-Midvale, told reporters Thursday the issue should be presented as a constitutional amendment. After a two-thirds approval in the House and Senate, voters would see it on the ballot in November.

"We've been at this for several years, and going to the constitutional amendment approach is only going to add one more year to the process. And if that's what it takes to get it right, I think we need to go that route," Denney said.

New support for the local-option taxes is traced to the additional provision for money to be used for roads — not just public rail access, which is why the House tax panel killed it last year. Many residents of the Treasure Valley, where a third of Idahoans live, want the chance to vote on whether they should be taxed to have commuter transportation.

Gov. C.L. "Butch" Otter said people should have the opportunity, as well. Even Denney said Thursday that at recent public meetings he's heard people support the opportunity.

Meanwhile, Democrats say the issue is not partisan or ideological but an acceptance that Idaho is urbanizing.

"How can we expect to double or triple the amount of people in this valley, or in Idaho, and somehow have less government," said Senate Minority Leader David Langfoster. "When you talk about building roads, that's government."

Senate Majority Leader Brad Davis, R-Idaho Falls, said local-option taxing divides people into



A car travels east on Falls Avenue on Friday afternoon in Twin Falls. Local-option taxes, additional taxes on goods and services, if approved by the Legislature, would allow local officials to put taxing issues to a vote by residents. Revenue generated from the taxes could go toward improving roads and other transportation needs.

those who want uniform taxation and those who say decision-making should go to those closest to the issues. He said local-option taxing "makes more sense than not" but noted that tax bills begin in the House.

"Those stars seem to be more in alignment today than perhaps in prior years," said Davis. "Whether we are in the age Aquarius on local-option taxing, I have no idea."

So how might this affect the Magic Valley, which is growing but whose transportation needs are quite different than those of the Treasure Valley?

Clow, who is president of the Association of Idaho Cities, said he'd support the measure but prefers more flexibility, such as the ability for cities to increase a sales tax. Clow referenced

how Twin Falls nearly doubles in size during the week — straining city services, including police — but has no money to cover that.

Magic Valley communities could take advantage of the taxing option, given that legislative slideboards aren't specific to the Treasure Valley. Money could be put toward road construction on Blue Lakes Boulevard or even speed up the process of widening Washington Street North, Clow said. Or the city could remodel old streets developed 50 years ago in the older parts of town.

"The alternative is property taxes, and property taxes are one of the more difficult taxes for people to deal with because it has nothing to do with income. It's simply because you own property," Clow said.

Crash sends pickup careening onto CSI campus, injures one

By Matt Christensen
Times-News writer

A two-vehicle crash Sunday evening at Washington Street and North College Road damaged landscaping at the College of Southern Idaho, broke Idaho Power Co. electrical lines and left one man with a minor head injury.

A car westbound on North College Road ran the stop sign at Washington about 9 p.m. Sunday and collided with a southbound pickup, according to Twin Falls Police.

The collision knocked the driver unconscious. Unable to stop, the truck plowed through landscaping at CSI, snapped a guy wire and came to rest in a group of trees.

The driver of the truck, who awoke at the scene, was taken by ambulance to St. Luke's Magic Valley Regional Medical Center.

"He was up and walking around," said Sgt. Dennis Rinchard, with the city police. "But he had a pretty good lump on his head."

A passenger in the pickup, the man's wife, was uninjured, as was the driver of the car.

The collision was still under investigation late Sunday evening, and police had yet to release the names of those involved.

A citation for running the stop sign would likely be issued to the driver of the car, Rinchard said.

Anti-meth ads start today

By Matt Christensen
Times-News writer

The Idaho Meth Project today begins broadcasting television ads in its much-anticipated anti-meth campaign, according to an e-mail from Russ Newton, a Boise-based regional director for the group.

The campaign, targeted at viewers age 12 to 17, is based on a project credited for drastically reducing meth use in Montana. Organizers here hope similar ads will curb the number of Idaho teens who try meth for the first time.

Montana began its program of often graphic TV, newspaper, radio and billboard ads in 2005, when it ranked fifth nationally in meth abuse, according to the group's Web site, which cites a federal report. A year later, Montana ranked 39.

According to the report, the number of workers in Montana who tested positive for meth fell nearly 70 percent while the ads were running. In Idaho, those numbers fell 35 percent in the same period.

Montana spent \$12 million on its campaign. Idaho plans to spend \$2.7 million.

The Idaho Meth Project had raised about \$1.4 million, mostly from private donations, as of November — enough to pay for the ads during the first quarter of 2008 and half of the second. The group has asked the Legislature to pay for most of the remainder: \$1 million from the state's approximately \$4 million tobacco settlement and tax fund.

Gov. C.L. "Butch" Otter announced last January that the campaign would come to Idaho, where, he said, the drug is devastating the state's youth. The Idaho ads will feature explicit images and stories of meth addiction gathered from research in Idaho that included interviews with teen meth addicts. Project organizers will gauge the success of the program with a survey late this year.

To see and hear the ads: <http://www.idahomethproject.org>.

Matt Christensen may be reached at 735-3243 or matt.christensen@lec.net.

Grandparents face challenges when they adopt grandchildren

COURT D'ALENE (AP) — After raising six children, Glenda Weaver never expected to start again.

"I thought I did a darn good job raising my six children, and I thought people that got in these situations just hadn't done a good job. They had jumped up and slapped me in the face," Weaver told the *Courier d'Alene Press*.

When their daughter became terminally ill, Weaver, 60, and her husband, Jerry, joined up and slapped me in the face," Weaver told the *Courier d'Alene Press*.

"I tell people, 'This could be your tomorrow. You never know what life has in store for you,'" Weaver said. "I can't fix my daughter, but I might

"I tell people, 'This could be your tomorrow. You never know what life has in store for you.'"

— Glenda Weaver

be able to help others in the system."

Weaver is a member of the Kootenai County Kin-Care Committee, an organization formed last year to promote community support and network opportunities for relatives who are acting as parents to children left behind because of death, illness, drugs or alcohol.

Her daughter, divorced and without support from the child's father, was diagnosed with Huntington's Disease, an incurable progressive, degenerative disease that causes certain nerve cells in the brain to waste away.

The Weavers cared for their daughter for as long as they could and then placed

her in an assisted living facility.

"I had to choose my grandchildren because they have a whole life to live, and I can't do anything for my daughter," Weaver said.

There were other challenges.

Having retired from law enforcement, Weaver and her husband assumed they could add the children to their health insurance policy, but found out they were not allowed.

They were told they had to purchase a separate policy for the kids; something they could not afford to do on a fixed income.

"That's when I went researching and found a system that was broken,"

Weaver said. "It was like a hide-and-seek game you could never find the answers to."

She began attending a support group for parents like herself that was run by a school counselor.

Weaver learned what financial assistance, services and resources were available to relatives acting as parents. They need to work as a team with the school and therapists, Weaver said.

"Most of our kids come with a lot of emotional baggage," Weaver said.

Eventually, Weaver became involved with a Boise advocacy group, the Idaho KinCare Coalition. It is a group of public agencies, private organizations and individuals supporting the efforts of grandparents and other kin who step in to care for children during temporary or permanent absence of parents, or in cases of neglect.

The Idaho Coalition saw the need in North Idaho. We decided to start with the Kootenai County Kin-Care Coalition to let people know we're here," Weaver said.

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Water freezes instead of draining in flooded western Nevada town

By Martin Griffith
Associated Press writer

FERNLEY, Nev. — Hundreds of homes sat in as much as 4 feet of water Sunday following a canal rupture as freezing weather spread sheets of ice over yards and streets, hindering efforts to get the water to drain away.

As many as 400 homes were damaged when the canal's bank gave way following heavy rainfall produced by the West Coast storm system that had piled snow as much as 11 feet deep in the Sierra Nevada.

Thousands of customers had been blacked out in three states and many of them in California could remain in the dark for days because the storm ripped down nearby 500 miles of power lines, utility officials said Sunday.

Six snowmobilers and two skiers were reported missing in heavy snow in the mountains of southern Colorado, and one hiker was missing in snow-covered mountains in Southern California.

At least three deaths were blamed on the storm.

The irrigation canal failure at Fernley released a wave of frigid water into the town early Saturday.

"In 10 minutes the entire back yard was completely flooded. It was just nothing but water," said Kristin Watson, whose home backs up to part of the canal. "We just sort of panicked because we knew we had to get out of there real quick."

The canal was temporarily repaired late in the day, but as much as a square mile of the town was still under water at least 2 feet deep Sunday as ice impeded drainage.

"Our hope is over the next 24 hours to get the water out," Fernley Mayor Todd Cutler

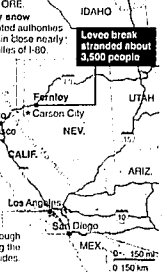
Storm's fury

Residents of Southern California were warned of possible mudslides from the storm that flooded Fernley, Nev. and covered the Sierra Nevada in as much as 9 feet of snow and killed three people.

About 311,000 customers have no electricity. Fewer than 10,000 are not shined out in the Los Angeles area.

Flash flood watch in effect through early Monday morning, making the area prone to mudslides.

SOURCE: National Weather Service



said at a briefing Sunday morning. "But we still have up to 4 feet of water in some areas. We need to keep the storm drains unclogged to keep the water moving to a wetland. We also may need to do some pumping in some areas."

Lyon County Fire Division Chief Scott Huntley estimated 1,500 people had been displaced. No injuries were reported in the town of 20,000 people about 30 miles east of Reno.

Huntley said officials knew of 18 cases of people rescued from atop homes or cars as fire department and private boats plus four helicopters were pressed into action Saturday, but he believes there were many more.

"The sheer number of rescues was amazing," Huntley said Sunday.

"For citizens to give of themselves and to help their neighbors, I'm choked up about it," Cutler said.

Despite heavy rain Friday, Gov. Jim Gibbons said the canal was not full when the bank failed. "This indicates to me there might have been a structural weakness over the

years. Nobody knows and we don't want to speculate at this time," he said.

"The possible factor that officials have mentioned was rodents burrowing holes in the earthen bank, which also was involved in a smaller collapse that flooded about 60 Fernley homes in 1996.

But Ernie Schank, president of the Truckee-Carson Irrigation District, said Sunday that a geologist had turned up no evidence of burrowing animals near the site of the break. The cause may never be known, he said.

"It'll be hard to pinpoint the cause because the evidence is washed away," said Schank, whose agency operates the 31-mile-long earthen canal.



Planning & Zoning Commission has the following vacancies

As of March, 2008, there will be four vacancies on the City Planning & Zoning Commission. The Commission is comprised of both City Council-appointed members and Area of Impact members appointed by the County Commissioners. There are three positions for city residents and one position for an area of impact resident.

By State Law, an applicant for the commission is required to have lived within the County for at least two years to be appointed to the City of Twin Falls Planning & Zoning Commission.

The Commission meets on Tuesdays.

On the first and third Tuesdays the commission conducts a noon work session to review the agenda items for the upcoming hearing. Noon work sessions usually last 1 hour.

On the second and fourth Tuesdays of the month, the commission holds public hearings that begin at 6:00 pm and can last from 10 minutes to several hours, depending on the number of items on the agenda and the number of speakers for each item.

If interested, please submit a letter detailing your interest to serve, and any applicable background or experience to: Mayor Lance Clow, PO Box 1907, Twin Falls, ID 83303-1907, or email to gscott@tfd.id

Please submit letters by February 1, 2008.

If you need additional information please phone Renee Carraway at 735-7269.

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NEW REACHES

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Jonathan Wheelwright, DPT, joined the Primary Therapy Source team after completing his Doctor of Physical Therapy at University of Utah in 2007. His clinical training included acute care, neurological rehabilitation, pediatrics, and orthopedics. Areas of emphasis for Jon are sports and injury rehabilitation, pediatrics and general orthopedics. This past fall he provided athletic training and sports rehab for Twin Falls High School football, volleyball and cross country athletes. He is active in the Idaho Physical Therapy and American Physical Therapy Associations.

A native of Logan, Utah, Jon enjoys cycling, skiing, backpacking, distance running, and family activities. He also speaks fluent Spanish.

Jonathan Wheelwright, DPT
Physical Therapist

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PRIMARY THERAPY SOURCE

INSIDE: NBA & golf, B2 | College roundup, B2 | Scoreboard, B3 | Weather, B4.

Giants' road show keeps winning, next up Dallas



New York Giants' Dave Tollefson (71) levels Tampa Bay Buccaneers quarterback Jeff Garcia as he throws a fourth quarter pass during an NFL wild-card playoff game Sunday in Tampa, Fla.

By Barry Wilner
Associated Press writer

TAMPA, Fla. — First stop, Tampa. Next stop, Texas.
As long as it's on the road, the New York Giants can't complain.
The Giants moved to 8-1 away from home with a dominating 24-14 NFC wild-card playoff victory over the Buccaneers on Sunday. New York has won every away game since falling in its season opener against the Dallas Cowboys, and it gets a chance to diminish that blemish in a much bigger matchup next Sunday with the winner going to the conference title game.
"We love playing there, we love going down to Dallas," Eli Manning said. "There are no secrets."
"It's a tough challenge against Dallas, we know that. We played them two times; maybe the third will be the charm."
As for concerns the Giants (11-6) left too

much of themselves on the field in futilely trying to stop New England's perfect season on Dec. 29, well, forget it. After a lackluster first quarter, New York bullied the NFC South champions, who lost three of their last four regular-season games, including the final two when coach Jon Gruden rested many starters.
"We weren't sluggish, but it was not like we were the weak before," said Giants veteran receiver Amani Toomer, who had a big game. "We needed one play to get us going and for me to be the guy, I was excited."
He was the guy often, making seven receptions for 74 yards and a touchdown.
It was the first postseason win after two defeats for Manning, who efficiently outplayed his counterpart, Jeff Garcia. Manning went 20-of-27 for 185 yards, with almost all the damage coming after a forgettable opening period in which New York had minus-2 yards of offense.
The oft-criticized Manning should draw nothing but praise for his performance,

which included touchdown passes of 5 yards to Brandon Jacobs and 4 to Toomer. The score by Toomer completed a clinching 92-yard, 15-play drive.
"Eli had a great game today," Toomer said. "I took what was out there and didn't force anything. He doesn't get real excited; there is more than one way to lead a team ... and he showed that today."
The defense also shined up with a superb effort in the three quarters. Cornerback Corey Webster's interception and fumble recovery, and Michael Strahan's nine tackles and a sack led the way. Tampa Bay (6-8) gained only 166 yards before a late 88-yard drive made it 24-14.
"I think as a team we seem to perform better on the road," Strahan said. "I didn't know we won eight in a row. That's a great thing, because when it's the playoffs, if we're going to go as far as we want, we have to win every

Please see GIANTS, Page B4

June Jones mulling between SMU, Hawaii

By Jamie Aron
Associated Press writer

DALLAS— June Jones spent Sunday night trying to decide whether to accept an offer to coach SMU or return to Hawaii, where the governor is among those trying to keep him.
"It's been a wild day," agent Leigh Steinberg said. "I haven't seen anything like this before. It's emotionally wrenching for June."
Jones was in Dallas meeting with SMU officials and the search committee that has been working since late October to hire a replacement to Phil Bennett.



Jones

Meanwhile, the folks on the island were doing all they could to get him to say no and continue leading a program he has guided to national prominence.
Hawaii Gov. Lindaingle called to see what she could do, and the president who oversees the entire University of Hawaii system called with an updated contract proposal. It's the second in three days, but the first made by the school's overall leader.
The higher-ups aren't the only ones doing their best to lure Jones back.

"Yesterday when he was in Hawaii, June was visited by dozens of alums and fans, urging him to stay," Steinberg said. "It's received dozens of phone calls and e-mails telling him what he's meant to not only the school but the whole state, with personal stories that were poignant, heart-warming ... It's a pretty interesting story from that standpoint. The whole state is energized to keep June."

Steinberg said Jones was planning on making a decision Sunday night. "These programs need to know," he said. "It's time."
The paradise setting of Honolulu and a program coming off a BCS bowl would seem like an match for the school like SMU, where losing has been entrenched since receiving the NCAA's only death penalty in the late 1980s.

Yet Jones is always up for a challenge, as evidenced by his initial move to Hawaii, which was coming off 12 years in the NFL.
SMU likely can provide a higher salary and — perhaps more importantly to Jones — a bigger budget and better facilities. He also has a more fertile recruiting base, albeit with the tradeoff of having more competition.

L.T. leads Chargers over Titans

By Bernie Wilson
Associated Press writer

SAN DIEGO — Well, wouldn't you know it, the San Diego Chargers can win in the playoffs.
Thirteen long years after their last postseason victory, the Chargers finally came to life late in the second half Sunday to beat the Tennessee Titans 17-6 in an AFC wild-card game.

A gloomy, rainy afternoon never looked so good in sunny San Diego. Star running back LaDainian Tomlinson was held to 42 yards, but got to celebrate the first playoff victory in three tries in his brilliant seven-year career.
"It didn't come easy, but I tell you, I'm just happy to get that first one," Tomlinson said.
"It's a relief, but at the same time, it's not like we're saying, 'Oh, we won a playoff game, so let's get ready to lose,' you know what I mean? I'm already thinking about next week and how tough of a game we're going to have going to Indianapolis, facing the champs."

The Chargers (12-5) advance to face the Colts on Sunday. San Diego escaped with a 21-21 win over the Colts at Qualcomm Stadium on Nov. 11, when Peyton Manning threw a career-high six interceptions and Adam Vinatieri missed a 29-yard field goal attempt with 1:31 left.

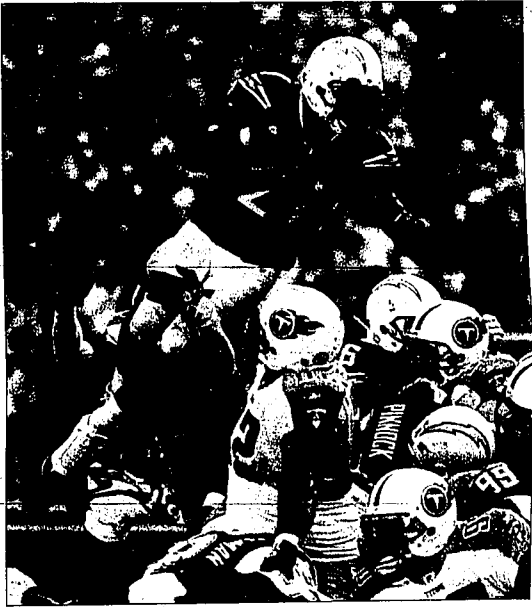
The Titans bottled up Tomlinson, the two-time NFL rushing champion and the 2006 NFL MVP, and dared quarterback Philip Rivers to beat them. The second-year starter did just that, throwing a 25-yard touchdown pass to Vincent Jackson late in the third quarter that gave San Diego its first lead at 10-6.
Tomlinson finally found the end zone midway through the fourth quarter, on a fourth-down leap over the pile from inside the 1 that had to survive a video replay.

Tomlinson went airborne and was met by linebacker Stephen Tulloch, but the running back used a second effort to get the ball over the goal line before linebacker Colin Alford knocked it out of his hands.

Tomlinson jumped for joy once he emerged from the pile, but Titans coach Jeff Fisher threw his red challenge flag. After a video review, it was ruled that the ball crossed the plane of the goal line. Tomlinson celebrated again on the sideline.

Just like that, the nightmares of the Marty Schottenheimer era finally were away.
Schottenheimer, who coached Tomlinson to front-office frown in February, a month after San Diego inexplicably melted down in a 24-21 divisional-round playoff loss to New England. The Chargers had gone an NFL-best 14-2 in 2006.

Two years earlier, the Chargers lost in overtime to the New York Jets in a home wild-card



San Diego Chargers' LaDainian Tomlinson goes over the top for a one-yard touchdown in the fourth quarter of the Chargers' 17-6 victory over the Tennessee Titans in their wild-card playoff game Sunday in San Diego.

game.
Overall, the Chargers had lost four straight postseason games dating to their ugly 49-26 loss to San Francisco in the Super Bowl following the 1994 season.

San Diego's Navy Turner improved his career playoff record as a head coach to 2-1. After stumbling to a 1-3 start and then leveling off at 5-5, the Chargers have won seven straight and 11 of 13 under Turner.
"Navy was brought here by an odd situation," Tomlinson said. "It was either get us back to the playoffs and win a game in the playoffs, or you're a failure. That was kind of what he was given."

Rivers was 19-of-30 for 292 yards, with one interception. Chris Chambers had six catches for 121 yards, and Jackson had five for 114.

The Titans were looking for some payback after losing to the Chargers in overtime in Nashville in a tough, nasty game. Several players were hurt, and four players were fined a total of \$32,500 by the NFL.

The Titans started faster than the Chargers, but couldn't find the end zone.

Pro Bowl kicker Rob Bironas, who led the NFL with 35 field goals, had kicks of 30 and 44 yards to give the Titans a 6-0 halftime lead. He pushed a 30-yarder just wide left in the opening minute of the fourth quarter.

Ohio State seeks redemption, LSU validation

By Ralph D. Russo
Associated Press writer

NEW ORLEANS — Top-ranked Ohio State enters the BCS national championship game against LSU searching for redemption, hoping to bury the memories of an embarrassing loss in last year's title game.

"As much as you try to forget about it, there's no way of forgetting about it," Ohio State Dionte Johnson said. "I closed my eyes and go through that game like I'm still there."

The second-ranked Tigers come into Monday night's showdown at the Superdome looking for validation, trying to prove they were indeed the team most deserving of a chance to play the Buckeyes for the title.

"I really feel it was our destiny to be here," LSU receiver Early



LSU vs. Ohio State, 6 p.m., FOX

Doucet said. "For things to go the way they went — us losing to Arkansas, Pitt beating West Virginia and Oklahoma beating Missouri — it all fell into place the way it did and I just think it was meant to be."

That's a good theory. How else to explain two teams that lost their next-to-last games are playing for the national championship? The winner will become the first

school to win two BCS titles since the Bowl Championship Series began in 1996. The

Buckeyes won it in 2002, then lost 41-14 to Florida as a prohibitive favorite in last year's championship game.

LSU won the BCS title in 2003, beating Oklahoma right here in New Orleans, the Tigers' home 90 miles south of Baton Rouge.

Ohio State (11-1), the Big Ten

champions, and LSU (11-2), champs of the Southeastern Conference, have been two of the nation's elite programs over the past six seasons; the Buckeyes have won 66 games and the Tigers 63.

Yet, there's been little talk about dynasties or a place in history going into this BCS championship game.

The winner will get a crystal football and the title of BCS national champion, but the debate over which team is truly the best in the country will continue, especially by fans of Southern California and Georgia.

There's even been speculation about voters in The Associated Press poll choosing one of those other teams as No. 1 after the Buckeyes and Tigers are through.

Please see BCS, Page B2

SCOREBOARD

BASKETBALL

Table with columns for team names (Atlantic, New Jersey, etc.) and statistics (Points, Rebounds, Assists, etc.)

WRESTLING

Table with columns for team names (New Jersey, etc.) and statistics (Wins, Losses, etc.)

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GAME PLAN

LOCAL GIRLS BASKETBALL Wood River at Buhl, 7:30 p.m. Shoshone at Harrison, 7:30 p.m.

TV SCHEDULE

COLLEGE FOOTBALL 6:15 p.m. FOX - CBS National Championship game, LSU vs. Ohio St., on New Orleans

WOMEN'S COLLEGE SCORES

Table with columns for team names (North Carolina, Xavier, etc.) and scores

FOOTBALL

Table with columns for team names (Alabama, Georgia, etc.) and scores

FOOTBALL

Table with columns for team names (Alabama, Georgia, etc.) and scores

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SKI REPORT

Boys' and girls' ski racing... Results from various events including slalom and giant slalom.

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Smith-Tulsa roll over Bowling Green, CS-7

MOBILE, Ala. — Paul Smith and the nation's top-rated offense turned a little charity into a lot of history for the GMAC Bowl...

UCF's Smith turning pro ORLANDO, Fla. — Central Florida's Kevin Smith, the nation's leading rusher this season, changed his mind and will turn pro...

MLB Roger Clemens open to lie-detector test NEW YORK — Roger Clemens might be willing to take a lie-detector test, his "shooed" close friend Al Pettitte used to interview him...

MAGIC VALLEY Jerome boosters to meet Monday JEROME — The Jerome High School Booster Club will meet at 7 p.m. today in room 101 at Jerome High School...

TWIN FALLS FORECAST

Today: Continued chilly with cloudy skies and a few snow showers. Highs in the lower to mid 30s.

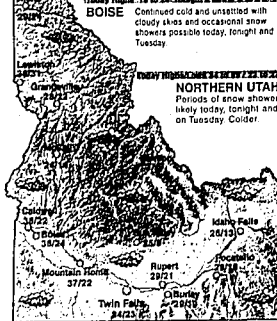
BURLEVRUPERT FORECAST

Today: Cloudy with a few snow showers. Highs 20s and lower 30s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS.

Occasional snow showers likely today and tonight. A good chance for snow Tuesday and Wednesday.



Yesterday's State Extremes: 42 at Lewiston. Low: 4 at Dule.

meineke car care center logo and address: 163 Addison Avenue Unit, Open Mon - Fri 8:00 AM - 8:00 PM, Sat 8:00 AM - 1:00 PM

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday. Includes icons for snow, rain, and sun, and temperature forecasts.

ALMANAC - TWIN FALLS

Table with 5 columns: Temperature, Precipitation, Humidity, Barometric Pressure, Sunrise and Sunset.

MOON PHASES

Table showing moon phases for Jan 8, 15, 22, 29 with icons for New Moon, First Quarter, Full Moon, Last Quarter.

REGIONAL FORECAST

Table with 3 columns: Today, Tomorrow, City. Lists forecasts for various Idaho cities like Boise, Pocatello, and Idaho Falls.

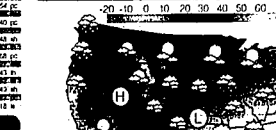
Yesterday's Weather

Table with 2 columns: City, Hi Lo Prep. Lists weather for Boise, Burley, and other nearby cities.

NATIONAL FORECAST

Table with 3 columns: Today, Tomorrow, City. Lists forecasts for major US cities like New York, Los Angeles, and Chicago.

TODAY'S NATIONAL MAP



U.V. INDEX

Table showing U.V. Index levels: Low, Moderate, High, and corresponding sun protection recommendations.

WORLD FORECAST

Table with 3 columns: Today, Tomorrow, City. Lists forecasts for international cities like London, Paris, and Tokyo.

CANADIAN FORECAST

Table with 3 columns: Today, Tomorrow, City. Lists forecasts for Canadian cities like Toronto and Montreal.

Defense drives Seahawks into next round

By Gregg Bell Associated Press writer

and Brian Russell.

SEATTLE — Four Pro Bowl starters, huge plays on third and fourth downs. Game-winning scores.

Wait, this is the Seahawks' defense? What in the name of Mike Holmgren is going on in Seattle?

The offensive maestros 12th playoff run in 16 seasons as a head coach but he led by a swarming, frenetic defense that, when it's been on, has carried the Seahawks through a fourth consecutive NFC West title.

Seattle won that despite a skittish offensive line and 2005 MVP Shaun Alexander running nowhere. Then Saturday: three sacks and 13 hits of precision, perfect Collins, plus two interceptions, returned for touchdowns late beat the NFC's hottest team, the Washington Redskins, 35-14 in the wild-card game.

"As I've been telling everybody since I played football in the fourth grade, defense wins championships," Alexander said of a unit that has 43 sacks in Seattle's 11 wins — but just five sacks in its six losses.

"When your defense scores 14 points in a playoff game, you're going to have a chance to win."

Matt Hasselbeck has gotten Seattle's national attention this season for scoring team passing records. He'll get more this week before returning to Green Bay in the postseason for the first time since his ill-fated pronouncement of "We want the ball and we're going to score!" during the overtime coin toss in 2004.

But the Seahawks (11-6) wouldn't be in the division playoffs against the Packers (13-3) without their big-play defense, which is far better than the one they had while going to the Super Bowl two seasons ago.

Then, Alexander rushed for 1,800 yards and scored a league-record 20 touchdowns for the most prolific-scoring offense in the NFL. That defense was just trying to hold up its side of the team.

This one is carrying it. "How we're going to get this thing done will be different than how we did it in 2005," Holmgren said as the playoffs began.

These Seahawks are getting it done everywhere. Up front, with pressure ends Patrick Kerney and Darryl Tapp and Pro Bowl middle linebacker Lofa Tuatu. Outside, with speedy Pro Bowler Julian Peterson. And in the back, with transformed cornerback Marcus Trufant and take-charge safeties Deon Grant

They — not Hasselbeck — seized the game from the Redskins, who had won four straight. Tapp stuffed Clinton Portis on third-and-1. Then Kerney drilled Mike Sellers on a fourth-and-1. Washington was 5-for-21 trying to convert on third and fourth downs and didn't score until the fourth quarter.

After Hasselbeck threw the first of two, forward interceptions of the final period, Seattle hitched a short kickoff for another turnover deep in its own end, catalyst Kerney took over.

The runner-up in the NFL, with 14½ sacks this season hit Collins on consecutive pass plays with Seattle about to fall behind 21-13. He forced Washington to settle for a 30-yard field goal, which Shaun Suisham missed to irreversibly change the game's momentum.

The Seahawks soared from facing the end of their season to 21 unanswered points over the game's final six minutes.

"That's what the playoffs are all about. When it's time for you to come up big how are you going to show up?" said Grant, signed as free agent along with Kerney and plays before the season to make the plays that previous Seattle defenses used to win for the offense to make.

The muscle-bound, 6-foot-5 and 272-pounder Matt has been showing up even bigger than that on route to his second Pro Bowl. His latest domination came despite the Redskins double- and triple-teaming him.

"I came into this game expecting that. I know that's going to happen," Kerney said, flatly. "And I expect the same thing to happen this week."

After Hasselbeck rebounded for his only touchdown pass to put Seattle back up 21-14, Trufant followed on end-and-up route that Washington's Santana Moss gave up on. The first-time Pro Bowler intercepted the looping pass, then zigzagged past the stunned Redskins for a 78-yard touchdown. The longest interception return in Seattle's postseason history made it 29-14.

By the time nickel back Jordan Babineaux made yet another big play, a 57-yard TD return of another interception by Collins, Holmgren was already thinking of another trip down his favorite street, Mike Holmgren Way, in Green Bay.

"When you're black, you hang in there, you keep fighting, and this team has done that better than any team I've ever had," Holmgren said.

That grit comes from a defense that may be as good as any Holmgren has ever had.



Seattle Seahawks running back Shaun Alexander leaves the field after the Seahawks beat the Washington Redskins 35-14 in an NFL wild-card playoff game Saturday, at Qwest Field in Seattle.

Giants

Continued from page B1

game on the road."

Jacobs also had an 8-yard TD run for the Giants, while Lawrence Tynes kicked a 25-yard field goal.

Earnest Graham ran for a 1-yard TD, and Alex Smith had a 6-yard scoring reception for the Bucs, who have now won a postseason game since the Super Bowl in January 2003.

They didn't seem particularly impressed by Manning or the Giants' offense.

"It made little, annoying

third-down conversions when he needed 16," linebacker Barrett Ruess said. "It is third-and-8, he gets 8½ yards. That was frustrating."

The first quarter was so lopsided the Giants never picked up a first down. Meanwhile, Garcia, who beat the Giants in two previous playoff starts against them, led the Bucs on a 54-yard, 10-play march. It was highlighted by Graham, who capped it with a 1-yard TD run. Graham gained 41 yards on the drive.

But when the second quarter arrived, the visitors woke up. Manning found Tomer for 17-, 10- and 13-yard gains before Jacobs avoided Derrick Brooks to tie it on his 5-yard reception.

Six minutes later, New York led as Jacobs scored on an 8-yard run.

Manning completed all four passes on the 65-yard drive, including a 21-yarder to Steve Smith on third down.

By halftime, the flag-waving Bucs fans had been silenced by the power-running and precise passing of the Giants, who were up 14-7.

It got worse immediately for the locals when Michael Spurlock, the only Buc to return a kickoff for a touchdown in their four decades, fumbled his runback to open the second half.

Webster recovered at the Tampa 30 and the Giants got to the 4 before Tynes made his field goal.

Webster, starting only

because Sam Mudsion was injured against the Patriots, contributed again moments later to foil a good Tampa Bay drive.

He shadowed Joey Galloway to the end zone and picked off Garcia's weak pass.

"That was a bad decision by me," Garcia admitted. "I was just trying to make a play and Webster had very good coverage on the play."

The Bucs, who led the NFC with a plus-15 turnover margin, were minus-2 in the

span of 8:50 of the third period and never recovered after that.

"That's huge, the play of the day," Gruen said of the fumble.

Advertisement for Osaka Massage featuring a woman's face and contact information: 736-1747, 201 W. 1st St., Boise, ID.

INSIDE: Test your word skills with today's crossword, C7.

2	3	4
14		
17		
		20

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JANUARY 7, 2008

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INSIDE: Nation/World, C2 | Jumble, C3 | Sudoku, C4 | Bridge, C5 | Service directory, C6 | Auction block, C7

NEW HAMPSHIRE PRIMARY

Clash of the Republicans

Romney, McCain spar over taxes and spending in second debate over weekend

By Liz Skold
Associated Press writer

MANCHESTER, N.H. — Mitt Romney and John McCain sparred Sunday over their tax and spending records and who was a better agent for change, as the two Republicans kicked off the second of two back-to-back debates in the waning hours of the New Hampshire primary campaign.

"You have a choice," Romney, the former governor of Massachusetts, said after declaring his accomplishments in office. "You can select somebody who wants to fight for those things, or you can select somebody who's actually done those things."

McCain listed the pork-barrel spending he has exposed, as well as an Air Force tanker contract he squashed, before responding: "I think it was a reason why I wasn't elected Miss Congeniality in the Senate. I have a record of saving billions of dollars."

Sitting elbow-to-elbow in a studio on the campus of St. Anselm College, the two rivals also continued a debate they have been conducting at long distance among who is better equipped to bring change to Washington.

Citing his record as a venture capitalist, Olympics CEO and governor, Romney



Republican presidential hopeful Sen. John McCain, R-Ariz., wares to supporters after speaking at a town hall style campaign event at the Woodbury School gymnasium in Salem, N.H., Sunday.

said, "I've been in the economy. I've been in the real world."

McCain shot back moments later: "I led the largest squadron in the U.S. Navy, not for profit but for patriotism."

Two other candidates scoffed at the notion that change should dominate the political debate — as Fred Thompson noted, just because Iowans said so in their caucuses last week. Rudy Giuliani added, "Change is a slogan, and the examination has to be it

Elections 2008

For more political news, check out Elections 2008. Go to Maglevolley.com and click on the Elections 2008 button.

change for good or change for bad?" Romney also trained his sites on rival Mike Huckabee, who bested him in last

week's Iowa caucuses. He repeatedly asked Huckabee whether spending had increased during his decade as governor of Arkansas.

"You make up facts faster than you can talk sometimes," Romney said as Huckabee avoided giving a direct answer.

Huckabee said: "I had a court order that said we had to improve education."

The debate got under way as a new USA Today/Gallup poll showed the Republican race tied in New Hampshire. McCain had the support of

34 percent of likely voters, up from 27 percent in mid-December. Romney was at 30 percent, down from 34 percent, and Huckabee — the Iowa caucus winner — was third at 13 percent. Giuliani had 6 percent and Thompson was in the low single digits.

Ron Paul was excluded from the debate by the sponsor, the Fox News Channel. The New Hampshire Republican Party dropped its sponsorship of the forum to protest the exclusion.

Clinton, Obama clash in most personal terms as primary nears

By Jim Kuhnhenn
Associated Press writer

MANCHESTER, N.H. — The leading Democratic presidential candidates clashed Sunday over each other's record to be the top candidate of change in the final hours of the slushy New Hampshire home-stretch. Clinton told voters they should elect "a doer, not a talker." Obama countered that he was the true change in politics in the past.

At a raucous rally in a high school gymnasium in Nashua, Clinton skewered Obama for several votes he has cast in the Senate, such as his vote in favor of the Patriot Act and for energy legislation she described as "Dick Cheney's energy bill." She never mentioned Obama's name but left no doubt about whom she

was discussing. "You campaign in poetry, you govern in prose," Clinton said.

Obama, speaking at a packed Manchester theater, took issue with Clinton's criticism of him during Saturday's Democratic presidential debate.

"One of my opponents said we can't just, you know, offer the American people false hopes about what we can get done," he said. "But the real gamble in this election is to do the same things, with the same folks, playing the same games over and over and over again and somehow expect a different result," he said. "But that's a gamble we cannot afford, that is a risk we cannot take. Not this time. Not now. It is time to turn the page."

The rhetoric reflected the



Democratic presidential hopeful Sen. Hillary Rodham Clinton, D-N.Y., gestures at a rally in Nashua, N.H., Sunday.

potentially pivotal nature of Tuesday's primary. Obama, the freshman Illinois senator, is hoping to sustain momentum from his caucus victory in Iowa, and Clinton is looking to recover from her stingy third-place finish.

"You campaign in poetry, you govern in prose," — Presidential candidate Sen. Hillary Clinton on Sen. Barack Obama

A new USA Today-Gallup poll showed Obama opening up a lead at 41 percent, Clinton 28 percent, and John Edwards 19 percent. The New Hampshire poll was taken Friday through Sunday.

One of the sharpest exchanges of the day came when Edwards and the Clinton campaign traded words over Edwards' reference to last month's death of a 17-year-old girl, Nauline Sarkisyan of California, in making his case for challenging the health insurance industry.

Edwards, speaking to reporters in Keene, said

Clinton and her advisers "have no conscience" after a Clinton aide suggested Edwards was using medical victims "as talking points" in his presidential bid. Edwards campaigned with Sarkisyan family members Sunday.

In Saturday's televised debate from Manchester, Clinton acknowledged that Edwards helped the Senate pass a "patient bill of rights," but she noted that the measure died in the House.

"One of the reasons that Natalie may well have died is because there isn't a patient's bill of rights," Clinton said in the debate.

U.S.-born al-Qaida spokesman urges fighters to bomb Bush when he visits Mideast

By Anna Johnson
Associated Press writer

CAIRO, Egypt — Al-Qaida's American spokesman called on the terror network's fighters to greet President Bush with "bombs and booby-trapped vehicles" when he visits the Middle East later this week, according to a video posted Sunday.

The rhetoric-packed video also featured the California-born Adam Gadahn tearing up his U.S. passport as part of a symbolic protest against Washington and marked the terror network's first message of 2008.

"Now we direct an urgent call to our militant brothers in Muslim Palestine and the Arab world to be ready to receive the Crusader slayer Bush in his visit to Muslim

Palestine and the Arab peninsula in the beginning of January and to receive him not with flowers or clapping but with bombs and booby-trapped vehicles," Gadahn said in Arabic, though he spoke mostly in English during the video.

Bush is scheduled to arrive in Israel on Wednesday for a weeklong regional trip that will also bring him to the West Bank, Kuwait, Bahrain, the United Arab Emirates, Saudi Arabia and Egypt.

Most of the 50-minute long video, titled "An Invitation to Reflection and Repentance," appeared to be aimed at ordinary Americans, with Gadahn saying al-Qaida felt the need to release the statement after Washington's "defeat" in Iraq and Afghanistan and failed



Al-Qaida's American-born member Adam Gadahn lashes out at the U.S. and its allies in this image taken from a new video posted Sunday.

attempts by Bush and other diplomats to bring peace to the Middle East.

"We felt it necessary to address the American people and explain to them some of the facts about these critical

and fast-moving events," said the California-born Gadahn, who wore a white and red headscarf.

"The first questions Americans might ask is has Iraq been defeated?

The answer is yes and on all fronts," he said while sitting behind a desk with a coffee cup and laptop computer nearby.

The video could not immediately be independently verified, but it appeared on a Web site often used by Islamic militants and carried the logo of al-Qaida's media wing, al-Sabah. At the beginning of the video, the date December 2007 was displayed, and Gadahn mentioned Robert Hawkins, who killed eight people at a mall in Omaha, Neb. on Dec. 5, suggesting the tape was made sometime after then.

Gadahn, also known as Azam al-Amrikhi, was charged with treason in the U.S. in 2006 and has been wanted since 2004 by the FBI, which is offering a \$1 million

reward for information leading to his arrest or conviction. He has appeared in several al-Qaida videos including most recently in August when he threatened new attacks on foreign embassies. In May, al-Qaida released another video featuring Gadahn, who warned Bush to end U.S. involvement in Muslim lands or face an attack worse than the Sept. 11, 2001, strikes.

In his latest video statement, Gadahn lashed out repeatedly at the United States and Iraq and close ties to Israel and the leaders of some Muslim countries, including Egypt and Pakistan, which he described as some of the "worst dictators and tyrants."

Search for missing Ga. hiker to be scaled back

Suspect to appear in court

By Erin Haines
Associated Press writer

ATLANTA — The search for a 24-year-old hiker who disappeared from the northern Georgia woods on New Year's Day will be scaled back, authorities said Sunday.

Georgia Bureau of Investigation spokesman John Bankhead said the search for Meredith Emerson will not stop, but that only trained search and rescue individuals and law enforcement will be involved on Monday. Authorities believe Emerson is no longer alive.

"We're not going to be using volunteers starting tomorrow," Bankhead said. "Given the scenario and the fact that it's a recovery effort, the mission has changed."

Also today, the man accused of abducting Emerson is scheduled to appear in court. Authorities served a warrant Saturday evening charging Gary Michael Hilton, 61, with kidnapping with bodily injury. More than 150 people fanned out in the northern Georgia woods Sunday looking for Emerson's body.

Investigators had recovered three bloody fleece tops like the kind she wore and said they held out little hope of finding her alive.

Hilton, who investigators have said was the last person seen with Emerson on the trail, was detained Friday after trying to use Emerson's credit card, according to the warrant.

The bloody fleece tops of a car's seat belt were found in a trash bin beside a convenience store where Hilton had used a pay phone, the warrant stated. Hilton had attempted to vacuum and wash portions of his 2001 Chevrolet Astro van, which was found without the rear seat where Emerson's body was found, according to the document.

Hilton was already in federal custody near Atlanta, held on a warrant for failure to appear in court on a charge of abducting property in a national park. He was not cooperating with authorities, Bankhead said.

Union County Officer Gayle Bachelor declined to allow The Associated Press to speak with him by phone.



Hilton

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CLASSIFIEDS

To place ads, call (208) 733-0931, ext 2; Come see us at 132 Fairfield Street, Twin Falls
Or visit us online at www.magicvalley.com • Hours: Monday-Friday 8:00 am-5:30 pm

Legal notices for various individuals and entities.

NOTICE OF TRUSTEE'S SALE
T.S. No. ID-07-11285-01, Loan No. 0597-03691. On 4/17/2008 at 11:00 am (recognized local time), at the following location in the County of Twin Falls, State of Idaho: In the lobby of Alliance Title & Escrow located at 1111 Falls Ave. East, Suite 1315, Twin Falls, ID 83301.

PUBLIC NOTICE
Actions planned and taken by your government are contained in public notices. They are part of your right to know and to be informed of what your government is doing.

NOTICE OF ANNUAL MEETING
You are hereby notified for the Annual Meeting of Depositors of First Federal Savings Bank of Twin Falls will be held at the Main Office of First Federal Savings Bank, 353 Shoshone Street North, Twin Falls, Idaho, on Wednesday, the twelfth day of January 2008, at 2:00 p.m.

ANNOUNCEMENTS
50 Legal
101 Lost and Found
102 Cars of Trucks
103 Persons
104 Hobbies
105 Special Notices
106 Professional Services
107 Health & Wellness
108 Home/Health Care
109 Entertainment Services
110 Child Care Services
111 Miscellaneous Services
112 Community Events

101 Lost and Found
Our Grover chainsaw carving is missing out of our porch. If you hear or know anything, please call the TP Police Dept. Thank you! The Grovies!

107 Pregnancy Alternatives
Pregnant? Wanting? Free Pregnancy Tests Confidential. 208-734-7472

108 Professional Services
Bankruptcy Chapter 7. Creditors' meeting. Free for attorney representation. We are a debt relief agency. Free Consultation. Call 1-866-608-2399.

110 HOME/HEALTH CARE SERVICES
Available for the elderly and disabled. Do you need someone to help take care of your loved ones who you care about? Call 208-444-4053

JUMBLE
Unscramble these four Jumbles, one letter to each square, to form four ordinary words.
BATHI
FEACH
TIFFUL
MIRVEN

WHAT THE MATH TEACHER ENJOYED WHEN SHE RETIRED
I'm catching up on my gardening and reading.
New arrangements for the retired letters to form the surprise answer, as suggested by the above cartoon.

EMPLOYMENT
209 Employment
210 Coaching
211 Dental
212 Construction
213 Customer Service
214 Delivery
215 Drivers
216 Education
217 Farm
218 General
219 Management
220 Medical
221 Miscellaneous
222 Personal
223 Sales
224 Services
225 Teaching
226 Travel
227 Writing
228 Other
229 Other

Construction
203 Construction
205 Drivers
206 Other
207 Other
208 Other
209 Other
210 Other
211 Other
212 Other
213 Other
214 Other
215 Other
216 Other
217 Other
218 Other
219 Other
220 Other

NOTICE OF TRUSTEE'S SALE
Loan No. 20-0051-0224119, T.S. No. ID-07-91081-1N. On 4/25/2008, at 11:00 AM (recognized local time), at the following location in the County of TWIN FALLS, State of Idaho: At the entrance to First American Title Company located at 260 3rd Avenue North, Twin Falls, ID 83301.

101 Lost and Found
LOST car, black and white, with Idaho title, declared in front parks, flea market, North Park, Ranch area. Please call 735-1231 or 731-1694.

101 Lost and Found
LOST Goldilocks Revolver, or made of gold blue or green collar, answers to "Duke". Lost near the Wendell Highway. RIVY Missing since 12/23. Sarah 208-444-2070

101 Lost and Found
LOST Heeler/Border Collie, male, 5 months old, black with speck and legs, lost on 300 W. 200 N. Jerome Call 208-324-4432

101 Lost and Found
LOST Lab, black with red collar, born 1/4/00 in Jerome, REWARD. 208-358-2631

101 Lost and Found
LOST Snowboard, Burton & Avolon brand bag. Gnarbled by mistake on Fremont Hill on Dec 28. Information call 734-0019.

101 Lost and Found
LOST Yellow Lab, A/cr 12/16 in the area of Baseline Rd & the broke. Purr and of Rupert. Male with no collar. REWARD. Information call Kelley 208-869-4665.

101 Lost and Found
LOST Yorkie, Binky, reddish hair female, 12 yrs old, Family member. Reward 734-0808 or 734-4936

113 Child Care Services
CHILD CARE
ICCP certified, 11 yrs exp, all meals included. Call Julie 961-1986.

115 Community Events
CLASSICAL DRAWING CLASSES 2008
Sign up now with MARRIA SMITH, The Artist's Alder. Call (208) 734-3063

Need to place a classified?
No time to call or stop by?
Log on to www.magicvalley.com
1. Find the ad owl button
2. Click
3. Follow the steps
Easy as 1,2,3 and convenient!
www.magicvalley.com

Classified Deadlines
For line ads
Tues. - Sat. - 1 p.m. the day before.
For Sun. & Mon.
2 p.m. Friday.

200 Employment
GENERAL
Jerome County Courthouse
Here's a part-time evening custodial position available. Pay starting at \$7 per hour DOE

200 Employment
For application and job description go to Records office room #302 at Jerome County Courthouse 300 North Lincoln Jerome, Idaho. All applicants are subject to background check and drug screening. Applications will be accepted through 1/17/08 or until filled.

PEOPLE FOR PETS
420 Victory Ave. PO Box 1163
736-2299
Twin Falls, Idaho
FOUND
1. DOBIE SHEPHERD, female, Filer Ave. and Star
2. PITBULL X, tiny, 4th Ave West
3. POMERANIAN, found on Golf Course
4. TERRIER CROSS, white
5. BOXER, on Addison and Shoshone Ave.
6. LAB X, 5th Ave East
7. CHOCOLATE LAB, female, found on Grandview Dr.
8. SHEPHERD X, female, found on Maxwell
9. LAB X, gold, found on Clinton St.
10. BORDER COLLIE, black and white, found on 2500 East
11. PITBULL, white with black speckles, found on Diamond Ave.
12. PITBULL X, big pup, chocolate color, found on 4th Ave West
13. SHIH TZU
14. COLLIE SHELTYE X, adult, found on Heyburn Ave.
ADOPTIONS
1. LAB CROSS pups (2) really nice
2. PITBULL X pups (3)
3. AUSSIE X, adult (female, nice dogs
4. BASSIE X, female, nice dog
5. COLLIE X female, big puppy
6. HOUND POINTER X, adult
7. MASTIFF ROTTWEILER X, wonderful dog
8. LAB X pups (5), 3 black, 2 yellow
9. SHEPHERD HUSKY X pups
DON'T FORGET US!
Many cats/kittens for adoption!
www.petfinder.com
Hours: Mon-Fri, 10:00 am-5:30 pm
Saturday 10:00 am-2:00 pm
Closed Sunday and Holidays
We can only keep animals 48 hours, they are then sold or DESTROYED. Please check daily

FAX YOUR CLASSIFIED AD
TIMES-NEWS CLASSIFIED DEPARTMENT
208-734-5538

PUBLIC NOTICE
The Idaho Transportation Department, Office of Highway Operations and Safety announces availability of grant funds for traffic safety programs. This program provides Federal highway safety funds for state and local agencies with funding beginning on October 1, 2008.

BUY IT! SELL IT!
A Times-News Classified Ad
Will Fill Every Need
SELL IT! BUY IT!
BIRTHDAY PHOTOS
Have you forgotten to pickup your birthday photos? We have some photos we are sure you don't want us to toss. These can be picked up at The Times-News Classified Dept

See what's new at www.magicvalley.com

su do ku

© Puzzles - by Pappocom

9 6 | 8 1 9 | 7 | 8
7 | 3 | 6 1 | 8
9 6 | 8 1 9 | 7 | 8
4 5 9 | 3 1 | 6
7 3 | 8 | 2 | 7 3
8 | 2 | 4 | 2
5 4 | 3 | 2 | 9
3 | 1 4 5

V. EASY # 8
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

209 GENERAL LABOR
All Labor Finders, our minimum wage is \$9.00 per hour.

209 GENERAL LABOR
Garage Door Installers \$9 an hour.

209 GENERAL TWIN FALLS
Hiring for Housekeepers Part-time and Full-time.

209 GENERAL AUTOMOTIVE
Part-time job washing trucks, evenings. Must be 18.

209 GENERAL DISCOVERY
Want Holiday Cash? Day & Swing Shift Positions Available!

209 GENERAL Looking for extra vacation money? The classless can help you!

209 GENERAL COLLECTIONS
Full-time bilingual collector. Must have computer/marketing skills.

209 GENERAL PhoneBase
PhoneBase Research currently has immediate openings in our interviewing department.

209 GENERAL We're here to help! Call 800-931 to place your ad in Classifieds today!

209 GENERAL GROCERY
Friday's Seeking Entry Position, full-time. Pay DOE.

210 Management
Last week is seeking an Operations Manager for our Middlefork office.

211 Medical
All advertising is subject to the newspaper's standard of acceptance.

209 GENERAL Western Supply in Hailey
Has immediate openings for: Plumbing Showroom Assistant

209 GENERAL Times-News
magivalley.com
Boise Legislature Delivery
Are you commuting to Boise? Help you with the high cost of fuel!

209 GENERAL Times-News
magivalley.com
Morning Runner
The Times-News is looking for a Runner to work 20+ hours per week in the Twin Falls area.

209 GENERAL Times-News
magivalley.com
NEWSPAPER CIRCULATION
The Times-News and South Idaho Press are seeking a District Sales Manager in our Circulation Department.

209 GENERAL Times-News
magivalley.com
NEWSPAPER Multi-talented Sports Journalist
The Times-News, a growing 24,000-circulation regional daily in Twin Falls, Idaho, seeks a multi-talented sports journalist.

209 GENERAL Times-News
magivalley.com
Earn some extra Cash for the Holidays!
Call now for more information about routes in your area.

206 Drivers
DRIVER Class A CDL, HazMat endorsement, would prefer propane or bulk fuels exp. 401k & full benefit package.

207 Education
EDUCATION Gooding School District Health/P.E., PT Long term sub

208 Farm
FARM Ranch Hand wanted. Duties include general ranch work.

DRIVER
Van Driver - Fulltime, experienced driver needed to transport patients to and from facility.

208 Farm
Young 181 need a good used automobile? Check out the classifieds for the largest selection available in your area today.

208 Farm
Now is the Time to Check Out a Career With Sunrise! Express!

DRIVERS
TOP GUN
These Drivers are the Class "A" CDL Instruction 735-6656

208 Farm
Classified Private Party Ads
Requires pre-payment prior to publication.

208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

DRIVERS
Dad & Son Team, Twin Falls Centers

208 Farm
If your RV has been more driveway than open road. Advertise with a classified ad today.

208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

DRIVERS
Dad & Son Team, Twin Falls Centers

208 Farm
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208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

DRIVERS
Hiring over the road Drivers, 2 years experience preferred.

208 Farm
If your RV has been more driveway than open road. Advertise with a classified ad today.

208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

DRIVERS
School Bus Drivers needed in Jerome. FT work CDL & physical required.

208 Farm
If your RV has been more driveway than open road. Advertise with a classified ad today.

208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

CLASSIFIEDS
It pays to read the classifieds!

208 Farm
If your RV has been more driveway than open road. Advertise with a classified ad today.

208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

207 Education
EDUCATION School District Head Start accepting applications for Center Supervisor

208 Farm
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208 Farm
Sunrise EXPRESS 1-800-665-0825
COMPANY DRIVERS Owner/Operators (Now Rates)

Georden: I do the routes so I can earn money for my video games.
Garry: I do the routes so I can take my family on vacation.
Newspaper routes are now available. Call today for more details.

- MOTOR ROUTE AVAILABLE
FILER:
• Town Routes Available
GOODING:
• 3rd-8th Ave West
• California, Texas, Utah
• 10th-13th Ave West
• Nevada, Pine, Spruce
JEROME:
• Town Routes Available
BURELY:
• Substitutes Wanted \$250-\$500
• W.16th St.-W.21st St., Overland-Park Ave.
• E.16th St.-E.19th St., Overland-Bennett Ave.
• Overland-Park Ave., W.21st St.-W.27th St.

Earn some extra Cash for the Holidays!
Call now for more information about routes in your area.
Twin Falls . . . 735-3346
Burley, Rupert, Paul . . . 677-8787
Kimberly, Jerome, Buhl . . . 735-3347
Gooding, Shoshone, Hailey . . . 735-3302
Times-News
magivalley.com

CAREGIVER Caregivers needed for residential care facility. Full-time or part-time. Positions available. Must be able to work with all ages.

MEDICAL TWIN FALLS Care Center. CNA's NO shift. Full or part-time. Competitive wages & benefits.

MISCELLANEOUS Personnel is seeking qualified individuals for various positions. Call 676-4052 for more information.

MASSAGE TRAINING Technician & Therapist. Swedish & Thai massage. Full-time or part-time. 12 weeks (108 hours).

HOME INSPECTIONS Technicians available for buyers & sellers. Bill Baker 326-5115.

THE ACES ON BRIDGE Bobby Wolff. "In the world of words, the imagination is one of the forces of nature." - Wallace Stevens

CAREGIVER Aspen Grove Hospice. Home care services. Full-time or part-time. Please call 733-2234 or fax resume to 733-2542.

MEDICAL Direct Care Staff. Benefits available. All shifts. Starting Pay \$7hr. Call 208-736-8593.

PROFESSIONAL PSYCHOLOGIST/PT-therapist. PSR Worker. Must have a BS Degree. Call 208-734-7730.

MECHANIC Ag Express Inc. Burley & Twin Falls, ID. Mechanic needed to do full & short service and minor maint.

JEROME Book returns? Get this house! Lease option to buy. Affordable, beautiful, never lived in brand new, 3 bedroom, 2 1/2 bath, huge brick room, 2,556 sq. ft., master bedroom, walk-in closet, living area with fireplace and ceiling fan.

WEST EAST SOUTH NORTH. Bridge game results. Vulnerable: North-South Dealer: South. The bidding: South West North East 1 Pass 1 Pass 2 Pass 3 Pass 4 All pass 4 All pass.

MEDICAL Twin Falls Care Center. Assistant Marketing Manager. Experience in guest relations & hospitality. Must have medical background.

MEDICAL Medical Assistant needed. Exp helpful. Fax resume to 208-733-0439 or Gina.

MECHANIC Experienced Diesel Truck Mechanic needed ASAP. Call Eric at 731-3366.

REAL ESTATE 501 Open House. 501 Open House. 502 Homes For Sale. 503 Homes For Sale.

JEROME Home for sale by owner. Asking price \$172,900 in Jerome Estates, 1940 sq. ft., 3 bedroom, 2 baths.

LEAD WITH THE ACES. South holds: 6 4 5 A K J 3 5 J 3 2 Q 7 3. South West North East Pass 2 Pass 2 Pass 2 All pass 1 NT.

MEDICAL Part-time Office Nurse, CMA or LPN. Fax resume to 208-734-1717.

MEDICAL Night Shift Caregiver. 3 days a week, 12 hour shift, \$9hr. Call 208-734-0636 or 208-731-3103.

FINANCIAL 301 Business Opportunities. 302 Money To Loan. 303 Investments. 304 Contracts & Mortgages.

PUBLIC SERVICE MESSAGE Selling Property? Don't pay any fees unless you're sold. For free information, call 800-476-7060.

JEROME Immaculate, 1925 sq. ft., 3 bdrm, 2 bath home with upgraded kitchen, central air, sprinklers, and RV parking.

When South gives up a diamond, the defense can continue the attack on trumps, but it is too late. South takes the second spade in dummy, ruffs another high card, and has eight tricks in the bag.

DELTA DENTAL Delta Dental of Idaho currently has 3 open positions in South Central Idaho; a Dental Hygienist, Dental Assistant and Clinical Assistant.

301 Business Opportunities. 302 Money To Loan. 303 Investments. 304 Contracts & Mortgages.

501 Open House. 502 Homes For Sale. 503 Homes For Sale. 504 Homes For Sale.

JEROME Immaculate, 1925 sq. ft., 3 bdrm, 2 bath home with upgraded kitchen, central air, sprinklers, and RV parking.

ANSWER: The simple solution is to lead a top heart and have a look around, but I think there is an excellent case for leading a low heart - which is likely to work if partner has either the queen or 10 of hearts.

Start your new year with a NEW JOB! New Wage Scale for 2008. RNs or LPNs. Full-time & Part-time, Afternoons/MO.

301 Business Opportunities. 302 Money To Loan. 303 Investments. 304 Contracts & Mortgages.

501 Open House. 502 Homes For Sale. 503 Homes For Sale. 504 Homes For Sale.

JEROME Immaculate, 1925 sq. ft., 3 bdrm, 2 bath home with upgraded kitchen, central air, sprinklers, and RV parking.

602 Unfurnished Homes. 603 Unfurnished Homes. 604 Unfurnished Homes. 605 Unfurnished Homes.

Sales Professional If you would like excellent pay with benefits, with a large, growing auto dealership and a chance for advancement, selling several major brands of cars and trucks, then

301 Business Opportunities. 302 Money To Loan. 303 Investments. 304 Contracts & Mortgages.

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602 Unfurnished Homes. 603 Unfurnished Homes. 604 Unfurnished Homes. 605 Unfurnished Homes.

Call Dan Beard at 208-733-1825 or 208-731-2121. Local Real Estate Investor will pay 12% for 6-24 month deals. Eric 208-731-5745.

301 Business Opportunities. 302 Money To Loan. 303 Investments. 304 Contracts & Mortgages.

501 Open House. 502 Homes For Sale. 503 Homes For Sale. 504 Homes For Sale.

JEROME Immaculate, 1925 sq. ft., 3 bdrm, 2 bath home with upgraded kitchen, central air, sprinklers, and RV parking.

602 Unfurnished Homes. 603 Unfurnished Homes. 604 Unfurnished Homes. 605 Unfurnished Homes.

edge WIRELESS at&t. Ready to leave your current job? Break out of the routine. Get paid to work for a company that values it's employees and provides a positive work environment.

301 Business Opportunities. 302 Money To Loan. 303 Investments. 304 Contracts & Mortgages.

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Ready to leave your current job? Break out of the routine. Get paid to work for a company that values it's employees and provides a positive work environment.

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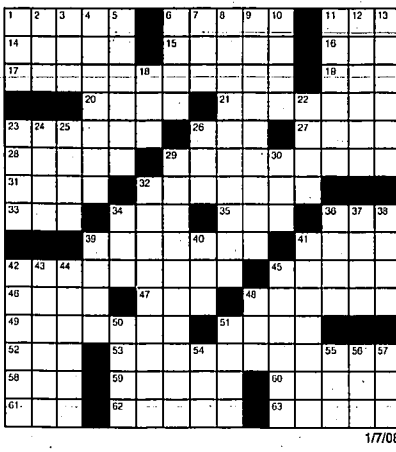
501 Open House. 502 Homes For Sale. 503 Homes For Sale. 504 Homes For Sale.

JEROME Immaculate, 1925 sq. ft., 3 bdrm, 2 bath home with upgraded kitchen, central air, sprinklers, and RV parking.

602 Unfurnished Homes. 603 Unfurnished Homes. 604 Unfurnished Homes. 605 Unfurnished Homes.

ACROSS

1 Old-time music systems
6 Valentino role
11 Haughtily aloof
14 Old saying
15 Soup scoop
16 One Stogie
17 Deceive
19 Brooch
20 OK Corral combatant
21 Chronic complaint
23 Dreary
26 Frolic globe
27 Brainstorm
28 Vaguely show
29 Paragraph starters?
31 Rara
32 Look down on
33 Auctioneer for
34 Clumsy clod
35 Hiatus
36 Team cheer
39 Highest possible
41 Connery film
42 Some pastas
45 Skin cream
46 Plenty
47 Natural cavity
48 Most omnibus
49 Netherlands city
51 Latin way
52 Fellows
53 Checked textile design
59 Exist
59 Ms. MacDowell
60 French farewell
61 Made in the
62 Stinks
63 Show-biz notable



9 Narrow-minded
10 Howard of 'Annie Get Your Gun'
11 Hinder
12 Word - manufacturer
13 Middleclass woman
14 Sardonic
15 Kitchen glove
16 Seize
17 First name in denim?
18 'Ars Amatoria' poet
19 Small bill
20 Immeasurable amount
21 Siesta
22 Jazz instrument
23 Sled propeller
24 Ancient alphabet letter
25 Vigoda and Burrows
26 Male red deer
27 Breard

Saturday's Puzzle Solved



DOWN
1 I doubt it
2 Altar vow
3 Distant
4 Volcanic rock
5 Bush seed
6 Sty fare
7 Old crane
8 'Foyer of the Dance' painter

Miscellaneous For Sale

MIDR SAW 12 inch sliding compound wheeler light on skid, planner, on wheel around stand, hitcher on wheel stand, now homemade ditch wheel choker driver, \$533/326 350 Grandview Dr, Space 42, Twin Falls

MOVING SALE All appliances less than 3 years old in like new condition. Microwave, stainless steel (over the range), electric range stainless steel, hot cleaning oven with ceramic cooktop, bake-in-warm double oven. Side by side refrigerator stainless steel. Frigidaire white washers & dryer. All appliances come with manuals. Couch & love seat. Too much stuff to list. Must come & see. Call 736-4622

QUILTING MACHINE long arm, 4 yrs old, HO16. Call 208-837-6229

Wanted To Buy

WANTED Antiques and pottery, jewelry, books, rugs, Indian items and art objects.
Call 208-224-4721 or 208-539-4721

WANTED Farm ground 20-50 acres South east of Burley area. Call 208-312-4770

WANTED Now buying for cash scrap metal and machinery. Will pick up. Call 208-312-0224

WANTED Old magazines, pictures, paintings, jewelry, toys, and quilts.
Call 208-224-4721 or 208-539-4721

WANTED Older 2-row potato planter and single row potato digger. 435-613-1656

WANTED 1961 auto, 40 S&W profer 8 1/2 Snow or Glock. Call 208-734-2710

WANTED Still paying high prices for old military medals, uniforms, insignia, badges, field and flight hour. Paul 733-8391

SNOW VEHICLES

ARCTIC CAT '00 Tandem CAT, new major, new every thing, excellent condition, mika off. **ARCTIC CAT '99 700 Powder Special** excellent condition. **ARCTIC CAT '98 900** Arctic Cat. Call 208-426-0987 or 208-426-5293

Looking for SNOW Machines
Wheels
Check us out @ www.magicvalley.com

POLARIS '01 550 SS Edge 2000 miles. \$1250. Call 208-731-0517 leave message.

POLARIS '02 RMK 600 ex. cond. \$1500. Call 208-731-0517 leave message.

POLARIS '04 Vertical Escape 800cc, 151 inch track, 1500 miles. Call 208-308-0341

POLARIS '98 166 track, piped, can, abx, shovel, gas tank and spare tire, mint condition, 25,000 miles. Call 208-731-5092

POLARIS '97 500 Indy 3640 miles, \$1250. Call 208-731-0517 leave message.

POLARIS '70 RMK, 151" track, slip pipe, new primary clutch \$1500/offer. 208-440-2636

POLARIS '98 700 RMK, good shape, new Fox shocks, new H&F ax, dash lamp. \$4500/offer. 208-930-7201

POLARIS 2003 600 RMK, 1600 miles, excellent condition. \$1200. Call 208-734-0210

600 RMK, 2200 miles, \$3200. Call 208-734-0210

SKI DOO '03 600 Summit, 14", 1700 miles, 2" handlebar ext., cover. \$3700. Call 208-734-4216 or 208-410-6116

YAMAHA '97 Mountain Max, only 588 miles, excellent condition, \$2500. Call 208-734-5200

XG600, 2800 miles, 1362 inch track, excellent condition. \$1000. Call 208-643-9207

UTILITY TRAILERS

TRAILERS '08 Walton Prince Nite, lift deck, 20' number deck, 15K axle, 102" wide, hydraulic lift, \$10,000/offer. '08 Walton goose-neck tilt deck, heavy bud, number deck, lift box, 20S, \$14,000/offer. Both new. See pics on memoriam.com. Call 435-827-5745.

Looking for SNOW Machines
Wheels
Check us out @ www.magicvalley.com

TRANSPORTATION

1001 Aviation

NOTICE Classified Advertisers
Please check your ad for accuracy the first day it runs. The Times-News will not be responsible for any errors reported on the first day of publication.
Poscoe Call 733-0931 ext 2

705 Farm Equipment

WANTED Older 2-row potato planter and single row potato digger. 435-613-1656

WANTED TO BUY New Holland 1030, 1010, or 1032, pull 540 PTO. Wanted to buy New Holland, small 1418 Bnde, hay loader model 273, 275, 277, or 278. Hay Baler model 1018. Picking cash. Call 208-324-5658

709 Hay Grain and Feed

ALFALFA HAY & Grass Hay, small bales, train, ground. \$40/ton. Call 208-733-2520

ALFALFA HAY Quality heavy 2 staling, 17", 2", & 3", 58 bale. Call 208-539-0201

HAY 3-cullage: good quality, close to Twin. Sell any amount. Call 208-733-2520

HAY certified organic hay for sale, mixed alfalgras & 2" cutting, approx 50 T avail. Also 1" cutting feeder hay. 655-4318 or 208-731-8449

SOUTHERN IDAHO FEEDS Hay by the bale \$5.98 & Straw \$3.50 208-732-5270

STRAW

Big or small bales, Call 208-475-5165

T.S.C. Hay Retrieving Call Con at: 208-209-0839

710 Crops/Produce
BEEF SHARES For sale or lease or trade. 126 SRSO best Shasta. Call 208-670-4184

712 Miscellaneous AG

GRAVEL top soil 2008-539-0677 Andrew 733-1779 for more information

SUGAR BEETS 70 regular shares for sale with water line for use in the Twin Falls District. Call 208-324-0023

715

AG Business and Service Directory

MANURE SPREADING Crew looking for work. Call 208-731-8238 or 208-823-8238

Shopping the Classifieds will save you time and money. 9931

MERCHANDISE

821 Antiques & Collectibles
822 Appliances
823 Bazaars & Gifts
824 Bikes & Scooters
825 Electronics
826 Gift Items & Posters
827 Clothing & Shoes
828 Furniture & Carpets
829 Home Decor
830 Lawn & Garden
831 Office Equipment
832 Miscellaneous for Sale
833 Musical Instruments
834 Office Equipment
835 Bicycles
836 Tools & Machinery
837 Wrenches/Tools
838 Medical Supplies
839 Guns & Rifles
840 Camping/Hunting Gear
841 Sporting Equip
842 Books & Newspapers
843 Garage Sale

801 Antiques and Collectibles

BIRTHDAY PHOTOS Have your forgotten to pick-up your birthday photos? We have some photos we are sure you don't want to lose. \$3.50. **Whitpick** has your photos picked up at The Times-News Classified Dept.

802 Appliances

DRYER Whirlpool, good condition. \$100. **Washing Machine**, new with transferable extended warranty. \$300. Call 208-636-8574 evenings.

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REFRIGERATOR, black, \$500. Black range, \$200. Washer & dryer set, \$200. Call 208-21188.

SANYO Refrigerator with one keg shelf. \$450.00. In great shape. 208-431-6726

USED APPLIANCES All types and models. Starting price \$75 with warranties. Appliance repairs. Delivery available. Call 208-733-0114

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STEEL BUILDINGS 20'x20 to 100'x100. Quality for Advancing. Discounted Up to 10%. Cr. Contact 208-229-2553

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2008-229-2553

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FIREWOOD cut and split wood, \$100/pick up load. \$140 cord. Pick-up \$175 cord delivered. 208-324-8997

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810 Furniture & Carpet

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BEDROOM GROUP Beautiful all new 7 piece set. Duvet/drawers. Brand new. \$1500. Sell \$999. Call 208-428-8353

BEDROOM SET 5 piece solid wood, new never used. List \$1295. Will sell for \$499. Call 420-6350. Can deliver.

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COUCH 8 piece sectional, green, 2 years old, excellent condition, \$1,000. Call 208-328-6872

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RV/CV wooden \$1500. \$200. display case weights. 599. Fire, place, wood, small. \$99. Freda's 208-212-0108

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HONDA '92 4 stroke, rebuilt carburetor. runs well. \$1,200. Call 208-731-7223 or 208-599-2408

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3	4	8	1	9	6	7	2	5
5	7	2	3	4	8	6	1	9
9	6	1	2	5	7	4	3	8
1	8	6	4	2	5	9	7	3
4	2	5	9	7	3	1	8	6
7	3	9	6	8	1	2	5	4
8	1	7	5	6	9	3	4	2
6	5	4	7	3	2	8	9	1
2	9	3	8	1	4	5	6	7

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CHEVROLET '05 3500 4WD Duramax

Loaded, all nice, perfect. Must call ASAP. \$35,000 Call Andy 208 421 5227.

1006 Trucks

WILLS TOYOTA

208-733-2891

318 Shoshone St. W., Twin Falls.

1006 Trucks

FORD '01 F-150 Super Crew, 4x4, 44K miles, steel, \$16,900.

Assist AUTO BROKERAGE

275 S. Idaho St., Wendell 208-536-1000

1006 Trucks

GMC '04 Yukon, 4x4, leather, DVD, loaded. \$23,500.

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Looking for SUVs

Wanted SUV's! Sell your vehicle for immediate CASH TODAY! Buying all years, makes and models 1-800-574-1248.

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1006 SUVs

Looking for SUVs

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1010 Autos

Assist AUTO BROKERAGE

275 S. Idaho St., Wendell 208-536-1000

WARNING

When purchasing a vehicle, make sure you title it in the name of the seller. Under Idaho motor vehicle law, a vehicle cannot be sold unless the title is in the name of the seller (exception: Idaho licensed dealer).

The seller should provide the new purchaser a signed bill of sale including the following: Full description of the vehicle, vehicle identification number, amount paid and name(s) of the seller(s). The new purchaser should verify the information on the bill of sale at the time of sale. If you have any questions, please contact your local assessor's office.

Who can help YOU sell your car?



Boredom begone

Twin Falls clubs, classes combine fun and fitness

By Melissa Davlin
Times-News writer

If jogging in Twin Falls' frigid mornings isn't your thing, fear not. You can still get your cardio — and you might as well enjoy yourself while you're at it.

"What makes people stay on target with their exercise program is they have to be having fun," said Christina Gonzales, co-owner of Shimmy Shakti Studio of Yoga and Belly Dance in Twin Falls. "If they're not having fun, it's something that they'll drop after a couple months."

Clubs and classes in Twin Falls are catching on, providing alternative ways to work out that might motivate you more than a traditional exercise regime. These activities will keep you sweating and willing to come back for more.

Judo for your heart

Martial arts isn't just about fighting or self defense. It can be a great way to start a disciplined workout routine, said Bryan Matsuoka, head of the College of Southern Idaho's Judo Club.

"Recreational judo is great exercise for strength and conditioning and for flexibility," he said. "The discipline is getting in the routine, getting in the cycle of doing it in a regular fashion."

Judo is a gentle, century-old martial art that resembles wrestling. Opponents throw each other onto mats and execute chokeholds or armlocks to subdue each other. Students are taught how to fall without injuring themselves.

Nikki Kober, owner of Body IQ in Twin Falls, said judo increases aerobic capacity, meaning the heart is stronger and better able to supply oxygen to muscles for prolonged workouts.

"Any type of martial arts is great exercise. It's great cardiovascular exercise," said Kober, who has a doctorate in exercise physiology. "It's a fun activity for people who like that kind of thing."

Matsuoka said judo is especially good for people who work desk jobs — their hamstrings are often tight, and judo stretches them.

Be careful, though. "It can be stressful if you don't have a lot of flexibility in your body unless you have a good instructor," Kober said.

Belly dancing for your butt

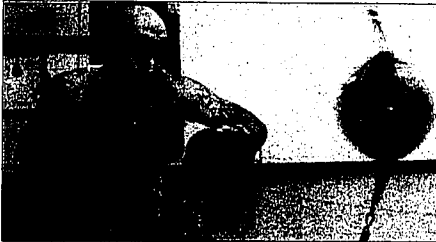
Once just an exotic dance from the Middle East, belly dancing is proving to be a great workout for Magic Valley women.

"It's great for an overall body workout, especially for the hips and the abdominals and lower-back



Caprice Gonzales, left, Christina Gonzales and LaVeda, who uses no last name, warm up during a practice for Troupe Shimmy Shakti on Thursday night in Twin Falls.

Photo by KEVIN MCCOY
Times-News



Art Mendoza warms up with bag work during boxing practice on Wednesday evening at the Boys and Girls Club of Magic Valley. Mendoza said that after boxing, he hurts 'pretty much everywhere. Everywhere. But it's a good feeling.'

"pain," said Gonzales of Shimmy Shakti.

And it shows in their workout. After a 10-minute warmup, the dancers are red-faced. When they finish two routines, they're out of breath.

"This form of dance focuses on quadriceps, hips, butt, thighs, abdominals and obliques, Gonzales said. It also helps tone the shoulders and arms and is a great cardio exercise.

"The women who take Shimmy Shakti's twice-weekly belly dancing classes span a wide range of ages, shapes and sizes. Seniors dance in the same class as 10-year-old girls, and experienced dancers shake their hips with beginners.

While some students are more

interested in the cultural and performance aspects of the dance routines, all acknowledge the health benefits.

"I think everyone who does it, at least in some part, really appreciates that it's helping them get fit in a really fun way," Gonzales said.

"The benefits aren't just physical. 'You know, honestly, it makes me feel beautiful,'" said Caprice Gonzales, Christina's sister-in-law.

Kober said the social aspect of belly dance energizes the routine.

"It's really fun," she said. "Any type of physical activity really is if you're in a group."

Boxing for your bod

Think boxing is intimidating?

Beginning belly dance classes

- When: 6-7 p.m. Tuesdays and Fridays, ongoing
- Where: Shimmy Shakti Studio of Yoga and Belly Dance, 124 Main Ave. N., Twin Falls
- Cost: \$10 drop in; four classes \$30. Free Friday classes through January.
- Information: 308-6329

'Beginning Judo' class

- When: 6:30-7:30 p.m. Tuesdays and Thursdays, Jan. 15 through May 8
- Where: College of Southern Idaho, Gym 304
- Cost: \$60. Judo equipment rental, additional \$20.
- Register: 732-6442

Rocky Top Cloggers' classes

- When: to be announced
- Where: Twin Falls location to be announced
- Cost: \$45 for eight weeks
- Information: Shannon Edwards, 734-5863

Southern Idaho Boxing Club

- When: 5:30-7:30 p.m. Monday to Friday, ongoing
- Where: Boys and Girls Club of Magic Valley, 999 Frontier Road, Twin Falls
- Cost: \$20 per month plus \$50 insurance
- Information: Jason Samargis, 308-1812



Jerry Garcia warms up at the Boys and Girls Club on Wednesday night in Twin Falls.

Don't. The fierce-looking competitors appear tough, but genuinely nice guys hide behind mouth guards and sparring gloves. And while the workout is intense, it's also a great place to start getting in shape or recover from an injury.

"I've had guys come in and they're tore up and they get in shape and they do well," said Jason Samargis, head coach of Southern Idaho Boxing Club.

Please see CLASSES, Page D4



Doctors and scientists say that the best way to get clean is with ordinary soap and water; questions have been raised about the effectiveness — and dangers — of using antibacterial cleansers.

©2008 CBM/Washington Post

Plain old soap and water will do

By Ranit Mishori
Special to The Washington Post

WASHINGTON — If cleanliness is next to godliness, modern America is the land of the faithful — fighting the good fight against today's so-called "superbugs" with sparkling countertops and well-washed hands. Our culture's cleanliness

obsession has been fed by a booming business in household products that promise the virtue of sterility. According to estimates by the Environmental Protection Agency, our antimicrobial crusade has us spending almost \$1 billion annually on soaps and detergents, toys and cutting boards, bed-sheets and toothbrushes, all

of them treated with chemical compounds designed to kill the germs that cling to them. At the forefront of this product niche is the antimicrobial hand wash, commonly fortified with the bug-battling chemical triclosan.

It may be a "dangerous, germ-filled world" out there, but with your little bottle of — choose one: Dial, Safeguard,

Palmolive — you can stroll worry-free through it.

Or so you may think. The problem about our obsession with killing germs, some scientists and public health advocates warn, is that it may ultimately do us more harm than good.

Chief among those skeptics is microbiologist Stuart Levy of Tufts University School of

Medicine, president of the Alliance for the Prudent Use of Antibiotics (APUA). Levy's research has led him to question why "antibacterial ingredients, once successfully used to prevent transmission of disease-causing microorganisms among patients, particularly in hospitals... are now being added to products used in healthy households...

even though an added health benefit has not been demonstrated."

That's happening, Levy says, despite several "potential negative consequences" of these products, including weakening the immune system, which could lead to a greater chance of allergies in

Please see SOAP, Page D4

B.C. By Johnny Hart

ANY QUESTIONS FOR THE PHARMACIST TODAY?
I DON'T UNDERSTAND WHAT POVERTY IS LISTED UNDER SIDE EFFECTS.
YOU WILL WHEN YOU GET TO THE REGISTER.

Baby Blues By Rick Kirkman & Jerry Scott

I'M HAPPY BIRTHDAY DEAR! SLURPY BIRTHDAY TO YOU!!!
HOW HAVE A BIRTHDAY?
I THINK I DON'T WANT TO BE BORN. I WANT TO BE AN ANIMAL BUT A PONY!
YOU SHOULD HAVE WANTED A SLURPY BIRTHDAY!

Baldo By Hector D. Cantu and Carlos Castellanos

WHAT DO YOU LEARN IN SCHOOL TODAY BALDO?
NOT ENOUGH.
NOT ENOUGH? WHAT DO YOU WANT?
I WANT TO GO BACK TOMORROW.

Brevity By Guy & Rodd

SEVEN DAYS AFTER THE BACHELOR PARTY WAS CANCELLED, JAKE REMEMBERED THE CAKE.

Dilbert By Scott Adams

WHAT HAVE YOU LEARNED THIS WEEK WORKING AS MY EMPLOYEE MOLE?
SOME OF THE PEOPLE IN THIS BUILDING THINK YOU'RE A WORTHLESS SELF-IMPORTANT GAS BAG.
WHAT DO THE OTHER PEOPLE THINK? THEY DON'T KNOW YOU.

Doonesbury By Gary Trudeau

IT'S NOT VERY IT'S THE REAL WORLD! YOU'RE A CHUCKLEHEAD!
I DON'T WANT TO BE A CHUCKLEHEAD!
NO, THAT'S CHILDISH. I'M NOT A CHILD ANYMORE!
BUT I... I... I FINALLY UNDERSTAND! CONGRATULATIONS!
THIS IS A GUTTING. WHAT OVERWHELMING PROPOSAL?

The Elderberries By Phil Frank and Joe Troise

I see Evelyn is organizing one of her poker nights.
Ah! I need to find a mirror then.
Need to practice your poker face eh?
No, Ah need to find a cheat.
Dishy, you must relax your inhibitions to deduce your opponent's intentions.
Or, you could trick up a cheater.
Real you like a book, Professor.

For Better or For Worse By Lynn Johnston

HAVE YOU LOOKED AFTER THE WOMAN YET, JIM?
THAT YOUR WAGON OVER THERE, JIM?
HOW DO THE GARDENERS KNOW YOU'RE USING THEM? THEY MUST BE IN THE WAGON!
WAGON? THAT'S PRETTY... WHAT OVERWHELMING PROPOSAL TO "GROOMING LINES"?

Frank and Ernest By Bob Thaves

STOCK EXCHANGE
+2.14, -1.08, -0.12, -1.14, 0.06, -1.15, 0.12
THE STOCK PRICE IS BEING ARTIFICIALLY PUMPED UP!
THEY'RE USING SHARE-OIDS!

Luann By Greg Evans

CRYSTAL! LOOK AT THIS LETTER I GOT FROM THE CHAMBER OF COMMERCE!
MISS FARDELL, WE RECENTLY LEARNED OF YOUR "MEALS FOR FIREFIGHTERS" SCHEME AND FIND IT RETROGRESSIVE. EFFECTIVE IMMEDIATELY, THE CHAMBER WILL AGGREGATE YOUR TITLE.
YOU HAVE NO IDEA WHAT "RETROGRESSIVE" AND "AGGREGATE" MEAN, DO YOU?
I CAN BE RESPONSIBLE AND "CONGRATULATE" YOU!
PRETTY COOL, RIGHT?

Mallard Fillmore By Bruce Timsley

CAMPING
The Early Years...
TO OUEL RIMERS THAT HE'S NOT LIBERAL ENOUGH...
DAG HAS REASSURED HIS LOYAL SUPPORTERS THAT HE WILL, IN FACT, BE ROBBING PETER TO PAY PAUL...

Pearls Before Swine By Stephan Pastis

WHAT HAPPENED TO YOU?
REMORA. THEY'RE THOSE FISH THAT STICK TO SHARKS AND MANTA RAYS AND STUFF.
THOSE ANIMALS LIVE IN THE WATER.
I TAKE VERY LONG SHOWERS.

Pickles By Brian Crane

MOM AND DAD, I WAS WONDERING, HAVE YOU MADE YOUR FINAL ARRANGEMENTS?
FINAL ARRANGEMENTS?
YOU KNOW... YOUR FINAL RESTING SPOTS.
I WANT TO BE STOPPED AND MOUNTED IN MY L.A. 7-BOY AND MOM WANTS TO HAVE HER ASHES SCATTERED IN THE FABRIC STORE.

Rose Is Rose By Pat Brady

AND HOW ARE YOU FEELING TODAY, DOCTOR?
LUL, I'M FINE. THANKS FOR ASKING.
IN FACT, PASQUALE... YOU'RE THE FIRST PATIENT TO INQUIRE ABOUT MY HEALTH!
I ASSURE YOU THAT YOUR INFORMATION WILL BE KEPT COMPLETELY CONFIDENTIAL!

Zits By Jim Borgman and Jerry Scott

PENICIL CAN I BORROW A PENCIL?
WHA
HELP YOURSELF!
I DIDN'T KNOW YOU WERE INTO FUNCTIONAL ORIENTATION
IT'S A GREENER LIFESTYLE.

Non Sequiter By Wiley

WHAT DO YOU THINK? DO WE WANT OR MOVE ON?
AW, IT'S A TUGGA CALL.
OUR MISSION IS TO SEEK OUT AND CONTACT INTELLIGENT LIFE IN THE UNIVERSE. RIGHT?
RIGHT
SO HAHN DENY THE FIELD MANUAL DEFINING INTELLIGENT?
OK...

Strange Brew By John Deering

A History of the West in 3 Seconds
CUMING IN AS MA.

Make your fantasies real, Virgo

HOROSCOPE
Jeraldine Saunders

IF JAN. 7 IS YOUR BIRTHDAY: March and July are especially blessed months in which to begin any important endeavors. Plan well so that you can move into a new home, start a new job or begin a new study during these auspicious times. During March and April you seem to glow with attractive qualities that everyone admires. Don't be surprised if a new love interest turns up on your doorstep and proves to be a perfect candidate for long-term commitment.

ARIES (March 21-April 19): Someone in your life may win your instant trust and admiration. If you are already enmeshed in a romantic relationship, this is the perfect night to prove your devotion.

TAURUS (April 20-May 20): It is fine to have big dreams, but be sure that your actions reflect well on your reputation. Romantic possibilities can become a reality tonight.

GEMINI (May 21-June 20): You must jump in and commit yourself heart and soul to a cause, an idea or a person. You will receive plenty of attention in public places for idealistic use of material items.

CANCER (June 21-July 22): Affairs of the heart can take wing under these stars. Keep an eye open for potential mates if you are single and indulge your mate if you aren't. Commitments made will work out in the best possible way.

LEO (July 23-Aug. 22): Every little triumph at work, no matter how small, adds to your confidence. A heart-to-heart talk this evening could lead to a higher level of mutual commitment.

VIRGO (Aug. 23-Sept. 22): Make your fantasies real. Express goals as well as desires and you can create videnting ripples that eventually get the attention of someone close to you.

LIBRA (Sept. 23-Oct. 22): You and a certain someone might look together like those children's plastic building blocks. Serious romantic or business connections can flourish as you are at your attractive best.

SCORPIO (Oct. 23-Nov. 21): Navigate the path of love by using an unerring internal compass. Ignore a business transaction or investment that looks too good to be true. A thing of real value is to be found right on your own doorstep.

SAGITTARIUS (Nov. 22-Dec. 21): Don't be fooled into thinking that a business transaction holds more potential than it really does. Buzzle a certain someone this evening by whispering sweet nothings.

CAPRICORN (Dec. 22-Jan. 19): Minor infatuations get the green light and lovers are likely to bill and coo. Social events and shopping expeditions can bring immense pleasure. Buy special treats and indulge your partner.

AQUARIUS (Jan. 20-Feb. 18): Broadcast your charms and you are certain to find a willing partner. A certain area of your finances might need a thorough business check. Listen to the counsel of close companions.

PISCES (Feb. 19-March 20): A new gig might fit you like a comfortable old shoe. If you are in the arts or deal with the public, this is a great time to shine. A significant other might have a sensual grin in his or her eye this evening.

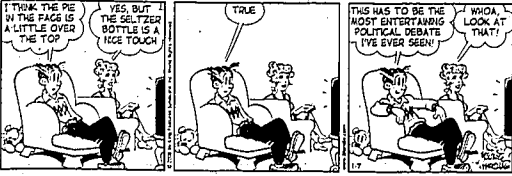
Beetle Bailey

By Mort Walker



Blondie

By Dean Young & Stan Drake



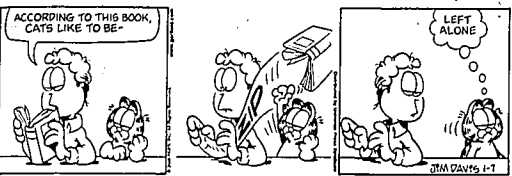
The Born Loser

By Art Sansom & Chip



Garfield

By Jim Davis



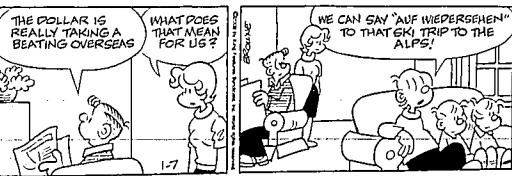
Hagar the Horrible

By Chris Browne



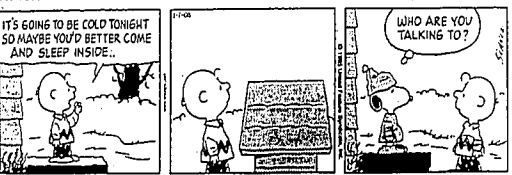
Hi and Lois

By Chance Brown



Classic Peanuts

By Charles M. Schulz



The Wizard of Id

By Brant Parker & Johnny Hart



Dennis the Menace

By Hank Ketchum



THE FAMILY CIRCUS

By Bill Keane



Mom's retirement puts an end to sons' free ride at home

DEAR ABBY: I have two adult sons living at home, ages 22 and 24. Both are working...



DEAR ABBY Jeanne Phillips

DEAR ABBY: My wife and I recently attended a lovely party at a home with two lovely grand pianos...

They are busy running and raving and calling me a bad mother. Am I being unreasonable?

DEAR ABBY: My husband and I have been married four years. During that time we have had three children.

My oldest son says he refuses to help me pay my mortgage. I told him to either pay the \$120 a month or to try to find a cheaper place to live.

To top it off, I have recently been diagnosed with cancer. I start radiation and chemo next month.

DEAR STRESSED OUT: You're making perfect sense to me. If your older boy was not centered so much on himself and his wants...

DEAR STRESSED: Excuse me? You've had three children in four years, you're caring for a

TODAY IN HISTORY

Today is Monday, Jan. 7, the seventh day of 2008. There are 359 days left in the year.

In 1927, commercial transatlantic telephone service was inaugurated between New York and London.

Today's highlight:

On Jan. 7, 1789, the first U.S. presidential election was held. Americans voted for electors who, a month later, chose George Washington to be the nation's first president.

In 1942, the Japanese siege of Bataan began during World War II.

On this date:

In 1608, an accidental fire devastated the Jamestown settlement in the Virginia Colony. In 1610, astronomer Galileo Galilei began observing three of Jupiter's moons. In 1800, the 13th president of the United States, Millard Fillmore, was born in Summerhill, N.Y. In 1909, the Marconi International Marine Communication Co. of London announced that the telegraphed letters "CQD" would serve as a maritime distress call...

In 1953, President Truman announced in his State of the Union message to Congress that the United States had developed a hydrogen bomb. In 1972, Lewis E. Howell Jr. and William H. Rehnquist were sworn in as the 99th and 100th members of the U.S. Supreme Court. In 1985, Emperor Hirohito of Japan died in Tokyo at age 87; he was succeeded by his son, Crown Prince Akihito. In 2006, Bill Carroll, a freelance journalist for The Christian Science Monitor, was kidnapped and her interpreter shot dead in one of Baghdad's most dangerous Sunni Arab neighborhoods. (Carroll was freed almost three months later.)

Ten years ago: Convicted Oklahoma City bombing conspirator Terry Nichols escaped the death penalty when a jury decked over his bid for life in prison. The government of Canada apologized for past acts of oppression against the country's native peoples.

Five years ago: President George W. Bush unveiled his \$674 billion economic expansion plan. Police in London announced they had found traces of the deadly poison ricin in a north London apartment and arrested six men in the city.

One year ago: Newly elected House Speaker Nancy Pelosi, interviewed on CBS' "Face the Nation," said Democrats running Congress would not force President Bush a blank check to wage war in Iraq. NASCAR driver Bobby Hamilton, who had won the 2001 Talladega 500, died at age 49.

TODAY'S BIRTHDAYS

Author William Peter Blatty is 80. Country singer Hank Williams is 82. Magazine publisher Joan Wemmer is 62. Singer Kenny Loggins is 60. Singer-songwriter Marshall Chapman is 59. Latin pop singer Juan Gabriel is 58. Actor Eric Roberts is 58. Actor Summo Hung is 56. Actor David Caruso is 52. CBS Evening News anchor Katie Couric is 51. Country singer David Lee Murphy is 49. Rock musician Kathy Valentine (The Go-Go's) is 49. Actor David Marchand is 48. Actress



Loggins

Halle Todd is 46. Actor Nicolas Cage is 44. Singer-songwriter John O'Drisk is 43. Actor Eric Roberts is 42. Actor Dong Li Dong is 38. Actor Kevin Kline is 37. Country singer-musician John Rich is 34. Actor Dustin Diamond is 31. Actor Robert Weirhead is 25. Actor Liam Aiken is 18. Actress Carmen Cirines is 18. Actor Max Morrow is 17.

THOUGHT

"Whether women are better than men I cannot say — but I can say they are certainly no worse." — Golda Meir, Israeli prime minister (1898-1978)

See what's new at www.magicvalley.com

2" Faux Blinds. Enjoy the look for 1/2 the price! 18 Designer colors & shades. All sizes have equal discounts. Starting as low as... \$3400 EA. Sale Ends 2/2/08. MAGIC BLIND CLEANING.

Something SWEET FOR YOU! White Chocolate Peppermint Bark \$10.99/lb. Light & Dark Chocolate Covered Cardinal Cherries \$11.99/lb. Light & Dark Chocolate Covered Caramels \$11.99/lb. English Toffee \$13.99/lb. Light & Dark Chocolate Covered Peanut M&M's & Assorted Flavors \$10.99/lb. M&M's Dipped Chocolates 1, 1 1/2, 2, 3 & 5 lb. boxes.

"I NEED TO BORROW THE ICE CREAM SCOOP, SO WE CAN MAKE SOME SNOWBALLS FAST!"

"There's none in mine. Maybe I was a freebie."

TO DO FOR YOU

Tobacco cessation

American Cancer Society's "Fresh Start" program to help adult quit using tobacco products. Six-class session from 6:30 to 7:30 p.m. Mondays and Thursdays, today through Jan. 24, in the MOB Conference Room near the Physicians Center on the first floor at St. Luke's Magic Valley Regional Medical Center, 656 Addison Ave. W. in Twin Falls.

"Fresh Start" builds skills to help reduce and eventually end tobacco use; communicate better; handle stress; make decisions; set goals; eat healthy and exercise. The program is sponsored by South Central Public Health District and St. Luke's Magic Valley Regional.

Free. Preregistration required. Jeanette Charters at 200-1137, or Tami Pearson at 737-5945.

Caregiver support

Caregiver Support Group meeting, 1 to 2:30 p.m. today, at Central Public Health District's Katie Conference Room on the College of Southern Idaho campus in Twin Falls.

Information: Shavena, CSI Office on Aging, 736-2122.

Bariatric support

Bariatric Support Group meeting for patients who have undergone bariatric surgery, 7 p.m. today, at St. Luke's Magic Valley Regional Education Center, 500 Addison Ave. W. in Twin Falls.

For more information, call 200-1137.

Soap

Continued from page D1

children, and their possible link to the emergence of antibiotic resistance — the very problem that is making some diseases, such as methicillin-resistant *Staphylococcus aureus*, or MRSA, so difficult to treat.

Members of the manufacturing industry, meanwhile, including Brian Sansoni, vice president of communications at the National Consumer Association, contend that consumers can do these products "with confidence" because "they reduce or kill germs on the skin that can make us sick."

And that message has found a following. According to Mintel (GNPD), a market research firm based in Chicago, 71 percent of adults who do some or all of the household cleaning "prefer" to use antibacterial and germ-killing cleaning products."

The first mass-marketed antimicrobial product was put out in 1940 by the Dial Corp. "Aren't you glad you use Dial?" the marketing campaign asked. "Don't you feel baby-dirty?" The implied hygiene lesson — a corollary one, as it happens — was that bacteria are partly responsible for body odor. The new deodorant was a hit: Liquid Dial followed in 1947, and a waterless hand-sanitizer in 1950.

Major marketing breakthroughs came when companies figured out how to put the antimicrobial compounds into more than just soap. Hand sanitizers were swiftly followed by germ-killing plastics and synthetic fibers, and suddenly nearly every product in your house — from air filters to wallpaper, bathroom appliances, door frames, food storage containers and the kitchen sink — could be part of the fight against bugs. Check your computer key-

About childbirth

Prepared childbirth classes, 6:30 to 9 p.m. Tuesdays, this week through Feb. 5, in the lobby at St. Luke's Magic Valley Regional's downtown campus, 660 Shoshone St. E. in Twin Falls.

Instruction includes wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breastfeeding and bottle feeding; and a video tour of the Women's and Infant Center, 660 Shoshone St. E. in Twin Falls.

Cost is \$40. Preregistration required: 732-3148.

Alzheimer's support

Alzheimer's Support Group meeting, 6 to 8 p.m. Tuesday, at Rosetta Island, 1919 Hilland Ave. in Burley.

The meeting is open to Mini-Cassia residents with Alzheimer's and family members. **Information:** Maqued Wrigley, 677-5451.

'Baby and Me'

St. Benedict's Family Medical Centers' "Baby and Me" classes, 11 a.m. to noon, Tuesdays, at Jerome Recreation District, 2032 S. Lincoln.

The session is for parents of children from infancy through toddler years. **Free.** 324-7262.

About Alzheimer's

Alzheimer's Support Group

meetings, 6 to 7 p.m. Wednesdays and 2 to 3 p.m. Saturdays, at Rosetta Esadrige, 1177 Esadrige Court in Twin Falls.

The meeting is open to Twin Falls County residents who have family members with Alzheimer's.

Information: Lisa Juned, 734-9422.

Childbirth refresher

Childbirth refresher course, 6:30 to 9 p.m. Thursdays, in the lobby at St. Luke's Magic Valley Regional's downtown campus, 660 Shoshone St. E. in Twin Falls.

Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Preregistration required: 732-3148.

Success skills

The Community Education Center at the College of Southern Idaho will offer the class "Skills for Success" from 7 to 8:30 p.m. Mondays and Thursdays, Jan. 14 through Feb. 14, in Room 105 at CSI's Shields Building, Gayle Anderson will instruct.

Organizers say the class is a learning tool for personal development and beneficial to those in the business community. Participants will gain insight through enhancing listening and communication skills; identifying, understanding and challenging ineffective behavior patterns; learning to make accountable and healthy life choices through experiential and individual processes; retaining the mind by enhanced

awareness of how words, thoughts, actions and beliefs determine the outcome of lives; and developing personal power.

Cost is \$79. To register: 732-6442 or www.csi.edu/community.

Exercise to relieve stress

The Community Education Center at the College of Southern Idaho will offer the wellness class "Stress Less Solutions" from 6 to 8 p.m. Tuesdays, Jan. 15 to Feb. 26, in Room 104 at CSI's gymnasium in Burley.

Organizers say participants can prevent or alleviate physical symptoms of stress by learning a holistic approach to stress management through both cognitive coping skills and relaxation techniques. The class combines theoretical and experiential learning through a series of exercise techniques for all ages and experience levels.

Jon Mitteldeier will instruct. Mitteldeier is a CSI professor, workshop trainer, wellness coach and founder of the Over 60 and Getting Fit program.

Cost is \$19. To register: 732-6442 or www.csi.edu/community.

Learn CPR

"Hearstever Cardiorespiratory Resuscitation" class, 6 to 10 p.m. Jan. 15, in the Sage Room at Twin Falls Regional's Education Center, 588 Addison Ave. W. in Twin Falls.

Under the guidelines of the American Red Association,

the class includes emergency procedures for mouth-to-mouth resuscitation, chest compression and choking response for adults and infants.

Cost is \$36. Preregistration required: 737-2007.

Learn CPR/first aid

First aid and cardiopulmonary resuscitation classes are scheduled in January at the College of Southern Idaho in Twin Falls and in February at CSI's Blaine County Center in Bailey.

• CPR class, 6 to 10 p.m. Jan. 16, CSI Aspen Building.

• Combined CPR and first aid class, 6 to 11 p.m. Jan. 23, Aspen Building.

• CPR class for health care providers, 10 p.m. Jan. 30, Aspen Building.

• Combined CPR and first aid class, 5 to 10 p.m. Feb. 4, CSI's Blaine County Center.

The classes are bringing and refresher courses for the public, health care providers and others whose jobs require them to have or to update lifesaving skills.

Cost is \$25 per class or \$40 for both CPR and combined CPR/first aid classes. Arrangements can be made for classes to be brought to business groups, businesses or other organizations. To register: Jill Chestnut, 732-6731, jchestnut@csi.edu.

"To do for you" is a listing of health-related activities. **• "Stress Less Solutions" information by Thursday for publication in the following Monday's Inpage section. E-mail notices to ramona@magvalley.com.**

Classes

Continued from page D1

While boxing can be tame enough for those wanting to get in shape, it's also intense enough to provide a great workout for people who are already fit. Members range from bull year-old Hunter Moore of Kimberly. All work to their full capacity.

"The exercise benefits, everybody, Kober said. "Your heart is working, your lungs are working, everything is working together to get you through the movements," she said.

Samaris agreed, saying boxing is a fantastic way to strengthen core muscles, keep your heart rate up and lose weight.

"It's a great workout for just 45 minutes. You're just in constant motion," Samaris said.

Moore has been boxing for a month but is already working hard enough to feel the burn.

"It's so motivating, you wake in the morning and your legs are all droopy and stuff, Moore said. "You can hardly run."

Clogging for calves

Clogging, the upbeat traditional folk dance, is a great way to burn calories, without feeling like a workout, Kober said.

"The dance works muscles in the legs "if they do it right," said Shannon Edwards, instructor for Rocky Top Cloggers in Twin Falls. "If they want to work it, they will build muscle."

A typical hour-long class consists of five to 15 minutes of warming up. After reviewing basic steps, students spend the rest of the class learning parts of a routine.

"The constant jumping and foot tapping required for the routines resemble an aerobics class," Edwards said. "People with no dance experience can sign up. The class is also open to people of all ages."

"We take all levels," she said. "I think our oldest one is probably 60."

'Alive and Well'
The return of health educator Jan Mitteldeier's column. **NEXT WEEK IN IMAGE**

How to get clean

Traditional soap is made of salts and fatty acids. The salt molecule is a long chain with two ends. The head is made of salts and attracts water. The tail is attracted to water.

When you put soap on your skin and begin to wash, the head binds with the water.

The tail attracts fat molecules found in dirt and insoluble organic compounds such as germs and sweat, forming a thin film around them. The dirt gets suspended in these droplets. Warm running water washes it away.

Waterless, alcohol-based sanitizers work differently. Alcohol is an antiseptic that destroys germs instantly (rather than inhibiting their growth). Alcohol-based sanitizers kill 99.99 percent of the most common germs within seconds and without water. However, waterless hand sanitizers are not effective at removing visible dirt from your hands.

board; chances are it was treated with a film of Microban, one of the leading trade names for triclosan.

In the wake of such scares as the bird flu, E. coli in food and MRSA, Mitteldeier says this marketing marketplace has become even more fertile. In one recent three-year period, new product launches increased by more than 700 percent, from 200 products introduced in 2003 to more than 1,600 in 2006.

For many Americans, soap — the plain old soap your grandmother used — is simply not enough.

Plain old soap relied for its cleanliness primarily on anti-microbial and vegetable fat, and its cleaning power came essen-

How to wash your hands

Washing your hands is the best way to keep germs away. Here's how to do it effectively.

- Put your hands in warm, running water. Apply soap (bar or liquid) and lather well.
- Rub your hands together for at least 20 seconds.
- Cover all surfaces: wrists, back of the hands, fingernails and between your fingers.
- Rinse your hands.
- Dry them with a clean towel.
- Use the towel to turn off the faucet.

If you use an alcohol-based hand sanitizer (which is a product that contains at least 60 percent alcohol):

- Remove all visible dirt from your hands.
- Apply about a half-teaspoon to the palm of your hand.
- Rub your hands together, covering all surfaces of the hands and fingers.
- Continue rubbing until the sanitizer is completely absorbed.

tially from its ability to create suds and lather, as the soap molecules formed a thin film around dirt, allowing it to be washed away under running water. Down the drain go not only bacteria but also viruses, such as those that cause the common cold. Compounds like chlorine, alcohol and per-

oxide (which kill immediately and at random rather than inhibiting the growth of bacteria) were often added to give soap extra cleaning power. Those products are also commonly found in travel wipes and toiletries.

Adding specifically antibacterial agents seemed a natural next step. And although Levy and other scientists don't dispute that these chemicals can kill bacteria, they argue there's no evidence they do any good. "No study has shown that," Levy says. What's more, many illnesses such as flu and the common cold, which prompt people to wipe down telephone handsets and door-knobs, are caused not by bacteria but by viruses — and antibacterials can't slow a virus at all.

Levy cites several studies, among them a 2004 study in the *Annals of Internal Medicine*, in which 229 New York households were divided randomly into two groups. One used regular soap and water, the other antimicrobial soap. There were just as many instances of vomiting, diarrhea, fever, sore throat, cough, runny nose and phlegm among the antimicrobial users.

"For general use, antibacterial soaps are not superior to cleansing with regular soap and water," says the study's senior author, an infectious disease specialist at Washington Hospital Center. His view is backed by the conclusions of

an advisory panel to the Food and Drug Administration, which voted 11 to 1 in 2005 that, when it comes to keeping us healthy, antibacterial soaps and washes are no more effective.

But the New York study's lead author, Elaine Larson of Columbia University concludes that antibacterial soaps may offer benefits to certain medically vulnerable people in the house: someone who is "ill, immunocompromised, a neonate (newborn), or elder." A point that Sansoni emphasizes: Health care is not just in the hospital anymore, he says. It is in our homes.

Does your health coverage need a checkup?

It seems hard to believe, but health benefits have only been around in the United States since the 1940s. While few people would suggest that going without them is wise, there are fewer and fewer people who actually afford the increasing costs associated with medical coverage. Spiraling costs have set off a flurry of reform-minded initiatives across the country in both the public and private sectors. Many states are working to reform their current systems and move toward a universal system. Employers are contracting with major insurance carriers to offer cost-effective health care solutions to their workforce or reevaluating their current level of coverage. The most common, and generally least expensive, medical care option is group insurance. Your options may expand pursuant to new legislation, but the fact remains that health insurance is an important part of your overall physical and financial well-being. Whether you are a small business owner, a full- or part-time employee of an organization, or a self-insuring contractor, you may want to consult with a financial professional about your options. Choosing an increased plan for your situation may have an welcome impact on your bottom line.

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