

nontraditional of exercise.

IMAGE D1

High: 47 Low: 28

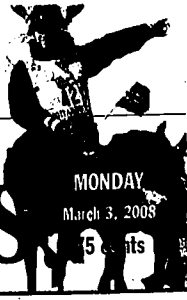
Partly cloudy. Details: B4

Girl Scouts sending cookies to troops.

MAGIC VALLEY, A4

96 mushers start Iditarod.

SPORTS, B1

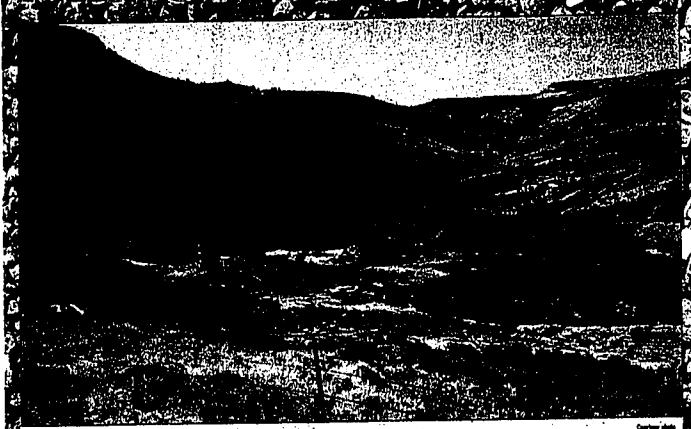


MONDAY March 3, 2008 5 cents

Times-News

MagValley.com

Pit of contention



Residents who live in Upper Rock Creek Canyon complain that this gravel pit and rock quarry, owned by Northwest Sand and Gravel Off Rock Creek Road about 11 miles south of Hansen, creates noise and dust pollution in an otherwise tranquil area.

Gravel pit/rock quarry south of Hansen irks residents, owner says it's in compliance with laws

By Damon Hunzeker Times-News correspondent

Canyons are usually known for their scenic beauty and local wildlife, but in an area of Upper Rock Creek Canyon, immediately surrounded by more than 40 residents, it's a stifling, dust-ridden, noise-producing, ugly gravel pit.

the quarry, located off Rock Creek Road about 11 miles south of Hansen, toward the South Hills. Citizen complaints include zoning violations, traffic safety, air quality, noise, depreciation of property value, as well as the visual nuisance produced by piles of gravel in their neighborhood.

"It affects my quality of life and makes me really irritable. Plus, it's just an eyesore."

—Debi Trempondola, a resident in the area since 1996

So why would it be shut down? "We've gone to great lengths to make sure we're in accordance with the law," said Brian Hansen, co-owner of Northwest Sand and Gravel. "We've never been fined, and we're monitored regularly."

Steve Van Zandt, the air-quality sci-

ence officer of the Department of Environmental Quality, has responded to some of the citizens' complaints. "I went out there and determined that they didn't have an air-quality permit," he said. "But they applied for one and were issued a Permit by Rule in July of last year."

Please see PIT, Page A3

Curbing teen suicide

Idaho's rate highest in West, seventh nationally

By Damon Hunzeker Times-News correspondent

Idaho consistently ranks among the top 10 states in youth suicide rates and has the highest teen-suicide rate in the West. Last year, Idaho ranked eighth nationally. This year, the state ranked seventh.

Health professionals in southern Idaho want to change that. Idaho State University's Institute of Rural Health conducted a training conference on teen-suicide prevention — Better Today's, Better Tomorrows

—Wednesday and Thursday at the College of Southern Idaho.

Organizers attributed Idaho's high rate to a Western culture of individualism and a lack of access to psychological care in rural areas, and they urged the seminars' 120 attendees to reach out to troubled teens.

"The West has a culture of rugged individualism, and the truth is we all need each other," said facilitator Lisa Johnson, a Boise private-practice therapist specializing in trauma. "That stigma creates a barrier. We also have a large Native American population, which has the highest rates of suicide among ethnic groups," Johnson said.

Please see SUICIDE, Page A3

A cruel place to be

Over 13,000 claims of abuse in juvenile detention centers reported from 2004-2007

By Holbrook Mohr Associated Press writer

COLUMBIA, Miss. — The Columbia Training School — pleasant on the outside, austere on the inside — has been home to 37 of the most troubled young women

in Mississippi. If some of those girls and their advocates are to be believed, it is also a cruel and frightening place.

The school has been sued twice in the past four years. One suit brought by the U.S. Justice Department, which the state settled in 2005, claimed detainees were thrown naked in to cells and forced to eat their own vomit. The second one, brought by eight girls last year, said they were subjected to "horrendous physical

Please see ABUSE, Page A3



Teenaged girls hold hands as they wait for individual interviews about their treatment at the Columbia Training School during a Mississippi Youth Justice Program news conference in Jackson, Miss., in this July 11, 2007, file photo. The organization said they are suing the state over what it called "horrendous physical and sexual abuse" of teenage girls at Columbia Training School.

Idaho State Chariot Championships draw horse lovers, families

IDAHO FALLS (AP) — For more than a week, adrenaline raced through Corrie Bingham and his nerves were on edge, eager for a chance to race in the Idaho State Chariot Championships.

The event, which kicked off Saturday and concluded Sunday, drew dozens of people to Sandy Downs in Idaho Falls to watch about 60 pros and amateurs participate in the horse-drawn chariot races.

"It's a huge family event," Bingham told the Post-Register in a story published Sunday. He took up the sport 15 years ago after watching his father race.

Cory Shurtliff drove from Shelley with his 7-year-old son, Cordell. Shurtliff, who's an old-timer with the event, was thrilled to share his love for the sport.

"This is just a great time to spend together," Shurtliff said. Idaho Falls resident Rebecca Davis agreed. She came with her cousin for the first time to check out the event and spend the day cheering for a friend who was racing.

"I just love the horses," Davis said. That's what drew Jim Phelps from Pocatello. He and his girlfriend are avid horse lovers and make the drive every year.

"We're just horse people," Phelps said, adding that they try to make it to any event that involves the animals.

Horse racing has become a tradition for Liz Johnson.

Her father shared a love for the sport with her at an early age. Johnson now brings her daughter and son to races to watch their grandpa participate.

"We just love everything about this," she said.

Darric Grant took first place in one of the races Saturday. He's been racing for five years and was excited that his months

of training paid off. "It's hard to explain how racing makes you feel," Grant said.

Bingham knows the feeling. After winning the state championship for chariot racing last year, he stayed busy training for this year's races.

"We don't do it for money," Bingham said. "It's all about the bragging rights."

High court could decide what's indecent

Justices may consider 'fleeting expletive' use in TV broadcasts

By David G. Savage and Jim Puzanghera Los Angeles Times

WASHINGTON — The Supreme Court this week may re-open for the first time in more than 30 years the debate over what qualifies as an "indecent" broadcast.

The media environment has changed dramatically since the court last ruled on this issue in 1978: Viewers and listeners today are exposed to the more free-wheeling cable TV, internet and "shock jocks" on satellite radio.

The issue before the court now is delicately described as

the problem of "fleeting expletive" in over-the-air broadcasts, which are still regulated. TV viewers who watch the entertainment industry's award shows may be familiar with the phenomenon.

"This is really, really — I'm brilliant," rock singer Bono exclaimed when accepting a Golden Globes Award for the Best Original Song in 2003. His comment was broadcast live on NBC.

Upon receiving a Billboard Music Award for career achievement, Cher said the honor proved her critics wrong. "So F— 'em. I still have a job and they don't," she said on Fox TV.

After receiving complaints from angry viewers, the Federal Communications Commission moved to crack down on broadcasters who air "isolated or fleeting expletive" during daytime and early evening hours.

Last year, Fox and the other



Singers Cher, left, and Bono, right, used the F-word in different acceptance speeches at different awards shows during live broadcasts. Termed 'fleeting expletives,' the Federal Communications Commission moved to crack down on broadcasters who air 'isolated or fleeting expletive' during daytime and early evening hours.

networks sued to block the new policy, and an appeals court in New York put it on hold.

Now, the FCC is asking the Supreme Court to clear the way so the new crackdown

Please see EXPLETIVES, Page



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Horoscope D2 Jumble C4 Magic Valley A4 Movies A5, A7

Nation AB Obituaries A5 Opinion A5-7 Scoreboard B3

Sports D1-4 Su/di/ju C2 Weather B4 World AB

TODAY'S FORECAST

**TWIN FALLS**

Today	Tonight	Tuesday
Partly cloudy	Partly to mostly cloudy	Slight chance of showers
High 47	Low 28	45 / 27

**MINI-CASSIA**

Today: Partly cloudy. Highs in the upper 40s.  
 Tonight: Becoming mostly cloudy. Lows upper 20s.  
 Tomorrow: Mostly cloudy with a slight chance of showers. Highs lower 40s.

Complete weather report: See page B4

TODAY'S HAPPENINGS

**CEREMONY**

Summit Elementary School dedication, with keynote speaker Superintendent of Public Instruction Tom Luna, 7 p.m., in the cafeteria, Summit Elementary School, 200 10th Ave. W., Jerome, (208) 324-3396.

**EDUCATION**

Hunters education class, first-night sign up and registration, 6 p.m., Castelford School, 58 registration fee, 537-6604 or 731-6601.

**FAMILY SUPPORT**

Caregiver Support Group meeting, 1 to 2:30 p.m., Katz Conference room, South Central Health, Twin Falls, 736-2122.

**GOVERNMENT**

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.  
 Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, 878-7302.  
 Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.  
 Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.  
 Ketchum City Council, 5:30 p.m., City Hall, 480 E. Ave. N., 726-3841.  
 Halley Planning and Zoning Commission, 6:30 p.m., courthouse, 206 First Ave. S., 788-5370.  
 Dietrich City Council, 7 p.m., City Hall, 103 S. Main, 544-2102.  
 Gooding City Council, 7 p.m., City Hall, 308 Fifth Ave. W., 934-5669.  
 Hanson Community Library Board, 7 p.m. library, 120 W. Maple, 423-5158.  
 Twin Falls County Parks and Waterways Advisory Board, 7 p.m., 450 Sixth Ave. W., 734-9491.  
 Acquia City Council, 8 p.m., Acquia Automotive, 20602 F St., 436-6775.

**HEALTH AND RECOVERY**

College of Southern Idaho's Over 60 and Getting Fit programs, 9 to 10 a.m. at several Magic Valley locations: CSI gym, Gooding ISDB gym, Jerome Rec Center, Shoshone High (old gym), Rupert Civic Center, Blaine County Campus Gym and Filter Gym; 10:30 to 11:30 a.m. at the old gym in Buhl; and 11:30 a.m. to 12:30 p.m. at CSI Burley Outreach Center Gym, no cost, 732-6475.  
 Fit and Fall Proof Exercise Class, 10:30 to 11:30 a.m., Ageless Senior Citizens, Inc., 301 Main St. N., Kimberly, no cost, 737-5988.  
 SilverSneakers Fitness Program, innovative exercise program designed specifically for seniors/beneficiaries' unique health and physical needs to 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for non-insured or YMCA members and \$5 per class for non-insured, 733-4384.  
 Adult Children Anonymous (A.C.A.) meeting, for individuals recovering from alcoholic or dysfunctional family environment, 6 p.m., Canyon View Psychiatric and Addiction Services, 228 S. Shoup Ave. W. (west entrance), Twin Falls, no cost, 308-5656.  
 Recovery for Life: "Find Help, Discover Hope, Experience Healing," includes Divorce Care, Grief Share, Co-Dependency Women, 12-Step HOPE (addiction recovery) and Financial Peace (debt recovery), 6 to 6:45 p.m. (meal served) and 7 p.m. meetings, Twin Falls Reformed Church, 1631 Grandview Drive N., (corner of Grandview Drive-North and Pole Line Road), 733-6128.  
 Bagging day of Curves Food Drive, a 13-day program to benefit local food banks; discounted service fee to new members (certain terms of membership apply) who bring bag of non-perishable groceries, Curves of Twin Falls, 690 Blue Lakes Blvd. N., 734-7300.

To have an event listed, please submit the name of the event, brief description, time, place, cost and contact number to Suzanne Browne by email at shownews@magvalley.com; by fax, 734-5538; or by mail, Times-News, PO Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

COMING THIS WEEK

**Haggling how-to**  
 When to ask for a better price — and how to get it.  
**TUESDAY IN COUNTRY ROADS**



**Today's decor**  
 What homeowners are asking their designers for.  
**WEDNESDAY IN FOOD & HOME**

**Musical extravaganza**  
 Show-stopping classical, Broadway, bluegrass, and more from the Lowe Family.  
**THURSDAY IN TNT**

MORNING BRIEFING

AROUND THE WORLD

OHIO

Obama chides Clinton on foreign policy experience

WESTERVILLE — Democrat Barack Obama worked to fend off an intensified attack on his foreign policy credentials from rival Hillary Rodham Clinton on Sunday as their paths crossed two days ahead of a potentially race-ending showdown in Ohio and Texas.

"What precise foreign-policy experience is she claiming that makes her qualified to answer that telephone call at 3 a.m. in the morning?" Obama asked of the former first lady at a town-hall meeting. It was a reference to dueling television ads over who would exercise superior judgment in responding to a national emergency in the middle of the night.

The Illinois senator also sought to ease lingering Internet-fed concerns about his religion, in particular whether he was a closet Muslim.

"I am a devout Christian. I have been a member of the sand church for 20 years. I pray to Jesus every night," he declared at an earlier appearance in the rural southern Ohio town of Nelsonville. He said he wanted to halt "confusion that has been deliberately perpetuated."

Unlike Clinton, who has been barnstorming Ohio, Obama had only two events in the state on Sunday and was spending the night in hometown Chicago. He heads to Texas on Monday for a final day of campaigning before awaiting returns on Tuesday in San Antonio.

Clinton stumping on economic, health care issues before primaries

WESTERVILLE — Democrat Hillary Rodham Clinton argued Sunday that her campaign is "about solutions," not feelings, as she swept through Ohio on an intense push two days before the state's presidential primary.

She told more than 2,000 cheering backers that she wants to solve the economic troubles facing the industrial Midwest.

"For some people this election is about how you feel, it's about speeches," Clinton said. "Well, that's not what it's about for me. It's about solutions."

The former first lady opened an Ohio campaign marathon, sweeping across the state on a series of appearances lasting until the wee hours of Monday. Her first stop, in suburban



Palestinians gather next to the rubble of a mosque that was part of a compound used by the security forces of Hamas the day after it was hit in an Israeli missile strike in Rafah, southern Gaza Strip, Sunday. The Palestinian president suspended peace talks Sunday as Israel brushed off international criticism and vowed to press ahead with an offensive that has killed more than 100 Palestinians, until militants halt rocket attacks. (See story below)

Columbus, was aimed at firing up canvassers who were manning phone banks and knocking doors for her.

"Ohio is once again the center of attention for a reason," Clinton said. "It truly does represent America, the hopes and aspirations, the challenges and opportunities, they are all right here in Ohio. It is a picture of America."

WASHINGTON

Intelligence Committee chief expects deal on eavesdropping law soon

The House Intelligence Committee chairman expects a compromise soon on renewal of an eavesdropping law that could provide legal protections for telecommunications companies as President Bush has insisted.

Rep. Silvestre Reyes, in a television interview broadcast Sunday, did not specifically say whether the House proposal would mirror the Senate's version. The Senate measure provides retroactive legal immunity to the companies that helped the government wiretap U.S. computer and phone lines after the Sept. 11 attacks without clearance from a secret court.

Bush wants the House to agree to the Senate bill. Reyes, D-Texas, said he was open to that possibility after receiving documents from the Bush administration and speaking to the companies about the industry's role in the government spy program.

"We are talking to the representatives from the communications companies because if we're going to give them blanket immunity, we want to know and we want to understand what it is that

we're giving immunity for," he said. "I have an open mind about that."

Regarding a compromise deal, Reyes said, "We think we're very close, probably within the next week we'll be able to hopefully bring it to a vote."

ISRAEL

Rocket attack on city creates a new reality in Israel-Hamas conflict

ASHKELON — Residents of this beachside city are still coming to terms with being the front lines of Israel's battle against Hamas militants.

Dozen long-range rockets slammed into Ashkelon over the weekend, marking a significant turning point in the conflict and compelling Israel to strike back hard. "Until yesterday, I never would have believed that I would see the things I saw," said Rachel Shimoni, 66, as she stood amid shards of glass, blown out of the front window of her clothing store. "All of a sudden, the reality has changed."

Palestinian militants fire rockets nearly daily at Sderot and other Israeli border towns near Gaza. But by reaching Ashkelon, a city of 120,000 people about 11 miles north of Gaza, Hamas raised the stakes considerably. It is one of the largest cities in southern Israel, home to Mediterranean beaches, a college and strategic installations like an electric plant and a water purification plant.

Gaza militants have managed to hit the outskirts of Ashkelon in rare instances in the past, but the latest lighting was the first time they've

been able to do it on a regular basis.

Since the first rocket hit Ashkelon on Wednesday in retaliation for an Israeli strike that killed five militants, Israel's military has killed more than 100 Palestinians, according to Palestinian medical officials and militant groups. Three Israelis have also died in the violence.

ARKANSAS

Arkansas feline down to seven lives after surviving tornado, fire

CLINTON — Charlie Brown is down to seven lives.

Donna and Danny Pistole's black-and-white cat survived a February tornado that destroyed the family's mobile home, coming out of nearby woods skittish but no worse for wear. However, the cat took up refuge in a large pile of debris from the storm that the Pistoles set afire last Sunday while cleaning up their property.

Thursday, Donna Pistole followed Charlie Brown's weak meows and found him stuck in briars. His paws and nose were scorched, his eyes matted shut and his coat singed a dingy yellow — but he was alive.

That night, Charlie Brown underwent an exam by veterinarian Doug Mays.

"The smells like an old, scorched wood plank," Mays said. "His feet pads are peeling off, but they'll heal. I think he'll be OK."

The Pistoles sought shelter in a storm cellar during the tornado, Donna Pistole took one of their cats, Bubby, but couldn't find Charlie Brown and fellow feline Sancho. Santos is still missing.

— The Associated Press

ON THE AGENDA

- TUESDAY**
- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
  - Blaine County commissioners, 8 a.m., courthouse, 206 First Ave. S., Hailey, 788-5500.
  - Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.
  - Albion City Council, 7 p.m., community center, 124 S. Main, 673-5252.
  - Burley City Council, 7 p.m., City Hall, 1401 Overland Ave., 878-2224.

- Jerome City Council, 7 p.m., council chambers, 100 E. Ave. A, 324-8189.
- Kimberly Zoning Commission, p.m., community center, 120 Madison W., 423-4151.
- Rupert City Council, 7 p.m., City Hall, 624 F St., 436-9600.
- Shoshone City Council, 7 p.m., City Hall, 207 S. Hall St. W., 886-2030.
- Filer City Council, 7:30 p.m., City Hall, 500 Main St., 326-5000.

WEDNESDAY

Twin Falls County commission-

- ers, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Castelford City Council, 7 p.m., City Hall, 342 Main, 537-6544.
- Glenns Ferry School Board, 7 p.m., district office, 820 Old Highway 30, 366-7436.
- Hagerman City Council, 7 p.m., City Hall, 191 State St. N., 837-6656.

THURSDAY

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

FRIDAY

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

**nowpact levels**

Watershed	% of Aged Peak	% season
Salmon	110%	85%
Big Wood	120%	84%
Little Wood	99%	81%
Big Lost	69%	77%
Upper Snake Basin	111%	84%
Henrys Fork/Teton	105%	86%
Upper Snake Basin	97%	77%
Lower Snake Basin	105%	89%
Salmon Falls	103%	86%

As of March 2

**PROFESSIONAL**

- Dred Hunt ..... 735-3345
- Online game Jason Woodcock ..... 735-3207

**RECREATION**

- Editor James C. Wright ..... 335-3555
- News tips after 5 p.m. .... 735-3246
- News tips after 5 p.m. .... 735-3233
- Letters to the editor ..... 735-3207

**ADVERTISING**

- Advertising director Janet Coffin ..... 735-3314
- Retail sales manager Urs Fischer ..... 735-3147

**CLASSIFIEDS**

- Customer service ..... 733-0931, ext. 7
- Classifieds manager Dorey Hunter ..... 735-2267

**Times-News**

**MAIL INFORMATION**

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Vol. 103, No. 63

# Pit

Continued from page A1

"There have been dust issues," Van Zandt said, "but it's certainly improved since I started going out there."

When asked if the company is operating under full compliance, however, Van Zandt acknowledged that Northwest may need to continue their improvements. "We have noted the issues and have communicated with Northwest Sand and Gravel that they need to control their dust. They're making improvements, but compliance is pending."

Per DEQ regulations, Northwest waters down their equipment to eliminate dust particles in the canyon. They apply both water and magnesium chloride — a dust suppressant — to the roads. The noise isn't regulated by DEQ because it isn't an environmental pollutant, nor has the county established a definitive standard for noise.

The salient question revolves around when the quarry began, which would determine if Northwest Sand and Gravel is conducting business in a residential zone without a special-use permit. Planning and Zoning grants non-conforming use status to the "use of premises which does not conform to the regulations of this ordinance, but which was in existence at the effective date of the ordinance."

But Northwest has owned the quarry for only three years. Before that, it was owned by Northwest Crane and Rigging — separate from Northwest Sand and Gravel. "We opened the pit and then expanded it to a gravel operation, said Jeannie Sliagar, who previously owned Northwest Crane and Rigging.

If it has been there for 30 years, Northwest Sand and Gravel wouldn't need the special-use permit, because, Hansen said, "It was zoned residential after the fact ... Unless I wanted to expand, there's no need for me to get a new permit."

Rock Creek residents Tremendola and Rob Harding have obtained certified USDA aerial photos that suggest there was no operation there until 1996. "It's been going since 1978. There were only trailer homes at the time, and some of them complained. But we put the bridge in over Rock Creek in the late 1970s. It improved the situation, and the complaints stopped."

"It's been an open and viable quarry since 1978," said Sliagar, who still owns the surrounding property. "Some parts of it are zoned residential, so some commercial."

"We have records from the state saying they filed for a Bureau of Land Reclamation permit in 1996," Tremendola said, "which tells you they haven't been there since 1978. We have proof. We have a copy of the property deed."

The Twin Falls County Commission, the Sheriff's Office, and the DEQ were first contacted with grievances from Rock Creek residents last summer. "It hadn't been operating for a long time or we'd have heard about it," Van Zandt said. "Last year is the first time I've heard a complaint. I think they've made a good-faith effort. If I didn't think I was getting cooperation, it would be different."

"I don't go out into my yard like I used to," said resident

Jim Silva. "I get angry and frustrated, and I retreat to the house. I moved out here for the beauty and quiet."

"You used to be able to go out and look at the stars, but now to the silence," his wife Kathleen added. "I feel like the people who have been voted in to protect us aren't."

Despite the complaints, the rock-crushing operation occurs a few months out of the year on every day. "We crush on demand," Hansen said. At other times, it functions as a standing gravel source from which rocks are hauled out contingent upon what the jobs require.

"As far as we know right now, we may not even be conducting any operations out there until the middle or end of the summer," said Northwest Manager Tony Traveller. "We may pull some gravel out, but we're not doing anything there right now."

Regardless of what happens, if anything, the bureaucracies involved aren't likely to intervene soon.

"They've come to us with complaints about when the laws were different, and I've been assured that the gravel company isn't breaking any rules," said Twin Falls County Commissioner George Urie. "There's no zoning dispute or anything that we've found on our legal side ... It appears to be a civil matter between the homeowners and the gravel people."

"We'll continue to keep an eye on them, and I may need to do a formal inspection," Van Zandt said. "Rock crushing is a dusty business."

Damon Hunzeker may be reached at 420-4697 or [Hunzeker@aol.com](mailto:Hunzeker@aol.com).

# Suicide

Continued from page A1

Johnson emphasized the importance of avoiding judgment. "Feelings aren't right or wrong. They're just feelings," she told the attendees. "It's a relief for the suicidal teenager to be seen," she said — a relief that is rarely achieved when potentially suicidal teenagers are criticized and condemned.

Parents, community members, teachers, coaches, clergy and physicians should remain calm and ask specific questions, with the intention of discovering whether a troubled teen has a plan, and then determine whether immediate help is necessary.

Although it may seem counter-intuitive, she provided an example to be directed toward a suicidal teen: "So you're thinking about maybe hanging yourself? Do you have rope?" "Don't ask 'should,'" she continued, "and don't be sworn to secrecy." Johnson spent significant time dispelling and confirming myths — the notion, for example, that people who talk about suicide are simply looking for attention. "You should always take them more seriously than they take themselves," she said. "Always, always, always."

About twice as many health workers attended this year's event compared with a similar conference last year, and many came away confident.

"The conference was excellent and shared basic information about how to identify teens at risk and prevent suicide," said John Hathaway, regional director of the Idaho Department of Health and Welfare. "At Health and Welfare, our mission is to protect the health and safety of Idahoans, and suicide is the second leading cause of death for teens in Idaho — only behind car accidents."

# Expletives

Continued from page A1

can be enforced. The justices may act on the agency's appeal as soon as Monday. If they vote to hear FCC v. Fox TV, arguments would be heard in the fall.

The appellate judges in New York who blocked the new policy said it was arbitrary and vague. It does not, for example, say all expletives will trigger fines from the FCC regardless of the circumstances. News program and movies such as "Saving Private Ryan" were given exemptions, including profanity from soldiers on the D-Day beaches was not intended to shock or titillate, the FCC said, but instead helped "convey the horrors of war."

At the same time, the appellate judges hinted that a true ban on all broadcast expletives would violate the First Amendment's free-speech guarantee.

With the agency hand-cuffed, U.S. Solicitor Gen. Paul D. Clement asked the Supreme Court to intervene and to revive the FCC's new rule. Unless the court acts, he said, the TV industry will have compete

freedom to air expletives during the hours children and families are watching.

If the justices do take on this dispute, they will be obliged to ponder the many meanings of what the lawyers call the "F-word" and the "S-word." Federal law itself does not provide much guidance. It forbids the broadcasting of "any obscene, indecent or profane language." Congress has left it to the FCC to decide what that means.

In 1978, the court agreed with the FCC that comedian George Carlin's "seven dirty words" monologue, when broadcast on the radio at mid-afternoon, was indecent. But the 5-4 decision in FCC v. Pacifica was narrow. As one justice said, Carlin used words that "to most people are vulgar and offensive," and he repeated them "over and over again as a sort of verbal shock treatment."

Afterward, the FCC adopted this distinction. It described "indecency" as words or pictures that focus on "sexual or excretory organs" and which "dwell on or repeat at length" the descriptions. That rule seemed to leave a loophole for the occasional

vulgar word that slipped into a broadcast.

The FCC changed course after it was flooded with complaints from grass-root groups after the vulgarities on the Hollywood awards shows. In March of 2004, a month after a public outcry over the brief exposure of Janet Jackson's breast during the Super Bowl's halftime show, the FCC commissioners adopted a near zero-tolerance policy for fleeting expletives. They set a new rule that "any use of that word or a variation, in any context, inherently has a sexual connotation."

FCC Chairman Kevin J. Martin said certain words are so offensive that children need to be shielded from them on the public airwaves between 6 a.m. and 10 p.m. when they're mostly likely to be watching.

"Can't a television network wait until 10 p.m. to say the F-word?" asked Timothy Winter, president of the Parents Television Council, whose group has pressed for a crackdown on indecency. If the courts block the new rule from taking effect, "it absolutely would open the floodgates," he said.

# Abuse

Continued from page A1

and sexual abuse." Several of the detainees said they were shackled for 12 hours a day. These are harsh and disturbing charges — and, in the end, they were among the reasons why state officials announced in February they would close Columbia. But they aren't uncommon.

Across the country, in state after state, child advocates have deplored the conditions under which young offenders are housed — conditions that include sexual and physical abuse and even deaths in restraints. The U.S. Justice Department has filed lawsuits against facilities in 11 states for supervision that is either abusive or harmful — a lack of oversight and nationally accepted standards of tracking abuse make it difficult to know exactly how many youngsters have been assaulted or neglected.

The Associated Press contacted each state agency that oversees juvenile correction centers and asked for information on the number of deaths as well as the number of allegations and confirmed cases of physical, sexual and

emotional abuse by staff members since Jan. 1, 2004.

According to the survey, more than 13,000 claims of abuse were identified in juvenile correction centers around the country from 2004 through 2007, a remarkable total, given that the total population of detainees was about 46,000 at the time the states were surveyed in 2007.

Just 1,343 of those claims of abuse identified by the AP were confirmed by various authorities. Of 1,140 claims of sexual abuse, 143 were confirmed by investigators.

Experts say only a fraction of the allegations are ever confirmed. These are some of the most troubled young people in the country and some will make up stories. But in other cases, the youth are pressured not to report abuse; often, no one believes them anyway.

Undoubtedly, juvenile correction facilities and their programs benefit many of the youth who experience them by offering substance abuse programs, educational courses and mental health, counseling. And for many troubled youth, the facilities are the last hope to straighten out problems that could

eventually lead them to suicide, prison or other institutions.

Still, advocates for the detainees contend that abuse by guards remains a major problem and that authorities aren't doing enough to address the situation.

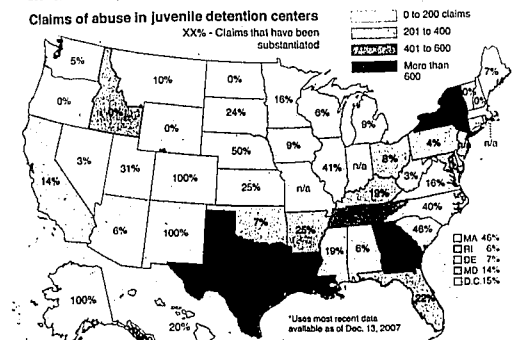
In 2004, the U.S. Justice Department uncovered 2,821 allegations of sexual abuse by juvenile correction staffers. The government study included 194 private facilities, which likely accounts for the higher numbers than the AP found.

But some experts say the true number of sexual incidents is likely even higher. Some youth view sexual relations with staff members as consensual, not as adults in positions of authority abusing their power.

Sue Burrell, an attorney for the Youth Law Center in San Francisco, recalls investigating sexual encounters between female staff and male inmates at a juvenile facility in Florida. "One of the boys I interviewed said he didn't think it was fair that his roommate had a relationship with one of the staffers and he didn't"

## Only 10.1 percent of juvenile abuse claims proven

The Associated Press identified more than 13,000 abuse claims at juvenile detention centers between 2004-07. However, just 1,343 have been substantiated.



All cases of abuse - 13,282  
All proven cases - 1,343  
Proven sexual abuse cases - 143  
NOTE: North Dakota and Wyoming have zero claims; claims unavailable for Connecticut, Indiana and Missouri; substantiated claims unavailable for New Jersey.  
SOURCE: AP reporting

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## Legislation would open up public financing options for health districts

By Nate Poppino  
Times-News writer

It's the perfect resource for the South Central Public Health District.

The Idaho Health Finance Authority exists solely to provide cheaper loans for health care facilities in the state. But since April 2006, the health district has been cut off from using any of it.

That's something district officials said they're hoping could soon change. Legislation strictly separating Idaho's seven public health districts from state political subdivisions such as counties or cities passed the state

Senate 34-0 on Feb. 21, with one senator absent. The bill now moves to the House Health and Welfare Committee and with it the districts' chances of modifying a 2006 Idaho Supreme Court ruling that limited how cities, counties and the districts can obtain loans.

The case, which stemmed from a Boise City Council attempt to expand its airport parking lot, forbade cities and counties from issuing bonds for equipment, infrastructure and construction purchases without two-thirds voter approval, unless the situation involves an imminent health hazard or

other emergency. Statute is vague enough in regard to the health districts that they were included by the decision, South Central District Director Rene LeBlanc said.

That caused a few problems — the district has no voters to consult and few alternatives for a planned building project in Gooding.

"We have to get a commercial mortgage and pay whatever the prevailing interest rate is," LeBlanc said, a more costly option for districts with capital improvement budgets of only a couple hundred thousand dollars and that need to save at least some of that

money for emergencies.

While that might work for cities, which have both voters and more financial options, it doesn't solve things for the districts. District Board of Health member Marvin Hempleman said that 30 years ago, the health districts agreed to follow the state's lead in their wage structure and several other items. That decision may have led some to believe they also have the same revenue options.

"We can't levy taxes and things like other government entities can," he said.

And that places additional constraints on districts

already facing budget crunches. State appropriations have been stagnant, LeBlanc said, and counties can increase their contributions by a maximum of only 3 percent a year. The districts are now looking at other sources of income, including the fees they charge for some services such as food inspections, to maintain their current level of service.

"Now the choice becomes raising fees or laying people off, or doing both," LeBlanc said. "If you lay people off, then you begin to lose your ability to provide services to your clients."

The situation is one legisla-

tors apparently can sympathize with. State Rep. Sharon Block, R-Twin Falls, chair of House Health and Welfare, said she hasn't heard any criticism of the bill from other lawmakers. She said she expects to hold a hearing on the bill within the next couple of weeks.

Right now (the districts are) in a position where they can't build anything they might need, or acquire land or anything," Block said. "It's clarifying the statute, which needs to be done."

Nate Poppino may be reached at 735-3237 or npoppino@magicalvalley.com.

## Downwinders' efforts stall in Congress

By Blair Koch  
Times-News correspondent

Idaho downwinders are still hoping the federal government will compensate cancer victims despite recently stalled efforts by Western lawmakers.

Last May, Rep. Mike Simpson, R-Idaho, and Rep. Jim Matheson, D-Utah, called on the House Judiciary Committee to hold oversight hearings on broadening the Radiation Exposure Compensation Act.

While support has come from Idaho and Utah, the issue isn't exactly on the rest of the country's radar, even after bipartisan legislation was introduced in the Senate by Idaho Sens. Larry Craig and Mike Crapo to amend RECA to include downwinders in Idaho, and Montana last August.

Progress in the House and Senate has seemingly come to a halt, and victims of the nuclear testing fallout from the Nevada Test Site more than 50 years ago are hoping they live to see the day the government acknowledges their plight.

"We certainly don't think the blame lies with the Idaho and Montana delegation," said J. Truman, head of the advocate group Downwinders. "They are fighting an uphill battle and it is going to take all downwinders to continue putting the pressure on Washington to do something about it."

Truman said victims have waited nearly a half-century for an apology, and they aren't backing down now.

"The feeling has been for a long time that the government would just wait it out, wait for all the downwinders to die and the problem would just go away," Truman said. "Time is on their side, not ours."

The first RECA was passed in 1980. A 1997 study by the

Please see STALL, Page A7

# Supporting soldiers



Maggie Walker, right, and Jordan Kraus, both 11, members of Girl Scout Troop 207, dance with Troop 6 member Megan Gilck, 10, Saturday outside of Albertsons on Addison Avenue East in Twin Falls.

## Girl Scouts renew charity program

By Nate Poppino  
Times-News writer

It makes for one sweet care package.

Girl Scout cookies are on sale again, and scouts from Troop 207 spent two hours Saturday peddling the popular treats outside of Albertsons in Twin Falls. But those who stopped by their booth could buy cookies for more than just themselves: The scouts were taking part again in "Troop to Troop," allowing people to donate boxes of Thin Mints and Tagalongs to U.S. soldiers serving in Iraq.

Local scouts sent 50 cases of cookies overseas last year, membership specialist Katy Kulosa said, and want to send 60 this year. The numbers, she said, are a sign of a caring community.

"It really meant a lot to them, knowing people cared about them back home," Kulosa said.

The scouts started selling cookies on Friday and will continue the sale, and Troop to Troop, through March 16. Cookie booths can be found at various locations including Fred Meyer, KMart and Sportsman's Warehouse, or call 733-9623 and ask for Katy or Hillari.

### Fast facts

- The Girl Scouts' Silver Sage Council covers most of Idaho from Grangeville south. Last year, its scouts:
- Sold 615,012 boxes of cookies — 189 per scout.
  - Sold 4 percent more boxes than in 2006.
  - Raised an average of \$750 per troop for local programs and global service trips.
  - Sold Thin Mints the most, followed by Samoas.

## Castleford Council still can't come to agreement on filling open seat

Council will vote on another name on Wednesday  
By Blair Koch  
Times-News correspondent

The third time wasn't a charm.

The Castleford City Council has heard three names for consideration to fill the vacant council seat created by the disqualification of Ryan Bliick's election in November.

During a special meeting Wednesday, Mayor Rita Ruffing gave her third name for consideration.

"I make my appointment of Clint Jackson," Ruffing said.

Only Councilman Cliff Lockhart voted in favor of Jackson being seated. Councilman Richard Schlund and Councilwoman Twila

appointment, Schlund and Crawford declined to comment on why they haven't voted in favor of any name given and wouldn't say what characteristics they were looking for in a possible councilman.

"We just need someone we can all agree on," Schlund said.

Jackson said he was disappointed in the choice made by Crawford and Schlund.

"I guess that they have a long term plan that I'm not to be a part of," Jackson said. "I'm just very disappointed I won't have the chance to be seated on the council after all."

When the council meets March 5, another name will be given by Ruffing to be voted on.

## Wendell calling for new phones

By Blair Koch  
Times-News correspondent

Call Wendell City Hall and your chances of reaching your desired department are sometimes slim.

City personnel are currently unable to transfer callers between departments.

In attempting to bring city departments up to date, Police Chief Kirtus Gaston recently presented the City Council with the idea of a new phone system.

"With new phones," he said, "the police department, fire department, library and city hall could be networked together. We'll also have voice mail, intercom capabilities and be able to have conference calls."

The city's phones are pretty old, said Mayor Rick Cowen. "The technology we have is nothing compared to the technology available," he said. "I think having a new system will make communication between city departments more efficient and bring the city up to date with what's out there."

Gaston said 16 phones could be leased through Qwest over a 36-month period, and cost the city about \$2,800 a year.

"If the money can be found in the budget, I say do it," said Councilman Jason Houser.

"I think having a new system will make communication between city departments more efficient and bring the city up to date with what's out there."

— Mayor Rick Cowen

Gaston will work with Qwest to finalize the contract and get the phones installed.

"(Qwest) indicated that we will probably get a discount on our monthly service charges if we go with the new phones, so along with having much better technology throughout the city, we should see that benefit on our bill," Gaston said.

Blair Koch may be reached at 316-2607 or blairkoch@gmail.com.

## Dale Theodore Jensen

## Carolyn Thaxton Peterson

## SERVICES

GLENN'S FERRY — Dale Theodore Jensen, 61, of Glenn's Ferry, passed away at his home, surrounded by his loving family, on Friday, Feb. 29, 2008.

A memorial celebration of life will be held at 10 a.m. Friday, March 7, at the First Baptist Church in Glenn's Ferry. Arrangements are under the direction of Rost Funeral Home, McMurrey Chapel in Mountain Home.

Dale was born in Raymond, Alberta, Canada, on May 19, 1946. Dale grew up and received his education in Alberta. He lived and worked all over the world, working on almost every continent in the oil and gas industry. He and Linda chose to settle in Glenn's Ferry, where they worked tirelessly to create the beautiful Lindale Ranch.

Dale had a great ability to make friends with whom he loved to tease and "spat" with mentally. He was concerned for others and many were his deeds of true charity. He made lasting friendships among all ages and from all walks of life. He had a great sense of humor and never teased himself or others too seriously. Dale was without pretense, true to himself, a

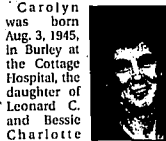
man of personal integrity always taking responsibility for his own actions. He had a great sense of ethics and could be found nearly always engaged in a work project.

Linda was the love of his life and he absolutely adored her. Together they have had many wonderful years, more important to Dale than his family. Dale and Linda were great hosts and they welcomed many guests into their home.

Dale will be sadly missed and fondly remembered. It may be said of him, "that he went about doing good."

Dale leaves to mourn and celebrate his life, his beloved wife and best friend of 33 years, Linda of Glenn's Ferry; and his sons, Dale "DJ" and his wife, Arvella (Bott) Jensen of Kimberly; four beautiful grandchildren, Jamie, Keaton, Jordan and Peyton; his brother, Wayne Jensen of Magrath, Alberta, Canada; and his brother, Richard and his wife, Arvella Jensen of Caldwell; his sister, Sharlene and her husband, John Hollingsworth currently serving a mission for the LDS Church in Monterey, Mexico; his brother-in-law, Bobby and his wife, Janie Nelson of Houston, Texas; and numerous special nieces, nephews and cousins. He was preceded in death by both his parents and his sister-in-law, Mary Jensen.

PAUL — Carolyn Thaxton Peterson, 62-year-old Paul resident, passed away March 1, 2008, in Boise.



Carolyn was born Aug. 3, 1945, in Burley at the Cottage Hospital, the daughter of Leonard C. and Bessie Charlotte Chackling Thaxton. She attended schools in Heyburn and graduated from Minier High School in 1963. Carolyn furthered her education by attending Ricks College in Rexburg, then taught for two years at Paul Elementary and then attended Brigham Young University where she obtained a bachelors degree in Education and a minor in Sociology. After graduating Carolyn moved to Blackfoot for seven years with her best friend, Helen Wyant, and taught at a Stoddard Elementary. She married Dennis Oscar Peterson July 8, 1977, at the Idaho Falls LDS Temple. To this union a daughter was born, Mistylyn, who is following in her mother's footsteps.

She was a wonderful mother and best friend to her children — best that could ever be asked for! Carolyn was currently teaching at Paul Elementary where she has taught for 31 years, mostly second grade. She was currently in her 40th of teaching and educating children whom she loved. She was looking forward to her retirement and buying a candy apple red car for herself. She was a member of Delta Kappa Gamma, serving as the secretary for many years, as well as serving with the Minidoka County Education Association. She spoke very highly of these organizations. Carolyn was a strong advocate to further education for the children. Carolyn was a member of the Church of Jesus Christ of Latter-day Saints and served in many capacities: in Young Women's, Nursery Leader and currently as the Relief Society President, where she enjoyed serving the members of the ward, especially the sisters, every single one of them.

She will be greatly missed by all of her family, friends and fellow Relief Society sisters in the Paul First Ward and by all of those who knew, came in contact with her and loved her. Carolyn had a strong love for all her family, including her nieces, nephews and her "Aunt Pat." She was always watching out for their welfare. She also loved teaching the children at school.

Carolyn is survived by her husband, Dennis Oscar Peterson; her daughter, Mistylyn Peterson; a brother, Lowell Thaxton of Emmett; her sisters Mary Ann (Rick) Huber of Burley and Elaine (Ron) Zahniser of San Andreas, Calif.; her aunt Beverly Patricia Handy and numerous nieces and nephews.

She was preceded in death by her parents and one brother, Stephen Clyde Thaxton, and many beloved aunts and uncles, whom she greatly missed.

Funeral services will be held 11 a.m. Wednesday, March 5, 2008, at the Paul LDS Stake Center with Bishop Kelly Arritt officiating. Friends may call Tuesday evening from 6 until 8 p.m. at Hansen Mortuary in Rupert and one hour prior to the service on Wednesday at the church. Burial will follow at the Pleasant View Cemetery in Burley. In lieu of flowers, the family suggests that memorials be made to the Paul Elementary School for the purpose of helping the children further their education. The family would like to thank the Heyburn truck response, Cassia Life run ambulance team, the Emergency Room Staff at Cassia County Hospital who demonstrated ample amounts of love and support for their quick response, exemplary knowledge and caring service, the St. Luke's Life Flight team, and the nurses and doctors who cared for Carolyn at Saint Alphonsus.

Herschel Blaine Barnes of Rupert, funeral at 11 a.m. today at the Rupert LDS 1st Ward Church, 806 G St.; visitation one hour before the service today at the church. (Hansen Mortuary Rupert Chapel).

Frank L. Jinkins of Bliss, funeral at 11 a.m. today at Demaray's Gooding Chapel.

Beckie Fairchild of Burley, memorial service at 3 p.m. today at Rasmussen Funeral Home, 1350 E. 16th St. in Burley.

Mary Nichols of Filer, graveside service at 4:15 p.m. today at Sunset Memorial Park in Twin Falls. (Serenity Funeral Chapel in Twin Falls).

Dr. Duane Edwin Cright of Bliss, service at 11 a.m. Tuesday at the United Methodist Church, 805 Main St. in Gooding (Demaray's Gooding Chapel).

Celeste Constante "Chet" Dalpiaz of Rupert, funeral Mass at 1 p.m. Tuesday at the St. Nicholas Catholic Church in Rupert, 802 E. St.; visitation from 6 to 7 p.m. today at Hansen Mortuary Rupert.

Chapel, 710 Sixth St.

Flint Wright of Paul, visitation from 6 to 8 p.m. Tuesday at Rasmussen Funeral Home, 1350 E. 16th St. in Burley; funeral will be in Hurricane, Utah.

Sherman Joseph Higley of Rupert, funeral at 2 p.m. Wednesday at Hansen Mortuary Rupert Chapel, 710 Sixth St.; visitation one hour before the service Wednesday at the mortuary.

Agatha "Aggie" Doty Cockrun of Buhl, funeral at 10 a.m. Thursday at Immaculate Conception Catholic Church in Buhl; rosary at 7 p.m. Wednesday at Farmer Funeral Chapel in Buhl.

Nona Henry of Vancouver, Wash., and formerly of Burley, graveside service at 1 p.m. Friday at Pleasant View Cemetery in Burley (Rasmussen Funeral Home in Burley).

Raymond H. Johnson of Wickenburg, Ariz., and formerly of Burley, celebration of life service at 11 a.m. March 10 at the First Presbyterian Church in Burley.

## Ferne Kalland Moss Atwood

JEROME — Ferne Kalland Moss Atwood, 89, passed away March 2, 2008, in Twin Falls. She was born Oct. 30, 1918, at Twin Falls, the daughter of Anton and Fern Van Ausden Kalland.

Ferne attended Jerome schools and married Steely L. Moss in 1935. They were later divorced.

Ferne worked many years in the quality control lab at Jerome Cooperative Creamery and the Livestock Commission Co.

Ferne married Eldred Atwood in 1957 in Elko, Nev. They owned and operated the Bank Club and the North Side Club for many years.

She is survived by her

daughter, Judy Torrel (Lonnie Martin); her son, DeWitt (Carolyn) Moss; four grandsons, Errow Torrel, Mylons (Venita) Torrel, Kevin D. (Dana) Moss and Gregory E. (Jody) Moss; seven great-grandchildren and one sister, Lays K. Wejda.

A celebration of Ferne's life will be conducted at 11 a.m. Wednesday, March 5, 2008, at Farnsworth Mortuary Chapel, 1343 S. Lincoln, Jerome, with the Rev. Ronald Matheny officiating. The family suggests in lieu of flowers that memorials be made in Ferne's name to the United Way, 421 Second Ave. W., Twin Falls, ID 83301, or to the charity of your choice.

## Lela VanOstrand

Lela VanOstrand, 84, of Twin Falls, died Friday, March 1, 2008, at Heritage Retirement Center of natural causes.

Lela was born on March 11, 1923, in Akron, Colo., to Fred and Barbara (Schneider) Ehrman.

After completing her education, Lela married Robert VanOstrand. "Bobby" was drafted into the U.S. Army, where he served his country while stationed in the U. S. and in Okinawa, Japan. After fulfilling his military obligation, Bob, Lela, and their young son, Robert, moved to Twin Falls. A few years later, their daughter, Sharon, was born. Bob spent many years providing for his family by working at a local construction company. Lela focused on caring for her

family as a wife, mother and homemaker. After a divorce in 1964, Lela entered the workforce by accepting a position with Osco Drug at Jerome for several years. In 1965, she retired from M.H. King Co., where she had worked for many years. Health issues in recent years forced Lela to move to Heritage Retirement Center.

Lela is survived by her brother, Bill (Elizabeth) Ehrman of Otis, Colo., one nephew, three nieces, and their families.

She is also survived by her son, Robert VanOstrand, of Twin Falls and her daughter, Sharon (Arlyn) Toberer, of Boise.

Lela was preceded in death by her granddaughter, Kerri Toberer, and will be laid to rest next to her in Terrace Lawn Memorial Gardens in Boise.

Arrangements and cremation are under the direction of Reynolds Funeral Chapel of Twin Falls.

## Lee E. Niemiste

Lee E. Niemiste, 68, of Buhl died Thursday, Feb. 28, 2008, at St. Raphael's Health and Rehabilitation Center in Eveleth.

She was born April 13, 1939, in Baudette, Minn., to Ralph and Ann (Williams) Bowman. She moved with her family to Eveleth in 1955, graduating from Eveleth High School in 1957.

She married Richard Niemiste of Eveleth in 1958 and lived and worked for many years in Montana, Idaho and St. Paul, Minn. She retired from the St. Paul Housing Authority in 1999. Her retirement years were spent in Eveleth and lastly in Buhl.

She is survived by two sons, Thomas (Tina) Niemiste and James Niemiste both of Hallel; two brothers, Les Bowman of International Falls, Minn., Gerald (Doris) Bowman of Littlefork, Minn.; four sisters, JoAnn (Stephen) Korpi of Gooding, died Saturday, March 1, 2008, at his home, (Donald) Sundstrom both of Virginia, Pamela Lindseth of Apple Valley, Minn.; a sister-in-law, Marilyn (Frank) Bowman of Tucson and numerous nephews and nieces.

She was preceded in death by her parents and brothers, Robert, Lyle Frank, Delbert and Ralph Jr.

Memorial services will be held at 11 a.m., Tuesday in Cron-Sheehy Funeral Home Chapel in Eveleth. The Rev. Joel Howe-Hegener will officiate. To sign the guest book online and to leave a memorial message, go to [www.cron-sheehy.com](http://www.cron-sheehy.com).

## DEATH NOTICES

### Dorothy Stanley

BURLEY — Dorothy Stanley, 84-year-old resident of Burley, died Sunday, March 2, 2008, at the Cassia Regional Medical Center.

Arrangements will be announced by the Rasmussen Funeral Home of Burley.

### Herbert W. Boettcher

BURLEY — Herbert W. Boettcher, a 77-year-old Burley resident, died Saturday, March 1, 2008, at Parker View Care and Rehabilitation in honoring his wishes, no services will be held. Cremation services are under the direction of Hansen-Payne Mortuary.

### Elizabeth Choate

GOODING — Elizabeth Choate, 84, of Payette and formerly of Gooding, died Saturday, March 1, 2008, at Sunbridge for Payette.

Arrangements will be announced by Demaray's Gooding Chapel.

### Joe Benavente

GOODING — Joe Benavente, 79, a resident of Gooding, died Saturday, March 1, 2008, at his home.

Arrangements will be announced by Demaray's Gooding Chapel.

### Wynn P. Tingey

PAUL — Wynn P. Tingey, a 91-year-old resident of Paul, died March 1, 2008, at his home.

Arrangements will be announced by Hansen Mortuary of Rupert.

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EDITORIAL

Opting for the carrot to keep kids off drugs

Just saying no hasn't always worked out so well when it comes to kids, drugs and alcohol, so how about trying the power of positive reinforcement?

That's the idea behind a seven-year, \$4 million pilot program proposed by state Rep. Sharon Block, R-Twin Falls, that would award scholarships to selected students who pledge to shun substance abuse, maintain a 2.5 grade-point average and submit to random drug tests in high school.

Block's bill passed the House last week and will be considered by the Senate Education Committee, which killed previous versions in 2004 and 2006.

But the current measure, a pilot program, could find more support in the Senate this time.

Here's how it would work: The State Board of Education would choose one large, one medium and one small school district, and students in those districts would sign abstinence agreements covering the 11th and 12th grades.

The participating districts would receive \$200 for each student who applies for the scholarship to cover administration costs.

Block and her 23 co-sponsors — five of them from south-central Idaho — estimate that 500 students each year would get the tuition breaks. The program would operate for seven years and could expand after 2017.

We agree with her that giving students incentives to follow the law is in line with the way society works, including giving insurance rate breaks for good drivers.

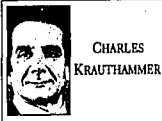
So why punish kids for doing the wrong thing if they can be rewarded for making good choices?

**Our view:** Twin Falls state Rep. Sharon Block is right: Incentives can be an effective tool for keeping kids clean and sober. What do you think? We welcome viewpoints from our readers on this and other issues.

Lobbying is everyone's right

WASHINGTON — Everyone knows the First Amendment protects freedom of religion, speech, press and assembly. How many remember that, in addition, the First Amendment protects a fifth freedom — to lobby?

Of course it doesn't use the word lobby. It calls it the right "to petition the Government for a redress of grievances." Lobbyists are people hired to do that for you, so that you can actually stay home with the kids and remain gainfully employed rather than spend your life in the corridors of Washington.



CHARLES KRAUTHAMMER

To hear the candidates in this presidential campaign, you'd think lobbying is just one notch below water-boarding, a black art practiced by the great manufacturers of wealth to keep the middle class in a vise and loose upon the nation every manner of scourge: oil dependency, greenhouse gases, unpayable mortgages and those tiny entrees you get at French restaurants.

Lobbying is constitutional, protected, but that doesn't mean we have to like it all. Let's agree to frown upon bad lobbying, such as getting a tax break for a particular industry. Let's agree to welcome good lobbying — the active redress of a legitimate grievance — such as protecting your home from being turned to dust to make way for some urban development project.

There is a defense of even bad lobbying. It goes like this: You wouldn't need to be seeking advantage if the federal government had not appropriated for itself in the 20th century all kinds of powers, regulations, intrusions and manipulations (often through the tax code) that had never been presumed in the 19th century and certainly never imagined by the Founders.



Ostentatious self-righteousness may be a sin, but it is not a scandal.

What appears to be rent-seeking thus redress of a larger grievance — insufferable government meddling in what had traditionally been considered an area of free enterprise.

Good lobbying, on the other hand, requires no such larger contextual explanation. It is a cherished First Amendment right — necessary like the others, to protect a free people against overbearing and potentially tyrannical government.

What would be an example of petitioning the government for a redress of a legitimate grievance? Let's say you're a media company wishing to acquire a television station in Pittsburgh. Regulatory structure, you require the approval of a government agency. In this case it's called the Federal Communications Commission.

Now, one of the roles of Congress is to make sure that said bureaucrats are interpreting and enforcing Congress' laws with fairness and dispatch. All members of Congress, no matter how populist, no matter how much they rail against special interests, zealously protect

their right of oversight. Therefore, one of the jobs of the chairman of the Senate Commerce Committee is to acquire the bureaucrats of the FCC are doing their job.

What would constitute not doing their job? A textbook example would be the FCC sitting two full years on a pending application to acquire a Pittsburgh TV station. There could hardly be a better case of a legitimate "petition for a redress" than that of the aforementioned private entity asking the chairman of the appropriate oversight committee to ask the early bureaucrats for a ruling. So the chairman does that, writing to the FCC demanding a ruling — any ruling — while explicitly stating that he is asking for no particular outcome.

This, of course, is precisely what John McCain did on behalf of Paxson Communications in writing two letters to the FCC in which he asked for a vote on the pending television station acquisition. These two hard pieces of evidence in a 3,000-word front-page New York Times article casting doubt on John McCain's ethics.

Which is why what was intended to be an expose turned into a farce, compounded by the fact that the other breathless revelation turned out to be three-removed rumors of an alleged affair nine years ago. It must be said of McCain that he has invited such astonishingly thin charges against him because he has made a career of ostentatiously questioning the motives and ethics of those who have resisted his campaign finance reform and other measures that he imagines will render Congress influence-free. Ostentatious self-righteousness may be a sin, but it is not a scandal.

It is not a crime or a form of corruption. The Times' story is a classic example of sloppy gotcha journalism. But it is also an example of how the demagoguery about lobbying has so penetrated the popular consciousness that the mere mention of it next to a prominent senator is thought to be enough to sustain an otherwise vaporous hit piece.

Free advice to the K-Street crowd: Consider a name change. Wynum, Dytum and Bindum: Redress Petitioners.

Syndicated columnist Charles Krauthammer can be reached at letters@charleskrauthammer.com.

Times-News

Brad Hurd . . . publisher Steve Crump . . . Opinion editor

The members of the editorial board and writers of editorials are Brad Hurd, James G. Wright, Steve Crump, Traci Bills and Bill Bitzenburg.

LETTERS TO THE EDITOR

American can't afford to lose war in Iraq

With the presidential elections up for grabs, the War in Iraq and terrorism seems to be the "it" item. According to opposing political opinions, it is all President Bush's fault. How nice to put 9-11 in such simple terms. I think it is a good thing that FBI didn't take the attack on Pearl Harbor as lightly as President Bush's critics seem to have taken the terrorists' attack on New York.

Didn't the attack on 9-11 kill more civilians than Pearl Harbor? Didn't Pearl Harbor start World War II for America? Maybe the president wouldn't should've had to get so upset when we learned the Nazis were trying to move into Mexico. Maybe the Nazis were just trying to be friendly and that shouldn't have plunged us into World War II. Thankful that was the last straw for President Wilson and we took up arms.

I think that President Bush reacted pretty much the way other famous presidents would have. Any good commander-in-chief knows that you can't turn your back on a threat like Iraq. Whether or not Saddam "insane" had the weapons he claimed he did, Iraq was clearly tied to terrorism. While I wait (not

too patiently) for the demise of Bin Laden, I try to understand first things first.

The war in Iraq got personal with me when the first drop of American blood hit the sand there. For me, there was no turning back from that point on. While no one likes to fight a war, somebody better know how, and I think our military is doing the job in Iraq.

I don't see that it is an option to be there. It's a necessary while politicians play their games, we can stick together as Americans. We can try to keep the war in Iraq from becoming a politician's war as did Korea and Vietnam.

The war in Iraq is not President Bush's war. It's a simple thing called self-defense. We cannot afford to lose this war, and there is no turning back.

DANNY L. CRAFTON Hansen

Financial bailout helps those who created it

Fear not, American! Those bankers whose push for deregulation resulted in their ability to feed their greed and create the huge subprime crisis have come up with a solution! You

Letters deadline

The deadline to submit letters to the Editor for the Twin Falls School District election is Wednesday at 5 p.m.

Homeowner Preservation Corporation they proposed recently to Congress designed to "buy up billions of dollars in mortgages (often through the tax code) that had never been presumed in the 19th century and certainly never imagined by the Founders.

These are the same people who spent more than \$100,000 lobbying Congress for the freedom to create this disaster. And now they want your help.

Of course, you don't get to say yes or no; the same guys who allowed this mess have that ability; the same ones who gave you the disastrous bankruptcy bill that will make you a servant for life to the corporate world and many of the same ones, who spent \$200 million on the savings and loan bailout? Come to think of it, wasn't there a Bush involved in that, too?

Mike Whitney writes, "The culture of corruption from seven years of Bush misrule has spread like kudzu to

every jag and eddy in Washington. If we were really a nation of laws rather than nincompoops, federal agents would be busy rounding up every investment banker and hedge fund sharpie on Wall Street so they could get to the bottom of the subprime bonndoggle. . . . And, don't kid yourself! Bush is proud of the damage he's done by taking the blame for the SEC. For him, it's like a good day at the races. He has no intention of reigning in the crooks or restoring the public's confidence."

SHARON METCALF Gooding

TFSD does good job with building upkeep

One area that the Twin Falls School District needs to be commended in is the upkeep of its buildings. As I watch the construction of the new school and look at how the older buildings have been maintained, I am confident that the district is doing a good job of wisely spending the taxpayer's money.

The plant facilities levy is big reason why our older buildings are in such good shape. Communities are often judged by their support of schools. Right now our schools are a source of

pride for our community. People and businesses looking at Twin Falls see good things happening here.

On March 11, please join me in voting to keep the plant facilities levy. It is important to remember that we have had this levy since 1958. It is not new and will simply reauthorize what we already have. Let's make sure that we keep our older schools safe and well maintained.

BRADY DICKINSON Twin Falls (Editor's note: Brady Dickinson is the vice principal at Robert Stuart Junior High School.)

Jerome County doesn't need highway to nowhere

I am writing in response to Gov. Oter's comments in the Feb. 23 Times-News. The governor was quoted as saying that the highway projects are "too expensive and the state will have to wait until times get better." Do I have a deal for Gov. Oter.

My husband and I have lived in Jerome County on the Bob Barron Highway for more than 30 years. Recently, the county highway department received a (multi-million) dollar federal grant that will change our ordinary county highway into a super highway from the Golf

Course Road to just past the 300 West Road corner. Yes, you're right, a three-mile superhighway to nowhere.

This "little" project will increase the width of the road up to 12 feet. We and most of our neighbors will lose our front yards, thus decreasing the overall value of our homes. We are at retirement age and this will essentially render our home unsealable. Who wants a home that has front door access to a superhighway?

Were we asked for our thoughts or feelings about this project? No! They simply didn't care. Their response was that if they don't use the funding, they will lose it.

I am pretty sure that my address is still America. Apparently when it comes to having an opinion about what to spend money on, we have no voice. This is our tax dollar working against us, not for us. Wouldn't that be taxation without representation?

So, Gov. Oter: If you are looking for some extra money, I know where you can find some. Money that I know can be much better used by our federal government or state or for that matter — Jerome County. This is our tax money. CAROL SCHLUND Jerome

Get in your two cents

ONLINE: At Magvolley.com, you can respond to any of the local opinions or stories in today's edition. First register online for free and then give us your two cents.

ON PAPER: The Times-News welcomes letters from readers on subjects of public interest. Because of space constraints, please limit letters to 700 words, include your signature, mailing address and phone number.

Letters who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls office, 20. Box 54, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to letters@magvolley.com.



# 5TH DISTRICT COURT NEWS

## TWIN FALLS COUNTY

### ARRAIGNMENTS (FEB. 26-29)

Randy S. Hill, 38, Twin Falls; failure to appear-possession of drug paraphernalia; pleaded innocent; public defender appointed; pretrial hearing set for March 18; released on own recognizance.

Brady T. Overacre, 19, Kimberly; possession of a controlled substance, possession of drug paraphernalia; pleaded innocent; public defender appointed; pretrial hearing set for March 18; released on own recognizance.

Jessé D. Hunt, 20, Hazelton; attempt to remove weapon from a law enforcement officer; no plea entered; public defender appointed; preliminary hearing set for March 7; \$5,000 bond; driving under the influence, failure to stop/leave the scene of a damage accident; pleaded innocent; public defender appointed; pretrial hearing set for March 18; \$500 bond.

Mark A. Everett, 47, Hansden; driving under the influence, driving under the influence-see offense, driving without privileges-second offense; pleaded innocent; public defender appointed; pretrial hearing set for March 18; \$5,000 bond.

Gregory W. Blinn, 45, Twin Falls; driving under the influence, driving under the influence-see offense, driving without privileges-second offense; pleaded innocent; public defender appointed; pretrial hearing set for March 18; \$5,000 bond.

Richard W. Skelton, 35, Twin Falls; robbery; no plea entered; public defender appointed; preliminary hearing set for March 7; \$2,500 bond.

Theresa R. Newberry, 50, Twin Falls; trafficking in methamphetamine/amphetamine by manufacturing; no plea entered; public defender appointed; preliminary hearing set for March 7; \$5,000 bond.

Gene V. Bliss, 45, Twin Falls; Twin Falls; trafficking in methamphetamine/amphetamine by manufacturing; no plea entered; public defender appointed; preliminary hearing set for March 7; \$5,000 bond.

hearing set for March 18; \$1,000 bond.

Terry D. Knudson, 27, Twin Falls; possession of a controlled substance; no plea entered; private counsel; preliminary hearing set for March 7; no bond information.

Derrel J. McMahon, 58; felony driving under the influence; no plea entered; public defender appointed; preliminary hearing set for March 7; no bond information.

Kimberly D. Taylor, 22; Filer; grand theft; no plea entered; public defender appointed; preliminary hearing set for March 7; \$10,000 bond.

Richard W. Skelton, 35, Twin Falls; robbery; no plea entered; public defender appointed; preliminary hearing set for March 7; \$2,500 bond.

Theresa R. Newberry, 50, Twin Falls; trafficking in methamphetamine/amphetamine by manufacturing; no plea entered; public defender appointed; preliminary hearing set for March 7; \$5,000 bond.

Gene V. Bliss, 45, Twin Falls; Twin Falls; trafficking in methamphetamine/amphetamine by manufacturing; no plea entered; public defender appointed; preliminary hearing set for March 7; \$5,000 bond.

set for March 7; \$5,000 bond.

Kelsie R. Matsen, 21, Twin Falls; possession of a controlled substance with intent to deliver; no plea entered; public defender appointed; preliminary hearing set for March 7; \$10,000 bond.

John J. Cantu Jr., 32, Twin Falls; felony; no plea entered; public defender appointed; preliminary hearing set for March 7; no bond information.

Marie E. Gehring, 34, Twin Falls; driving under the influence, driving without privileges; pleaded innocent; public defender appointed; preliminary hearing set for March 18; released on own recognizance.

Penny Bowen, 19, Twin Falls; two counts battery; pleaded innocent; public defender appointed; pretrial hearing set for March 18; released on own recognizance.

Joshua M. Heng, 26, Twin Falls; domestic battery; pleaded innocent; public defender appointed; pretrial hearing set for March 18; released on own recognizance.

Cassey R. Casper, 36, Twin Falls; carry a concealed weapon; pleaded innocent; public defender appointed; pretrial hearing set for March 18; released on own recognizance.

# IDAHO BRIEFS

## U.S. Border patrol recruiting in Idaho

**BOISE** — The U.S. Border Patrol is looking for recruits in Idaho and other states.

The agency this year hopes to hire 6,000 new law enforcement officers and 2,000 positions are still available.

So recruiters are heading into states like Idaho, Washington and Wyoming, looking for people willing to relocate.

Robert Cortez, a senior Border Patrol agent, says the agency has a plan to hire enough agents to seal the Southwest border and eventually the northern border.

Applicants must be U.S. citizens under 40 who know or are willing to learn the Spanish language.

They must pass a background check as well as fitness, drug and medical tests.

## Volunteers replanting areas burned in fires

**BOISE** — One by one, volunteers are reseeded areas of Idaho that have been blackened by wildfires in recent years.

Idaho Fish and Game volunteer coordinator Michael Young says that there is a big need for plants because of all the wildfires. The agency also has a big need for volunteers.

Ralph Schaeffer is a volunteer who with 20 others recently helped replant land near Lucky Peak's Spring Shores Marina that is still scorched from a 2005 wildfire.

Crews are restoring litter-brush and sagebrush seedlings.

Young says the plants will provide winter grazing for deer and elk and cover for animals.

The native plants also help stop erosion.

— The Associated Press

# Stall

**Continued from Page 44**

National Cancer Institute showed that four of the top five counties in the nation hit by radiation from weapons testing at the Nevada Test Site in the 1950s and 60s are located in Idaho, but downwinders in the Gem State still are not considered for fallout compensation.

The act now allows victims in 21 counties in southern Utah, eastern Nevada and northern Arizona who suffer from any of 19 different cancers to receive up to \$50,000.

The House oversight hearing on RECA and its amendments of July 2000 would explore the possibility of expanding the legislation to cover individuals exposed to radioactive fallout that are not currently covered.

"Congressman Simpson is still working on getting a hearing in the House," said Nikki Watts, Simpson's press secretary. "We were really hoping to have the hearing by now. Working within the parameters of Congress, we're doing the best we can."

Educating the Senate is needed as well, said Craop's press secretary Lindsay Napton. "Right now, it's more of an awareness issue. There just isn't enough public interest. Frankly, they've been too many issues ahead of the bill. On the national scene, there are less people affected."

"We do feel we've got a good piece of legislation," Northern said.

Blair Koch may be reached at 316-2807 or blairkoch@gmail.com.

# HONOR ROLLS

## Buhl Middle School releases honor roll

**BUHL** — Buhl Middle School honor roll for the second quarter:

Highest honors, 4.0

8th grade

Rebecca Frey, Ashley Lively, Maegan Palo, Kyle Van Patten

7th grade

Stevie Highbarger, Kikayla Lively, Kenneth Marshall, Kyra Perron, Carah Quigley, Ares Suter

6th grade

Kaitlynn Fleming, Emily Hamilton, Joel Hamilton, Bree Pettinger

Highest honors, 3.5 to 3.99

8th grade

Sandra Arroyo, Shylar Barger, Dustin Clements, Clara Cramer, Sierra Cooper, Megan Crone Isaac, Sarah Griggs, Kendal Hamilton, Britney Harvey, Logan Hutchison, Dylan Jacobson, Haley James, Evjen Jones, Jennifer Kersy, Cassiadee Kippes, Caria Lizarraga, Jose Lopez, Gustavo Magana, Juliana Matt, Daniel Nipper, Morgan Pearson, Zacarias Pehrson, Stephanie Romans

7th grade

Samoa Allen-Etelu, Sallie Anderson, Mauricio Ayala, Alexis Bybee, Jose Carrillo, Catrina Compton, Michael Esparzo, Casey Gabardi, Bethany Hedges, Tori Hutchison, Karlie James, Gabi Klimes, Dalton Kuey, Diana Lara, Antoinette Laudo, Kelsey Leonard, Kenzi Littlefair, Jasmine Lizarraga, Kyli Lovelless, Ruth Loza, Kazley Montgomery, Maria Montenegro, David Murgok, Andrew Olson, Taylor Oppedyk, Tyce Peason, Michael Peckham, Daniel Perivatt, Ashley Pierce, Devon Piravit, Traeger Ruether, Zachary Schultz, Garrett Shinzer, Jennifer Skinner, Miranda Slater, Isiahah Sonner, Skylar Strolberg, Maggie Trujillo, Max Welch, Kelsey Wray

6th grade

Brittney Barger, Sean Belveal, Jerry Chavez, Ian Conyn, Irene Crossland, Hivon Ford, Ismenia Gallegos, Kristin Graffae, Steven Hellickson, Hunter Howe, Kiyanna Jacobson, Adam McLean Benjamin Melers, Amy Morse, Sulema Ramirez, Cassidy Ryle, Cepheus Stroberg, Samantha Thomas, Angela Tonge

Honors, 3.0 to 3.49

8th grade

Jovan Archuleta, Gabriel Ayala, Ty Bailey, Amber Combe, Vanessa Cotes, Ghisea Cress, Kaitlin Damiano, Kristina Gillins, Brittany Griffith, Shelby Holladay, Jamie Hoak, Melina Hopkins, Kagen Jacobson, Gage Killeg, Derek Leavitt, Tyron Leonard, Janet Martinez, Sarah Michels, Zebadiah Peterson, Kaitlin Phillips, Shado Runyan, Myla Spencer, Braden Tadlock, Danielle Tucker, Jason Turner.

Calieb Vanhooser, Rodolfo Verdusco, Tiyana Weaver, Shaniece Woods

7th grade

Patrick Arroyo, Breonna Bailey, Cassandra Christopherson, Tyler Cole, Abraham Cortes, Juan Cortez, Jacob DeWitt, Zerek Farley, Kegan Felton, Braedon Gerdes, Andrew Jensen, Bryce Kone, Jose Mata, Stephen Mejia, Marissa Mitchell, Reva O'Rian, Paola Padilla, Juan Perez, Brandon Ruther, Edgar Velasquez

6th grade

Marisa Brydine, Samantha Buiban, Dylan Burnum, Corty Cochran, Connor Collins, Kellen Gillins, Kenny Gutierrez, Tanya Higley, Aaron Lively, Janet Murillo, Avaro Peralta, Erna Schaeffer, Cristen Thornton, Schneidera Verdusco

## Buhl High School releases honor roll

**BUHL** — Buhl High School announced its honor roll for the first semester.

Highest honors, 4.0

Seniors

Stephanie Ahim, Abby Castillo, Brad Twiss

Juniors

Kurran Kelly

Sophomores

Chelsea Alvey, Dusty Henson, Emily Hosman, Jim Martinez, Mercedes Matt, Mercedes Pearson, Kaila Ring, Brian Schofield, Liz Tanner

Freshmen

Morgan Devaney, Piper Jones, Emily Michael

Highest honors, 3.50 to 3.99

Seniors

Paige Drayton, Coni Flint, Carly Hampton, Justin Hunter, Brian Henson, Leslie Hunter, Colton Jones, Anil Kimball, Zach Montgomery, Jackie Moreno, Emily O'Connor, Patrick Osterkamp, Rafael Pereira da Silva, Whitney Phinney, Jessica Price, Sandra Sanchez, Ryon Siruock, Ashley Wilson

Juniors

Katie Busby, Briana Castillo, Kristie Clements, Alex Coggins Peckham, Kristina Geveler, Nick Hamilton, Desi Hepworth, Jenna Hutchison, Ashley Kersey, Jana Konizkilt, Tessa Mabey, Kristen March, Kristina Nye, Sam Smith, Krysha Tyree, Autumn Yurbo

Sophomores

Courtney Azevedo, Mollie Bourner, Liz Cooper, London Equiller, Olivia Font, Kelli Gumbrell, Lacy Hall, Jack Hamilton, Tashia Jacobson, Isaac McCree, Cary Giffen, Megan Smalley, Pisciella Sonner, Toni Wuensch

Freshmen

Whitney Ancho, Evelyn Carrillo, Emily Compton, Rena Davidson, Trevor Hitt,

Kathrine Hunter, Kirby Hutchison, Francisco Jimenez Ojeda, Kimberly Juber, Markus Lively, Blake Mabey, Mark Montgomery, Jacob Morse, Erin Quigley, Paige Ward, Tiffany Wuensch

## Honor roll, 3.0 to 3.49

Seniors

Alicia Ashlere, Felipe Arismendiz, Kimberly Cox, Dustin Davidson, Anabel Flores, Chelsie Forrest, Sandra Hernandez, Jordan Hicks, Zach Highbarger, Courtney Holladay, Rikki Johnston, Henry Kestie, Charles Lawrence, Tucker McCreery, Stetson Montgomery, Vincent Orr, Steven Potter, Mya Roberts, Raul Ruiz, Michael Tomkins

Juniors

Tucker Beglan, Robert Bottencourt, Amanda Bird, Diana Carrillo, Jessica Dokruff, Teah Drayton, Krista Fahrwald, Nicole Feay, Hannah Gallon, Stephen George, Ashley Hahn, Brandon Hite, Gabi Jacobson, Rhett Leavitt, Bruno Loza, Robert Lyday, Keala Mejia, Keara Montgomery, Tyri Montgomery, Dade Pettinger, Nathan Romans

Sophomores

Michann Adkins, Armando Arroyo, Tori Barger, Chady Carlton, Chandler Cochran, Jessica Garcia, Rene Gwin, Francisca Hernandez, Jake Juker, Julie Langenecker, Jacob Meiers, Juan Murillo, George Thornsborrow

Freshmen

Allen Compton, Julian Ahlbornwald, Jessie Flinn, Miguel Garcia, Caleb Gerdes, Heather Griggs, Matt Hamilton, Kylie Harvey, Teresita Hernandez-Sanchez, Connor Jones, Hunter Littlefair, Williro Loza, Maripol Loza, Brody McClain, Michael McDonald, Raelyn Mink, Makenzie Montgomery, Jacob Nolen, Genesis Orgeta, Kenadie Pock, Arly Pottinger, Amy Pierce, Emily Piller, Cristina Salinas, Jason Silva, Levi Smith, Talloch Trujillo, Gino Villareal, Andrew Wilson

Intestate Amusement Inc. March 2 to 6 2008

Optimum Theatre

Fofo's Gold n' Day 7:00-9:25

Jerome Cinema 4

Spielwerk Chronicle 4

Odyssey 8 Theatre

Charter School 2

No County Old Men n' Day 7:15-9:45

Wildfire Prevention n' Day 7:00-9:15

Emphases n' Day 11:30-1:30

There Will Be Blood n' Day 7:30-9:30

Team Cinema 12

National Treasure 2 n' Day 6:45-9:30

Rainy Day 7:30-9:45

The Bucket List n' Day 7:30-9:45

Jump n' Day 7:30-9:45

Alvin & The Chipmunks n' Day 7:00-9:00

27 Dresses n' Day 7:15-9:45

The Eye n' Day 7:15-9:45

June n' Day 7:30-9:45

Definitely Maybe n' Day 6:45-9:30

Princess n' Day 7:30-9:45

The Spiderwick Chronicles n' Day 7:00-9:15

Vantage Point n' Day 7:00-9:15

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Newspaper in Education nie

# Financial Lesson of the Week

Brought to You by **Edward Jones**

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## Smart Portfolio Moves for Your Retirement Years

For most of your working years, your investment strategies, by and large, will probably revolve around achieving sufficient growth to help you meet your long-term goals, such as college for your kids and a comfortable retirement. But once you are retired, you can't just sit back and put your investment portfolio on "autopilot."

What types of portfolio moves should you make as a retiree? Here are a few possibilities:

- **Generate Your Own Paycheck.** When you're retired, you can collect Social Security and receive distributions from your 401(k) and IRA. But you'll also probably need to generate some income from your investment portfolio. Consequently, you'll need to own the appropriate mix of investments, including stocks that have the potential to pay dividends, bonds and Certificates of Deposit (CDs).
- **Protect against inflation.** Even if you do need some of your investments to provide you with an income stream, you can't ignore the need for growth - because you'll have to contend with inflation. Consider this: Everything you buy today will cost about twice as much in 25 years, assuming a 3 percent annual inflation rate. In other words, if you need \$75,000 a year to retire comfortably now, you'll need about \$150,000 per year in 25 years to maintain your standard of living. And with advances in medical treatments leading to longer life spans, it's entirely possible that you could spend 25 years - or more - in retirement.

To fight inflation, then, you will need at least some exposure to stocks, which offer the potential to provide returns greater than the inflation rate. While it's true that by investing in stocks, you can lose some, or all, of your principal, you may be able to reduce your risk level by buying quality stocks and holding them for the long term. You can also help protect yourself against inflation through other investments. Your financial advisor can help you choose the investments that are appropriate for your needs.

- **Leave a legacy.** As you may know, the estate tax laws are in flux. In 2008, the estate tax exemption amount - the amount you can pass to your heirs, free of estate taxes - is \$2 million. This figure rises to \$3.5 million in 2009. Then, in 2010, the estate tax disappears - for one year only. And unless Congress changes the laws before then, in 2011 the exemption amount will revert to \$1 million, with a maximum estate tax rate of 55 percent.

How could you help your family cope with a potential estate tax burden? You could make some "tactical" moves, such as rolling over your 401(k) to an IRA, which, when passed on to your heirs, could be "stretched" for years to reduce the tax bite. You could also reduce the size of your taxable estate by making gifts to family members and charitable organizations. Before making either of these moves, though, consult with your tax and legal advisors.

Clearly, there are many portfolio considerations for retirees. So, when you're nearing retirement, start planning ahead. By making the right moves, you can make your "golden years" considerably brighter.

\*\*\*Edward Jones does not offer tax or legal advice. You should consult with a competent tax or legal adviser for your specific situation.

**nie** Newspaper in Education

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# Medvedev easily wins Russian presidential election

By Vladimir Isachenkov  
Associated Press writer

MOSCOW — Dmitry Medvedev, the man Vladimir Putin hand-picked to be his successor, scored a crushing victory in Russia's presidential election Sunday, a result that was long anticipated but that still raises questions about who will run this resurgent global power.

Medvedev had more than 70 percent of the vote with 57 percent of the precincts counted, according to the Central Election Commission. He is expected to rule in concert with his mentor, an arrangement that could see Putin calling the shots despite his constitutionally subordinate position as Russia's prime minister.

Medvedev, 42, the youngest Russian ruler since the 1917 Bolshevik Revolution, is expected to heed Putin's advice, continue his assertive course with the West, maintain state control over Russia's mineral riches and freeze out real oppo-



Vladimir Medvedev, the man Vladimir Putin hand-picked to be his successor, speaks to the media during his news conference in Moscow, early today. The partly visible sign in the background reads: 'Together we shall win!'

sition movements. "We will increase stability, improve the quality of life and move forward on the path we have chosen," Medvedev said Sunday, appearing alongside Putin at a celebration at the Red Square outside the Kremlin. "We will be able to preserve the course of President Putin."

Putin said Medvedev "has taken a firm lead" and congratulated his protégé. "Such a victory carries a lot

of obligations," Putin said. "This victory will serve as a guarantee that the course we have chosen, the successful course we have been following over the past eight years, will be continued."

Medvedev ran against three rivals apparently permitted on the ballot because of their loyalty to the Kremlin line. But the two candidates — Communist Party chief Gennady Zyuganov and ultranationalist Vladimir

Zhirinovskiy — still alleged violations after the voting ended.

Zyuganov, Medvedev's nearest challenger with 18 percent, said he would dispute the result. Zhirinovskiy threatened to do so as well before backing down.

Some voters complained of pressure to cast ballots for Medvedev, and critics called the election a cynical stage show to ensure unbroken rule by Putin and his allies.

Sunday's vote came after a tightly controlled campaign and months of political maneuvering by Putin, who appeared determined to keep a strong hand on Russia's reins while maintaining the basic trappings of electoral democracy and leaving the constitution intact.

Medvedev has said he would propose making Putin his prime minister, and Putin has said he would agree. But in Russia, the premier wields significantly less power than the president, and Putin may find his new chair narrow and confining.

# Voters wait for hours to vote, only to find their names missing from registration list

By Deborah Hastings  
Associated Press writer

Welcome to the first presidential election in which nearly every state must have a list of every registered voter. Here's the catch: if your name isn't on it, you may have trouble casting a ballot in this historic race for the White House.

The lists have already caused problems in New Mexico, Arizona and California, where people waited hours to choose a presidential nominee only to find they weren't listed as registered voters — or they weren't listed in the party of their choice.

On Tuesday, when folks line up in the crucial states of Ohio and Texas, election observers fret that similar snafus will confuse and delay primary voters counts that could help decide whether the Democratic nominee will be the first woman or the first black man to hold that title.

"It could be the sleeping giant in terms of voting problems," said Larry Norden, of the Brennan Center for Justice at New York University's law school, which monitors election issues. The problems stem from a federal law that was sup-



For more local and national election news, go to [Magicalvalley.com](http://Magicalvalley.com) and hit the Elections 2008 button.

posed to deter voter fraud. Under the Help America Vote Act, every state was required to have a computerized database listing all registered voters. The deadline was 2006, which several states missed. Some of them, including New York and New Jersey, were sued by the Justice Department for not having databases up and running.

This year marks the first time the lists are being used in presidential contests, and every state except North Dakota (which has no registration system) has some interim or permanent system in place. But there is great confusion about what to do if a voter's name is missing or shows up under the wrong party affiliation, election advocates say. In states such as New Mexico, where Super Tuesday caucuses were plagued by long lines and registration issues, it took nine days to tally votes.

# Car title lenders under the radar of predatory lending debate

By Dana Potter  
Associated Press writer

MONTVALE, Va. — The Dodge pickup has rust on the tailgate and a Harley-Davidson sticker on its back windshield. Besides, it sits a Honda Accord with a big, white butterfly on the windshield and American flag butterflies on each side of the trunk.

There's the minivan-sporting a tattoo parlor bumper sticker and a miniature San Francisco football jersey slung to a window of a red Cougar with a scuffed-up driver's side.

They all have one thing in common: Their owners didn't pay off a car title loan, and now they're getting ready for auction.

For years payday lenders have been the bad guy in the predatory lending debate while their close cousin, car title lenders, have cruised along unnoticed — and per-

haps more disturbing for some — unregulated in several states. Many efforts to regulate the industry have failed as the lenders pour hundreds of thousands of dollars into legislative campaigns.

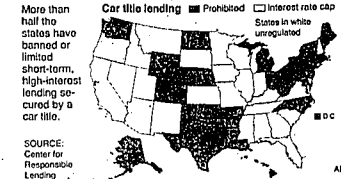
Advocates for the poor say they don't have the resources to fight both industries at the same time. Once the payday lenders are in check, they vow to go after car title lenders.

They claim title loans — short-term, high-interest loans secured by a car title — can be even more disastrous than payday loans.

"They can both trap borrowers in long-term debt, but with a payday loan the collateral is a personal check. With a car title loan, it's the family's probably most important asset," said Leslie Parrish, senior researcher for the Center for Responsible Lending.

Car title lenders operate in nearly half the states, about a dozen of which have specific laws regulating how much the

## States' driving out car title lenders



SOURCE: Center for Responsible Lending

lenders can charge, Parrish said.

Where there are no laws specific to the industry title lenders operate under regulations governing pawn shop brokers or other lenders, except in Virginia, where car title lenders have clung onto laws that regulate credit cards.

By structuring their loans as open-end credit, the lenders can charge triple-digit interest and whatever terms they wish

as long as they don't change anything for 25 days. In most states, the entire loan is due in one month, but can be rolled over and new fees charged.

This year, legislation was introduced in at least eight states, from Florida to South Dakota. Last year, 16 states took on car title lenders, and six of those — Iowa, Mississippi, Nevada, Montana, Oregon and Utah — passed some sort of regulations.

# Feds search Utah home in ricin case; ex-neighbor says hospitalized man 'loner'

SALT LAKE CITY (AP) — FBI agents on Sunday searched a Utah house and two storage units linked to a man whose hospitalization led to the discovery of deadly ricin in a motel room he had occupied on the Las Vegas Strip.

The search of the home and units at a self-storage facility outside Salt Lake City was expected to be a long, tedious process as agents operated carefully at sites where they could find the dangerous substance, FBI spokesman Juan Becerra said.

Results of the ongoing searches were announced at a press conference late Sunday morning, but FBI Special Agent Timothy Fuhrman said "There is no indication of any terrorist act or activity."

Roger Von Bergendorff, the focus of the investigation, had lived in the Riverton house for more than a year before moving to Las Vegas about a year ago, said Tammy Ewell, who lives across the street.

"He just barely got by in life. He'd just barely make it," Ewell said Saturday of the 57-year-old Von Bergendorff.

He lived there with his cousin Thomas Tholen and his wife, said Ewell, who described the couple as close friends.

Officials secured Tholen's home, but did not immediately search it because they were awaiting court approval for a warrant, FBI spokesman Juan Becerra said later Saturday.

In a brief telephone interview, Thomas Tholen told The Associated Press that Von Bergendorff was "holding his own" in the hospital.

Times-News

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## To: Cathy Carpenter

I have been wondering how I could get a message to you. I want to thank you for turning my purse into the Police Station. As you can imagine my frustration on getting home from the grocery store, and not having my purse. I was sure it was stolen when I took the cart back. I called the Police Station as soon as I realized I didn't have my purse. I spent an hour looking around the store and in the parking lot. I finally called the Police. You have put my faith back in the human race!!! I do hope you read the letters to the Editor and realize how much I would like to meet you and thank you personally.

Harriet Denton (Robert)

# Auction CALENDAR

Through March 20

<b>MONDAY, MAR. 3, 11:00AM</b> Burt Western Farm, Hollister Tractors • Backhoe • Loader Trucks • ATV • Farm Equip Times-News Ad: 2-1 US AUCTION <a href="http://www.us-auctioneers.com">www.us-auctioneers.com</a>	<b>WEDNESDAY, MAR. 12, 11:00AM</b> Howard Adams & Sons Farm Pickups • ATV • Farm Equip Trucks • Trailers • Shop Times-News Ad: 3-9 US AUCTION <a href="http://www.us-auctioneers.com">www.us-auctioneers.com</a>
<b>MONDAY, MAR. 3, 11:00AM</b> Martin DeKloz, Filer Tractors • Truck • Baler Combine • Farm Equip Times-News Ad: 3-1 MASTERS AUCTION <a href="http://www.mastersauction.com">www.mastersauction.com</a>	<b>FRIDAY, MAR. 14, 11:00AM</b> Kober, Jerome Tractors • Trucks • Trailers Beet Shares • Farm Equip Times-News Ad: 3-12 MASTERS AUCTION <a href="http://www.mastersauction.com">www.mastersauction.com</a>
<b>MONDAY, MAR. 3, 5:30PM</b> Antique & Collectible Nihil Antiques • Furniture • Coins Collectibles • Appliances Tools • Lumber • 734-4567 IDAHO AUCTION BARN <a href="http://www.auctionidaho.com">www.auctionidaho.com</a>	<b>SATURDAY, MAR. 15, 10:30AM</b> Kenneth & Yvonne Relnke, Buhl Farm Equip • Irrigation Eqp Livestock Eqp • Gas & Oil Times-News Ad: 3-13 MASTERS AUCTION <a href="http://www.mastersauction.com">www.mastersauction.com</a>
<b>TUESDAY, MAR. 4, 5:00PM</b> Household • Tools • Antiques Outrageous Oddities • Ironma KLAAS AUCTION BARN 208-324-5521	<b>MONDAY, MAR. 17, 11:00AM</b> Roger & Lorene Schroeder, Buhl Farm Equip • Pickup • Trucks Sheep Eqp • Straw • Fencing Times-News Ad: 3-15 MASTERS AUCTION <a href="http://www.mastersauction.com">www.mastersauction.com</a>
<b>WED-THUR, MAR 5-6, 10:00AM</b> Harman Land Ranch, Rupert Wed: Semis • Trucks • ATVs Thur: Tractors • Loaders • Farm Times-News Ad: 3-2 US AUCTION <a href="http://www.us-auctioneers.com">www.us-auctioneers.com</a>	<b>TUESDAY, MAR 18, 11:00AM</b> Elquist Ranches, Oakley Tractors • Construction • Trucks Trailers • Grain Equip • Planters Times-News Ad: 3-16 US AUCTION <a href="http://www.us-auctioneers.com">www.us-auctioneers.com</a>
<b>FRIDAY, MAR. 7, 11:00AM</b> Robert "Pete" Garrett Estate, Shoshone • Morrow • Auto Truck • Backhoe • Farm Equip Times-News Ad: 3-8 MASTERS AUCTION <a href="http://www.mastersauction.com">www.mastersauction.com</a>	<b>THURSDAY, MAR. 20, 10:00AM</b> West End Com. Auction, Buhl Call now to consign your items 731-1616 or 543-5227 Times-News Ad: 3-18 MASTERS AUCTION <a href="http://www.mastersauction.com">www.mastersauction.com</a>
<b>SATURDAY, MAR. 8, 10:00AM</b> Government, Industrial, Auto Pocastello • Lathes • Presses Complete Fabrication Shop Times-News Ad: 3 PRIME TIME AUCTION <a href="http://www.primetimeauctions.com">www.primetimeauctions.com</a>	<b>MONDAY, MAR. 10, 10:00AM</b> Suchan Farm Auction, Paul Farm Equip • ATV • Shop Construction Eqp • Collectibles Times-News Ad: 3-8 US AUCTION <a href="http://www.us-auctioneers.com">www.us-auctioneers.com</a>
<b>TUESDAY, MAR. 11, 11:00AM</b> Brent Dame Farms, Hansen Late Model Tractors & Equip TN Ad: 3-2, 3-9 5/8 Ad: 11/3/8 UNITED COUNTRY MUSSEY BROS <a href="http://www.u.mbauction.com">www.u.mbauction.com</a>	

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INSIDE: Will No.1 Tennessee be able to hold off Kentucky? B2



INSIDE: NBA, B2 | College roundup, B2 | Scoreboard, B3 | Weather & golf, B4

## Els gets first PGA Tour win since '04' at Honda Classic

By Tim Reynolds  
Associated Press writer

**PALM BEACH GARDENS, Fla.** — This time, Ernie Els could enjoy someone else's final-round misfortune.

Ending nearly a four-year drought between PGA Tour victories, Els shot a 3-under 67 Sunday to win The Honda Classic. He finished at 4 under, one shot better than Luke Donald (71) and two ahead of Nathan Green (67).

"It's been a long time coming," Els said.

Els and Mark Calcavecchia were tied for the lead as the sun began setting on PGA National. But Calcavecchia hit into a greenside

bunker at the par-3 15th, and his shot from the sand looked fine when it hit the green.

Somehow, it never stopped rolling. The ball came to rest on a rock ledge across the green. Calcavecchia walked over, tossed the ball into the water and made a double bogey to give Els the outright lead. Els made a cool par on the par-5 finishing hole, then waited to see if anyone would match his score.

No one did, although Donald had a chance on the last. His birdie chip from just off the green stopped a couple feet shy of the cup, sealing Els' win.

And with that, Els got the huge

shot of confidence that he's sought for so long, along with his first PGA Tour win since the 2004 American Express Championship in Ireland. Plus, he'll jump a spot to third in the world rankings, passing Steve Stricker.

"I really played pretty well today," Els said.

Calcavecchia (73) Robert Allenby (70) and Matt Jones (73) tied for fourth, three shots back. Brian Davis, who was at 10 under earlier in the week and led at the midway mark, shot his second straight 73 and finished in a five-way tie for seventh, four shots off the winning score.

Please see HONDA, Page B4



Ernie Els chips out of the sand trap on at the 17th green during the Honda Classic golf tournament in Palm Beach Gardens, Fla., Sunday. Els won the tournament six-under par.

## F.B.I. probed McGee's gambling

By Scott Bauer  
Associated Press writer

**MADISON, Wis.** — Hard-parring Green Bay Packers receiver Max McGee, who scored the first touchdown in Super Bowl history, had a gambling habit that the FBI tracked after his career ended, newly released records show.



Max McGee

Agents investigated McGee for about a year, from late 1972 through September 1973, before dropping the case for lack of evidence, according to records released to The Associated Press under the federal Freedom of Information Act.

Information in the late player's file appears to show the FBI thought he was a bookmaker but determined he wasn't, said I. Nelson Rose, a professor at Whittier Law School in Costa Mesa, Calif. Given that there are no federal laws against making a bet, the FBI wouldn't have had anything to charge McGee with, Rose said Friday.

"You know he was betting. Everybody knows that," Kramer said Friday from his home in Boise, Idaho. "I kind of thought it was more of a social thing than serious gambling."

The fun-loving McGee was beloved by Packers fans not only for his play, but also for his lifestyle and his years as an announcer for the Packer Radio Network. He died in October at age 75 when he fell while clearing leaves off the roof of his Minneapolis home.

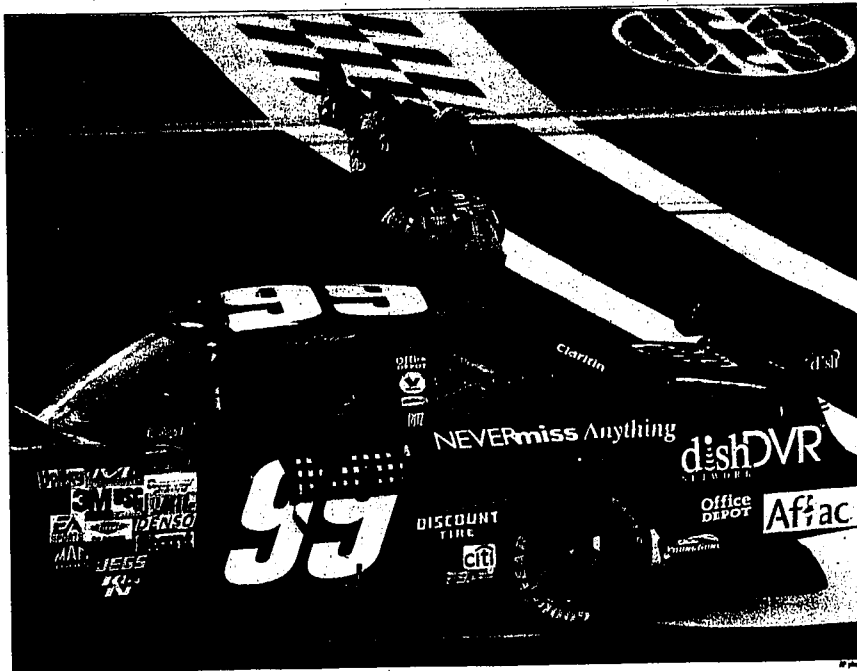
McGee often talked about his love of gambling on horses and playing poker. One of the songs played at his funeral was Kenny Rogers' "The Gambler."

McGee's widow, Denise McGee, said she had no idea about the FBI investigation but did not meet him until after the probe was closed.

"I was with him for 26 years, and he is the most

Please see MCGEE, Page B2

# TWO IN A ROW



Carl Edwards does a backflip off the back of his car after winning the NASCAR UAW-Dodge 400 in Las Vegas Sunday.

## Edwards wins caution-filled race at Las Vegas for second straight win

By Jenna Fryer  
Associated Press writer

**LAS VEGAS** — Carl Edwards raced to his second win in six days, holding off Dale Earnhardt Jr. on a pair of late restarts Sunday at Las Vegas Motor Speedway.

Edwards, who scored his first win

of the season in Monday's rain-postponed event in California, celebrated win No. 2 with his trademark backflip. The victory moved Edwards to the top of the Sprint Cup points standings for the first time in his career.

"We do this to win, and winning these races is the greatest," Edwards

said. "But what we're trying to do is win the championship this year. That's the goal."

It was the sixth victory for team owner Jack Roush in 11 races at Las Vegas, and it ended Jimmie Johnson's string of three straight wins in the desert.

Edwards caught a break to be in

position to win, escaping a penalty when one of his tires rolled onto pit road during a late service stop. NASCAR ruled that a television cameraman shooting from inside the pit box was in the way of crew members and it contributed to the fire breaking free.

Please see NASCAR, Page B2

## Iditarod mushers begin long trek to Nome

**WILLOW, Alaska (AP)** — The competitive portion of the 1,100-mile Iditarod Trail Sled Dog Race started Sunday with Cim Smyth of Big Lake leaving the restart first in Willow.

Jessie Royer of Fairbanks and Jim Lanier of Chugiak were the second and third mushers out of the chute. Defending champion Lance Mackey of Fairbanks was fifth.

Mackey — fresh off a close win in the 1,000-mile Yukon Quest International Sled Dog Race, considered by many to be an even tougher long-distance sled dog race — said he felt more prepared than ever for the 2008 Iditarod.

Last year, Mackey became the first musher to sweep the Quest and the Iditarod.

Mackey said last year he was a little nervous going into the Iditarod, but is not feeling any pressure in 2008.

"People might expect me to do well here. As far as that goes, there is nobody putting pressure on me except for me," he said.

Even so, he will be trying for another Iditarod win.

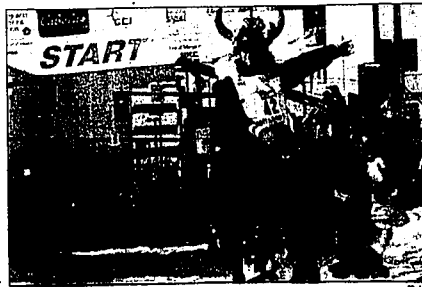
Mackey said he considers mushing his job and if he doesn't do it well, he will be forced to get a "real job" to support his wife and family.

Mackey said he'd rather keep mushing.

"I am pressuring myself basically to do well. If I don't win this race again, I won't be disappointed," he said. "I can't complain at all, not even a little bit."

Mushers are competing for a piece of an \$875,000 purse, to be paid out among the top 30 finishers to reach Nome.

There are 96 teams entered this year, a record field that includes six past champions.



Norwegian musher Kjell Backen drives his team down 4th Avenue in Anchorage, Alaska, Saturday, during the ceremonial start of the Iditarod Trail Sled Dog Race. A record field of 96 mushers are running the 1,100-mile sled dog race to Nome.

# Lofton's 14 points help No. 1 Vols top Kentucky

KNOXVILLE, Tenn. — Chris Lofton scored 14 points, including a jump shot with 1:15 left, and topped Tennessee. Beat Kentucky, 63-60 on Sunday to stay atop the Southeastern Conference.

Tennessee lost to No. 18 Vanderbilt on Tuesday, three days after beating then-No. 1 Memphis to take over the top spot in the poll for the first time in school history. The Vols squandered a big early lead in this one, then hung on to avoid consecutive losses for the first time this season.

Derrick Jasper hit a 3-pointer to cut the Vols' lead to 63-60, but Jasper and Joe Crawford both missed 3-point shots in the final seconds that would have sent it to overtime.

**NO. 4 UCLA 68, ARIZONA 66**  
TUCSON, Ariz. — Kevin Love had 24 points and 15 rebounds and led UCLA to a 68-66 win over Arizona, the Bruins' seventh straight victory over the Wildcats.

The Bruins led by six points with 30 seconds to go, but had to withstand a last-second shot by Jerry Bayless, which came up short.

**UCLA (26-3, 14-2, Pac-10),** remaining one game ahead of No. 8 Stanford in the Pac-10 race. The Bruins meet the Cardinal on Thursday night in Los Angeles.

**NO. 19 MICHIGAN STATE 103, NO. 12 INDIANA 74**  
EAST LANSING, Mich. — Raymar Moseley scored 18 points and 20 points early to help Michigan State build a big lead and beat Indiana, allowing

the Spartans to finish undefeated at home and hand Dan Dakich his first loss as interim coach.

Michigan State (23-6, 11-5 Big Ten) led 59-31 at halftime after making 78 percent of its shots, including nine 3-pointers.

Eric Gordon scored 22 and D.J. White had 14 points and 12 rebounds for the Hoosiers (24-5, 13-3) who had a chance to pull into a three-way tie with Big Ten leaders Wisconsin and Purdue.

**NO. 13 LOUISVILLE 68, VILLANOVA 54**  
LOUISVILLE, Ky. — Juan Palacios scored 13 points in his final game at Freedom Hall to lead Louisville to a win over Villanova, setting up a showdown with No. 11 Georgetown next weekend for the Big East title.

Jerry Smith added 10 points and 10 rebounds to lead a balanced offense by the Cardinals (24-8, 14-3 Big East), who won their ninth straight and remained tied with the Hoyas for first-place in the Big East. The two teams meet in Washington, D.C., on Saturday. Louisville beat the Hoyas 59-51 on Feb. 9.

Malcolm Grant led the Wildcats (17-11, 7-9 Big East) with 11 points, but Villanova shot just 40 percent from the field and turned the ball over 14 times in losing their second straight, damaging their hopes for an at-large bid to the NCAA tournament.

**NO. 17 NOTRE DAME 98, DEPAUL 91**  
ROSEMONT, Ill. — Luke Harangody scored 24 points, Rob Kurz added 21 and Notre Dame hung on to beat DePaul to clinch a



Tennessee's Chris Lofton, left, shoots over Kentucky's Derrick Jasper, right, during the first half of a college basketball game Sunday, in Knoxville, Tenn.

first-round bye in the Big East tournament.

The Fighting Irish (22-6, 12-4) shook off a 90-85 loss at Louisville on Thursday that all but dashed their Big East title hopes, building a 47-31 halftime lead and starting the

second with a 13-2 run. DePaul (10-18, 5-11) pulled within seven late in the game, and leading the way was freshman Dan Tucker, who scored a career-high 28 points.

—The Associated Press

# Larry leads Boise past Hawaii

HONOLULU (AP) — Reggie Larry had 23 points and 10 rebounds to lead Boise State to a 78-71 win over Hawaii Saturday night.

Tyler Tiedeman added 22 points for Boise State (22-7, 12-3 Western Athletic Conference) and Mark Sanchez had 14 for the WAC-leading Broncos.

Riley Luetgertrod led Hawaii (11-16, 7-7) with 20 points and Matt Gibson had 17. Bobby Nash added a double-double for the Rainbow Warriors with 10 points and 10 boards.

Boise State made 11 of its first 14 field goal attempts of the game to open up a 28-14 lead at the 9:58 mark in the first half. But the Broncos missed their next seven shots from the floor and Hawaii responded with a 12-1 run to close to within three, 29-26, with 4:34 to go in the first.

Boise State used a 22-4 run to open up its biggest lead of the half game, 50-40, with 11:28 to go. The Broncos made eight of 11 field goal attempts during the stretch, including 5-of-5 shooting by Tiedeman.

Hawaii responded with a 20-6 run of its own to pull within four, 64-60, with 6:22 remaining. But the Broncos went 10-for-14 from the line down the stretch to seal the victory.

# McGee

Continued from page B1

honest and loyal person I ever met," she said. "I'd be like, 'What the hell football games? Yeah, a lot of people do.'"

McGee played for the Packers from 1954 to 1967, helping them win five NFL championships, including the first two Super Bowls. He became part team lore when he admitted staying up all night to party with six stewardesses on L.A.'s Sunset Strip before the first Super Bowl, then hauling in a pass from Bart Starr for the first touchdown in the championship game's history.

"When it's third-and-10," McGee once said, "you can take the milk drinkers and I'll take the whiskey drinkers every time."

FBI files become public record once the subject has died, though portions of the files that concern people who are still alive can be kept secret. The heavily redacted files on McGee show the FBI conducted interviews, obtained his photo records, stuck out his Milwaukee restaurant and considered calling a grand jury before ending the investigation.

The first record in McGee's FBI file shows that McGee was being investigated along with at least one other person, whose name was redacted. The file notes that McGee was known to be in frequent company of people connected with a gambling scandal in the NFL in 1963.

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# Bryant hits 50-point mark for 22nd time

LOS ANGELES (AP) — Kobe Bryant scored 30 of his 52 points in the fourth quarter and Sunday to lead the Los Angeles Lakers to a 108-104 victory over the Dallas Mavericks.

Bryant hit the 50-point mark for the 22nd time in his career and first time this season. He went 15-of-27 from the floor and, constantly driving and drawing fouls, was 20-of-27 from the line.

Bryant also had 11 rebounds and four assists. Pau Gasol added 17 points and 14 rebounds for the Lakers, who are 12-2 since he played his first game on Feb. 5.

**ROCKETS 103, NUGGETS 89**

HOUSTON — Tracy McGrady scored 22 points, Shane Battier added 20 and Houston tied a franchise record with its 15th straight win.

The winning streak is the longest in the NBA this season and matches the longest one in franchise history, reached twice, with the last one coming in their championship season of 1993-94. It was Houston's third straight win since losing All-star center Yao Ming for the season with a stress fracture in his foot and its 19th win in the last 20 games.

Allen Iverson had a tough night, going 7-for-22 and finishing with 17 points after scoring 30 on Friday. Carmelo Anthony led the Nuggets with 19 points and Kenyon Martin had 12 points and 10 rebounds.

**CAVALIERS 95, BULLS 86**

CLEVELAND — LeBron James scored 37 points and led Cleveland to the stretch to lead Cleveland over Chicago.

Wally Szczerbiak added 17 points for Cleveland, which ended the game on a 12-3 run.

Cleveland, Chicago and Seattle were involved in an 11-player deal on Feb. 21. Larry Hughes, Drew Gooden, Cedric Simmons and Shannon Brown were sent to the Cavaliers to the Bulls, who deal center Ben Wallace and forward Joe Smith to Cleveland.

**SPURS 93, NETS 83**

EAST RUTHERFORD, N.J. — Tony Parker had 25 points, eight rebounds and seven assists, and San Antonio

won a season-high ninth straight game by beating New Jersey. Tim Duncan added 13 points and 14 rebounds, and Manu Ginobili had 17 points as the Spurs beat the Nets for the 10th straight time. New Jersey has not beaten San Antonio since November 2002.

**WIZARDS 101, HORNETS 84**

WASHINGTON — Antawn Jamison had 28 points and nine rebounds, and Washington beat New Orleans for its fourth win in five games and second over the Hornets in a week.

Leading 80-79 with 6:40 to play, the Wizards blew the game apart with a 19-0 run. Jamison started it with two free throws and a 3-pointer, then his block of Peja Stojakovic's layup led to a 3-pointer by DeShawn Stevenson that pushed the lead to six. The Hornets didn't score again until a 3-pointer by Rasual Butler in the final minute.

**BOBCATS 110, RAPTORS 98**

CHARLOTTE, N.C. — Jason Richardson scored 30 points and Charlotte took advantage of Chris Bosh's absence to beat Toronto.

With Bosh sidelined for perhaps a week with a sore right knee, the Raptors lost their second straight game and looked listless in the second half against one of the NBA's worst teams.

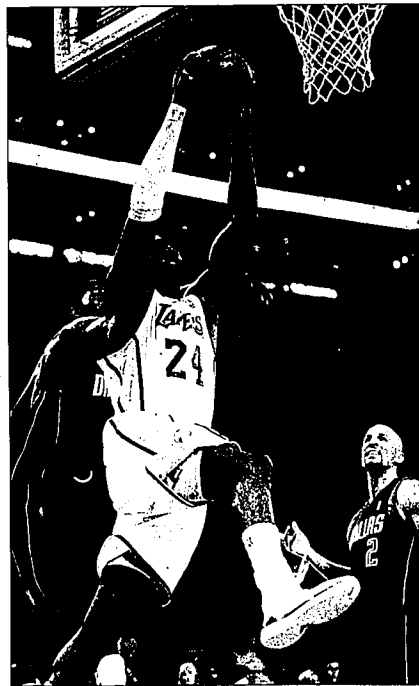
Richardson, taking over the brunt of the scoring with Gerald Wallace out indefinitely following a severe concussion, hit 10 of 24 shots and all seven free throws.

Rookie Jared Dudley added a career-high 17 points and 10 rebounds for Charlotte, which snapped a five-game losing streak in its second win in 14 games.

**CELTICS 98, HAWKS 88**

BOSTON — Paul Pierce scored 30 points, 17 in the pivotal third quarter, and Kevin Garnett had 20 points and 16 rebounds to lead Boston to its fifth consecutive win.

Ray Allen scored 17, and Kendrick Perkins had 11 points and a season-high 12 rebounds to go with a career-high six assists. Point guard Rajon Rondo had six points and eight assists one day before the Celtics are expected to bring in backup Sam Cassell, who was



Los Angeles Lakers guard Kobe Bryant (24) goes up for a shot as Dallas Mavericks forward Josh Howard, left, guards and Mavericks' Jason Kidd looks on during the first half of their NBA basketball game, Sunday, in Los Angeles.

waived last week by the Los Angeles Clippers.

**PACERS 128, BUCKS 106**

INDIANAPOLIS — Mike Dunleavy tied his career high of 36 points for the second straight game, and Indiana beat Milwaukee for its second straight win.

Danny Granger had 27 points and nine rebounds. He returned to the starting lineup after being suspended a game for striking Chicago's

Andres Nocioni in the face on Wednesday.

**SUPERSONICS 111, TIMBERWOLVES 108**

MINNEAPOLIS — Kevin Durant scored 25 points, 15 rebounds, and Seattle snapped its four-game losing streak.

—The Associated Press

# NASCAR

Continued from page B1

"When you think you didn't actually break a rule, you have to keep a level head," said Earnhardt, who immediately climbed off the pit box to make a case against being penalized.

"I wanted to go ballistic and yell and scream and kick and punch and do whatever I had to do to get my way. But I kept a level head and NASCAR reviewed it."

In not penalizing the team, Edwards remained in contention to lead for the win.

But two late restarts gave the No. 14 the chance to run down his No. 99 Ford.

Kurt Busch's wreck with 11 laps to go brought out the caution, and Edwards was in front of Earnhardt on the restart with five to go.

But Earnhardt appeared to spin his car to avoid running into him.

"I've been out of the game so long," joked Earnhardt, who hasn't consistently run up front for several years. "I ain't had a whole lot of practice out there. I looked like a tool out there."

Once past Earnhardt, Gordon and Kenseth raced side-by-side and Edwards pulled away.

Then Gordon drifted into the side of Kenseth's car, starting a spin that led to Gordon slamming into the

inside wall.

His Chevrolet broke into tons of part and pieces, and NASCAR had to red-flag the race to clean the debris.

"It's uncharacteristic of Jeff to overdrive or make a mistake like that," said Greg Biffle, who had to avoid the wreckage.

"That accident set up a two-lap sprint to the finish, but the wait time could've been a lot longer if he was unable to mount a charge on Edwards on the restart."



**WINDY FAIR TO CLEAR A-F-I**

Today: Partly cloudy. Highs in the lower 50s.  
Tonight: Partly to mostly cloudy. Lows upper 20s.  
Tomorrow: Mostly cloudy with a slight chance of showers. Highs lower 40s.

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**TRIPLY HUMIDITY TO BE A-F-I**

Today: Partly cloudy. Highs in the lower 40s.  
Tonight: Becoming mostly cloudy. Lows upper 20s.  
Tomorrow: Mostly cloudy with a slight chance of showers. Highs lower 40s.

**WINDY FAIR TO CLEAR A-F-I**

Today	Tonight	Tuesday	Wednesday	Thursday	Friday
Partly cloudy	Partly to mostly cloudy	Slight chance of showers	Mostly sunny	Mostly sunny	Scattered clouds
High 47	Low 28	46 / 27	44 / 27	53 / 30	61 / 31

**SUN VALLEY SURROUNDING MTS.**  
Today: Partly to mostly cloudy through Tuesday. There will be a chance for a few scattered snow showers with mainly light accumulations.

**BOISE**  
Partly to mostly cloudy through Tuesday. Shower activity on Tuesday looks to stay mainly north of the region.

Today High: 41 to 48. Tonight's Low: 8 to 18.

---

**NORTHERN UTAH**  
Variable clouds through Tuesday. There is a slight chance of rain or snow showers on Tuesday.

Today High: 45 to 55 / 28 to 34.

**Temperature**  
Yesterday's High: 47. Normal High: 48. Record High: 85 in 1986.  
Yesterday's Low: 28. Normal Low: 29. Record Low: -10 in 1979.

**Precipitation**  
Yesterday: 0.02". Normal: 0.02".

**Humidity**  
Yesterday: 65%. Normal: 65%.

**Barometric Pressure**  
Yesterday: 30.02". Normal: 30.02".

**Sunrise and Sunset**  
Sunrise: 7:02 AM. Sunset: 5:21 PM.

**Moon Phases**  
Mar 7: New Moon. Mar 14: First Cr. Mar 21: Full Moon. Mar 29: Last Cr.

**Moonrise and Moonset**  
Today: Moonrise: 8:41 AM. Moonset: 5:20 PM.

**NATIONAL FORECAST**  
City Today Tomorrow City Today Tomorrow

Albuquerque	42-52	48-58	Albuquerque	42-52	48-58
Aspen	28-38	32-42	Aspen	28-38	32-42
Boulder	42-52	48-58	Boulder	42-52	48-58
Chicago	32-42	38-48	Chicago	32-42	38-48
Denver	42-52	48-58	Denver	42-52	48-58
Houston	62-72	68-78	Houston	62-72	68-78
Los Angeles	62-72	68-78	Los Angeles	62-72	68-78
London	42-52	48-58	London	42-52	48-58
Madrid	42-52	48-58	Madrid	42-52	48-58
Manila	72-82	78-88	Manila	72-82	78-88
Memphis	52-62	58-68	Memphis	52-62	58-68
Miami	72-82	78-88	Miami	72-82	78-88
Minneapolis	32-42	38-48	Minneapolis	32-42	38-48
Moscow	42-52	48-58	Moscow	42-52	48-58
Mountain View	42-52	48-58	Mountain View	42-52	48-58
New York	42-52	48-58	New York	42-52	48-58
Phoenix	62-72	68-78	Phoenix	62-72	68-78
Portland	42-52	48-58	Portland	42-52	48-58
San Francisco	52-62	58-68	San Francisco	52-62	58-68
Seattle	42-52	48-58	Seattle	42-52	48-58
St. Louis	42-52	48-58	St. Louis	42-52	48-58
Tampa	72-82	78-88	Tampa	72-82	78-88
Washington	42-52	48-58	Washington	42-52	48-58

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**KANSAS CITY FORECAST**

City	Today	Tomorrow
City	42-52	48-58
Lawrence	42-52	48-58
Overland Park	42-52	48-58
Shawnee	42-52	48-58
Wichita	42-52	48-58

**U.V. INDEX**  
Low to Moderate

**DEWEY POINT MAP**  
-20 +10 0 10 20 30 40 50 60 70 80 90 100

# Lorena Ochoa wins HSBC Women's Champions

SINGAPORE — Lorena Ochoa completed a runaway victory in her first tournament of the year, closing with a 4-and-6 to leave Annika Sorenstam 11 strokes behind Sunday in the rain-slowed HSBC Women's Champions.

Competing for the first time since winning the ADT Championship in November for her eighth 2007 victory, Ochoa finished at 20-under 268 on Tannah Merab's Garden Course. The top-ranked Mexican star earned \$300,000 for her 18th career LPGA Tour victory.

"I took my game to a new level, so I'm going to keep trying to repeat myself," Ochoa said. "There are a lot of birdies out there, and hopefully I'll have great rounds this year."

Ochoa entered the final round with an eight-shot lead, and steadily built on it through three rain delays. She passed the down time by chatting with her brother.

"It was more mentally a tough day than physically. You need to be patient and not worry too much, and hit the ball with precision," she said.

Sorenstam won the B-flight, shooting a 71 for her third straight top-four finish. Stowed by neck and back injuries last year, she won the season-opening SBS Open in Hawaii for her 70th LPGA Tour title and first since September 2006, then finished fourth last week in the Fields Open.

"I'm glad it's over now, just because I'm worn out. It's been tough," Sorenstam said. "I've played really well, just haven't performed well on the greens."

Paula Creamer, the Fields Open winner, shot a 73 to finish third at 7 under. Laura Diaz (71) was another stroke back in the first-year tournament, and Karrie Webb (74) and Stacy Prammanasudh (71) followed at 5 under.

"It was an up-and-down day with the on-and-off-again rain, but I never really lost any momentum," Creamer said. "But it's the same for everybody out there and you just kind of have to grind through it."



World No. 1 Lorena Ochoa of Mexico tees off on the first hole during the final round of the inaugural US\$2 million HSBC Women's Champions tournament on Sunday March 2, 2008 in Singapore.

return to golf after temporary retirement paid off again on, winning the Johnnie Walker Classic for his second victory in as many weeks.

Brown fired a 5-under 67 in the final round to finish at 18-under 270, three strokes clear of the field.

The 33-year-old, whose only previous title came in the Asia Tour's SAIL Open last week, made four straight birdies — from the 12th to 15th holes — to surge past Japan's Taichiro Kiyota.

Overnight leader Kiyota, looking for his first title, carded two bogies over the last eight holes to slide into a three-way tie for second at 15-under 273, along with Australians Greg Chalmers and Scott Strang.

Brown returned to professional golf in 2006 following a three-year break. Disenchanted at his performance in his previous stint, Brown quit golf and took up an office job, but eventually returned to the game.

"This is incredible. It's amazing to have my name there on the Johnnie Walker Classic," he said. "I've worked extremely hard for this. It's a dream come true."

"I wasn't good enough physically and mentally to be the first time round, but eventually returned during the past year and a half."

Brown described his two victories on two different courses on the outskirts of New Delhi as "a blur."

"After last week, I thought I would have a shot at the title if I played solid again," Brown said. "I don't think I hit a fairway or green getting to the 10th. Then I said to myself, 'Let's have a solid nine holes,' and the birdies started falling. The rest is a dream."

"As the score shows, the front nine were great but I started to think about victory on the back nine and lost my pace," he said. "On the 12th hole, I began thinking that I could win and made a bogey. That just knocked me off my pace, but Mark played great golf over the back nine."

—The Associated Press

# Darcis wins 2nd career ATP title

MEMPHIS, Tenn. — Steve Darcis sank his to knees, pumped his left fist and let-out a yell. What better way for the Belgian to express his disbelief and joy at winning his second ATP title in two finals.

He beat Robin Soderling of Sweden 6-3, 7-6 (5) on Sunday in the Regions Morgan Keegan Championships and was left almost speechless.

"At the moment, I don't know. I think I don't realize what I did today, so maybe if you ask me the same question tomorrow I could answer better," Darcis said when asked how this victory compared to winning in the Netherlands last year as a qualifier.

"It's just amazing the way I feel right now. It's really tough for me to explain."

Not bad for a guy whose goal for this year had been to crack the world's top 50 rankings. Mission already accomplished with the victory moving him from 81st to a career-best No. 45 with most of the 2008 schedule still to play.

Soderling, seeded eighth and playing in his second straight ATP title, was going for his third career title. He used to play today's event. Andy Roddick to reach the semifinals and fell instead to 2-5 for his career in finals — all indoors. Soderling credited Darcis, in his first-ever match, with serving better than he expected.

"It was tough, just a bit of a shame that I played my worst match in the final two weeks in a row," said Soderling, who lost at Rotterdam last week.

"I think I played some good tennis this week. I didn't play had today either. I played a lot better in my other matches. Maybe he made me play bad as well... He played really well."

Darcis survived 17 unforced errors and became the first player to break Soderling's serve this week.

The Belgian earned \$163,750, the biggest check of his career.

# Honda

Continued from page B1

Els hadn't won any of his last 47 appearances on the PGA Tour and wasted a four-shot, final-round lead in a European tour event in Dubai earlier this year, when Tiger Woods roared past him for a victory. Els made a colossal mistake on the 18th hole that day, splashing his approach into the water after trying to pull off a spectacular finish.

But this time, a smooth, steady finish got it done.

"On a golf course this tough, anything can happen," Els said.

There were 14 changes atop the leaderboard Sunday, and the winning score couldn't have been much of a surprise: Mark Wilson was a four-man playoff at PGA National

last year after finishing four rounds at 5 under, and this year's Honda provided a similar cluster.

Donald got within one with a birdie at the par-4 16th, then took aim at the par-3 17th flagstick, getting the ball to stop in the fringe after a daring shot over water. But the birdie try missed, and he wound up one shot short of winning his second Honda in three years.

He was the last contender standing.

Calavecchia never seemed to recover from the disaster at 15, and Jones hit his tee ball into the water at the par-3 17th, to essentially end whoever challenged the rookie had of snaring his first tour win.

When the final round began, 25 players were within five shots of the

lead, which Donald, Jones and Calavecchia all shared after three rounds. But no one made a Sunday charge for that massive pace, except for Els, who only started the day three back.

Calavecchia and Jones both reached 8 under early in their rounds, and Els started quickly with four birdies in his first seven holes. Then, by making nine straight pars, Els not only did enough to catch the leaders, he actually got into the outright lead.

Els was the only player to have a bogey-free round, until he got to the 17th, the end of the famed "Bear Trap" at PGA National. He knocked his tee shot into a bunker, and his shot from there ran nearly 10 feet past the cup. The par putt missed,

moving Calavecchia and Jones both back into a share of the lead at 6 under.

The difference was, they couldn't stay there, and Els did.

Jones was tied for the lead entering the final round once last year on the Nationwide Tour. But the South Georgia Classic, this is not.

Still, the Australian rookie embarrassed himself and further enhanced his status as one of the biggest surprises so far this season. His finish at PGA National was the fifth top-30 in six starts, and the \$227,333 check from the Honda vaulted him to 36th on the money list.

"I can take from the week that I can compete with guys out here, which is good," Jones said.

of Champions.

"It means a lot," Ochoa said. "To me it's a great motivation, you know? It makes me want to play better, to win more."

**JOHNNIE WALKER CLASSIC**  
GURGAON, India  
New Zealander Mark Brown's decision to





# su do | ku


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1	5	3		2					
			4	8	5	3			
8	4	1					6		
8		2		4	1			5	
5			3			2			
2	4	6		5		8			
7	4	9	7	2					
	8			1	7	9			

V. EASY #22

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for today's puzzle on page C-8.

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- Stocking shelves
- Building displays
- Customer service
- Frequent lifting
- 4-10 hour shifts

**Twin Falls Warehouse**  
 Warehouse duties include:

- Loading Trucks
- Ability to operate a forklift, training provided
- Afternoons and evenings
- Frequent lifting
- Monday-Friday
- Full-time

Swire Coca-Cola offers:

- Full benefits package
- Tuition reimbursement
- Paid vacation
- Opportunities for advancement

In order to apply you must have:

- Proof of auto insurance and current 3 year driving record for Merchandising position.

Apply in person:  
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 EOE/AA

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- Frequent lifting
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**Twin Falls Warehouse**  
 Warehouse duties include:

- Loading Trucks
- Ability to operate a forklift, training provided
- Afternoons and evenings
- Frequent lifting
- Monday-Friday
- Full-time

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- Full benefits package
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Apply in person:  
 Swire Coca-Cola, USA  
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Canyonside Realty

**FILED**  
Just listed! 3 bdrm, 2 bath home on 2 acres. Call of Curry Crossing, BH handled shop, pasture, water shares. \$269,900. BHUL

Gated community, 5 bed, 4 bath, 2 bdrm, 5,332 sq. ft. of luxurious living. Living, 4 fireplaces for cozy evening's, large windows for natural light. Close to golf course and river. \$500,000. Mark 308-3030

**502 Homes For Sale**

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**KIMBERLY** 4 bed room, 3 bath, 2.9 acres with water. \$275,000. Call 208-423-4263

**SHOSHONE** \$15,000 Reduction! \$269,500. Must see now. Gorgeous 3376 sq. ft. home, 5 bedrooms, 3 bath. Full basement, oak cabinets, tile, large bedrooms, huge yard, covered patio. Inspections welcome. Agency calling. Call 308-2124

**TWIN FALLS 1 year.** For sale by owner. A MUST SEE! Great floor plan! Northeast Area. 1900 sq ft. 2 bdr, 2 bath. Bidor, office off entry. Living room, dining room, all appls kitchen, 3 car garage, workshop built in. Must see! \$309,000. For appointment call 208-735-1022 11am-7pm

**TWIN FALLS** By Owner, 4 bdrm, 2 bath, 1400 sq ft. immaculate condition, vinyl fencing, auto sprinklers, 2 car fireproof garage. \$155,000. 731-6874 or 329-0618

**GENERAL**

The City of Twin Falls is accepting applications for a **WATER DEPARTMENT OPERATOR**. Hourly wage range is \$12.45-\$18.01 DOE plus a comprehensive benefit package. Under supervision performs heavy physical labor and, as needed, operates various vehicles and equipment involved in the installation, maintenance and repair of city water lines. High school diploma or GED required. Must have, or be able to obtain, a Class A C.D.L., with tanker endorsement within 30 days of employment; a fork-lift certificate; live within 15 miles of the City limits; and have or be able to obtain a Class I water license.

A City employment application and job description is available at [www.tfd.org](http://www.tfd.org).

For additional information contact the Human Resource Office located in City Hall, 321 2nd Avenue East or phone (208) 735-7268. Closing date is 02/14/08.

The City of Twin Falls is an Equal Opportunity Employer. Drug Free Workplace.

**211 Medical**

**MEDICAL**  
Established Medical Weight Loss Clinic is looking for a PT Medical Assistant with phlebotomy exp. Call Tammy 420-9310 or fax to 733-1731

Abbreviations can lead to confusion. Make sure readers will understand your ad completely. Spell it out. Classifieds 733-0931

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6am-10pm or 10am-6pm  
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**SALES**  
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**FINANCIAL**

301 Business Opportunities  
302 Money to Loan  
304 Investments  
305 Contacts & Mortgages  
306 Financial Services

**502 Homes For Sale**

**BHUL** 3 bdrm., 2 bath on 1 acre, everything remodeled or new, heat pump sprinklers, approx. 1300 sq. ft. Nice place for a few animals and shop. \$278 N 1500 E \$139,500. Call 208-543-8900 or 350-9550.

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**502 Homes For Sale**

**FILED**  
Wife owned spring! Move in and plant your flowers! This one boasts spruce, oak and dock. The cozy interior boasts 2 bedrooms, cook central AC, a new pump, entry, oak trim, and hardwood kitchen floors. \$99,000. Call Corinne 208-5362.

**BARKER**  
REALTORS Call 543-4371

**JEROME** 520 East C. Remodeled 3 bdrm., 2 bath, 2 fireplaces, garage, bonus kitchen, finished yard, RV parking, vinyl siding, metal roof, central air, nice north porch. \$118,500. 208-848-9034

**BHUL** 4 bdrm 13' x 13' 2161 sq ft. bath vinyl, carpet, bath, part & trim, doors & windows, \$128,000. Call 208-543-8900 or 350-9550.

**BHUL** 3 bedroom 2 bath with a walk out porch detached 1 car garage \$99,900

**FORSALE BY OWNER**  
731-2964 or 412-8249

**BHUL**  
By Owner: This 3 bdrm, 1.5 bath, 824 sq ft. new paint inside & out, new carpet and vinyl siding, central heat, air, sprinkler system. \$79,900 733-8676 / 639-4449

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TUTOR Needed in Biology/Geology. 4-6 hrs/wk-\$9 hr. 424-6954 and mention ad.

**BARKER**  
CUTE  
2 bdrm with a large front room, 4-acre lot and a SHOP Perfect for the first time homebuyer. \$79,000. Call RUPERT

**BARKER**  
REALTORS Call 543-4371

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Parade of Home Winner, 3 bedroom, 2 bath, approximately 1,650 sq. ft., desirable location, large landscaped backyard. 2799 Redwood Court, \$210,000. Call 208-734-0016

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**BEDROOM SET 5 pc.**  
solid wood, new covers. \$1499. Call 208-420-6350

**MATTRESS SET \$119**  
10' x 10' orthopedic, new in plastic. Call 208-420-6350

**MATTRESS SET**  
Memory Foam, new cover. \$1499. Call 208-420-6350

**GLEIGH BED**  
solid wood, brand new, still in box. List \$699, sell \$200. Call 208-420-6350

**TWIN LOFT BED**  
metal, with desk underneath. 4156. Call 208-420-6350

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Subcompact automatic 14.5hp, 39" blade. '98 Craftsman L17000, 60" deck. Call 208-731-9556

**LIFT RECLINER**  
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21, for 3 events Feb. 28 - Mar. 2. Seats of Emhardt. Call 208-731-9556

**RESTAURANT**  
3-1/2 person booths. M-Axon with oak trim. NICE Call 539-5227

**TV Mitsubishi 55" HD**  
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**TV Mitsubishi 55" HD** 1080p, 8555. Maytag washer/dryer. \$1900. Call 208-731-9556

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**AIR COMPRESSOR** 125 cu. ft. max. mount, gas, clean, works well. \$2100. Call 208-293-5587

**BOB CAT 450E**, skid steer, 26 inch bucket, new factory Kubota engine, very good condition. \$6,500. Call 208-293-5587

**CHIPPER** Woodchuck, 18" dia. 18" girth, cylinder, diesel, clean, work ready. \$4900. Call 208-293-5587

**LATHE** Southbend, 14x40, mixing and lathe. Very good condition. Lots of tooling, exc. cond. \$2,995. Lincoln welder. 255 amp, with multiple outlets of gas and spool of wire, excellent condition. \$1,200. 734-4292.

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Wanted all types of related items. No price limit. Cash paid. Call 208-731-8296

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Antiques and pottery, paintings, horse tack, old furniture and estates. Call 208-324-4721 or 208-639-4721.

**WANTED**

Baroque Banquet tables, round and rectangular, with chairs. 208-423-8191

**WANTED**

BARN WOOD Call 208-315-3921

**WANTED**

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**WANTED METAL, DETECTED**

any amount of scrap metal, old computers, old video games, old jewelry, toys, and quilts. Call 208-324-4721 or 208-639-4721

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**821 Sporting Equipment**

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at the Twin Falls Fairgrounds. Feb. 28 (9-5) March 9 (10-4) 5:00 - 9:00 pm. (2 & under free) Vendors and visitors, antiques, remodeling, books, toys, candles, handmade toys, magnets, jewelry, etc. Local Girls Scouts selling cookies. [www.IndoorFleaMarket.com](http://www.IndoorFleaMarket.com) Call 208-312-4900

**TWIN FALLS SUN & Mon 9-5pm**

9am P. Sun, hardware, yard & garden, clothing, housewares, art & crafts, collectibles, holidays, guns, lots of items, baked goods. 1438 Julia Lane. We're here to help! Call 733-0931 or 733-0932. Open in Classics today.

**823 Motorcycles**

YAMAHA 107 125 cc. 61 miles on it. \$3,500. Call 208-423-4142

**903 Boats And Accessories**

**BOAT 17' 50 hp motor**, with trolling, live wells, 300. Call 423-4142.

**FISHING BOAT, 14' ft. aluminum** with trailer, came paint, has motor, tank and gas tank and of trolling motor, some accessories. Call 208-300-0311 daytime or 208-324-2025 even.

**GREGOR 18' 14 ft.** flat bottom aluminum fishing boat with 175 Mercruiser, with 175 outboard pump, 512,500/offer. Call 208-320-0459

**SEA SWIRL 9' 11 ft.** 40 hp outboard motor, boat superior condition, brand new water board! water board skis, life jackets, call 208-356-0307

**SINGU TOR long boat**, 20' blue in color, good condition, \$200. Call 208-326-3278.

**905 Motor Homes & RVs**

**CRUISE AIR III '89**, new original, with 204 AC unit, generator, nice unit, \$12,500/offer. Call 491-8486.

**MIT 32' motor home**, 3" wheel, Exe condition, other large slide out. New tires. \$11,000. Call 731-5415 or 423-5415

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10' x 10' orthopedic, new in plastic. Call 208-420-6350.

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solid wood, brand new, still in box. List \$699, sell \$200. Call 208-420-6350

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metal, with desk underneath. 4156. Call 208-420-6350

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**906 Snow Machines**

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5 LINES 10 DAYS \$12 For items \$500 or less.

\$2 each additional line. Private Party only. Merchandise only. Prices must be included in ad. Maximum of 4 items.

Times-News Call 733-0931 Ext.2 or 800-658-3883 ext. 2 magicvalley.com

Sudoku Answers:

Sudoku grid with numbers 1-9 in a 9x9 format.

1008 SUVs

NISSAN '01 Xterra loaded, 86K miles, must sell \$10,000 offer. 208-410-5246.

SUBARU '04 Forester exc cond, 87,855 miles, white, auto, AWD, \$10,685. Call 208-423-9422.

TOYOTA '02 Sequoia 78,000 miles, loaded, DVD and sat. 1001. \$19,900. 420-1878.

1009 Vans and Buses

DODGE '02 Conversion 'Shifty' V6 nice wheels/tires, 27K miles, \$12,500. 324-0069. 2811 So. Lincoln Jerome, ID.

DODGE '03 Grand Caravan Sport, power sliding doors, loaded, \$7600 offer. 328-3388.

FORD '07 E350 12 passenger van, 23K miles, white, new \$16,900. Call 208-420-5501.

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1010 Autos

CHEVY '99 Blazer LS, blue, 118K miles, great cond. PW, FL. AWD. \$5600/offer. Call 208-670-2868.

DODGE '00 Intrepid, AT, runs excellent, good gas mileage. \$3450. Call 420-6722.

DODGE '01 Stratus 4 door, Auto, CD, cruise AC, 117K miles. \$3300/offer. Call Jack 280-2499.

DODGE '04 Neon AT, 4 door, 5 sp mpp, runs exc, nice looking. \$4,650. Call 420-6722.

LEIS '01 IS300, silver, 2 sets of tires/mis, autostart great condition. \$15,000/offer. Call 208-320-2066.

LINCOLN '00 LS, super loaded, super clean, nice leather. \$6,850. 208-420-6722.

DODGE '05 Neon, low low payment, great economy car. \$8,995. Stock #9336C.

DODGE '98 Stratus good condition, need to sell. \$1,800 or best offer. Call 420-4295.

FORD '00 Crown Victoria LX, 41K miles, runs & looks like new. \$6,000. 423-4142.

FORD '00 Escort, run snow tires, CD. \$3495/offer. Call 208-487-2008 or 308-3063.

FORD '00 Focus clean, good tires, runs great. 83K miles. \$3400/offer. 358-1540 please lv message.

FORD '00 Mustang, new tires, runs great. 122K miles. \$6,950/offer. 208-731-1084.

FORD '02 Taurus 4 dr, loaded, immaculate, one owner, 28 mpg. \$4200. 293-5587.

FORD '99 Escort 64,500 miles. Snow tires and sat. included. \$4000/offer. Call 208-308-1799.

Harms Auto Sales 2378 E 990 S Hazelton, ID 83335 208-629-5900

'06 Pontiac G6. This car runs like a champ! Custom tint/lites, AC/heal, CD/AM/FM stereo and fresh paint!!! \$3,500 FIRM!!! 316-0188/410-5787

WARNING When purchasing a vehicle, make sure that the title is in the name of the seller. (exception: Idaho licensed dealer). The seller shall provide the new purchaser a showing bill of sale showing the following: Full description of the vehicle, vehicle identification number, amount paid and name(s) and address of the new purchaser. The bill of sale must be signed, dated and show actual mileage at the time of sale. If you have any questions, please contact your local assessor's office.

Car Hauler 16' Snake River. \$1,899. Stock #139

ATV Trailer, Mirago, enclosed, 6'x14'. \$3,095. Stock #140

Car Hauler, Aztec 50 w/dog, \$5,995. Stock #141

Auto Hauler, Mirago, enclosed 8.5'x20'. \$5,395. Stock #142

HYUNDAI '00 Elantra GLS. \$4,995. Stock #653C.

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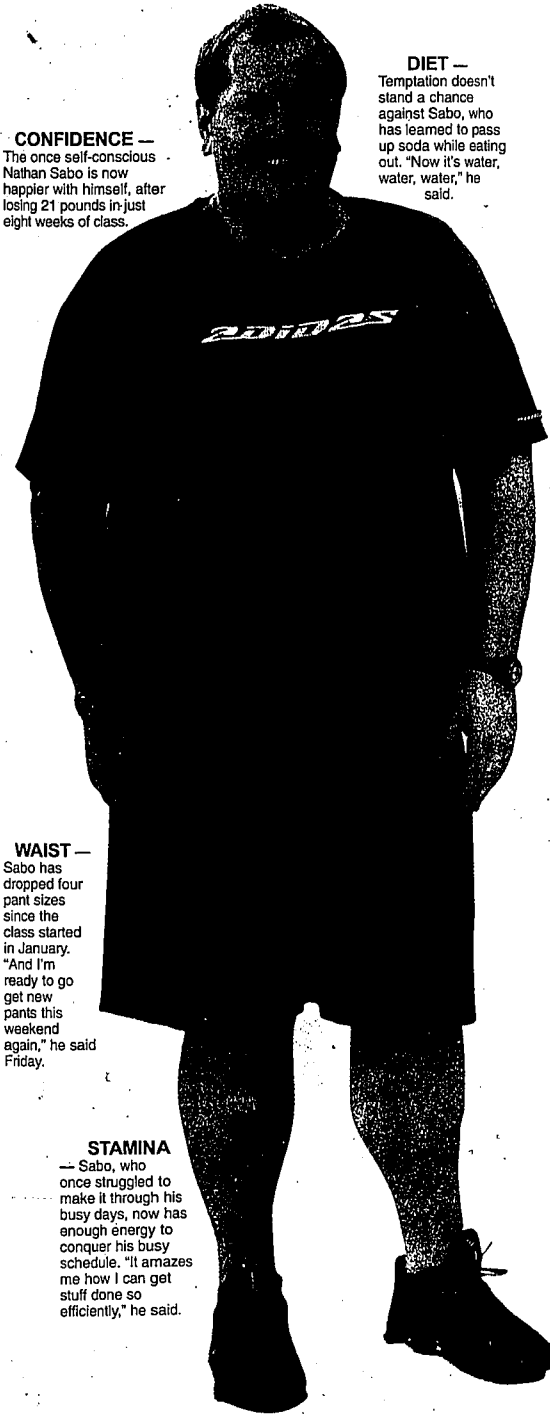


INSIDE: Small packages can pack lots of protein, D4



INSIDE: Comics D2-3 | Dear Abby, D3 | Today in History, D3 | To do for you, D4

## What's changed?

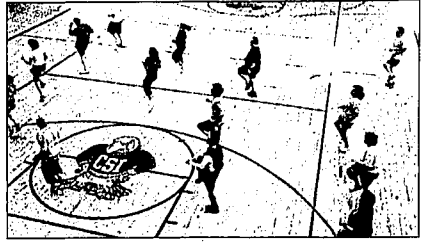


**CONFIDENCE** — The once self-conscious Nathan Sabo is now happier with himself, after losing 21 pounds in just eight weeks of class.

**WAIST** — Sabo has dropped four pant sizes since the class started in January. "And I'm ready to go get new pants this weekend again," he said Friday.

**STAMINA** — Sabo, who once struggled to make it through his busy days, now has enough energy to conquer his busy schedule. "It amazes me how I can get stuff done so efficiently," he said.

**DIET** — Temptation doesn't stand a chance against Sabo, who has learned to pass up soda while eating out. "Now it's water, water, water," he said.



The 'Bigger Faster Stronger' class warms up Thursday morning.

# INTENSE

## improvements

### CSI student loses pounds, gains health

By Melissa Davlin  
Times-News writer

Skipping, Throwing Frisbees. Jumping on trampolines. Perhaps it sounds like Nathan Sabo is spending a lazy summer afternoon at the park.

But there's nothing relaxed about this class.

"Lift, lift, lift, lift!" yells instructor Jaime Tigue as Sabo and his classmates struggle to do high steps. "Come on, pick it up!"

It's a lot of work, but it's the kind of intensity and structure Sabo needed to lose 21 pounds in eight weeks.

"Bigger Faster Stronger," a course offered through the College of Southern Idaho, is adapted from fitness guru Greg Shepard's program of the same name. The original program emphasizes strength and conditioning and is catered to high school and college athletes. To round it out, Tigue and co-instructor Scott Rogers incorporated more aerobic exercises and modified the curriculum into a group workout.

"People like it because we give them a

lot of variety," Tigue said. CSI plans to offer the class again this fall.

"Bigger Faster Stronger" meets four days a week instead of two. It gives the students — like 20-year-old Sabo — a chance to make big improvements in a short time.

And those improvements have affected every part of Sabo's life.

"I feel better. My clothes fit better," the Twin Falls student said.

When the sophomore first got to college, Sabo said, his heavy class load made it harder for him to live a healthy lifestyle. He didn't schedule exercise time and would fit in meals when he could, which usually meant fast food.

"I was always just busy and running around," he said.

When he enrolled in "Bigger Faster Stronger," Sabo weighed 316 pounds and tired easily. He was apprehensive, but determined to get in shape.

With a little taste of progress, he wanted more.

Please see FITNESS, Page D4



College of Southern Idaho student Heather Ramsdell chases down a Frisbee during an exercise class at the school on Thursday. The course uses nontraditional forms of exercise to keep participants interested.

## Students-turned-teachers help arthritis sufferers help themselves

By Joan Bean  
Times-News correspondent

Help is available for people suffering with the pain of arthritis and fibromyalgia. South Central Public Health District will offer arthritis self-help classes this spring in Twin Falls and Burley. Family members may attend, as well.

Elaine Matthews, 68, of Burley, who has arthritis in her knees and hands, took the Burley-area classes last spring. Group involvement made for more stick-to-itiveness, she said, because participants had to set goals and

Inside:

For class details, see page D4

report back each week. "They teamed us up with a partner, which was kind of nice," she said. "So if we had a little problem or whatever during the week, we could call them and visit with them." Matthews said she gained a great deal from the exercises and lifestyle changes. And she found it especially helpful when at the final class a pharmacist explained the benefits of different

arthritis medications. "Another thing I got out of it was that I thought, 'Oh, there are so many people that are a lot worse off than I am,'" she said. "I sleep pretty well at night, and a lot of them the pain just keeps them up at night all the time. Some have rheumatoid arthritis and are a lot younger." Cindy Brown of Burley, for example, at 30, she has had rheumatoid arthritis for 12 years. It affects her feet, knees, hips, shoulders and jaw. "I always have pain; it's never a very high pain," she said. "They use the 1-10 scale

a lot and it's never really like an 8, but if you do day in and day out at a 4, eventually it just gets too much and you can't take it anymore." Brown said she learned at the arthritis self-help class last spring how to take breaks and clear her mind to manage and control her pain, by consciously relaxing the muscles around her tense joints. "So it is like medication in that mentally I have to think, 'OK, time to relax, don't be so tense,'" she said. "And I do some deep breathing and things like that." Mary Stireman, 48, took the class in Twin Falls a few years

ago and enjoyed it so much that she volunteered to become an instructor. She attended a session in Salt Lake City offered by the Utah chapter of the Arthritis Foundation, and learned how to teach the class. Stireman, who has both osteoarthritis and fibromyalgia, said the classes help people cope with the many aspects of both. "We talk about exercise and trying to become more mobile and let them know about programs that are out in the community, because it's not always easy when you're in pain to just want to

jump into something like walking or water aerobics or something like that," she said. "We let people know about programs that are out there that they can go at their own pace; that there are other people out there like them." In Burley, arthritis sufferer Daralyn Moss, 56, will teach the course beginning March 27. She, too, was inspired to instruct after attending classes in Twin Falls a half-dozen years ago. "With arthritis it's all I can do to get through the day sometimes, let alone get

Please see ARTHRITIS, Page D4

**B.C.** By Johnny Hart

NEVER PUT OFF TILL TOMORROW WHAT YOU CAN DO TODAY.

...ink

**Baby Blues** By Rick Kirkman & Jerry Scott

HI GUYS. DAD'S HOME!

WHAT DID YOU BRING US?

DISCS ON THE PEPPER PLAN!

OH! I HATE THIS GUY!

I SEE YOU'VE ALREADY BEEN GREETED BY THE PIRDS.

YUP. HOSSED AND MASSAGED.

**Baldo** By Hector D. Cantu and Carlos Castellanos

WHAT IS THE FUTURE TENSE OF "I AM GRINGO"?

EASY.

"I'VE TAKEN."

**Brevity** By Guy & Rodd

I TOLD YOU WE SHOULD HAVE JUST DONE A WIRE TRANSFER!

**Dilbert** By Scott Adams

THIS COMPANY IS LIKE A FAMILY. OUR CULTURE IS BASED ON TRUST AND RESPECT.

NOW SIGN THIS DOCUMENT THAT SAYS WE CAN TEST YOU FOR DRUGS AND SEARCH YOUR COMPUTER AND YOUR OFFICE.

CAN I BORROW YOUR PEN?

DO I LOOK LIKE BILL AND MELINDA GATES?

**Doonesbury** By Garry Trudeau

WELL, I'VE GOT TO GO WITH A DUAL-POWER LEVER ONLY ON THE LEFT AND THE LITTLE WHEELER CAN'T GO WITHOUT BRACKEN FROM!

THAT'S THE ALL-GIP!

I'M ALSO SURE YOU'VE BEEN BEING MESSAGED!

**The Elderberries** By Phil Frank and Joe Troise

Take Poor Miss Overdunne, eating her lunch all alone... She eats alone every day.

And it's so sad.

Look at the way she's picking at her food. Probably wondering where she went wrong.

If she's anything like me, she's wondering where in the lunchline she went wrong.

**For Better or For Worse** By Lynn Johnston

BUZZZZTTT!! BUZZZZTTT!! BUZZZZTTT!!

WHENEVER YOU NEED GO AWAY!

HELLO REMEMBER ME?

WARRDEN WHAT ARE YOU DOING HERE? I'M HERE TO VISIT MY MOTHER.

YES, MOTHER. I'M HERE TO VISIT MY MOTHER.

WARRDEN, THIS ISN'T TALKING!

**Frank and Ernest** By Bob Thaves

SURRENDERING ISN'T GOING TO STOP THIS, ERNIE!

**Luann** By Greg Evans

STATION 5 NEWS

BRONKHORST BALL

YEAH, I'M GOING TO THE BALL. I PLAN TO TAKE YOU!

**Mallard Fillmore** By Bruce Tinsley

ON A DISAPPOINTING NOTE, INDIANAPOLIS DOCTOR ABRAHAM SINGHAL CLAIMS THAT HE INJECTED WESTMINSTER "BEST-IN-SHOW" BEAGLE "UNO" MANY TIMES...

...WITH CUTENESS-ENHANCING DRUGS. CONGRESS WILL BEGIN INVESTIGATIONS NEXT WEEK...

**Pearls Before Swine** By Stephan Pastis

HEY, RAT, WHAT ARE YOU DOING AT THIS HOTEL?

I GOT A JOB AS A CONCERGE. I HELP GUESTS BY GIVING THEM RECOMMENDATIONS.

WHAT DO YOU RECOMMEND?

THAT THEY STAY AT A DIFFERENT HOTEL.

IT'S A NOVEL APPROACH TO CUSTOMER RETENTION.

**Pickles** By Brian Crane

NICE WHISKERS.

OPAL WANTS ME TO SHAVE.

SHE SAYS I LOOK LIKE A BUM. CAN YOU BELIEVE THAT?

HERE, FRIEND. GO GET YOURSELF A HOT MEAL.

I THINK I MIGHT STOP SHAVING.

**Rose Is Rose** By Pat Brady

HEH! THIS IS ALL WEY AND WHISKEY!

BEAT DOWN SOME OF THE GOOD-LOOKING SHOW!

NOT ALL AT ONCE... YOU USUALLY SPREAD IT OUT WITH THIN FLAKES!

OH, YEAH. MIGHT I SHOULD HAVE TAKEN THE TUTORIAL FOR THE NEWEST WEATHER SOFTWARE.

**Zits** By Jim Borgman and Jerry Scott

DON'T FORGET THAT YOU HAVE TRAFFIC COURT NEXT WEEK, JEREMY.

OH, YEAH.

WHAT DO YOU THINK IS GOING TO HAPPEN?

I THINK YOU'LL APPEAR BEFORE A JUDGE. TELL YOUR SORRY AND THEN APPEAL BY HIS DECISION.

RIGHT. AND IS THAT WHEN YOU SPEAK AND DISRESPECT ME?

LET ME EXPLAIN AGAIN ABOUT CONSEQUENCES OF BEHAVIOR.

**Non Sequitur** By Wiley

I'M REPULSED, OFFENDED, AND WANT TO KNOW HOW TO JOIN.

THE ASSOCIATION OF PEOPLE BETTER THAN YOU

IT'S BEEN A LONG TIME, JACOB. YOU'VE GOT SOME UNFINISHED FURNITURE TO TEND TO.

ANTHONY OUTLAWS

# Let the good times roll, Taurus

**HOROSCOPE**  
Jeraldine Saunders

IF MARCH 3 IS YOUR BIRTHDAY: You tend to work for the common good in the next several months. Because you are tolerant, fair and non-competitive, you will not succeed in certain business dealings until July. Know your limitations and concentrate on making small changes in March.

**ARIES (March 21-April 19):** Time may be on your hands, so spend it well. Rather than shoving more irons into the fire, spend time with loved ones. You may discover the solution to a problem that has previously vexed you.

**TAURUS (April 20-May 20):** Let the good times roll. You'll be riding high in myriad areas and your cheerfulness is contagious to those around you. Find success by setting a good example and unsatisfying sharing your ideas.

**GEMINI (May 21-June 20):** It's time to buckle down and get to the heart of all crucial matters. Don't be afraid to ask questions and push a little to get what you need. Being assertive will be to your benefit so don't hold back.

**CANCER (June 21-July 22):** Financial gain will seem elusive unless you examine matters more carefully. Study all the angles before making a decision. Now is not the time to rush into the fray, but for contemplation and planning.

**LEO (July 23-Aug. 22):** Be pleasant to the person you encounter and you will be surprised at the results. New people may enter your life and it is wise to listen to what they have to say. Open your mind and your heart will follow.

**VIRGO (Aug. 23-Sept. 22):** It is a good day to follow your gut instinct and take charge. Don't be afraid to interject your opinion regarding matters on which you might otherwise bite your tongue. You can make a difference.

**LIBRA (Sept. 23-Oct. 22):** You've got a ticket to ride. You're suited to the role of a mover and a shaker, so it will be a good time to take a short trip. Now is the time to embrace creative instincts and focus on pleasurable adventures.

**SCORPIO (Oct. 23-Nov. 21):** An open mind will serve you well. Feelings that have been carefully guarded may rise to the surface. A candid revelation to someone close may yield more benefits than you could have hoped for.

**SAGITTARIUS (Nov. 22-Dec. 21):** Keep your eyes on the clock or you'll find yourself falling behind. Time is the enemy today. Keep on top of emerging demands before they take you. Try to stay on schedule and things will run smoothly.

**CAPRICORN (Dec. 22-Jan. 19):** You will feel invigorated today. Take advantage of this positive energy by being a dynamic leader at work or play. You're somewhat more popular than usual and can afford to let your hair down.

**AQUARIUS (Jan. 20-Feb. 18):** Your heart could grow wings today — and a certain special someone might fly along with you. Affection blossoms into something valuable. You'll find yourself the center of attention. Don't hold back.

**PISCES (Feb. 19-March 20):** Reflection and planning might seem unproductive, but could yield greater rewards down the road. Avoid the urge to make decisions too quickly and think about what you truly want. Thoughts speak louder than actions.

Beetle Bailey

By Mort Walker



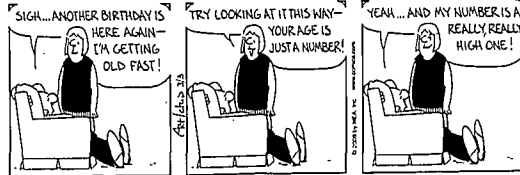
Blondie

By Dean Young & Stan Drake



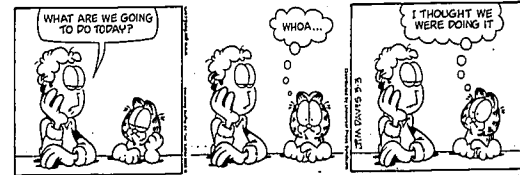
The Born Loser

By Art Sansom & Chip



Garfield

By Jim Davis



Hagar the Horrible

By Chris Browne



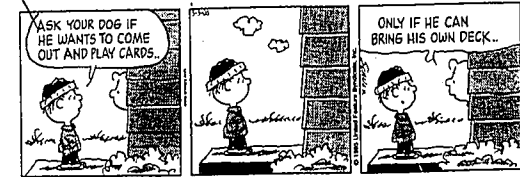
Hi and Lois

By Chance Browne



Classic Peanuts

By Charles M. Schulz



The Wizard of Id

By Brant Parker & Johnny Hart



Dennis the Menace

By Hank Ketcham



THE FAMILY CIRCUS

By Bil Keane



# Active mom's kidney disease comes as unwelcome surprise

DEAR ABBY: I was a healthy, vibrant mother of one with a steady government job. I saw my doctor regularly for checkups, since both my parents have high blood pressure. As an active, health-conscious vegetarian, I thought I was at my physical peak.



DEAR ABBY  
Jeanne  
Phillips

You can learn more about kidney disease by visiting [www.kidney.org](http://www.kidney.org). To find the KIDEP screening nearest you, log onto [www.keeponline.org](http://www.keeponline.org), or call the National Kidney Foundation toll-free at 800-622-9101.

When I experienced nausea and lower back pain, I expected my doctor to tell me my 4-year-old daughter was going to have a sister or brother. Instead, I was informed that my kidneys were barely working and I once. That's when my life began spinning out of control. I was told I would need dialysis to keep me alive!

How could this happen? Where were the warning signs and symptoms? Why wasn't my kidney function checked during previous doctor visits? There were no answers to these questions.

No one in my family was able to donate a kidney to me because everyone had high blood pressure. So I went on dialysis and learned everything I could about kidney disease. After 10 years of dialysis, I finally received a successful kidney transplant.

Many people don't realize that high blood pressure and diabetes are the two leading causes of kidney disease. More than 26 million Americans have chronic kidney disease, and millions more are at risk. Screening for kidney function is not part of a routine physical examination, and kidney disease generally shows no symptoms — so if you have a family history of high blood pressure or diabetes, you are at risk.

Simple blood and urine tests could save your life. So please don't put off what you can take care of today. Tomorrow could be too late.  
— DAWN P. EDWARDS, LAKE SUCCESS, N.Y.

DEAR ABBY: I have been going through a very selective interview process toward getting the job of my dreams. The problem is, I have a vacation planned for three months from now. When is the correct time to inform my prospective employer of this preplanned, prepaid and non-refundable trip? It's my husband's dream vacation, and I would hate to have to let him down.  
— MS. PROFESSIONAL IN CLEVELAND, GA.

DEAR MS. PROFESSIONAL: AL Inform your prospective employer immediately that you have a prepaid vacation planned. The person doing the hiring will respect you for doing so, and you should not lose out on the "job of your dreams."

I am speaking from personal experience when I say this because when I hired my personal assistant, Sherry, she let me know during the interview that she had not one but two trips planned. I respected her candor, hired her, and consider her to be one of the major blessings in my life.

## TODAY IN HISTORY

Today is Monday, March 3, the 63rd day of 2008. There are 303 days left in the year.

### Today's Highlight:

On March 3, 1931, President Hoover signed a measure making "The Star-Spangled Banner" the national anthem of the United States.

Five years ago: Israeli troops arrested Hamas co-founder Mohammed Taha in a deadly raid. (Israel released him 14 months later.) President Bush offered a rough blueprint for adding drug benefits to Medicare. Malcolm Klutznick, the White House spokesman who announced to a shocked world the death of President Kennedy, died in Beatyville, Ky., at age 75.

One year ago: President Bush handed out guns to residents who survived killer tornadoes that ripped through Alabama and Georgia and offered encouraging words at Enterprise (Ala.) High School, where students were grieving the loss of eight classmates.

### On this date:

In 1845, Florida became the 27th state.  
In 1849, the U.S. Department of the Interior was established.  
In 1887, Anne Sullivan arrived at the Tuscombiana, Ala., home of Capt. and Mrs. Arthur H. Keller to become the teacher for their blind and deaf 6-year-old daughter, Helen.

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In 1916, Germany, Austria-Hungary, Bulgaria, the Ottoman Empire and Russia signed the Treaty of Brest-Litovsk, which ended Russian participation in World War I. (The treaty was rendered moot by the November 1918 armistice.)

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In 1945, the Allies fully secured the Philippine capital of Manila from Japanese forces during World War II.  
In 1969, Apollo 9 blasted off from Cape Kennedy on a mission to test the lunar module.

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In 1971, in a case that sparked a national outcry, motorist Rodney King was severely injured by Los Angeles police officers in a scene captured on amateur video.



In 1991, 25 people were killed when a United Airlines Boeing 737-200 crashed while approaching the Colorado Springs airport.

Ten years ago: Presidential candidate Vernon Jordan testified before the grand jury investigating the Monica Lewinsky matter. Microsoft before the newly formed Committee that his company wasn't a monopoly out to crush rivals in the Internet software market. The Supreme Court ruled that local lawmakers' votes not immune to scrutiny even if they had been based on illegal or discriminatory motives. Larry Doby, the first black player in the American League, was elected to the Baseball Hall of Fame. Former CBS News president Good W. Friendly died in New York at age 82.

St. Patrick's Day is coming. Get ready!  
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# TO DO FOR YOU

**Caregiver support**  
 Caregiver Support Group meeting, 1 to 2:30 p.m. today, at South Central Public Health District's Katz Conference Room on the College of Southern Idaho campus in Twin Falls. Information: Shawna, CSI Office on Aging, 736-2122.

**Bariatric support**  
 Bariatric Support Group meeting for patients who have undergone bariatric surgery, 7 p.m. today, at St. Luke's Magic Valley Medical Center's Education Center, 588 Addison Ave. W. in Twin Falls. Information: 280-1337.

**'Baby and Me'**  
 St. Benedict's Family Medical Center's "Baby and Me" classes, 11 a.m. to noon Tuesdays, at Jerome Public Library, 100 First Ave. E. This week's topic: "Immunization and More." The session is for parents of children from infancy through toddler years. Free: 324-6133.

**Alzheimer's support**  
 Alzheimer's Support Group meeting, 6 to 8 p.m. Tuesday, at Roseeta Hilland, 1919 Hilland Ave. in Burley. The meeting is open to Mini-Cassia residents who have family members with Alzheimer's. Information: Maquell Wingley, 677-5451.

**Childbirth refresher**  
 Childbirth refresher course, 6:30 to 9 p.m. Tuesday, in the lobby at St. Luke's Magic Valley's downtown campus, 660 Shoshone St. E. in Twin Falls. Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center. Cost is \$20. Preregistration required: 732-3148.

**Learn CPR**  
 "HeartSaver Cardiopulmonary Resuscitation" class, 6 to 10 p.m. Tuesday, in the Support Center at St. Luke's Magic Valley's Education Center, 588 Addison Ave. W. in Twin Falls.

Topics includes Infant, child and adult CPR, and automated external defibrillators. Cost is \$36. Preregistration required: 737-2007.

**About back injuries**  
 "Back School," a course on preventing and treating back injuries, 5 to 7 p.m. Wednesday, at St. Luke's Magic Valley's Rehabilitation Services, 560 Shoup Ave. W. in Twin Falls. Topics include basic spine anatomy, common injuries and diseases that lead to back pain, as well as instructions in posture and body mechanics to protect the spine. Cost is \$25. Register: 737-2125.

**Cancer support**  
 Living Through Cancer Support Group meeting, 6:30 to 8 p.m. Wednesday, in the lobby at St. Luke's Mountain States Tumor Institute Cancer Center, 656 Addison Ave. W. in Twin Falls. Dr. Richard Miranda, medical oncologist, will discuss "Cancer 101." The group is open to current cancer patients, cancer survivors, their families or support people and the general community. Free: Andy Hall, 737-2800.

**Learn CPR for babies**  
 Infant safety and cardiopulmonary resuscitation class, 6:30 to 9 p.m. Wednesday, in the lobby at St. Luke's Magic Valley's downtown campus, 660 Shoshone St. E. in Twin Falls. New parents and grandparents can learn about infant CPR, choking, child safety and injury prevention. Free. Preregistration not required: 732-3148.

**About childbirth**  
 Fifth class of St. Benedict's Family Medical Center's prepared childbirth series, 7 to 9:30 p.m. Wednesday at Jerome Ambulance Building, 240 E. Main. Topics will include labor rehearsal, postpartum care and infant cardiopulmonary resuscitation. Bring two pillows, a blanket and, if possible, a support person.

Fee is \$5. Register: 324-6133.

**About C-sections**  
 Cesarean childbirth classes, 6:30-9 p.m. Thursday, in the lobby at St. Luke's Magic Valley's downtown campus, 660 Shoshone St. E. in Twin Falls. Topics include cesarean deliveries, nonconforming labors, pain management and hospital procedures. Wear comfortable clothing; bring two pillows and, if possible, a support person. Free. Preregistration required: 732-3148.

**About childbirth**  
 St. Benedict's Family Medical Center's prepared childbirth classes, 7 to 9:30 p.m. Thursdays, this week through April 10, at Jerome Ambulance Building, 240 E. Main. The six sessions, taught by a registered nurse, will prepare the mother and her labor companion for labor, birth, postpartum care and newborn care. Individual classes may be taken as refresher courses. Bring two pillows, a blanket and, if possible, a support person. Fee is \$30 for the series or \$5 per class. Register: 324-6133.

**Learn to dance**  
 The Community Education Center at the College of Southern Idaho will offer the social dance class "Let's Dance: Line and Square Dancing," from 6:30 to 8 p.m. Fridays, March 14 through May 2, in Room 236 at the CSI gymnasium. Galen Stater will instruct. Organizers say modern square dancing is one of the fastest growing forms of social dancing for people of all ages. Square and line dancing are an easy form of exercise. No experience is necessary; wear comfortable, non-marking shoes. Cost is \$40. Register: 732-6442 or wvcc.edu/community.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Image section. E-mail notices to [annun@magicvalley.com](mailto:annun@magicvalley.com).

# Small packages pack punch

By Janet Crowley  
 Los Angeles Times



Extreme athletes and vegetarians can benefit from protein bars. Left to right are EAS Myoplex-Deluxe, Pure Protein High-Protein Double Layer Bar, CliffBuilder's and Power Bar-Protein Plus.

Wrapped like little stocking stuffers in colorful protein bars beckon from the checkout stands at sports stores and nutrition centers. With flavors such as "Smores" and "Cookies and Cream Caramel Crisp" and packed with as much as 30 grams of protein, they offer weightlifters and other athletes a slon song of rippling muscles in a goopy kid's bar.

"Adding protein is an attempt to aid the person that's trying to manipulate their body composition," says Jeff Kotterman, a licensed sports nutritionist and director of the National Association of Sports Nutrition in San Diego. "This (is) for someone who wants to lose body fat and maintain muscle." Protein bars are also helpful for adventure athletes who spend hours in intense activity. "These athletes will tend to get carb-ed out," says Nancy Clark, a Boston-based sports nutritionist. "If you eat too much carbohydrates, you tend to crave protein."

Clark also recommends protein bars for "extremely lazy vegetarians who don't get enough protein," and college students who don't eat balanced meals. "For them to snack on the protein bar is better than for them to snack on chocolate chip cookies," she says.

The average person needs about 7 grams of protein for every 20 pounds of body weight, which roughly equals 50 grams to 55 grams of protein for a 150-pound person. For an athlete trying to build muscle — certainly weightlifters would be at the top of the list — 1 gram of protein per pound of body weight is a very generous protein allowance, Clark says.

"More likely, 0.5 to 0.75 grams protein per pound will do the job if you are eating plenty of calories," she says.

The best time to eat a protein or energy bar is general-

ly not during a race or while exercising, Kotterman says. "I recommend bars for serious athletes who need to eat frequently throughout the day and can't get enough calories in or someone who can't eat a lot at once."

Some things to consider when evaluating a protein bar: Look for zero trans fat and minimal vitamins. Vitamins, which aren't really necessary, will negatively affect taste.

We asked a panel of tasters to weigh in on four protein bars. Prices vary by store.

**Cliff Builder's**  
 Calories: 270  
 Fat: 8 grams (6 grams saturated fat, 0 grams trans fat)  
 Protein: 20 grams  
 Carbohydrates: 30 grams  
 Price: \$1.39  
 Flavor tested: Cocoa-dipped peanut butter  
 Though the tasters were not bowled over by these bars, this was the group favorite for both flavor and texture. All of the bars were criticized for tasting artificial, as if they had been developed by NASA food technologists, but this bar was praised for tasting as if it had been developed "for an astronaut they liked."

**EAS Myoplex-Deluxe**  
 Calories: 330  
 Fat: 9 grams (6 grams saturated fat, 0 grams trans fat)  
 Protein: 39 grams  
 Carbohydrates: 36 grams

Price: \$1.97  
 Flavor: S'mores  
 This was the least favorite of the group, which was put off by the bar's strong artificial flavor and a cloying sweetness. One taster summed it up: "Blech." For a comparison of bars in the EAS stable, we also tested EAS AdvantEDGE, with 17 grams of protein, and found it to be better. "More elegant, a little like a stale brownie," one taster observed.

**Power Bar-Protein Plus**  
 Calories: 300  
 Fat: 6 grams (3.5 grams saturated fat, 0 grams trans fat)  
 Protein: 23 grams  
 Carbohydrates: 39 grams  
 Price: \$1.87  
 Flavor: Chocolate peanut butter  
 This had a better texture than the other bars and an inoffensive flavor overall, but a slightly bad aftertaste, our tasters agreed.

**Pure Protein High-Protein Double Layer Bar**  
 Calories: 180  
 Fat: 5 grams (3.5 grams saturated fat, 0 grams trans fat)  
 Protein: 19 grams  
 Carbohydrates: 20 grams  
 Price: \$1.17  
 Flavor: S'mores  
 This was the second favorite of the group. The flavor was acceptable, and a layer of marshmallow added some interest.

## Fitness

Continued from page D1  
 To the discipline of the fitness course, he added his own restraint — eating leaner meals and smaller portions and avoiding soda, sweets and fast food since the beginning of January. He even looks forward to working out and takes an additional spinning course four times a week.

Sabo wasn't the only one who has seen advancements in his physical ability. Sophomore Ben White

noticed a boost in his balance-and has more stamina during cardiovascular exercises.

"I've seen a huge improvement in both of those," White said.

He has seen more results in this class than other fitness classes he has participated in.

"This is one of the more condition-based, I guess," he said. "It pushes you more than the other ones I've taken."

The students credit the instructors for their drastic results.

"Jaime and Scott have been so supportive," Sabo said. "They're always so encouraging."

Classmate Josh Morris summed it up in fewer words.

"She's nuts," Morris said, looking at Davlin.

Melissa Davlin may be reached at 735-3234 or [melissadavlin@lee.net](mailto:melissadavlin@lee.net).

# Small steps for large health gains

Los Angeles Times  
 Four simple behaviors — being physically active, not smoking, drinking moderately and consuming fruits and vegetables — can increase longevity as much as 14 years, researchers have found.

The study, published in the online journal *PLoS Medicine*, surveyed 20,244 men and women (ages 45 to

79) in the United Kingdom between 1993 and 1997. The participants, none of whom had cardiovascular disease or cancer at the beginning of the study, were asked if they were nonsmokers, were physically active, had moderate alcohol consumption and ate five servings of fruits or vegetables a day. One point was assigned for each healthy behavior.

Participants were tracked until 2006, and researchers found that those with a score of zero were four times more likely to have died as those who scored a four, and each point increased longevity incrementally. "We observed that these people (who scored a four) on average lived longer by 14 years," says Dr. Kay-Tee Khaw, professor of clinical gerontology at the University of Cambridge.

## Arthritis

Continued from page D1  
 through my day and have to drive to Twin Falls," she said. "And so I promised myself that at some point I would have a class in the Burley area."

Moss is a retired social worker with a master's degree and has done group and individual counseling in chronic pain management. She will co-teach the arthritis self-help course with retired occupational therapist Joyce Lindstrom.

"Neither of us get paid, but it's just something that we feel strongly about that we wanted to make available to the Mini-Cassia area," she said.

Teaching the course also provides incentive to help herself, because the class watches to see whether the leader follows her own advice.

Schuman said the greatest support can come from family members, and they can attend the class to learn how to help their loved ones deal with arthritis pain.

"I think that's a really important part of the class," Schuman said, "letting other people know how

## Arthritis self-help courses

**TWIN FALLS**  
 • When: 6-8 p.m. Mondays, beginning March 10, continuing for six weeks.  
 • Where: South Central Public Health District.  
 • Cost: \$30, includes books and materials.  
 • Information: Elvia Caldera at 737-5988

**BURLEY**  
 • When: 6-8 p.m. Thursdays, beginning March 27, continuing for six weeks.  
 • Where: Cassia Regional Medical Center cafeteria.  
 • Cost: \$30, includes books and materials.  
 • Information: Dabney Moss at 878-4143.

**Managing arthritis**  
 Leslie Nelson, program director for the Idaho Arthritis Foundation, said one of her goals for the U.S. Arthritis Foundation is to help people understand the disease. She said it's not just a new inflammatory, an autoimmune disease.

For most forms of arthritis, Nelson said, the most effective treatment is under doctor's supervision.

It might be counterintuitive to prove a joint that's in pain is being used, but she said, by using the joint and moving it, the pain and swelling can be reduced.

"I think that's a really important part of the class," Schuman said, "letting other people know how they can help someone at 735-0830."

## The beauty docs

South-central Idaho's growing array of cosmetic procedures. NEXT WEEK IN IMAGE

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