

Good Morning

High: 57  
Low: 36

Breezy, maybe a shower.  
Details: B4

INTENSE  
INTERVALS

THE REPORTER  
Tackles Body IQ  
House...  
PAGE 02

EXTRA SE  
Jazz need  
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# Times-News

May 12, 2008

75 cents

magicvalley.com

## Come in peace

### Fish and Game to decide on wolf hunting season; open house today

By Nate Poppo  
Staff writer

Dave Parrish will be more than happy to talk to anyone who drops by Idaho Fish and Game's Jerome office today.

All he asks is that they don't try to start an argument.

Parrish, the Magic Valley Region Fish and Game supervisor, and other Fish and Game staff will be on hand today from 8 a.m. to 5 p.m. to answer questions and take comments about what kind of gray wolf hunting season the department should create this fall. The animals were removed from the endangered species list

**IF YOU GO:**  
Fish and Game officials will talk about wolf hunting from 8 a.m. to 5 p.m. at the Jerome office, 319 S. 417 E., about two miles north of the Flying J on U.S. Highway 93.

The Fish and Game Commission will meet at the office May 21, and 22. A public hearing is set for 7 p.m. May 21, and the commission's regular meeting is planned for 8 a.m. May 22. For more information, including an agenda visit <http://fishandgame.idaho.gov>.

In March, and several Western states, including Idaho, are finalizing their plans for managing them.

Idaho's plan calls for managing wolves at a population level between 500-700 wolves for the first five years following delisting.

Please see SEASON, Page A3

## Nursing needs



Minidoka County School District nurse Laurie Stimpson helps 5-year-old Kianna Schultz through the kindergarten registration process Friday at Rupert Elementary School. Stimpson was on hand to review the students' immunization records as they registered.

## Position policies vary at Magic Valley schools

By Sven Berg  
Staff writer

For some school districts, nurse positions have become the first casualty of budget crises. Those districts and others go about addressing a need for nurses in a variety of ways — some as creative as the students they teach.

Cassia County School District outsources its nursing needs to South Central Public Health District (SCPHD), which provides 200 hours of service per year. The agency is willing to continue providing those services as needed but would rather see the district hire at least a part-

time nurse, said SCPHD Community Health Director Maggi Machala.

She said Cassia County students currently average 2 1/2 minutes of nurse time per year. But recommended annual exposure is one hour and 40 minutes.

"That's the ideal," Machala said. "And of course that's not what everybody has."

Machala said school nurses do a lot more than just patching up scrapes. Their responsibilities include writing care plans for students with special needs, supervising the administering of medication and teaching maturation classes.

"There's no question that a nurse would be beneficial. While it's important, it's not a priority for this district."

— Cassia County Superintendent Gaylen Smyer

Cassia County Superintendent Gaylen Smyer said having an in-district nurse would be ideal, but the "bottom line" is money.

"There's no question that a nurse would be beneficial," he said. "While it's important, it's not a priority for this district."

The cost for a full-time school nurse is roughly comparable to a teacher's salary. For Debbie Critchfield, chair-

woman of the district's board of trustees, sacrificing a teacher to pay for a nurse would undermine the trustees' efforts to keep class sizes small throughout the district.

"It's one of those things that are sacrificed to the budget," she said. "Unfortunately, the nurse is one of those positions that you hope that one

Please see NURSES, Page A3

## Fewer vets, higher costs

### More disabled veterans could cost government \$59B a year in 25 years

By Jennifer C. Kerr  
Associated Press writer

WASHINGTON — Increasing numbers of U.S. troops have left the military with damaged bodies and minds, an ever-larger pool of disabled veterans that will cost the nation billions for decades to come — even as the total population of America's vets shrinks.

Despite the decline in total vets — as soldiers from World War II and Korea die — the government expects to be spending \$59 billion a year to compensate injured warriors in 25 years, up from today's \$29 billion, according to internal documents obtained by The Associated

Press. And the Veterans Affairs Department concedes the bill could be much higher.

Why? Worse wounds. More disabilities. More vets aware of the benefits and quicker to file for them.

Also, ironically, advanced medical care. Troops come home with devastating injuries that might well have killed them in earlier wars.

Time is also a factor when it comes to disability compensation costs. Payments tend to go up as veterans age, and an increasing number of soldiers from the Vietnam War will be getting bigger payments as they get older and are less able to work around their disabilities.

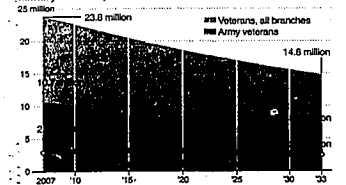
The number of disabled veterans has jumped by 2.9 percent since 2001 — to 2.9 million — and the cause really is no mystery.

Please see VETS, Page A3

## Steady decline in military veterans

The Department of Veterans Affairs projects that the number of disabled veterans will drop by 17 percent by 2033. Army soldiers will account for nearly 40 percent of all veterans.

Military veterans, estimates 2008-2033



SOURCE: Department of Veterans Affairs

## Area around Grand Canyon seeing a rush for uranium

### Renewed interest in nuclear power has increased number of stake claims near park

By Judy Pasternak  
Los Angeles Times

GRAND CANYON NATIONAL PARK, ARIZ. — Thanks to renewed interest in nuclear power, the United States is on the verge of a uranium mining boom, and nowhere is the hurry to stake claims more pronounced than in the districts flanking the Grand Canyon's storied sandstone cliffs.

On public lands within five miles of Grand Canyon National Park, there are more than 1,100 uranium claims, compared with just 10 in January 2003, according to data from the Department of the Interior.

In recent months, the uranium rush has spawned a clash as epic as the canyon's 18-mile chasm, with both sides claiming to be working for the good of the planet.

Environmental organizations have appealed to federal courts and Congress to halt any drilling, arguing that mining so close to such a rare piece of the nation's patrimony could prove ruinous for the canyon's visitors and wildlife.

Mining companies say the raw material they seek is important to the environment, too: The uranium would feed nuclear reactors that could — unlike coal and natural gas — produce electricity without contributing to global warming.

And uranium is in short

supply. In recent years, mines closed in Canada and West Africa, yet the United States as well as France and other European countries have announced intentions to expand nuclear power. Predictably, the price of uranium has soared — to \$65 a pound recently, from \$9.70 a pound in 2002.

In the five Western states where uranium is mined, 4,333 new claims were filed in 2004, according to the Interior Department; last year the number had swelled

Please see URANIUM, Page A3

## A cat-and-bird game plays out in the streets of Tinseltown

By Noaki Schwartz  
Associated Press writer

LOS ANGELES — The dossier spills over into two drawers of files full of hand-scribbled notes, maps marked with sharp black dots — and snapshots of a shadowy figure, scattering bird seed.

There was a time when Dodson went after the crack dealers in her Hollywood neighborhood with such a vengeance that city officials honored her with a plaque.

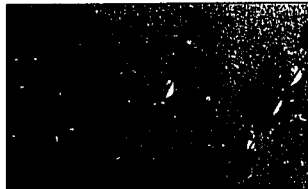
Now, she has declared war on another urban scourge. For three years, she has enlisted snitches, set up overnight stake-outs, appealed for help from city leaders and the police.

Her quarry? Pigeon lady Susie Kourinlian, the furthest form in the photos.

Kourinlian is no ordinary bird lover. She earns her seed money as a seamstress to the stars; she appeared in InStyle magazine tweaking Cate Blanchett's hair, and is said to keep actresses such as Megan Mullally in finery.

That glittery occupation gives Kourinlian the wherewithal to make a lot of pigeons happy. Kourinlian once told police she spends \$65,000 a year on bird feed — enough to dump 500 pounds of birdseed every day. Wildlife for the more than 5,000 pigeons who now populate the two square miles of this neighborhood northwest of downtown Los Angeles.

Kourinlian is reputedly so crafty that when in moments, she can pop the trunk of her



Pigeons sit on power lines in an area in Hollywood where women known as bird ladies are known to leave feed Oct. 7, 2007.

Please see PIGEONS, Page A7



At Your Service directory .C5  
Bridge .C6  
Calendar .A2  
Classifieds .C1-8  
Comics .D2  
Crossword .C7  
Dear Abby .B4  
Horoscope .A2  
Jumble .C3  
Magic Valley .A4  
Movies .A5, A7  
Nation/World .A8  
Obituaries .A5  
Opinion .A6  
Sudoku .C4  
Weather .B4



Coyote attacks hoo.  
Call. residents spooked.  
SEE PAGE A8

TODAY'S HAPPENINGS

BENEFITS AND FUNDRAISERS

Filer Public Library used book sale, over 500 used books at ten cents each; some 25-cent posters, 3 to 6 p.m., at the library, 219 Main St., Filer, 326-4143.

CLUBS AND ORGANIZATIONS

Local Chapter 195B Nats (National Active and Retired Federal Employees Association) monthly meeting at non-halt lunch, with engineer Carl Austin speaking on geothermal energy, 11:30 a.m., Loong Hing Restaurant, 1719 Kimberly Road, Twin Falls, for all retired or active Federal employees, 733-9477.

FAMILY SUPPORT

Grandparents as Parents Support Group meeting, program: Ken Whitling for the AMACHI program, mentoring children of prisoners, 6 to 7:30 p.m., College of Southern Idaho's Office on Aging, (west entrance to C.S.I. campus) Twin Falls, no child care available, 736-2122.

AD/HD Parent Support group, public invited to learn the latest about AD/HD and get acquainted with CHADD members, providers and other parents, 6:30 p.m., Living Independence Network Corporation, 1182 Eastland Drive N., Ste. C, Twin Falls, 733-1712 or 730-3759.

GOVERNMENT

Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B, Shoshone, 886-2173.

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Camas County commissioners, 9 a.m., courthouse, 501 Solider Road, Fairfield, 764-2242.

Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, 878-7302.

Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home, 587-2129.

Gooding County commissioners, 9 a.m., courthouse, 624 Main, 934-4841.

Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.

Minidoka County commissioners, 9 a.m., courthouse, 715 G St., Rupert, 436-7111.

Twin Falls City Council, 5 p.m., council chambers, 305 Third E., 733-7272.

Ketchum Planning and Zoning Commission, 5:30 p.m., City Hall, 480 E. Ave. N., 726-7801.

Holley City Council, 6 p.m., City Hall, 115 Main St. S., 788-4221.

Buhl City Council, 7 p.m., council chambers, 203 Broadway Ave. N., 547-5550.

Camas County School Board, 7 p.m., high school, 610 Solider Road, Fairfield, 764-2242.

Hansen City Council, 7 p.m., City Hall, 388 Main, 423-5158.

Jerome County Planning Commission, 7 p.m., courthouse, 300 N. Lincoln, 324-9116.

Fleishigh City Council, 7 p.m., city office, 180 W. Lincoln, 487-2755.

Twin Falls School Board, 7 p.m., administration office, 201 Main Ave. W., 733-6900.

Valley School Board (Eaton-Hazleton), 7 p.m., media center, 882 Valley Road S., 829-5333.

Hagerman School Board, 8 p.m., high school, 150 Lake St. W., 837-4777.

HEALTH AND RECOVERY

Fit and Fall Proof Exercise Class, 10:30 to 11:30 a.m., Ageless Senior Citizens, inc., 304 Main St. N., Kimberly, no cost, 737-3572.

Silversneakers Fitness Program, innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for Humana-Insured or YMCA members and \$5 per class for non-insured, 733-4384.

Choices for Recovery, a non-traditional, 12-step spiritual program open to all faiths, issues and addictions, 4 to 5:30 p.m., 2nd conference room, Minidoka Memorial Hospital, Rupert, no cost, 431-3741, or 431-9527.

Recovery for Life: "Find Help, Discover Hope, Experience Healing," includes Co-Dependency for Women and 12-Step HOPE (addiction recovery), 6 to 6:45 p.m., meal served and 7 p.m. meetings, Twin Falls Reformed Church, 1631 Grandview Drive N., (corner of Grandview Drive North and Pole Line Road), 733-6128.

To have an event listed, please submit the name of the event, a brief description, time, place, cost, and contact number to Suzanne Browne by e-mail at sbrowne@mgvalley.com; by fax, 734-5538; or by mail, Times-News, P.O. Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

MORNING BRIEFING

AROUND THE WORLD

OKLAHOMA
More than 20 killed
storms rumble across
Midwest, Georgia



President George W. Bush and his daughter Jenna Bush pose for a photographer Saturday, prior to her wedding to Henry Hager at the Bush family's Prairie Chapel Ranch in Crawford, Texas. (See story below at right.)

PICHER — Crews and search dogs hunted Sunday for survivors or bodies in piles of debris after tornadoes and storms rumbled across the region a day earlier and killed at least 22 people in two states. Six people died in Picher, once a bustling mining center of 20,000 that dwindled to about 800 people as families fled lead pollution there, and officials held out hope that they wouldn't find any more bodies. Residents said the tornado created a surreal scene as it tore through town Saturday afternoon, injuring 150 people, overturning cars, damaging dozens of homes and throwing mattresses and twisted metal high into the canopies of trees. "I swear I could see cars floating," said Herman Hernandez, 68. "And there was a roar, louder and louder."

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WASHINGTON

White House says Israel, Palestinians need to show peace talk progress

The Bush administration has told Israeli and Palestinian leaders they will need to show progress in holding talks of hopes and a potentially fatal erosion in public support for a process now in its sixth month without any obvious successes. Secretary of State Condoleezza Rice passed the message during meetings with both sides a little more than a week ago. Arab, U.S. and other Western diplomats said. Rice was reacting mainly to the increasingly pessimistic Palestinian assessments of the talks, but she warned that confluence was fragile among Israelis, too. "We talked some about the perception that they're just having endless talks," Rice told reporters later, without mentioning the warnings she raised in private. "They simply don't see it that way."

Western president declared victory in Sunday's parliamentary elections — stunning upset over ultranationalists who tried to exploit anger over Kosovo's independence and thwart the nation's ambitions to join the European Union.

Rice did not present the Israeli and Palestinian leaders any specific U.S. proposal to show momentum, but several ideas are in play. President Bush will visit Israel and Arab states this week, adding to public pressure to demonstrate that U.S.-sponsored peace talks are bearing fruit. Diplomats said, however, that Rice's hearing was not linked to Bush's visit and that she left it to both sides to determine what to do next.

SERBIA

Pro-Western president declares victory in parliamentary elections

BELGRADE — Serbia's pro-Western president declared victory in Sunday's parliamentary elections — stunning upset over ultranationalists who tried to exploit anger over Kosovo's independence and thwart the nation's ambitions to join the European Union.

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COLUMBIA

New files show Chavez sought to arm, finance Colombian insurgents

BOGOTA — Documents that Colombia says it recovered from a slain guerrilla leader give the clearest indication yet that Venezuelan President Hugo Chavez sought to arm and finance insurgents across the border. The documents — more

than a dozen internal rebel messages — detail several years of close cooperation between top officials in Venezuela's government and military and the Revolutionary Armed Forces of Colombia, or FARC, including the construction of rebel training facilities on Venezuelan soil. They also suggest Venezuela was preparing to loan the rebels at least US\$250 million (euro190 million), provide them with Russian weapons and possibly even help them obtain surface-to-air missiles for use against Colombian military aircraft.

Most importantly, they outline a joint strategic project between Venezuela and the Colombian rebels, with Venezuela even seeking rebel training in "asymmetrical warfare" in preparation for a feared U.S. invasion.

TEXAS

Bush wistful about marrying off 'our little girl' to her longtime beau

WACO — President Bush spent months joking about being a father of the bride, but on Sunday he was down-right wistful about giving his daughter Jenna away to her longtime beau. "Our little girl, Jenna, married a really good guy, Henry Hager," Bush said, standing next Mrs. Bush at an airport in Waco where he boarded Air Force One for his flight back to Washington. "The wedding was spectacular. It's just — it's all we could have hoped for."

Unlike other first family weddings that have been broadcast live, the Bushes didn't share their daughter's nuptials with the nation. The day after, however, they briefly shared their joy. — The Associated Press

ON THE AGENDA

TUESDAY

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Blaire County commissioners, 9 a.m., courthouse, 206 First Ave. S., Halley, 788-5500.

Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.

Hansen City Council, 7 p.m., City Hall, 388 Main, 423-5158.

Twin Falls City Council, 5 p.m., council chambers, 305 Third E. Ave., 733-7272.

Cassia County School Board, 7 p.m., central office, 237 19th St., Burley, 878-4367.

Elmore City Council, 7 p.m., City Hall, 419 E. Second, 366-7418.

Gooding School Board, 7 p.m., district administration office, 507 Idaho St., 934-4321.

Hazleton City Council, 7 p.m., city office, 246 Main, 629-5415.

Holley City Council, 7 p.m., City Hall, 2392 Main, 655-4225.

Jerome County Planning and Zoning Commission, 7 p.m., council chambers, 100 E. Ave. A, 324-8189.

Kimberly City Council, 7 p.m., community center, 120 Madison W., 423-4151.

Dietrich School Board, 7:30 p.m., school's business room, 406 N. Park, 544-2102.

Shoshone School Board, 7:30 p.m., district office, 409 N. Apple, 886-2038.

WEDNESDAY

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

DeMory Memorial Library-Bard, 4:30 p.m., 417 Seventh St., Rupert, 436-3874.

Twin Falls Public Library Board, 5 p.m., library board room, 201 Fourth Ave. E., 733-6128.

Declo City Council, 7 p.m., City Hall, 116 W. Main, 654-2124.

Heyburn City Council, 7 p.m., City Hall, 941 18th St., 679-8158.

Murtaugh City Council, 7 p.m., City Hall, 104 S. Fourth, 432-6682.

Murtaugh School Board, 7 p.m., high school library, 500 Boyd W., 432-4541.

Paul City Council, 7:30 p.m., city office, 152 S. 600 W., 438-4101.

Richfield School Board, 7:30 p.m., high school, 555 N. Tiger Drive, 487-2755.

school, 555 N. Tiger Drive, 487-2755.

THURSDAY

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Hagerman City Library Board of Directors, 11 a.m., City Hall, 194 State St. N., 837-4545.

Sun Valley City Council, 4 p.m., City Hall, 81 Elkhorn Road, 622-4438.

Minidoka County Planning and Zoning Commission, 4 p.m., courthouse, 715 G St., Rupert, 436-7180.

Belleuve Planning and Zoning Commission, 7 p.m., City Hall, 115 E. Main, 788-2038.

Kimberly School Board, 7 p.m., district office, 141 Center St. W., 423-4170.

Wendell City Council, 7 p.m., City Hall, 300 Main St., 536-5161.

FRIDAY

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

HOROSCOPE BY JERALDINE SAUNDERS

IF MAY 12 IS YOUR BIRTHDAY: You are currently showered with good fortune — although you may not know it. Embolden whoever who ever is emboldened this week and although this might not be what you want, rest assured it is exactly what you need. Throughout the summer you should avoid messy places and unhappy environments because you are too sensitive. Surround yourself with happy people and beautiful things. In November you may have a second opportunity to make a vast improvement in your life, including material success.

Tackle leadership issues by using the teamwork approach. Your ability to lead others is inspired and wise, so don't be afraid to open a dialogue. This is a good time to begin a new project or plan.

GEMINI (May 21-June 20): If you hook up with others who have your best interest at heart, you can make those dreams come true. Don't mistake a favor or gratuity for a romantic invitation.

CANCER (June 21-July 22): Even though you have a partner or companion who will boost your morale, you must not forget to maintain a positive attitude. Be your money where it will do the most good.

LEO (July 23-Aug. 22): You may be briefly conflicted about issues involving trust and compassion. As long as you honor your promises and don't act upon your doubts everything will

resolve happily. VIKO (Aug. 23-Sept. 22): You companions may yearn to be divas or primp like superstars, while you are content in the world. You will never be last if you opt others first.

LIBRA (Sept. 23-Oct. 22): Sitting on the sidelines is great if you pick the right side. Just because currently you are taking a back seat to major occurrences doesn't mean you must act like a typical backseat driver and offer advice.

SCORPIO (Oct. 23-Nov. 21): Throw out the grappling hook and connect with a star. Someone close to you in time or space might have his or her finger on the pulse of the future. Agree to whatever is offered, as promises will be honored.

SAGITTARIUS (Nov. 22-Dec. 21): Although you would like to make changes or

take a passing whim, this is a good time to follow through on promises even if you must concede a point in the other guy's favor.

CAPRICORN (Dec. 22-Jan. 19): Sall a straight course. While you might be able to shake things up, your present situation is much like a kaleidoscope. Making changes will only serve to make temporary alterations in the patterns.

AQUARIUS (Jan. 20-Feb. 18): There is no difficulty in recognizing the obvious. However, sometimes the best choice is not the most obvious choice. Steer clear of the limelight and be generous in your appreciation of others.

PISCES (Feb. 19-March 20): Seek a stable environment. Your mind is much like a full glass of water. You must hold your best thoughts steady or the ideas contained within will spill out at the wrong time and place to create a mess.

TODAY IN HISTORY

Today is Monday, May 12, the 133rd day of 2008. There are 233 days left in the year.

Today's Highlight On May 12, 1958, the United States and Canada signed an agreement to create the North American Air Defense Command (later the North American Aerospace Command, or NORAD for short).

On this date: In 1932, the body of Charles Lindbergh Jr., the kidnapped son of Charles and Anne Lindbergh, was found in a wooded area near Hopewell, N.J. In 1949, the Soviet Union

lifted the Berlin blockade. Ten years ago: A day after India's first atomic test blast in 24 years, neighboring China said it was ready to test a nuclear device itself.

Five years ago: Suicide bombers in Riyadh, Saudi Arabia, killed nine U.S. citizens and 26 people overall.

One year ago: Virginia Tech held its first commencement ceremonies since the April 16 shooting rampage that claimed 32 victims and the shooter. Voters in the Dallas suburb of Farmers Branch became the first in the nation to back an ordinance prohibiting landlords from renting to most illegal immigrants.

Times-News

Subscription information, contact numbers, and other details regarding the newspaper.

Business information, including contact numbers for various services and organizations.

# Season

**Continued from page A1**  
 year, that would mean a mortality quota of 320 wolves, including deaths from hunting, accidents and natural causes.

The process could be thrown off by a court challenge brought by environmental and animal rights groups, which is set for a hearing by a federal judge on May 29 in Montana.

But for the time being, Fish and Game wants to focus solely on the matters at hand, Parrish said.

"I want to talk about the biological part," the hunting season, Parrish said Friday. "I'm not going to debate people about whether they should be here or not."

Magic Valley Fish and Game Commissioner Wayne

Wright could not be reached in time for this article. But it's likely the commission could feel the same way during its stop in Jerome on May 21 and 22. The commission will tour the area hit by last year's Murphy Complex Fire, hold discussions on Chinook fisheries and sage grouse and set the wolf season rules. A public comment period on the subject will follow.

Parrish said he's confident the judge will find Idaho's plan "reasonable and prudent" and that the hunt will happen.

"We're moving ahead as a state with the assumption we will be allowed to hunt wolves this fall," he said.

Nate Poppino may be reached at 208-735-3237.

# Nurses

**Continued from page A1**  
 day you'll have the money, but right now we don't."

Beyond money, Critchfield said, the pure size of Cassia County might limit the effectiveness of just one nurse.

Twin Falls County School District has managed to engineer a system that provides nursing services. Thanks to a partnership with St. Luke's Magic Valley Medical Center, the district has a full-time nurse for elementary schools and a part-time nurse — 10 hours per week — for secondary schools. The part-time salary of the full-time nurse.

Superintendent Wiley Dobbs said the arrangement is as close to ideal as his dis-

trict could expect. Unlike districts that pay for nurses via state and federal grants, Twin Falls can reliably budget for its nurses without worrying about its funding stream drying up.

"We've been burned with grants in the past," he said. "With this particular route that we're going with here, we feel like we'll be able to sustain the program, and possibly even better it."

So far, grants have been nothing but a blessing in Minidoka County School District. The district is now in its second year of a three-year state grant that pays \$80,000 annually for nurses, and it has used the program to hire two registered nurses.

"We are blessed. We have

two RNs (registered nurses) that are very well respected," Superintendent Scott Rogers said. "There are districts that don't have nurses. There are districts that can't find them even though they have the money, because there's a health care shortage."

Rogers recognized grant money now used for nurses may not be available after the next school year. But he said he believes district trustees will place a priority on nurses and make room for them in the budget. He said constraints have already cost the district counselors at elementary schools.

"We're committed to having the school nurses," he said. "I'd love to have ele-

mentary counselors, but if push came to shove we'd still want to have our nurses."

Machala said some studies have shown a school nurse position can pay for itself by increasing the number of days students attend school and, therefore, the amount of money received from the state.

Rogers said nurses' impact goes beyond the money they make.

"If you have the nurse, then the teacher doesn't have to do what the nurse would do," he said. "I think it frees the teacher to focus on academics."

Sen Berg may be reached at 208-677-8764 or sberg@southidahopress.com.

# Vets

**Continued from page A1**  
 "This is a cost of war," says Steve Smithson, a deputy director at the American Legion. "We're still producing veterans. We've been in a war in Iraq for five years now, and the war on terror since 9/11."

VA and Census Bureau figures show the previous six-year period, before hostilities in Afghanistan and Iraq, saw a more modest increase of 4 percent in the number of disabled vets. Veterans can make claims for disability benefits long after their military service has ended.

Today's veterans — disabled or not — number nearly 24 million. That population is projected by the VA to fall under 15 million by 2033, mostly because of dying World War II and Korean War vets. But costs

are expected to rise. Inflation accounts for a big chunk of the increase. But even when the VA factors out inflation, the compensation for disabled veterans would still grow from \$29 billion to \$33 billion in today's dollars — a more than 10 percent increase. And the department acknowledges the estimate could rise by 30 percent.

VA officials were not eager to talk about reasons for the increases. They declined several requests for interviews. In a written response to a handful of questions, the agency noted a few factors at play in the rising costs, such as the aging veterans population, an increase in the number of disabilities claimed and the severity of injuries sustained.

Outside experts provided

more insight. The American Legion's Smithson says the Iraq and Afghanistan wars are resulting in more severe injuries — amputations and traumatic burns — the kind of injuries that troops in Vietnam and earlier wars would not have survived.

Smithson says today's veterans also face filing claims for more disabilities.

"People are more aware of the benefits they are able to file for (because of) better outreach," Smithson said. "It's not like the WWII generation and Korean war generation where they weren't aware of what they could file for, and they were also reluctant to file if they didn't think they needed it."

Iraq veteran Christopher Bain filed for about 10 disabilities after his tour in

2004. Bain came under mortar fire outside Baghdad and was hit several times. He successfully fought doctors who wanted to amputate his left arm. But 10 operations later, he still needs help getting dressed each day. An electrical stimulator implanted in his upper buttocks helps dull the pain from his injuries.

"It's hard, you go through certain periods of remorse," said Bain. "I am never going to be the man I once was."

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# Uranium

**Continued from page A1**  
 to 43.153.

The push to extract more uranium has caused controversy not just involving federal land but private and state land as well. In Virginia, a company's plan to operate in a never-mined deposit spurred a hearing in the Legislature. In New Mexico, a Navajo activist group is challenging in federal court a license issued just over the reservation's eastern border.

Uranium claims are also encroaching on stretches of Western parkland such as Arches National Park, Capitol Reef National Park and Canyonlands National Park, all in Utah, as well as a proposed wilderness area in Colorado called the Dolores River Canyon.

But by far the most claims staked near any national park are in the vicinity of the Grand Canyon, which draws 5 million people a year. The

park is second in popularity only to the Great Smoky Mountains of North Carolina and Tennessee.

"If you can't stop mining at the Grand Canyon, where can you stop it?" asked Richard Wiles, executive director of the Environmental Working Group.

The energy-versus-environment debate is apparent within the Interior Department, which granted the mining claims through its Bureau of Land Management. Among the mining critics is Steve Martin, superintendent of the Grand Canyon park and an Interior Department employee himself. "There should be some places that you just do not mine," Martin said.


Uranium is "a special concern," he added, because it is a toxic heavy metal and a source of radiation. He worries about uranium escaping into the local water and about its effect on fish in the Colorado River at the bottom of the gorge, and on the bald

eagles, California condors and bighorn sheep that depend on the canyon's seeps and springs. More than a third of the canyon's species would be affected if water quality suffered, he said.

Martin is not the only one uneasy about potential water contamination. Add to the list the Metropolitan Water District of Los Angeles, which sells wholesale water throughout Southern California from its Colorado River Aqueduct. "In addition to the public health impacts, exploration and mining of radioactive material near a drinking water source may impact the public's confidence in the safety and reliability of the water supply," the district's general manager, Jeffrey Kightlinger, wrote to Interior Secretary Dirk Kempthorne.

No one is mining near the Grand Canyon yet, but wooden claim stakes can be spotted throughout the brush-covered plains north and south of the park.


**Tom Gannon**  
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**Idaho National Laboratory**

# Two vie for seat on Gooding Co. commission

By Blair Koch  
Correspondent

In Gooding County, cows outnumber residents almost 10 to 1. And two candidates seeking the Republican nomination for county commissioner say a balance must be found for both groups.

District 1 incumbent Helen Edwards, 68, said that while she supports limiting the number of cows, the county must be proactive in supporting the industry.

"I do support the restriction on cow numbers, and we need to protect the aquifer and residents, but the dairy industry has benefited the county," Edwards said. "It's hard to find the right balance, but it's something we need to do."



Edwards

The two-year term is up for grabs in November.

The three-member county commission, which oversees about 70 government employees, is responsible for the functions of planning and zoning, the sheriff's office and the general health and welfare of residents. The two-year position has an

annual salary of \$25,200. In 2006, Edwards was appointed to the commission by then-Gov. Jim Risco after Bingham resigned in order to complete an 18-month church mission in Cambodia. Bingham, who has lived in the county since 1973 and been involved in farming and dairying since then, was originally elected to serve a four-year term on the commission in 2002.

"One of the issues important to me is to generate a good relationship between the residents of Gooding County and the dairy industry," Bingham said. "We are experiencing growth and we need to establish a better understanding of each other's needs and responsibility."



Bingham

endorse most family development and growth."

Bingham said he also wants to help the county run a tight financial ship to responsibly dole out its nearly \$7 million annual budget.

"I support a balanced and properly regulated county budget," he said. "Utilizing cost-saving opportunities

and managing our resources effectively will increase the benefit to our county without increasing taxes."

Edwards said her long history with the county is one that makes her more qualified to hold the position. She has lived in Gooding since 1968 and began working for the county in 1983. Before retiring as the county clerk in 2006, a position she held since 1995, Edwards served as an assistant recorder and deputy auditor with the county.

"I just love county government," she said. "I have the most experience and am willing to give the time. Through working the various positions I had with the county I know what goes on behind the

scenes. But even so, I still have a lot to learn and keep up with."

But while Bingham said Edwards has done a great job as a commissioner, he feels his "outside-in" view gives him the upper hand.

"Felen has been with the county a long time," he said. "I think I can bring some new ideas and a different view to the table that will benefit the county."

Regardless of the outcome in the election, both candidates said they will remain friends. "Whatever people feel, I just encourage them to go voting," Edwards said.

Blair Koch may be reached at 208-316-2607 or blairkoch@gmail.com.

## Two die in Gooding Co. crash

Two people died Sunday night after a car was hit by a pickup truck in Gooding County, said Gooding County Sheriff Shaun Gough.

At about 7:50 p.m., a car driving on 2200 East rolled through a stop sign and was hit by a Dodge pickup traveling on Bob Barton Road, said Gough. Gough described the collision as a "T-bone" crash.

The car's driver and a passenger in the backseat died. Two people in the pickup truck and a third passenger in the car suffered non-life-threatening injuries and were transported to St. Luke's Magic Valley Medical Center, Gough said.

Gough declined to disclose names or ages, but said all parties were Magic Valley residents. He added that a press release was forthcoming.

He said it was unclear whether drugs or alcohol

were involved, and the matter is under investigation.

### Jerome County crash sends one to hospital

One person was sent to an area hospital Sunday night after a one-vehicle rollover on Interstate 84, police said. At about 7:30 p.m., a vehicle rolled over at mile-marker 201 on I-84, said Taylor Hunsaker, a supervisor for Southern Idaho Regional Communications Center.

One person was flown to St. Luke's Magic Valley Medical Center. Hunsaker said the person was probably in critical condition.

Hunsaker said he did not know what caused the crash or whether drugs or alcohol were involved. The individual's name was unavailable. The crash is under investigation by Jerome County.

— staff report



Nadia Caton, 5, rides on a Parachute for Kids Perrine Bridge Festival Float in the Western Days parade last year.

## T.F. Council to vote on Western Days Parade permit, other issues

By Jared S. Hopkins  
Staff writer

Items on tonight's Twin Falls City Council agenda aren't all that new.

But they've previously raised controversy.

The council is scheduled to consider a special events permit for the Western Days parade and festivities; a six-month contract extension for Twin Falls Municipal Golf

Course Professional Mike Hamblin, who manages the course; and authorization for the Parks and Recreation Commission to review how much home developers must pay the city when they decide not donate property for parkland.

The meeting is scheduled for 5 p.m. at City Council Chambers at 305 Third Ave.

Please see COUNCIL, Page A5

## DAY OF TREES



James Han, owner of S & H Bonsai, trims a Japanese juniper tree Friday evening at his stand in the Swensen's parking lot at the corner of Washington Street North and Addison Avenue. Han said Twin Falls is just one of many stops he will make from Colorado to California to sell the bonsais, which he and his family have raised. They range in age from 3 years to 40 years.

## Students receive GED certificates at CSI

By Damon Hunsaker  
Correspondent

At Saturday night's graduation ceremony, held in the College of Southern Idaho Gymnasium, 155 students essentially dropped back into school to receive their GED (General Educational Development) certificates.

As the graduates entered, they were greeted by about 1,200 people, whose festive hoots and hollers were often punctuated with comments such as "there he is" and "I see her."

Mystique Jimenez, one of two students who addressed the graduates, said, "After dropping out of high school when I had my son, everything was overwhelming. Then I found out about the GED program and that there was still a chance."

Jimenez praised the CSI faculty and

said, "These teachers will not let you fall."

Stasia Parra, the other student to address the graduates, couldn't hold back her tears when she spoke.

"I'm a wife and mother of two children," she said. "I wanted them to watch their mommy walk out and graduate ... I will continue my education and become a nurse, something I've always dreamed of."

CSI Autobody Instructor Tim Pierce said that vocational training can still lead to many job opportunities.

"At the age of 14, I dropped out of school after the death of my father," he told the graduates. "At the age of 23, I decided I'd had enough of part-time, dead-end jobs and went back to school. Two years ago, I replaced an instructor in the autobody department who had taught me."

But it was comedian Danny Marona's

commencement address that inspired the assembly. He reminded the graduates — despite not having any kind of doctorate degree — "I'm proudly the recipient of a GED."

Marona dropped out of school in the ninth grade but achieved a prosperous career in comedy.

"I was sure I was equipped with the skills I needed to go out and arrive at stardom," he said. "I was anything but a good student. I used to sit in study hall and do Hawaiian nose-bumping."

Marona proceeded to demonstrate the art form, which sounded like a cross between an angry cat and a rusty wheelbarrow.

He eventually returned to South Pasadena High School and received his GED. He reminded the audience, however, that a formal education isn't

Please see GED, Page A5

### Lee Tripp Ware

TWIN FALLS — Lee Tripp Ware passed away peacefully, May 9, 2008 at Willowbrook Assisted Living Center in Twin Falls.

Lee was born June 5, 1921 to Carroll & Ellen Hope Tripp in Arimo, ID. Lee was raised and attended school in Arimo. She was a member of The Church of Jesus Christ of Latter-day Saints and Women of the Moose.

Lee was preceded in death by her parents, four brothers, two sisters, one grandson and three husbands.

She is survived by her children Gordon (Karen) Romrell of Palmer, Ark., Colleen Reeves (Larry) Monk of Twin Falls, and David Wright of Verington, Nev. Betty (Lynn) Gunter of Pocatello, John

(Ann) Tripp, Katy (Jerry) Knudson of Blackfoot; one sister, Hazel Marley; 35 grandchildren; and 42 great-grandchildren.

Some of flowers, should friends desire, contributions may be mailed to Snake River Canine Rescue, P.O. Box 2471, Twin Falls, ID 83303 or given to mortuary staff for forwarding.

Funeral services will be conducted at 10 a.m. Wednesday, May 14, 2008 at White Mortuary "Chapel by the Park," 136 Fourth Ave. E., Twin Falls, Idaho, with Bishop Don Arrington, Officiating. Friends are invited to bring flowers to the service on Wednesday evening, May 13, 2008, at the mortuary and one hour prior to services Wednesday. Graveside services will follow at the Arimo Cemetery at 3 p.m. Wednesday, May 14, 2008 with Stanley Bullock, Officiating.

### Dawn Mary Crane

Dawn Mary (Dayley) Crane, born February 27, 1967 in Burley, Idaho, returned to her Heavenly Father on May 9, 2008.

After battling cancer for more than five children, she died of complications of pneumonia in the Burley Hospital surrounded by her family.

Dawn lived most of her life in the Burley-Rupert area. She graduated from Minico High School in 1985, where she earned a music scholarship to attend Ricks College.

After high school, Dawn worked as a high school sweetheart, Sam Crane, for time and eternity in the Idaho Falls Temple. Together they made their home in the Norland area where they have been involved in farming. Dawn and Sam have five children: Nick (20), Nathan (18), Garth (16), Ethan (13), Beth (12). Dawn gained her greatest satisfaction and joy from her family and was grateful for the blessing of being a stay-at-home mom.

She also taught music lessons to a group of young girls (The Crescendos). Dawn enjoyed most performing music that shared her love of the Savior.

Dawn was an active mem-

ber of The Church of Jesus Christ of Latter-day Saints. Her life was centered upon her testimony of Jesus Christ. She had the opportunity to serve in many church callings. She loved to serve the children and spent many years as the Primary Organizational.

Some of her other interests and talents included reading, sewing, crafts, and family history. She was never afraid to try something new. She was a loving and caring friend whose love and support will always be appreciated.

Dawn will always be remembered for her positive attitude, even during extreme challenges and difficulty. She also inspired that same positive attitude in others. She was a light and example to many, especially her family.

Dawn is preceded in death by her father-in-law and mother-in-law, Ron and Loren Crane; her father, Nick (20), Nathan (18), Garth (16), Ethan (13), Beth (12). Dawn gained her greatest satisfaction and joy from her family and was grateful for the blessing of being a stay-at-home mom. She also taught music lessons to a group of young girls (The Crescendos). Dawn enjoyed most performing music that shared her love of the Savior.

## Traffic signal expected at Golf Course Road

### Staff report

A traffic signal is scheduled to go up in 2010 in Jerome County at the intersection of Golf Course Road and U.S. Highway 93, the Idaho Transportation

Department recently announced. It's unclear how the funding will be shared with the Jerome County Highway District, and some road improvements will be included, said TID spokesman Nathan Jerke.

He said the state will provide most of the funding. Traffic signals typically cost about \$400,000.

"The amount of traffic using Golf Course Road has been increasing pretty rapidly over the last few years," he said.

### Fund for Idaho seeks award nominees

The Fund for Idaho, a public nonprofit foundation, is seeking nominations for the Nelle Tobias Award in Philanthropy.

The purpose of this award is to honor extraordinary generosity and passionate vision for a better future for the state. The award is named after Nelle Tobias, who demonstrated in her life and legacy.

The Fund for Idaho sought nominations for the award in spring 2007. The first honorees, Wood River Valley residents, died in 2007. The award is given to individuals who have con-

tributed both time and money, as exemplified by Nelle Tobias, in furthering the vision of a just, compassionate and environmentally healthy Idaho that is respectful of its history and its peoples.

Doug and Ann Christensen of Ketchikan were nominated by Norma Douglas of The Wilderness Resources in Ketchikan, and Liz Paul, with the Idaho Peace Coalition, of Boise. The couple was honored for her decades of providing resources, through their private family foundation and their own volunteer time, to hundreds of groups working to make Idaho and the world a better place.

Nominations are due by Thursday, Form and information are on the Fund for Idaho Web site, www.fundforidaho.org, or contact Executive Director Gail Heylman, gah@fundforidaho.org or 208-343-1744.

## Lab mistake leads to Moscow startup nanotech company

MOSCOW — A laboratory accident that was nearly discarded contained a discovery that sparked a high-tech start up company for one tenant of the University of Idaho's Business Technology Incubator.

Idaho physics professor David McIlroy's curiosity got the best of him, and the decision not to discard the graduate student's mistake forms the foundation of his company, GoNano Technologies.

"That was one of the best decisions of my scientific life," McIlroy told the Lewiston Tribune in a story published Sunday.

The sample one of McIlroy's student laboratory assistants showed him looked completely different than anything in 40 years of academic research. The assistant wanted to spend \$25 to look at the sample

under a special high-powered microscope.

McIlroy nearly declined, but he relented. He found the substance was filled with nanospings — tiny structures that have the ability to receive and store vast amounts of electrical energy in very little space.

The material shows promise for making technologies more efficient for hybrid cars, cellular telephones and solar power.

McIlroy and his business partners expect to operate a plant on the Palouse within five years that produces nanospings for commercial customers. The lightweight nanospings might also be used in batteries to power hybrid cars, reducing the 600-pound load the vehicles now carry, and allowing them to be rounder.

## Council

Continued from page A4

E. in Twin Falls. It is open to the public.

The 27th annual Western Days event, scheduled to begin the afternoon of May 30, is expected to draw 30,000 to 50,000 people. The city will have police are requiring organizers to pay for police overtime, a cost of at least \$5,000, according to the city staff report. Police point to 16 service calls last year, plus problems with traffic, the parade and a traffic collision.

But Western Days has always used private security firms, said Lisa Cuellar, the event's board chairwoman, and she recently said she would appeal to the council because her \$27,000 budget can't sustain the new costs. She said police first approached her in January about covering the costs.

The City Council has the final say on who is hired and what is paid for. Last year's Western Days parade drew statewide attention when organizers denied the Southern Idaho Gay Lesbian, Bisexual and Transgender Community Center from having a float in

the parade. Cuellar recently said the group had not applied this year.

Last year was the first time the committee denied a float application. The city was not officially involved in the parade, but the council ordered closing streets and police spent \$4,200 in overtime for public safety.

The city will also vote on whether to extend Hamblin's five-year contract — which expires in August — to the winter months of 2008. Twin Falls Parks and Recreation Director Dennis Bowyer said the city and Hamblin agreed it would be easier and wiser to negotiate a new contract during the winter months. Budget comes in the heart of the golf season.

Hamblin, whose father also was the head pro, is in his second five-year contract to manage the golf course in the winter months. He has a base salary, he manages and receives all profits from the restaurant and pro shop.

Hamblin receives 90 percent gross sales from the golf cart fees. Hamblin owns the golf carts and driving range. He also receives 12

days to hold private tournaments and a commission for extra rounds played. The city pays for maintenance and groundskeeper costs.

Bowyer said he doesn't expect Hamblin to leave, and he said Hamblin has not indicated he will. The city is looking to making possible changes to the contract that would benefit both parties, Bowyer said.

"The Parks and Recreation Commission would like to review how much developers of residential subdivisions pay in lieu of giving property for parkland. Currently, the cost of developing an acre of parkland,

provided by city policy, is \$31,700. The amount was determined in 2005 when the city adopted an ordinance that requires developers to either donate land for parks or contribute money to the city for park development.

The commission is also looking to change the boundaries the contributions can be used for. That would require a public hearing to amend city code. Bowyer said the city for park development. The commission is also looking to change the boundaries the contributions can be used for. That would require a public hearing to amend city code. Bowyer said the city for park development.

Jared S. Hopkins may be reached at 208-735-3204 or jhopkins@magicvalley.com.

## DEATH NOTICES

### Frank H. Montgomery

TWIN FALLS — Frank H. Montgomery, 85, of Twin Falls, died Sunday, May 11, 2008 at Twin Falls Care Center.

Funeral arrangements are pending and will be announced by Reynolds Funeral Chapel of Twin Falls.

### Ronald S. Dinkel

TWIN FALLS — Ronald S. Dinkel, 72, of Twin Falls passed away Saturday, May 10, 2008 at St. Luke's Magic Valley Medical Center.

Funeral arrangements will be announced by White Mortuary "Chapel by the Park."

## SERVICES

Alice May Aitken of Wendell, memorial commitment service at 11:30 a.m. today at the Elmwood Cemetery in Gooding (Demaray Funeral Service, Gooding Chapel).

Joe "Gus" Hackney of Boise, memorial service at 4 p.m. today at St. Michael's Episcopal Cathedral in Boise; interment service at 2 p.m. Wednesday at the Calvary Mausoleum.

Erna Emma (Kregar) Bernthal of Lincoln, Neb., funeral at 10 a.m. Wednesday at Christ Lutheran Church, 4325 Summer St., burial at 2:30 p.m. Wednesday at Greenwood Cemetery in Greenway, Neb.; visitation from 5 to 7 p.m. Tuesday at Roper and Sons, 4300 'O' St. in Lincoln.

For obituary rates and information, call 735-3266 Monday through Saturday. Deadline: 5 p.m. for next-day publication. The e-mail address for obituaries is: obits@magicvalley.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magicvalley.com and click on "Obituaries."

## GED

Continued from page A4

required to be successful. Instead, he said, success requires imagination, common sense and courage.

"I remember a teacher who said, 'You can't make a living with stupid jokes.' Well, actually, he did make a living telling stupid jokes," he said.

"If you're good at what you do and stick to it," Marona said, "eventually, they'll give it to you, because you can only be denied so long."

Letty Trevino-Sallinas, who graduated Friday from CSI's registered-nurse program, watched her brother, Romeo

Trevino, graduate Saturday. "Danny Marona was full of information," she said after the ceremony. "If he was able to do this, these kids can look up to him and fulfill their dreams."

As the graduates exited, one reminded the audience that the ceremony was a non-traditional event by throwing away his cap and gown — revealing long hair, an eyebrow ring and a Black Label Society t-shirt.

Damon Hunzeker may be reached at 208-420-4697 or hunzeker@aol.com.

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EDITORIAL

For high court seat, it's Horton over Bradbury

Want to know about a judge? Ask a lawyer. Idaho attorneys respect Supreme Court Justice Joel Horton, according to a recent survey done by the Idaho Bar. He was rated above his challenger, Larry Bradbury of Lewiston.

Horton's greatest strength has "knowledge and understanding of the law." In that category, he averaged 3.49 points out of four. Bradbury averaged 2.58 — his second-highest mark. Bradbury's best score was 2.59 for "integrity and independence." In that category, Horton averaged 3.48 — his second-highest mark.

That's why we're supporting Horton for election to a full term on the Idaho Supreme Court on May 27.

The former Twin Falls County deputy prosecutor and Fourth District judge was appointed to the Supreme Court last September by Gov. C.L. "Butch" Otter. As we said editorially at the time, that was an inspired choice — and one which stands to benefit the Magic Valley.

Horton was responsible for one of the most significant recent court decisions affecting south-central Idaho. Ten years ago, he upheld a 1996 ruling by the Idaho Land Board to deny a submerged land easement to Cogeneration, Inc., a Salt Lake City company that wanted to build a hydroelectric plant at Auger Falls.

Horton ruled that the Land Board — Gov. Phil Batt and four other state elected officials — properly invoked the public trust doctrine, and that Cogeneration's Federal Energy Regulatory Commission-issued license didn't trump state.

The proposed 43.6-megawatt Auger Falls project was a left-over from the hydropower boom of the 1980s. Seven new projects were proposed on the Snake, but only Auger Falls was licensed.

Cogeneration v. Idaho effectively marked the end of new large-scale hydro development on the middle Snake River. In retrospect, that was a blessing — and significantly shaped the future of the development of both the Snake River Canyon and the wider Magic Valley.

Three of the five Idaho Supreme Court justices now have Magic Valley ties. Horton and Justice Roger Burdick, formerly the presiding judge in the Snake River Adjudication, have extensive knowledge of water. And Justice Jim Jones served two terms as Idaho attorney general, supervising a staff steeped in water law.

It's the first time south-central Idaho has had anything close to the legal influence it now enjoys.

Horton got there because of his judicial skills, and he's no old-guard placidholder. He believes counties should be allowed to set up their own night courts, keep their courthouses open on weekends so people called into court don't forgo a day's pay, and to run video appearances instead of visiting the courthouse.

Instead of the Supreme Court sending unfunded mandates to county commissioners, the justices should be allowed to work on improving their own inefficiencies, he said.

Bradbury, a reform-minded lawyer who upset a sitting judge for a district court seat five years ago, has a point that there's an entrenched pecking order atop the Idaho judiciary. But why blame Horton, the newest member of the Supreme Court?

Otter appointed Horton not for his political connections, but because he deserved the job. He still does.

Times-News

Brad Hurd . . . publisher Steve Crump . . . Opinion editor

The members of the editorial board and writers of editorials are Brad Hurd, James G. Wright, Steve Crump, Traci Bliss and Bill Elzenburg.

Go on, shop 'til you drop

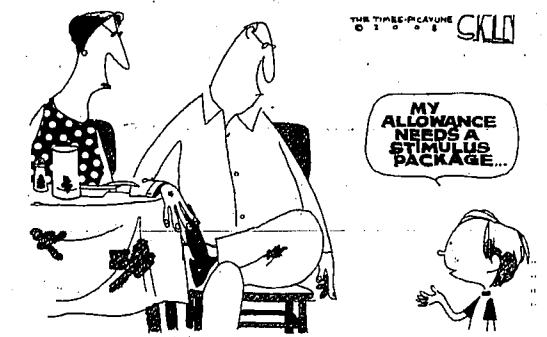
Back in January, as the economy wobbled, even President Bush and House Speaker Nancy Pelosi were able to agree on a short-term shot in the arm — checks to most American households. Now the first round of economic stimulus payments are making their way to taxpayers via direct deposits, and the actual paper checks will be mailed out starting Friday.



JONATHAN A. PARKER

Bush said that Americans should "use this money as they see fit — to help meet their monthly bills, cover higher costs at the gas pump, or pay for other basic necessities." Basic necessities like a new television? Retailers sure hope so. But should you fill a shopping cart?

Let's start with all the reasons not to. In a typical economy, if the government gave you back nearly \$2,000 (let's assume you're married, filing jointly, with two kids), you should probably save most of it. If you spent it right away, you would temporarily boost your standard of living but set yourself up for future declines. (When it came time to put those two kids through college or if



your hot water heater broke, you would regret not having saved a chunk of your windfall.) So you might rather go out for a nice dinner and set the rest aside. But wait! You might not even want to go out for that dinner, because when the government sends out the checks, it is borrowing to do so. And more federal debt means more taxes or fewer government services in the future — which means that you might want to save your payment instead.

But these times are not typical. That's why the checks are in the mail in the first place. Today's consumer-confidence numbers could more accurately be called consumer-anxiety numbers.

And despite the Fed's strenuous attempts, retailers are selling less, unemployment is rising, and the threat of recession looms large.

For many people, the price of what they buy has gone up while their income has gone down. So you may want to spend that check to maintain your standard of living. If enough of us follow suit, maybe we could avoid idle factories, unemployment and the R-word.

It has worked before. In 2001, we spent about a third of our rebates within one to two months and two-thirds within four to five months, spending enough to haul the economy out of recession. We spent more on things

such as clothes, restaurant meals and health expenditures than on utilities, basic foodstuffs and gas.

So head to Sears or Home Depot in good conscience. You are providing the "shot in the arm" that Bush promised when he first called for the stimulus package — a shot in the arm that might just land you a new flat-screen TV. Or at least allow you to replace that old hot water heater.

Jonathan Parker is a professor of finance at Northwestern University's Kellogg School of Management. He wrote this commentary for The Washington Post.

**Our view:**  
The newest member of the Idaho Supreme Court, former Twin Falls County Deputy Prosecutor Joel Horton, deserves a full term on the high court.

**What do you think?** We welcome viewpoints from our readers on this and other issues.

LETTERS TO THE EDITOR

Thanks for the map

The garage sale map and listed addresses is a most welcome addition to your newspaper.

Thank you,  
RUTH FIKSEN  
Twin Falls

Vote for Schmidt

This letter will hopefully encourage others to join me on May 27 and vote for the most qualified person running for Jerome County commissioner in District 2. That person is Marjorie Schmidt.

She is intelligent, thoughtful and thorough when she makes decisions. She has shown her fellow council members respect and engages them in discussions regarding important issues that need to be addressed. She is well liked and respected for her thoughtful consideration of not only the issues at hand but also for the problems being brought to the light. She listens carefully and conducts her own research and investigates the matter thoroughly, taking into consideration all viewpoints of the parties concerned.

She determines the course of action that is best for everyone (even if it's not the popular one) and remains steadfast in her resolve. She has taken on many difficult and time-consuming tasks and has served on a multitude of committees and boards. Because she is that good, she is constantly in demand to serve on many more committees. She acts on behalf of all of us to the best of her abilities and, for one, am thankful that she represents us. The county of Jerome will be lucky to have

Get in your two cents

**ONLINE:** At [magicvalley.com](http://magicvalley.com), you can respond to any of the local opinions or stories in today's edition. First register online for free and then give us your two cents.  
**ON PAPER:** The Times-News welcomes letters from readers on subjects of public interest. Because of space constraints, please limit letters to 300 words. Include your signature, mailing address and phone number. Writers who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls office, mailed to P.O. Box 548, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to [letters@magicvalley.com](mailto:letters@magicvalley.com).

her sit as a commissioner, and we will be so much better off for it. She is a proven leader and can get this county moving toward well-managed, diverse economic growths that will help to restore respect for Jerome County from within the state. Her service on water committees has given her the insight to pursue protection for our precious resources such as the quality of our water, air and soil. She has shown a conservation and good stewardship of our land to preserve our quality of life. Vote for Marjorie for a positive change.

BETTY WISE  
Jerome

Jerome County needs Schmidt as commiss

I am writing this letter in support of Marjorie Schmidt, who is running for the District 2 County commissioner position in Jerome.

I have known Marj for many years and know her to be reliable, honest and a hardworking lady. She has an old-fashioned work ethic which is seldom seen. When she takes on a project, she sees it through to its successful completion. She has the ability to bring out the best

in those around her because of her encouragement, mutual respect and "can do" attitude. I hope her enthusiasm catches on!

Marj has done a wonderful job as our city councilwoman for more than 10 years and has many successful city projects to her credit. I believe she can be equally successful at the county level and can bring about good, positive changes from the way the current commissioner meetings are being run to the successful updating of the comprehensive plan that you hear so much about. It sounds like if we had that plan to use as a road map for the future of our county the way she wants to, we could have sensible, managed growth with some economic benefits as a bonus. The growth that we're experiencing now and into the future will be managed properly, fairly, and in a orderly manner. She can also help the city and county work together because of the experience and knowledge she has gained from her years of public service.

I have every confidence that a vote for Marjorie Schmidt is a vote for the good, positive progress for all of us in Jerome County.

Election letters

The Times-News welcomes letters to the editor from and on behalf of candidates for the May 20 school board elections and for the May 27 primary elections.

Deadline for school board election letters is Thursday, May 15, at 5 p.m., and deadline for primary election letters is Wednesday, May 21, at 5 p.m. Election letters received after those dates will not be published. Letters must be 300 words or less, and the Times-News will publish one letter from each writer. The Times-News will not publish extended, 600-word reader comments by or on behalf of candidates. That includes reader commentaries written in response to letters from other candidates or their supporters.

All writers of election-related letters must provide a phone number where they can be contacted.

Email letters to [ethomason@magicvalley.com](mailto:ethomason@magicvalley.com), fax them to 734-5538, or mail them to Letters to the Editor, Times-News, P.O. Box 548, Twin Falls, Idaho 83301.

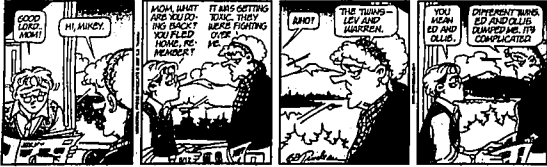
If you have questions, phone Opinion Editor Steve Crump at 735-3223.

Please join me and many others like me and cast your vote for Marjorie Schmidt on May 27.

MICHAEL MAGNELLI  
TERI MAGNELLI  
Jerome

THE LIGHTER SIDE OF POLITICS

Doonesbury



Mallard Fillmore



LETTERS TO THE EDITOR

Compare the candidates before voting

Cathy Roemer's political filer quotes mostly volunteer or appointed work references for the position of county commissioner. It does not state how long he worked periodically last I believe Jerome County does deserve better! Compare her quality with those of Diana Obenaus and Marg Schmidt! Both are college grads. Diana has a master's in business administration, which does qualify her to be a county commissioner. The work experience of those two far exceeds those of appointees who could have nothing to do in actions as a county commissioner.

Charlie Howell and Joe Davidson have missed a lot of meetings. Diana is a registered nurse and, at times, for the emergency room and just could not attend the waste management meetings in Burley. The emergency room was more important!

Diana led the efforts to recover approximately \$75,000 of illegal money collected by three former commissioners.

Diana furnished, along with Dr. Sugden, information regarding the need for the dairies to improve their health conditions. Those same conditions are now stated by the Union of Concerned Scientists. See

http://ucscusa.org/food and environment/sustainable/food/cafos-usvc. Diana pushed for a veteran's service officer (as other counties have) and we now have Terry Gabbert in the job and he's doing a good job. He's well qualified to be a good job. He's well qualified to be a good job.

I urge everyone to attend a commissioners' meeting in Jerome, third floor, court-house on Lincoln, before voting. Also attend the candidates' meeting at the Fish and Game Building just off Highway 93 on May 13 at 7 p.m.

Compare qualifications! XENIA WILLIAMS Jerome

Agriculture not being driven from area

It amazes me how some otherwise clear-thinking people can become so confused that they fail to recognize the problems that agriculture starts them right in the face. No one, least of all Diana Obenaus, is trying to drive agriculture out of the county. Nor does she deny that dairies and the dairy industry are the most very beneficial to the local economy. However, when something is good does not mean that more of it is better, especially when more potentially threatens the environment and health of the people.

No one has suggested that dairies leave. Some of them certainly do need to be mon-

itored more closely and with some authority. People like Mr. Morley need to come down and get their heads out of the clouds of ammonia that hovers above the Magic Valley that's clouding their God-given ability to think. They might even smell the roses if they don't live too close to a dairy.

If mistakes were made in the way of the confined animal feeding operation moratorium has been handled, at least they were made in the realm of caution, rather than just blundering ahead as Mr. Morley's desire. A serious, well-documented environmental impact study needs to be undertaken before another large CAFO is ever approved. Serious problems are beginning to surface related to the high concentration dairies and the associated animal waste. As long as they are not properly generated, e-coll is beginning to show up in one of our local springs and may begin to appear in the wells supplying homes. It is imperative that the impact of such contaminants be considered before future another CAFO is approved.

WILLIAM STRANGE, Jerome

Candidate shares opinions on issues

My name is Daniel Gill, and I am asking you to vote

for me May 27 for committee in Twin Falls Precinct OTF 23.

I am a retired mallman, I just got married to a wonderful woman on the southwest side of town. I am not a part of the Establishment Politics of the Republican Party! However, I do agree with the platform of the Republican Party!

One duty will be to help assign delegates. I am against anyone that is comfortable with a national ID, unconstitutional wars, outsourcing our jobs, opening the borders, spending and giving away our wealth, propping up a bankrupt Federal Reserve System only so that the Rockefeller kind cohorts collect all of the marbles. I think that most all of us realize if inflation continues and we don't stop the spending right now, it will be too late to avoid an oncoming economic disaster that will be as bad if not worse than the Great Depression.

Let's get the party back to its platform and the country back to the Constitution. I love this country dearly and believe there is still hope if the people react in time; it all must start at home with you and me in Twin Falls. Please make it to the polls on Tuesday, May 27. Thank you! What is a precinct committee? As a precinct committee member, I am would

be the local spokesperson in our precinct for the GOP to effect change by:

- Registering voters and increasing voter turn-out in our neighborhood
Helping elect county, state and national party leaders
Collecting email addresses from interested voters
Registering the party and elected officials know about hot local issues
Making sure the Republican Party represents you,
DANIEL GILL, Buhl

Vote for Coffman in T.F. Precinct 5

This letter is to introduce Joe Coffman to you. Joe is running for Republican Precinct Committee in Twin Falls Precinct 5. I can tell you first hand that he has excellent experience and is a veteran of the U.S. Navy. Like many of us, Joe is sick -- sick of degener-

acy, of uncleanliness, of cowardry and of spineless politicians. It is his goal to represent his conservative neighbors and fellow Republicans in Precinct 5 and help restore those traditional ideals here in Twin Falls County. I am pleased to highly recommend this fine person. I believe that Joe Coffman deserves consideration by the voters on May 27. BILL NELSON, Twin Falls

TV book not needed

My satellite DVR box gives me a schedule when I need one, so I haven't looked inside the Sunday TV listing for years.

Some reviews of upcoming shows might be helpful, though I have other sources for that also.

You have a fine group of reporters save the newspaper for more of their articles. MICHAEL SCHWAGER, Twin Falls

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Pigeons

Continued from page A1 black sport utility vehicle, scatter 75 pounds of pigeon feed and disappear into the night.

She's been doing this for a decade, police say, but neither they nor Dodson's small band of pigeon patrolers — dubbed "Citizen Pigeon" — have been able to stop her.

When you realize how many laws and man-made rules it takes to catch her... Dodson said. "She's got the perfect crime because who else would have the resources to do this?"

Across the nation, a virtual war on pigeons has been waged in many ways: poisonings, electric wires, robotic falcons and even bird relocation in some farms in some areas. In places the mere mention of feeding bans has raised the ire of legions of pigeon fanciers who ridicule efforts to levy fines for tossing birds a handful of bread crumbs.

But pigeons will reproduce beyond the amount of food available. In Hollywood, they have.

Stephanie Boyles, a wildlife biologist with the Humane Society who has developed pigeon control programs around the country, said she's never seen anything like it. To get a sense of how bad the problem was, she once scattered some bread in a Hollywood parking lot.

Within moments, the bread was gone and many of the eyes were upon her. An eerie glow suggested they wanted more.

"I've traveled in Europe, I've

been to New York City many, many times, Washington D.C. and Chicago — places that claim to have pigeon problems. They do, but compared to Hollywood, it's not even a fair comparison," Boyles said. Critics maintain that pigeons do millions of dollars in damage a year nationwide. Their guano is caustic, and has been blamed for all sorts of problems, from poor water quality in Pismo Beach to the collapse of the Minneapolis bridge.

In Hollywood, critics say, the pigeons conflict with a beautification program aimed at reviving the famed neighborhood, for years blighted by dingy sex shops along the Hollywood Walk of Fame. When officials took down the marquee of Grauman's Chinese Theatre to refurbish the building, pigeon guano had completely corroded the metal.

Legions of pigeons sit waiting for food on rooftops, under freeways and telephone lines, prompting business owners to put up canopies and umbrellas to protect customers.

"I'd want to feed 5,000 cats a day, you know how many cats we'd see a year from now!" said Thaddeus Smith, who once used a jackhammer to get guano off the roof of his Music Box nightclub. "When we walk to lunch we see bird seed everywhere and thousands of pigeons sitting on wires saying 'hmmmm.'"

Kourinian declined to comment for this story. For years residents would periodically see her feeding birds but never knew how many cats we'd see a year from now!" said Thaddeus Smith, who once used a jackhammer to get guano off the roof of his Music Box nightclub. "When we walk to lunch we see bird seed everywhere and thousands of pigeons sitting on wires saying 'hmmmm.'"

a.m. one night they finally caught Kourinian mid-feed, but because he flustered they lost the trail.

"We actually videotaped her putting down three 25-pound bags," Dodson said. "We were so excited we about peed our pants and couldn't follow her."

In the course of her work, Dodson started a sort of Pigeon Feeders Anonymous. She said she had to change the mind of a bird feeder by counseling one 72-year-old woman.

Diane Goldberg grew up as a foster child and had always had a soft spot for animals, especially ones no one cared for — like pigeons, which are "at the bottom of the bird heap." With Dodson's encouragement, Goldberg is trying to cut down her relatively modest six-scoop-a-day habit. Her husband decided to schedule on the back of a bag of birdseed reminding Goldberg to cut back every two weeks.

"I just feel like they're there and they're hungry," Goldberg said of the pigeons. "I just feel like I can't allocate a bird's hunger; it helps me. I've just gotten to a point where they's gotten out of hand."

When it came to Kourinian, who was dumping hundreds of pounds of birdseed in at least 20 spots around the city, she determined men and women of Citizen Pigeon decided they had to take more drastic measures.

Thank-you to these Edward Jones Representatives for Supporting Education.

Grid of photos of Edward Jones representatives: Dawn Miller, Ann Stewart, Sheila Walker, Todd Strangitt, William Stevens, Bryan Butler, Lynn Hamilton, Richard H. O'Halloran, Hank Ford, Hank Ford, Hank Ford, Hank Ford.

Financial Lesson of the Week

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Financial Strategies for Small-business Owners

If you're a small-business owner, you put your heart, soul — and most of your time — into your business. Unfortunately, sheer hard work doesn't always translate into financial security — so you'll need to take some additional steps.

Here are a few to consider:

Protect your business against the loss of a key employee. If you have an employee with valuable management or sales skills, and this person were to die unexpectedly, your business could suffer. That's why you may want to write a "key-person" life insurance plan on this employee. In its simplest form, key-person coverage pays cash to your company, which is usually the policy beneficiary, when the designated employee dies or becomes disabled. Key-person insurance also can be structured to fund deferred-compensation arrangements or buyout agreements between partners.

Avoid "madding" business coffers to pay for personal expenses. Try to keep six to 12 months' worth of living expenses in a liquid account. Once you have established this "emergency fund," you'll be less likely to tap into your business' income or assets to pay for unexpected personal expenses, such as a new appliance, a costly car repair or a large medical bill.

Create a retirement plan for yourself. As a business owner, you're responsible for establishing your own retirement account. Fortunately, you have some attractive choices, including the following:

- SEP-IRA — You can contribute up to 25 percent of your compensation — as much as \$46,000 — to a SEP-IRA. Your contributions are tax deductible and your earnings have the potential to grow tax-deferred until withdrawal. This plan offers you significant flexibility in making contributions for yourself and your employees. Plus, as an employer, you can generally deduct, as business expenses, any contributions you make on behalf of your plan participants.
SIMPLE IRA - You can put in up to \$10,500 — or \$13,000 if you're 50 or older — to a SIMPLE IRA. As is the case with the SEP-IRA, your earnings have the potential to grow tax deferred. You can match your employees' contributions dollar for dollar, up to three percent of compensation, but no more than \$10,500 (or \$13,000 for employees 50 and over). Alternatively, you could contribute two percent of each eligible employee's compensation each year, up to a maximum of \$4,600, regardless of whether the employee contributes or not. Contributions to your employees are tax deductible.
"Owner-only" 401(k) plan - If you have no employees other than your spouse, you can establish an "owner-only" 401(k) plan. Between salary deferral and profit sharing, you can contribute up to \$6,000 in pre-tax dollars, to your owner-only 401(k), or \$51,000 if you're 50 or older. Like a SEP-IRA or SIMPLE IRA, a 401(k) provides the potential to accumulate tax-deferred earnings. But if you open a Roth 401(k) your earnings have the potential to grow tax free, provided you've had your account at least five years and you don't start taking withdrawals until you're at least 59-1/2. (However, you make Roth 401(k) contributions with after-tax dollars.)

Your tax or financial advisor can help you decide which retirement plan is right for your business. But don't wait too long to choose one, or to make the other moves necessary to help you make progress toward your financial goals. When you own a business, time flies — so make the right moves today.

nie Newspaper in Education

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# Myanmar on brink of catastrophe, British charity Oxfam warns

By Amy Kazmin  
The Washington Post

BANGKOK, Thailand — An estimated 1.5 million Myanmar are on the brink of a "massive public health catastrophe," the British charity Oxfam warned Sunday, as desperate survivors of Cyclone Nargis poured out of the devastated Irrawaddy Delta into regional towns in search of water,

food and other help. Myanmar is facing a "perfect storm" of conditions that could lead to an outbreak of waterborne disease, said Sarah Ireland, Oxfam's regional director. "The ponds are full of dead bodies, the wells have saline water, and even things like a bucket are in scarce supply," Ireland said. She appealed for Myanmar authorities, who have restricted access to

the country, to allow humanitarian agencies to send in technical and health experts to help prevent disease outbreaks. The struggling relief efforts suffered another setback when a boat ferrying rice, drinking water, clothing and other aid supplies sank in the delta early Sunday, apparently after hitting a submerged tree, the International Federation of

Red Cross and Red Crescent Societies said. Residents were able to salvage some of the supplies, meant for more than 1,000 survivors, but river water probably contaminated the food, the organization said. All of those aboard made it safely to land. The boat was carrying one of the first international aid shipments. "This is a great loss," said Aung Kyaw Htu, who is

supervising the distribution effort. "This would have been our very first river shipment, and it will delay aid for a further day." The cyclone and powerful tidal sea surge ripped across the low-lying delta a week ago, with winds topping 120 mph. The country's ruling junta on Sunday raised its official tally of the dead to more than 28,000, though humanitarian experts say the

toll could run much higher. Thousands remain missing. The dire warnings came as Myanmar's state media declared success in a referendum to secure public endorsement of a new constitution that critics say would perpetuate and legitimize military rule. Burmese leaders say the charter will lay the foundation for a "discipline-flourishing democracy."

# Scientists probe recent coyote attacks in California

By Alicia Chang  
Associated Press writer

LOS ANGELES — The coyote was limping as it approached a girl in a sand box at a public park — but it was "still" dangerous. It snapped its jaws on the girl's buttocks and her nanny had to pry the toddler from the wild animal.



A wildlife warning sign is posted at Alterra Park in Chino Hills, Calif., San Bernardino County, about 30 miles east of Los Angeles May 8, 2008. A woman pulled a 2-year-old girl from the jaws of a coyote in this park the week before.

Less than a week later, a coyote in a mountain resort town some 35 miles away grabbed a girl by the head and tried to drag her from a front yard until her mother scared it away. A spate of coyote attacks in the fast-growing suburbs east of Los Angeles have left parents on edge and puzzled wildlife officials. "Their aggressive behavior seems to be on the upswing," said Steve Martano, a spokesman with the state Department of Fish and Game. "They just seem to lose their fear of humans."

Coyotes normally avoid contact with humans and build dens and dens. But scientists said some that live near suburban developments are becoming bolder, raiding garbage or even attacking pets and humans. An increase in coyote attacks on humans in the past decade is most evident in Southern California, where bedroom communities have quickly pressed into wilderness, allowing the canine scavengers to roam backyards for food. Since the 1970s, more than 100 coyote attacks on humans in Southern California have been recorded, with half the incidents involving children age 10 and younger. "If they see a young child and they have a chance, yeah they'll take it," said Kevin Brennan, a state wildlife biologist. The only known fatality involved a 3-year-old girl in the foothill city of Glendale. She was fatally mauled in 1981.

"We're not sure what pushes them over the edge," said Robert Timm, a wildlife specialist with the University of California system. "There may be no single explanation for it." One possibility is that coyotes love pups this time of year and may need more food for themselves and their babies. Toddlers fall into the size of prey that coyotes would normally attack. Another theory is that homeowners are unintentionally luring the wild animals by leaving pet food bowls outside or not securing garbage bins. Game wardens don't normally hunt coyotes unless they pose a threat to people. After attacks, they trap and then shoot coyotes. They also carry shotguns or small-caliber rifles, but won't fire on the animals unless they get a clear shot. Authorities dissuade people from hunting renegade coyotes themselves and suggest that they instead make sure they or throw objects to scare them from neighborhoods.

Don't get left out, be sure to get your special events published here. Call Karen at 735-3270

Mark Your Calendar for: **Twin Falls Farmer's Market** Every Saturday 9am - 1pm Beginning May 10th North College Road See you there!

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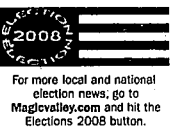
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# So, candidates, who's it going to be for VP?

The Washington Post



WASHINGTON — Sen. Barack Obama's victory in North Carolina and near-miss in Indiana last week remove much of the doubt about whether he will win the Democratic nomination for president. With Obama the likely Democratic nominee and Sen. John McCain long his party's presumptive nominee, the search for their vice presidential picks can now begin. Below, you'll find the five most legible veeps, assuming McCain and Obama are the candidates, ranked in the order of the likelihood of being chosen. No. 1 on each side is currently the likeliest to be named.

For more local and national election news, go to [Majavello.com](http://Majavello.com) and hit the Elections 2008 button.

Republican vice presidential field who best fits what McCain wants and needs in a VP. Pawlenty has been elected twice in a Democratic-leaning state that is almost certain to be a battleground in the fall.

**DEMOCRATS**

5. Sam Nunn: It's hard to argue with Nunn's place as one of the pre-eminent Democratic thinkers on foreign policy and defense issues. He spent more than two decades in the Senate representing Georgia and chaired the Armed Services Committee.

4. Tim Kaine: Kaine's great strengths in this process are biography and geography. A former missionary and a man who is eager to talk about his faith, Kaine could help Obama bridge the "God gap" that has emerged in recent presidential elections.

3. Hillary Clinton: After Clinton's speech in Indianapolis last Tuesday, many within the party thought she was opening the door to the

idea of sharing the ticket with Obama. Her rhetoric since then, however, particularly her comments about "Dream voters," may well quash the "Dream Ticket" talk before it begins in earnest.

2. Ted Strickland: Although Obama may not feel compelled to name Clinton to the ticket, he is well aware of the need to offer an olive branch of sorts to the backers of the senator from New York. Strickland, the first-term governor of Ohio, may fit the bill.

1. Kathleen Sebelius: The second-term Kansas governor earns the top spot because of her ability to further bolster Obama's strengths while not exacerbating his weaknesses. Picking Sebelius would affirm Obama's core message of change and could give Obama's run even more historic weight.

5. Mitt Romney: A few months ago, it would have seemed crazy to include Romney on a list of potential McCain vice presidential picks. It was an open secret that the two men didn't like each other, but politics is a funny game, and Romney is charming an aggressive fundraising schedule on behalf of McCain.

4. Charlie Crist: No single politician had more to do with McCain becoming his

party's standard-bearer than the governor of Florida. Crist's endorsement of the senator from Arizona just before the Sunshine State primary put McCain over the top and cemented his grip on the nomination.

3. Rob Portman: Portman, who spent 12 years in Congress before several stints in the Bush White House, will be one of the finalists for the job. Why? He hails from Ohio — perhaps the swingiest of swing states this fall — and is widely acknowledged as an expert on economics.

2. John Thune: Thune is handsome and articulate and comes across as a moderate, despite his very clear conservative voting record. Thune is also a hero in conservative circles, thanks to his defeat of then-Sen. Tom Daschle (S.D.) in 2004.

1. Tim Pawlenty: The Minnesota governor remains the single possibility in the

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Transition to Digital Broadcasting on February 17, 2009.

After the transition to digital broadcasting, analog-only TVs will need a converter to get full power, over-the-air broadcasts. Analog-only TVs shouldn't need a converter for low power, Class A or translator TV stations; cable and satellite TV services; or VCRs, DVDs and video games. Contact [www.DTV.gov](http://www.DTV.gov), [www.dtv2009.gov](http://www.dtv2009.gov) or 1-868-DTV-2009 for more information on the DTV transition and subsidized coupons for converters.

You must apply for eligibility through the Idaho Telephone Service Assistance Program. Lifeline subsidies may only be applied once per household to either landline or wireless service. Lifeline subsidies automatically increase upon loss of eligibility and monthly income rates will increase by \$13.50. Any reduction in the available Lifeline subsidy will increase the monthly income rate by the same amount. Requires new activation, credit approval, and 24-month service contract. A maximum fee of \$25 per month remaining (not to exceed \$175) applies per line. GSM device required. Please see an Edge Wireless representative for complete details.

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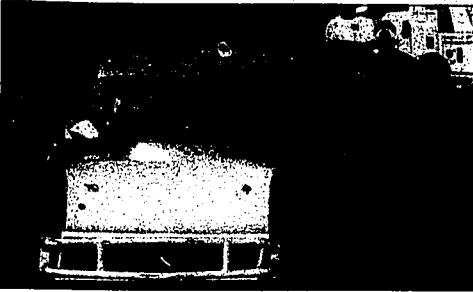


INSIDE: Can the Spurs even 'things up' before returning to New Orleans? B2



INSIDE: NBA & NHL, B2 | Scoreboard, B3 | Weather & Dear Abby, B4

## Fisher survives crashes and reels in main event win



Sam Harris, Jr. surveys the damage to his car after a wreck in the front stretch last Saturday night at Magic Valley Speedway. Stavia Fisher went on to capture the win.

By Linda Brittan  
Correspondent

TWIN FALLS — Stavia Fisher survived a crashfest at Magic Valley Speedway Saturday night after the Pepsi Premier driver was able to steer clear of hazards to land in the winner's circle.

There were 18 cars in the field to start the 50-lap main event, but seven drivers became spectators after having to bow out of the race with some type of damage or other problem.

With Jonathan Gomez in the lead, all heck broke loose on the front stretch at lap 25 as TJ Woodhall, Louis Lopez and Sam Harris collected more than enough injuries to their cars to be done for the evening. After the restart, Gomez got loose in

the back stretch and also sustained damage to his No. 2 car, but was able to complete the race though his bid for the win was gone.

With the rides of David Patrick and Allen Williams also parked for the night, it was Fisher and Rick Fowble contending for the win with a hungry pack behind them. Soon Brett Thompson, driving the No. 12 late model, became the next victim of the race when he hit the wall hard in the front stretch at lap 35. This put Fisher and Fowble side-by-side for another restart, but it was Fisher's night as he went on to catch his first win of the season.

"We've been fighting carburetor problems the past couple of

## District V rodeo ends regular season

Staff report

CAREY — District V high school rodeo regular season concluded on Saturday night in Carey and now heads into Jerome next weekend for the district finals.

On Saturday, Zach Bay of Wendell picked up his first win in saddle bronc, scoring 46 points on Happy Hour. Jill Georgio of Jerome had the fastest time of 21.482 seconds for her first win in pole bending. Jordan Gill of Gooding earned 61 points on Lazy Tom for his second win in as many nights in bareback riding.

Cheyenne Robinson of Gooding swept the breakaway roping. Cy Eames of Gooding had two victories in steer wrestling, and Montana Barlow of Valley was the lone bull rider to make two 8-second rides in Carey scoring 76 points on Friday and 66 points on Saturday.

Samantha Logan of Jerome got her third win in poles. Katie Hall won for the second time in goats as did Justin Hickman of Jerome in calf roping and Cadee Roberts of Glens Ferry and Zachary Bay of Wendell in team roping.

The district finals begin Friday night at 7 p.m. and continue Saturday afternoon at 1 p.m.

Please see **RODEO V**, Page B2

# ALL TIED UP

## Jazz tie series with 123-115 overtime win over Lakers

By Doug Alden  
Associated Press writer

SALT LAKE CITY — Andre Kirilenko blocked Kobe Bryant twice in overtime and converted a three-point play with 35 seconds remaining as the Utah Jazz beat the Los Angeles Lakers 123-115 on Sunday, tying the Western Conference semifinals at 2-2.

The Jazz went 9-for-9 from the foul line in overtime and outscored the Lakers 15-7 in the extra 5 minutes.

Deron Williams had 29 points and 14 assists, while Carlos Boozer scored 12 of his 14 points in the second half and grabbed 12 rebounds. Mehmet Okur added 18 points and 11 rebounds, and Kirilenko finished with 15 points and five blocks — stuffing Bryant twice as the Lakers tried to rally in overtime.

Bryant finished with 33 points and 10 assists.

Game 5 is Wednesday in Los Angeles.

Utah was 40-for-76 (53 percent) and had a huge advantage at the foul line, making 37 of 45 free throws. The Lakers got only 25 attempts from the line and missed 11 of them. The Jazz reserves also dominated the Lakers, outscoring them 39-16.

Los Angeles rallied from a 12-point deficit in the final four minutes to force overtime. Derek Fisher scored 10 straight for the Lakers

**PLAYOFFS**  
Jazz vs Lakers

Game 1: Lakers 109, Jazz 98,  
Game 2: Lakers 120, Jazz 110  
Game 3: Jazz 104, Lakers 99  
Game 4: Jazz 123, Lakers 115  
Game 5: Jazz, Lakers, Wed 10:30  
Game 6: Lakers, Jazz, Fri TBD  
Game 7: Jazz, Lakers, Mon TBD

and blocked a shot by Williams just before the end of regulation with the score tied at 108.

The Lakers struggled in overtime and didn't score until a layup by Bryant with 1:10 remaining cut Utah's lead to 112-110. Los Angeles almost forced the Jazz into a shot clock violation before Kyle Korver got off a shot from the corner just in time.

The ball bounced off the rim right to Okur, who passed it back outside to Williams, and Utah was able to burn some time before Williams slipped a pass to Kirilenko, who dunked it while getting fouled by Lamar Odom.

Kirilenko made the free throw to put Utah up by five and the Jazz hit the rest of their free throws to clinch it.

Odom had 26 points and 13 rebounds, and Pau Gasol scored 23 and pulled down 10 boards. Fisher finished with 15 points, but no assists and got in early foul trouble.

Utah backup guard Ronnie Price also had a big game, despite finishing with four points and two assists.

Price had to get four stitches for a cut over his right eye after he was flagrantly fouled early in the second quarter by Ronny Turiaf, who was ejected.

Turiaf came down hard with his left arm and Price went straight down and his head bounced on the court.



Utah Jazz forward Carlos Boozer reacts to scoring against the Los Angeles Lakers during the fourth quarter of Game 4 of the NBA basketball Western Conference semifinal series Sunday, May 11, 2008, in Salt Lake City. The Jazz beat the Lakers 123-115.

## District VI has tough cowboys, cowgirls

By Diane Philbin  
Staff writer

OKLAHEY — Whether a freshman or a senior, high school cowboys and cowgirls are just plain tough.

Randi Robinson of Filer can be considered a perfect example. After breaking her right thumb in team roping, Robinson still managed to compete in barrels and poles over the weekend in Oklahey with a bright pink cast on her right hand. The Filer freshman loves the rush of tying goats but unfortunately, the cast keeps Robinson from competing in goats as well as breakaway and team roping.

"High school rodeo is the best thing to do," said Robinson who also plays volleyball to get ready for rodeo. "It feels so good when you make good runs but it can be hard if you draw bad. My favorite event is team roping because I love roping and it is great when you can scoop up two heeds. I want to make it to state in poles but I won't unless I leave my poles up. I have to keep my mind on what I have to do."

Alyssa Koch can be tough on herself when it comes to rodeo but almost anytime Koch is seen around the rodeo grounds, she still manages to have a smile on her face.

"This has been a good and fun year," said Koch. "I always try to stay mentally strong and be around and consistent. I mainly compete against myself and beating or improving my personnel best not so much against the other girls. I'm working hard on trying to make it to state

Please see **RODEO VI**, Page B4

# Garcia wins The Players in playoff

PONTE VEDRA BEACH, Fla. — Sergio Garcia, the best player without a major, got the next best thing Sunday.

Garcia ended the longest victory drought of his career by making a clutch par putt to force a playoff and hitting the island-green 17th on the first extra hole to defeat Paul Goydos in The Players Championship.

Haunted by putting problems that kept him without a victory the past three years and 53 PGA Tour events, Garcia came up with a 45-foot birdie on the 14th to get back in the game and a 7-foot par putt on the 18th hole for a 1-under 71.

Goydos, playing in the final group, missed a 15-foot par putt on the last hole for the win. He closed with a 74. It was the first playoff at The Players since 1987, and the first time the PGA Tour opted to start it on the most notorious par 3 in golf.

The shot was only 128 yards, but in wind that blasted 30 mph throughout the day, to a green surrounded by water.

What a bad coincidence for Goydos — he was the first to hit into the water when the tournament began Thursday, and the last player to go into the water at the worst time. His wedge came up short, and when Goydos saw the splash, he looked to the sky.

Garcia still faced the pressure of finding land, and his wedge hit the middle of the green and rolled to 4 feet. He missed the birdie putt, the one time it didn't matter. Garcia said, "It's been a lot of work." Garcia said, "It feels like the last three years I've been playing well. Unfortunately, I haven't been able to come around and win. This week, I played so nicely. It felt like everything was so hard. I'm just

Goydos wound up making double bogey, the end of a dream week in which his dry humor and honest perspective finally had an audience.

"It's been a lot of work," Garcia said, clutching the crystal trophy. "It feels like the last three years I've been playing well. Unfortunately, I haven't been able to come around and win. This week, I played so nicely. It felt like everything was so hard. I'm just

Please see **GOLF**, Page B4



Sergio Garcia, of Spain, sinks a putt to save par on the fifth hole during the final round of The Players Championship golf tournament in Ponte Vedra Beach, Fla., Sunday.

AP Photo



SCOREBOARD

BASEBALL

Table with columns for team names and statistics like W, L, Pct.

Baseball League

Table with columns for team names and statistics like W, L, Pct.

GAME PLAN

Table listing local TV schedule for various sports events.

LOCAL TV SCHEDULE

Table listing local TV schedule for various sports events.

BOYS GOLF

Table listing boys golf scores and results.

GIRLS GOLF

Table listing girls golf scores and results.

NETS

Table listing netball scores and results.

National League

Table listing national league scores and results.

Baseball League

Table listing baseball league scores and results.

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TWIN FALLS FORECAST

Today: Cooler and breezy. Perhaps a shower passing through. Highs upper 50s. Tonight: Partly cloudy and becoming less windy. Low 30s. Tomorrow: Milder with sunny periods. Highs upper 60s.

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges.

Yesterday's Weather

Table with 2 columns: City, High/Low. Lists temperatures for Boise, Coeur d'Alene, Lewiston, Pocatello, etc.

BUNLEIGH/RUPERT FORECAST

Today: Cooler and breezy with a small threat of showers\* brewing. Highs middle 50s. Tonight: Partly cloudy and mostly dry. Low 30s. Tomorrow: Partly to mostly sunny and pleasant. Highs low to middle 60s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS. A slow drop and warming trend will commence this week as high pressure gradually exerts its influence on our weather.



ALMANAC - TWIN FALLS

Table with 5 columns: Temperature, Precipitation, Humidity, Barometric Pressure, Sunrise and Sunset. Includes moon phases and moonrise/moonset times.

REGIONAL FORECAST

Table with 5 columns: City, Today, Tomorrow, Wednesday, Thursday. Lists forecasts for Boise, Coeur d'Alene, etc.

NATIONAL FORECAST

Table with 5 columns: City, Today, Tomorrow, Wednesday, Thursday. Lists forecasts for various US cities.

WORLD FORECAST

Table with 5 columns: City, Today, Tomorrow, Wednesday, Thursday. Lists forecasts for various world cities.

meineke car care center. 169 Addison Avenue West. 735-8296. Open Mon - Fri 8:00 AM - 6:00 PM - Sat 8:00 AM - 1:00 PM

Golf

Continued from page B1. thrilled the week or over and I managed to finish on top." Garcia and Goydos finished at 5-under-283.

Sorenstam takes Michelob Ultra Open

WILLIAMSBURG, Va. — Annika Sorenstam's comeback bid is real. And with her third victory in eight starts in this season, she also showed she can beat the new No. 1, Lorena Ochoa.

The eight-time player of the year pulled away from Ochoa on Saturday, using her typical steadiness for a 2-under-283, but she did the same to Jeong Ja.



Annika Sorenstam, of Sweden, celebrates winning the Michelob Ultra Open LPGA Golf tournament at the Kingsmill Resort in Williamsburg, Va., Sunday. Sorenstam shot a 5-under 66 for a total of 19-under for the tournament.

Finished 12-under 268. Stiles, who won this Nationwide Tour event two years ago, shot a 71 and finished 11 under.

Matt Weibring, who led after the third round, shot a 75 to finish 8 under.

Otto wins first European Tour title. MILAN, Italy — Hennie

Otto won his first European Tour title by shooting a 3-under 69 to hold off Oliver Wilson by one stroke at the Italian Open.

The South African had four birdies and a bogey at Castello di Tolinassano.

Golf and Country Club to finish at 25-under 263. Wilson, an Englishman, shot an 8-under 64, the best round of the day.

Rodeo VI

Continued from page B1. in breakaway and maybe at least one other event."

After picking up top-10 finishes in 9-of-10 events that she competed in at Oakley, the Filer sophomore must be happy that District VI rodeo will be held at Oakley this weekend for the final regular season rodeo.

As the weekend opened at stop No. 11 Friday night in Oakley, Paige Yore sat in third place in the all-around standings. The Declo senior says she has been having an "all right year."

Southern Idaho in the fall and compete on the rodeo circuit. "I'll get everything all figured out with my horses, Chubbies and Webster by then," said Yore.

One of the new top cowgirls making her mark in the district is Amanda Coats of Kimberly. Coats competes in five events: goats, breakaway, barrels, poles and team topes with Yore. She has recorded four wins in barrels and four wins in breakaway and a single win in poles.

"I have been in rodeo since I was eight and I love it," said Coats. "The competition is tough here. Kindee (Wilson) pretty well has the all-around wrapped up but I am doing the best I can to finish second. My goal was to win breakaway and make it to state in all my events."

one-two in breakaway with Crist holding a four-point edge over Coats. Crist didn't place Friday but finished fourth Saturday and Coats was tenth. In the all-around standings, Wilson was No. 1 followed by Crist in second and Coats was in fourth trailing Yore by a single point.

Trevor Eldredge of Filer was able to make the full 8-seconds on his bull but wasn't given a score after the judges ruled he had touched his ride. Eldredge wasn't disappointed or frustrated afterwards.

"I guess I touched him twice," said Eldredge. "But I managed to get the bull covered which sounded good to me. Guess it was good practice. I am into bull riding for the fun besides the points. It is an adrenaline rush but the time goes slow."

After a return to Oakley next weekend, the district finals will be held in Rupert, May 23-24 with performances at 7 p.m. on Friday and 1 p.m.

on Saturday.

Saturday results Oakley. Table listing winners and scores for various events like barrel racing, breakaway, etc.

Reading beauty products' fine print is well worth the time

DEAR ABBY: As you know, most women invest a lot of time in addition to money so they can look and feel beautiful.

The U.S. Food and Drug Administration's Office of Women's Health would like to encourage women to get the most out of their health and beauty products by taking the time to read the directions and following them properly.

Our message to women is, "Take Time to Care About... Health and Beauty."

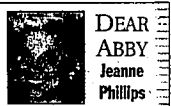
In celebration of National Women's Health Week (May 11 to May 17), we are offering a free Health and Beauty Kit that includes tools for making informed choices about the cosmetics and other products women use every day.

This collection of fact sheets is available in English and Spanish, and is an example of how the FDA has been working to promote the safe use of health and beauty products ever since the landmark Food, Drug and Cosmetic Act was signed in 1938.

Please let your readers know about this opportunity. The information will be sent to them without charge. This effort has already been paid for with taxpayer dollars, including postage and handling.

KATHLEEN UHL, M.D., ASSISTANT COMMISSIONER FOR WOMEN'S HEALTH. DEAR KATHLEEN: I'm pleased to see you're working along, and congratulations for 70 years of progress on cosmetic safety.

Your Health and Beauty Kit is informative, and I'm sure readers will find the tips and easy-to-read materials on cosmetics, contact lenses (and more) of interest. For the quickest service, the kits should be ordered online at www.publio.gov. If you do not have online access, send your name and address to: Health/Beauty Information Kit, Pueblo, CO 81009, or call toll-free: (888) 878-3256, 8 a.m. to 8 p.m. Eastern Time, Monday



through Friday, and ask for the Health and Beauty Information Kit.

Before you order your kit today because quantities are limited.

DEAR ABBY: My husband and I haven't lived here very long. Our only company is a dear friend, "Sid," who lives a free life and is always here and hangs over, so naturally I invite Sid to dinner quite often.

My problem is Sid never arrives on time for a meal. I usually have to tell him dinner will be ready an hour earlier than it really will be, so he'll show up before it is finished cooking.

I take pride in having everything ready at once for a large meal. When I must keep things warm for an hour or more extra, it not only ruins the mood but the food dries out.

At Easter we had Sid over and told him dinner would be at 1 p.m. When I called him at 1:50, he told me he hadn't even showered or shaved yet to come over.

Is there a polite way to show my frustration at Sid's lack of punctuality, or should I stop inviting him to join for meals? I don't want to rude.

FRUSTRATED

THE KITCHEN. DEAR FRUSTRATED: By all means stop inviting Sid for meals.

Instead, invite him for leftovers, even if he asks you not to be shy about explaining (politely, of course).

And, because you love to entertain, I'm advising you to join some service organizations so you can widen your circle of friends.

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**NOTICE OF TRUSTEE ELECTION**  
Gooding-John School District No. 231  
Gooding-Lincoln Counties, Idaho

PUBLIC NOTICE IS HEREBY GIVEN that the annual school trustee election for J.C. School District No. 231, Gooding-Lincoln Counties, Idaho, will be held on Tuesday, May 20, 2008 at the School District Administration Office, 507 1/2 S. Street, Gooding, Idaho. The polls will be open from 12:00 noon until 8:00 p.m.

The purpose of said election shall be to elect:

1. A trustee from Trustee Zone No. 2 to serve for a period of three (3) years from the date of the election. Candidates for the office of trustee must be a registered voter, a resident and elector of the district whose name is on the list of qualified voters for the district. Only those qualified electors residing in Trustee Zone No. 2 may declare candidacy for a Zone No. 2 trustee position.

Trustee Zone No. 2 is comprised of the area beginning at the intersection of the Union Pacific Railroad and 1625 East and running thence south along 1625 East to 1600 South; thence east along 1600 South to 1700 East; thence south 1 mile along 1700 East to U.S. Highway 28; thence east to the Gooding City Limits; thence along the Gooding City Limits to U.S. Highway 28, said point being on the north line of Section 8, T. 6S., R. 16E., B.M.; thence east approximately 3/4 mile along said highway to 2000 East; thence north along 2000 East to 8th Ave.; thence west of truck stop along 8th Ave. to Elmwood Road; thence north along Elmwood Road to the Little Wood River; thence westerly along the river to Kansas Street extended; thence north along Kansas Street extended to Lock Ave.; said point also being on the north line of Section 3, T. 6S., R. 14E., B.M.; thence along Gooding City Limits to the Union Pacific Railroad; thence east along the railroad to the Gooding-Lincoln County line; thence south approximately 7 miles to the intersection of Section 8, T. 6S., R. 16E., B.M.; thence west 8 miles to the intersection of 2400 South and 1700 East; thence south 1 mile to the SE corner of Section 1, T. 7S., R. 14E., B.M.; thence west 3 miles to the SE corner of Section 20, T. 8S., R. 14E., B.M.; thence west 1 1/2 miles, thence north 1 mile; thence west 1/2 mile to the intersection of 2100 South and 1200 East; thence north along 1200 East to the Union Pacific Railroad; thence easterly along the railroad to the Point of Beginning.

2. A trustee from Trustee Zone No. 3 to serve for a period of three (3) years from the date of the election. Candidates for the office of trustee must be a registered voter, a resident and elector of the district whose name is on the list of qualified voters for the district. Only those qualified electors residing in Trustee Zone No. 3 may declare candidacy for a Zone No. 3 trustee position.

Trustee Zone No. 3 is comprised of the area beginning at the intersection of the Union Pacific Railroad and North Main Street and running thence south along Main Street to 1st Ave.; thence east along 1st Ave. to Nebraska Street; thence south along Nebraska Street to Ochsen Street; thence east along Ochsen Street to the Gooding City Limits; thence south along Gooding City Limits to the Little Wood River; thence westerly along the river to 9th Ave. West; thence along 9th Ave. West to Idaho Street; thence north along Idaho Street to 5th Ave.; thence west 5 blocks along 5th Ave. to Arizona Street; thence north 1 block along Arizona Street to 4th Ave.; thence west the distance of 2 blocks to the Gooding City Limits; thence north along the city limits to the Union Pacific Railroad; thence east along the railroad to the Point of Beginning.

Qualified voters must be at the time of the election at least 18 years of age and a United States citizen who has resided in the State and in the same trustee zone as the candidate for whom they wish to vote for at least thirty (30) days prior to the election, and must be a registered voter with the County Clerk and Recorder as required in Chapter 4, Title 34, Idaho Code.

Each voter must sign an elector's oath attesting that he/she possesses the qualifications of an elector as prescribed above and stating the mailing address, residence address or any other necessary information definitely locating the residence of the school officer from the District on the day of the election, or who will be unable, due to physical disability or blindness, to go to the polling place, may request an absentee ballot from the District Clerk.

Dated this 25th day of April, 2008.

Kathryn Thompson, Clerk of the Board  
John School District No. 231

PUBLISH: May 5 and 12, 2008

**NOTICE OF HEARING ON NAME CHANGE**  
Case No.: CV-08-2019

A Petition to change the name of Jessica Nicole Heitboeck, born 5/28/87 in Santa Cruz, CA residing at 749 N Pointe Drive, Twin Falls, has been filed in Twin Falls County District Court, Idaho. The name will change to Jessica Nicole McClain because it is my mother's last name. The petitioner's father is living. The petitioner's mother is living and her address is 749 N Pointe Dr., Twin Falls, Idaho. The hearing is scheduled for 9:00 o'clock am on June 26, 2008, at the County Courthouse. Objections may be filed by any person who can show the court a good reason against the name change.

Date: May 6, 2008  
By Deputy Clerk

PUBLISH: May 12, 19 and June 2, 2008

**NOTICE OF SCHOOL TRUSTEE ELECTION**  
School District No. 411  
Twin Falls County, Idaho

**NOTICE IS HEREBY GIVEN:** That the annual election of school trustees for Twin Falls School District No. 411, Twin Falls County, State of Idaho, will be held on May 20, 2008, and the polls of said election will be open between the hours of 12:00 noon and 8:00 p.m. on said day. The purpose of said election shall be to elect one trustee to serve for a period of three (3) years from the date of the election who resides within Trustee Zone No. 5. Only those qualified electors residing in the specified trustee zone may vote for a Zone No. 5 candidate. Location description of said zone are available upon request.

polling place for Trustee Zone No. 5 shall be MorningSide Elementary School, 701 MorningSide Drive.

That said election shall be secret and separate ballot.

That said election shall be held pursuant to meeting of legal qualifications as stated in Sections 33-502 and Section 33-502A, Idaho Code. Dated this 30th day of April, 2008

Michelle Lucas, Clerk  
Board of Trustees  
Twin Falls School District No. 411  
Twin Falls, Idaho

PUBLISH: May 5 and May 12, 2008

**NOTICE OF SALE OF SEIZED PROPERTY**

Notice is hereby given pursuant to 8 CFR 274.6 that the properties described below were seized on the date specified at the identified location because of the alleged use in the commission of a violation of Section 274(a) of the Immigration and Nationality Act (INA). The properties are subject to forfeiture except as provided in 8 CFR 274.6(b) and 18 USC 983. The Bureau of Customs and Border Protection is considering forfeiture of the seized properties and any other disposal if declared forfeited. Any person with an appropriate property interest in a property may file a petition for return of the property pursuant to 8 CFR 274.7. Petitions for relief from forfeiture must be filed at Bureau of Customs and Border Protection, U.S. Border Patrol, 5505 5th Ave. SE, Havre, Montana, 59501, and must be filed within thirty days of the date of the first publication of this advertisement.

Any person claiming ownership of a seized property may request a judicial forfeiture proceeding pursuant to 8 CFR 274.7(c) and 18 USC 983. Such claim must be filed with the Bureau of Customs and Border Protection, Office of Asset Forfeiture, PO Box 810, 2605 5th Ave. SE, Havre, Montana 59501, and must be filed within thirty days of the date of the first publication of this advertisement.

The claim must be filed on or before June 20, 2008.

The claim must identify the specific property and the location of the property. The claim must be in the property, should include customary documentary evidence of the property interest, and must be made under oath, subject to penalty of perjury.

Asset ID: 200835400004001:001 1997 Ford Expedition  
VIN: 1FMFU18L7VLB27591, seized 04/17/2008  
in Twin Falls, ID.

PUBLISH: May 5, 12 and 19, 2008

**LEGAL ADVERTISING:**  
The Times-News  
PO Box 548  
Twin Falls, Idaho  
83303-0548

Deadline for legal ads: 3 days prior to publication, noon on Wednesday for Sunday, noon on Thursday for Monday, noon on Friday for Tuesday and Wednesday, noon on Monday for Thursday and noon on Tuesday for Friday and Saturday. Holiday deadlines may vary, if you have questions call Ruby, legal clerk, at 208-735-3324.

**PUBLIC NOTICE**

Actions planned and taken by your government are contained in public notices. They are part of your right to know and to be informed of what your government is doing. As self-government charges all citizens to be informed, this newspaper urges every citizen to read and study public notices. We advise the interested citizens who seek further information to exercise their right to access public records and public meetings.

**IMPORTANT**

Please address all legal advertising to:

**LEGAL ADVERTISING:**  
The Times-News  
PO Box 548  
Twin Falls, Idaho  
83303-0548

Deadline for legal ads: 3 days prior to publication, noon on Wednesday for Sunday, noon on Thursday for Monday, noon on Friday for Tuesday and Wednesday, noon on Monday for Thursday and noon on Tuesday for Friday and Saturday. Holiday deadlines may vary, if you have questions call Ruby, legal clerk, at 208-735-3324.

**NOTICE OF TRUSTEE'S SALE**

TS No. 07-33542 The Order No. W731030 Parcel No. PR 11721000028  
A The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States, in the lobby of Alliance Title & Escrow, LLC, 411 Fairfield Blvd., Twin Falls, ID 83301, on 08/28/2008 at 11:00 am. (Recognized local time) for the purpose of foreclosing that certain Deed of Trust recorded 10/1/2006 as Instrument No. 1411, and executed by ROBERT D. McMILLEN, a MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, as Grantor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, to RECONSTRUCT COMPANY, N.A., the Current Trustee of record, covering the following real property located in Twin Falls County, state of Idaho: THE SOUTH ONE-HALF OF LOT 2, ERICSON SUBDIVISION, TWIN FALLS COUNTY, IDAHO, ACCORDING TO THE ORIGINAL PLAT THEREOF, RECORDED IN BOOK 6 OF PLATS, PAGE 46, RECORDS OF TWIN FALLS COUNTY, IDAHO. The trustee has no knowledge of a more particular description of the above referenced property, but is aware of certain other information. Idaho Code, Section 60-113, the trustee has been informed that the street address of 2182 & 2183 ELIZABETH BLVD, TWIN FALLS, ID 83301 is sometimes associated with said real property. Bidors must be prepared to tender the trustee the full amount of the bid at the sale in the form of cash, or a cashier's check drawn on a state or federally insured savings institution. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale contained in the certain Deed of Trust. The default for which this sale is to be made is: Failure to pay the monthly payment due 8/01/2007 of principal, interest and impounds and subsequent installments due thereafter; plus late charges, with interest currently accruing at 8.875% per annum; together with all subsequent sums advanced by beneficiary pursuant to the terms and conditions of said Deed of Trust; and any supplemental modifications thereto. The principal balance owing as of this date on said obligation is \$169,580.08, plus interest, costs and expenses actually incurred in enforcing the obligations thereunder; and in this sale, together with any unpaid and for accruing real property taxes, and/or assessments, attorneys' fees, Trustee's fees and costs, and any other amount advanced to protect said security, as authorized in the promissory note secured by the aforementioned Deed of Trust. Thereafter, the Beneficiary elects to sell, or cause said trust property to be sold, to satisfy said obligation. NOTICE IS HEREBY GIVEN THAT THIS FIRM IS ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, AND THAT THE DEBT MAY BE DISPUTED. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1004(a)(4) IDAHO CODE. NO REPRESENTATION IS MADE THAT THE ABOVE GRANTORS ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. DATED: 04/21/2008 Name and Address of the Current Trustee is: RECONSTRUCT COMPANY, N.A., 7200 Caldwell Blvd., Suite 200, Boise, ID 83725. SIMI VALLEY, CA 92682-1821 Phone: (800) 251-8219 RECONSTRUCT COMPANY, N.A. Successor Trustee Karl Marx, Assistant Secretary ASAP 2744571

PUBLISH: April 28, May 5, 12 and 19, 2008

**NOTICE OF TRUSTEE'S SALE**

NOTICE IS HEREBY GIVEN that on August 28, 2008, at the hour of ten o'clock a.m. of said day, on the front steps of the Lincoln County Courthouse, 111 W. 8th Street, Shoshone, Lincoln County, Idaho, the Trustee, Alliance Title & Escrow Corp., will sell at public auction to the highest bidder, for cash in lawful money of the United States of America, all real estate the first of which is described as follows: Lot 10, situated in the County of Lincoln, State of Idaho, and described as follows, to wit:

Exhibit "A"  
Township 5 South, Range 18 East of the Boise Meridian, Lincoln County, Idaho.  
Section 6: A Parcel of land located in the Northeast Quarter of the Northwest Quarter more particularly described as follows:  
NORTHWEST CORNER of said Section 6, from which the Northwest corner of said Section 8 bears North 89°35'43" West 2561.00 feet.  
THENCE South 01°52'54" West along the North boundary of the NW¼ of said Section 8 for a distance of 655.88 feet to the TRUE POINT OF BEGINNING;  
THENCE South 01°50'37" East parallel with the East boundary of the said Section 8 for a distance of 407.00 feet;  
THENCE North 89°35'43" West parallel with the North boundary of the NW¼ of said Section 8 for a distance of 630.38 feet to a point on the West boundary of the NE¼ of said Section 8;  
THENCE North 01°13'26" West along the West boundary of the NE¼ of said Section 8 for a distance of 251.82 feet;  
THENCE South 89°35'43" East parallel with the North boundary of the NE¼ of said Section 8 for a distance of 376.70 feet;  
THENCE North 00°39'36" East for a distance of 244.90 feet to a point on the North boundary of the NE¼ of said Section 8;  
THENCE South 89°35'43" East along the North boundary of the NE¼ of said Section 8 for a distance of 236.32 feet to the TRUE POINT OF BEGINNING.  
SUBJECT TO a 2.50 foot wide County road easement along the most Northerly and most Westerly boundaries of the before described parcel.  
The Trustee has no knowledge of a more particular description of the above described real property, but is aware of certain other information. Idaho Code Section 60 113, the Trustee has been informed that the street address of 285 EAST 620 NORTH, SHOSHONE, IDAHO, may sometimes be associated with said real property.  
Said sale will be made without covenant or warranty regarding title, possession or encumbrances, to satisfy the obligation secured by and pursuant to the power of sale contained in the Deed of Trust executed by THOMAS D. PERIGON, as Debtor, and ALLIANCE TITLE AND ESCROW, as Trustee, and HOPKINS MORTGAGE FUND, L.L.C., an Idaho Limited Liability Company "as trustee for the benefit of a party" for all Section "A" Debenture Holders, as Beneficiary, said Deed of Trust having been filed of record on February 8, 2006, as Instrument No. 180303, Official Records of Lincoln County, Idaho. The naming of the above Grantor(s) is done to comply with Idaho Code Section 45-1004(a)(4) no representation is made as to the responsibility of Grantor(s) for this obligation.  
The default for which the sale is to be made is that no monthly installment payments under a Deed of Trust of said Deed of Trust, February 8, 2006, Idaho Code amount of \$794.69 per month for February 2006 and each month thereafter have been made, together with accruing late charges, plus any other charges lawfully due under the note, deed of trust, and Idaho law.  
The balance owing as of the date hereof on the obligation secured by said Deed of Trust is the amount of \$76,195.37, with interest accruing on the principal balance of \$76,233.56 at the rate of eleven and three-quarters percent (11.75%) per annum from April 1, 2008, plus default interest pursuant to the Note at the rate of five percent (5%) per annum from April 5, 2008, until the default is cured, plus service charges, late charges, and any other costs or expenses actually incurred by the beneficiary as provided by the Deed of Trust or Deed of Trust Note, or by Idaho law.  
Dated this 11th day of April, 2008.  
MARK D. PERIGON, P.A.  
By: Mark D. Perigon of the Firm  
Attorneys for Trustee  
P.O. Box 6575  
Twin Falls, ID 83307-6575  
(208) 331-1200

PUBLISH: May 5, 12, 19 and 26, 2008

**Read The Classifieds Every Day!**

**BIRTHDAY PHOTOS**

Have you forgotten to pickup your birthday photos? We have some photos we are sure you don't want us to toss.

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Classified Dept

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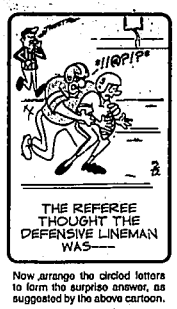


# JUMBLE

THAT SCRAMBLED WORD GAME by Mike Arblin and Jeff Krusk

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

**UNEES**  
 ○ ○ ○ ○ ○ ○ ○ ○ ○ ○  
**KALFE**  
 ○ ○ ○ ○ ○ ○ ○ ○ ○ ○  
**JOADIN**  
 ○ ○ ○ ○ ○ ○ ○ ○ ○ ○  
**FRIVEY**  
 ○ ○ ○ ○ ○ ○ ○ ○ ○ ○



THE REFEREE THOUGHT THE DEFENSIVE LINEMAN WAS...

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer here: ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

Saturday's Jumbles: FLANK ENJOY MOTION FALTER  
 Answer: When the colobary was seated in the back row, he TOOK AFFRONT

**MANAGEMENT**  
 Apartment Manager Needed for small complex. Starts 5/20/08. Must live on complex. Call 731-4214

**MEDICAL**  
 Inclusion South Inc. is hiring the following: DIRECT CARE STAFF-Full or PT no exp. necessary \$120 Sign on benefit. Must have driver license and car insurance. Assist adults with developmental disabilities. Apply at In person 1000 S. 10th Ave. #205 Twin Falls, ID. 83301

**MEDICAL**  
 FT Medical Assistant needed. Exp helpful. Fax resume to 208-733-0438 or Terri

**SALES**  
 Kurty Hulmark at Magic Valley Mall is looking for a PRT/RT Retail Sales Person To apply bring resume to 1203 Flier Ave. E.

**SALES**  
 Representative: Full time position with Jerome Polier, motivated self-starter, sales experience necessary, truck knowledge a plus. Please contact us by email at resume@staterbill.idaho.com

**TRADES**  
 Southern Haul Solid Waste has an opening for a full-time Tractor Trailer Mechanic Assistant in the Miller Bunk Landfill, Salary DOE. Benefit package includes medical, dental and vision insurance and vacation pay. Applications can be picked up on the landfill 1050 West 480 South, Burley. For more information call Krailg at 208-432-0682.

All advertising is subject to the newspaper's right of acceptance. The Times-News reserves the right to edit, abbreviate, decline or properly classify any ad. Receipt of copy via remote entry (fax, e-mail, etc.) does not constitute final acceptance by this newspaper. The advertiser, not the newspaper, assumes full responsibility for the content of their advertisement message.

**MEDICAL**  
 Planned Parenthood of Idaho seeking PRT Medical Assistant to work in their Twin Falls office. New grads considered. Bilingual a plus. Email resume and cover letter to: ann.lowe@ppidaho.org or fax to 208-378-9444

**MEDICAL**  
 RN-Asst Nurse Mgr Casita Regional in Burley is looking for an experienced RN to work FT Days as an Asst Nurse Manager. Must have excellent communication skills and follow-up with staff and patients in order to build strong relationships; be open minded, enthusiastic and have positive attitude. Apply on-line at crmco.com or contact HR at 208-677-6424. EOE/AAE

**SALES**  
 La Belle Inc. has an opening for a Sales Representative in our Human Health Sales Dept. Applicant must be an outgoing highly motivated individual ready to develop with a fast growing dietary supplement manufacturer. This position will primarily be dealing with bulk ingredient sales and must be comfortable with leading sales presentations with a technical emphasis. Preference for a science background and 5+ years sales experience or a technical sales background. Base salary with bonus potential and benefits. An equal opportunity employer. Resumes and applications may be sent to: La Belle Inc. 4040 Bakerview Spur, Bellingham, WA 98225 or email to: rish@labelle.com

**TRADES**  
 MECHANIC Industrial Equipment Dealer is seeking a Immature Full-time Heavy Equipment Mechanic. Must be familiar with all types of diagnosis and repair. 5 yrs exp. Competitive benefits and compensation package. CDL helpful. Send resume to: CESCO 2 E 300 S Jerome, ID 83338

**TRADES**  
 Welders, Pipefitters, Millwrights, in areas and out of area jobs available. Experience required. Healthy Vision/Dental and 401k benefits. Apply in person at 436-8108. All applicants subject to pre-employment drug test.

**Education**  
 Wendell School District is looking for a Special Education Teacher starting the 2008-2009 school year available to teach in the secondary level. Proper certification for Special Education instruction is required. Wendell School District is looking for an Elementary School Teacher starting the 2008-2009 school year. Proper certification for Elementary Education instruction is required. Applications are available on the district website, www.ad232.k12.id.us or at the district office at 150 E. Main in Wendell. Call Mr. Lowe, superintendent at 208-461-19 for more information

**General**  
 COLLECTIONS Full-time Collector. Must have computer/marketing skills. Experience preferred but not req'd. Call 208-733-2128 for appointment.

**General**  
 Assisted Living Cook FT. Experience required. Good pay, great benefits, friendly working environment. Call Mark or Tiffany at 733-7511

**General**  
 Exp. Sprinkler Technician for Service and Installation Wage DOE. 26Kery Nurseries 2862 Addison Ave. Twin Falls

**MEDICAL**  
 Addictions Counselor Requisite Bachelor's degree or Higher, with 6 mos. experience in addictions. Prefer CADC. pmarecd@proac.twinvalley.com or call 837-4500

**MEDICAL**  
 Direct Care Staff Benefits Available All Shifts Starting Pay \$7/hr Call 208-735-8593

**MEDICAL**  
 PRT Registered Nurse Medical Records Clerk 1 year exp. Licensed Nurse. Apply in person 1139 Falls Ave E Twin Falls

**General**  
 Swire Coca-Cola, USA is accepting applications to fill the following positions:  
**Entry Level Sales Merchandising**  
 Duties include:  
 •Stocking shelves  
 •Building displays  
 •Customer service  
 •Frequent lifting

**TRADES**  
 HVAC TECH Apply in person 111 Flier Ave Twin Falls

**TRADES**  
 Astromerons can find construction. Make sure readers will understand your ad. Send your ad to: 401.025.025.733.0031

**208 Farm**  
 Classified Private Party Ads

**HAIR**  
 STYLIST If you're earning \$16/hr. Great Clips will offer you:

**MEDICAL**  
 BINGHAM MEMORIAL HOSPITAL Experience Bingham

**PHARMACISTS WANTED**  
 Variable Shifts.

**MANUFACTURING**  
 SEASTROM MANUFACTURING

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**209 General**  
 CASHIERS positions available. Full & part-time shifts. Benefits include medical, dental 401k. Shift differential for night cashiers. Wage starting \$8/hr. Apply in person at Flying J 8360 Hwy 93 Jerome or online at www.flyingj.com

**210 Management**  
 HOTEL Lion Canyon Springs Hotel is seeking a Sales and Catering Manager Full-time salaried position. Apply at 1367 Blue Lakes Blvd N or online at redlion.com

**PHARMACISTS WANTED**  
 Variable Shifts.

**MANUFACTURING**  
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**DELIVER A BUNDLE. MAKE ONE TOO!**  
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 We offer an extensive Graduate Nurse orientation that starts with experienced nurses who started at Sunbridge Care & Rehab with a new graduate.  
 Work at a Graduate Nurse until you pass your boards, with a 90 day performance evaluation and scheduled increase when we receive your board confirmation.  
 To apply, see the Director of Nurses, board for Illinois.  
**Other positions now available:**  
 RNs Part-time Day or Night  
 CNAs & NAs CNA Skill - Full-time & Part-time  
 Housekeeper/Laundry Part-time  
 Apply in person or contact Beverly Nipper at Sunbridge Care & Rehab 640 Flier Ave West, Twin Falls, Phone: 208-734-8645.

**CUSTOMER SERVICE**  
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 The Times-News has an opening in our Customer Care Department. This position is involved with the circulation and customer service. This is an opportunity to join one of the premier customer care organizations in the area. We seek an innovative person who has excellent communication and customer service skills. Sales experience is helpful. The successful candidate will be someone who has the ability to work independently to help meet team goals.  
 This position requires typing, computer and ten-key experience. The days and hours vary, but will include weekend mornings. Reliability is important for this position.  
 We offer an excellent benefits program including medical, dental, and vision plans, employee stock purchase plan and 401k retirement account.  
 To apply, please fill out an application on the front door at the Times-News office.  
 Times-News or send a resume to: Times-News, Attn: Kathy Harman PO Box 548, Twin Falls, ID 83303 or email Kharman@magicvalley.com

**NEWSPAPER CIRCULATION**  
**Times-News**  
 magicvalley.com  
 The Times-News has an opening for a District Sales Manager in our Circulation Department. This is an excellent opportunity for an energetic and ambitious professional to bring their prior skills and ideas to an entry-level management position with opportunities for advancement. This position has a strong focus on superior customer service. Responsibilities include managing youth and adult carriers, ensuring timely delivery to subscribers, sales promotions and collections. A valid driver's license and good driving record are required.  
 The successful candidate must have strong leadership and training skills along with good organizational, time management and problem solving skills. Must have computer experience, be dependable and be able to work alternating weekends.  
 The Times-News offers an excellent benefits package which includes medical, dental, vision, life insurance (100% employer), employee stock purchase plan, paid holidays and vacation. Check out our website at [www.magicvalley.com](http://www.magicvalley.com).  
 Please apply online at [www.magicvalley.com/workhere](http://www.magicvalley.com/workhere)





# Your local guide to professional and personal services

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**EDEM 1 bdrm.**, no pets, month. \$275 + \$300 deposit. Call 205-212-1878

**GOODING** New large, 2 bedroom, 2 bath with garage, \$700 mo. + \$400-924-6991

**HAERMAN 1 bdrm.**, unfurnished, \$325 + \$325 security dep. No pets. Call 205-334-77 for app.

**JEROME 2 bdrm.**, apple & water included, no smoking/pets. \$500 month + \$500 security dep. Call 638-3221

**JEROME** immediate move in special. **Frontview** Apts only for handicapped, disabled, or elderly. Rent starting @ \$488. IHA accepted. Cindy 324-0572

**JEROME** immediate move in 2 bdrm, 1 bath, all appliances, central AC, W/D included. No pets. Karla at 324-0572

**KIMBERLY** Large 3 bdrm, 2 bath, appx. 2000 sq. ft. garage. No pets/smoking. \$650 month + \$350 deposit. Call 208-324-2244

**TWIN FALLS "MONTH FREE"** 2 bdrm, 2 bath, 2 car garage. No pets/smoking. \$500 month + \$350 deposit. Call 208-324-2244

**TWIN FALLS 1 bdrm.** & 2 bedrooms apts available. All utilities paid. Call 208-713-6800 or 208-324-2244

**TWIN FALLS 1 bdrm.**, charming, 2nd floor unit, great area, no backyard, near city Park. Call 420-8232

**TWIN FALLS 1 bdrm.**, kitchen appl. of floor, parking, \$385 + elec. No smoking/pets. Call 208-732-5477

**TWIN FALLS 1 bdrm.**, 2 bedrooms, apts available. All utilities paid. Call 208-713-6800 or 208-324-2244

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**TWIN FALLS 1 bdrm.**, kitchen appl. of floor, parking, \$385 + elec. No smoking/pets. Call 208-732-5477

**HAZELTON 2 bdrm 1 bath.** \$625 + \$300 deposit. No pets. Call 205-212-1878

**TWIN FALLS LOVE WHERE YOU LIVE!** Sparkling clean, 1, 2, 3 bdrm apts. Call 208-732-5477

**JEROME Roommates** wanted to share home. \$250 plus 4 utilities. Sign house in country. Leave message. Call 208-412-8293

**TWIN FALLS** Near CSI, 3 bedroom, 2 bath, appliances. No car garage. No pets. \$700 mo + \$500 deposit. 208-731-9288

**TWIN FALLS** Many Locations, Sizes & Prices. Call for details. 734-4334 or check out our website www.twinfallsrentals.com

**TWIN FALLS Small 2 bdrm.** 1 bath, laundry, incl. parking. No pets. \$475/mo. \$400 deposit. Call 916-439-0330

**TWIN FALLS** The Falls Apts. Phone-an-1 1 bdrm, 1 bath, laundry, incl. parking. No pets. \$415-\$525 + up to \$734-6600

**WENDELL** Lovely, like new, quiet 2 bdrm, 1 bath in triplex, all w/d. Includes parking. Call 208-720-7801

**TWIN FALLS** 2 bdrm, 1 bath, laundry, incl. parking. No pets. \$415-\$525 + up to \$734-6600

**WENDELL** Lovely, like new, quiet 2 bdrm, 1 bath in triplex, all w/d. Includes parking. Call 208-720-7801

**TWIN FALLS** Microwave, refrigerator. Call for prices.

**TWIN FALLS** Motel Daily and weekly rates. Call 733-8620. 208-324-2244

**WENDELL** Rooms for rent, affordable prices. Call 208-338-0674 or 208-338-2326

**TWIN FALLS 2 bedroom, 2 bath, W/D.** clean and quiet park. Call 208-732-5477

**TWIN FALLS 2 bdrm.** 1 bath, garage, storage. Water, sewer and trash paid. \$545 month + deposit. Call 208-736-1875

**TWIN FALLS 2 bdrm.** 2 bath, very clean, W/D, appliances. No smoking. \$695 mo. + deposit. \$200 first months rent with 1st month deposit. Call 208-734-1143

**TWIN FALLS 2 bdrm.** huge duplex, new carpet, counters, paint and garage. No smoking. \$695 mo. + deposit. 208-732-5408

**TWIN FALLS 2 bedroom, 1 bath, new hardwood floors, AC, gas heat, no smoking/pets. \$500 mo. + deposit. 731-6738**

**TWIN FALLS 2 bedroom, 1 bath, new hardwood floors, AC, gas heat, no smoking/pets. \$500 mo. + deposit. 731-6738**

**TWIN FALLS 2 bedroom, 1 bath, new hardwood floors, AC, gas heat, no smoking/pets. \$500 mo. + deposit. 731-6738**

**TWIN FALLS 2 bedroom, 1 bath, new hardwood floors, AC, gas heat, no smoking/pets. \$500 mo. + deposit. 731-6738**

**JEROME 1280 sq. ft.** warehouse with both front & rear offices. \$825. Call 208-539-4048 or 208-324-4048

**JEROME Office space** 700 sq. ft. warehouse with both front & rear offices. \$825. Call 208-539-4048 or 208-324-4048

**TWIN FALLS 1088** bridge area. Parking, Pasture, with Water Rights. All on 2 acres. Call 208-539-4048 or 208-324-4048

**TWIN FALLS BRAND NEW** Contractors Shoppe and Office. Heated. 1200 sq. ft. \$850 SPECIAL. Call 208-404-4742

**TWIN FALLS** Contractors dream! New 4,000 sq. ft. floor shop/computer office. 2022 Floral Ave. No smoking. 208-420-1607

**TWIN FALLS** Clean 2 bedroom apt. nice location, no pets/smoking. 208-734-4120

**TWIN FALLS** Clean studio, nice location, 1 bedroom partial units incld. \$370. No smoking. 734-6403

**TWIN FALLS** 3 bdrm, 3 bath condo, close to canyon rim, gated, nice location, pool, walking trail, garage, 1800 month, call 318-1604

**JEROME** Located off South Lincoln - small 2 bdrm, 1 bath and large 375 units available. 3150 sq. ft. warehouse. Call 208-733-1200 (208) 539-1200

**PAUL Struchen Trimming** We can handle all your trimming. 30 years experience. Call 208-734-3978 or 208-358-3978

**Farrier Service Horse Shoeing and Trimming.** 13+ years experience. Call 208-738-1881

**FREE Quarter Horse**, rideable, 20 yrs old, a good home offer. 208-739-1706

**GELDING** gray, 8 years old, had broken toped on, break away, healing, breeding, in foal. \$2,800. Call 208-731-0103

**HORSE SHOING** 70% Farm/Ranch Supplies 715 Miscellaneous Ave. 713 Farms/Pasture Rentals 715 Farms/Trails 715 Ag Business & Service Directory

**HORSE TRAILER** Horse, 2 horse, open load, 1200 lbs. bumper pull, 5000 lbs. load capacity, saddles, 9488-9992

**HORSES 6 year old** pony, well broke, good with kids, broke toped on, break away, healing, breeding, in foal. \$2,800. Call 208-731-0103

**HOBBY CLEANING** Affordable prices. Daily, Weekly, Monthly. Twin Falls area. Call before 5pm. 735-2387. Call 423-3010

**SPRING CLEANING** Specializing in home cleaning. Call 208-437-8886 or 208-318-3047

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**EQUINE** Paul Struchen Trimming We can handle all your trimming. 30 years experience. Call 208-734-3978 or 208-358-3978

**Farrier Service Horse Shoeing and Trimming.** 13+ years experience. Call 208-738-1881

**FREE Quarter Horse**, rideable, 20 yrs old, a good home offer. 208-739-1706

**GELDING** gray, 8 years old, had broken toped on, break away, healing, breeding, in foal. \$2,800. Call 208-731-0103

**HORSE SHOING** 70% Farm/Ranch Supplies 715 Miscellaneous Ave. 713 Farms/Pasture Rentals 715 Farms/Trails 715 Ag Business & Service Directory

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**COUNTRY CLEANERS** Under new management. Bilingual. Home/Commercial Cleaning. Carpet Cleaning. Call for Free Estimates. 208-324-3189

**Happy Horse Hoopers** Day/weekend Commercial & Residential. Bonded & Insured. 733-3300 Twin Falls-404 Buxley

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Monday, May 12, 2008

# THE ACES ON BRIDGE® Bobby Wolff

"You'll try to reveal what should remain hidden."  
— Elsie Wiesels

**CHINESE PUG** puppies, 6 months old, fawn colored, males, \$300 each or \$550 for both. All shots, dewormed, poly trained. Call 208-458-8892 or 432-4286 or 312-4289

**GOLDEN RETRIEVER** puppies, AKC reg. Perfect for mom. Healthy, happy puppies with personality plus, raised by caring responsible breeder. 1st shots, dewormers removed and dewormed. \$550. Call 208-431-0886

**MASSEY FERUGSON** 124 hay baler, small blades, good cond. \$800. 208-461-6884

**NEW HOLLAND (2)** 1100 sweaters, \$2000 & \$4000, 208-431-6102 or 438-6101

**USED BRICK** out of old Shoshone school 5.76 ea. You haul. 208-308-1888

**801 Antiques & Collectibles**  
802 Appliances  
803 Beach Carts  
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806 Home Tools & Pumps  
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808 Lawn & Garden  
809 Firewood  
810 Furniture & Carpet  
811 Heating & AC  
812 Auto & Motorcycles  
813 Jewelry  
814 Lawn & Garden  
815 Exercise Equipment  
816 Miscellaneous For Sale  
817 Musical Instruments  
818 Office Equip/Supplies  
819 Bicycles  
820 Tools & Machinery  
821 Tires/Parts/Services  
822 Wanted To Buy  
823 Medical Supplies  
824 Guns & Rifles  
825 Composting/Equip  
826 Pet Supplies  
827 Skis & Snowboards  
828 Garage Sale

**TVAKAL**, 42" projection, HD ready, 3 years old, \$450. Call 208-461-455

**NORTH** 05-12-A  
♠ A 8 6  
♥ A 9 4  
♦ K J 8 3  
♣ K J 3

**COCKER SPANIEL** puppies, AKC registered, tri-colored, beautiful markings, extremely smart. Call 208-312-2431

**JACK RUSSEL** puppies, out of registered JPRCA parents, \$350 each. \$400 with house. Call 208-438-9132 or 775-289-4110

**SWATHER** MacDon 3500 with 16' hay header and 30' drop-pen header, \$22,000 offer. 16' hay header for parts. 208-719-940

**WANTED TO BUY** 1951 John Deere tractor. In good running condition. Call 703-692-0854

**HOT TUB** with cover. Use 115 volt. Good condition & easy to move. Chemicals included. \$1200 offer. Call 421-0470

**Firewood**  
Cut 12 to 18" in length, 8" dia. 420-0905 Twin Falls.

**WEST** 05-12-J  
♠ J 5 2  
♥ 10 9 4 2  
♦ 10 9 8 6  
♣ 5 4 2

**EAST** 05-12-K  
♠ Q J 5 3 2  
♥ 10 8 3  
♦ Q 5  
♣ 5 4 2

**FREE Black Irish Setter** cross, male, good conformation, \$250, dog mat, heated, \$50, water dish, heated, \$20, dog stand up, \$20, dog house (2) \$15 each. 733-0360 after 6pm

**LAB AKC registered**, dewormed, 1st shots, lab & dweilars removed. \$600. Visit the website at www.labsidaho.com. Call 208-450-8380, 431-9912, 431-8312, 432-4277

**707 Irrigation**  
LAB puppies, AKC reg. Ready 5/17/08. Chocolate and black, parents on site, dewormed, 1st shots. \$350-\$400, 312-2629 or 312-2628

**801 Antiques and Collectibles**  
BED Antique cherrywood bed. 6" tall headboard, hand-carved matching footboard. Excellent condition \$700 call 208-462-2937.

**810 Furniture & Carpet**  
BED, \$129 QUEEN PILLOWTOP Mattress. Good with warranty. 420-6350 Can deliver.

**814 Lawn Garden**  
MOWER GROUP Beautiful all wood 7 piece set. Dovesdale brand new. List \$2500, sell \$899, Call 423-3330

**SOUTH** 05-12-L  
♠ K 9 4  
♥ K Q 7 6  
♦ A 7 6  
♣ A 7

**Vulnerable: Both Dealer: South**  
The bidding:  
South West North East  
1♦ Pass 1♦ Pass  
2♥ Pass 6NT All pass  
Opening lead: Club 10

**FREE Black Lab**, Shepherd mix, 1 year old, good with kids. Also call blackbrown, good home. Call 208-423-4035

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

**707 Irrigation**  
GATED PIPE PVC 10" and 8" double and single. Good for irrigation control boxes. All others considered 208-308-6604.

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**SOUTH** 05-12-M  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-N  
South West North East  
1♠ Pass 1NT Pass 2♥  
Opening lead: Club 10

**FREE Black Lab**, 1 year old, good with kids. Also call blackbrown, good home. Call 208-423-4035

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**SOUTH** 05-12-O  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-P  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Blue Heeler** cross, female, 1 1/2 years old, good with kids and other animals. Good home, owner has health problems. Call 208-293-7284

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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MOWER GROUP Beautiful all wood 7 piece set. Dovesdale brand new. List \$2500, sell \$899, Call 423-3330

**SOUTH** 05-12-Q  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-R  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Blue Heeler** cross, female, 1 1/2 years old, good with kids and other animals. Good home, owner has health problems. Call 208-293-7284

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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**SOUTH** 05-12-S  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-T  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Blue Heeler** cross, female, 1 1/2 years old, good with kids and other animals. Good home, owner has health problems. Call 208-293-7284

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BED, \$129 QUEEN PILLOWTOP Mattress. Good with warranty. 420-6350 Can deliver.

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**SOUTH** 05-12-U  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-V  
South West North East  
1♠ Pass 1NT Pass 2♥

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**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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**SOUTH** 05-12-W  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-X  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Blue Heeler** cross, female, 1 1/2 years old, good with kids and other animals. Good home, owner has health problems. Call 208-293-7284

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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MOWER GROUP Beautiful all wood 7 piece set. Dovesdale brand new. List \$2500, sell \$899, Call 423-3330

**SOUTH** 05-12-Y  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-12-Z  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Blue Heeler** cross, female, 1 1/2 years old, good with kids and other animals. Good home, owner has health problems. Call 208-293-7284

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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**SOUTH** 05-13-A  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-13-B  
South West North East  
1♠ Pass 1NT Pass 2♥

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**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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**SOUTH** 05-13-C  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-13-D  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Blue Heeler** cross, female, 1 1/2 years old, good with kids and other animals. Good home, owner has health problems. Call 208-293-7284

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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**SOUTH** 05-13-E  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-13-F  
South West North East  
1♠ Pass 1NT Pass 2♥

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**SOUTH** 05-13-G  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-13-H  
South West North East  
1♠ Pass 1NT Pass 2♥

**FREE Black Lab**, Shepherd mix, 1 year old, good with kids. Also call blackbrown, good home. Call 208-423-4035

**LABRADOR** puppies AKC registered, black and tan, \$200. Call 208-825-5071

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**SOUTH** 05-13-I  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-13-J  
South West North East  
1♠ Pass 1NT Pass 2♥

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**SOUTH** 05-13-K  
♠ K J 10 2  
♥ A 8 7 2  
♦ 10 9 4 2  
♣ 7

**LEAD WITH THE ACES**  
05-13-L  
South West North East  
1♠ Pass 1NT Pass 2♥







# SWEAT ASSESSMENT

## FITNESS CLASS REVIEWS

**Intense intervals combine cardio, conditioning**



By Melissa Davlin  
Staff writer



Nikki Kober, owner of Body IQ, leads her 'Intervals' cardio and conditioning class Thursday afternoon at the downtown Twin Falls gym. It's an all-female facility. Staff photos by VIRGINIA HUTCHINS

When I was a student, the only class I hated more than math was physical education. This geeky little girl never ran a mile in under 13 minutes and dreaded push-ups more than dentist appointments.

I love working out nowadays, but there are still some exercises I avoid doing because, gosh, they're just so hard. Exercising is great and all, but I don't want to feel too sore the next day.

I paid for that laziness on Thursday at "Intervals," a fitness class at Twin Falls' Body IQ.

### How it went down

An old brick building houses the all-female gym downtown next to Red's Trading Post. The gym is small, cozy and personable and has way more personality than giant corporate gyms.

Nikki Kober, owner of Body IQ, was teaching the class that day. Before we started, she asked a fellow student if the class was hard. Nikki is teaching today, she said, so it probably will be.

We grabbed a weight bar, an aerobic step and hand-held weights. Kober started us out with a thorough warm-up, then got us hopping to the music. Step up, kick step down. Try not to fall as my step slips a bit. So far, so good.

After four minutes of cardio, we grabbed the weight bars and lifted them over our heads in time with the music. Suddenly, the class wasn't so easy. My face twisted and contorted as I struggled to lift the weight over my head. And my poor arms! They never felt so weak in my life.

This was all within the first 15 minutes. It got a bit easier as we went, but not by much. Worst of all: Kober made us do push-ups. They were easy modified push-ups, but they were still push-ups, so I hated them.

This got us into the last minutes. Four minutes, actually. Four minutes' conditioning repeat and a five-minute cool-down. I felt relieved that I wasn't the only one struggling with the exercises. Even Kober seemed to strain with the push-ups.

And strangely when we finished, I felt fantastic. My legs felt like jelly and my arms like lead, but I wanted more. I recommend



Times-News reporter Melissa Davlin tries to keep up with the class as it picks up the pace. 'It was hard,' says Davlin, adding that it did get easier.

this class whole-heartedly.

### What was sore the next day

On Friday, my poor, abused arms still suffered the consequences of not doing a proper push-up since seventh grade. I was sore in places I didn't even know had mus-

cles. I called Kober and told her how much her class kicked my butt.

"Tomorrow you'll be even worse," Kober said.

Fantastic.

The pain just reinforced how much I needed the workout. Kober said lifting weights is especially important for women,

### The sweat essentials

What: "Intervals" fitness class  
Where: Body IQ, 259 Shoshone St. S., Twin Falls.

When: 5:30 to 6:15 p.m. Thursdays  
Who: It's an all-female gym. Minimum age is 14; a parent must accompany a participant under 18.

Cost: \$7 per class; discounts apply for multiple classes purchased at once.  
Information: Nikki Kober, 737-0800

who lose muscle mass as they get older, making it harder for the heart to get blood to the body. I lift regularly, but never as intensely as in this class. Time to up my routine, I suppose.

### Who should stay away

This is a pretty intense class. Ladies with knee problems should think twice about signing up.

It's a pretty strenuous class, but we want it to be," Kober said.

If your joints give you problems but you still want to give the class a shot, talk to the instructor in advance to get a rundown on modified movements.

Melissa Davlin may be reached at 208-735-3234 or melissa.davlin@lee.net.

"There's a real gap in the knowledge of this injury."

—Gerry Giola, director of neuropsychology and director of the Safe Concussion Outcome, Recovery and Education (SCORE) Program

# Ending the guessing game in concussion recovery

By Preston Williams  
The Washington Post

WASHINGTON — As athletes at Hammond High School in Columbia, Md., headed off to games and practices after school on a recent Friday, junior varsity lacrosse player Jake Roter strolled to an empty computer lab to once again square off against his stiffest adversary: himself.

Roter sustained a concussion during the junior varsity football season, experienced lingering headaches that prompted him to leave the wrestling team and then endured another concussion playing lacrosse this spring.

In previous years, the school's athletic trainer and Roter's doctor would have monitored his symptoms — if there were obvious signs, which is not always the case



Sports trainer Tim Hoppel, of Hammond High School in Columbia, Md., helps Jake Roter, left, a JV lacrosse player, prepare to take the ImPACT test, which helps monitor the effects of concussions.

— and made a determination about when he could return to action.

Now Howard County schools can join other school

districts that can make quantifiable decisions with the ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) program, a

tool to help track recovery from concussions. The program, developed by Mark Lovell at the University of Pittsburgh Medical Center, is used by professional sports teams, colleges and hundreds of high schools in the U.S.

Howard began using it this school year, and it is free to students, with parental permission.

Here's how it works: Before the season, an athlete takes the computerized ImPACT test, which, in part, measures his memory and reaction time after being shown a series of words, designs, patterns and symbols. It takes about 25 minutes. There is no particular score for which to strive; each athlete's results provide a baseline of information.

"It definitely tests you," Roter said.

If the athlete experiences a

head injury, he retakes the test to see how his results compare with his baseline reading. Is there a lapse in memory? Reaction time? Some other decline in performance?

If his retest results fall markedly short of his baseline numbers, he probably will be deemed not ready to play. The athlete will continue to sit out until his ImPACT scores are close to his pre-concussion results.

The ImPACT test findings remove some of the guesswork about whether an athlete is fit to resume play, and the graphic representation of results makes it easy to explain to athletes and their parents why the athlete might or might not be fully recovered from a head injury.

"There's a real gap in the knowledge of this injury," said

Gerry Giola, director of neu-

ropsychology and director of the Safe Concussion Outcome, Recovery and Education (SCORE) Program at Children's National Medical Center in Washington. "What happens in families and kids are getting lots of different messages about whether they can go back to play or not, and many times it's not based on any objective or systematic data."

To learn more about the ImPACT program, and to take the test ourselves, we caught up with Roter, 16, and Hammond athletic trainer Tim Hoppel when Roter was retaking the test for the second time since sustaining a concussion this spring.

Roter first got concussed in first grade in a bike accident. He lost his short-term memory for a few days.

Please see CONCUSSION, Page D4

**B.C.** By Johnny Hart

HUMPTY DUMPTY SAT ON A WALL.  
HUMPTY DUMPTY HAD A GREAT FALL.  
HUMPTY DUMPTY FAILED TO CONCEAL THE RISK OF SUBPRIME MORTGAGE LENDING.

**Baby Blues** By Rick Kirkman & Jerry Scott

DADDY, I WANE DINNER SOON. THE POPS ARE HERE AND I WANT TO BUY A GIFT FOR ERNIE'S BABY SISTER!  
I'LL DO IT.  
CELEBRATE! YOU'VE JUST PICK-UP SOMETHING COOL, BUT OFFER.  
GOT IT.  
WAKERS YOUR TONGUE, BROTHER?  
I'VE GOT TO GO!  
WELL, AT LEAST SOME GOOD CAME OUT OF IT!

**Beetle Bailey** By Mort Walker

BIPPITY BIPPITY BIPPITY BIPPITY  
BOOM!  
ONE BOOM BRATS FOUR BIPPITYS...

**Blondie** By Dean Young & Stan Drake

BUMSTEAD, I'VE BEEN TUNING YOU! YOU'VE WASTED 25 MINUTES OF MY PERSONAL TIME AND 23 MINUTES YAKING IT UP IN THE BREAK ROOM!  
ADD THAT TO THE 30 MINUTES OF CYBER POKER, PHONE CALLS, AND YOU'VE DONE VIRTUALLY NO WORK THIS MORNING!!  
WELL, AT LEAST SOME GOOD CAME OUT OF IT!

**Dilbert** By Scott Adams

I NEED SOMEONE TO MAKE TEN COPIES OF THIS DOCUMENT.  
IS THERE ANY RISK THAT PERFORMING THIS TASK WILL MAKE ME APPEAR LESS VALUABLE?  
I NEED SOMEONE TO TELL COPY BOY TO GET TO WORK.

**The Elderberries** By Phil Frank and Joe Troise

What's hot date, Miss?  
I just learned of a surprise visit from our corporate office.  
Mr. Jijitsu?  
Yes. And I'm afraid we are ill-prepared for a visit.  
There are cracks in the ceiling and the kitchen sink backed up three times this morning.  
And what's with the tie-die shirts?  
The tie-die shirts?  
There was some unpleasantness at the juice bar.

**For Better or For Worse** By Lynn Johnston

ELIZABETH?  
WARRIOR!  
HERE, LET ME HELP YOU WITH THAT SHIRT!  
OK, BUT...  
SORRY I GROWED UP HERE SO LATE THE OTHER NIGHT I OVER WANTED TO SEE YOU.  
LOOK, I KNOW I WAS NEVER THE MOST SENSITIVE OR RELIABLE... WORTHY... I'M ENGAGED!

**Frank and Ernest** By Bob Thaves

SENATOR, WHAT'S YOUR PLAN TO ADDRESS \$100-A-BARREL OIL? - USE SMALLER BARRELS!

**Garfield** By Jim Davis

HEY, THERE'S ARLENE...  
SUUUUCK  
ARE YOU FEELING OKAY?  
NOT REALLY, DO I LOOK?

**Hagar the Horrible** By Chris Browne

HELGA WOULD BE VERY PROUD OF ME!  
I'VE DECIDED TO GO ON THE WAGON!

**Hi and Lois** By Chance Browne

SOME OF THESE CAR ADS ENCOURAGE WOMEN TO BE AGGRESSIVE DRIVERS.  
SO?  
MEN AREN'T THE ONLY ONES WHO CAN BE MACHO!

**Luann** By Greg Evans

YO, BRAD, I FOUND A GREAT RECIPE FOR BROWNIES. AND IT GOT ME TO THINKING: YOU SHOULD ASK TONI OVER AGAIN - BUT THIS TIME I'LL MAKE DESSERT!  
I LIKE THAT IDEA, TJ.  
EXCELLENT! AND TONI'LL LOVE THESE LOW-FAT BROWNIES. NO EGGS, JUST... ACTUALLY, I'M SURE YOU'VE GOT WITH / HAVE MY OWN DESSERT RECIPE SOME FLUDGE MIN. I WANNA TRY.  
OH YEAT! WHAT'S THAT?  
NO TJ, JUST ASK SOME BOY WITH SOME TONI

**Classic Peanuts** By Charles M. Schulz

IF JESUS HAD OWNED A DOG, WHAT KIND DO YOU SUPPOSE IT WOULD HAVE BEEN?  
I DON'T KNOW... MAYBE A BORDER COLLIE..  
I'LL BET THE DOG WOULD HAVE HAD A GOOD LIFE..  
UNLESS HE GOT TIRED OF WALKING AROUND IN ALL THAT SAND..

**Pearls Before Swine** By Stephan Pastis

WHAT ARE YOU GOT A STUPID HOUSEY ON MY KEEN? I'M DOING RAT- NIM.  
WAIT.  
WHY?  
HE'S WRITING A BLOG.  
THIS TREND IS OUT OF CONTROL.

**Pickles** By Brian Crane

WHAT HAVE YOU GOT THERE, NELSON?  
A PIME.  
HERE, LET ME SHOW YOU A MAGIC TRICK WITH THAT DIME.  
THERE, HOW ABOUT THAT?  
COULD LET ME TRY IT?  
DONT BOTHER, SON. I'VE BEEN ABOUT TO YEARS TO MASTER THIS TRICK.

**Rösa Is Rose** By Pat Brady

THE BRIDE ARE MAKING QUOTE A PUPPET UNQUOTE.  
IT'S LIKE THEY'RE CHEERING FOR A WITTING PRIMAVERA!  
IT MUST BE SOMEONE SPECIAL!  
NONA... CHEER!  
PEEP!  
PEEP!  
PEEP!

**Non Sequitur** By Wiley

WELL, YOU SEEM RIGHT FOR THE JOB, BUT THERE'S SOMETHING YOUR PRINTER SAID 7 YEARS AGO THAT BOTHERS ME. LET ME READ IT TO YOU OUT OF CONTEXT...  
IF WE HIRED LIKE WE VOTE

**Dennis the Menace** By Hank Ketchum

"I TOLD EVERYONE WHAT YOU SAID, BUT DON'T WORRY... I TOLD EM IT WAS A SECRET."

**The Wizard of Id** By Brant Parker & Johnny Hart

MIRROR, MIRROR ON THE WALL.  
WHO'S THE GREATEST KING OF ALL?  
WELL... UM...  
PARKER

**Zits** By Jim Borgman and Jerry Scott

ELUFT!  
TIFUET? UFIET? UFIET? TIFUET?  
SREMK I THINK YOU SHOULD GET IN THE HABIT OF CALLING YOUR GRANDMOTHER EVERY WEEK.  
FOTILE!  
AH!

# Keeping lost pounds off

## Personal support may trump Internet options

By Janet Crowley  
Los Angeles Times

The Internet may be your Best Friend Forever, but when it comes to keeping weight off, you're better off communing with a real person, according to a multi-center study conducted by investigators at Duke University Medical Center and three other research institutions.

In a 30-month investigation, the researchers compared the effectiveness of personal contact with a trained weight-loss counselor to Internet support in helping volunteers stave off weight gain after an initial weight loss.

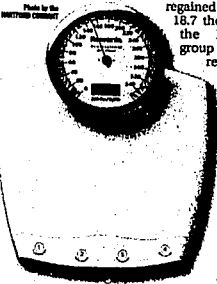
One, assessing the group every six months, the investigators found that although both personal and Internet support provided modest benefits in sustaining weight loss at 24 months, at 30 months only the personal-contact group fared better than the control group, which received no support beyond printed instructions.

The study, which appeared in a recent Journal of the American Medical Association, was an attempt to shed a little light on the issue of how to keep off those hard-lost pounds.

"We know a fair amount about how to help people lose weight, but we know almost nothing about how to help people maintain the weight loss," says the study's lead author, Dr. Laura Svetkey, a professor of medicine and director of the Duke Hypertension Center at Duke University Medical Center in Durham, N.C. "We wanted to look at strategies that could be disseminated very broadly, that would be efficient and affordable."

The research took place at Duke, Johns Hopkins in Baltimore, Pennington Biomedical Research Center in Baton Rouge, La., and Kaiser Permanente Center for Health Research in Portland, Ore.

In the study, investigators divided 1,032 volunteers, who had lost an average of 18.7 pounds in the first phase of the research, into three groups.



Overall, the results are consistent with what researchers know about weight loss, says Karen Miller-Kovach, chief scientific officer for Weight Watchers International, in New York.

"One of the things that has been shown previously," she says, "is that continued support from people who help with the weight-loss process is associated with keeping the weight off."

Sustaining weight loss requires acute vigilance, she says. "The weight only stays off for an hour or so, thinking about it and doing something about it. The more engaged you are in keeping that awareness high, keeping that commitment and continuing to do what you need to do, the more likely you are to keep it off."

The study also shows how much work there is to be done in solving the weight regain riddle, says James Hill, director of the Center for Human Nutrition at the University of Colorado, Denver.

"This is a fine study," he says, "but we're talking about a kilogram or two, and most everyone gains weight. The elephant in the room is that there's something else we need to do."

"Maybe we need to say, 'Look, everything we're doing isn't working,' and let's really go back to the creative drawing board and ask, 'What are we missing?'"

regained 8.8 pounds of the 18.7 they had lost earlier; the Internet support group regained 11.1 and 12.1 pounds respectively.

Svetkey acknowledges that the maintenance results were modest. But, she adds, research suggests that sustaining even small amounts of weight loss can lower blood pressure and reduce the risk of developing diabetes.

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"Maybe we need to say, 'Look, everything we're doing isn't working,' and let's really go back to the creative drawing board and ask, 'What are we missing?'"

## TO DO FOR YOU

### 'Baby and Me'

St. Benedict's Family Medical Center "Baby and Me" classes, 11 a.m. to noon Tuesdays, at Jerome Public Library, 100 First Ave. E.

This week's topic: "Stretching Your Food Intake: The essentials for parents of children from infancy through toddler years. Free; 324-6133.

### Learn CPR for babies

Infant safety and cardiopulmonary resuscitation class, 6:30-9 p.m. Tuesday, in the lobby at St. Luke's Magic Valley Medical Center downtown campus, 660 Shoshone St. E. in Twin Falls.

New parents and grandparents can learn how to perform CPR, choking, child safety and injury prevention.

Fee: Preregistration not required; 732-3148.

### Childhood screenings

Early childhood developmental testing for children (infants to 5 years old), Wednesday, at the American Legion Hall in Hagerman.

Screenings will include speech and language hearing and developmental. For children ages 3-5, there also will be screening for social skills, self-help skills and pre-academic. Organizers say children could qualify for special help to become ready for kindergarten.

Fee: Appointments required; Kella at Hagerman School District, 539-7740.

### About Alzheimer's

Alzheimer's Support Group meeting, 6 to 7 p.m. Wednesday, at Rosetta Estridge, 1177 Estridge Court in Twin Falls.

Open to Twin Falls County residents who have family members with Alzheimer's. Information: Lisa Juhn, 734-9422.

### Study: Arch supports can increase force on knee joint

Orthotics may be as common as water bottles among runners and walkers, but the mass-marketed arch supports may actually increase force on the knee, possibly contributing to knee osteoarthritis, a deterioration of the cartilage.

In a study in *Medicine & Science in Sports & Exercise*, a group of 22 male and female recreational runners were given basic running shoes (ones with no high-tech structural elements such as shock absorbers). First they ran and walked in just the shoes, then they ran and walked in shoes with over-the-counter cushioned arch support inserts. The runners were analyzed via infrared cameras to track motion of the knee joints. A special treadmill measured forces the runners applied while striding.

The researchers found that during walking, forces on the knee joint increased 6 percent with the orthotic — and during running, 4 percent.

### About childbirth

Prepared childbirth classes, 6:30-9 p.m. Wednesdays, this week through June 11, in the lobby at St. Luke's Magic Valley's downtown campus, 660 Shoshone St. E. in Twin Falls.

Topics: wellness of the mother; labor and delivery process with relaxation and breathing techniques; care of the postpartum mother and newborn; breast-feeding and bottle feeding; and a video tour of the Women's and Infant Center. Wear comfortable clothing; bring two pillows and, if possible, a support person.

Cost is \$60. Preregistration required; 732-3148.

### Asthma awareness

In recognition of Asthma Awareness Month, St. Luke's Magic Valley and South Central Public Health District will host an asthma class, 6-8 p.m. Thursday in the Sage Room at St. Luke's Education Building, 588 Addison Ave. W. in Twin Falls.

Topics: identifying the stages of asthma, management of asthma, and skills to properly use asthma medications.

Fee: Preregistration required; 737-2700. Information: Elvia Caldera, 737-5988.

### About childbirth

The labor support class of St. Benedict's Family Medical Center's prepared childbirth series, 7-9:30 p.m. Thursday, at Jerome Ambulance Building, 240 E. Main St.

Topic: labor, including the starting of labor, timing and

comfort measures. Bring two pillows, a blanket and, if possible, a support person.

Cost is \$5. Register: 324-6133.

### Learn CPR/first aid

Cardiopulmonary resuscitation and first-aid class, 9 a.m. to 1 p.m. Saturday at Keys to CPR, 157 Main Ave. E. in Twin Falls.

Topics: adult, child and infant CPR and choking; automated external defibrillators training; and hands-on, first-aid training for multiple situations.

Cost is \$25 for CPR, \$40 for CPR and first aid, and \$35 for health care providers; all with American Heart Association two-year certification. Phone: 404-9972 or at the Keys to CPR office.

### Learn CPR/first aid

First aid and cardiopulmonary resuscitation class, 8 a.m. to 1 p.m. Saturday in the Sage Room at St. Luke's Magic Valley's Education Center, 588 Addison Ave. W. in Twin Falls.

Topics: classroom instruction and hands-on practice with emergency procedures for mouth-to-mouth resuscitation, chest compression and choking response for adults and infants.

Cost is \$50. Preregistration required; 737-2007.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Image section. E-mail notices to [ramona@magicvalley.com](mailto:ramona@magicvalley.com).

# Slow lifting for fast slimming

By Janet Crowley  
Los Angeles Times

Fitness author Jorge Cruise believes that just a few minutes per week of properly applied resistance exercise can firm muscles, build lean muscle tissue and trim inches off the waist.

Cruise, who writes a weekly column for USA Weekend, also authored "8 Minutes in the Morning" and "The 3-Hour Diet," in his newest book, "The 12 Second Sequence: Shrink Your Waist in 2 Weeks," he suggests that two 20-minute sessions per week of very slow cadence lifting and static muscle contraction can goose the body to burn 20 percent more calories a day.

Tell us about these 12-second exercises.

It's important to remember that you aren't just 12-second exercises. Each move begins with a slow, controlled 10-second movement, followed by a two-second hold — these combined 12 seconds create an incredibly intense and effective fatigue of your muscles. Fatigue is crucial for results — it's what allows you to create new lean muscle tissue, which will start to burn fat and calories when you're at rest. You do four repetitions per body part and 12 exercises per workout, which lasts just under 20 minutes.

So you really need to feel that fatigue to know that you're doing some good!

You can't change the muscle without fatigue, and it's impossible to really fatigue the muscle without pushing it. The only way it gets transformed is by pushing it

beyond what's comfortable. It's kind of like life. Our lives don't really change until those moments where we were pushed, and that's where we grow the most and our life becomes more rich. If you don't push your body beyond what it's comfortable with, nothing changes.

You have developed this plan based on the idea of performing basic exercises very slowly and then holding the pose; with muscles fully contracted, for two seconds at the end. How did you arrive at this?

This is not a new idea. In fact, there have been books written about slow lifting, before and the concepts were powerful. But I wondered, "How can I make this better?" So we tested different sequencing options for two years. After experimenting with many different variations, we got the best results by going slow for 10 seconds then stopping statically for two seconds. In my opinion, that little push is

the difference between night and day.

Is there one piece of dieting advice you can give?

Number one: Don't skip meals. Eat every three hours. That's the first rule for staying sane and keeping the lean muscle in place. Second, make sure to get the right ingredients at the right times, the protein and the carbs. Vegetables and fruit. At dinner, you have to avoid or eliminate starchy carbohydrates. Starchy carbohydrates are a big no-no, because that gets stored as F-A-T. Unless you're running a marathon at 9 or 10 p.m., forget it.

Why are we getting so fat? Honestly, it's mainly because we're not lifting. We've got machines and elevators and escalators to do all the things that require our muscles to engage and lift weights. We put things on dollies, and we have other people lift them. Atrophy is probably the biggest culprit. And that's reversible.

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**HANDLING MARKET VOLATILITY:**

For the next 6 weeks we will cover ways to handle Market Volatility.

Week 3 - LOOK BEFORE YOU LEAP

When the market goes down and investment losses pile up, you may be tempted to pull out of the stock market altogether and look for less volatile investments. The small returns that typically accompany low-risk investments may seem attractive when more risky investments are posting negative returns.

Before you leap into a different investment strategy, make sure you're doing it for the right reasons. How you choose to invest your money should be consistent with your goals and time horizon.

STRATEGIES

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# Study shows promise for aging practitioners of yoga

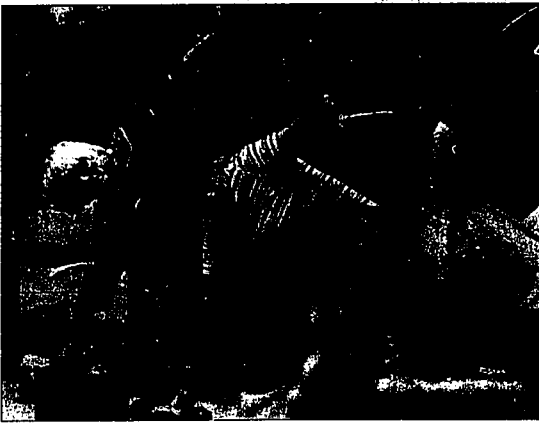
Los Angeles Times

Women 65 and older can improve their fitness through yoga classes, according to a small, preliminary study. Researchers from Temple University in Philadelphia studied 24 older women to see if a nine-week modified Iyengar program would produce benefits.

Presenting at a recent meeting, they reported a variety of gains. Participants' average gait speed went from 1.04 to 1.09 meters per second, and stride lengths went from 1.11 meters to 1.16 meters on the left foot and from 1.12 to 1.16 meters on the right.

Participants saw an improvement in range of motion in their hip flexors, ankles and big-toe joints. They were also able to stand longer on their right leg — 18.7 seconds before the program, and 23.1 seconds after. (Little difference was seen on the left side.) Body weight was better distributed on the subjects' feet — and they even stood 1 centimeter taller.

"Yoga, in the right training environment, can be benefi-



Women 65 and older can improve fitness through yoga, according to a preliminary study.

cial," says study lead author Dr. Jinsup Song, director of the Gait Study Center at Temple University's School of

Podiatric Medicine. Improvement in the single-leg stand may aid balance, Song adds. "This might be

good to continue to investigate — if yoga is an appropriate intervention for minimizing the risk of falling."

## Concussion

Continued from page D1

A person who sustains a concussion can be more vulnerable to concussion than those who have not sustained such an injury.

"Oh, another butterfly gave you a concussion?" a buddy said to Rotter recently, jokingly suggesting that the middle linebacker-offensive lineman and lacrosse defender, known for his physical playing style, is soft.

When Rotter, who is enrolled in honors courses, is concussed, he suffers from headaches and a lack of concentration. "It feels like you have a haze over you, a fog, kind of," he said, adding that his grade-point average dipped from about a 3.57 to a 2.71 in the fall when he had trouble focusing after his football concussion.

"He's in all really, really

intense classes, so concussions have much more effect there than on the field," said his mother, Julie.

Rotter could tell when he took the first retest April 2 that he was not particularly sharp. He noticed further improvement on a recent Friday afternoon, taking it for a second time since his lacrosse concussion. But before clearing him to play, Happel wanted to consult with Gioia, who helped develop the concussion treatment program for Howard schools.

"It seemed like I could remember the shapes a lot easier," Rotter said after his second retest. "It was a lot faster, it felt like. It was a pretty obvious difference."

Mike Williams, coordinator of athletics for Howard schools, said that the county's dozen high schools have test-

ed an average of about 200 athletes each. With the program becoming more established, he expects that number to grow to 400 or more next school year.

"They used to say after two days you could return" from a concussion, Williams said. "Then it went to a week. Now research shows that with high school students, their brains are still developing, and a sustained concussion in a high school student can impact their learning and development for a lifetime. When we saw that, that's what really sold us. It's not a perfect science, but it's the best thing out there."

"The cost of the program is \$9,000 for the software. But for school systems without certified athletic trainers, administering and interpreting the tests could be a prob-

lem. Howard has a trainer.

For athletes itching to get back on the field, the ImPACT test can be friend or foe: friend if it raises no red flags, which might result in getting back sooner, or foe if the athlete feels fine — or is downplaying symptoms, which is common — but falls short of baseline benchmarks when retaking the test.

Oh, and don't try to lowball your initial ImPACT test. Not only could it be hazardous to your health, it could be embarrassing. Gioia said the test has indicators that expose sandbaggers.

"I feel like (the ImPACT test) is holding me back a little bit," Rotter said, "but I'm also glad it exists. Because if it didn't exist, I'd be back on the field and getting another concussion and be in a worse state."

## Jewelry class: Pick your silver

Staff report

Love Jewelry? The Twin Falls Parks and Recreation Department is offering a chance to create some of your own.

Participants in a class this week will learn how to make their own heirloom-quality silver jewelry, including necklaces, bracelets, earrings, charms, bookmarks,

mobile phone dangles and more, organizers said. Each person will make up to four pure silver, reversible pieces.

Class will be held at 6 p.m. Thursday at Hands On, 141 Shoshone St. N. Ages 12 and up are welcome. Cost is \$35 per person.

Register in advance: 736-2265, or stop by the park office at 136 Maxwell Ave.

## Over obstacles

Your chance to learn parkour's fast movement. NEXT WEEK IN IMAGE

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### A TEST WOULD HAVE FOUND MY COLON CANCER SOONER

*David Proctor*

After I had my colonoscopy, I found out I had colon cancer. I wish I had known the results sooner. I wish I had known the results sooner. I wish I had known the results sooner.

2-1-1

Take the test. Save your life.

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