

**SNEAK ONE IN**  
Find time to fit  
in a workout.  
HEALTHY AND FIT, B1

**BUSY BACKFIELD**  
BSU loaded at  
running back.  
SPORTS, A5



**VICTIMS TURNED BEAUTIFUL**  
A woman's face helps  
identify victims of a crime.  
MURDER, B1

# TIMES-NEWS

Monday, August 18, 2008

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## TEMPLE TITANS

Nearly 160,000  
on tours surpass  
expectations

By Nate Poppino  
Times-News writer

Despite changing estimates three times, officials with the Church of Jesus Christ of Latter-day Saints still weren't prepared for how many people wanted to see the new Twin Falls temple.

Church spokesman Terry McCurdy said Sunday 159,867 people — almost 10,000 more than the church's highest guess beforehand — toured the building during the month it was open to the public.

The last tour was Saturday. Previously, tours were capped at 30 people every five minutes — the most organizers thought they could handle, McCurdy said. But at some points, the number stretched to about 50 people leaving every four minutes.

There were packed tours, 10- to 15-minute waits and heat, but McCurdy said he'd heard many at a complaint. Temple visitors ranged from current LDS members — who made up as much as 60 percent of the crowds — to other local religious leaders, including one from St. Ignace's Orthodox Christian Church.

"I can't tell you how positive people have been," McCurdy said.

The LDS spokesman still even had positive things to say about the demonstrators who stood outside the temple for as long as the tours were held. Both sides have avoided confrontation, McCurdy said, and the demonstrators "have been good."

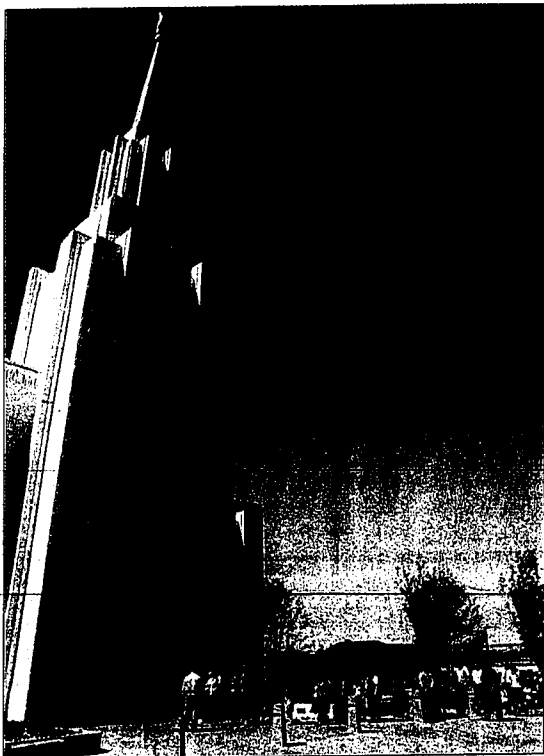
He wasn't as enthused with the sometimes-harsh arguments about whether Mormons are Christian that have played out in various forums, including letters to the *Times-News*.

"It's not the manner in which we would do that," McCurdy said.

Still, others weren't as tolerant of the demonstrators. A passing motorist yelled "Get out of our neighborhood" as Jim Dorough and Bob Pilch, both from Tacoma, Wash., offered pamphlets Saturday afternoon.

The pair recalled people acting like they'd run them over or making rude gestures during the two days they'd

Please see **TEMPLE**, Page A2

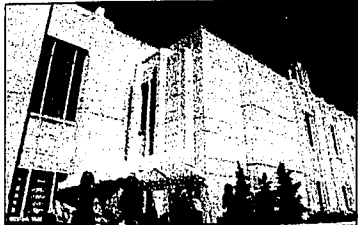


Visitors proceed to the front entrance of the LDS temple Saturday afternoon in Twin Falls. Saturday was the last day of the open house tours. Church spokesman Terry McCurdy said 159,867 people toured the building during the month it was open to the public. To order a photo reprint go to <http://gallery.pictopia.com/magicvalley/>.



### Find out more

For temple information — including photos, video, archived stories and comments from readers — visit the *Times-News*' Temple Track site at [Magjvalley.com](http://Magjvalley.com).



Visitors exit the LDS temple Saturday afternoon in Twin Falls. About 4,600 people had entered the temple Saturday by the afternoon.

## Holding the line

Twin Falls County officials explain reasoning behind clinic dispute

By Nate Poppino  
Times-News writer

Ever since relations between officials with Twin Falls County and St. Luke's Magic Valley Medical Center blew up in January over remodeling plans for the hospital's downtown clinic, it hasn't always been easy to tell what exactly lies at the root of the dispute.

But over the last couple of months, County Commission Chairman Tom Mikesell and other county representatives have shed more light on how they feel the county has been wronged and what St. Luke's should do to fix it.

The clinic is owned by the county and leased by St. Luke's Magic Valley after the 2006 sale of what was then Magic Valley Regional

Medical Center. According to the sale agreement, it will one day be county office space, with St. Luke's contributing up to \$3 million and \$45 per-square-foot in in-kind renovation services to help.

In June, Mikesell said the county seeks an additional \$2.5 million to compensate for a hospital construction crew it thought would do the remodeling, but won't be available. St. Luke's officials responded that they have never said the crew won't be available. But that isn't the only issue.

"All I know is what the contract says, and that's truly what I know," said Donald Auten, a Philadelphia attorney with Duane Morris LLP whom

Please see **DISPUTE**, Page A2

## Twin Falls Council holds budget hearing tonight

21.6 percent hike  
could be biggest ever

By Jared S. Hopkins  
Times-News writer

The Twin Falls City Council will hold a public hearing tonight on its proposed \$50 million budget — a 21.6 percent increase from this year that is possibly the largest single-year spike ever.

City staff and council members have noted the increase is due mainly to expensive, capital projects

crucial to the city meeting federal regulations and being able to serve a growing Twin Falls. Separate from capital projects, the city's operating budget grows about 7 percent.

The council could adopt the budget after the 6 p.m. hearing or make a decision in the future. The budget must be approved by Sept. 2.

The city scaled back its original budget by about \$1 million. This year's budget is \$41 million.

Water rate increases are projected at 8.5 percent, and sewer rate increases are projected at 3 percent. Officials have cited that the city's property tax will decrease for tax payers according to a staff report.

For example, a resident

with a house valued at \$150,000 using 15,000 gallons of water per month will pay \$2.71 more monthly in city property tax and city utility fees, according to a city staff report.

City officials have noted funding for most of the capital projects comes from reserve accounts, which are typically tax revenues saved over years. For example, water fund reserves exceed \$5.8 million, according to a preliminary budget.

Meanwhile, projects from grants include the widening of Washington Street North and airport projects.

Other notables:

- \$1.4 million to replace aging systems at the city's wastewater treatment plant.
- \$1 million to replace a section of the Northeast Sever Trunk Line.
- \$100,000 in upgrades to the city pool.
- 4 percent performance-related salary increase for city employees.

The city has also noted the budget's projects have been discussed in the past.

The 6 p.m. public hearing is at 305 Third Ave. E. in the Council Chambers.

Jared S. Hopkins may be reached at 208-735-3204 or [jhopkins@magicvalley.com](mailto:jhopkins@magicvalley.com).

## Waterboarding as dark art

N.Y. attraction uses interrogation technique as carnival attraction

By Robin Shulman  
The Washington Post

NEW YORK — Slip a dollar into a slot in the "Waterboard Thrill Ride," and watch through bars as a man in a hooded sweatshirt pours water into the nose and mouth of another man in an orange jumpsuit convulsing against his restraints.

It looks like a scene from Guantanamo Bay, Cuba. But this is Coney Island, and the two men are motorized mannequins whose interaction takes place alongside freak shows and funnel cakes.

The scene is the creation of Steve Powers, who has participated in the Venice Biennale, won a Fulbright grant and published art books, but whose roots are in the graffiti art of the streets.

"I wanted to make the perfect Coney Island experience. Something that captivates, that's an immediate visceral reaction and that lingers in

Please see **DARK ART**, Page A4

## Real-estate appraiser regulation a failure

By Mitch Weiss  
Associated Press writer

CHARLOTTE, N.C. — As soaring home prices set the stage for America's great housing meltdown, a critical step in making sure those home sales were a fair deal — the real estate appraisal — was undermined from within.

After the nation's last major banking disaster, Congress set up a system to catch rogue appraisers.

Their game: Inflating the value of homes at the direction of equally unscrupulous real estate agents and mortgage brokers, whose commissions are determined by the size of the deals.

But a six-month Associated Press investigation found that the system is crippled by both the bungling of its policemen and their inability to effectively punish those caught

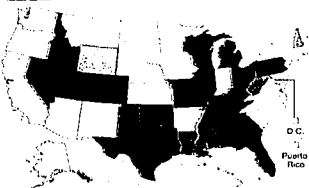
Please see **REGULATION**, Page A3

## Appraisal complaints go unresolved

Since 2005 — the height of the nation's housing boom — 25 states, the District of Columbia and Puerto Rico have set up a system to let real estate appraisers.

Real estate appraisal complaints, 2002-2007

1-99 100-299 300-599 600-999 1,000-3,000



SOURCES: Appraisal Subcommittee; Associated Press reporting



At Your Service directory B10 Comics ..... B4  
Bridge ..... B11 Crossword ..... B2  
Calendar ..... A2 Dear Abby ..... B3  
Classifieds ..... B5-14 Horoscope ..... B12

Jumble ..... B13 Movies ..... A4, B3  
Nation/World ..... A10-14  
Obituaries ..... A13

Opinion ..... A89  
Sudoku ..... B7  
Today in History ..... B12  
Weather ..... B14



High: 95 Low: 60  
Near record temperatures. Details: B14  
and live at [magicvalley.com/weather](http://magicvalley.com/weather)

# MORNING BRIEFING



## It's ... Pat Marcantonio

... Times to go and do today

Sometimes, my husband and I like to get in the car and just go.

• One place we end up that is unique to Idaho is Niagara Springs. Head northwest on I-84, turn off at Exit 168 in Jerome and then go west onto the Bob Barton Highway. Drive west for 15 miles on Barton Highway, then turn south on the Rex Leland Highway (1950 East). Follow the grad-

ed road leading down into the canyon. Take a lunch — there are two picnic areas. Take a fishing pole to try your luck. Or just walk around with your dogs on a leash. Don't forget to check out the springs for which the area was named. They explode out of the canyon. • Travel further down to the serene Crystal Lake, which is supplied by springs. • Along the way, the Snake

river is filled with birds of many feathers. If you're lucky you might be able to see a pelican swoop from the sky to catch a fish, then lumber away with its lunch still wagging in its beak. It is a spectacular sight.

Have your own pick you want to share? Something that is unique to the area and that may take people by surprise? E-mail me at [patm@magicvalley.com](mailto:patm@magicvalley.com).

## TODAY'S HAPPENINGS

### ARTS AND ENTERTAINMENT

**Sun Valley Summer Symphony concert**, Richard Strauss' "Ein Heldenleben," 5:30 p.m. pavilion opens and 6:30 p.m. concert begins. Sun Valley Symphony Pavilion, no cost, open to the public, [summersymphony.org](http://summersymphony.org).

### CLUBS AND ORGANIZATIONS

**Cassia County School District meeting**, featuring Don Smith, author of "Coach Sez," for administration staff, teachers, acquaintances and friends of Smith welcome, 9 a.m., King Fine Arts Center, Burley, 678-1017.

### GOVERNMENT

**Twin Falls County commissioners**, 8:30 a.m., courtroom, 425 Shoshone St. N., 736-4068.

**Cassia County commissioners**, 9 a.m., courthouse, 1459 Overland, 878-7302.

**Jerome County commissioners**, 9 a.m., courtroom, 300 N. Lincoln, 644-2700.

**Twin Falls City Council**, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.

**College of Southern Idaho Board**, 8 p.m., Student Union Room 248, Taylor Administration building, 315 Falls Ave., Twin Falls, 732-6201.

**Halley Planning and Zoning Commission**, 6:30 p.m., courtroom, 206 First Ave. S., 786-9815.

**Hansen School Board**, 7 p.m., School library, 550 S. Main, 423-5593.

**Ketchum City Council**, 5:30 p.m., City Hall, 480 E. Ave. N., 726-3841.

**Gooding City Council**, 7 p.m., City Hall, 308 Fifth Ave. W., 934-5669.

**Jerome County Planning Commission**, 7 p.m., court-



house, 300 N. Lincoln, 324-9116.

**Bills School Board**, 7:30 p.m., school library 601 E. Highway 30, 352-4445.

**Minidoka County School Board**, 7 p.m., library, Minico High School, Rupert, 436-4727.

### HEALTH AND WELLNESS

**Fit and Fall Proof Exercise Class**, 10:30 to 11:30 a.m., Ageless Senior Citizens, Inc., 301 Main St. N., Kimberly, no cost, 737-5988.

**Sneakers Fitness Program**, Innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for Humanas insured or YMCA members and \$5 per class for non-insured, 733-4384.

**Choices for Recovery**, a non-traditional, 12-step spiritual program open to all faiths, issues and addictions, 4 to 5:30 p.m., west conference room, Minidoka Memorial Hospital, Rupert, no cost, 431-3741.

**Recovery for Life: "Find Help, Discover Hope, Experience Healing,"** includes co-dependency for Women and 12 Step HOPE (addiction recovery), 6 to 6:45 p.m. meal served and 7 p.m. meetings, Twin Falls Reform Church, 1631 Grandview Drive N., (corner of Grandview Drive North and Pole Line Road), 733-6128.

**Burley DivorceCare Support Group meeting**, 6:30 to 8:30 p.m., Burley United Methodist Church Library, 450 E. 27th St., 678-2633.

### SCHOOLS

**Filer School district new student registration**, by appointment only, 326-5944 ext. 4107.

**Hollister Elementary school registration**, 7:30 a.m. to 4 p.m., Hollister, 326-5944 ext. 4107.

**Twin Falls High School Band rehearsal**, for all new and former members and band member prospects, 7 to 8:30 p.m., Twin Falls High School Bandroom, 733-1079 or [theadley@cablenet.net](mailto:theadley@cablenet.net).

### SCHOOLS

**Family Fitness Night**, fitness activities for the whole family, 6:30 p.m., Jerome Recreation District, 2032 S. Lincoln, non-members: \$4 per family (no cost for members), 324-3389.

**To have an event listed**, please submit the name of the event, a brief description, time, place, cost and contact number to Suzanne Browne by e-mail at [sbrowne@magicvalley.com](mailto:sbrowne@magicvalley.com); by fax, 734-5538; or by mail, Times-News, P.O. Box 548, Twin Falls, ID 83303-0548. Deadlines is noon, four days in advance of the event.

## COMING UP IN THE TIMES-NEWS



**TUESDAY**  
Summer shots: Some of our readers' best garden photography.  
**HOME & GARDEN**



**WEDNESDAY**  
Hunters in the kitchen: Splicing up your game once you've got it home.  
**FOOD**



**FRIDAY**  
Express to Poland: Burley's Rocky Mountain Express dance team took us east to Europe.  
**ENTERTAINMENT**

## Dispute

Continued from page A1

the county hired to help it with the sales agreement.

And what it says, according to Auten, is that St. Luke's is obligated to remodel about 67,000 square feet for what over the cost is today — in this case, the additional \$2.5 million. That figure, he said, comes from dividing the \$3 million total contribution by the \$15 per-square-foot limit.

"The latter figure, Mikesell said, is essentially an inflation-catcher.

Anything past the 67,000 square feet is the responsibility of the county, Auten said. But any extra costs in the 67,000 are St. Luke's responsibility, despite the perceived \$3 million cap. That assertion is based up on the responsibility elsewhere that requires the remodel be done according to the county's plans, he said.

"That's what the county thought they were getting, was a fully renovated building subject to that limitation," Auten said.

## Questioned language

From the Twin Falls County, St. Luke's hospital sales agreement: Section 10.3 (b), "Renovation of County Offices. As part of the consideration for the Hospital Assets, SLMVRMC shall provide to County up to two million dollars (\$2,000,000) of in-kind renovation services (construction including materials) and/or finishing, using St. Luke's employees) for renovation of County office space at the Twin Falls Clinic and Hospital building located at 660 Shoshone Street, Twin Falls, Idaho (the "County Offices") pursuant to a renovation plan provided by County to SLMVRMC within one (1) year from the Closing Date. Subject to the two million dollar (\$2,000,000) limitation in the preceding sentence, cost-reimbursement services shall be provided by SLMVRMC to County at cost, which shall in no event exceed forty-five dollars (\$45) per square foot.

Section 10.3 (c) (iii): "... in the event that County has not purchased the St. Ed's Property on or before the date that is one (1) year after the Closing Date, the two million dollar (\$2,000,000) amount in Section 10.3 (b) below shall be increased to three million dollars (\$3,000,000)."

intent signed in 2005 that formed the foundation for the development of the sales agreement. The letter, which was negotiated before Auten became involved, forbids the various parties from discussing financial figures any more, removing the source of the most contention, Singer said.

In April 2005, the MVRMC board heard the results of the community task force and cleared the way for the county to plan for moving into the clinic. But Singer said he never remembers the Hummel study coming back during the renovation negotiations. Part of the total — \$1 million — was originally for renovating property the county never purchased from St. Edward's Catholic Church.

The remaining \$2 million was, he said, "just a number." And it was a maximum cap, he said, not a flexible sum that could grow.

"It wasn't tied back to any study," Singer said. "I personally never saw any study that said, 'These are our needs.'"

What's happened since has been sad for Singer to watch. "I guess I always hoped and thought that part of my role ... was to help bring some peace to the community," he said. "It hasn't. I'm sorry about that."

Both sides say now that peace is in the works. The dispute has now entered the mediation process, which could begin sometime in the next couple of months. Both sides are still in the process of selecting a date for mediation, Mikesell said on Wednesday.

Nate Poppo may be reached at 208-735-3237 or [npoppo@magicvalley.com](mailto:npoppo@magicvalley.com).

## AROUND THE STATE

### Back taxes could lead to auctioning of homes

**BOISE** — An official with the Nampa and Meridian Irrigation District in southwest Idaho is hand delivering written notices of overdue bills that could cost the owners their homes if they go unpaid.

Daren Coon, secretary and treasurer of the irrigation district, says he gave the bills to five residents and the owners of part of a subdivision that could be put up for auction on Tuesday if back taxes

aren't paid. He tells the Idaho Statesman he is trying to prevent that from happening by delivering the bills, which range from \$271 to \$884.

He says two homeowners paid their bills on Friday.

### College of Western Idaho seeks public comments

**NAMPA** — Officials with the College of Western Idaho are holding what is being called "an evening of com-

munity conversation" with area residents later this month.

President Dennis Griffin says the college needs to help the public's comments to help shape the school and help it serve the educational and economic development needs of the region.

The first meeting is planned for 7 to 8:30 p.m. Thursday at the Nampa Civic Center.

Another meeting is set for 7 to 8:30 p.m. Aug. 28 at the Boise Centre on the Grove.

— The Associated Press

### Space and money

As evidence of where the agreed-upon figures came from, Mikesell offered a county space needs study conducted by Hummel Architects of Boise in 2005. The clinic building was one of several options for county expansion looked at in the study, the results of which were presented to a community task force in 2005. He pointed to the fact that the county already owns the real estate used in the project, the study's predictions stated that renovating the clinic building would cost just more than \$3 million in 2007 and about \$3.3 million in 2009.

Scott Straubhaar with Hummel, Mikesell's brother-in-law, has represented the firm in much of its work with the county, could not be reached for comment for this article.

Many of the study's figures are listed as coming from MVRMC estimates, including labor and materials. But it's not clear what those estimates may have included for the cost of labor. According to records kept by St. Luke's, Magie Valley, the detailed space needs analysis contributed by MVRMC broke down the costs for the various rooms needed for each department. But it didn't specify what amount of the cost came from labor alone.

The estimated cost per square foot for the various rooms ranged from \$40 to \$77, with most seeming to fall between \$44 and \$55. The total cost for renovating 44,636 square feet came to

just more than \$2 million, not counting some excluded items such as acoustic panels.

"The total construction cost in the Hummel study laid out in a subtotal, comes to about \$2.3 million."

A remodel summary dated April 2008 and attributed to Hummel shows that a two-phase remodel of the building's first and second floors would cost about \$6.9 million at competitive commercial rates, according to county documents. That assessment stated the remodel would cover 59,515 square feet, according to notes made by Commissioner Terry Kramer.

St. Luke's Magie Valley Chief Financial Officer John Groobock, who provided the MVRMC figures, said hospital officials don't think the study has any relevance to the current dispute, especially since MVRMC no longer exists. He also said that discussions between MVRMC and the community task force never included specific architectural plans or general floor plans, but that the renovation was not contemplated at the time.

### Working toward resolution

The dispute over the clinic has been confusing to Larry Singer, current director of the Beazley Institute for Health Law and Policy at the Loyola University Chicago School of Law.

Before his college career, Singer was brought in by MVRMC in 2005, he said, due to his experience with hospital mergers and creation of health systems. St. Luke's and MVRMC retained him together to develop their merger proposal.

Those costs, Singer said, were finalized in a letter of

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# Regulation

Continued from page A1  
committing fraud.

And despite ample evidence appraisers are measured into inflating home values — sometimes to prices in support of loans that are more than buyers can afford — the federal regulators charged with protecting consumers have thus far made a conscious choice not to act.

"The system is completely broken," Marc Weinberg, the former acting director at the federal agency charged with monitoring the appraisal industry, told the AP before he retired earlier this year. "It's amazing that the system ever worked at all."

The AP conducted dozens of interviews and reviewed thousands of state and federal documents, and found:

- Since 2005, at the height of the housing boom, more than two dozen states and U.S. territories have violated federal rules by failing to investigate and resolve complaints about appraisers within a year. Some complain that uninvestigated as long as four years. As a result, hundreds of appraisers accused of wrongdoing remained in business.

- The only two federal regulators have to force states into compliance is so draconian — it would effectively halt all mortgage lending in a state — that it has never been used.

Both state appraisal boards and the federal agency tasked with their oversight are chronically understaffed, many with only one full-time investigator to handle the hundreds of complaints that arrive each year. Some don't even have an investigator.

"The appraisal reforms of the late 1990s were good reforms," said Susan Wichter, a real estate professor at the University of Pennsylvania's Wharton School of Business. "But they were not sufficient to prevent what we have seen ... because regulation without teeth is not regulation."

To be sure, there are many causes of the housing crisis — lenders who allowed people with poor credit to buy homes with little or no money down, mortgage brokers who focused on selling loans without regard to the borrowers' ability to repay and investment bankers who bought and sold risky mortgage-backed securities. A few of the worst offenders — appraisers included — have been put behind bars.

But experts and industry insiders, including appraisers who feel betrayed by colleagues who don't follow the rules, believe the failure to effectively monitor the real estate appraisal industry contributed to housing's collapse.

This is the way the system is supposed to work:



Philip Humphries, Executive Director of the North Carolina Appraisal Board is seen in his office in Raleigh, N.C., May 28.

Typically, an appraiser receives an order from a real estate agent, lender or mortgage broker to inspect a property. Based on a physical inspection of the home and comparable sales in the area, they develop an estimated value for the property. That figure is used by banks to set the home's value as collateral for the mortgage loan.

Appraisers are supposed to come up with a value free of any outside pressure. But more than three dozen appraisers nationwide investigated by the AP said they often felt pushed by a real estate agent or mortgage broker to fraudulently inflate a property's value. They supplied the AP with documents from lenders asking them to "hit a number."

Documents obtained by the AP also show that hundreds of appraisers complained to federal and state agencies about such fraudulent inflation of property values.

The appraisal system has broken down before. In 1989, Congress concluded that "faulty and fraudulent appraisals were an important contributor to the losses that the federal government suffered during the saving and loan crisis." And it passed the Financial Institutions Reform, Recovery and Enforcement Act.

Under the law's reforms, a private group known as the Appraisal Foundation wrote the rules governing appraisers. The law also recommended that states begin licensing appraisers and disciplining those who break the rules.

A federal agency called the Appraisal Subcommittee, an independent federal agency that answers to Congress, would conduct field reviews and audits, and maintain a national registry of appraisers — including dossiers on those who break the rules.

But problems plagued the system from the start. It took years for some states to set up the independent review boards to supervise appraisers and hire personnel to investigate complaints. Even today, eight states still do not require appraisers to obtain a

license or certification. "We got to this point by a lack of enforcement. ... The public has the right to expect the appraisal boards are taking care of that problem," said Bob Ipock, an appraiser from Gastonia, N.C., who is a critic of the current system. "And they are not. They're looking the other way."

The Appraisal Subcommittee is supposed to help states remove from the system those appraisers who agree to "hit a number." But it has only four employees to conduct field reviews and audits of 50 states and four U.S. territories, and hasn't even had a permanent director since the agency's former chief retired at the end of last year.

Following Weinberg's subsequent departure in February as acting director, none of the agency's current employees — including interim director Vicki Ledbetter — returned more than a dozen messages left by the AP over a period of several months seeking comment.

When the agency does find a state failing to follow the law, the only tool available to force compliance is a death sentence known as "non-recognition" — a penalty that would ban all appraisers in that state from handling deals involving a federal agency.

"Do you know what that would have meant? The net effect is it would have effectively shut down mortgage lending in that state," former subcommittee director Ben Henson, who retired in December, told the AP. "To take that action would have been an unbelievable disruption to the economy. I wasn't going to do that."

When field reviews began in the 1990s, states were repeatedly warned that they were failing to comply with the law — warnings that continue to this day. But without the ability to issue fines or impose a less restrictive punishment, the Appraisal Subcommittee is powerless. It has never taken any action against a state for not obeying the law.

And so, the violations stack up year after year, largely without consequence. In the last three years alone — when the nation's housing market went from boom to bust — 27 states or territories failed to investigate and resolve complaints within a year. In Washington D.C., the agency found last August that 32 of the district's 35 pending cases were older than two years. In Florida, almost 50 percent of 169 cases older than a year concerned appraisers involved in "fraud and flipping."

Faced with such backlogs, some states just give up. In New Hampshire, the state appraisal board decided in July 2006 to close all outstanding files dating to 2002 — some of which included allegations of fraud — because they "were too old to investigate."

The failings of the appraisal regulatory system and its impact on the nation's housing market led Andrew Cuomo, the New York attorney general, to reach a deal in March with Freddie Mac and Freddie Mac, which purchase mortgages from other financial institutions.

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# Hartgen sworn into Idaho House

By Jared S. Hopkins  
Times-News writer

Stephen Hartgen, a Twin Falls political and business consultant, was sworn into the Idaho Legislature as a District 23 legislator on Saturday by House Speaker Lawrence Denny.

"This is the second or third largest legislative district in the state and I'm honored to have been selected by the governor and the central committee to represent this district in Boise," Hartgen said in front of the Twin Falls County Courthouse.

Saturday's ceremony was a formality after Gov. C.L. "Butch" Otter appointed Hartgen in July to complete state Rep. Bert Brackett's term. Brackett, R-Rogerson, had been tapped to finish the term of state Sen. Tom Gannon, R-Buhl, who died June 24.

Hartgen said finding money to fix the state's crumbling roads is a top priority, but any new funding avenues should be done

over several years and be shared by Idahoans.

"There's no clear solution yet," he said. "There are many ideas and a lot of good ones."

Hartgen was also chosen by the District 23 Republican Committee to take Brackett's place as the GOP nominee for the general election Nov. 4. He faces Democrat Mike Iliet.

Hartgen, 63, a native of Maine, has a bachelor's degree in history from Amherst College in Massachusetts, a master's degree in American history from Brandeis University in Massachusetts, and a doctorate in American Studies from the University of Minnesota. His wife, Linda, is trial court administrator for the 5th Judicial District.

Denny was joined by House Majority Leader Mike Moyle, R-Star, House Assistant Majority Leader Scott Hedke, R-Oakley, and Reps. Bert Stevenson, R-Rupert, Sharon Block, R-Twin Falls, and Jim Patrick, R-Twin Falls.

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## Jamaica's Fraser joins Bolt as Olympic 100 champ



Jamaica's Shelly-Ann Fraser celebrates as she crosses the finish line to win the women's 100-meter final during the athletics competitions in the National Stadium at the Beijing 2008 Olympics in Beijing, Sunday.

By Howard Fendrich  
Associated Press writer

BEIJING — A few fun-loving fresh faces have suddenly turned Jamaica into the "World's Fastest Nation."

And that supposed U.S. track and field juggernaut? Well, things aren't quite going to plan.

Right fist thrust overhead as she crossed the finish line all alone, silver braces shining in the Bird's Nest lights as she hopped in celebration like the 21-year-old she is, little-known Shelly-Ann Fraser won the women's 100 meters Sunday night in 30.78 seconds to help make these Olympics a sweeping success for the Caribbean island.

Fraser was followed across the line, steps later, by teammates Sherone Simpson and Kerron Stewart, who both finished in 10.98 and both collected silvers — giving Jamaica the first sweep of medals in a women's 100 by any nation at any Olympics or world championships.

That impressive display came one

day after Usain Bolt's easy-as-could-be, hot-dogging, record-breaking victory in the men's 100 — giving Jamaica the first sweep of men's and women's 100 golds at any Olympics since 1988.


Not bad for a nation of 2.8 million, not bad for a nation that long has produced top sprinters but never an Olympic dash, champion, man or woman before this wonderful 2-for-2 weekend.

"I was speechless yesterday for a while. Today I cried," Jamaica's minister of sport, Olivia Grange, said. "Little Jamaica — our country is blessed with some of the best, if not the best, talent you can find."

Now compare and contrast. The single 100 bronze for the United States, earned by Walter Dix, amounts to the country's worst combined showing in the men's and women's dashes at an Olympics since earning zero medals in the 100 at both the 1980 Moscow Games — where, let's remember, a boycott prevented any Americans from competing — and the 1976

**Today's TV highlights**

- Men's volleyball, U.S. vs. Japan, 8 a.m., NBC
- Equestrian, team jumping finals, 4 p.m., CBS
- Gymnastics, individual event Gold Medal finals, 6 p.m., NBC



Montreal Games. "We've dominated for years, and now it's their time," said Lauryn Williams, the 2004 Olympic silver medalist and 2005 world champion — and one of three U.S. women who never mounted a challenge during Sunday's final.

"We're getting a pretty good taste of what it's like to be at the bottom," Williams said.

The United States protested the results in the women's 100, asking that the race be reviewed because of a possible false start by American Torri Edwards — who wound up last.

## NASCAR Edwards get fifth Cup win of season

By Mike Harris  
Associated Press writer

BROOKLYN, Mich. — Look out Kyle Busch, here comes Carl Edwards.

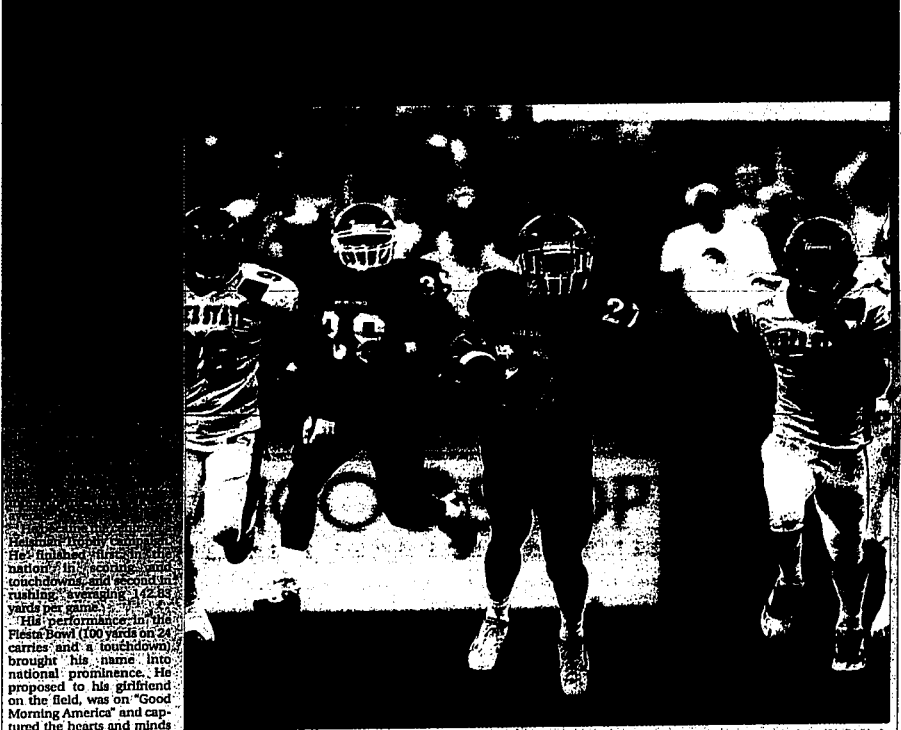
Edwards completed a weekend sweep at Michigan International Speedway on Sunday, beating NASCAR Sprint Cup points leader Busch off pit road on their last stops and driving off to his fifth Cup win of the season and second in the last three races.

Busch, who has eight Cup wins, was just ahead of Edwards when they pitted under caution on lap 180 of the 200-lap 3M Performance 400, but Edwards beat the 23-year-old star out of the pits.

David Ragan and June Michigan winner Dale Earnhardt Jr. had stayed on track and were running 1-2, but Edwards easily passed them on the restart on lap 183 to retake the lead, then held off Busch on another restart with two laps to go and gave Roush Fenway Racing co-owner Jack Roush his 20th overall victory on the 2-mile Michigan oval.

Edwards, who turned 29 on Friday, also won the Nationwide Series race Saturday, becoming only the second driver to win both races. Former Roush driver Mark Martin did it in 1993.

Please see NASCAR, Page A6



His final season, he still ran for 1,041 yards and caught 25 balls for 312 yards, scoring 18 total touchdowns, despite missing two games with a bum ankle. All that's in the past. Now the senior All-American sits atop a loaded depth chart, with four guys behind him

Jeremy Avery is one of four talented running backs in Boise State's backfield this fall.

begging to be the next great star at BSU.

Johnson worked hard this offseason to put on weight, to bolster his beaten body. He has bruised his kidneys and had a partially collapsed lung in his career. He

is now up around 200 pounds. All said, he still has to share time with the likes of D.J. Harper, Doug Martin, Jarvis Hodge and Jeremy Avery.

"All those guys did what they needed to do in the off-

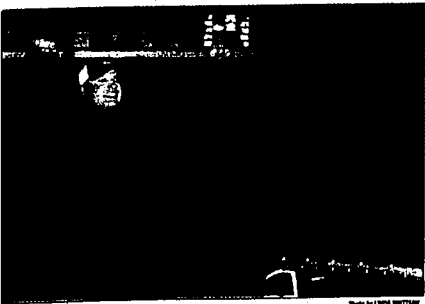
season," BSU running backs coach Jeff Choate said. "They don't just compete with each other for reps. They compete against each other in the weight room and the film room as well. All those things have com-

bined to get those guys in tip-top condition."

Avery ran for 672 yards last season. Harper ran for 376. Hodge had 136 yards. Martin took last season as a

Please see BSU, Page A6

## Gomez cashes in at Magic Valley Speedway



Jonathon Gomez celebrates his second win of the night and his first in the Premier Series Saturday night at Magic Valley Speedway.

By Linda Brittain  
Correspondent

Although Stevie Fisher crossed the finish line first, Jonathon Gomez received the official nod for the win in the Pepsi Premier Series main event race Saturday night at Magic Valley Speedway.

Fisher started the race in fifth position, but Mike Greco held the lead for the first 31 laps with Gomez challenging for the spot by lap 13. While Greco and Gomez wrestled for position, Bruce Quale and Fisher began to close in. Two cautions soon found Fisher and Gomez battling for the lead with Gomez fresh off a victory in the Super Stocks division earlier in the evening.

With 11 laps remaining and Fisher out front, Gomez continued the challenge while Fisher apparently fought handling issues

that he couldn't correct. At lap 50 Fisher crossed the finish line about two car lengths ahead of Gomez.

But the win did not stick as the track officials addressed issues regarding Fisher's driving style during the final laps. The number 2 was then lit in the top spot on the scoreboard.

"We had a great race going," Fisher said. "I got a little too much heat in my lines toward the end and got a little too much stagger and got a little bit loose — my fault. I didn't receive any warning or nothing, just instantly went a lap down for it for coming up into Gomez there coming out of four."

Earlier it looked as if the full moon initially had a positive effect on Fisher, setting a new qualifying record in the series with a scedmp lap around the one-third mile track and later

apparently winning the main event.

"I was real surprised simply for the fact that he (Gomez) wasn't even near the wall — he was in the third lane and still had another lane to go up," Fischer said. "Then they come across the radio — no warning or nothing — they just said that's going to cost you a lap."

MVS promoter Eddy McKean felt he had a call to make at the conclusion of the race.

"I think Bill (Detamore, starter/flagman) warned him about four lane racing two times and I warned him once or twice," McKean said. "But if Gomez wouldn't have locked up his brakes and backed off he'd of been in the wall. I don't know if he (Fisher) did it on purpose — I think he was just overdriving and

Please see MVS, Page A6



SCOREBOARD

AUTO RACING

NASCAR Sprint Cup Series Performance 400 Race at Daytona, Fla. Race scheduled for Sunday, Aug. 17. Winner: Kyle Busch.

AT THE TRACK (Winners & Placements) 1. (1) Jeff Green, 2. (2) Ryan Newman, 3. (3) Ryan Newman, 4. (4) Ryan Newman, 5. (5) Ryan Newman, 6. (6) Ryan Newman, 7. (7) Ryan Newman, 8. (8) Ryan Newman, 9. (9) Ryan Newman, 10. (10) Ryan Newman, 11. (11) Ryan Newman, 12. (12) Ryan Newman, 13. (13) Ryan Newman, 14. (14) Ryan Newman, 15. (15) Ryan Newman, 16. (16) Ryan Newman, 17. (17) Ryan Newman, 18. (18) Ryan Newman, 19. (19) Ryan Newman, 20. (20) Ryan Newman, 21. (21) Ryan Newman, 22. (22) Ryan Newman, 23. (23) Ryan Newman, 24. (24) Ryan Newman, 25. (25) Ryan Newman, 26. (26) Ryan Newman, 27. (27) Ryan Newman, 28. (28) Ryan Newman, 29. (29) Ryan Newman, 30. (30) Ryan Newman, 31. (31) Ryan Newman, 32. (32) Ryan Newman, 33. (33) Ryan Newman, 34. (34) Ryan Newman, 35. (35) Ryan Newman, 36. (36) Ryan Newman, 37. (37) Ryan Newman, 38. (38) Ryan Newman, 39. (39) Ryan Newman, 40. (40) Ryan Newman, 41. (41) Ryan Newman, 42. (42) Ryan Newman, 43. (43) Ryan Newman, 44. (44) Ryan Newman, 45. (45) Ryan Newman, 46. (46) Ryan Newman, 47. (47) Ryan Newman, 48. (48) Ryan Newman, 49. (49) Ryan Newman, 50. (50) Ryan Newman.

BASEBALL

MLB Standings: American League East: Yankees, Orioles, Rays, Red Sox, Blue Jays. National League East: Braves, Phillies, Marlins, Mets, Cubs.

Baseball Scores: Boston 7, Tampa Bay 3; Yankees 5, Orioles 1; Rays 4, Red Sox 2; Blue Jays 3, Marlins 1; Phillies 6, Braves 2; Mets 4, Cubs 1.

GAME PLAN

TV SCHEDULE: Little League World Series, ESPN2. Baseball, MLB Network. Football, NFL Network. Basketball, ESPN2.

Baseball: Toronto 4, Boston 1; Detroit 5, Tampa Bay 3; Oakland 3, Los Angeles 1; Texas 2, Houston 1; Anaheim 4, San Diego 2; Atlanta 3, Philadelphia 1; Baltimore 4, Pittsburgh 1; Chicago 5, Cleveland 2; Cincinnati 3, St. Louis 1; Colorado 4, San Francisco 2; Florida 3, Washington 1; Houston 2, Minnesota 1; Kansas City 4, Milwaukee 2; Los Angeles 3, San Diego 1; Minnesota 4, Tampa Bay 2; Montreal 2, Philadelphia 1; New York 3, Pittsburgh 1; Oakland 4, Los Angeles 2; St. Louis 3, Detroit 1; Texas 2, Houston 1; Toronto 4, Boston 1.

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Backup QBs shine in Buc's win over Patriots

TAMPA, Fla. — No Tom Brady quite little offense for the New England Patriots this pre-season. With the 2007 MVP sitting out for the second straight week, the defending AFC champion splintered with backup Matt Cassel, running the show in a 27-10 loss to the Tampa Bay Buccaneers on Sunday night. Brady didn't make the trip to Tampa, but Cassel had limited success moving the ball against a feisty Bucs defense that scored on his third-quarter fumble and intercepted the first pass thrown by successor, Kevin O'Connell. The Bengals already were missing Pro Bowl receiver T. Houshmandzadeh and running back Rudi Johnson. Both of them missed the first pre-season games with hamstring injuries.

Mexico pitcher tosses perfect game at LLWS SOUTH WILLIAMSPORT, Pa. — An ice pack strapped around Jesus Saucedo's potent right shoulder slipped down in his jersey. Interrupting a post-game interview. It was about the only thing Sunday that went wrong for the 13-year-old ace pitcher for Matamoros, Mexico; Saucedo pitched the fifth perfect game in Little League World Series history and the first in 29 years when

Sports Shorts

Note: Send Magic Valley briefs to sports@magicvalley.com

he struck out all 12 batters in a 12-0 win over Emilia, Italy. The game went four innings instead of the usual six.

MAGIC VALLEY

Ponderosa holds Nite Lite Scramble BURLEY — Ponderosa Golf Course will hold a Nite Lite Scramble Saturday. The cost for the four-person scramble is \$20 per player and includes a Nite Lite ball. The field is limited to 18 teams. Information: Ponderosa Golf Course at 678-5730. Castleford Youth Football CASTLEFORD — Registration sheets for

Baseball Standings: American League East: Yankees, Orioles, Rays, Red Sox, Blue Jays. National League East: Braves, Phillies, Marlins, Mets, Cubs.

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Backups OBs shine in Buc's win over Patriots. Sports Shorts. Wendell holds youth sports sign-ups. MAGIC VALLEY. Ponderosa holds Nite Lite Scramble. Castleford Youth Football.

EDITORIAL

It's time for Idaho's Latinos to engage political process

One hundred forty-seven thousand Latinos live in Idaho. There are eight Latino city council members statewide. Two legislators. No mayors. No county commissioners. If that isn't disenfranchisement, it will do until the real thing comes along.

And yet the problem isn't so much getting Idahoans to vote for Latino candidates as it is getting Latinos to run for office in the first place.

And before that, to vote. Blame the language barrier, intimidation, unfamiliarity with how to engage the political process.

The Raíces Project hopes to change that.

Raíces — that's the Spanish word for "roots" — is a model program in Idaho, Iowa, Minnesota and Oregon. It aims to increase rural Latino communities' capacity to organize and take on poverty-reduction work by enhancing leadership skills, connections and cultural competence.

The project is a partnership between the Northwest Area Foundation, the University of Iowa and the Main Street Project (a Minnesota-based nonprofit organization associated with the League of Rural Voters).

Raíces will sponsor two workshops in the Magic Valley to inform Latinos about the political process and 2008 election issues that may affect their lives.

The free seminars will be held at 7 p.m. Tuesday at the St. Jerome's Catholic Parish hall, 216 Second Ave. E., in Jerome, and Wednesday at the St. Nicholas Catholic Parish hall, 802 F St., in Rupert. The non-partisan, bilingual workshops, open to everyone, will focus on preparing Latinos for civic participation and building power in their communities.

In Idaho, there could be 40,000 potential Latino voters this fall, according to the Idaho Hispanic Caucus Institute for Research and Education, which is also sponsoring Latino voter registration efforts. Within the past six years, the number of registered Idaho Latinos has risen from 10,000 to 20,000.

Good progress, but so far, few tangible results. Idaho as a whole has a stake in Latino political participation. Total Latino buying power in the state in 2005 was \$1.8 billion, according to the Census Bureau, including \$355 million in the eight counties of south-central Idaho. The Magic Valley contains four of the state's eight most Hispanic counties.

And face it, 10,000 to 20,000 votes can swing any statewide election in Idaho.

If they're smart, Idaho Republican and Democratic leaders will invest in Latino voter outreach. There will be 235,000 Latinos living in Idaho by 2025, according to the Census Bureau.

Today's legislators, governors and congressmen are yesterday's city council members, planning and zoning commissioners and county commissioners. There's no way to earn a place at the table without stepping up and taking part.

That's the challenge for Idaho's Latinos.

Times-News

Brad Hurd . . . publisher Steve Crump . . . Opinion editor

The members of the editorial board and writers of editorials are Brad Hurd, James G. Wright, Steve Crump, Bill Blitzenberg and Ruth S. Piorce.

QUOTABLE

"One-hundredth is the smallest margin of victory in our sport. I guess it's pretty cool."

— U.S. swimmer Michael Phelps after winning his seventh gold medal by one-hundredth of a second in the 100-meter butterfly.

Maybe foreign oil isn't so bad after all

There are many things I want independence from — incoming e-mail, the section of my wedding vows about monogamy — but foreign oil is not one of them. Foreign oil is my favorite kind of oil. It means other nations clog their beaches with ugly rigs, do dangerous work and suffer environmental disasters and I still get to cruise in my yellow Mini Cooper convertible. Oil exploration is an industry America should look to expand right after we finish research and pyramid building.



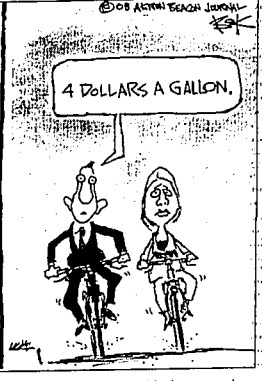
JOEL STEIN

Our view: Latino representation in Idaho government requires participation first.

What do you think? We welcome viewpoints from our readers on this and other issues.

Yet Barack Obama and John McCain, in speeches and ads, have spent time talking about who is most serious about achieving independence from foreign energy. Both are willing to drill offshore even though that won't produce more gasoline until long after we all own electric cars. And both want to relieve gas prices by tapping the government's Strategic Petroleum Reserve, despite the fact that there's no emergency and higher prices are the only thing that has been effective at getting Americans to cut consumption of foreign oil. The only smart thing I heard was Obama's advice to fully inflate your tires, although he overlooked the fact that gas stations no longer have free air pumps or even decent pay ones. I'm surprised he didn't tell us to save gas by not getting lost with the aid of free Amoco maps.

If the candidates wanted to be independent from all oil, I would embrace that green goal. But they hate green goal. As if foreign oil was inherently different from good, God-fearing, strong-work-ethic American oil, the kind that is ignited by freedom and burns terrorist



and France. To the commodities market, there is no American oil, no American cotton, no American aluminum, no American coffee — they all get bid on without national prejudice. Even I know that, and my academic study of commodities consists solely of watching "Trading Places."

If we were energy independent, the politicians imply, prices wouldn't go up. But if you're an oil-stinking American dude — maybe a little naive but smart enough to know that your hot daughter Lily May is going to be better off in Beverly Hills than the Ozarks — you're going to shop your barrels to the highest bidder, not just to whiny Americans with their near-worthless dollars. More oil produced from under U.S. soil means more oil on the global market, not more oil for just us.

And yet the candidates talk as if the U.S. were one giant energy-buying socialist entity that can choose exactly where all its oil comes from. The U.S. market consists of millions of individual global transactions, some of which you make at the gas station.

According to the federal Energy Information Administration, the U.S. bought oil from 90 countries

and exported oil to 73 in 2007.

A country is not stronger if it produces everything itself. Econ 101 teaches you that everyone benefits when people who are good at one thing, such as having oil, can exchange it with people who are good at something else, such as sitting in offices and surfing the Web.

And even if we cut down on imported oil, we're still dependent on other nations. We import electricity from Mexico and Canada. We import 20 percent of our natural gas and 80 percent of the uranium for nuclear reactors. All of our solar power is directly imported from the sun.

If being independent from foreign oil is good, so would being independent from foreign fish, foreign cars, foreign beer and foreign movies. Do you want to live in a world without Spanish soccer games, Guinness or Mr. Bean? Self-sufficiency won't make us safer either. Sure, if we went to war with Saudi Arabia and Venezuela and Russia and Mexico and Canada at once, invading our armies around would be tough, but that would be the least of our worries: We would have some kind of nuclear fallout, bio-key-goon, masked-wrestler army at our

door. Outside that scenario, energy interdependence makes us more secure. When Hurricane Katrina and Rita hit in 2005, for instance, we got oil to the ravaged Gulf Coast by buying extra from Venezuela and the Netherlands.

Robert Bryce, author of the new book "Gusher of Lies: The Dangerous Delusions of Energy Independence," is sure the presidential candidates know all of this. "The rhetoric is helping to support multibillion-dollar boondoggles like the ethanol scam," he said. "When they say 'energy independence,' they mean, 'Vote for me.' It's all it means."

The only solution to our energy panic, I believe, is to get monthly bills for gas, electricity and cell-phone minutes. All that staring at those hundredths of a cent speeding by on a gauge is bound to make pretty crazy bashing out at foreigners and large corporations. If bar-tenders attached one of those things to their taps, we would have candidates promising independence from foreign beer too.

Joel Stein is a columnist for the Los Angeles Times. Write to him at stein@latimes.com

LETTERS TO THE EDITOR

Thanks to all who made the air show fly

Cheers to Phil Hafer and the hundreds of others who contributed time and money to make the Magic Valley Air Show the huge success that it was.

Answers to county commissioner Tom Mikesell who did everything he could to try to ground the air show. JIM VAN LOO Twin Falls

Community was a big part of air show's success

As a member of the 2008 Air Magic Valley Air Show Committee, I would like to thank all of our sponsors who donated money and supplies needed and the many people who volunteered their time and energy to make this great event happen. I would also like to thank the community for all of its

support of the event and the hospitality showed to the Blue Angels and all of the performers who were here. They all felt the love of the Twin Falls community.

So, my hat's off to this fine community for making this wonderful event happen. JILL TROWELL Twin Falls

(Editor's note: Jill Trowell was the marketing chairman for the 2008 Air Magic Valley Air Show.)

Cell phones, not cell towers, are the problem

While the Galena Summit anti-cell tower crowd may have a legitimate complaint about the potentially dreadful manners of drivers who might blab on the phone while distractedly driving over Galena's slippery slope, when measured in context with the multitude of benefits that a lifesaving tower could provide, they have

blown this argument out of proportion.

As with most tools, we can use cell phones for a mix of good and bad purposes. If we become receptive to a Galena cell tower, it will then become drivers' choices to use their phones in responsible ways, just as in ranges where cell phones already work. Travelers can ignore their phones if they ring in dangerous curves, or even turn them off until there is a real emergency.

While some tower naysayers claim that life-threatening incidents around Galena are exceptionally minimal, readers need simply Google Galena Idaho Crash to discover hundreds of harsh scenarios, which would have likely ended with outcomes that were more fortuitous, had not this zero-reception-area been crippled by non-coverage.

When our miracle technology better blankets the

Swissmoth National Recreational Areas beautiful woodlands, will drivers and recreationists always use their phones responsibly? Perhaps some will not. It's easy to envision a few who will pay less than full attention to their phones while stupidly yammering away on cell phones.

How people decide to use or misuse the great gift that the Campbells and Idaho Tower are trying to provide is a behavioral issue, mostly separate, from the tower itself. If we discover that people senselessly chattering away while driving has become an Idaho epidemic, then we should follow other states lead and mandate hands-free use for travelers in motion. Meanwhile we should be more thankful for this far-reaching technology and for the great mixture of people who make it possible. JIM BANHOLZER Ketchum

THE LIGHTER SIDE OF POLITICS

Doonesbury



Mallard Fillmore





LETTER TO THE EDITOR

Jerome police should have taken care of meth baby

Regarding the story about beer not for baby, it's interesting that Twin Falls County is willing to go to great lengths to investigate and possibly charge the persons involved in possibly giving a minor child beer.

I am from Jerome city and county and the state of Idaho's Health and Welfare would have gone to such great lengths in October 2007 when they busted a room at the Crest Motel in Jerome with at least three adults and an 8-month-old; the baby tested positive for meth.

I'm sure those three individuals would have faced much more than misdemeanor charges, but Jerome County let them all walk away from the road. The only good thing that came out of the bust was the 8-month-old is now with his grandma and thriving.

At the time, Jerome city said that Health and Welfare would or could follow up and file charges and Health and Welfare said that Jerome would or could follow up and file charges and, you guessed it, nothing on either side.

I think the crackdown on meth campaign is a joke, and I honestly wish the state of Idaho wouldn't waste my tax dollars, as Jerome's finest showed me how my tax dollars are put to work. Perhaps I should live in Twin Falls and, had this taken place today, I might have seen some results.

ERIKA GARCIA Jerome

Truly evil men don't get elected president

Transmogrify — to change completely or transform, esp. in a grotesque or strange manner.

— Webster's New World Dictionary

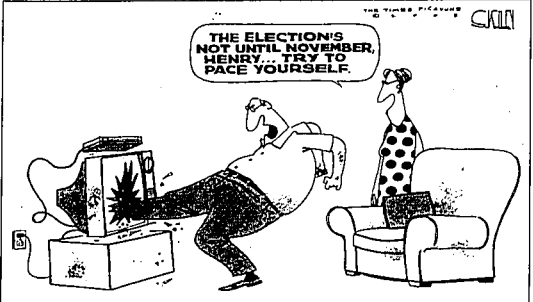
Americans don't elect monsters for president. Unlike Dr. Frankenstein, we don't construct the occupant of our highest office out of the different parts of our fears and prejudices into some creature that vaguely resembles a human being but is, instead, a superhuman version of evil incarnate.

Through 219 years and 55 presidential elections in this grand republic, American voters have yet to elect an evil man intent on bringing the nation to ruin. With political passion, ideological fervor and partisan hyperbole being what they are, this declaration will be challenged by those blinded by self-righteousness and unencumbered by self-doubt.

Depending on one's politics, they will insist that Jefferson, Lincoln, FDR, JFK, LBJ, Reagan, and Clinton were evil. But hating a particular president or his policies doesn't make him evil.

There have been bad presidents, ineffective presidents and presidents of questionable character and judgment, but never an evil one. One month from today, both the Democratic and Republican parties will have held their national conventions, and three months from today we will vote to a new president-elect.

And whether it's President McCain or President



GARY CLACK

Obama, for the 56th time in a row we will have succeeded in electing a president who is not an evil man seeking to destroy the United States.

This is something to bear in mind in the last leg of this interminable campaign before we allow ideologues and crazies to distort the candidates' life stories and character and turn them into monstrous beings. We owe it to both men and we owe it to ourselves.

There will be raucous discussion and debate over the policies, judgment, experience, vision, changes in positions (flip-flop is now a

clutch), and misstatements (because no presidential candidate can be human and misstep).

But the smears and distortions will come, as they have before, from the tax-exempt 527 advocacy groups, the Internet and word of mouth. This is the first presidential election in history in which both of the two major party candidates have been referred to by detractors as "Manchurian Candidates," placed in positions from which they could assume the presidency and do harm to the country.

That's politics, maddening, mind-numbing and frustrating but beautiful because when it's all over the election won't be decided by coups and tanks rolling through the street, but in the secular sanctity of voting booths. That's how it should be. What shouldn't be is allowing passions about the candidates and policies to become so inflamed that the one we don't like is no longer an opponent, an honorable adversary but the walking embodiment of evil.

Both are smears that are propagated by liars. They may represent the extreme of turning the candidates into the evil men that they're not but they're also examples of how far it can

This is the first presidential election in history in which both candidates have been referred to by detractors as "Manchurian Candidates," placed in positions from which they could assume the presidency and do harm to the country.

he taken when we allow the shadows of fears and prejudices to eclipse the sunlight of critical thinking and when we choose to believe the absolute worst about a candidate because we don't like that candidate.

You don't have to like McCain or Obama and you may be convinced that one or both of their policies will be disastrous for our nation. The funny thing about presidents is that nobody knows how good and bad they will be until they get elected and start doing the job.

Only one of them will take the oath of office next Jan. 20. The winner's time in office will be celebrated or scorned. But neither man will take the oath with evil in his heart and mind. Whoever takes the oath will do so wanting to do what's best for this nation and this world.

Gary Clack is a columnist for the San Antonio Express-News. Write to him at cclack@express-news.net.

U.S. meddling led to Georgia war

MOSCOW — The past few weeks' events in South Ossetia are bound to shock and pain anyone. Already, thousands of people have fled, tens of thousands have been turned into refugees, and towns and villages lie in ruins.

Nothing can justify this loss of life and destruction. It is a warning to all, that the road of tragedy lie in the decision of Georgia's separatist leaders in 1991 to abolish South Ossetian autonomy. This turned out to be a disaster for Georgia's territorial integrity. Each time successive Georgian leaders tried to impose their will by force it only made the situation in South Ossetia even more aggravated old injuries.

Nevertheless, it was still possible to find a political solution. For some time, relative calm was maintained in South Ossetia. The peace-keeping force composed of Russians, Georgians and Ossetians fulfilled its mission, and ordinary Ossetians and Georgians and at last became common ground.

Through all these years, Russia has continued to recognize Georgia's territorial integrity. Clearly, the only way to solve the South Ossetian problem on that basis is through peaceful means. Indeed, in a civilized world, there is no other way. The Georgian leadership flouted this key principle. What happened on the night of Aug. 7 is beyond comprehension. The Georgian military attacked the South Ossetian capital of Tskhinvali with multiple rocket launchers designed to devastate large areas. Russia had to respond. To cause Russian aggression against "small, defenseless Georgia" is not just hypocritical but shows a lack of humanity.



MIKAEL GORBACHEV

Mounting a military assault against innocents was a reckless decision, for thousands of people of different nationalities, are now clear. The Georgian leadership could do this only with the perverted support and encouragement of a much more powerful force. Georgian armed forces were trained by hundreds of U.S. instructors, and its sophisticated military equipment was bought in a number of countries. This, coupled with the promise of NATO membership, emboldened Georgian leaders into thinking that they could get away with a "blitzkrieg" in South Ossetia.

In other words, Georgian President Mikheil Saakashvili was expecting unconditional support from the West, and the West had given him reason to think he would have it. Now that the Georgian military assault has been routed, both the Georgian government and its supporters should rethink their position.

Hostilities must cease as soon as possible, and urgent steps must be taken to help the victims and to rebuild the devastated towns and villages. It is equally important to start thinking about ways to solve the underlying problem, which is among the most painful and challenging issues in Caucasus — a region that should be approached with the greatest care. When the problems of South Ossetia and Abkhazia

first flared up, I proposed that they be settled through a federation that would grant broad autonomy to the two republics. This idea was dismissed, particularly by the Georgians. Attitudes gradually shifted, but after this month, it will be much more difficult to strike a deal even on such a basis.

Small nations of the Caucasus do have a history of living together. It has been demonstrated that a lasting peace is possible, that tolerance and cooperation can create conditions for normal life and development. Nothing is more important than that.

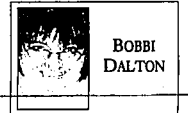
The region's political leaders need to realize this. Instead of flexing military muscle, they should devote their efforts to building the groundwork for durable peace. The international community's long-term aim could be to create a sub-regional system of security and cooperation that would make any provocation impossible. Building this type of system can only be accomplished with the cooperation of the region's countries themselves. Nations outside the region could perhaps help, too — but only if they take a fair and objective stance. Geopolitical games are dangerous anywhere, not just in the Caucasus.

Mikael Gorbachev was the last president of the Soviet Union. He was awarded the Nobel Peace Prize in 1990 and is president of the Gorbachev Foundation, a Moscow think tank. He wrote this commentary for The Washington Post.

Parents: Be careful with your children

I am a mother and a grandmother and I was horrified to read the headlines on Wednesday, Aug. 13, regarding the arrest on drug charges of the Precious Cargo owner. As parents, we research, interview and investigate our child care providers. Will our children be healthy, secure and safe while we are working to provide support for our families? Please, please, parents and guardians, you must be just as selective when you entrust your children to a transportation provider.

Does the provider use the proper, age-appropriate child safety seats? Have the drivers been instructed in the proper way to fasten the seats and buckle the children? Are the safety seats and boosters on the safety list expired or on recall? Are the vehicles clean, well maintained and easily identifiable to your child? Can your child easily identify the driver by uniform? Have the drivers been fingerprinted and criminal background checked? Are the drivers trained in first-aid, CPR, crisis intervention for at-risk children? Are the provider's employees subject to random drug testing? As a co-owner of a business specializing in the transportation of children, including Medicaid transport, I am compelled to assure the public that we take our responsibilities quite seriously, as do I, am sure, most transportation providers in the Magic Valley. Our vehicles are all easily identifiable with our logo, all our drivers wear a uniform, our drivers are employees of



BOBBI DALTON

Child Safe (not staffed through temporary agencies), crisis help and services checked through the Department of Health and Welfare and, in weekly team meetings, they are provided with continued training in child safety.

In addition, Medicaid transportation providers must complete the application process as outlined in IDAPA 16.03.09, sections 200-299. The application is 24 pages long and requires contracted providers to maintain continual compliance with Medicaid rules (which encompass both federal and state statutes), including the requirements that providers are "responsible for recruiting, hiring, firing, training, supervision, scheduling and payroll for its employees ... general liability insurance coverage, worker's compensation and unemployment insurance." The requirement for mandatory criminal background checks and finger-

printing for all non-emergency commercial transportation providers is set out in IDAPA 16.03.09.009. In addition, each provider is required to adhere to all laws, rules and regulations applicable to transportation providers ... including those requiring liability insurance. Liability insurance will be carried in an amount to cover at least \$500,000 personal injury and \$500,000 property damage per occurrence." (State of Idaho, Department of Health and Welfare, Provider Agreement for Commercial and Non-Commercial Non-Emergency Transportation, section 5.1.2.) In summary, make sure you investigate your child's transportation provider with the passion equal to your investigation of a child care service provider. Recipient of Medicaid services, you need to be particularly vigilant — while Medicaid has a transportation department to oversee you, as parents, foster parents and guardians are the front line in protecting these children and the choice of providers is yours.

Bobbi Dalton is the chief operations officer for Child Safe Transportation LLC in Twin Falls.

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August 26, 2008 Screening Clinic A free screening will be held Tuesday, August 26, 2008 - 9:00am to 3:00pm, for children ages 3 to 5 years. This screening will detect and provide early intervention for delays or problems in: • Speech and Language • Motor Skills • Pre-academic Skills • Hearing Call 733-1311 before August 25 to schedule an appointment for your child. Sponsored by the Twin Falls School District

# U.S. drawdown raises security fears in Iraqi city

**TAL AFAR, Iraq (AP)** — A series of bombings in this small but strategic northwestern Iraqi city is stoking fears of a return to sectarian conflict here and raising questions about a strategy of handing urban security to Iraqi police.

Since April, at least four major bombings have killed about 40 people and wounded nearly 150 in this city on the main route from Mosul to the east and the Syrian border

60 miles to the west. The deadliest was on Aug. 8, when a suicide bomber detonated a truck packed with explosives in a vegetable market in a Shiite district, killing at least 20 people, police said. U.S. officials blamed the attack on al-Qaida in Iraq.

The city's mayor, Najim Abdullah, fears that the removal of American troops from his city and the deployment of Iraqi army soldiers to nearby Mosul have left his

overwhelmingly Turkoman community vulnerable.

"The goal was to start sectarian violence with the car bombs," he said. "There used to be a whole brigade here and now it's less. Soon, these policies will backfire in Tal Afar and allow terrorists to come in."

Those concerns have emerged even as insurgent attacks and sectarian bloodshed have ebbed over the past year throughout Iraq,

and as the U.S. is considering a further reduction in the 145,000-member U.S. force following the July departure of the last of the troops sent here in 2007 to curb sectarian violence.

Local officials fear extremists are taking advantage of the drawdown to strike back and lack confidence in the mostly Shiite Iraqi police.

"We used to depend mostly on coalition forces, but unfortunately the footprint of the

U.S. has been reduced," Abdullah said, holding court outside his office in an Ottoman-era castle.

Control of this agricultural city of about 220,000, with brown mudbrick houses resting on a saddle between two low mountains, is critical to securing northern Iraq, where al-Qaida in Iraq and other Sunni extremist groups remain active.

Violence swept the town in 2004 and 2005, sending most

of its residents fleeing to nearby villages.

In September 2005, however, 500 Iraqi troops backed by a 3,500-strong U.S. armored force drove insurgents from Tal Afar. President Bush cited the operation as an example that gave him "confidence in our strategy."

But the recent bombings have taken place at a time when U.S. commanders have cut the number of American troops patrolling Tal Afar.

# Russia to begin withdrawing from Georgia positions today

By Christopher Torchia  
Associated Press writer

**GORI, Georgia** — Russia's president promised to start withdrawing forces from positions in Georgia today, but suggested they could stay in the breakaway region at the heart of the fighting that has reignited Cold War tensions.

Top American officials said Washington would rethink its relationship with Moscow after its military drive deep into its much smaller neighbor and called for a swift Russian withdrawal.

"I think that there is a real concern that Russia has turned the corner here and is headed back toward its past rather than toward its future, and my hope is that we will see actions in the weeks and months to come that provide us some reassurance," Defense Secretary Robert Gates said Sunday.

Boosted by Western support, Georgia's leader vowed never to abandon its claim to territory now firmly in the hands of Russia and its separatist allies, even though he has few means of asserting control. His pledge, echoed by Western insistence that Georgia must not be broken apart, portends further tension over separatist South Ossetia and Abkhazia.

In Gori, a strategic central city in the small former Soviet republic, there were signs of a keener Russian grip — and scenes of desperation as Georgians crowded around aid vehicles and grasped for leaves of bread.

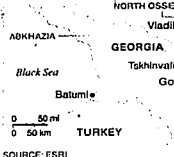
Wrecks at all shops were closed and the streets almost empty, save for clusters of people who gathered around aid vehicles and a basement bakery.

The violence hit the Russia-backed separatist region of South Ossetia with a massive barrage on Aug. 7, and Russian troops rolled in,



A Russian soldier inspects armored vehicles allegedly seized by the Russians from the Georgian military. In Tskhovli, in the Georgia breakaway province of South Ossetia, Sunday, Russian military authorities issued a flurry of conflicting reports Sunday about whether Russian troops had begun to pull out of South Ossetia, one of Georgia's two separatist provinces.

## Battling for South Ossetia



Russia expanded its bombing blitz on Georgia's capital, deployed ships off the coast and sent tanks into Georgian territory Sunday. Russia also claimed its forces sank a Georgian missile boat in the Black Sea.

South Ossetia is a breakaway region in Georgia, bordered by North Ossetia, Abkhazia, and Russia. The map shows the location of Gori and Tskhovli in South Ossetia.

advancing far into the Caucasus Mountain nation and raising fears of a long-term occupation of a country at the center of a power struggle between a resurgent Russia and the West.

"The troops would leave, a Russian lawmaker said, 'sooner or later.'"

"But how much time it will take, it depends, definitely, on how Georgians will continue to behave," said the lawmaker, Konstantin Kosachyev, chairman of a Russian parliament foreign affairs committee.

French President Nicolas Sarkozy warned Russia's president Sunday of "serious consequences" in Moscow's relations with the European Union if Russia does not comply with the cease-fire accord.

## INSIDE

U.S. worries Russia is returning to its past.

See page A12

Later, Sarkozy said in an opinion article published on Le Figaro newspaper's Web site that if Russia did not "rapidly and totally" follow the pullout specified in the cease-fire, he would "have to call an extraordinary meeting of the Council of the European Union to decide what consequences to draw."

Medvedev had told Sarkozy that Russian troops would begin pulling back on Monday, headed toward South Ossetia. He stopped short of promising they would return to Russia.

The EU-backed cease-fire agreement calls for Georgian and Russian troops to withdraw to the positions they held before fighting broke out Aug. 7.

# Blood protects against long-gone killer 1918 flu

By Seth Borenstein  
Associated Press writer

**WASHINGTON** — Nearly a century after history's most lethal flu faded away, survivors' bloodstreams still carry super-potent protection against the 1918 virus, demonstrating the remarkable durability of the human immune system.

Scientists tested the blood of 32 people aged 92 to 102 who were exposed to the 1918 pandemic flu and found antibodies that still roam the body looking to strangle the old flu strain. Researchers manipulated those antibodies into a vaccine and found that it kept alive all the mice they had injected with the killer flu, according to a study published online Sunday in the journal Nature.

There's no pressing need for a 1918 flu vaccine because the virus has long since mutated out of its deadly form and is extremely unlikely to be a threat, anymore, experts said. What's more important in this research, they said, is that it confirms theories that our immune system has a steel-trap memory.

use similar techniques to boost the potencies of vaccines that would be more useful now against newer bird flu strains that could become epidemics.

The 1918 flu killed about 50 million people worldwide and nearly everybody else was exposed to the virus, Crowe said. The specific 1918 virus was lost to the world for decades, until three years ago using genetic material from victims.

When scientists tested the antibodies from survivors on infected mice, they did so in a high level biosafety lab at the Centers for Disease Control and Prevention in Atlanta.

The idea for the new study came from an old TV show, said Altschuler. In an episode of the since-cancelled TV series "Medical Investigation," a town probably gets infected with the 1918 flu and the doctors treat everyone with the richly antibody-donated blood of an old butler who survived the original pandemic, he said.

That prompted Altschuler, a professor of rehabilitation medicine who doesn't normally study flu, to look into the idea of testing people more than 90 years old for antibodies. The National Institutes of Health, which paid for much of the study, contacted Altschuler with experts in the field and he found the elderly antibody donors.

The findings make sense, said Dr. Anthony Fauci, director of the National Institute for Allergies and Infectious Diseases in Bethesda, Md., who wasn't involved with the study. Recent studies have estimated that the human immune system should last many decades, but this gives real proof, he said.

"This is the mother of all immunological memory" here," Fauci said.

Crowe said he hopes to

use similar techniques to boost the potencies of vaccines that would be more useful now against newer bird flu strains that could become epidemics.

# Egypt: Septuplets' mother hopes to hold them soon

By Salah Nasrawi  
Associated Press writer

**CAIRO, Egypt** — A day after giving birth to septuplets, a 27-year-old Egyptian woman said Sunday she's only seen her babies on television and hopes to hold them and name them soon.

Ghazala Khamis was still hospitalized after giving birth a day earlier to four boys and three girls. She said she is "very anxious to see them" and to breast-feed at least some of them.

"I saw them on TV. They are very cute," she told The Associated Press from her hospital bed in the Mediterranean coastal city of Alexandria.

"I am just waiting to hold them in my arms and breast-feed them," she said in a weak voice. "I don't know if I can do it all, but I will try."

"What they need most is a dwelling to live in. I hope the government will give them an apartment. With the help of Allah, they will make it, but I think it will be difficult."

— Khamis Khamis, brother of Ghazala Khamis, who gave birth to seven kids

Her husband and other relatives are brainstorming names, said Khamis, who took fertility drugs to conceive in an effort to produce a son. She is already the mother of three girls, ages 7 to 11.

The family lives in Beheira, a northern province on the fertile Nile River delta where, like much of rural Egypt, sons are preferred to daughters.

The newborns, who weigh between 2.3 and 4 pounds, are being kept in incubators but appear to be healthy, said Dr. Emad Darwish, who delivered the babies Saturday at El-Shabli Hospital.

He said three remain at El-

Shabli while the other four have been sent to two other hospitals in Alexandria "because we do not have enough incubators."

"They are doing well, but they still need a lot of care," Darwish said.

Khamis was also in good condition, he said, after receiving a blood transfusion because of bleeding during a Caesarean section.

Darwish said he decided to perform a Caesarean at the end of the woman's eighth month of pregnancy due to pressure on her kidneys.

The babies' father is a farm worker who earns about \$4 a

day when he is employed, which is usually only a day or two each week, said Khamis' brother, whose name is Khamis Khamis.

He said Egypt's health minister has promised to give the babies free milk and diapers for two years, but the family is still worried about the long-term financial burden of feeding and taking care of a total of ten children.

"What they need most is a dwelling to live in. I hope the government will give them an apartment," Khamis said.

"With the help of Allah, they will make it, but I think it will be difficult," he said.



Egyptian mother Ghazala Khamis, center, is seen in hospital, after giving birth to four boys and three girls at a hospital in the Mediterranean coastal city of Alexandria, Egypt, Sunday.

# Conditions prompt airlines to offer some deep discounts

By Peter Pao  
Los Angeles Times

Air travelers shuffling from summer sticker shock from last year may find some relief this autumn. With demand for air travel... falling faster than Olympic swimming records, some carriers are slashing autumn fares to levels not seen since oil prices began skyrocketing last year.

"It's a good time to fly if you want to get up with the 'grit,'" said Joe Brunacelli, editor of the business travel Web site JoeSentMe.com.

In the past two weeks, for example, Southwest Airlines and JetBlue Airways began offering \$49 one-way fares to the San Francisco Bay Area from Southern California airports while AirTran Airways and Virgin America were selling \$139 one-way tickets for flights from Los Angeles International Airport to Atlanta or New York.

"That's good news," said Jason Womack, an Ojai, Calif., resident and management consultant who flies frequently for his job. "My clients are bracing for fare to rise."

On Friday, Womack said, he found a round-trip fare from Los Angeles to Portland, Ore., for \$400, about the same as last year. "That was a bit surprising

because everything has been going up."

International fares are hovering at an average of 50 percent more than last year, mostly because of fuel surcharges of as much as \$400 — but there are signs of weakening, said Tom Parsons, chief executive of travel Web site BestFares.com.

Some foreign carriers began dropping prices by as much as 50 percent, with round-trip fares from Los Angeles to London dropping to about \$900 from \$1,600.

The latest dip in oil prices — to \$113.77 a barrel at Friday's close from a peak of about \$145 last month — is giving airlines some room to lower fares. But analysts and travel experts said the bargains were driven for the most part by one of the industry's worst fears: flying planes with empty seats. Even with the latest drop in the price of oil, fuel costs are 53 percent more than a year ago.

A drop of \$20 a barrel helps but traffic is collapsing, so airlines are having to discount like crazy to fill their planes," Brunacelli said. Demand for air travel is falling faster than airlines can eliminate flights to take empty seats off line, he said. In all, domestic airlines are cutting about 10 percent of available seats.

# Visitors urged to leave Florida Keys ahead of Hurricane Fay

By Brian Skoloff  
Associated Press writer

KEY WEST, Fla. — Florida Keys officials closed schools, opened shelters and urged visitors to leave as Tropical Storm Fay threatened to strengthen into a hurricane Sunday, but residents and tourists seemed in no hurry to evacuate.

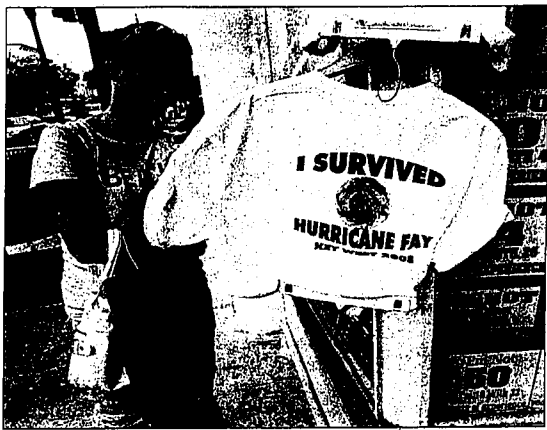
Traffic remained light leaving Key West and the Lower Keys on Sunday afternoon as the sky darkened with storm clouds and the National Weather Service issued watches and warnings.

"We've seen worse than this in Omaha," said Diego Salin, who was visiting from Nebraska with his wife and friends. They had intended to leave Sunday but couldn't get a flight out.

Authorities said traffic was becoming heavy in the Upper Keys, where the 110-mile, mostly two-lane highway that runs through the island chain meets the mainland. The Florida Highway Patrol sent in extra troopers to assist and tolls were suspended on parts of the northbound turnpike.

Fay could start pelting parts of the Keys and South Florida late today or early Tuesday as a strong tropical storm or minor hurricane. Aside from wind damage, most of the islands sit at sea level and could face some limited flooding from Fay's storm surge.

Officials in the Keys and



Deirdre Collins of Limerick, Ireland, checks out a T-shirt at a shop on Duval Street Sunday in Key West, Fla. Tropical Storm Fay, which forecasters said could strengthen to a hurricane, could start pelting parts of the Keys and South Florida later today or early Tuesday.

elsewhere planned to open shelters and encouraged or ordered people who live in low-lying areas and on boats to evacuate. Schools in the Keys will be closed Monday and Tuesday.

Keys officials earlier Sunday had issued a mandatory evacuation order for vis-

itors and asked those who had not yet arrived to postpone their trips. Officials said hotels and businesses won't be forced to remove visitors, but they should use common sense.

Fay, the sixth storm of the 2008 Atlantic season, picked up some momentum Sunday

afternoon as it headed toward Cuba, and could be a hurricane by the time it reaches the island's center, forecasters said.

Fay has already killed at least five people after battering Haiti and the Dominican Republic with weekend torrential rains and floods.

# Army faces shortage of majors

By Ann Scott Tyson  
The Washington Post

WASHINGTON — The Army's growth plans and the demands of the wars in Iraq and Afghanistan are contributing to a shortfall of thousands of majors, critical mid-level officers whose ranks are not expected to be replenished for five years, according to Army data and a recent officers survey.

Majors plan and direct day-to-day military operations in the Army and Marines, the units primarily responsible for waging the counterinsurgencies in Iraq and Afghanistan. Throughout the Army, majors fill key roles as senior staff members, putting together war plans, managing personnel and coordinating logistics.

The gap in majors represents about half of the Army's current shortage of more than 4,000 officers, and officials say there are no easy solutions to the deficit. "We need more officers, and we're pulling every lever we can," Col. Paul Aswell, chief of the Army's personnel division for officers.

The Army's plan to expand its ranks by 65,000 active-duty soldiers by 2012 — to a total active-duty force of 547,000 — is increasing the service's demand for captains and majors. The Army is currently about 15 percent short of its goal of 15,700 majors, and the gap is expected to surpass 20 percent in 2012, according to Army data.

The shortfall is forcing the Army to promote captains more quickly to rank of major, even though the service is also about 10 percent short of captains. While the Army projects that it will fill the captain shortage by 2011, it will continue to have a deficit of majors until 2013, according to Aswell.

Some majors predict that the gap could widen

because of repeated deployments to Iraq and Afghanistan. Those missions, some of which have lasted more than a year, are leading many of them to plan to retire from the Army.

"A lot of my retirement plan hinges on the deployment cycle and the war on terror that it exists today," said Maj. James Blanton, an infantry officer who returned in 2007 from a 15-month deployment to Iraq. The Army says its data do not currently show majors or other officers leaving the force at accelerated rates. "Our loss rates are fairly stable, and the growth is what's killing us," Aswell said, referring to the Army expansion effort, first announced in January 2007.

But a recent survey of more than 400 majors at the Army's Command and General Staff College at Fort Leavenworth, Kan., indicates that could change in coming years. "There is a tipping point that we have started to reach," said Maj. George B. Brown III, who conducted the survey and has discussed the problem with Army officials. "There is a much larger percentage of officers... planning to get out right at 20 years, and once they are gone, they are gone," said Brown, a graduate student at the college.

"We are overwhelmed because of the shortages and have nothing to look forward to but another rotation to Afghanistan or Iraq, so everything weighs toward getting out," Brown said, adding that upon retiring in their early 40s after 20 years in the Army, majors receive half their base pay and can begin civilian careers. "It's almost like a perfect storm."

Other majors said the shortage means they are continually pulled into war-fighting jobs and have less

## A Growing Need

The Army is short about 15 percent of its goal of 15,700 majors, a shortfall that is projected to rise to more than 20 percent in 2012.

Percent of shortfalls in majors



2008 2009 2010 2011 2012  
SOURCE: U.S. Army

opportunity to attend schools required for promotion or to take jobs that expand their horizons. "I look to the future. I see the choices I am offered narrowing and the freedom of decision I had start to go away because of the shortages," said Maj. Kim Nash, a transportation officer. "I was originally scheduled to get my master's and go teach, and that was derailed by deployments; that window is gone for me now."

Brown's research found that nearly half of the specialty branches are so lacking in majors, they would be considered not ready for combat under Army reporting requirements. The shortage of majors is more pronounced in some branches than others, with a shortfall of 24 percent in military police and 27 percent among military intelligence officers. The Army's transportation branch has the greatest shortage, fielding less than 50 percent of the majors it requires.

# Rural economic woes may provide opening for Obama

By Kimberly Hefling  
Associated Press writer

BELLEVILLE, Pa. — The folk art in this picturesque mountain community with red barns and Amish buggies have been voting overwhelmingly Republican in national elections for decades.

But tough economic times in Mifflin County and in rural areas all around the country have created possible openings for Democrat Barack Obama.

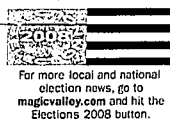
President Bush won nearly 70 percent of the county's vote in both 2000 and 2004, but the standard of living here has declined steadily during his administration.

The farm equipment factory that employed 500 workers here is closing. So is the milk plant. Farmers are facing skyrocketing feed and fertilizer costs, and gas prices are squeezing household budgets of those who now have to drive elsewhere for work.

Nationally, Bush won almost 60 percent of the rural vote, but Republican John McCain doesn't appear to be doing as well.

In an AP-Yahoo News Poll in June, rural voters favored McCain over Obama, 40 percent to 34 percent. About 34 percent of rural voters said McCain "shares my values," compared to 27 percent who said Obama did.

Recognizing an opportunity, Obama has opened more offices in rural areas than any other Democratic presidential candidate in years, pushing a message focused on job creation. Neighborhood campaign teams have been



For more local and national election news, go to maglevaction.com and hit the Elections 2008 button.

going door to door talking about Obama and his economic policies.

In Ohio, his campaign recently announced a "Barns for Obama" effort, in which farmers are encouraged to paint their barn with Obama's logo. Economy is hardly the only issue, here as elsewhere.

Religion and race are still powerful forces in rural America, and whether Obama can gain ground in traditional rural safe havens for Republicans could hinge on whether voters focus more on economic issues or cultural values when they go to the polls. Likability is also likely to be a strong factor.

Republican Barbara Detloff, 72, a retired bartender from Racine, Ohio, an Appalachian river town with about 750 people, voted for Bush in 2004 and former Massachusetts Gov. Mitt Romney in this year's Republican primary. She's voting for Obama in November because "I think he's nice and I think he's sincere in what he says." But, she added, "I'm probably the only person in this town that does."

Indeed, many of her friends have told her they're either not voting for Obama or are

staying home. "They just won't vote for Jim because he's black," Detloff said. Some other rural voters like Carol Fuller, 45, of Leavittown, blame the Republican Party for their economic troubles but aren't ready to switch to a Democratic like Obama.

At the self-help auction house on a recent day, Fuller described the future as "bleak." In part because of gas prices, she said she and her husband are living month to month on the farm where they raise poultry and cattle.

She accused the Republican Party of price gouging at the pump, mismanaging the Iraq war and failing to address health care. She said she would have voted for Democratic Sen. Hillary Rodham Clinton because she thought a woman could clean up Washington. But, as for Obama, "I just don't like him." She plans to vote for McCain.

Another farmer, Robert Thompson, 58, a Democrat and retired state worker from Mifflin who raises cattle and hogs, said he still hasn't gotten over Obama's comments at a private San Francisco fundraiser that "small-town voters in Pennsylvania who raises cattle and goes to church or religion." He said he's considering not voting for president because he doesn't like McCain, either.

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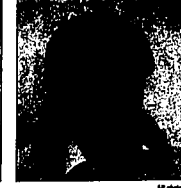


Shameem Akhter, 18

Irum Saeed, 30

Attiya Khalil, 16

Urooj Akbar, 28



All four women were burned by their husbands or relatives with either acid or kerosene. They are now part of SmileAgain, an organization that helps burn victims to reintegrate into society through medical and psychological support, sometimes employing them as beauticians at Deplex beauty centers.

# Pakistan burn victims turn beauticians

By Nahal Toos Associated Press writer

LAHORE, Pakistan — Salira Liaqat squints through her one good eye as she brushes a woman's hair. Her face, most of which she acquired a few years ago, occasionally lights up with a smile. Her hands, largely undamaged, deftly handle the dark brown locks.

Beauticians. The women can't escape the mirrors or pictures of glamorous models that surround them, but they consider the salon a second home and a good way to make a living. The two also serve as reminders of that age-old lesson on beauty — a lesson that, needed or not, they learned the hard way.

Masarat Misbah, head of Pakistan's well-known Deplex salon chain, was leaving work when a veiled woman approached and asked for her help. She was insistent, and soon, a flustered Misbah saw why.

Her organization has some 240 registered victims on its help list, 83 of whom are at various stages of treatment. The Human Rights Commission of Pakistan found that in 2007, at least 33 women were burned in acid attacks, and 45 were set on fire. But the statistics are likely an undercount, as many cases go unreported for various reasons including out of fear of their attackers, or because the victims can't afford the legal bills.

Liaqat and Akbar are attacks on Pakistan's many female victims of arson and acid attacks. Such tales tend to involve a spurned or crazy lover and end in a life of despair and seclusion for the women.

he or she is beautiful," says Liaqat, 21. "But in my view, your face is not everything. Real beauty lies inside a person, not outside."

Forty-two women and girls responded. Misbah got in touch with SmileAgain, an Italian nonprofit that has provided medical services to burn victims in other countries. She sought the help of Pakistani doctors. Perhaps the biggest challenge has been raising money for the cause, in part to build a special hospital and refuge for burn victims in Pakistan.

To her surprise, several told her they wanted to be beauticians. "And I felt so sad," Misbah says. "Because beauty is all about faces and beautiful girls and skin."

# 7,000 police blanket Kabul before celebration

By Fisiak Abrashi Associated Press writer

KABUL, Afghanistan — 7,000 officers on the streets of Kabul to guard against attacks on the city during Independence Day celebrations today, responding to signs of the Taliban's growing strength near the capital.

More than 90 people were killed over four days — most of them reportedly Taliban insurgents. Kabul so far has been spared the violence afflicting much of Afghanistan, but there are signs the Taliban and other militant groups have gained a foothold in neighboring provinces. And the capital suffered spectacular bombings last year against an international hotel and the Indian Embassy.

comprehensive changes in the security, this deployment will not affect people's confidence," Khalid Pashtun said. Pashtun said there has been a steady increase in kidnappings, robberies and other crimes this year.

in Afghanistan. Afghan and NATO officials insist that the nearly seven-year effort to bring stability to Afghanistan is progressing. However, the security operation in Kabul is the second time this year that authorities have taken extraordinary measures to reassure Afghans that cities are safe from a Taliban assault.

Even the location of the celebration of Afghanistan's 89th anniversary of independence from Britain was kept secret and will be closed to the public to try to minimize the risk insurgents could again disrupt a national commemoration.

Interior Ministry spokesman Zemaral Bashary said more than 5,000 extra police were drafted for what he described as the biggest operation of its kind in Kabul since 2001, when U.S.-led forces ousted the Taliban government.

One policeman deployed near a wide avenue where gunmen shot at Karzai in April was 22-year-old police recruit Farid Ahmad.

In June, Afghan and NATO commanders mustered thousands of troops to clear militants within striking distance of Kandahar, Afghanistan's main southern city.

In April, gunmen in a rented hotel room fired on Afghan President Hamid Karzai at a military parade in Kabul as he sat in the review stands. Karzai escaped injury, but the attack killed three people, including a lawmaker.

The Interior Ministry said the capital's police would search buildings and cars to "prevent any disruptive actions by the enemy."

In an ambush last week, insurgents wielding assault rifles gunned down three female aid workers about an hour's drive south of Kabul.

Overall, insurgent attacks jumped by 50 percent in the first half of 2008 from the previous year, according to recent data from the Afghanistan NGO Safety Office, a Kabul-based group that advises relief groups on security.

Taliban violence has spiked across Afghanistan in recent days, including an ambush on a NATO convoy on Sunday, attacks on police checkpoints and a roadside bomb targeting a police con-

voys. "Unless they bring some comprehensive changes in the security, this deployment will not affect people's confidence," Khalid Pashtun said. Pashtun said there has been a steady increase in kidnappings, robberies and other crimes this year.

"People are afraid to leave their house after 7 p.m.," he said. One policeman deployed near a wide avenue where gunmen shot at Karzai in April was 22-year-old police recruit Farid Ahmad.

More than 3,200 people — mostly militants — have been killed in insurgency-related violence this year, according to an Associated Press count based on figures from Western and Afghan officials.

# U.S. worries Russia returning to its past

WASHINGTON (AP) — Russia is showing signs of returning to its authoritarian past and its invasion of Georgia will require the U.S. to re-evaluate the strategic relationship between the superpowers, Defense Secretary Robert Gates said Sunday.

speaking more of Putin having his hand on the steering wheel than anybody else, Gates said. "This looks frankly to me more like decisions made by the prime minister than by the president," he added.

Gates said he quit after Georgia launched a massive barrage Aug. 7 to try to take control of the separatist province of South Ossetia. The Russian army quickly overtook Georgia's forces and drove deep into the country, raising fears that of a long-term Russian occupation.

"If Russia thought it was going to be able to bring down the Georgia state, bring down the democratic institutions, it has failed," Rice said. "What they've done instead is to bring down Russia's reputation as a potential ally."

"I hope this time he'll keep his word," Rice said after Medvedev announced the withdrawal would begin today.

Russia's foreign minister said this past week that the Georgia state, bringing down the democratic institutions, it has failed," Rice said. "What they've done instead is to bring down Russia's reputation as a potential ally."

"We obviously are going to have to re-evaluate the direction of the strategic relationship with Russia going forward, and again, that depends to a considerable extent on their behavior from this point forward," Gates said.

Georgia's borders need to be respected, Gates said "no one should try to force them back into a relationship with Georgia."

Rice said Medvedev had pledged that when Georgia's president signed the cease-fire, Russian forces would begin to withdraw, but that did not happen.

"Negotiations should settle their status, he said, rather than a fate 'brought about by Russian military force.' Rice is set to go Belgium this week for meetings with the foreign ministers of NATO allies and European Union officials to show support for Georgia. The U.S. State Department and a senior official former Soviet leader, Ukraine, to join NATO, much to Moscow's opposition.

"Russia currently is not in compliance with that cease-fire," Rice said. "I don't have an explanation for why I would think that when the Russian president says that a signed cease-fire accord will mean the withdrawal of Russian forces, but the Russian forces would then withdraw. They did not. However, yet again, the Russian president has given his word, and from this point forward, I honor it."

Ukraine last week ordered this as intimidation, they have done nothing but harden the attitudes of the small states around them," Rice said. "I think the Russians have made a significant mistake here."

Gates said that Vladimir Putin, the former Russian president who shifted to prime minister when Medvedev took over this year "clearly, as far as I'm concerned, has the upper hand right now" over Medvedev.

"I think we had seen them more as partners. And there had been a lot of signals from Putin that he was going to allow power to flow, to stay with the president, that Medvedev would be in charge, would be the person responsible for leading Russia going forward. The steps he's taken in the transition from president to prime minister in recent weeks, and now, certainly in Georgia, at least in my opinion,

# A lurid sex story haunts Malaysia

KUALA LUMPUR, Malaysia (AP) — In headlines, on TV news and around dinner tables, the talk has been lurid in Malaysia these days. The country of 27 million people is transfixed by a drama whose second act unfolded in June when the top opposition leader, 61-year-old Anwar Ibrahim, was convicted of having sex with a 23-year-old male aide. It sounded very much like a case from 10 years ago, when he was imprisoned for a similar charge involving his driver.

his springboard to the premiership and the downfall of the long-ruling National Front of Prime Minister Abdullah Ahmad Badawi. In 1998, the married father of six was charged with sodomy and abuse of power and sentenced to 15 years in jail. He was freed in 2004 after the conviction was overturned on a technicality. Now comes the charge that on June 26 he had sex with the aide in Kuala Lumpur apartment. Anwar denies this charge as strenuously as he did the 1998 one. "Give me a break, I've gone through hell already," he told reporters. "I'm convinced, ultimately I'll be vindicated."

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**JJ AUCTIONS LC**  
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**SUNDAY, AUG. 24, 11:00AM**  
Greg & Lisa Lindsay, Twin Falls, Antiques - Furniture - Collectibles - Vintage - Misc  
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**SATURDAY, SEPT. 6, 11:00AM**  
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## Betty LaRaine Willhoit

Betty LaRaine Willhoit, 79, a resident of Twin Falls, Idaho, died Friday, Aug. 15, 2008, at St. Alphonsus Regional Medical Center in Boise.

Betty was born April 27, 1929, in Van Nuys, Calif., the daughter of Jack and Lillian Smith of Wendell, Idaho. Betty was raised and educated in Wendell. She married Edward Earl Willhoit on Feb. 11, 1947.

Betty is survived by one son, Edward Earl Willhoit, Jr. of Malta, Ill.; one daughter, Linda Azevedo of Modesto, Calif.; two sisters, Beverly Houiburg of Boise, Idaho, and Dorothy Terrell of Reno, Nev.; 19 grandchildren; and one great-grandchild.

She was preceded in death by her husband, Edward Earl Willhoit on June 12, 2008.

Funeral services will be conducted Wednesday, Aug. 20 at 10 a.m. at the Church of Jesus Christ of Latter-day Saints, 667 Harrison St. in Twin Falls. Graveside services will be held Wednesday at 1:30 p.m. at the Wendell Cemetery.

A viewing for family members and friends will be held Wednesday from 9:30 a.m. until service time at the church.

Funeral arrangements are under the direction of Demary's Wendell Chapel. Memorial contributions may be made in Betty's name to: Primary Children's Hospital, 100 N. Medical Drive Salt Lake City, UT 84113.

Center in Twin Falls. Graveside services will be conducted at 2 p.m. Tuesday, Aug. 19 at Sunset Memorial Park in Twin Falls with Rev. Randy Davis officiating. No viewing is planned.

Arrangements are under the care and direction of the Rasmussen Funeral Home in Jerome.

### Jack B. Hurd

MURTAUGH — Jack B. Hurd, 83, of Murtaugh, died Sunday, Aug. 17, 2008, at his home. The funeral is pending and will be announced by the Rasmussen Funeral Home of Burley.

### Henry 'Hank' Snoderly

BURLEY — Henry Ross "Hank" Snoderly, age 70, of Burley, died Saturday, Aug. 16, 2008, at his home.

The funeral is pending and will be announced by the Rasmussen Funeral Home of Burley.

### Richard (Jake) Reichard

JEROME — Richard (Jake) Reichard, 89, of Jerome, died Saturday, Aug. 16, 2008, at Birchwood Retirement

## DEATH NOTICES

### Services

William Frank Barta of Buhl, Mass of Christian burial, 10 a.m. today at the Immaculate Conception Catholic Church in Buhl (Farmer Funeral Chapel in Buhl).

Dan Moon of Jerome, memorial service at 11 a.m. today at the Gooding United Methodist Church; potluck gathering immediately after the service at the Basque Center in Gooding (Demary Funeral Service, Gooding Chapel).

Kimberly Lyn Turner Shaw of Pleasant Grove, Utah, and formerly of Burley, funeral at 11 p.m. today at the Pleasant Grove LDS 3rd Ward Chapel, 455 E. 200 S. in Pleasant Grove, Utah; visitation one hour before the funeral today at the church (Larkin Sunset Gardens Mortuary in Sandy, Utah).

Timothy Ray Sites of Wendell, memorial service at 2 p.m. today at Amazing

Grace Fellowship, 1061 Eastland Drive in Twin Falls (Demary's Wendell Chapel).

Justin W. Wolfe of Grandview, funeral at 2 p.m. Tuesday at Glenn's High School in Glenns Ferry; visitation from 4-to-7 p.m. today at Rest Funeral Home, McMurray Chapel in Mountain Home.

Virginia Lee Strop Spafford of Kimberly, viewing from 6 to 8 p.m. Tuesday at Park's Magic Valley Funeral Home, 2551 Kimberly Road in Twin Falls.

Harold D. Ward of Rupert, funeral at 11 a.m. Thursday at the Wendell American Legion Hall, (Demary's Funeral Service, Wendell Chapel).

Ruth Chaplin Shokal of Hagerman, memorial celebration of life from 2 to 4 p.m. Sept. 6 at the Hagerman Valley Community and Senior Center.

For obituary rates and information, call 735-3266 Monday through Saturday. Deadline is 3 p.m. for on-line publication. The e-mail address for obituaries is [obits@magnvalley.com](mailto:obits@magnvalley.com). Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to [www.magnvalley.com](http://www.magnvalley.com) and click on "Obituaries."

# Justice Department likely to charge contractors in Baghdad shooting

By Del Quintana Wilber and Karen Kaplan  
The Washington Post



AP Photo

WASHINGTON — Federal prosecutors have sent target letters to six Blackwater WorldWide security guards involved in a September shooting that left 17 Iraqi civilians dead, indicating a high likelihood the Justice Department will seek to indict at least some of the men, according to three sources close to the case.

The guards, all former U.S. military personnel, were working as security contractors for the State Department, assigned to protect U.S. diplomats and other non-military officials in Iraq. The shooting occurred when the convoy arrived at a busy square in central Baghdad and guards tried to stop traffic.

An Iraq government investigation concluded that the security contractors fired without provocation. Blackwater has said its personnel acted in self-defense.

The sources said that any charges against the guards would likely be brought under the Military Extrajudicial Jurisdiction Act, which has previously been used only to prosecute cases referred to the Justice Department by the Defense Department for crimes com-

mitted by military personnel and contractors overseas. Legal experts have questioned whether contractors working for the State Department can be prosecuted under its provisions. The sources cautioned that prosecutors are still weighing evidence gathered in a 10-month investigation that began shortly after the shooting. A federal grand jury has heard testimony from about three dozen witnesses since

November, including U.S. and Blackwater officials and Iraqis, according to two of the sources.

Target letters, often considered a prelude to indictment, offer suspects the opportunity to contest evidence brought before the grand jury and give their own version of events. The letters were sent this summer, although the sources, who agreed to discuss the case only on the condition of anonymity because

of its sensitivity, said a final decision on whether to indict may not be made until October, nearly a year after the incident.

The U.S. attorney's office in Washington and the Justice Department's National Security Division are leading the investigation. Channing Phillips, a spokesman for the U.S. attorney's office, declined to comment, as did Justice Department spokesman Dean Boyd. A spokeswoman for the FBI's Washington field office, which investigated the shooting on the ground in Iraq in the weeks after the incident, also declined to comment.

Anne Tyrrell, a spokeswoman for North Carolina-based Blackwater, said that the company believes the guards fired their weapons "in response to a hostile threat" and is monitoring the investigation closely. "If it is determined that an individual acted improperly, Blackwater would support holding that person accountable," Tyrrell said in a statement. "But at this stage, without being able to review evidence collected in an ongoing investigation, we will not prejudge the actions of any individual. The company is cooperating fully with ongoing investigations and believes that accountability is important."

## Border hospital caught in drug-war dilemma

By Miguel Bustillo  
Los Angeles Times

"If I got shot down there, do you think I'd get this kind of an escort? I'd be lucky to come back in a garbage truck."

— James Valenti, El Paso's Thomason Hospital's chief executive officer

EL PASO, Texas —

Lorenzo de la Torre Torres was on the cusp of death. Drug cartel hit men had pumped the deputy police chief with more than 20 bullets, and slightly wounded his boss, after a wild-car chase in Nuevo Casas Grandes, the Mexican city the two were supposed to control.

Paramedics lifted the cops 130 miles to Ciudad Juarez. Within hours, however, hospital officials wheeled them into an ambulance, which sped off to the Bridge of the Americas over the concrete-lined stretch of the Rio-Grande River that separates Mexico from Texas. There, an American ambulance picked them up and whisked them to El Paso's Thomason Hospital.

Ever since the next two weeks, de la Torre was treated at taxpayer expense. El Paso police and sheriff's deputies stood guard around the hospital's perimeter 24 hours a day, wearing bulletproof vests and holding semiautomatic rifles. Hospital officials closed off all but one entrance to the building, sending visitors through metal detectors.

It was neither the first nor last time that the arrival of a gunshot victim from Mexico has sparked a lockdown at the privately owned hospital that is a prized institution for El Paso.

The only hospital within a 280-mile radius to offer state-of-the-art trauma care, Thomason has become an unwilling treatment center of choice for law enforcement officials and others wounded in Mexico's drug turf battles. The violence in Mexico has killed more than 2,000 people this year and more than double that number in the 20 months since President Felipe Calderon began deploying 40,000 troops to enforce a crackdown on narcotics trafficking.

Thomason has treated 28 people wounded on the other side of the border, spending an estimated \$1 million, according to hospital administrators. Nineteen of the U.S. citizens or had dual citizenship, and the rest had legal permission to enter the country.

Most of their identities have not been made public. The most recent was an innocent victim — a 1-year-old Juarez girl crushed by a runaway pickup truck after gunmen killed the driver in an apparently drug-related hit.

Because of the security threat posed by the wounded Mexican officials, the hospital has had to post guards and limit public access three times this year. It even has adopted a color-coded security alert system much like that of Homeland Security, letting workers and visitors know of the danger posed by the drug-war targets inside.

The lockdowns have served as a frightening reminder that El Paso might not be immune from violence, perhaps consuming Ciudad Juarez, its more populous sister city across the border, where more than 750 people have been murdered this year.

El Paso leaders are frustrated and angry at the cost and risks brought about by their unexpected guests.

"It seems we don't find out until they walk in the hospital door," El Paso Mayor John Cook said. "If, as the mayor, cross the border, it takes me a lot longer than it's taking some of these wounded folks. Clearly, some deals have been made at a higher level of government, and we didn't know about them."

El Paso officials in July took their worries to Washington, D.C., where Homeland Security officials assured them that there was no diplomatic deal to bring the drug wars wounded to Texas. Still, some El Paso leaders note that such transfers do not seem to be happening elsewhere. They want the federal government to reimburse their costs.

Mexican officials have repaid the hospital fully for only one of the Mexican officials who it has treated and made

partial payment for another. Thomason has gotten about \$314,000 back from the patients, their employers, insurers and state and federal funding, according to hospital spokeswoman Margaret Althoff-Olivos. Thomason expects that most of its costs will have to be borne by the state and federal government, she said.

"If I got shot down there, do you think I'd get this kind of an escort? I'd be lucky to come back in a garbage truck," said James Valenti, the hospital's chief executive officer. "We don't know whether some of the people being brought here are bad guys or good guys. But the

history south of the border is that these people (that men) will go to the hospital to finish the job if they need to. We're not equipped to deal with threats like that."

Last year, a gunman stormed a Tijuana hospital in search of a wounded accomplice, killing two state police officers.

Thomason administrators do not want to accept the patients but have no choice under federal law. About half — including the Nuevo Casas Grandes police chief, who had only a hand wound — did not need the Level 1 trauma assistance for which the hospital is known, those officials say.

## Patient Spotlight

"I'm as happy with my new hearing aids as a clam at high tide." *Sam Bishop Bliss*

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## Jack A. Weil, entrepreneur who put style in Western wear, dies

By Martha Weil  
The Washington Post

Jack A. Weil, a celebrated entrepreneur of the American West, who added snags and snappiness to cowboy shirts and then sold those shirts to thousands with a snap, died Aug. 13 at his home in Denver. He was 107. The cause of death was not reported.

As founder and head of Rockmount Ranch Wear, Weil was regarded as a successful businessman and a symbol of longevity.

Considered the Henry Ford of the western shirt and a major force behind a modern American fashion, he was also said to be America's oldest chief executive.

A visionary and a classic inventor, Weil conceived the idea more than 60 years ago, according to grandson Steve Weil, that "westerners needed

their own fashion identity."

Aiming his grandson said, a distinctive snap fastener distinctive as the region's topography and lifestyle, Weil created a slim-fitting shirt that in its cut and its cuffs, its pocketing and its fastenings, was a snap and immediately recognizable.

"Every design element was given a flourish," said his grandson. Distinctive in their dash and flair, the shirts featured a specific yoke and elaborate hand embroidery.

Others, of course, helped create the western look, but Weil "was there at the beginning and was recognized as the father of the snap western shirt."

One of his company's designs, with its saw-toothed pocket flaps and its diamond-shaped snap fasteners, is "the longest running shirt design in America," said the grandson, who is company president.

# Dam breaks near Grand Canyon; hundreds evacuate

PHOENIX (AP) — An earth-quake broke near the Grand Canyon early Sunday forcing officials to pluck hundreds of residents and campers from the gorge by helicopter. No injuries were immediately reported.

The failure of the Redlands Dam caused some flooding in the village of Supai, where about 400 members of the Havasupai tribe live, said Grand Canyon National Park spokeswoman Maureen Ollrogge.

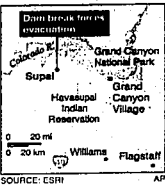
As much as 8 inches of rain since Friday caused trouble even before the dam burst. A private boating party of 16 people was stranded on a ledge at the confluence of Havasu Creek and the Colorado river on Saturday night after flood waters carried their rafts away, Ollrogge said.

The boaters were found uninjured and were being rescued from the canyon, whose floor is unreachable in many places except by helicopter.

Rescuers were trying to find visitors staying at the Supai Campground and escort them to safety, Ollrogge said.

Evacuees were being flown to a parking area 8 miles from Supai and bused to a Red Cross shelter in Peach Springs, about 60 miles south-west of Supai, the spokeswoman said.

A flash flood warning was in effect for the area until the early evening. The area got 3 to 6 inches of rain Friday and



Saturday and got about two more" on Sunday, said Daryl Canton, a National Weather Service meteorologist in Flagstaff.

"That's all it took — just a few days of very heavy thunderstorms," he said. Supai is on Havasu and Cataract creeks about 30 miles northwest of Grand Canyon Village, a popular tourist area on the south rim. Havasu Creek feeds the Colorado, which runs the length of the canyon.

The flooding came on a weekend during the busy summer tourist season, when thousands of visitors a day flock to the canyon for spectacular views, hikes or to raft its whitewater.

The helicopters lifting residents out were from the National Park Service, the National Guard and the Arizona Department of Public Safety, Ollrogge said.

In 2001, flooding near Supai swept a 2-year-old boy and his parents to their deaths while they were hiking.

# Fairs tout green efforts, but some still struggle

By Jenny Song  
Associated Press writer

SPRINGFIELD, Ill. — The doughnut stand's exterior was plastic and studded with incandescent lights. It had its own humming generators. And the cold water for sale came in plastic bottles.

But unlike most of the hundreds of vendors at the Illinois State Fair, The Donut Family was in contention for the fair's first-ever Green Vendor Award.

Why? It served its fare in paper.

At an institution where recycling became a possibility only a year ago, a vendor doing business without plastic foam is as green as it gets.

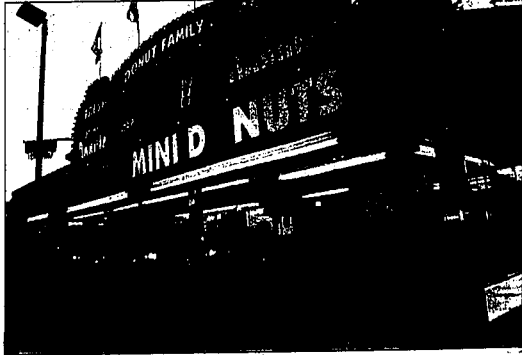
It's the same across the country, as state and county fair organizers promote "going green" this summer but many are having difficulty following through.

"It's a learning curve," said Maria Calles, a director at the International Association of Fairs and Expositions, which represents state and county fairs in the United States and Canada. "A lot of it depends upon the fair's community."

Fairs in California and Washington are ahead of the curve, installing solar panels to generate electricity and converting used cooking oil into biofuel. Others, like Missouri, are introducing recycling bins for the first time.

The Illinois State Fair began setting up recycling bins for plastic bottles last year. But those are still scarce, compared with trash cans. This year, the state Department of Commerce and Economic Opportunity set up kiosks throughout the grounds promoting conservation. They have calculators where people can enter numbers to determine their impact on the Earth and learn how to minimize it.

"It's a good way to attract families so that they can learn about, you know, small steps they can take to reduce their carbon footprint," said



Visitors to the Illinois State Fair buy mini doughnuts from the Donut Family stand at the Illinois State Fair in Springfield, Ill., Aug. 13. The Donut Family vendor is in contention for the fair's first-ever Green Vendor Award because it uses paper products and not Styrofoam.

Marcelyn Love, a spokeswoman for the department.

But organizers say the fair itself cannot cut back on energy use, or at least not by much. Vendors need electricity. Barrs need to be cooled. If you don't refrigerate display shelves, award-winning pies grow mold.

"There's only so much you can reduce," said fair director Amy Bllefenick. "We've tried to replace light bulbs. We can probably encourage more recyclable materials with our vendors."

And there's an image to maintain. "Because we're a fair, we like things bright and shiny, lights running and colorful," said Susan Lavoie, vice president of the Eastern States Exposition, or the Big E, a multistate fair for New England.

Only recently have fairs like the Big E begun asking vendors to turn off lights when they're done for the night.

"A lot of them used to just leave them running all night

because it looks nice," Lavoie said. "Definitely we pull a lot of wattage," said Sue Gooding, spokeswoman for the State Fair of Texas. "The rides that come in, when you're talking about the types and sizes of exhibit buildings that we have, it is a massive undertaking."

"In California, a solar panel was installed this year that generated enough electricity to run amplifiers for an outdoor concert at Marin County's fair. Organizers of that fair touted their event as the "greenest county fair on Earth."

"We still had to use regular electricity to work the fans, the misters, to keep all the animals cool," said Clara Franco, publicist for the Marin County fair. "It's hard to go completely green. But that's not to say that little things can't be done here or there."

"There are hurdles, especially concerning the crowds," the Big E provides recycling for vendors this year.

but it doesn't put out recycling bins for fairgoers — instead, workers pick out aluminum and glass from the trash.

"We found that to work better because the public doesn't necessarily know the different bins," Lavoie said.

Craig Perkins, director of The Energy Coalition, a non-profit that promotes efficient energy use, says that if fairs are serious about going green they need to make better energy use and waste management a part of all their activities.

"The most important element is if they're really taking it seriously, or if they're just paying lip service," he said.

There are big financial elements that can make fair organizers take conservation seriously — it costs Illinois more than \$165,000 to haul away the fair trash, 37 tons a day for 10 days.

"Things are different now," said Bllefenick, the Illinois State Fair director. "That's our goal, though, is to change with the times."

# Texas officials want 8 sect kids back in custody

By Michelle Roberts  
Associated Press writer

SAN ANGELO, Texas — More than two months after being forced to turn children from a polygamist sect to their parents, Texas child welfare authorities want eight of the youngsters put back in foster care.

Individual hearings for the four mothers of the children, ranging in age from 5 to 17, are set to begin Monday.

Child Protective Services has asked Texas District Judge Barbara Wulter to return the children to foster care because their mothers allegedly have refused to limit their contact with men accused of being involved in underage marriages.

"We continue to have concerns in particular for these eight children, which is why we have asked the judge to review the case," said CPS spokeswoman Marleigh Meisner. None of the children currently live at the Yearning For Zion Ranch in Eldorado, where authorities swept roughly 440 children into fos-

ter care in April. Officials said the Fundamentalist Church of Jesus Christ of Latter Day Saints, which established the ranch, was forcing girls into underage marriages and grooming boys to be adult abusers.

Six weeks after the children were placed in foster care, the Texas Supreme Court forced CPS to return them to their parents, ruling that the agency presented evidence of no more than a handful of teenage girls being abused. Many of the children taken into CPS custody were infants and toddlers.

In the new CPS petitions seeking foster placement for the eight children, the agency detailed alleged underage marriages involving the children's fathers or stepfathers, though only one faces any criminal charges.

Many of the children taken into CPS custody were infants and toddlers. In the new CPS petitions seeking foster placement for the eight children, the agency detailed alleged underage marriages involving the children's fathers or stepfathers, though only one faces any criminal charges.

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## REPORTER'S NOTEBOOK

• "POETRY IN MOTION"—MAY 19

### Parkour, not perfection

I'm not good at parkour. Let's just get that out of the way up front. The art of moving one's body as efficiently and quickly as possible to overcome obstacles, parkour requires not just physical fitness but mental risk-taking.



**Try your hands (and feet)**

Parkour, taught by Chris Larson, will be offered again at the College of Southern Idaho's Twin Falls campus this fall: 5:30-7 p.m., Tuesdays, Sept. 2 through Oct. 21. Cost is \$60. Information: csi.edu/com-munited or 732-6290.

Knowing it would be a challenge, I took a community education class on parkour at the College of Southern Idaho this summer, taught by Chris Larson. Larson is a great teacher, quick to praise — especially those who aren't as skilled but are trying hard, which I appreciated. He adjusted the practices to fit different abilities and never made anyone feel inadequate, no matter how often we fell, scraped our knees or opted out of a particular lesson. In general, the classes didn't leave me too sore, aside from the first class, at which I didn't ask for help soon enough and ended up with an aching shoulder from rolling wrong.

I don't have much vertical leap, and I'm a bit tentative when it comes to facing toward walls. So the vaulting presented a particular challenge — one that I didn't meet well.

On the third class, though, just when I was beginning to get frustrated at my lack of ability and daring, Larson brought out a balance apparatus.

The bolted-down pipes gave me my first taste of true success. I was able to walk along them with balance better than many of the other class participants.

I was elated to be finally good at something when I'd been at the bottom of the performance ladder at every other skill.

Frankly, my ability to balance kept me excited to come back to class each week.

As the class progressed, it was a little frustrating to not be able to put the different skills together as others were — because I hadn't mastered the basics — but Larson kept it varied enough that I could often find new things to try.

The class forced me to stretch not only my body but also my mind. And though I doubt I'll ever be good at parkour, I'm glad I signed up for the class.

— Ariel Hansen



Reporter Ariel Hansen balances atop a sign near the Harrett Center at the College of Southern Idaho during a parkour class.

# 5 ways to sneak in a workout

Don't have time to make it to the gym or go for a morning jog? That's no excuse for not working out.

Although no replacement for a 30-minute workout, these five quick exercises will help you get your body in the best part of the day.

Like Kober, owner of Body IQ in Twin Falls, said subtle toning and stretching while the computer or standing in line can make a difference for someone trying to get in shape.

"Any type of exercise is beneficial," said Kober, who has a doctorate in exercise physiology.

So we took our top five picks to a volunteer willing to give them a try. Liz Ruiz of Jerome enjoyed most of them and felt the burn.

So no more excuses. Whether you're running the kids to practice or working overtime, you can incorporate these five moves into your day to work toward a more-toned you.

Melissa Davlin may be reached at 208-735-3234 or at melissa.davlin@lee.net.

By Melissa Davlin  
Times-News writer

## 1 Bicep curls in the grocery line

Stuck in line at the store? Instead of browsing the tabloids or eyeing the candy bars, use a basket of groceries or a gallon of milk like a dumbbell and work your biceps.

Standing with feet shoulder-width apart and your arms at your side, slowly lift your load until your elbow is at a 90-degree angle. Release after three seconds, being careful to control your movements instead of dropping your arm by your side. Do 12 to 15 reps, repeating twice on each side.

What Kober said: Using groceries as weights is great, she said — as long as shoppers are careful to take it slow.

"Most injuries during strength training occur during the eccentric training," she said, referring to lowering the weights.

Of course, the biggest injury might be to your pride. "You might get a lot of funny looks."



What Ruiz said: Ruiz, pictured here, liked the convenience of this routine. At Fred Meyer in Twin Falls, she used a gallon of milk to work her biceps while browsing the dairy aisle and standing in line. No problem.

## 2 Neck stretches in the car

While stuck in traffic, place your hands under your butt and put your right ear to your right shoulder. Stretch for 10 seconds. Repeat twice on each side.

Just make sure your car isn't moving. And if the light changes, don't worry — you can pick up the stretch again at the next intersection.

What Kober said: Stretching is fantastic — as long as you're cautious.

"You gotta be careful with the neck area," Kober said. "You don't want to overextend the neck because it can cause more injury than good."

To avoid problems, stretch only from



side to side. Don't tilt your head back. What Ruiz said: Ruiz liked the neck stretches the best, she said, and is most likely to remember to do those throughout the day. "I got some good pops in there."

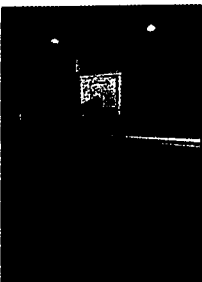
## 3 Leg extensions in front of the TV

Sitting upright, plant your left foot on the floor. Slowly extend your right leg straight in front of you. Focus on flexing your thigh muscles while holding the pose for three seconds. Lower your foot to the ground. Repeat 12 to 15 times on each side, taking care to control all movements. Here, model Brittany Barnes demonstrates.

What Kober said: Watching television is a great opportunity to sneak in some exercise. If you want a more challenging workout, add some ankle weights or a resistance band to the routine.

"It would be more effective than just lifting your leg alone."

What Ruiz said: Ruiz already knew the benefits of leg lifts while watching television. She picked up the habit a while ago. "It really does firm up your thighs."



## 4 Butt squeezes at the kitchen counter

Tone that tush while feeding your family.

While chopping veggies and stirring the pot, squeeze your buttocks as tightly as you can. Keep the squeeze for as long as you can, but aim for at least 30 seconds. Repeat 10 times.

What Kober said: Kober is a fan of this exercise, which she does in grocery lines. Really.

"Squeezes are great," she said.

The simple squeeze works the gluteus medius and gluteus maximus, lending to a toned rear.

What Ruiz said: Ruiz liked the exercise's intensity.

"You could feel it, definitely," she said. "Like the crunches, though, the squeezes were hard to remember while she focused on dinner."



Photo by JESSICA HANSEN/Photo.com

## 5 Isometric crunches at the computer

For this exercise, exhale completely and tighten your abdominal muscles, pulling your belly button toward your spine. This should engage your abdominal muscles like a crunch. Hold for 15 seconds, then release. Repeat 10 times.

While this crunch might help strengthen your abs, no one will be able to tell if you still have a cushy layer of fat hiding your muscles. Like all exercises, pair this crunch with a good cardio workout to slim your tummy.

What Kober said: An isometric crunch is a fantastic supplement to a regular workout.

"That's great for if you want to do some endurance on the muscles."

But don't forget to couple it with real crunches.

"It needs to be included with other types of exercises," she said. "You always want to give the muscles variations in the workout so you won't plateau."

What Ruiz said: Ruiz felt the burn with this crunch.

"That's kind of a little hard," she said. "I could feel it."

The real challenge, though, is remembering to do it throughout the day.

# When venting doesn't help

By Susan Brink  
Los Angeles Times

*"The more (Virginia Tech students) can talk about what they've lived through, the more that they can be encouraged to evolve ... that gives them some security and insulation against burying those feelings and then having them surprise them later in life."*

—Keith Ablow, psychiatrist, on NBC's "Today," April 17, 2007.

In the aftermath of the April 16, 2007, fatal shootings of 32 students and faculty at Virginia Tech, Ablow was simply voicing post-Freudian conventional wisdom: When something horrible happens, vent.

"The common assumption is that in order to successfully cope with a traumatic or disturbing event, people need to talk about it, to express their feelings," says Mark Seery, psychologist at the University of Buffalo. "And if they don't, they're suppressing true feelings and that will cause problems down the road."

But, Seery says, that has not been proved true for all people in all circumstances. His most recent research, in *Journal of Consulting and Clinical Psychology*, shows that after a large-scale terrorist event, such as the 9/11 terrorist attacks, quickly talking about one's emotions isn't necessarily for the best. "In the immediate aftermath of a collective trauma, it's perfectly healthy to not want to express your thoughts and feelings," he says.

In fact, it can do more harm than good. Some people have periods of what psychologists call "healthy denial." Like Scarlett O'Hara, they cope by promising themselves to think about it tomorrow. Being pushed to give voice to their worst reactions too soon could embed the worst of it in memory and cause them to dwell on the tragedy. And if they can't or won't talk, urging them to act against their instincts could make them think that something is wrong with them.

The new study is in line with other mental health research that suggests that some things are better left temporarily unsaid — at least for some people. Those who immediately talk about

the trauma of an attack or a hurricane can find, as often as not, that airing it doesn't change the memory and fails to bring relief. Seery found that those who responded quickly to prompts to write online about the attacks had higher levels of stress two weeks later. Months later, they were more likely to have symptoms of post-traumatic stress disorder.

In his bereavement research, James Pennebaker, chair of psychology at the University of Texas at Austin, found that choosing not to express feelings in the face of rather than vulnerability. Pennebaker's research examines expressive emoting and research results on bereavement and trauma often overlap.

None of this negates the value of talk therapy or of expressing thoughts and emotions when it feels right. But the new research suggests that widespread use of clinical techniques that are proved to help some situations — like a couple in marital trouble or a depressed person exploring emotions with a therapist — has gotten ahead of the evidence on the best course of mental health care after a disaster.

Rubbing people's noses in their miserable experiences immediately after is probably bad for a significant number of people," Pennebaker says. Seery's study confirmed the futility of requiring instant emoting from witnesses to a disaster. Focusing on responses to the 9/11 terrorist attacks, he surveyed 2,138 people online at intervals over two years. Part of an existing marketing panel, the volunteers were asked on Sept. 12, 2001, if they wanted to talk about the attacks. About 25 percent, or 579 people, chose



After a student killed dozens at Virginia Tech in April 2007, a campus ceremony marks the loss. Immediately discussing such a trauma might not be beneficial, a study finds.

## When talking things over can backfire

Terrorist attacks, floods, fires and other disasters aside, sometimes it can be better to just zip your lip when it comes to personal problems too. Among girls ages 8 to 14, for example, those who dwell on personal concerns, such as whether their hair looks like theirs or why they weren't invited to Taylor's party, are likely to be anxious and depressed, according to a study in the *Journal of Developmental Psychology*. In a study of more than 800 students in third, fifth, seventh and ninth grades, girls and boys who rehearsed problems and focused on negative feelings developed close friendships with no complainers. But the girls (not the boys) tended to be depressed and anxious, which led to more nervous chatter — an endless cycle. They're spending such a high percentage of time dwelling on problems that it prob-

ably makes them feel sad and depressed. A study of 100 students of psychological problems at the University of Missouri, Columbia, and another study at the University of Texas at Austin found that the more students talked about their problems, the more they worried. By small amounts, however, students who talked about their problems with friends had less anxiety and depression. The study also found that the same problems were discussed by the same people over and over again, suggesting that the conversation was not moving forward. The study also found that the more students talked about their problems, the more they worried. The study also found that the more students talked about their problems, the more they worried.

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—Susan Brink

not to respond to the e-mail prompt. Follow-up surveys by Seery and his team at two weeks, then every six months for two years, found that those who had nothing to say online after the attacks had better psychological functioning over the next two years. "In particular, they had lower risk of symptoms of PTSD," Seery says. "Not wanting to talk didn't predict any negative effects or delayed reaction." If there are two kinds of people, those who want to talk and those who don't, then pushing the latter into talking might lock the trauma in memory, causing them to dwell on it. Those who don't feel a need to vent might be more resilient and have better coping skills.

Seery says, and those who feel compelled to talk might be naturally more distressed by it and will continue to be deeply affected. In any case, neither type should be asked to do what doesn't come naturally. "I come from a pretty strict Kansas farm family," says Shawn Smith, who teaches crisis intervention at the University of Denver's Graduate School of Professional Psychology. "I was taught to suck it up and show ways to do it, like humor. If somebody sat me down and made me relive it over and over again, or describe things in detail, things that I'd heard and smelled — I'd be going against what I was taught and not equipped to do it." Seery found that those

who didn't want to talk about the trauma remained healthy, no doubt using a variety of coping skills — splitting the house, working around the clock or heading to the mall or golf course to get their minds off it. They might be doing more than distracting themselves. They might be putting pain on hold until they muster up more strength or gain perspective. It's after the dust of the initial shock has settled that

talking about it can help. Taking pen to paper, to explore feelings, can be an equally good outlet, especially when people find themselves thinking obsessively about a trauma.

But it helps only if thoughts go forward, not round and round. "Thinking can become rumination, going from A to B and back to A to B," says Sonja Lyubomirsky, psychologist at the University of California, Riverside and author of "The How of Happiness."

"People ruminate about negative things and they get more pessimistic." Whatever the form, it's most helpful to mental healing when the words create a meaningful story. Such a story can move someone from the event, through insight and toward acceptance or a solution. "There has to be growth. There has to be change," Pennebaker says. "Otherwise, it's not therapy, it's theater."

Most of the hundreds of people he has studied who have been through a traumatic experience are able to speak or write themselves toward a deeper understanding of what happened. "What I've loved about this work is that I think people are naturally their own best therapists," he says.

# Don't wait to exhale when exercising

By Jeanine Stein  
Los Angeles Times

Holding your breath while lifting weights — a common no-no for exercisers — could potentially increase the risk of glaucoma.

In a study published in the *Archives of Ophthalmology*, researchers asked 30 men who were regular exercisers and did not have glaucoma to do bench presses while breathing normally and while holding their breath. Their intraocular eye pressure was then measured during the exercises.

Pressure increased 62 percent while the subjects were breathing normally, but increased by up to 90 percent when they held their breath.

Holding air in, says Dr. Geraldo Vieira, lead researcher and chairman of the ophthalmology department at UNIPAC School of Medicine in Brazil, may lead to a compression of the thoracic veins, which in turn leads to increased pressure in the eye, although breath-

ing during the exercise does raise pressure as well. Glaucoma causes damage to the optic nerve, and eye pressure can damage the nerve fibers that make up the optic nerve.

Vieira adds that he often sees people holding their breath while working out. "Usually the trainer tells us not to do that, but sometimes we're not focused on this, so we forget about it

and hold the air." He advises that people who regularly strength-train be tested for glaucoma, and those who have the disease check with their physician before exercising.

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# What do for You

## New exercise class site for seniors

South Central Public Health District will open a new "Fit and Fall Proof" exercise class site for senior citizens in Twin Falls. The classes will be at 1:30 p.m. Mondays, Tuesdays and Thursdays, starting this week on Tuesday, in the front lounge of Woodstone Assisted Living Facility, 491 Caswell Ave. W.

The low-impact exercise classes will help individuals increase their strength and balance while enjoying social interaction with other participants.

There are four other sites of the exercise classes, in Eden, Kimberly, Wendell and Oakley. Additional sites will open in September in Twin Falls, Burley and Halley.

Free. Register: 737-5988

### 'Baby and Me'

S. Benedict's Family Medical Center's "Baby and Me" classes, 11 a.m. to noon Tuesdays, at Jerome Public Library, 100 First Ave. E.

The session is for parents of children from infancy through toddler years. Free. 324-6133.

### Infant safety and CPR

Infant safety and cardiopulmonary resuscitation, 6:30-9 p.m. Tuesday in the lobby of St. Luke's Magic Valley Medical Center's downtown campus, 660 Shoshone St. E. in Twin Falls.

New parents, grandparents and caregivers learn CPR and what to do if a baby chokes.

No registration required; free: 732-3148.

### Alzheimer's support

Alzheimer's Support Group meeting, 10:30 a.m. Wednesday, at SunBridge Care and Rehabilitation Center, 610 Filber Ave. W. in Twin Falls.

Open to Twin Falls-area residents who have family members with Alzheimer's.

Free. Information: Steve Jones or Dawn Meyer, 734-8645.

### About childbirth

Prepared childbirth classes, 6:30-9 p.m. Wednesdays, this week through Sept. 17, in the lobby at St. Luke's Magic Valley's downtown campus, 660 Shoshone St. E. in Twin Falls.

Topics: wellness of the mother; labor and delivery process with relaxation and breathing techniques; care of the postpartum mother and newborn; breast-feeding and bottle feeding; and a video tour of the Women's and Infant Center. Wear comfortable clothing; bring two pillows and, if possible, a support person.

Cost is \$60. Preregistration required: 732-3148.

### Breast-feeding

"Breast-feeding 101" class, 7-9 p.m. Wednesday, at the Jerome Ambulance Building, 240 E. Main St.

The class is for expectant mothers, fathers and support people; first-time parents; and mothers who feel their once wasn't successful. The class can be taken as a refresher course.

Cost is \$5. Register: 324-6133.

### Asthma education

Asthma education class for people with asthma, their families and caregivers, 6-7 p.m. Thursday in the Sage Room at St. Luke's Magic Valley's Education Building, 588 Addison Ave. W. in Twin Falls.

The class follows guidelines set by the National Asthma Education and Prevention Program and the American Lung Association.

Free. Preregistration required: 737-2007.

### About childbirth

The labor support class of St. Benedict's Family Medical Center's prepared childbirth series, 7-9:30 p.m. Thursday, at Jerome Ambulance Building, 240 E. Main St.

Topic is labor, including the starting of labor, timing and comfort measures. Bring two pillows, a blanket and, if possible, a support person.

Cost is \$5. Register: 324-6133.

### Walking for fitness

The Community Education Center at the College of Southern Idaho will offer the class "Walking for Fitness," from 12:25 p.m. Mondays, Wednesdays and Fridays, Aug. 25 to Oct. 31, in Room 231B at the CSI gymnasium. Kat Powell will instruct.

The class is for people of all ages with various levels of fitness. Topics: basic mechanics; concepts for a lifetime of walking enjoyment; and weekly goals and incentives, focusing on walking experiences for fun and cardiovascular improvement.

Cost is \$115. Register: 732-6442 or [www.csiedu.com](http://www.csiedu.com).

### Sports nutrition

The Community Education Center at CSI will offer the class "Sports Nutrition," 5:10-7 p.m. Tuesdays, Aug. 26 to Oct. 14, in Room 231B at the CSI gymnasium. Jamie Tighe will instruct.

Topics: the roles of carbohydrates, fats, proteins, water, vitamins and minerals as they relate to physical exercise; basic principles of healthy meal planning for athletes, or active adults; and safe sports supplements.

Cost is \$105. Register: 732-6442 or [www.csiedu.com](http://www.csiedu.com).

The class also is offered for credit.

### Strength training, weight lifting

The Community Education Center at CSI will offer the class "Strength Training and Weight Lifting," 5:10-6 p.m.

Tuesdays and Thursdays, Aug. 26 through Oct. 16, in Room 231A at CSI's gymnasium. Kat Powell will instruct.

Topics: principles and progression of weight training to gain strength, muscle tone and core stability; and lifting techniques in both free and machine weights.

Cost is \$115. Register: 732-6442 or [www.csiedu.com](http://www.csiedu.com).

### Learn yoga

The Community Education Center at CSI will offer the class "Basic Yoga," 9-11 a.m. Saturdays, Aug. 30 through Dec. 13, in Room 236 at CSI's gymnasium. Tara Bailey will instruct.

Topic: Yoga poses and exercises to gain poise, strength, flexibility and a sense of tranquility. Organizers say yoga can calm the mind, increase concentration and enhance the ability to cope with tension.

Cost is \$125. Register: 732-6442 or [www.csiedu.com](http://www.csiedu.com).

"To do for you is a listing of health-related activities, and education. Submit information by Thursday for publication in the following Monday's Healthy & Fit section. E-mail notices to [ramon@magicalvalley.com](mailto:ramon@magicalvalley.com).

# Swimming? Leave behind the fins

# Hospitals treating the high costs of under-treated addictions

By Vicky Hallett  
The Washington Post

I recently began taking part in triathlons. For swimming training, I use small swim fins on my feet. These help me swim much faster, and my theory is that they provide more resistance and my leg muscles are working harder because of this. Also, I feel that I can focus more on my breathing and my stroke while training. Is this advisable, or am I just deluding myself? Should I train with the fins if I will not be using them in the ocean?

Let me guess: You also do your practice runs on a treadmill with no

incline and walk your bike up daunting hills? While it's a rush to feel speed, forgetting about reality would do you any favors on race day, advises swim coach and legend Clay Brit (Claybritswimming.com).

It's not that he doesn't like fins. He just doesn't like them for swimming. He thinks they're suited for kicking practice, which he separates into its own activity.

Britt understands why people in your position, still working on breathing and stroke technique, might need a boost in the pool. "But they become a crutch, so I discourage people from using them," he says. One of his reasons is that legs

really aren't as important to swimming as you might think. Britt says only a tiny percentage of your propulsion comes from down below, while your arms and torso rotation are what really give you motion in the ocean.

Instead of the fins, he recommends you invest in instruction. "Michael Phelps gets coached three to four hours a day. If he still needs a coach, everybody still needs a coach," Britt says. "Too pricey? Then join a swim team for adults. Helpful lane buddies can give you pointers, plus you'll get a taste of competition.

Let that perk up your time, not pieces of rubber on your feet.

### Los Angeles-Times

Drug and alcohol abuse sets people on a path toward heart disease, cancer and other chronic illnesses. ... A study in the Journal of Substance Abuse Treatment reports that hospital costs for this medical fallout can be substantial—and could be avoided with more drug and alcohol treatment.

Lead author Patricia Santora of Johns Hopkins University School of Medicine and colleagues found that 14 percent of people admitted to Johns Hopkins Hospital from 1994 to 2002 were alcohol or drug abusers. Of these more than 43,000 patients, the researchers found about half abused two or more drugs, resulting in hospital costs in 2002 of \$28 million.

An additional 25 percent abused alcohol and drugs, incurring \$20 million in hospital costs in 2002. (Treatment

costs rose in each year of the study period.)

"Virtually all ... were admitted for the medical and psychiatric consequences of their abuse," Santora says.

Patients with drug problems were more likely to be on Medicaid or Medicare; alcoholic patients were more likely to have private insurance. Researchers noted that both types of insurers spend very little on addiction treatment to prevent medical consequences of abuse—less than 1 percent of private insurance claims and less than 2 percent of Medicaid claims.

## How your eat can be just as important as what you eat

### Cox News Service

Think you need to totally ban certain high-fat and sugary foods to avoid unwanted weight gain? Not so fast. Maybe it's not what you're eating, but how you're eating.

Men's sage advice to slow down, take smaller bites, chew your food and stop gulping has gained even more scientific support. A recent

diet study conducted at the University of Rhode Island found that women consumed fewer calories and were more satisfied when they ate at a slower pace.

Nutrition researchers theorize the leisurely dining pace gives the body's natural signals of fullness time to kick in triggered by stomach distention and several appetite-related hormones.

**JEWELRY**  
Brand New Shipment!

Hurry in while supplies last!

Presented by  
**MAROD**  
MEDICAL DAY SPA

**FITNESS FRIENDS** Women who work out together get results  
NEXT WEEK IN HEALTHY & FIT

**We Can Perk You Up!**

Summer Specials on

- Restylane • Juvederm
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406 N. College Road • Suite C  
Twin Falls, ID  
703-MAROD  
208-736-2763

**Innovative Amusement Inc.**  
Now August 18 to 19, 2008  
1250 S. 12th St. • Twin Falls, ID  
932-2255

**Cygnus Theatre**  
The Address: Room 100  
815 W. Broadway

**Mamma Mia** • now 7:00 9:15  
Johani Cinema 4

**The Mummy** • now 7:00 9:30  
**Star Wars Clone Wars** • now 7:00 9:30  
**Wall-E** • now 9:30 11:30 9:30  
**Dark Knight** • now 7:30 9:30

**Odyssey 6 Theatre**  
The Address: Room 100  
815 W. Broadway

**Hill Boy 2** • now 7:00 9:30  
**Step Brothers** • now 7:30 9:45  
**Space Chimps** • now 7:30 9:45  
**Emma Smith** (PG) • now 7:30 9:45  
**Journey to the Center of the Earth**  
Not in 3D • now 7:15 9:30  
**Pineapple Express** • now 7:00 9:30

For those about to show  
The Address: Room 100  
815 W. Broadway

**ROCKER**  
Twin Cinema 12

**Kung Fu Panda** (PG)  
12 12:30 2:30 4:30 6:30 8:30 10:30  
1:00 4:00 7:25 9:55

**Iron Man** (PG-13)  
12 12:30 2:30 4:30 6:30 8:30 10:30  
1:00 4:00 7:25 9:55

**Wall-E** • now 12:10 2:40 4:40 7:00 9:20  
**Star Wars** • now 7:00 9:30  
12 10:20 12:40 1:20 3:40 5:40  
**Trop. Thunder**  
12 12:15 3:00 5:00 8:30  
**Hancock** • now 12:45 3:00 5:15 7:30 9:45  
**The Dark Knight** • now 12:30 2:45 5:00 7:15 9:30  
2:00 3:00 4:50 6:50 9:25  
X-Files • 12:15  
**Saving Private Ryan** • 9:25  
**Tomb the Dragon Emperor** • 12:15  
12:15 3:07 5:00 7:25 9:50  
**Sisterhood of Traveling Pants 2**  
• now 1:00 4:00 7:00 9:30  
**Summer Matinee #12 - 18+ - 8:21**  
**Horton Hears Who Who** • 8:00 10:00 12:00  
\$1.50 Without Summer Matinee Ticket

**B.C.** By Johnny Hart

WHOS THE WISE GUY THAT REPLACED THIS THING WITH A BUNGEE CORD?

**Baby Blues** By Rick Kirkman & Jerry Scott

WOW YOU'VE NOTICED THESE SOMETIMES WEIRD ABOUT DAD? NEAL

IT LOOKS LIKE HIS HEAD WAS SUDDENLY OUTGROWN HIS BODY!

HIS REGULAR BARBER IS ON VACATION, AND HE GOT IT CUT SOMEWHERE ELSE.

A BAD BARBER, WHAT?

OF COURSE! WHAT DID YOU THINK?

I WAS SORT OF BETTING ON AN ALTERNATE REDUCTION!

**Beetle Bailey** By Mort Walker

COME ON, BEETLE! GET BUSY! MOVE!

WHAT'S THE RUSH?

WHEN WAS THE LAST TIME YOU USED THAT WOP?

**Blondie** By Dean Young & Stan Drake

WOW! THAT'S A NEW OLYMPIC AND WORLD TRACK RECORD!

WELL, THESE DAYS, TRACK ATHLETES USE ALL SORTS OF MOTIVATIONAL DEVICES.

BUT THIS IS THE FIRST TIME I'VE EVER SEEN ANYONE LEAVE HIS TRACK SHOES IN THE LOCKER ROOM ON PURPOSE.

**Dilbert** By Scott Adams

WE'RE RETHINKING OUR POLICY OF ALLOWING SHORTS DURING THE HEAT WAVE.

UNTIL WE SORT THAT OUT, I'VE BEEN ASKED TO COVER YOU WITH A TARP.

I SHOULD HAVE FOUGHT FOR EYE HOLES.

**The Elderberries** By Phil Frank and Joe Trause

The new budget for Da Economy in rYastet.

Da Economy takes swim in rYastet.

Some of the cut-backs will affect the menu.

Nyet! I work with skeleton crew. Now.

Staffing isn't the issue. The problem is the price of food.

What can you concoct with only these herbs and condiments?

I'mm... I make famous Russian Army meal of "left sheel".

**For Better or For Worse** By Lynn Johnston

THE LHOODING, BEHIND A HOUSE.

ARE YOU COMING?

LET ME HELP YOU!

WHAT'S THE PROBLEM?

READY!!

WELL, SHE WASN'T FEELING!

AND I THINK I'M GOING TO BE A COUGHY RICE.

**Frank and Ernest** By Bob Thaves

EMPLOYMENT COUNSELOR

WHY DID YOU WRITE "SITTING IN A CHAIR" AND "POLKA-DOT, EXTRA LARGE"?

IT ASKED FOR "PRESENT POSITION" AND "BRIEF DESCRIPTION."

**Garfield** By Jim Davis

WHAT DO YOU HAVE IN YOUR MOUTH?

WHAT'S THAT?

AN INVENTORY LIST.

**Hagar the Horrible** By Chris Browne

CALL ME A HOPELESS ROMANTIC HAGAR.

BUT I LOVE TO SEE THE SUN'S WARM RAYS REFLECT OFF MY ENEMY'S WEAPON!

**Hi and Lois** By Chance Browne

THEY'RE TEARING DOWN THE BOWLING ALLEY TO BUILD MORE CONDOS.

THEY KEEP DESTROYING RECREATIONAL FACILITIES TO PUT UP HOUSING.

HOW WILL PEOPLE WHO BUY THEM SPEND THEIR FREE TIME?

BY COMPLAINING THAT THERE'S NOTHING TO DO!

**Luann** By Greg Evans

THIS IS A REAL PESTY STREET YOU LIVE ON, BRAD.

YEAH, IT'S A NICE AREA.

YOUR NEIGHBORS LOOK KINDA GRUMPY, THOUGH.

**Classic Peanuts** By Charles M. Schulz

THAT LITTLE RED HAIRED GIRL JUST CALLED..

SHE WANTS YOU TO MEET HER AT THE PLAYGROUND AND PUSH HER ON THE SWINGS.

AUGUST FOOL!

**Pearls Before Swine** By Stephan Pastis

WHAT ARE YOU DOING, RAT?

I AM CRIBET HENGRAT. I AM GOING TO BE A GREAT WRITER BY CATCHING THE EVERY DAY HAPPENINGS AROUND ME. I SHALL LEAVE OUT NOTHING.

BUT WON'T IT BE HARD TO HAVE EVERY EMBARRASSING MOMENT OF YOUR LIFE KNOWN TO EVERYONE?

YES, WHICH IS WHY I'VE DECIDED TO ONLY CHRONICLE YOU.

ME? BUT HOW WILL I BE DEPICTED?

"fooly," he told the fat, stupid pig.

**Pickles** By Brian Crane

THERE'S ONE AND THERE'S ANOTHER.

WHAT ARE YOU TALKING ABOUT?

OH, IT'S JUST A LITTLE GAME I LIKE TO PLAY WHEN I READ THE PAPER.

COUNTING PEOPLE ON THE OBITUARY PAGE WHO YOU'VE OUTLINED.

YUP.

**Rose Is Rose** By Pat Brady

TWO ICE CREAM SUNDAES PLEASE.

THIS IS OUR WINN SGOOR.

HERE WE HAVE THE BIG SGOOR.

AND THEN THERE'S PARTER FOR THE NOG-BUSTER.

**Non Sequitur** By Wiley

WELL, I SAY BALDERPASH!

WHY, THAT'S POPPYCOK!

WELL, VALLER, KEE-YO DOO-BO?

CUSPIN' UP A PROGGAN AND GETTIN' AWAY WITH IT?

**The Wizard of Id** By Brant Parker & Johnny Hart

IT WAS ALWAYS MY DREAM TO RAISE BIRPS.

SO, HOW COME YOU'RE DOING THIS?

THIS WAS PLAN "BEE"

**Dennis the Menace** By Hank Ketchum

I'M GONNA GET A SECOND OPINION FROM DAD!

**Zits** By Jim Borgman and Jerry Scott

SCREECH!

LET'S TRY APPLYING THE BRAKES TO GET IT TO STOP. FARTHER FROM THE FRONT NEXT TIME.

YOU'RE ALWAYS WORKING FOR SOMETHING TO CRITICIZE. AREN'T YOU HONK?

Times-News magicvalley.com In Partnership with YAHOO! hotjobs.com Classifieds

To place ads, call (208) 733-0931, ext 2; Come see us at 132 Fairfield Street, Twin Falls Or visit us online at www.magicvalley.com • Hours: Monday-Friday 8:00 am - 5:30 pm



IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO COUNTY OF MINIDOKA

Case No. CV 2008-002 NOTICE TO CREDITORS In the Matter of the Estates of MANUEL A. LOPEZ AND ADA BELL LOPEZ. Deceased.

NOTICE IS HEREBY GIVEN THAT Sarah E. Baxter has been appointed Personal Representative of the above-named decedents. All persons having claims against the decedents...

DATED this 13th day of August, 2008. SARAH E. BAXTER Co-Attorney at Law Attorney at Law PO Box 487 Burley, Idaho 83318

PUBLISH: August 18, 25 and September 1, 2008

NOTICE OF HEARING ON NAME CHANGE Case No. CV 08-775

A Petition to change the name of Ivory M. Mulligan, born August 13, 1993 in Burley Idaho... The name will change to Ivory May Hayden...

PUBLISH: August 16, 18, 25 and Sept 1, 2008

NOTICE OF FILING DEADLINE

NOTICE IS HEREBY GIVEN: That declarations of candidacy for the office of District Supervisor of the Twin Falls Soil and Water Conservation District...

Individuals who run as write-in candidates must file a declaration of intent no later than 5:00 PM on the 25th day prior to the election.

PUBLISH: August 18 and 25, 2008

NOTICE OF TRUSTEES' SALE

TS No. 08-72688 TRD Order No. WR31649 Parcel No. RP080514E307325A The following described property will be sold at public auction to the highest bidder...

Deedline for legal ads: 3 days prior to publication, noon on Wednesday for Sunday, noon on Thursday for Monday, noon on Friday for Tuesday...

PUBLISH: August 4, 11, 18 and 25, 2008

NOTICE OF FILING DEADLINE

NOTICE IS HEREBY GIVEN: That declarations of candidacy for the office of DISTRICT SUPERVISOR OF THE WOOD RIVER SOIL CONSERVATION DISTRICT...

PUBLISH: August 18 and 25, 2008

PUBLIC NOTICE

Actions planned or taken by your government are contained in public notices. They are part of your right to know and to be informed of what your government is doing.

PUBLISH: August 18 and 25, 2008

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN THAT THE KIMBERLY PLANNING AND ZONING COMMISSION will hold a public hearing at 7:00 p.m. Tuesday, September 2, 2008, in the City Council Chambers...

PUBLISH: August 18, 2008

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN THAT a Public Hearing will be held before the Twin Falls City Council Planning and Zoning Commission...

PUBLISH: August 18, 2008

NOTICE OF HEARING ON NAME CHANGE Case No. CV 08-3479

A Petition to change the name of Tom Logan Bousman born Jan 22, 1969 in Homestead, Idaho...

PUBLISH: August 18, 25, Sept 1 and 8, 2008

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN THAT THE KIMBERLY CITY PLANNING AND ZONING COMMISSION will hold a public hearing at 7:00 p.m. Tuesday, September 2, 2008...

PUBLISH: August 18, 2008

CONDITIONAL USE LAND DIVISION

A CONDITIONAL USE LAND DIVISION by John and Jody Holloway on property consisting of approximately eighty (80) +/- acres located in Section 32, Township 16 South, Range 14 North 100 East, Buhi, Idaho...

CONDITIONAL USE LAND DIVISION

A CONDITIONAL USE LAND DIVISION by Ron and Shirley Bishop on property consisting of approximately one hundred sixty (160) +/- acres located in Section 32, Township 16 South, Range 14 North 100 East, Buhi, Idaho...

NOTICE IS HEREBY GIVEN THAT a work session will be held on September 9, 2008 at the hour of 12:00 Noon at the Marvin Hemplman Twin Falls City Office Building...

PUBLISH: August 18, 2008

ORDINANCE NO. 510

AN ORDINANCE OF THE CITY OF HEYBURN, IDAHO AMENDING HEYBURN CODE SECTION 1-6-1, DESIGNATING THE TIMES-NEWS PRESS AS THE OFFICIAL NEWSPAPER OF THE CITY FOR THE PUBLICATION OF LEGAL NOTICES AND PROVIDING AN ELECTION DATE FROM ITS FIRST AND ONLY READING.

WHEREAS, pursuant to Idaho Code Section 50-219 the City has designated the South Idaho Press as its official newspaper for publication of legal notices; and

WHEREAS, said South Idaho Press will merge with the Times-News and will therefore not continue as a separate entity and the merged newspaper shall be designated the "Times-News"; and

WHEREAS, the City Council finds that the "Times-News", with offices in Burley, Idaho and Twin Falls, Idaho, is an appropriate newspaper to serve as the official newspaper of the City;

NOW THEREFORE, Be it enacted by the Mayor and City Council of the City of Heyburn, Minidoka County, Idaho as follows:

Section 1: Heyburn Code Section 1-6-1 shall be amended as follows: 1-6-1. OFFICIAL NEWSPAPER ESTABLISHED: The official newspaper of the city of publication of official and required notices shall be the "Times-News-Press," "Times-News," published in Burley and Twin Falls, Idaho.

Section 2: The City Council having by authorizing motion and vote waived the rule of requiring three separate readings of this ordinance, and in full force and effect from and after its first and only reading, passage, approval and publication.

Passed this 13th day of August, 2008, by the City Council of the City of Heyburn, Idaho.

Approved this 13th day of August, 2008, by the Mayor of the City of Heyburn.

WITNESSED my hand and the Seal of the City of Heyburn, Minidoka County, Idaho, this 13th day of August, 2008.

ATTEST: Rita J. Blazcock Clerk Twin Falls County PUBLISH: August 18, 2008

Career Opportunity! Challenging - New Career POSITIONS AVAILABLE Driller's Assistant (Various Drilling Locations) Mechanics (Elko, Nevada) ... BENEFIT PACKAGE: 401k w/ Company Match - Life Insurance - Profit Sharing Holiday/Vacation - Medical, Vision and Dental - Per Diem Boat Loan/Lease also offers a Salary Incentive Program

IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO COUNTY MAGISTRATE DIVISION

Case No. CV 2008-787 NOTICE OF HEARING In the Matter of RUBY JAY JACK A Child Under Eighteen Years of Age

TAKE NOTICE that on 9-16-08, at the hour of 10:00 AM or as soon thereafter as counsel can be heard in this Court, Petitioner, City of Davis and Diana Davis are calling for hearing their Petition for appointment of Co-Guardians, wherein they seek appointment as Co-Guardians of the Person of Ruby Jay Black, a Guardian of the Person of Ruby Jay Black, the said Petition can be obtained by contacting either the Clerk of the Court or the County Attorney at the address and telephone numbers listed below.

JAMES C. MESSERVY Frederick, Williams, Messervy & Lotzspeich Attorneys for Petitioners

PUBLISH: August 11, 18 and 25, 2008

See what's new at www.magicvalley.com

Legal Legal Legal Legal Legal

LEGAL NOTICE
TWIN FALLS STORAGE under the provisions of Idaho Code 28-7-210...

DECLARATION OF CANDIDACY

Notice is hereby given by the Lincoln County Recreation District that an election for the purpose of electing one director will be held on the day of November 2008...

NOTICE OF FILING DEADLINE

Notice is hereby given that declarations of candidacy for the office of Supervisors of the Snake-River-Salt Water Conservancy...

Such declarations are available at the district office at 1441 Filmore Street, Suite A, Twin Falls, Idaho 83301 or at the County Clerk.

Individuals who run as write-in candidates must file a declaration of intent no later than 5:00 PM on the 25th day prior to the election.

IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT, STATE OF IDAHO, IN AND FOR THE COUNTY OF TWIN FALLS

Case No. CV 08-2187
SUMMONS
IDAHO POWER COMPANY, Plaintiff,

vs. JASON LAWRENCE Defendant

NOTICE: YOU HAVE BEEN SUED BY THE ABOVE-NAMED PLAINTIFF, THE COURT MAY ENTER A JUDGMENT AGAINST YOU WITHOUT FURTHER NOTICE UNLESS YOU RESPOND WITHIN 20 DAYS...

YOU ARE HEREBY NOTIFIED that in order to defend this lawsuit, an appropriate written response must be filed with the above designated court...

An appropriate written response requires compliance with Rule 10(a)(1) and other Idaho Rules of Civil Procedure...

- 1. The title and number of this case.
2. If your response is an Answer to the Complaint, it must include the date and details of the separate allegations of the Complaint and other defenses you may claim.
3. Your signature, address, telephone number, or the signature, mailing address and telephone number of your attorney.
4. Proof of mailing of a true copy of your response to Plaintiff's attorney, as designated above.

PUBLISH: August 18, 25, Sept 1 and 8, 2008

IDAHO HEALTH FACILITIES AUTHORITY NOTICE OF PUBLIC HEARING

PUBLIC NOTICE is hereby given that either Sharon Shannon, Executive Director of the Idaho Health Facilities Authority, an independent public body public and corporate under the law (the "Authority"), or its designees, will conduct a public hearing on Wednesday, September 3, 2008, at 1:00 p.m. in the Board Room at the County Memorial Hospital, 1120 Montana Street, Gooding, Idaho 83330...

NOTICE OF PUBLIC HEARING PROPOSED BUDGET FOR FISCAL YEAR 2008-2009 CITY OF MINIDOKA

NOTICE IS HEREBY GIVEN that the City Council of the City of Minidoka, will hold a public hearing for consideration of the proposed budget for the fiscal period October 1, 2008 through September 30, 2009...

Table with 4 columns: ITEM, 2006-2007, 2007-2008, 2008-2009. Rows include Administration, Water, Garbage, Electrical, State/Local Expenses, TOTAL, ESTIMATED REVENUES, Interest, Real Property Taxes, State/Local Fund, Highway Funds, Sales Tax, Licenses, Penalties & other interest, Water, Gas, Surplus Prop. Sale, Miscellaneous/Carryover.

DATED this 2nd day of August, 2008.
CITY OF MINIDOKA
BY KELLY ARTHUR ANTHON, Attorney for the City of Minidoka

NOTICE OF FILING DEADLINE

NOTICE IS HEREBY GIVEN: The declarations of candidacy for the office of the Supervisor of the North Side Soil and Water Conservation District must be filed with district clerk whose address is: 310 West Noce, Jerome, ID no later than 5:00 PM on the second day of September, 2008.

Such declarations are available at the office at: 310 West Noce, Jerome, ID or at the office of the Jerome County Clerk.

NOTICE OF FILING DEADLINE

Individuals who run as write-in candidates must file a declaration of intent no later than 5:00 PM on the 25th day prior to the election.

NOTICE IS HEREBY GIVEN: The declarations of candidacy for the office of District Supervisor of the Balanced Rock Soil Conservation District must be filed with the district clerk whose address is 1441 Filmore Street, Suite A, Twin Falls, Idaho 83301 on the 1st day of September, 2008.

Such declarations are available at the district office at 1441 Filmore Street, Suite A, Twin Falls, Idaho 83301 or at the County Clerk's/Secretary of Taxing District.

NOTICE OF FILING DEADLINE

Individuals who run as write-in candidates must file a declaration of intent no later than 5:00 PM on the 25th day prior to the election.

PUBLISH: August 18 and 25, 2008

ANNOUNCEMENTS

100 FOUND Black Lab dog, male, found Southwest of Kimberly, with a choke chain on. 208-308-5178

Lost and Found

FOUND dog, black and brindle, female, near Castle Portville, Lab cross. Call 734-3048.

101 Lost Black Cat REWARD! neutered, green-blue eyes, answers to 'Luigi'...

101 LOST Hondas HRX lawn mower somewhere on South Eastland or 3600, Call Kaleb at 731-1821.

101 FOUND Border Collie puppy at Simley's dog park. Male, docked tail. Call (208)598-4160

101 LOST Jack Russell/Border cross, female, brown/black, months old, lost in Bull, answers to Lilly. 208-645-0937

101 FOUND Boxer cross on Spartan Dr. or in Rupert. Found in Rupert 2 weeks ago. Wearing brown collar and leash. Call 208-431-5912

101 LOST Jack Russell/Border cross, female, brown/black, months old, lost in Bull, answers to Lilly. 208-645-0937

101 FOUND Camera at the Hagerman Nat'l Fish Hatchery on 897. Call to identify, 837-4996.

101 FOUND Poodle, white, female. Found on 14 yrs old. Found in the Richfield area. Call 208-324-4648 msg.

101 LOST Australian Shepherd mix, male, whitened Merriwee's to Morgan. Last seen 8th & H St. Rupert. Please call 208-831-3411.

101 LOST Jack Russell/Border cross, female, brown/black, months old, lost in Bull, answers to Lilly. 208-645-0937



24/7 Classified Ad Placement
magicvalley.com

Professional Services

Therapeutic Touch, \$30 message 30 min. Thursdays only. Call 208-368-1851.

HOME HEALTH CARE

HOUSEHOLD NEEDED for a new transitional home for women in Twin Falls. Must be clean & sober. Call 848-6242-4223

Child Care Services

CHILD CARE Days and Evenings hours Mon-Fri opening Sept. 1st. Call Mary 320-1181

CHILD CARE in Wendon, Laramie & Co. titled. Call 530-0541 or 685-6790 or come by 840 First Street, 2008-4212

HEADSTART SPECIAL now enrolling for Fall call for details. Little Sisters Day Care. 208-736-0392

HEATHER'S HUGS has 3 FT/FT/1 infant opening (CP/First Aid) Call 208-421-9372

REMEMBER That birthday you placed some time ago in The Times News is the time to come pick up your pictures. Back by the System Service Dept today!

Community Events

NEW ART PROGRAM for all painters. Century Atelier Training! The same program that produced many great artists.

Sign up now! Please call 734-3003 for free info brochure

EMPLOYMENT

200 PUBLIC SERVICE MESSAGE - Federal - Employment information is free. Remember, no one can promise you a federal job. For free information about federal jobs, Call Career Connection America. 478-757-2000

200 Employment

203 Construction CONSTRUCTION Experienced Concrete Finishers, Form Satters and Laborers. Apply in person 858 Eastland Dr. S Twin Falls, ID 83303

CLEAR SPRINGS FOODS

DRIVER Clear Springs Foods, Inc. is accepting applications for a relief long haul driver. This position entails replacing full-time drivers during their vacations, shuttling equipment to an auto repair agency...

Clerical

CLERICAL Job opening for Office Manager/Bookkeeper. This person will also manage a soda shop. This is a full time position. Contact John at Smith Equipment Co. 208-434-4400

DATA ENTRY

Part-time person for data entry. Data entry. Detailed knowledge preferred but not required. Salary DOE. Fax resume to 208-423-4398

LEGAL

Part-time Legal Secretary/receptionist. Perfect, prior legal experience preferred, excellent customer service skills, send resume to P.O. Box 93, Twin Falls, ID 83303

203 Construction

CONSTRUCTION Experienced Concrete Finishers, Form Satters and Laborers. Apply in person 858 Eastland Dr. S Twin Falls, ID 83303

ACCOUNTING

SEASTROM MANUFACTURING Financial Accountant

We are looking for someone with experience with financial statements who can perform various analysis of budget vs. actual costs, create financial reports to the general ledger, create budgets/forecasts, and reconcile various accounts. Must be able to support the accounts payable, payroll, and accounts receivable functions...

Customer Service

CUSTOMER SERVICE FT Account Executive position. Consult with prospective and current customers. College degree/background in R-12 education preferred. Strong phone and computer skills required. Send cover letter and resume to PO Box 2347 Twin Falls, ID 83303

Full time position working at a Motor Sports parts and current customers. Responsibilities are finding parts, writing up service tickets, organizing and scheduling mechanic service. Computer skills, provide updates to customer. Help with customer concerns. Must be available on Saturdays. Experience preferred. Hourly + comm.

Send resume to box 942185 c/o The Times News P.O. Box 548 Twin Falls, ID 83303

Earn Extra Cash by Delivering the Times-News. NO EXPERIENCE NECESSARY

Grid of delivery routes for Times-News. Columns include TWIN FALLS, JEROME, and WENDELL. Lists specific street addresses for each route.

su do ku
Puzzles by Pappocom

Grid of numbers for a puzzle:
7 6 4 2
3 3 6 9 8
5 9 1 2 3 4
6 7 3
2 8 5 7
1 4 9
8 3 1 6 5
3 5 9 8
4 7 1 3

V. EASY #68
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for todays puzzle on page B-14.

206 Drivers 206 Drivers 208 Farm

DRIVER
Amalgas is seeking Propane Delivery Representative
Working out of CDL
Hayley, Idaho
Class B CDL
Wholesale tanker and air brakes.
21 yrs. min. exp. HS diploma or equivalent.
Good driving record
Starting pay \$13.50-
DOE w/benefits
Possible housing.
Call 524-2339 or
783-910 for appl.
EOE

DRIVER
Class A Driver to haul farm machinery & ag. Comm. Locally.
Call 324-7148

DRIVER
Driver Class B w/ing rights w/ general farm exp.
Call 208-324-5148

DRIVER
Local milk haulers. Health insurance, 401k, 4 days on 2 off.
Call 208-324-3516

DRIVER
Looking for a Part-time job working mornings & afternoons? We have the perfect job for you!

Bus Drivers
Paid Training
Weekly Salaries \$3000

DRIVER
Cook Drivers are Home on the Weekends!!!
Call 208-324-8003

DRIVER
Cook Drivers are Home on the Weekends!!!
Call 208-324-8003

DRIVER
Cook Drivers are Home on the Weekends!!!
Call 208-324-8003

DRIVERS
Ag Express Inc
Class A CDL Drivers full & part time year, local & interstate hauling, benefits include medical/dental/vision/401k and vacation.
Minimum age 21.
Call 438-8866, Paul and 733-6867,
Twin Falls or 678-4285 Butley

DRIVERS
CDL, Class A, Milk Hauler, full-time.
Call Taylor Trucking
208-543-0044 or
208-318-1030

DRIVERS
Hiring over the road Drivers.
2 years experience preferred. Medical insurance and 401k
offered. vacation after 1 year. \$3.5 per mile
Apply at
46 S 200 E
Jerome, Idaho
208-324-3815
Gill Milk Transportation

DRIVERS
OUR TOP DRIVERS EARN \$65,000 ANNUALLY
401k, Medical, Paid vacation.
2 years OTR Exp. Tanker endorsement
IDAHO MILK TRANSPORT
800-967-2911

209 General 209 General 209 General 209 General 209 General 209 General

GENERAL
DISC VERY
Day & Swing Shift
Positions Available!
No Sales Involvement
Base Pay up to \$11.00 an Hour
All Paid Training!
Flexible Scheduling - You Pick the Days you Want to Work
Start Times Coincide with School Schedules
Bonuses Offered on Monthly Basis
Fun, Positive Work Environment
Great for Part Time Job or Career!
Please apply at 840 Meadows Dr #1
Twin Falls or please call
(208) 735-6601
Walking distance from CSI

GENERAL
Hiring experienced Reel Fisherman Technician. Must have exp. in general construction. Salary DOE Apply in person at 235 6 Ave W.

GENERAL
Truck Parts lead Courier Sales Person. Must be experienced in Air & hydraulic brake systems, truck suspensions. Excel in customer customer service and be able to work in a fast paced environment. Salary commensurate with experience, we are a drug free work place. Come join an energetic and growing company. Send resume to Valley Brakes & Truck Parts LLC
180 Debra Street
Twin Falls, Idaho
or call 208-739-8244
Ray or Kerry.

GENERAL
Help Wanted
Welder: \$9.50 an Hour
General Labor: \$8.00 an Hour
Welding DOE
4 day work week (10 hr day), Benefits
Apply at:
Norwest Mill:
71 South 215 West,
Rupert 436-1770

GENERAL
Twin Falls Opening
Machine Operators
Inspector
Cashier
Deli/Dry Drivers
Exp. Concrete
Housekeeper
Construction
General Labor
Bookkeeper
Burley Opening
Delivery CDL A
Diesel Mechanic
P/T & P/T Cashier
Grain Worker
Dance Instructor
COB Parks
General Labor
Lagoon Tickets
August 17-22
Twin Falls 733-7300
Jerome 324-9400
Burley 678-4940
www.personnelinc.com

GENERAL
Thomas Cuisine Management at
Twin Falls, Idaho
Valey is seeking bright and energetic and capable individuals. Representatives. Competitive pay and benefits available. Pick up an application at the St. Luke's cafeteria.

GENERAL
Boise Packaging is seeking
General Laborers to work in paper processing plant performing various line work functions as assigned. This is a full time position with rotating shifts. Previous plant experience preferred but not required.
Boise manufactures packaging products and papers including corrugated containers, containerboard, label and release and flexible packaging papers, imaging papers for the office and home, printing and converting papers, newsprint, and market pulp.
Qualifications:
The successful candidate will should have a high school diploma or equivalent, good attendance record, excellent team work and good communication skills.
Please complete a job interest form at the Mini Casaal
Dept. of Commerce
Job closes 8/20/08

LOOK
Are you a coachable?
Want to be trained how to become successful by a leader in his industry for over 10 years? Want to be rewarded for your achievements?
Call Tom 208-735-7922
Paid vacations, 401k, Medical, Dental, Vision available.

SUPERVISOR
Horizon Organic Dairy is seeking a highly motivated individual for the position of Office Coordinator
responsible for overall front office maintenance and coordinating activities for the General Manager and assisting with HR administrative functions, and processing payroll. Qualified candidates must be bilingual (English/Spanish), have prior payroll experience, and 3-5 years experience in a supervisory/support capacity, proficiency in Microsoft Office, and excellent problem solving skills. In addition, the selected candidate will be able to read and write Spanish, be detail oriented, have excellent time management and communication skills and be able to handle a continually changing environment.
A high school diploma is required, an Associate's Degree or some college coursework preferred.
Apply at www.whiteave.com and fax resume to (208) 438-8452
Attn: HR. No phone calls please.

NEWSPAPER CIRCULATION
Times-News
magicvalley.com
The Times-News has an opening for a District Sales Manager in our Circulation Department. This is an excellent opportunity for an energetic and ambitious professional to bring his or her skills and ideas to an exciting and growing position with opportunities for advancement. This position has a strong focus on superior customer service. Responsibilities include managing youth and adult carriers, ensuring timely delivery to subscribers, sales promotions and collections. A valid driver's license and good driving record are required.
The successful candidate must have strong leadership and team skills along with good organization, time management and problem solving skills. Must have computer experience, be dependable and be able to work alternating weekends.
The Times-News offers an excellent benefits package which includes medical, dental, vision, life insurance, 401(k) retirement, employee stock purchase plan, paid holidays and vacation.
Click on our website at www.magicvalley.com.
Please apply online at www.magicvalley.com/workhere

COOK
Rod Lion Canyon Springs is seeking (2) FT Line Cooks
1 yrs experience. Apply online at redlion.com
AAVEEO

GENERAL
IBI Professionals
PSR Providers
School hours.
Up to 30 hrs/week
\$18-22/hr.
Call Kristina at Red Lion
District 430-0802

GENERAL
High Desert Milk is now processing Milk and is seeking experienced individuals for a New Milk Drying Plant in Burley.

GENERAL
Milk Hauler/Driver
Class A License, Milk Hauling from Farm to Processing Plants, Burley/Twin Falls area. Need reliable and mature individuals w/ clean driving record. Able to work any shift, including weekends.

Plant Accounting
This is an accountant position with various finance & accounting responsibilities for month end closing, inventory analysis, operational/capital budgeting, account reconciliations, annual financial audits. The financial work performed is for the recording of raw milk for manufacture, distribution, sales/marketing of dry milk products. Candidates must have skills & knowledge in the areas of finance, accounting, & cost control principles within GAAP. Knowledge of automated financial reporting systems. Work requires professional written/verbal/interpersonal skills.
These abilities are normally acquired through a combination of 5 plus years experience with a bachelors degree in Finance or Accounting. Dairy processing accounting experience a plus.

Applicants must be self motivated & safety conscious. Pay DOE
Medical/Dental/Vision/401k Benefits
Send resumes 6/8 or contact info to
High Desert Milk,
1051 Hansen Ave.
Burley, ID 83318 or e-mail:
hr@highdesertmilk.com

GENERAL
Shoshone School District is now hiring (2) FT employees to be Custodians and Bus Drivers.
Wage DOE. Includes benefits.
Please contact the Shoshone School District for more information.
208-886-2381 x 310

GENERAL
Help Wanted
Welder: \$9.50 an Hour
General Labor: \$8.00 an Hour
Welding DOE
4 day work week (10 hr day), Benefits
Apply at:
Norwest Mill:
71 South 215 West,
Rupert 436-1770

GENERAL
Immediat need for experienced. Industrial equipment painter. Full-time position. Salary DOE
Medical benefits included.
Call 738-8366

RESTAURANT
Little Caesars
Little Caesars Pizza is one of the top pizza chains in the world. We are currently looking for Restaurant Managers for the Burley location. The candidate should have strong management, team building, and communication skills. If you are looking for a full-time management position with:
An excellent salary/benefits package
An exciting bonus structure
Paid training and on-going career development
\*Signing Bonus Available
Apply in person at the Burley location. Ask for Mark

MANAGEMENT
Here we grow again!
Tomlinson and Associates
Work for a great, Idaho-based property management company. We currently have several positions available
Management Teams or Strong Managers
American Falls, Idaho
Ponderosa, Oregon
Caldwell, Idaho
Section 8/Rural Dev. Housing/Section 42 Experience preferred
Onsite preferred but will consider offsite with 5-10 minute response time
Onsite housing provided
FT/PT Leasing Agents
Boise, Idaho
FT Maintenance Professionals
Boise, Idaho
FT Asst. Maint./Groundsperson
Burley, Idaho
Fax resume to HR
(208) 338-1777
Or email to
Gosocrook@gwstooffice.net
Proud to be Drug Free
Equal Opportunity Employer

MISCELLANEOUS
Sun Valley
Sun Valley Resort has multiple job openings for temporary seasonal workers for the 2008/2009 winter season.
Job Locations: Sun Valley Village and Dollar Mountain in the City of Sun Valley; Bald Mountain adjacent to and within the City of Ketchum; all in Blaine County. Please find the positions listed with their Job Listing Number.
Ski Lift Operator, 30 Positions, Job Listing Number: 1325986
Operate ski lifts; help guests on and off lifts; maintain lift ramps; assist guests with special needs. The position is generally subject to one shift: 8:00am - 4:30pm. No experience is required. Entry level wage \$7.25/hr. Job opening dates for this position are from December 5, 2008 through April 15, 2009.
Mountain Guest Service Worker, 22 Positions, Job Listing Number 1326560: Maintain guests' comfort level by providing information and encouraging a safe mountain environment; organize ski lift lines and check tickets; maintain vehicle/pedestrian access and safe outdoor operation; may work as parking lot attendant/shuttle driver. The position will be subject to one shift: 8:00 am to 4:30 p.m. Entry level wage \$7.25/hr. No experience necessary. Job opening dates are from December 10, 2008 to April 10, 2009.
Dorm housing is available. Dorm housing rates are as follows:
Quad room without bathroom: ... \$2.50/day
Triple room without bathroom: ... \$3.00/day
Double room without bathroom: ... \$3.76/day
Single room without bathroom: ... \$5.53/day
Pre-employment drug testing is required for safety sensitive positions. Random drug testing is conducted throughout the season on all employees. Subcontracted authorized medical professionals perform the pre-employment drug testing.
Shuttle buses are available between mountain facilities and dorm facilities from 8:00 a.m. until 5:00 p.m. daily. Free local municipal bus service (Mountain Rides) is available for all employees on a scheduled basis.
Please send resume with Job Listing Number to:
Idaho Department of Labor
317 W. Main Street, Field Support
Boise, Idaho 83735-0810
Fax: 208-947-0049
Email: William.Reed@labor.idaho.gov
Referral instructions will be available from any Idaho Department of Labor Office with the Job Listing Number.







704 Pets and Pet Supplies

PEMBROKE WELSH CORGI puppies, AKC registered... Pet Sals Beds & Treils by Barney Boy.

704 Pets and Pet Supplies

SCHAUNZER Toy Australian Shepherd crosses... SHIH TZU Female, 1 1/2 years old.

704 Pets and Pet Supplies

SIAMSEEMANN kittens, white, 1 male, 1 female... TOY AMERICAN Eskimo of white, black & tan.

705 Farm Equipment

HESSTON 4910 1 ton baler with accumulator... NEW HOLLAND combine TR70, 17 head.

707 Irrigation

MOTORS Used used elect pump & pump motor... RIVER BEND Pipe Repair Mainlines for your irrigation.

709 Hay Grain and Feed

GRASS ALFALFA, 100 lb. 2 bag bales... GRASS HAY (60) 2 bag bales.

709 Hay Grain and Feed

WHEAT STRAW BALE 40' x 32 each... GRAVEL & TOP SOIL.

801 Antiques and Collectibles

WANTED We buy estates, home rooms or entire households... BIRTHDAY PHOTOS Have you forgotten to pick-up your birthday photos?

802 Appliances

MAYTAG heavy duty washer, 3 w/ep cycles... REFRIGERATOR Whirlpool, Model ERB.

704 Pets and Pet Supplies

PIT BULL purebred pups, \$200... PUG puppies (3) 6 weeks old.

705 Farm Equipment

STANDARD POOL & AKC reg. old stud service... AIR COMPRESSOR, 2HP, 15 CFM.

705 Farm Equipment

FARMALL M tractor with Farmhand loader... IRRIGATION Clyde's Sprinkler Pipe Repair.

707 Irrigation

ALFALFA HAY, small bales... ALFALFA HAY 1" & 2" crop.

709 Hay Grain and Feed

ALFALFA HAY, small bales... ALFALFA HAY 1" & 2" crop.

709 Hay Grain and Feed

ALFALFA HAY, small bales... ALFALFA HAY 1" & 2" crop.

801 Antiques and Collectibles

KIRBY Vaccum, new bag changed once... MAGIC CHEF Range & Hood.

802 Appliances

USED APPLIANCES All types and models... WASHER/DRYER Roper by Whirlpool.

803 Bazaars and Crafts

Buy It Sell It A Times-News Classified Will fill every need.

You Service Directo Contact a Times-News classified representative for our low monthly rates: 733-0931, ext. 2

CLEANING

A-HANDY TEAM Reasonable Prices Free Estimates House Cleaning Carpet Cleaning.

CONSTRUCTION

ALMELLO'S Concrete Construction Driveways, patios, sidewalks.

CONSTRUCTION

Moller Concrete All types of concrete including foundations.

CONSTRUCTION

THREE OF STAINING YOUR DECK/PORCH EVERY 3 YEARS?

HANDY WORK

REN'E-HENDRY MAINT 25 yrs experience. You name it, we do it.

LANDSCAPE

COSENTINO'S TRACTOR SERVICE Lawn care, mowing, pruning.

LANDSCAPE SERVICES

CLASSIC CAR STORAGE Enclosed secure facility in old town.

Building Materials

WOOD FLOORING beautiful, premium hard wood.

COUNTRY CLEANERS

Bilingual House Cleaning Commercial Cleaning Carpet Cleaning.

CONCRETE

CONCRETE WORKS Concrete curbing, driveways, sidewalks.

MOller

MOller Concrete All types of concrete including foundations.

CONSTRUCTION

THREE OF STAINING YOUR DECK/PORCH EVERY 3 YEARS?

HANDY WORK

REN'E-HENDRY MAINT 25 yrs experience. You name it, we do it.

LANDSCAPE

COSENTINO'S TRACTOR SERVICE Lawn care, mowing, pruning.

LANDSCAPE SERVICES

CLASSIC CAR STORAGE Enclosed secure facility in old town.

Building Materials

WOOD FLOORING beautiful, premium hard wood.

HOUSEKEEPERS

Happy Housekeepers Daily-Weekly-Monthly Commercial & Residential.

CONSTRUCTION

ALMELLO'S Concrete Construction Driveways, patios, sidewalks.

CONSTRUCTION

Moller Concrete All types of concrete including foundations.

CONSTRUCTION

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LANDSCAPE SERVICES

CLASSIC CAR STORAGE Enclosed secure facility in old town.

Building Materials

WOOD FLOORING beautiful, premium hard wood.

CONSTRUCTION

A ASPHALT J & D Asphalt Asphalt, Seal Coats, Driveways & Repairs.

CONSTRUCTION

ALMELLO'S Concrete Construction Driveways, patios, sidewalks.

CONSTRUCTION

Moller Concrete All types of concrete including foundations.

CONSTRUCTION

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CONSTRUCTION

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HANDY WORK

REN'E-HENDRY MAINT 25 yrs experience. You name it, we do it.

LANDSCAPE

COSENTINO'S TRACTOR SERVICE Lawn care, mowing, pruning.

LANDSCAPE SERVICES

CLASSIC CAR STORAGE Enclosed secure facility in old town.

Building Materials

WOOD FLOORING beautiful, premium hard wood.

804 Building Materials

WOOD FLOORING beautiful, premium hard wood.

805 Hot Tub & Pools

CALSPA 04 4 person + Great condition, nice pumps & filters.

810 Furniture & Carpet

BED Spring All Chiropractic, repair, & sale.

811 Bedding

BED Spring All Chiropractic, repair, & sale.

812 Bedding

BED Spring All Chiropractic, repair, & sale.

813 Classified

CLASSIFIED AD TIMES-NEWS CLASSIFIED DEPARTMENT 208-734-5538









TWIN FALLS

AREA CHAMBER  
OF COMMERCE

# Business Beat

A MONTHLY NEWSLETTER FOR THE BUSINESS COMMUNITY

## Chamber Celebrates Community Success at Hot August Nite!

Thanks to everyone who attended last week's Hot August Nite - Jamaican Style at the Twin Falls City Park. And special thanks to all the businesses who donated goods and services, time, and money for the prizes awarded in the raffles, games, and silent auction! Thanks to the generosity of the Chamber's membership and those who attended - the organization was able to raise funds to support the charitable and civic contributions the Chamber makes each year to our community. Be sure to check out the list of sponsors and donors in this edition of "Business Beat" and take the time to thank these chamber members for their support!

### Inside:

- Welcome to New Chamber Members
- Images of Southern Idaho Magazine Printing Soon!
- Thank you to Hot August Nite Supporters

### Congratulations to the Winners at Hot August Nite!

The following are the top prize winners for the 2008 Hot August Nite Large Raffle:

#### Grand Prize Winner - Kelly Withers

All-inclusive Trip for 2 to Jamaica  
Sponsored by Cooper Norman

#### 2nd Prize - Ben Weston

Southern Idaho Stimulus package featuring \$2789  
in certificates, products, and services at  
Southern Idaho businesses

#### 3rd Prize - Joyce Stukenholtz

Backyard BBQ Package (patio set, grill,  
and summer supplies)  
Sponsored by Magic Valley Bank

Junior voluntary help stir the entries  
in the Hot August Nite raffle.

[www.magicvalley.com](http://www.magicvalley.com)

"Your business to business connection"

To advertise online, call Kathie Scott at 735-3277.



CREDIT UNION

## Pioneer Federal Credit Union "Community People You Know"

### HOW CAN YOU JOIN?

We are a community credit union so it is easy to join. If you live, work or worship in the communities where we have branches and open a small savings account; you will enjoy the privileges of membership.

We have 11 branch locations and so much more to serve you and our communities.

Savings, Checking, Loans, Home Loans, Visa

We Have It All • Join Us Today

Jerome - 1865 S. Lincoln • 324-8553  
Twin Falls - 1439 N. College Rd. E. • 735-0814  
Gooding - 1624 Main • 934-4414

NCUA

www.pioneerfcu.org



IDAHO  
STATE  
UNIVERSITY

## Earn your Bachelor's or Master's degree without leaving Twin!

Darcie Koffer did.

Darcie completed her Bachelor's of Science in Nursing through the ISU-Twin Falls program in May 2008.

It's not too late to register! Classes start August 25. Contact the Idaho State University - Twin Falls office.



Office located in the Evergreen Building on the CSI Campus.

ISU-Twin Falls  
Call 736-2101  
or visit  
isu.edu/ttcr

DELTA DENTAL

## How do you define reliable?

Like your faithful dog that excitedly greets you when you come home, or like slipping on a pair of comfortable slippers, or knowing your newspaper will be delivered on time each day, we've been providing reliable dental coverage, reliable rates, and reliable service for more than 35 years.

### Consistency

- Preventive plan options with more value for your benefit dollar
- Employee-paid plans for employers that wish to provide their employees with dental benefits but do not wish to pay the premium
- A reliable dental benefit partner with long-term rate stability



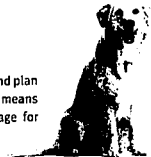
### Benefit of Experience

Doing business with a local dental carrier with more than 35 years of experience and a nationally trusted name has its benefits. And that experience translates into happy customers that come back every year - 98% to be exact.



### Service With a Smile

We handle all claims processing, billing and plan administration right here in Idaho. That means responsive service and seamless coverage for you and your employees.



To learn how you can provide dental benefits to your employees at no cost to your company, please contact your agent or Delta Dental:

(800) 718-3374 or sales@deltadentalid.com

Or, visit our website at:  
www.deltadentalid.com



TWIN FALLS, IDAHO

OFFICE OF THE CHAMBER OF COMMERCE

**The Twin Falls Area Chamber of Commerce Mission Statement**

*The Twin Falls Area Chamber of Commerce is a non-profit business organization providing members a strong voice, vision and focused leadership to enhance the economic vitality and quality of life in our community.*

**Local Businesses Honored for Outstanding Landscaping**

The Chamber's Beautification Committee awarded its annual "Business is Blooming" award to the following businesses for going above and beyond to showcase exceptional landscaping in our community. Nominations were judged for creativity, unique design, use of color, appropriate plant variety, quality of maintenance, and overall appearance.

- Container & In-Ground Display Winner**  
St. Luke's Magic Valley  
650 Addison Avenue West
- Small Business Division Winner**  
The Music Center  
221 Main Ave. E.

Go out and see the outstanding work these winners have done in making our community a more beautiful place - and congratulate them on their awards!

**Your Window of Opportunity is NOW for Images of Southern Idaho**

There are only a couple of weeks left to reserve your advertising space in Images of Southern Idaho - the official Chamber-sponsored community magazine that delivers a targeted audience for local businesses to reach.

business climate. With all new original photography and editorial features, the 2009 publication will focus on specific areas of education, the arts, sports and recreation, health care, commerce and quality of life. It will be published in January and will be used all year for the purpose of promoting the community to prospective residents, new businesses and visitors.

opportunity to reserve advertising space now. More than 10,000 copies of the magazine will be distributed through the Chamber and key local businesses, as well as trade shows, conferences and events throughout the year.

publisher of community and specialty magazines with clients in more than 30 states.

Many of your fellow Chamber members have already signed on - so put Images of Southern Idaho to work for your business, too. For more information, contact Jared Swecosky at the Chamber office at 733-3974, toll-free at (800) 333-8842 or by e-mail at [jswecosky@incom.com](mailto:jswecosky@incom.com).

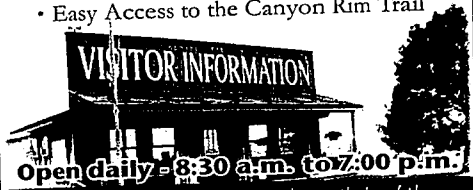
*Images of Southern Idaho* is a vibrant, newsstand-quality magazine that showcases the best of the Southern Idaho region through its people, places and progressive

Chamber members have the

To create a quality guide like Images of Southern Idaho, the Chamber partners with Journal Communications ([incom.com](http://incom.com)), an award-winning custom

**The Visitor Center is Open**

- Souvenirs
- Unique Idaho Products
- Visitor Information
- Easy Access to the Canyon Rim Trail



Buzz Langdon Visitor Center on the south rim of the Snake River Canyon next to the Perrine Bridge overlook.

**August Business After Hours**

**Thursday, August 28, 2008**  
- 5:30 - 7:00 p.m. -

Hosted by Project Mutual Telephone and Canyon Crest Dining & Event Center (At Canyon Crest - 330 Canyon Crest Dr.)  
Food - Drinks - Networking - Prizes - FUN!

**September-Twin Falls Today**

**Tuesday, September 9, 2008**  
- 12 Noon -

Hosted by United Way (Location To Be Announced)  
Reservations required! Call 733-3974 to sign up!

## Congratulations!

on your new restaurant

**BSR**  
RESTAURANT  
DESIGN & SUPPLIES  
TWIN FALLS • WYDE • IDAHO FALLS • 83126  
(208) 733-4221  
www.bsrequipment.com

Doing a new restaurant remodel?

Let us help you with your design.

- AutoCAD Design
- Start to finish consulting
- Idaho owned since 1967
- Installation
- In House Financing

Check out our web site at [bsrequipment.com](http://bsrequipment.com)



Agriculture is a growing industry in Idaho - setting record cash receipts for five years.

Every one of your customers is either involved in Magic Valley agriculture or a consumer of Magic Valley ag products.

Tell them directly about your business through **Agribusiness Inside Tuesday's Times-News.**

Call **Kathie** for more information at 735-3277.

**Times-News**  
magicvalley.com

**Special Events, Parties, Banquets**

**208-733-2417**  
Catering Corporate & Social Events since 1962

*Turf & Club*  
Catering

## Renewing Members

Thank you to the following businesses for their ongoing commitment to the work of the Chamber!

### 1-5 Years

1000 Spring Tours  
A & W Kick 66  
Addison Photography Studios  
ARBOR Education & Training  
Brockman Sand & Gravel  
Chevrolet Cadillac of Twin Falls  
Coleman Ritchie  
Robertson  
Enterprise Rent a Car  
Friends of Stricker  
Girl Scouts of Silver Sage Council

### KickBack Rewards Systems

- Loyalty marketing  
Nielsen Family  
Chiropractic  
Office Value Inc.  
Samuels Jewelry  
Sawtooth Surgery Center  
Sears  
Twin Falls Public Library  
Western Dairy Solutions

### 6-15 Years

Argus Electric  
ARTEC - Advanced  
Regional Technical

### Bekins Ford Transfer & Storage

Cain's Fine Home Furnishings  
CLEAR TALK  
Hammack Management Inc.  
Reeder Flying Service Inc.  
SOS Staffing Services  
Solo Cup Co.  
Sonic Drive Ins  
TDK Service LLC  
The Historic Gooding  
Hotel Bed & Breakfast

### 16-40 Years

Asthma & Allergy of Idaho  
Barry Equipment & Rental  
The Car Store  
Gordon Paving Co.  
Idaho Housing & Finance Association  
Robert Jones Realty Inc.  
Walker Water Systems

## New Members

Welcome to these new members of the Chamber who've joined the organization recently. Take a moment to stop in to see them and please do business with other Chamber businesses!

**Chardonnay Assisted Living**  
**Roxanna Knight**  
Addison and Carriage  
Twin Falls, ID 83301  
736-4597

**Conservation Seeding & Restoration Inc**  
**Steven Paulsen**  
506 Center St. W  
Kimberly, ID 83341  
423-4835

**The "O" LLC**  
**The Oasis Fine Food & Spirit**  
**Rick Carr**  
1007 Blue Lakes  
Blvd N  
Twin Falls, ID 83301  
733-6654

**Snyder Winery LLC**  
**Claudia Snyder**  
4060 N 1200 E  
Buhl, ID 83316  
543-6938

**WEBDOG SERVICES, LLC**  
**Travis Wray**  
2302 Settlers Lane  
Twin Falls, ID 83301  
308-3843

**Bergen Adams Properties LLC**  
**Susan Bergen**  
2770 E 3650 N  
Twin Falls, ID 83301  
734-4269

# Aug./Sept. '08

We hope you find this printed monthly calendar helpful in identifying important Chamber activities. We also provide a weekly calendar in your Friday Facts. Now, you can also log onto [www.twinfallschamber.com](http://www.twinfallschamber.com) to see the Chamber's website including "Area Events" in a calendar format.

Information correct as of publication date, but watch your weekly "Friday Facts" for potential updates.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18 12:00 p.m. Ribbon Cutting Red's Trading Post (208 8th Ave. S.)	19 12:00 p.m. Economic Issues Forum • 9 Beans & A Burrito (704 Cheney Dr.)	20	21 10:00 a.m. Beautification Committee (Chamber office) 11:45 a.m. Ribbon Cutting Text Realty (1630 Fillmore St.)	22 10:30 a.m. Ribbon Cutting A Small Small World (163 Main Ave. E.)	23
24	25	26	27	28 5:00 p.m. Ribbon Cutting Canyon Crest Dining & Event Center (890 Canyon Crest Dr.) 5:30 a.m. Business After Hours Project Mutual Telephone/Canyon Crest (890 Canyon Crest Dr.)	29	30
31	1 8:00 a.m. Chamber office closed for Labor Day Sept.	2	3	4	5	6
7	8 5:00 p.m. Ambassadors Meeting (Chamber office)	9 9:30 a.m. Agribusiness Committee (Chamber office) 12:00 p.m. Twin Falls Today - United Way of Magic Valley (location to be announced)	10	11	12 10:00 a.m. Idaho Chamber Alliance Regional Meeting (Shoshone Masonic Hall)	13
14	15	16 12:00 p.m. Economic Issues Forum (9 Beans & A Burrito (704 Cheney Drive))	17	18 10:00 a.m. Beautification Committee (Chamber office)	19	20

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