

**WIN AND MOVE ON**  
Phillies advance, but did Red Sox and Rays as well  
SPORTS, B1

**Getting their Wind**  
CSI players sharpen their moves.  
HEALTHY & FIT, D1

**WHAT'S THAT SOUND?**  
Project aims to capture Western animal sounds  
WEST, A3

# TIMES NEWS

Monday, October 6, 2008

MagicValley.com

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## River of Stone

### QUESTIONING EVERYTHING

By Cassidy Friedman  
Times-News writer

**B**linded by the morning sun, I awoke on the second day of our journey on a dusty sill somewhere in a remote stretch of the Snake River Canyon.

Late the night before, we had marveled at shooting stars above Murtaugh's farms, reveling in the echo of a train's horn in the distance and gone to sleep on the ground, exhausted from our first day rafting and walking Idaho's river of stone.  
But my brother Nick Coley and I were awakened by an unexpected crisis. We were warm and comfortable in our sleeping bags, but photographer Ashley Smith had chosen wrong. For the trip he had packed only a light-weight fleece blanket, thinking that July nights in the canyon would be as warm as those in the desert high above.  
In the long hours between

midnight and dawn, Ashley was soon thrashing, his teeth chattering in the cold. His rattling was enough to wake us. The night did little to restore his body or his spirits. He would start the day exhausted.  
After a breakfast of granola and coffee boiled on a sagebrush fire, Ashley took his leave. Though I had tried to assure him the rapids ahead would be nothing, he chose to boulder-hop on the riverbank and to leave us to our fate. Nick and I gave him a head start. We cleaned up the campsite, climbed down a 40-year slope of boulders to the river.  
The pamphlet that came with

Bessie, our cheap inflatable, says "be familiar with the area you intend to use the boat."  
Consider those words to live by on the Snake, where seeing around the bend is impossible and there are no guides.  
Halfway through a 100-yard section of rapids, Nick, leaning over the bow to paddle, slammed head-first into a wall of white water. As the saggy, under-inflated raft jackknifed, he was suddenly suspended in the air above

**THE ADVENTURE CONTINUES ON A4**

• River runners: The Snake's smallest interest group and its biggest losers.

• What birds call the canyon home?



## Meet the working river

**Cassidy Friedman**  
Times-News writer

Pigeon Cove in the Snake River canyon is just as polluted as it looks.  
The cove, just north of Filer, is a drain for 9,000 acres of farmland. Water diverted from the Snake at Milner feeds back into the canyon as a foul-smelling brew of sediment and chemicals that resembles a thin

chocolate milkshake.  
Not far from Hagerman, spring water from Box Canyon is just as pristine as it looks.  
Where the spring flows into the river, it creates a blue-water oasis where 3-foot trout swim through fluorescent green water, chestnuts.  
These are the sources of the Snake River as it passes through the canyon that bears its name.  
By the time the Snake reaches

the mouth of the canyon at Milner it has been badly beaten; used for irrigation three times since it formed in high mountain snow fields near Jackson, Wyo.  
At Milner, canals divert most of the river, passing it through fields and returning some brown with suspended sediment and overblown with nutrients, back to the canyon. The Snake leaves the Magic Valley more polluted than when it

"The focus on the agriculture and power production has rendered a great river sick."

— Jon Marvel, of Western Watersheds

**THE WORKING RIVER CONTINUES ON A5**

## Preserving his history

Filmmaker of documentary on internment camps visits Idaho

By Nate Poppino  
Times-News writer

**Take part**

When Kevin Walker visited the Minidoka National Historic Site in June, he saw more than stark desert and old buildings.  
In the former Hunt Camp, accompanied by one-time internees on a pilgrimage, he saw two busloads of stories. In the aged buildings and dry surroundings, he saw an experience that defined a generation.  
Now, he's returning to finish recording it.  
Walker, a recent graduate of Emerson College in Boston, is a descendant of Japanese-Americans sent to the Tule Lake internment camp in California during World War II. So it wasn't hard for the topic to turn into a film idea.

Filmmaker Kevin Walker will be in the Magic Valley today and Tuesday to interview anyone with an opinion — positive or negative — of the World War II internment camps. He is also looking for photographs, film footage and correspondence relating to Japanese-Americans before, during and after the war.  
For more information: 360-931-0953 or kevin.walker@emcmail.com.

Please see **CAMP**, Page A2

## Bank on this: Bank failures will rise in next year

By Michael Lindtke  
Associated Press writer

**SAN FRANCISCO** — Here's a safe bet for uncertain times: A lot of banks won't survive the next year of upheaval despite the U.S. government's \$700 billion plan to restore order to the financial industry.  
The biggest question is how many will perish and how they will be put out of their misery — in outright closures by regulators scrambling to preserve the dwindling deposit insurance fund or in fire sales made under government pressure.

Please see **BANKS**, Page A2

## Heavenly waves

Priest blesses waves in California

By John Rogers  
Associated Press writer

**HUNTINGTON BEACH, Calif.** — He may not be able to walk on water, but when the mood strikes, Father Matthew Munoz can ride one gnarly wave all the way into the beach.  
So Sunday at dawn, on the white sands of the town where the U.S. Surfing Championships were born nearly a half-century ago, Munoz and some two dozen fellow wave riders paused to thank God for all the joy the oceans have provided them.  
Then, after the surfer's ceremonial blowing of a conch shell for good luck, the pastor of

Please see **SURFERS**, Page A2



From left, Faad Yacoub, of the Islamic Society of Orange County, Rev. Christian Mesler and Rev. Matt Munoz wait for the surf during the Blessing of the Waves ceremony at the pier in Huntington Beach, Calif., Sunday.



Obituaries	A8	Crossword	C7	Movies	A6	Sudoku	C6
Bridge	C5	Dear Abby	C5	Opinion	A7-B	Today in History	C5
Calendar	A2	Classifieds	C1-B	Horoscope	C5	Pat's Picks	A2
		Comics	D2	Jumble	C4	To do for You	D3
						Service Directory	C4
						Weather	B4



High: 67 Low: 37  
Party county. Details: B4  
and live at magicvalley.com/author

# MORNING BRIEFING



## Pat's Picks ... Pat Marcantonio

**Three things to go and do today**

- Head to the College of Southern Idaho Com Maze for a lesson in scary. It's open from 5 to 10 p.m. every night through Halloween. Cost is \$3 for adults and \$2 for students with activity cards. Kids 6 and under are free. It is located at the corner of North College Road and Washington Street. Call 732-
- 6431 for more info.
- Bruce Innes performs from 9 p.m. to 1 a.m. at Duchin Lounge in the Sun Valley Lodge. There's no cover charge, and the atmosphere is priceless.
- Three Island Crossing State Park is a serene retreat along the Snake River. If you want to learn as well as relax, the park is home to

the Oregon Trail History and Education Center. The park is about 24 miles southeast of Mountain Home and four miles off of Interstate 84.

*Have your own pick you want to share? Something that is unique to the area and that may take people by surprise? E-mail me at [pain@magiclevalley.com](mailto:pain@magiclevalley.com).*

### TODAY'S HAPPENINGS

**CLUBS AND ORGANIZATIONS**  
 Burley Music Club Board meeting, 1:30 p.m., Burley Public Library, 1300 Miller Ave., 678-5482 or 878-7375.

to 11 a.m., Blaine County Senior Connection, 721 S. Third Ave., Halley, no cost, 737-5988.  
**Fit and Fall Proof Exercise Class**, 10:30 to 11:30 a.m., Ageless Senior Citizens, Inc., 310 Main St. N., Kimberly, no cost, 737-5988.  
 SilverSneakers Fitness Program, innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs. 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for Humans Insured or YMCA members and \$5 per class for non-insured, 733-4384.

**FR and Fall Proof Exercise Class**, 1:30 p.m., front lounge, Woodstone Assisted Living Facility, 491 Caswell Ave. W., Twin Falls, no cost, 737-5888.

**Choices for Recovery**, a non-traditional, 12-step spiritual program open to all faiths, issues and addictions, 4 to 5:30 p.m., west conference room, Minidoka Memorial Hospital, Rupert, no cost, 431-3741.

**Recovery for Life: "Find Help, Discover Hope, Experience Healing," includes Divorce Care, Grief Share, Financial Peace, Co-dependency for Women, 12-Step HOPE (addiction recovery), 6 to 6:45 p.m., meal served and meetings, Twin Falls, reformer Church, 1631 Grandview Drive N., (corner of Grandview North and Pole Line Road), 733-6128.**

**Special Areas/Special Kids**, for parents of a child with special physical, mental or emotional needs, 7 a.m., Twin Falls Reformed Church, 1631 Grandview Drive N., (corner of Grandview North and Pole Line Road), 733-6128.

**LIBRARY**  
 Rhyme Time, toddlers and preschoolers are invited for songs, rhymes, and finger plays, 2 p.m., Storytime Kiva, Twin Falls Public Library, no cost, 733-2964 ext. 110.

**Every Child Ready to Read Workshop** in English, 6:30 p.m., Jerome Public Library, (208) 324-5427.

**To have an event listed**, please submit the name of the event, a brief description, time, place, cost and contact number to Suzanne Blomc by e-mail at [sblomc@magiclevalley.com](mailto:sblomc@magiclevalley.com); by fax, 734-5538; or by mail, Times-News, PO Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

**College of Southern Idaho's Over 50 and Getting Fit Programs**, a guided walking workout with stretching and gentle resistance training, 9 to 10 a.m., at several Magic Valley locations: CSI gym, Gooding ISDB gym, Jerome Rec Center, Shoshone High (old gym), Rupert Civic Gym.

**Blaine County Community Gym and Flier Elementary**, 10:30 to 11:30 a.m., at the Buhl old middle school gym and 11:30 a.m. to 12:30 p.m., at C.S.I. Burley Outreach Center gym, no cost, 732-6475.

**Fit and Fall Proof Exercise Class**, 10

### Banks

**Falled banks**  
 Since 1934, the Federal Deposit Insurance Corporation has closed 3,568 banks. More than 82 percent failed during the savings and loan crisis. Depression era: 1834-47, 100 banks; S&L crisis era: 1980-95, 2,000 banks.

**Banking industry is now on the shakiest ground since the early 1990s**, with more than 800 federally insured institutions failed in a three-year period. That was during the clean-up phase of a decade-long savings-and-loan meltdown that wound up costing U.S. taxpayers \$170 billion to \$205 billion, after adjusting for inflation.

The government's commitment to spend up to \$700 billion buying bad debts from ailing banks is likely to have some institutions that would have otherwise died, but analysts doubt it will be enough to avert a major shakeout.

"It will help, but it's not going to be the saving grace," says a lot of banks are holding construction loans and other types of deteriorating assets that the government won't take off their books, predicted Stanford Financial analyst Janet Songberg. He expects more than 100 banks nationwide to fail next year.

The darkening clouds already have some depositors pondering a question that always seems to crop up in financial markets, despite deposit insurance: Could it possibly make more sense to stash cash in a mattress than in a bank account? "It sounds like a joke,"

### Camp

**Justice Department camps across the U.S.** The internment camps were first built in the first part of 2009. He said that history with whoever will write that. His Idaho stops will become part of a documentary on the internment experience across the country, featuring archival materials and interviews with both former internees and anyone else who wants to weigh in.

**Walker's Idaho stop**, planned for today and Tuesday; is part of a road trip with stops all 10 of camps, 17

**Walker's Idaho stop**, planned for today and Tuesday; is part of a road trip with stops all 10 of camps, 17

### Surfers

**Walker's Idaho stop**, planned for today and Tuesday; is part of a road trip with stops all 10 of camps, 17

**Walker's Idaho stop**, planned for today and Tuesday; is part of a road trip with stops all 10 of camps, 17

## Twin Falls Council to discuss reimbursing golf pro \$17,000

**By Jared S. Hopkins Times-News writer**  
 The Twin Falls City Council will discuss tonight whether Mike Hamblin, the PGA pro contracted to manage the Twin Falls Municipal Golf Course, should be reimbursed for about \$17,000 he says he's owed.

The golf advisory board's commission has twice recommended the city reimburse Hamblin for credit card transaction fees he incurred for five years. The money is the small charge — a tiny percentage of each credit card transaction — credit card companies assess the course each time it accepts a payment.

The issue made it onto tonight's agenda because Councilman Greg Laning — and avid golfer at the course — put it on after the golf

commission issued a second recommendation in August. Previously, City Manager Tom Country had refused to place it on the council's agenda because Hamblin's contract doesn't include such a provision, Hamblin didn't say anything during the five years and the expense isn't budgeted.

The city also has not received "verifiable documentation," according to a city staff report.

Ultimately, the city agreed to pay the charges for the 2008 fiscal year — it ends this month — and to negotiate future reimbursement into a new contract.

The item hasn't been discussed at a council meeting before, but e-mails obtained under the state public records act track months of debate among councilmen and staff.

**Jared S. Hopkins may be reached at 208-735-3204 or [jhopkins@magiclevalley.com](mailto:jhopkins@magiclevalley.com)**

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# Idaho voter registration for students questioned

The Associated Press

BOISE — Idaho college students face some of the toughest restrictions in the nation when trying to register to vote at their college addresses, according to a national study.

Idaho admonishes students they can register at their college address only if they plan to stay in the state permanently, the Spokesman-Review reported. Officials at New York University Law School's Brennan Center for Justice said this interpretation of the law, similar to practices in Tennessee, could be unconstitutional.

Often seen as only marginally politically active, college students could make a difference in close elections if they go to the polls. But their impact will remain muted if they don't vote due to rules that some deem overly restrictive, Brennan

Center officials said. "Many students aren't in a situation where they don't know where they're going after school — for all intents and purposes, this is their only residence," said Wendy Weiser, director of voting rights and elections at the Brennan Center. "To say that you actually have to have a definite plan to remain in Idaho means that all the people who haven't determined what their future plans are, are for all intents and purposes disenfranchised."

Idaho Secretary of State Ben Ysursa said Idaho's laws governing residency for voting purposes don't differentiate between students and non-students. According to his office's Web site, students should not be registering and voting in their college locales simply because they failed to register in their true domicile.

"There are limits, and we stand by what we have put out in writing on how you

define residency," Ysursa said, adding he's received few complaints. "Is there 100 percent clarity on residency law? No. There are factors that you have to figure in, but there are factors for everyone, not just for students."

His Web site warns that voters who abuse the law could face criminal penalties. The Brennan Center's Weiser said the threat is intimidating. "This is something that we're actually seeing in other parts of the country as well, when there are efforts to dissuade students from registering and voting in their school communities," she said.

Though Idaho's voter-registration law is nearly identical to neighboring Washington state's, the attorney general's office just across the border has offered the opinion that students can either register at their home address and get an absentee ballot, or they can register on their campus by using their campus address.

That's the common practice across most of the nation, after U.S. Supreme Court decisions in the 1970s upheld the rights of college students to be treated no differently from any other voters. In one race-related case, a mostly white Texas county required students at a mostly black state college to fill out questionnaires before registering.

This year, threats over voter registration have become an issue in Virginia when students at Virginia Tech were warned by a county registrar of elections that they could lose financial aid or ability to be claimed as dependents on their parents' tax returns if they registered to vote at their school addresses. The warnings were inaccurate.

Idaho did receive praise from the Brennan Center for allowing voters not registered in advance to register at the polls on the same day as the election.

# Fossett plane recovery might not resume this year

MAMMOTH LAKES, Calif. (AP) — California officials say recovery efforts around the site of adventurer Steve Fossett's downed plane might not resume until summer.

Snowfall ended the search in the Sierra Nevada on Friday, Madera County Sheriff's Department spokeswoman Erica Stuart says she does not expect weather conditions to improve enough for crews to return to the site this year. Authorities say they completed most of what they needed to do Friday when they removed debris from Fossett's plane and found three more bone fragments.

The bone fragments will be sent to a lab to determine whether they are human and a match for Fossett.



Some of the bagged wreckage recovered from the crash site of adventurer Steve Fossett, is lowered by helicopter to a trailer, near Mammoth Lakes, Calif., Oct. 3.

Fossett vanished in September 2007 during what was supposed to be a short pleasure flight. Wreckage from his plane was discovered last week.

# Project aims to capture Western animals on tape

By Mike Stark  
Associated Press writer

SALT LAKE CITY — Rattlesnakes aren't to be trifled with. But if you're trying to collect the sounds of every creature in the West that slithers, hops, flies or flops, distance isn't a luxury you can afford.

"You get yourself in some strange situations," said Jeff Rice, a soft-spoken University of Utah researcher librarian who's trying to create the first comprehensive — and free to the public — archive of natural sounds in the West.

Minutes later he was squatting in the hills above the city training his lightweight parabolic microphone toward a Great Basin rattlesnake a few feet away.

The snake, caught by wildlife agents earlier in the day in a backyard, offered a few doubtful quiet moments. Finally, though, it let loose a long dry rattle, both eerie and fasci-

ating, that unmistakably said keep away.

Rice, decked out in black headphones and a gray sweatshirt, grinned like he'd been given a Christmas present.

"I knew he'd come through," he said. The recording, reduced to a short clip, will be the next added to the Western Soundscapes Archive, a Web-based sound clearinghouse headquartered at the University of Utah library.

Though it's just a year old, the site already has more than 800 recordings of birds, mammals, reptiles and amphibians from 11 Western states. It'll also feature "ambient soundscapes" from wild places across the region.

The sounds will be available to teachers, scientists and anyone else interested in hearing the odd murmurings of a sage grouse, javelina, Columbia spotted frog or mountain-dwelling mouse.

The landscape recordings could also provide an important audio snapshots that



University of Utah researcher Jeff Rice records the rattling sound of a Great Basin rattlesnake Sept. 4, in Salt Lake City to add to his collection. The landscape recordings could also provide an important audio snapshots that could be used for comparison later when trying to understand how animals respond to encroaching subdivisions, oil and gas development, a warming climate or other changes.

could be used for comparison later when trying to understand how animals respond to encroaching subdivisions, oil and gas development, a warming climate or other changes.

Recent photography can reveal changes in a limited area but repeated recordings offer broader insights, said Kurt Fristrup, a scientist with the National Park Service's natural sounds office in Fort Collins, Colo.

"A good recording survey in an area might be a couple of football fields in diameter to a couple of miles in diameter," Fristrup said.

Many of the sound clips on the archive have been donated from other recordists. Some, Rice had to go get himself.

He's hunkered down in Utah's remote San Rafael Swell to record the chattering of beavers, logged hounds near Nevada Lake. Meanwhile, he's in the laboratory to tape the Northern grasshopper mouse, a pint-size rodent that perches

on its hind legs to offer a shrill whistle of warning.

It's like a squeaky door," Rice said.

In the field, animals tend to be most active in early mornings and evenings. Rice comes prepared with hand-held digital recording equipment and a sense of adventure.

"You leave at 2 a.m. and find yourself wandering around blue-eyed early in a swamp," he said. "Sometimes you wonder what you're doing."

The work has its own quick challenges — he's learned not to wear clothes that rattle noisily in the wind — and an urgent, serious side too.

As natural places disappear, so do the animal sounds that decorate them.

Geneva-based World Conservation Union estimates that one in three amphibian species in the world is at risk for extinction.

Rice, 41, wants to capture as many as possible on tape before they're gone.

"It's very much a race against time," he said.

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# N. Idaho College to offer law-enforcement training

COEUR D'ALENE (AP) — The council that oversees the state's law-enforcement training program will allow North Idaho College to offer some of the training starting in April.

Law-enforcement officials in Idaho must complete a 10-week training regimen, and currently the classes are offered at the POST (Peace Officers Standards and Training) academy in Meridian.

Idaho state code doesn't allow for a second academy in the state, but members of the Idaho POST Council agreed Thursday to let the Coeur d'Alene college to teach two classes, the Coeur d'Alene Press reported. The move still must win approval from the Legislature; the Idaho Attorney General's office plans to ask lawmakers for a temporary rule change in the legislative session that starts in January.

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**LOCATION:** Magic Valley Mall, Twin Falls, ID

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\$20 flu shots; \$40 pneumonia vaccines; reduced-cost blood tests; free glucose testing; free carotid artery screenings; free skin cancer screenings; free vision exams; height/ weight/ blood pressure checks; "Ask a Doc" booth; low-cost adult tetanus; balance testing, free diabetic foot checks, free glucometer patient accuracy checks; ; information on CSI's "Over 60 and Getting Fit" exercise program; senior center meals; respite care services; and more!

**Bring:** Your Medicare/Medicaid card.  
**Caution:** If you're having blood drawn, please fast for 12 hours prior to your test. Drinking water is fine.

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College of Southern Idaho Office on Aging

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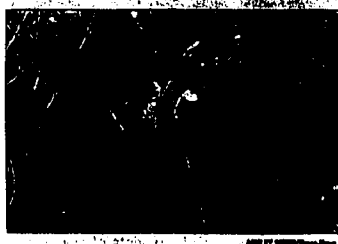
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Magic Valley Health Fair



County Friedman, right, and Nick Casey portage around a rapid near the Murtaugh Bridge.



Old case all of a dump site along the Snake River near Murtaugh.

The voyagers

<p><b>Cassidy Friedman, 28, the writer.</b> After two years on the police beat, he was ready for a new challenge. His hobbies are swimming and hiking, but this assignment just might be his last.</p>	<p><b>Mike Casey, 37, the editor.</b> A self-proclaimed painter and experienced river rafter, Casey has been on the Snake River for decades.</p>	<p><b>Apply. Smith, 30, the chief photographer.</b> He was eager to hang by a string and a helicopter to shoot the canyon, but he drew the line at getting wet.</p>	<p><b>John Hagerman, 50, the guide.</b> He has been guiding on the Snake River for over 30 years.</p>
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A Chevrolet sedan from the early 1950s rests in the canyon upstream from the Hasse Bridge.

ADVENTURE CONTINUED FROM A1

me, Bessie tumbled end over end. We were in the river up to our necks. Miraculously, we each held tight to our paddles and to the raft. My sunglasses were gone, as was Nick's favorite straw hat. Farther, we had debated whether to bother tying our backpacks, drybags and a flyrod to the boat, thinking the water would pose no challenge. Now we were glad that we had. Pushing the boat to a boulder to rest — then watched in amazement as Nick's hat bubbled up from the rapids, floating close enough to grab. Pulsating with adrenaline, Nick dropped to the ground and started counting push-ups. He broke for a moment, looked up and said, "that TOTALLY cut my hand off."

But he wasn't kidding. Not yet. Then we looked down. Though the sheriff warns prosecution on signs posted 30 yards apart, Dry Creek still suffers from decades of abuse. The rusted debris recalls a time when dumping trash into the canyon was not just normal, it was government policy. A century of soap cans, broken washing machines, car bodies and other debris lines the canyon. Most of the dumps were informal, but starting in 1907, Twin Falls specked sewage into Rock Creek, which flows into the Snake. Passage of the federal Clean Water Act in 1972 eventually ended the practice.

How rapids are classified

- Class 1: Easy.** Moving water with small riffles and waves. Risk is slight, most can do this on their own with little instruction. Self-rescue is easy.
  - Class 2: Novice.** Rapids are straightforward with wide, clear channels. Rocks or obstructions are easily missed with minimum maneuvering by trained paddlers.
  - Class 3: Intermediate.** Rapids are moderate with irregular waves which are difficult to avoid. Complex maneuvering is required to avoid capsizing. Most danger can be avoided by experienced paddlers. Large waves and/or strong currents can make self-rescue difficult. Scouting is advised for inexperienced paddlers.
  - Class 4: Advanced.** Powerful but predictable rapids. Precise handling in turbulent waters. May have large unavoidable waves or rapids. Constructed passage may demand very quick maneuvering. Swims may be long and violent. Risk of injury is great. Assistance is usually required if capsized.
  - Class 5: Expert.** Extreme conditions; long, difficult, violent rapids. Unavoidable waves and obstructions. Steep notes and/or drops. Demanding maneuvers required in difficult passage ways. High risk of injury or death.
  - Class 6: Exploratory.** The river or route is extremely difficult, dangerous and unpredictable. Errors may result in severe injury or death. Many Class 6 routes have been changed to Class 5 due to technological advancements in equipment.
- SOURCE: American Whitewater; International Scale of River Difficulty, 1987.

As three people ran the river, the state Department of Environmental Quality has received more complaints, usually about fresh deposits. "If we're notified about it and it's a concern then we contact the landowners and have them clean that up," said David Anderson, DEQ's regional manager of engineering. But many dumps are invisible from the river, concealed by rocks or out of view on shelves in the canyon rim. For many who live and farm along the canyon, old junk is not a concern. One Murtaugh farm points to a crevice in the basal at the canyon's edge, where irrigation water cascades through tons of rotting car hulks, rotten mattresses and tangles of fencing wire before it tumbles into the river. He says the mess was there when he bought the farm, and he has no time or inclination to remove it.

The most extensive cleanup came in October 2006, when U.S. Bureau of Land Management officials used a crane to hoist about 25 cars, broken furniture and appliances from the canyon below Jerome Gandy's North Rim Park. Some volunteer groups also remove trash from slopes in the canyon and up on the rim, but countless piles of rusty metal remain lodged in areas too dangerous or too remote. They are so much a part of the canyon that rapids near notable debris fields are called hunkyard 1 and junkyard 2. "There's a lot of talk now from various counties ... that want to do stuff to clean up the canyon and its tributaries," said Sonny Buhidar, the DEQ regional manager of water quality protection. "Twenty years ago, it wasn't a big deal."

Tucker had warned me about this point. Following his advice, we paddled into an eddy on the south side to portage the rapids named Knuckles. But when I climbed a boulder to look ahead, I saw my way blocked by an abrupt 40-foot drop and a wall of poison ivy. The north side appeared easier, but after our wet morning Nick was in no mood for adventure. We couldn't paddle hard enough to cross the river before being sucked into Knuckles, he said. His doolittle statement left me miffed — not because he said it, but because he seemed panicked and helpless. "I realized you had a gang-bang attitude," Nick said later. "That was normally me. It was like, oh, my god; that was the point where I realized I had to question everything and take it slower."

It was the point Nick realized the Snake just might kill him. Nick slipped over the side of the raft and towed us up-river through the shallow eddy, slipping at times under the surface as he fell into potholes. Where the current quickened he crawled back into the raft and we paddled for all we were worth, crossing the river to land just above Knuckles. By mid-afternoon, we had covered only a mile but Nick was ready to set up camp. My fear that we would never reach Hagerman at this pace won him over and we continued, but for the remainder of the day he made it clear that I was responsible. It would be



my disaster. Mine alone. If I failed to paddle hard enough, or spent too long contemplating the cascade of a waterfall, I would be the one to make Justin's wife a widow and to leave his newborn son without a father. Justin, stoic by nature, said nothing while we debated the fate of the family he had left just hours before. As we continued into the saw-deepening canyon, walking and rafting into a long stretch where there is no way to climb 300-foot cliffs that blot out the sun hours before it sets, I came to agree that I was a fool.

arrived. In places, the river is a cocktail of pesticides, herbicides, excess soil, manure and fertilizers that fails federal clean water standards. Meet the working river. "The focus on the agricultural and power production has rendered a great river sick," said Jon Marvel, of Western Watersheds, an environmental group based in Hailey. "It's a sick river." Yet while the river has its problems, water quality officials point out that it's cleaner now than it was in decades past, due to intensive cleanup efforts in the 1970s and '80s. "You would have had the whole stream covered with these macrophytes," said Sonny Buhidar, the state Department of Environmental Quality's regional manager of water quality protection. Macrophytes are large plants that tend to grow out of control in water polluted by nutrient-rich farm runoff. Even so, everyone agrees the Snake River is not drinkable. Water quality officials say agricultural runoff also makes portions unswimmable and unfishable in summer months, when low water flows and hot sun concentrate and bake pollution in the water. Since 1905, irrigation has largely dried up the Snake below Milner Dam from April to mid-October. About 7,400 cubic feet per second is diverted for farming, while canal companies are required to leave only 220 cfs in the river. On the south side, about half of the diverted water returns to the canyon through scores of man-made waterfalls, natural springs and Rock Creek, which also brings some fresh water from the South Hills. From the north, the Snake gains water from tributaries such as the Big Wood, but benefits most from a poorly understood system of underground channels and pockets that deposit directly into the canyon. These flows are cesspools, rated unswimmable and unfishable by state environmental standards, and despite cleanup efforts, they are the Snake's main source of pollution. For example, the Twin Falls Canal Co. encourages farmers to build settling ponds that help cleanse the man-made tributary at Pigeon Cove, and has created wetlands to capture sediment and help naturally treat the water. But impurities out of the water, under the springs, and in the water, which also brings some fresh water from the South Hills. From the north, the Snake gains water from tributaries such as the Big Wood, but benefits most from a poorly understood system of underground channels and pockets that deposit directly into the canyon. These flows are cesspools, rated unswimmable and unfishable by state environmental standards, and despite cleanup efforts, they are the Snake's main source of pollution.

WORKING RIVER CONTINUED FROM A1

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River runners: Snake's smallest interest group and its biggest losers

By Cassidy Friedman  
Times-News writer



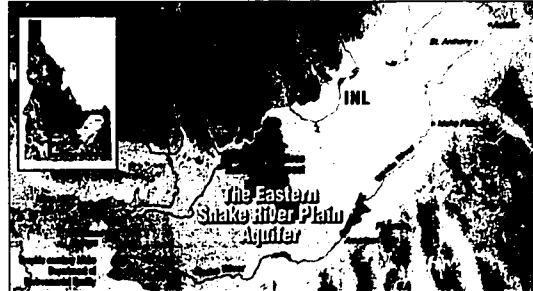
Falls cascade down the canyon upriver from Hasse Bridge.

Another year has passed without a single organized trip down the Murtaugh stretch of the Snake River. It's enough to make Olin Gardner lose all composure. Here's a river guide who lives in Twin Falls just miles from one of the premiere stretches of river, a water park of a dozen dangerous class 4 and near-lethal class 5 rapids. Only he and one other guide permits to take paying customers down Murtaugh stretch. He has a list of about 100 people who have waited for years to kayak and raft with him there. But his anger swells as he tells of three decades of increasing frustration at a river that only gets drier as more water is diverted for farming. "To hell with recreation," Gardner says is the reaction of Idaho industry and politicians to the plight of river runners. "I sort of gave up on it about 10 years ago. Going to meetings, writing letters. No one really cares." Big industry calls the Snake "the working river" because of the water diversion that makes it ever harder for the 1,000 or so rafters, kayakers and boaters who run it each summer. Canal companies divert the water to irrigate the tract. Farmers pump from the aquifer. And fisheries from Buhl to Hagerman are hemorrhaging profits as they receive a portion of their allotted supply from dwindling springs. River runners? They're left with the scraps. "It's got to be one of the best day-trips in the country," Gardner said of the Murtaugh stretch. "It's an awesome canyon."

It takes a full day to run the 14 miles of rapids from the Murtaugh Bridge to Twin Falls dam. And because of the liability associated with the run, it's expensive and limited to experienced adults. "You got to know what you are getting into," said Shelley, who screens interested applicants over the phone. "There's less water than there's ever been," Olin said. More water could provide the economic diversity the area needs to get additional revenue besides agriculture and cows. If there was water in it there could be five or six outfitters licensed on it instead of just two. "But after nearly three decades of fighting, and with industrial users gasping to merely maintain their share, Olin said he doubts the river runners will ever see their golden day.

www.riverofstone.magicvalley.com

- See video of the Times-News voyagers in action; fly the Snake River Canyon at rim level and dive into the crystal-clear waters of a natural spring. New videos and photo galleries posted daily.
- Check out an interactive map of the canyon, with photographs and additional information about points in the journey.
- Order reprints of any photo by clicking on the Pictopia button.
- Read installments from prior days.
- Share your own memories and thoughts about the canyon in the River of Stone forum.



The most visible damage to the Snake is caused by phosphorus and nitrogen from farm chemicals that overfeed the water with nutrients, feeding massive algae blooms; and from thick drifts of sediment. Both are common in the western end of the canyon, and both can choke out other life. And these are just the pollutants you can see. The state does little to monitor levels of mercury in the Snake River Canyon, but it has found high levels in the river to the east, and tests have shown that mercury exceeds state standards in fish in Rock Creek, Buhidar said. The state doesn't monitor arsenic in the river at all. It only checks for that chemical in drinking water, and everyone knows you can't drink the Snake.

**BOOKS:** *Snake River* by Cassidy Friedman, \$19.95, Amazon.com

**TRIPS:** *Snake River Canyon* by Cassidy Friedman, \$19.95, Amazon.com

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# Simpson isolated in jail, focuses on future appeal

By Linda Deutsch Associated Press writer

LAS VEGAS — O.J. Simpson is being isolated from other prisoners for his own safety but continues to hope for a new trial and a strong bid to reverse his conviction for kidnapping and robbery, his lawyer said Sunday.

Attorney Yale Galanter told The Associated Press that Simpson will be living a lonely life, advised by his lawyers to do no media interviews and allowed to see only family members and a few friends placed on a special list at the jail.

Simpson will be held in the Clark County Detention Center until his Dec. 5 sentencing and then is expected to be moved to state prison.

Galanter said he will pursue a retrial for Simpson to be released on bond during the appeal process.

But because of the seriousness of the charges, Simpson would probably remain in jail during an appeal, Galanter said.

"He is in isolated custody and being protected from other inmates," Galanter said about a plane he is appealing to return to his Miami office.

Galanter said that will make for a difficult incarceration for the gregarious Simpson, because "it limits his contacts with other humans."

The attorney said Simpson was OK during a jail visit Saturday during which they discussed plans for the case.

"He's disappointed and a bit melancholy," he said.

The 61-year-old Hall of Fame football star was convicted of kidnapping, armed robbery and 10 other charges for gathering five men a year ago and storming a room at a hotel-casino to seize Simpson sports mementos — including game balls, plaques and photos — from two collectors.

Simpson had asked him to bring a gun.

Galanter said he believes Simpson has a strong argument for reversal of his conviction because of legal errors made during the trial, beginning with the jury selection process.

He said issues to be raised on appeal will include the elimination of all African-Americans from the jury and the inclusion of jurors who believed that Simpson should have been convicted at trial in Los Angeles in 1995 of murdering his ex-wife, Nicole Brown Simpson, and her friend Ronald Goldman.

Jury Fred Jones acknowledged to the Los Angeles Times that he thought Simpson killed his ex-wife and her friend but said he put that aside when considering the Las Vegas case.

ing the Las Vegas case.

"We went out of our way not to mention that," Jones said. "That was never, never in our thoughts."

Jury foreman Paul Connelly said the murders "really didn't come up" as the jury deliberated.

"I honestly believe in my heart of hearts that it did not" affect the verdict, Connelly told the Los Angeles Times.

They had filed numerous severance motions, claiming that Simpson's notoriety would infect Stewart's case.

## SERVICES

Rebekah "Becky" Jean Posthuma of Twin Falls, celebration of life at 11 a.m. today at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls.

James Robert "Bob" Hanks of Burley, funeral at 11 a.m. today at the Star LDS Church, 100 S. 200 W. in Burley; visitation from 10 to 10:45 a.m. today at the church (Russassen Funeral Home in Burley).

Jack Schmidt of Kimberly, graveside service at 11 a.m. today at Sunset Memorial Park in Twin Falls; visitation from 9 to 10:30 a.m. today at White Mortuary in Twin Falls.

Helen Hall Rich of Burley, memorial service at 11 a.m. today at the Burley First Presbyterian Church, 2100 Burton Ave.; visitation one hour before the service at the church (Russassen Funeral Home in Burley).

Edward Fletcher Churchman of Jerome, memorial at 11 a.m. Tuesday at the Elks Lodge on U.S. Highway 93 in Jerome (Farnsworth Mortuary in Jerome).

Freda Arlene "Peg" Dodson of Twin Falls, graveside service at 11 a.m. Tuesday at Sunset Memorial Park in Twin Falls (Park's Magic Valley Funeral Home in Twin Falls).

TyErin Jerome Maxwell, infant son of Kenneth Maxwell and Shauna Romer, funeral at 2 p.m. Tuesday at the Burden LDS 1st Ward Chapel, 531 Middleton Ave.; visitation one hour before the service at the church (Farnsworth Mortuary in Jerome).

## DEATH NOTICES

### Zetta L. Freeman

Zetta L. Freeman, 84, died Sunday, Oct. 5, 2008 at St. Luke's Magic Valley Medical Center in Twin Falls. Arrangements are pending and will be announced by Park's Magic Valley Funeral Home of Twin Falls.

### Keith D. Pollard

Keith D. Pollard, 79, died Sunday, Oct. 5, 2008 at Twin Falls Care Center. Graveside services will be held Wednesday, Oct. 8 at 11 a.m. at the Twin Falls Cemetery. Services are under the direction of Park's Magic Valley Funeral Home of Twin Falls.

## Lawyers seek clients among train crash families

By Carol J. Williams Los Angeles Times

LOS ANGELES — The phone rang at a rare moment between Angie Akins' frantic drives from her home and her husband's bedside in an intensive-care unit, between shuttling to her job and driving her 14-year-old daughter to after-school sports and ballet.

It was a lawyer who'd spotted her husband's name among those badly injured in the Sept. 12 Metrolink crash in Chatsworth, in the San Fernando Valley northwest of downtown L.A. An attorney she had never met was urging her to retain him and sue the government railroad for all it was worth.

"I didn't even write down the name. I was so upset at the time," Akins recalled. "I said, 'I couldn't think about a lawsuit now when my husband might be dying.'"

In the weeks since Metrolink Train 111 crashed head-on with a Union Pacific freight train in Chatsworth, killing 25 and injuring about 130 others, litigators have pursued clients so aggressively that the State Bar of California reminded lawyers of the professional sanctions they could face for initiating contact with accident victims.

"Any unsolicited contact with a potential client either in person or by telephone (and perhaps even by mail) by an attorney or someone acting on his or her behalf, both illegal and unethical," both the bar's chief trial counsel, Scott I. Drexel, warned in a letter sent to area hospitals. "It is especially serious when the contact or solicitation takes place at the hospital, at the accident or at the hospital where the injured person has been taken for care and treatment."

The warning came as attorneys took out newspaper and TV advertisements, solicited on the Internet and even tracked down the injured at hospitals, all seeking a piece of what probably will be hundreds of millions of dollars in damage awards for the victims and their loved ones.

## Ike's environmental toll apparent

The Associated Press

WASHINGTON — Hurricane Ike's winds and massive waves destroyed oil platforms, tossed storage tanks and punctured pipelines. The environmental damage only now is becoming apparent: At least a half million gallons of crude oil spilled into the Gulf of Mexico and the marshes, bays and bays of Louisiana and Texas, according to an analysis of federal data by The Associated Press.

In the days before and after the deadly storm, companies and residents reported at least 448 releases of oil, gasoline and dozens of other substances into the air and water and onto the ground in Louisiana and Texas. The hardest hit places were industrial centers near Houston and Port Arthur, Texas, as well as oil production facilities off Louisiana's coast, according to the AP's analysis.

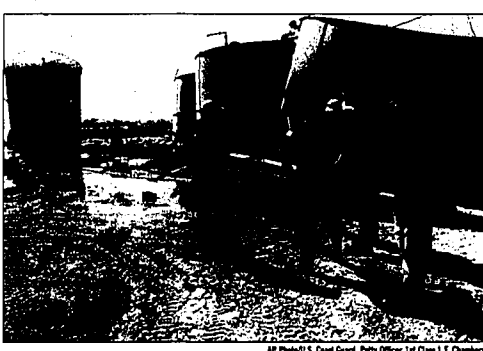
"We are dealing with a multitude of different types of pollution here ... everything from diesel in the water to gasoline to things like household chemicals," said Larry Chambers, a party officer with the U.S. Coast Guard's Environmental Center in Pasadena, Texas.

The Coast Guard, with the Environmental Protection Agency and state agencies, has responded to more than 3,900 pollution reports associated with the storm and its surge along the upper Texas coast. Most callers complain about abandoned propane tanks, paint cans and other hazardous materials containing oil, gasoline, paint, backyards and other places.

No major oil spills or hazardous materials releases have been identified, but nearly 1,500 sites still need to be cleaned up.

The U.S. Coast Guard's National Response Center in Washington collects information on oil spills and chemical and biological releases and passes it to agencies working on the ground. The AP analyzed all reports received by the center from Sept. 11 through Sept. 18 for Louisiana and Texas, providing an early snapshot of Ike's environmental toll.

With the storm approaching, refineries and chemical plants shut down as a precaution, burning off hundreds of thousands of pounds of organic compounds and toxic chemicals. In other cases, power failures sent chemicals such as ammonia directly into the atmosphere. Such accidental releases probably will not result in penalties by regulators because the releases are being blamed on the storm.



In this photo provided by the U.S. Coast Guard, Unified Command responders discuss conditions at a diesel spill site on Goat Island, Texas, Sept. 25. Teams have been working throughout the Houston-Galveston and Port Arthur, Texas, areas to identify, assess and remediate pollution sites since the passing of Hurricane Ike.

deprived marsh mud, which killed fish and caused residents to complain of nausea and headaches from the odor.

At times, a new spill or release was reported to the Coast Guard every five minutes to 10 minutes. Some were extremely detailed, such as this report from Sept. 14: "Caller is making a report of a 6-by-4-foot container that was found floating in the Houston Ship Channel. Caller states the container was also labeled 'UM 3264.' This is a corrosive material." The caller reported the container was an industrial coding that refers to a variety of different acids.

State and federal officials have collected thousands of abandoned drums, paint cans and other containers. Other reports were more vague. One caller reported a sheen from an underwater pipeline and said the substance was "spewing" from the pipe.

The AP's analysis found that, by far, the most common contaminant left in Ike's wake was crude oil — the lifeblood and main industry of both Texas and Louisiana. In the week of reports analyzed, enough crude oil was spilled nearly to fill an Olympic-sized swimming pool, and more could be released, officials said, as platforms and pipelines were turned back on.

The Minerals Management Service, which oversees oil production in federal waters offshore, said the storm destroyed at least 52 oil platforms of roughly 3,000 in use off the coast. Thirty-two more were severely damaged. But there was only one confirmed report of an oil spill — a leak of 8,400 gallons that officials said left no trace because of the coast, with the winds and currents.

Air contaminants were the second-most common release, mostly from the chemical plant and refineries along the coast. About half the crude oil was reported spilled at a facility operated by St. Mary Land and Exploration Co. on Goat Island, Texas, a spit

of uninhabited land north of the heavily damaged Bolivar Peninsula.

The surge from the storm flooded the plant, leveling its dirt containment wall and snapping off the pipes connecting its eight storage tanks, which held the oil and water produced from two wells in Galveston Bay.

By the time the company reached the wreckage by boat more than 24 hours after Ike's landfall, the tanks were empty.

Only a spattering of the roughly 266,000 gallons of oil spilled was left, and that is already cleaned up, according to Greg Leyendecker, the company's regional manager. The rest vanished, likely into the Gulf of Mexico.

Ike's fury might have helped prevent worse environmental damage. Its rough water, heavy rains and wind helped disperse pollution.

Air quality tests by Texas environmental regulators found no problems even in communities near industrial complexes, where power outages and high winds in some cases knocked out emergency devices that safely burn off chemicals. But the storm also zapped many of the state's permanent air pollution monitors in the region.

"We came out of this a lot better than we could have been, especially thinking where the storm hit," said Kelly Cook, the homeland security coordinator for the Texas Commission on Environmental Quality.

## Patient Spotlight

"My wife and I enjoy watching TV much better now that I have my new hearing aids."

—Roger Abernathy, Twin Falls

"I enjoy hearing my clients again. It was difficult to do before I got my new

Widex hearing aids from Professional Hearing Aid Services.

And even more, I love the service I get from Fritz and his staff. My wife and I enjoy watching TV much better now that I have my new hearing aids.

Thanks, Professional Hearing Aid Services."



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## EDITORIAL

### Your tax dollars at work on pointless bureaucracy

Jane Kollmeyer works in Twin Falls and lives in Kimberly. Her job as Sawtooth National Forest Supervisor often takes her to the Sawtooth National Recreation Area.

Cathy Beatty, a deputy regional supervisor for the U.S. Forest Service, lives and works in Ogden, Utah.

Which do you think is more qualified to decide whether a new cell phone tower should be built near Galena Summit?

As happens so often in the federal government, bureaucracy has trumped expertise. Beatty this month reversed Kollmeyer's denial of permission for a Ketchum company to build the nine-story-tall tower disguised as a tree.

Back in July, Kollmeyer ruled that the tower — which would have been hidden in false bark — "would visually dominate the landscape and create a 'substantial impairment' of this key value."

Beatty threw out that decision on the flimsiest of technicalities: She determined the public wasn't given adequate opportunity for public comment on an amendment to the proposal that changed what's known as the "visual quality objective" for the project area.

Huh? The VQO, it turns out, is a rating tool the Forest Service uses to determine how to best preserve scenic quality of a geographic area.

"We did not identify when we did initial scoping that we were proposing an amendment to the forest plan on the visual quality objective," Kollmeyer said Friday.

"We thought that because it was a non-significant amendment, we didn't think we needed to do a separate scoping for it."

She shouldn't have had to. The VQO didn't change the substance — or the merit — of Kollmeyer's decision, but the Forest Service will spend thousands of the taxpayer dollars to run the decision-making process all over again.

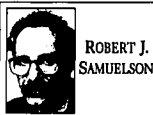
Federal land managers are tied up in mountains of red tape. Endless appeals of their actions accomplish nothing but undermine their effectiveness and squander resources that could better be spent taking care of the land.

Kollmeyer made the right call in denying the tower. Her supervisors should have respected it.

**Our view:**  
Why is it necessary to re-run the decision-making process on a proposed call phone tower on Galena Summit because of a technicality?  
**What do you think?**  
We welcome viewpoints from our readers on this and other issues.

## A replay of 1929? Probably not

WASHINGTON — Watching the slipping economy and Congress' epic debate over the unprecedented \$700 billion financial bailout, it is impossible not to wonder whether this is 1929 all over again. Even sophisticated observers invoke the comparison. Martin Wolf, the chief economics commentator for The Financial Times, began a recent column: "It is just over three score years and ten since the (end of the) Great Depression." What's frightening is not any one event but the prospect that things are slipping out of control.



ROBERT J. SAMUELSON

Panic — political as well as economic — is the enemy.

There are parallels between then and now, but there are also big differences. Now as then, Americans borrowed heavily before the crisis — in the 1920s for cars, radios and appliances; in the past decade, for homes or against inflated home values. Now as then, the crisis caught people by surprise and is global in scope. But unlike then, the federal government is a huge part of the economy (20 percent versus 3 percent in 1929) and its spending — for social Security, defense, roads — provides greater stabilization. Unlike then, government officials have moved quickly, if clumsily, to contain the crisis.

We need to remind ourselves that economic slumps — though wrenching and disillusioning for millions — rarely become national disasters. Since the late 1940s, the United States has suffered 10 recessions. On average, they've lasted 10 months and involved peak monthly unemployment of 7.6 percent, the worst (those of 1975 and 1982) being the last two, both lasting 16 months and had peak unemployment of 9.0 percent and 10.8 percent, respectively. We are almost certainly in a recession now; but joblessness,



6.1 percent in September, would have to rise spectacularly to match post-World War II highs.

The stock market tells a similar story. There have been 10 previous postwar bear markets, defined as declines of at least 20 percent in the Standard & Poor's 500 index. The average decline was 31.5 percent; those of 1973-74 and 2000-02 were nearly 50 percent. By contrast, the S&P's low point so far (Friday, Oct. 3) was 30 percent below the peak reached in October 2007.

The Great Depression followed the stock market's collapse in October 1929 was a different beast. By the low point in July 1932, stocks had dropped almost 90 percent from their peak. The accompanying devastation — bankruptcies, foreclosures, bread lines — lasted a decade. Even in 1940, unemployment was almost 15 percent. Unlike postwar recessions, the Depression submitted neither to self-correcting market mechanisms or government policies. Why?

Capitalism's inherent instabilities were blamed — fairly, up to a point. Over-borrowing, over-investment and speculation chronically govern business cycles. But the real culprit in causing the Depression's depth and duration was the Federal Reserve. It unwittingly trans-

formed an ordinary, if harsh, recession into a calamity by permitting a banking collapse and a disastrous drop in the money supply.

From 1929 to 1933, two-fifths of the nation's banks failed; depositor runs were endemic; the money supply (basically, cash plus bank deposits) declined by more than a third. People lost bank accounts; credit for companies and consumers shriveled. Economic retrenchment fed on itself and overwhelmed the normal mechanisms of recovery. These channels included:

- surplus inventories being sold, so companies could reorder; strong firms expanding as weak competitors disappeared; high debts being repaid so borrowers could resume normal spending.

What's occurring now is a frantic effort to prevent a modern financial disintegration that depends the economic downturn. It's said that the \$700 billion bailout will rescue banks and other financial institutions by having the Treasury buy their suspect mortgage-backed securities. In reality, the Treasury is also bailing out the Fed, which has already — through various actions — lent financial institutions roughly \$1 trillion against myriad securities. The increase in federal deposit insurance from \$100,000 to

\$250,000 aims to discourage panicky bank withdrawals. In Europe, governments have taken similar steps; last week, Ireland guaranteed its banks' deposits.

The cause of the Fed's timidity in the 1930s remains a matter of dispute. Some scholars suggest a futile defense of the gold standard; others blame the flawed "real bills" doctrine that limited Fed lending to beset banks. Either way, Fed chairman Ben Bernanke, a scholar of the Depression, understands the error.

The Fed's lending and the bailout aim to avoid a ruinous credit contraction.

The economy will get worse. The housing glut endures. Cautious consumers have curbed spending. Banks and other financial institutions will suffer more losses. But these are all normal symptoms of recession. Our real vulnerability is a highly complex and global financial system that might resist rescue and revival. The Great Depression resulted from the mix of a weak economy and perverse government policies. If we can avoid a comparable blunder, the great drama of these recent weeks may prove blessedly misleading.

Newsweek columnist Paul Samuelson writes about economics.

## Times-News

Brad Hurd ... publisher Steve Crump ... Opinion editor

The members of the editorial board and writers of editorials are Brad Hurd, James G. Wright, Steve Crump, Bill Eitzenburg and Ruth S. Pierce.

### About election letters ...

The Times-News welcomes letters to the editor from and on behalf of candidates for the Nov. 4 general election. Deadline for election letters is Wednesday, Oct. 29, at 5 p.m. Election letters received after that date will not be published.

Letters must be 300 words or less, and the Times-News will publish one letter from each writer in October. The Times-News will not publish extended, 600-word reader comments by or on behalf of candidates after Saturday, Oct. 11. That rule includes reader commentaries written in response to letters from other candidates or their supporters.

Deadline to submit such election-related reader commentaries is Tuesday, Oct. 7, at 5 p.m. Email letters to ehonson@magicvalley.com, fax them to 734-5538, or mail them to Letters to the Editor, Times-News, P.O. Box 548, Twin Falls, Idaho 83303.

If you have questions, phone Opinion Editor Steve Crump at 735-3223.

## LETTERS TO THE EDITOR

### Let Toussley retire; vote Carter for sheriff

I would like to take this occasion to support Tom Carter for Twin Falls County sheriff.

Now is the time for change. Now is the time to let Sheriff Toussley enjoy retirement.

Tom Carter has more than 20 years of law enforcement experience. He does have the support of deputies and city police throughout the county, and he will work to re-establish and maintain a positive working relationship with these individuals. He will also work diligently to make the sheriff's office fiscally responsible, as well as addressing and reducing the department's efforts on the drug problem in our county.

All in all, Tom Carter is an impressive candidate for sheriff. He has the law enforcement experience, concern for our children and a willingness to work with others to make this a better place to live.

Elect a new leader for the sheriff's office — vote for Tom Carter.

**RICHARD B. STIVERS**  
Twin Falls  
(Editor's note: Richard Stivers is the chairman for the campaign to elect Tom Carter for Twin Falls County sheriff.)

**Rammell is in election for spite, hate**  
No to Rex Rammell. If you're considering voting for Rex Rammell, please consider this: He has one

goal and one goal only and that is to ensure the defeat of Jim Risch. He knows he has no chance of winning a Senate seat, but that doesn't concern him. He is only in this election for spite and hate.

He couldn't win as a Republican, so he went independent in hopes of persuading enough conservatives to vote for him in order to cause Risch's defeat.

He certainly isn't looking out for the citizens of Idaho but instead only cares about getting even. It is unfortunate that he lost his elk herd, but he has in mind it was his fences that failed. He was responsible just the same as any other livestock owner.

Idaho and this country need a strong Republican presence in Washington to

counter the liberal majority that controls both houses of Congress. We can't afford to send any other man to Henry Reid. Please remember to vote and, when you do, please remember that a vote for Rex Rammell is a vote for Larry Larocco.

**STEVE HENDERSON**  
Twin Falls

### Watch out for this driver while walking to school

Warning to all those walking to and from school: There was a College of Southern Idaho student who passed us in the 20 mph zone on Falls Avenue West between Sparks and the Head Start school. His license number is "DUNG." **COLLEEN THEBERT**  
Twin Falls

## THE LIGHTER SIDE OF POLITICS



# We're about to go to war in Pakistan

President Bush will leave office without concluding either of two wars he initiated after Sept. 11, 2001. Now, in the waning months of his administration, the president seems intent on expanding his "global war on terror" still farther. To the existing fronts in Afghanistan and Iraq, he is adding a third: Pakistan.



ANDREW J. BACEVICH

Eclipsed perhaps only by Iraq, Pakistan ranks in the very top tier of the Bush administration's foreign policy blunders. Even as it vowed after 9/11 never to compromise with evil, the administration wasted no time in forging an alliance with Pakistani President Pervez Musharraf, the army general who seized power in 1999 through a military coup. Bush proclaimed him a close friend and ally. Washington quickly began funneling military and economic aid toward Islamabad, the total since 2001 exceeding \$13 billion.

Unfortunately, Musharraf was not only a dictator but was also incompetent. For Taliban and al-Qaida fighters ousted from their Afghan sanctuaries, the Pakistani Northwest Frontier became a refuge in which to establish training camps and support areas. Although U.S. civilian and military officials pushed and prodded Musharraf to crack down on this Taliban and al-Qaida presence, little effective action resulted.

As measured by return on investment, Musharraf turned out to be a lousy bet. By the spring of this year, with Musharraf's days obviously numbered, the Pakistani administration abandoned its friend and ally. In doing so, it found itself without a policy as far as Pakistan was concerned.

To fill the void, Bush turned to the Pentagon. Nearly seven years into the Afghan war, and five years into the Iraq war, Pakistan has become the next problem that the president intends to solve through the application of armed force. Bush's congressional authorization and funding are entirely shielded from public view; a new war has begun. Rather than a partner, Pakistan is becoming an area of operations. Even as Washington denounces Bush for violating the Geneva Convention, U.S. violations of Pakistani sovereignty have become routine. The most commonly employed tactic relies on missile-firing drones to patrol Pakistani airspace and attack suspected al-Qaida or Taliban militants. Yet there is also evidence of a growing willingness to put boots on the ground. On Sept. 3, in a widely reported incident, U.S. special operations troops raided a village in South Waziristan, leaving a dozen or more Pakistanis dead.

The Bush administration seemingly has concluded

## LETTERS TO THE EDITOR

### Scrap Idaho's charter school program

The charter schools program was a pilot program and should be scrapped. I have three reasons for this opinion.

The first reason is that the charter schools are listed as public and funded partially as public schools, yet they do not have any of the public school requirements attached for curriculum or accountability. If the pilot program was to breed innovative thinking, then let all schools in that system utilize innovative thought. The idea that the adherence to standards of curriculum must be followed in the public schools by the Blue Book yet allowing charter schools to be creative is not equality at all.

Second, the fact that the charter schools so far have proven to be inhibitors of secularism and that there is no special populations in them has been proven. Can these begin to be breeding grounds for tomorrow's martyrs? It may be too early to tell, but if the history of older nations is any indication of future events, then this is surely a bad pilot program that needs to be discontinued sooner than later.

Thirdly, I feel that spreading out money for education is fiscally irresponsible. The State Board of Education should be taken to court for spending our educational money on this program. There are two studies out there that have not been given ample credit. One shows that after students have been in the program, their average test scores are the same as the public school systems. The other study shows that the only difference between the two school systems is that the charter schools show secularization. The school board is well aware of these studies, yet it chose to ignore them, of which to me, is grounds for fiscal irresponsibility.

So my view is not to try to change how the charter

schools are implemented but to do away with the program funding altogether. I realize this may still create private schools that will be funded privately but it will not be spreading the states educational funding to its brink.

SHERI THOMAS  
Halley

### T-N doesn't consider Democrats to be Idahoans.

To Jim Wright: After I read your column where you stated that, in recent history, the *Times-News* has endorsed both Democrats and Republicans, I sent you an email asking that you email to me a listing of the *Times-News* political endorsement for major elections (presidential, congressional and legislative Districts 23 and 24) for the last 20 years. I also asked if you find that a listing of Democrats that have actually been endorsed is such a small percentage that it makes your statement an untruth by omission that you issue a retraction and tell the good people of the Magic Valley how many Democrats the *Times-News* has actually endorsed in the last 20 years.

You did respond to my email and told me that Jerry Brady was the endorsement that you had in mind. I am sorry, Mr. Wright, but one is not plural. Not only does the *Times-News* not endorse

local Democrats, you practically run the Republican campaign. A good example of this is the recent *Times-News* article titled "Idahoans react to McCain VP pick." In this article, the *Times-News* quoted the Twin Falls County Republican chairwoman, a Republican state legislator and the Republican lieutenant governor.

The *Times-News*, by its actions, didn't even consider Democrats as Idahoans. Democratic candidates are campaigning hard in the Magic Valley. Larry LaRocco, our candidate for the U.S. Senate, has visited Twin Falls numerous times. Carolyn Elskurpu, who is running for the state Legislature, is out every evening knocking on doors to deliver her message that she is the candidate with the experience and the common sense needed to represent the voters of Twin Falls County.

The Republican candidates sit all back and let the *Times-News* do the work for them.

### Some people have deep interest in carpooling

I took offense at your "Jeeps" in the Sept. 27 paper. I work in Jerome and would dearly love to carpool with somebody, almost anybody. Last February, I registered with Altemet Rides. That is who you reach when

you call the 1-800-RIDE posters on poles around the Magic Valley. I was told that the articles to cite were organized by Jerome and I would be notified when one started. I never heard from it again.

I also called your editorial department and suggested an article to cite was someone's interest. I was told that subject had been covered before and you weren't interested.

So I would welcome suggestions on how to set up a carpool without running an ad in your paper. I work at a small company and the other employees that live in Twin Falls have to be at work by 5 a.m. I start at 7:30.

So please don't lump all of us with some that are not into starting a ride. By the way, how many of your staff live out of town and carpool?

CARLA GRAHAM  
Twin Falls

## Auction CALENDAR

Through October 15th

**MONDAY, OCT. 6, 6:00PM**  
Antiques & Collectibles, TF  
Furniture • US Coins • Tools  
Appliances • *Management Warehouse*  
734-1635 • 734-4567

**IDAHO AUCTION BARN**  
www.auctionidaho.com

**TUESDAY, OCT. 7, 5:00PM**  
Household • Tools • Antiques  
Outrageous Oddities • Jerome  
**KLAAS AUCTION BARN**  
208-324-5521

**WEDNESDAY, OCT. 8, 10:00AM**  
M&K Dairy Supply, Accelerated  
Dairy Sys. Liquidation, Wendell  
Machinery • Parts • Office  
*Times-News Ad: 9-30, 10-5*

**PICKETT AUCTION SERVICE**  
www.pickettauctions.com

**SATURDAY, OCT. 11, 10:00AM**  
Mary Young Downting, Bliss  
Heavy Trailer • Tack • Tools  
Primitives • Livestock Items  
*Times-News Ad: 10-8*

**PICKETT AUCTION SERVICE**  
www.pickettauctions.com

**SATURDAY, OCT. 11, 11:00AM**  
Don & Willie Taylor Estate Auction  
Pickups • Furniture • Guns &  
Hanger • Collectibles • Kitchen  
*Times-News Ad: 10-9*

**US AUCTION**  
www.us-auctioneers.com

**SATURDAY, OCT. 11, 11:00AM**  
Walk Bentzinger Auction, Jerome  
42 Antique tractors • Forklifts  
Trucks • Trailers • Horse Mach.  
*Times-News Ad: 10-9*

**MASTERS AUCTION**  
www.mastersauction.com

**SUNDAY, OCT. 12, 11:00AM**  
Stroud Estate Auction, Filer  
Furniture • Appliances •  
Antiques • Sporting • Lawn  
*Times-News Ad: 10-10*

**MASTERS AUCTION**  
www.mastersauction.com

**WEDNESDAY, OCT. 15, 10:30AM**  
Annual Teton Trees Harvest  
Festival, Rupert • 1000 Trees  
25 & 15 Gal Trees • Shrubs  
Grasses • *Times-News Ad: 10-13*

**US AUCTION**  
www.us-auctioneers.com

**FRIDAY, OCT. 17, 1:00PM**  
Francis Blesner Estate, Jerome  
Appliances • Furniture  
Household • Outside Misc.  
*Times-News Ad: 10-15*

**MASTERS AUCTION**  
www.mastersauction.com

**SATURDAY, OCT. 18, 11:00AM**  
Twin Falls School District, TF  
Woodworking • Tools  
Shop Equipment • 734-1635  
*Times-News Ad: 10-12, 10-16*

**ALL AMERICAN AUCTION**  
www.auctionidaho.com

**SATURDAY, OCT. 18, 11:00AM**  
Hugh & Afton Koonce, Fairfield  
Livestock, Farm Eq • Truck  
Trailers • ATV • Collectibles  
*Times-News Ad: 10-16*

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## LETTER TO THE EDITOR

### Financial institutions probe won't yield results

The latest news about the financial collapse of several institutions and the investigation by the FBI and others is a farce. The politicians and the companies involved belong to the same clique (buddy system) whose common goal is power and money.

The investigation sounds good to a large portion of the public, but no person or organization will be found guilty of any crime; maybe bad judgment.

This is typical of how our politicians represent the people of America.  
GEORGE M. CHRISTENSEN  
Heyburn

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## Arts, Crafts & Bazaars

13th Annual Crafts in the Country

Saturday, Oct. 11  
9am - 5pm

Sunday, Oct. 12  
10am - 4pm

Fier Fairgrounds  
Merchandise Buildings 1 & 3  
Free Admission  
Over 65 local crafters  
displaying handmade items

### Arts & Crafts Shows

Woodriver H.S.  
Nov. 1 • 10am-5pm

Burley H.S.  
Nov. 20 • Noon-8pm

Nov. 29 • 10am-5pm  
For Booth information  
Contact Jackie  
208-870-0660

To Announce your special event  
Call or email  
Karen at 735-3270  
kackman@gmagvalley.com

**Times-News**  
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INSIDE: NFL Scoreboard and roundup, B2 | Scoreboard, B3 | Weather & Golf, B4

## Manning near perfect in Giants' 44-6 victory



Seattle Seahawks safety Jordan Babineaux (27) and linebacker Leroy Hill tackle New York Giants running back Ahmad Bradshaw (44) during the fourth quarter of the Giants 44-6 victory in East Rutherford, N.J., Sunday. Bradshaw rushed for 65 yards in 11 attempts in the game.

## Seahawks have worst start since 2002

By Tom Canavan  
Associated Press writer

EAST RUTHERFORD, N.J. — The New York Giants are this year's New England Patriots — so far. In a nearly flawless performance, Eli Manning threw two touchdowns, Brandon Jacobs ran for two more and the unbeaten Giants scored on their first five possessions in a 44-6 victory that embarrassed the Seattle Seahawks on Sunday. The win was the eighth straight for the Giants (4-0) dating to last year's playoffs, and it gave the Super Bowl champions their best start since 1990, when they posted a 13-3 record and also won the NFL title. The Giants rolled up 523 yards in total offense, their most since collecting 524 yards against Green Bay in 2002.

Not only did the Giants win, but

they did so with leading receiver Plaxico Burress suspended for a game for missing a team activity on Sept. 22. They even did it after a bye week. New York had been 4-15 in post-bye week games.

For the Seahawks, this was another dreadful trip east. They are now 1-6 in their last seven cross-country flights and are 3-8 in their last eight road games overall.

Making matters worse for the four-time defending NFC West champions, they are now 1-3, their worst start since 2002.

They were limited to 187 total yards despite getting receivers Bobby Engram and Delon Branch back in the lineup for the first time this season. Branch left in the second half with a foot injury.

The only break Seattle seemingly got was that quarterback Matt Hasselbeck didn't seem to hurt his right knee seriously after being hit on the fourth play from scrimmage. He limped to the sidelines and finished 11-of-21 for 105 yards and an interception before being relieved late in the third quarter with New York ahead 37-6.

The Giants had nine plays of 15 yards or more in the first half in building a 27-6 lead, and they added two more long ones on the opening drive of the second half in turning the game into a laugher.

Manning, who was 19-of-25 for 267 yards, threw a 32-yard touchdown pass to Domenik Hixon — on a four-play, 91-yard opening drive. He added a 23-yarder in the third quarter to Snirforce Moss, who stopped the Seahawks from going down with a concussion in the first half.

Moss also caught a 5-yard touchdown from David Carr in garbage time.

INSIDE:

Full NFL roundup and scoreboard

Page B2

## Forth quarter comeback

Houston QB Rosenfels' miscues lead to loss to Indy

By Kristie Kleban  
Associated Press writer

HOUSTON — Headed for another early-season loss, Peyton Manning and the Indianapolis Colts staged a stunning comeback thanks to a colossal collapse by the Houston Texans.

Manning's late-game poise — and the lack of it for Houston quarterback Sage Rosenfels — helped the Colts score 21 points in a late span of 2:10. Two touchdowns came thanks to fumbles by Rosenfels, then Indianapolis intercepted Rosenfels' last-ditch comeback attempt for a 31-27 win Sunday.

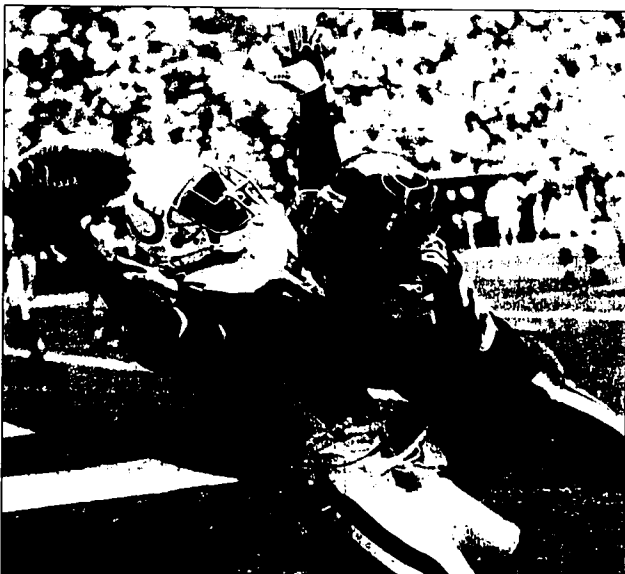
Manning threw two touchdown passes, connecting with Reggie Wayne on a 5-yarder with 1:54 remaining for the decisive points. Linebacker Gary Brackett returned a fumble by Rosenfels 68 yards for a score in between Manning's TD throws.

"All of our team played great football today, played winning football and I made those mistakes that cost football games," Rosenfels said. "There is no reason we should have lost that game."

But they did, in incredible fashion. "I thought we had that passion at the end," said Colts coach Tony Dungy. "But it was missing during the middle of the game and we've got to get that back somewhere."

Rookie Tom Santol caught the other late score, a 7-yarder, to bring the Colts (2-2) within 27-17 with 4:04 to go. It was his first NFL touchdown.

Backup Rosenfels, playing for the ill Matt Schaub, had the winless Texans (0-4) ahead by 17 points before losing two fumbles and



Indianapolis Colts wide receiver Reggie Wayne (187) makes a one handed touchdown catch on Houston Texans cornerback Jacques Reeves (35) defends during the final minutes Sunday, in Houston. The Colts beat the Texans 31-27.

throwing an interception. Texans fans had wanted to see Schaub replaced all season, and Rosenfels was nearly flawless for three quarters. Then came one of the worst meltdowns in the history of the world franchise.

After Manning found Santol for his

touchdown, Indianapolis attempted an inside kick, but Houston recovered. On the next drive, Rosenfels ran right at defensive back Martin Jackson, who upended him and knocked the ball loose. Brackett ran it in to make it 27-24.

"For one play I made a really stu-

pid mistake and that started the downward spiral," Rosenfels said. "I feel like I let those guys down."

Said Brackett: "I told those guys, 'There's a lot of time left. Somebody's got to make a play.' It

Please see COLTS, Page B2

Philly powers into NLCS with 6-2 win over Brewers

By Nancy Armour  
Associated Press writer

PHILADELPHIA — With plenty of power to go with their improved pitching, the Philadelphia Phillies are ready for anything in the NL championship series.

Bringing on the Los Angeles Dodgers.

"I like our chances," Phillies manager Charlie Manuel said Sunday after Philadelphia clinched its first trip to the NLCS since 1993 with a 6-2 victory over the Milwaukee Brewers.

"I think we can hold our own with them. Actually, I think we can beat anybody in the National League, really," he said.

Especially if the Phillies keep playing this way. After scuffling through the first three games of the NL division series, Philadelphia's offense broke out in a big way against the Brewers in Game 4 of the best-of-five series. Jimmy Rollins led off the game with a home run, Pat Burrell connected twice to break out of his postseason slump and Layton Werth added a solo shot.

Not to be overlooked, mid-season addition Joe Blanton threw a gem, holding the Brewers to one run after an eight-day layoff.

"That took a lot of pressure off of us," Rollins said of his

Please see PHILLY, Page B4

## Stewart holds off Smith at Talladega, snaps 43-race winless streak

By Jenna Fryer  
Associated Press writer

TALLADEGA, Ala. — Tony Stewart ended his frustrating winless season Sunday by earning his first Sprint Cup Series race at Talladega Superspeedway when NASCAR ruled Regan Smith's last-lap pass was illegal.

Smith was in second and trailed Stewart for the final three laps around Talladega, and the rookie made one desperate attempt to grab his first career victory by ducking inside of the two-time champion to attempt a pass.

Stewart blocked. Smith dove below the yellow out-of-bounds line at the bottom of the track to make the pass, and beat Stewart to the finish line. NASCAR reviewed the move — a driver is allowed to make the pass if officials believe he was forced under the line — and declared it illegal.

Smith thought he was within the rules on the pass, and went with Dale

Earnhardt Inc. president Max Siegel to defend himself to NASCAR.

"I knew I was only going to get one shot at him," Smith said. "I knew where I was going to make my move. I don't know. I was always told that the rule is if you get forced down there, then you are the winner of the race and on the last lap, anything goes. That's what I was going with."

"I got forced down there, man. I had a nose inside of him and I could have piled up the whole field."

The ruling gave Stewart his first win of the season and snapped a 43-race winless streak dating to Watkins Glen last year. It also was his first career Cup win at Talladega, which has taunted him for 10 years as he finished second a maddening six times.

It looked as if he'd again come up short in his final race at Talladega with Joe Gibbs Racing, especially after he was caught in a Friday accident when Dale Earnhardt Jr. blew a tire. Crew chief Greg Zipadelli decid-

ed to fix the damaged car instead of moving to the backup, and the No. 20 crew worked late Friday night making the repairs.

Then a poor qualifying effort on Saturday, Stewart started 34th, which made some wonder if the team had made the right decision in sticking with the damaged car.

Stewart proved everyone wrong on Sunday with flawless strategy that helped him avoid a late 12-car accident and execute a perfect restart when Smith and two of his Dale Earnhardt Inc. teammates were lurking behind him on the final sprint to the finish.

"I knew with three DEI cars behind me. It was going to be tough to hold on," Stewart said.

Stewart got the jump, but smartly made sure he didn't pull too far out and give the DEI contingent the opportunity to gang up and blow past him. Then he blocked Smith the rest of the way, only letting up when Smith went below the yellow line.



Tony Stewart stands on his car in victory lane after winning the NASCAR Sprint Cup Series' AMP Energy 500 mile race at Talladega Superspeedway in Talladega, Ala., Sunday.

AP Photo



# Browns, Dolphins beat Chargers

MIAMI—With the Miami Dolphins threatening to score, running back Ronnie Brown waded in the single wing for a direct snap, his grin visible through his face mask.

Whining can be fun, as the Dolphins are discovering.

Brown was still grinning moments later when he reached the end zone. And he wore a smile in the locker room after Miami pulled off its second successive upset by beating San Diego 17-14.

"We can compete, and we're starting to realize that," Brown said.

The Dolphins won Sunday with ball control, a smothering defense and a few offensive frits. Brown scored the decisive touchdown from the shotgun wing formation the Dolphins revived two weeks ago, and a goal-line stand in the fourth quarter preserved a seven-point lead.

With back-to-back wins for the first time since November 2006, the Dolphins are 2-2 in the Bill Parcells era. That's double their victory total for all of last season, when they went 1-15.

"We're proud of what we did, but it's just another step," defensive end Ronnie Holliday said. "Hopefully we can get going to raise some brows. Hopefully people will start to pay some attention."

Defending AFC West champion San Diego led 10-3 for the second year in a row.

The Chargers remained winless in six visits in Miami since a memorable overtime playoff victory in January 1992.

**CARDINALS 11, BILLS 17**  
GLENDALE, Ariz. — The Bills lost their first start and, emphatically, their first game of the season.

Second-year quarterback Trent Edwards, a major reason Buffalo was one of three unbeaten teams entering the day, went down with a concussion on a fierce hit from safety Adrian Wilson on the right flat and followed it was the Bills' defense that collapsed after that.

**BRONCOS 16, BUCCANERS 13**  
DENVER — The high-flying Denver Broncos discovered a defense-generating pass rush that sent Brian Griese to the sideline with an injured throwing shoulder.

By Cutler guided a patient Denver offense over the Buccaneers (3-2). Brandon Stokely hauled in Cutler's pass in the right flat and followed Brandon Marshall's big block for a 10-yard touchdown and Matt Prater kicked three field goals for Denver.

**COWBOYS 31, BENIGALS 22**  
IRVING, Texas — After letting a 17-point lead slip to zero, then breaking up a 2-point conversion that could've tied it, the Cowboys had plenty of reasons to celebrate.

Dallas (4-1) led 17-0 after only three plays, but ended up needing big plays from Terrell Owens, Tank Johnson and Keith Davis to stave off the humbling Bengals (0-5).

**PATRIOTS 30, 49ERS 21**  
SAN FRANCISCO — From Randy McMichael's 48-yard touchdown catch to Kevin Faulk's score on a direct snap, the Patriots returned to their usual regular-season form in an unusual place.

Talk rushed for two scores, Matt Cassel had 259 yards passing and the Patriots won in San Francisco for the first time in franchise history.

**TITANS 13, RAVENS 10**  
BALTIMORE — The Titans are still unbeaten thanks to a late touchdown drive and a defense that outperformed the top-ranked unit in the league.

Kerry Collins threw an 11-yard touchdown pass to Alge Crumpler with 1:56 left. The Titans (5-0) trailed 10-6 before Collins directed an 11-play, 80-yard scoring drive. The march was aided by a penalty against



San Diego Chargers cornerback Jamal Lyles (22) and Miami Dolphins running back Ronnie Brown (28) during second half in Miami, Sunday. The Dolphins were 17-10.

Baltimore's Terrell Suggs, who was flagged for a blow to Collins' helmet, although the hit appeared to be little more than incidental contact.

**FALCONS 27, PACKERS 24**  
GREEN BAY, Wis. — Aaron Rodgers played in his first game since he was upstaged by Matt Ryan and the Falcons.

Atlanta's rookie quarterback turned in another sharp performance, completing 16 of 26 passes for 194 yards, two touchdowns and an interception against the banged-up Packers.

**REDSKINS 23, EAGLES 17**  
PHILADELPHIA — Another road win against a division opponent has the Redskins in perfect position to make a run at the NFC East.

Clinton Portis ran for 145 yards and one touchdown and wide receiver Antwan Randle El threw a TD pass, Washington (4-1) has made it through the first five games under new coach Jim Zorn better than anyone expected.

The Redskins' route to Dallas last week and handed the Cowboys their first loss, 26-24. They've now played all three division rivals on the road and their next three opponents — Cleveland, Detroit and St. Louis — entered this week with a combined record of 1-10.

**PANTHERS 34, CHIEFS 0**  
CHARLOTTE, N.C. — DeAngelo Williams had 123 yards rushing and scored three touchdowns and Panthers handed the Chiefs their first shutout in nearly six years.

The Panthers (4-1), who have missed the playoffs the past two seasons, are off to their best start since reaching the Super Bowl in the 2003 season.

**BEARS 34, LIONS 7**  
DETROIT — Kyle Orton set career highs in yards passing, completions and quarterback rating while throwing two touchdowns. He was 24-of-34 for 134 yards and had a 12.1 rating, improving to 3-0 against the Lions.

Orton connected with Devin Hester for a touchdown and Charles Tillman intercepted a pass that went off Roy Williams' hands and returned it for a score. Chicago (3-2) broke a first-place tie with the Packers to lead the lackluster NFC North.

**STEELERS 26, JAGUARS 10**  
JACKSONVILLE, Fla. — Big Ben's big night gave the Pittsburgh Steelers a big boost in the AFC North.

Ben Roethlisberger threw for 309 yards and three touchdowns, helping the Steelers overcome their offensive woes and leading them to a 26-21 victory over the Jacksonville Jaguars on Sunday night.

**49ERS 21, PATRIOTS 30**  
SAN FRANCISCO — From Randy McMichael's 48-yard touchdown catch to Kevin Faulk's score on a direct snap, the Patriots returned to their usual regular-season form in an unusual place.

Talk rushed for two scores, Matt Cassel had 259 yards passing and the Patriots won in San Francisco for the first time in franchise history.

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Kerry Collins threw an 11-yard touchdown pass to Alge Crumpler with 1:56 left. The Titans (5-0) trailed 10-6 before Collins directed an 11-play, 80-yard scoring drive. The march was aided by a penalty against

it," he said. "The idea today was to get a little swagger back ... I was proud of the guys for never giving up and fighting 'til the end."

The Texans played the 100th game in franchise history in their hurricane-damaged stadium with the retractable roof open; the roof couldn't be repaired in time for Sunday's game.

Rosevelt's miscues ruled good days by rookie Steve Slaton and Andre Johnson. Slaton ran for 93 yards and two touchdowns and Johnson bounced back from two poor games with nine catches for 131 yards.

Johnson, who had 67 yards in the last two games combined, scored his first touchdown of the season on a 5-yard reception just before halftime for a 17-10 lead.

# NFL SCOREBOARD

National Football League											
AFC											
W	L	T	PF	PA	Yds	TD	INT	FC	SA	PK	OT
Buffalo	4	1	0	100	136	10	2	1	3	0	0
New England	2	2	0	100	118	11	1	1	1	0	0
Miami	2	2	0	100	118	11	1	1	1	0	0
Atlanta	2	2	0	100	118	11	1	1	1	0	0
Indianapolis	2	2	0	100	118	11	1	1	1	0	0
Jacksonville	2	2	0	100	118	11	1	1	1	0	0
Houston	2	2	0	100	118	11	1	1	1	0	0
San Diego	2	2	0	100	118	11	1	1	1	0	0
Denver	2	2	0	100	118	11	1	1	1	0	0
San Francisco	2	2	0	100	118	11	1	1	1	0	0
Oakland	2	2	0	100	118	11	1	1	1	0	0
Kansas City	2	2	0	100	118	11	1	1	1	0	0
NFC											
Arizona	4	1	0	100	118	11	1	1	1	0	0
San Diego	4	1	0	100	118	11	1	1	1	0	0
Oakland	4	1	0	100	118	11	1	1	1	0	0
Kansas City	4	1	0	100	118	11	1	1	1	0	0
Seattle	4	1	0	100	118	11	1	1	1	0	0
San Francisco	4	1	0	100	118	11	1	1	1	0	0
Arizona	4	1	0	100	118	11	1	1	1	0	0
San Diego	4	1	0	100	118	11	1	1	1	0	0
Oakland	4	1	0	100	118	11	1	1	1	0	0
Kansas City	4	1	0	100	118	11	1	1	1	0	0
Seattle	4	1	0	100	118	11	1	1	1	0	0
San Francisco	4	1	0	100	118	11	1	1	1	0	0

# Colts

Continued from page B1

just happened to be myself." On the ensuing drive, Robert Mathis sacked Rosenfels and stripped the ball at the Houston 19. Manning hit a leading Wayne in the corner of the end zone, the play was reviewed, and the call was upheld. Houston got back the ball with almost 2 minutes remaining, but Rosenfels was intercepted by Melvin Bullitt.

The five-time AFC South champion Colts were off to their worst start since starting the 1998 season when Manning was the rookie. Manning was looking for his team to get back on track with this game.

"The encouraging thing is we feel like we can find a little more consistency, we're capable of scoring more points and we have the players to do

it," he said. "The idea today was to get a little swagger back ... I was proud of the guys for never giving up and fighting 'til the end." The Texans played the 100th game in franchise history in their hurricane-damaged stadium with the retractable roof open; the roof couldn't be repaired in time for Sunday's game.

Rosevelt's miscues ruled good days by rookie Steve Slaton and Andre Johnson. Slaton ran for 93 yards and two touchdowns and Johnson bounced back from two poor games with nine catches for 131 yards.

Johnson, who had 67 yards in the last two games combined, scored his first touchdown of the season on a 5-yard reception just before halftime for a 17-10 lead.

SCOREBOARD

AUTO RACING

NASCAR Next race Sunday at Talladega...
1. Dale Earnhardt Jr.
2. Matt Kenseth
3. Tony Stewart

BASEBALL

MLB Postseason Matchup
Friday 7:05 p.m. Eastern Time
Boston @ New York Yankees

GAME PLAN

LOCAL TV SCHEDULE
HIGH SCHOOL BOYS SOCCER
Wood River at Community School, 5:30 p.m.

FOOTBALL

The AP Top 25
1. Oklahoma State
2. Michigan State
3. Texas

78-78-70-287
Crested Butte Community College
78-78-70-287
Crested Butte Community College

TRANSACTIONS

BASKETBALL
NBA
Crested Butte Community College
78-78-70-287

FOOTBALL

College Football
Crested Butte Community College
78-78-70-287

USA Today Top 25

1. Oklahoma State
2. Michigan State
3. Texas

USA Today Top 25

1. Oklahoma State
2. Michigan State
3. Texas

BASKETBALL

Women's National Basketball Association
Phoenix Mercury
6 0 1 0 0 1 0

TENNIS

ATP Opponent of the Week
Lleyton Hewitt
6 0 1 0 0 1 0

PGA TOUR

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PGA TOUR

WESTERN CONFERENCE

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At No. 25, Ball State. No Joke!, Boise State at 15

NEW YORK — David Letterman is going to look for a No. 25 in the AP college football poll, his alma mater, Ball State.

The Cardinals, who have remained unbeaten while losing one of their best players to a career-ending spine injury, are ranked in the Top 25 for the first time.

After a week with few upsets, the top of media poll only underwent slight alterations. Oklahoma was No. 1 with 51 first-place votes and 1,608 points, gaining a few points and top votes in its second week on top of the rankings this season.

No. 2 Alabama has 13 first-place votes and 1,537 points. Missouri moved up one spot to No. 3 after winning 52-17 in Nebraska.

LSU dropped a spot to No. 4 after an off week, and Texas remained No. 5. The Longhorns and Sooners met Saturday in the annual Red River Rivalry in Dallas. It'll be the fourth time since 2001 that Texas and Oklahoma will play with both teams in the win and first time since 2004.

No. 6 Penn State and No. 7 Texas Tech held their spots. No. 8 Southern California and No. 9 BYU flip-flopped after USC's easy 44-10 victory against Oregon.

Georgia moved up a spot to No. 10. Ball State, located in Muncie, Ind., is probably the best known for being the player Letterman went to school. The gapped-toothed host of the Late Show has another reason to boast about Ball State now.

The Cardinals are off to their best start since going 9-0 to begin the 1965 season. They won their sixth straight game Saturday night, shutting out Toledo 31-0 to improve to 3-0 in the Mid-American Conference.

"It's flattering obviously, but there's so much season left to play," sixth-year coach Brady Hoke said in a conference call with reporters Sunday. "You have to evaluate the season at the end. We've got a lot of big games ahead of us."

"He's a big part of this team," Hoke said. "It will always be a big part of this program. When something like that happens, your head sinks and you feel for him as a guy who loves to play the game and has a passion for it."

"The team vowed to use Love as an inspiration and so far it has not missed a beat without him."

"His maturity and the leadership of our football team has been phenomenal," Hoke said.

Led by Nate Davis, the latest in a long line of talented MAC quarterbacks, and running back Miqale Lewis, the Cardinals are 11th in the country in total offense at 472 yards per game.

Davis is 10th in passer rating (164.6) and has thrown for 1,662 yards and 11 touchdowns. Lewis is eighth in the nation in rushing at 134 yards per game.

The last time a MAC team made the AP Top 25 was 2004, when Bowling Green was No. 25 for a week late in the season.

The Cardinals are one of three teams ranked this week for the first time this season, joining No. 22 North Carolina and No. 23 Michigan State.

The Tar Heels (4-1) beat Connecticut 38-12 to move into the rankings for the first time since Oct. 28, 2001.

Pittsburgh, which started the season ranked and dropped out after losing its opening game, is back in the Top 25. The Panthers are 11th after upsetting South Florida 26-21 on Thursday night in Tampa.

Dropping out of the poll after losses were Fresno State, Oregon, Connecticut and Wisconsin, which dropped its second straight game, 20-17 at home to Ohio State.

The second 10 starts with No. 1 Florida, followed by Ohio State, and Vanderbilt moved up six spots to No. 13. It's best ranking since being 13th in 1956.

No. 14 Utah and Boise State round out the first 15.

No. 16 Kansas, is followed by Big 12 rival Oklahoma State, Virginia Tech, South Florida and Auburn. It's 11th in the poll.

The Big 12 and Southeastern Conference each have six teams in the poll. No. 21 is Wake Forest, followed by the four newcomers.

WNBA

No Shockers: Detroit wins third title in 6 seasons

YPSILANTI, Mich. — Winning a gold medal in Beijing, a WNBA championship and the league's all-time MVP award.

"I mean, it's been OK," she said to laughter in the interview room Sunday after the forward led the Detroit Shock to their third WNBA crown in six seasons.

The 76-50 win completed a three-game sweep of the San Antonio Silver Stars and came less than two months after the 34-year-old started for the gold-medal winning U.S. Olympic team.

"It's been fun. It's really been a lot of fun," she said. Smith, who scored a team-high 18 points, was lifted from the game with time running out as coach Bill Laimbeer emptied his bench to the ear-splitting delight of the crowd.

Sports Shorts

Note: Social Magic Valley links to sports@magicalvalley.com

A few minutes later, she was sprinting back on to the court with her teammates to celebrate yet another championship as confetti rained down.

Detroit became the second team in league history to win a third championship. Only the Houston Comets, who won the first four (1997-2000), have more. Los Angeles (2001, 2002) is the only other team with more than one.

It was an especially sweet win for the Shock, who led the 2007 title slip away, losing Game 5 at the Palace to the Phoenix Mercury. "Last year was brutal. Last year was disappointing and we lost the championship, and I thought about moving on," Laimbeer said.

"At some point, I had to move on, but I don't necessarily think it's a right now."

MAGIC VALLEY

CSI holds 'Dig Pink' event
TWIN FALLS — The College of Southern Idaho volleyball team will host a Dig Pink event on Oct. 21. Admission is free to the public, with donations requested.

It was an especially sweet win for the Shock, who led the 2007 title slip away, losing Game 5 at the Palace to the Phoenix Mercury. "Last year was brutal. Last year was disappointing and we lost the championship, and I thought about moving on," Laimbeer said.

"At some point, I had to move on, but I don't necessarily think it's a right now."

Bruin Boosters meet today

TWIN FALLS — The Bruin Boosters invite Bruin fans and supporters to attend their next meeting at 7 p.m. today, in the Twin Falls High School faculty lounge. Topics include the upcoming golf tournament, concessions and ideas for promoting the TTFS Bruins.

Twin Falls adult basketball meetings near

TWIN FALLS — Organizational meetings for the Twin Falls Men's and Women's Basketball Leagues will be held Oct. 23, at the Twin Falls Hall and Recreation office. Representatives from the women's league will meet at 5:30 p.m., followed by the men at 6 p.m. Rules, fees, officials and game nights will be discussed. Information: 736-2265.

JRD holds women's hoops sign-ups

JEROME — Jerome Recreation District will hold sign-ups for women's basketball through

Oct. 17. Team fees are \$180, while player fees are \$15 for those in the district and \$20 for those outside the district. The eight-week season begins Oct. 27. Registration may be done by phone (324-3389) or at the JRD office. A preseason meeting will be held at 6 p.m. Oct. 22 in the JRD Conference Room. Information: JRD at 324-3389.

JRD holds volleyball registration

JEROME — Jerome Recreation District will offer registration for adult volleyball through Oct. 12 for returning teams and Oct. 13-31 for new teams. The team fee is \$160, while player fees are \$5 for those in the district and \$10 for those outside the district. The 10-week season begins Nov. 10-14. The D League will play on Monday, the B League Group 1 on Tuesday, B League Group 2 on Wednesday, C League on Thursday and Women's League on Friday.

Registration may be done by phone (324-3389) or at the JRD office. A preseason meeting will be held at 6 p.m. Nov. 5 in the JRD Conference Room. Information: JRD at 324-3389.

Zeitgeist Half Marathon coming soon

BOISE — Wednesday (Oct. 8) is the \$40 entry deadline for the 7th annual Zeitgeist Half Marathon, to be held Nov. 1. Runners and walkers are welcome. The course is on paved and dirt roads in the foothills northwest of Boise. Register online or pick up an entry form at area sporting goods stores and health clubs.

Volunteers are needed and greatly appreciated. Information: 853-1221 or www.zhalf-marathon.com.

Rocky Mountain and CSI rodeos near

TWIN FALLS — The Rocky Mountain Regional Rodeo will be at 7 p.m., Thursday, Oct. 9 at the CSI Expo Center. Tickets are \$5. The CSI Fall Classic Rodeo will be Oct. 10 and 11 at 8 p.m. at the CSI Expo Center. The cost is \$8 in advance or \$9 at the door (children 4-12 are \$5).

Tickets for both events may be purchased in advance at Vickers Western Store, Twin Spot Locations and Expo Center. Information: The Expo Center at 732-6620.

Burley to host NBA D-League again

BURLEY — The Idaho Stampede and Utah Flash of NBA's Developmental League will play a preseason game Nov. 22 at Burley High School. Ticket information will be released soon.

—Compiled from staff and wire reports

TWIN FALLS FORECAST

Today: Partly cloudy. Highs upper 60s.
Tonight: Mostly clear and cool. Lows upper 30s.
Tomorrow: Cloudy periods expected. Highs upper 60s.

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges.

Yesterday's Weather

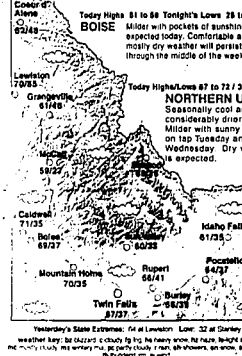
Table with 2 columns: City, High/Low. Lists temperatures for Boise, Coeur d'Alene, etc.

BURLEIGH FORECAST

Today: Decreasing clouds and comfortable temperatures. Highs middle to upper 60s.
Tonight: Dry and clear. Lows upper 30s.
Tomorrow: Partly to mostly sunny. Highs upper 60s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS. Slightly milder and mainly dry as we get a glimpse of the sun today. Cloudy periods and isolated showers return to higher elevations on Tuesday.



Temperature & Precipitation

Table with 2 columns: Temperature, Precipitation. Shows historical and forecast data.

Humidity

Table with 2 columns: Humidity, Barometric Pressure. Shows current and forecast values.

Barometric Pressure

Table with 2 columns: Barometric Pressure, Sunrise and Sunset. Shows pressure and light data.

Sunrise and Sunset

Table with 2 columns: Sunrise and Sunset. Shows times for today and tomorrow.

Pollen Count

Table with 2 columns: Pollen Count. Shows counts for Ragweed, Birch, etc.

Moon Phases

Table with 2 columns: Moon Phases. Shows phases for Oct 7, 14, 21, 28.

Moonrise and Moonset

Table with 2 columns: Moonrise and Moonset. Shows times for today and tomorrow.

U.V. INDEX

Table with 2 columns: U.V. INDEX. Shows index levels for today and tomorrow.

World Forecast

Table with 2 columns: World Forecast. Shows weather for various international cities.

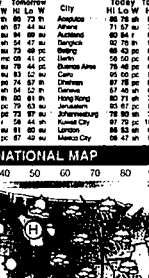
REGIONAL FORECAST

Table with 2 columns: REGIONAL FORECAST. Lists cities and their weather forecasts.

NATIONAL FORECAST

Table with 2 columns: NATIONAL FORECAST. Lists cities and their weather forecasts.

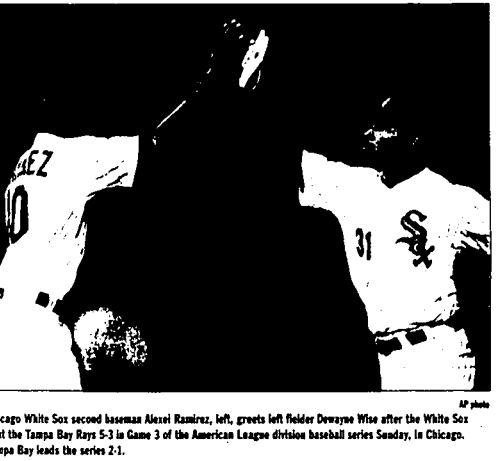
TODAY'S NATIONAL MAP



CANADIAN FORECAST

Table with 2 columns: CANADIAN FORECAST. Lists Canadian cities and their weather forecasts.

meineke car care center advertisement with address and phone number.



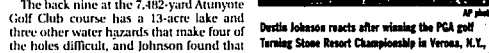
Chicago White Sox second baseman Alex Ramirez, left, greets left fielder Dewey Wise after the White Sox beat the Tampa Bay Rays 5-3 in Game 3 of the American League division baseball series Sunday, in Chicago.

White Sox beat Rays, close playoff deficit to 2-1

CHICAGO — Chicago's John Danks and the White Sox, thanks to Joffrey Luongo, pitched a strong game to save the season as the White Sox beat Tampa Bay 5-3 Sunday and trimmed the Rays' lead in the opening round AL playoff series to 2-1.
'If Danks loses in either game he pitches, we're not here right now,' manager Ozzie Guillen said.
Game 4 in the best-of-five matchup is Monday in Chicago, with Gavin Floyd facing Tampa Bay's Andy Sonnanstine.
'We're going to put a lot of pressure on them,' Guillen added.
Less than 24 hours after the Cubs were swept out of the playoffs by the Dodgers, dashing Chicago's hopes for a cross-town World Series, the White Sox avoided elimination before a black-shirted, white-towel-waving crowd of 40,142 in their home park.
'As for that other team in Chicago?
'I'm just trying to win one game and not get swept. I could care less about the Cubs,' Guillen said, adding he sent a text message to Cubs pitcher and fellow Venezuelan Carlos Zambrano, telling him to keep his head up.
Danks, who made Minnesota 1-0 last Tuesday in the tiebreaker for the AL Central title, kept his poise and shut down the Rays for 6 2-3 innings.
'I was more nervous for Minnesota than I was this game,' Danks said. 'Obviously, the same things were on the line. I was trying to stay within myself and A.J. [Pierzynski] did a good job of keeping me under control. It worked out all right.'
The 23-year-old lefty gave up five hits and a run before B.J. Upton hit a long, two-run homer with two outs in the seventh that gave it 5-3.

Johnson stuns Alenby

VERONA, N.Y. — Long-hitting rookie Dustin Johnson won the Turning Stone Resort Championship for his first PGA Tour title, holing an 8-foot birdie putt on the final hole Sunday for a 3-under 69 and a one-stroke victory over Robert Alenby.
Johnson finished at 9-under 279 to take the \$1.08 million first-place prize in the \$6 million event, the richest of the Fall Series, catapulted him from 128th to 41st on the money list. The top 125 at the end of the year retain full exemption for 2009.
Alenby (70), seeking his fifth victory and first since 2001, had a chance to tie at 18, but the Australian's 12-foot putt for birdie stopped inches short of the hole.
'Mattie Goggin (69), Steve Allan (69), Woody Austin (69), Davis Love III (70), Ryuji Imada (69), Robert Garrigus (69), and third-round co-leader Charles Howell III (73) all finished at 7 under. Nick O'Hern (68), Pat Perez (70), Joe Ogilvie (70), and Jeff Overton (73) were another cut-back.
'Tag lidings (79), tied with Howell for the lead at 8 under entering the day, self-destructed with three bogeys, a triple bogey, and one double bogey in an eight-hole span.
'The back nine at the 7,482-yard Atantusye Golf Club course has a 13-acre lake and three other water hazards that make four of the holes difficult, and Johnson found that out. After making birdie at the par-5 12th hole to move to 8 under and within a shot of Alenby, Johnson drove into the water along the right fairway at No. 13 and made bogey.
CREAMER CONQUERS LPGA TOUR TITLE
HALF MOON BAY, Calif. — Paula Creamer calmly won her biggest LPGA Tour title yet, holding off a large pack in the 20-player Samsung World Championship.
Playing near her hometown of Pleasanton, the 22-year-old Creamer beat Song-Hye Kim by a stroke Sunday, closing with a bogey-free 3-under 69 for a 9-under 279 total. Creamer earned \$250,000 for her fourth title of the year and eighth overall.
On No. 18, Creamer holed a 5-foot par putt that rolled around the right lip of the cup and in. She dropped her putter, and raised both arms with a huge smile across her face as Kim walked nearby for a possible playoff.
Kim finished with a 68 for her fifth top-five finish of the year.
Two-time defending champion Lorenza Ochoa shot a 69 to tie for third at 7 under with Juli Inkster (68), Suzann Pettersen (68) and Angela Stanford (70).



Dustin Johnson reacts after winning the PGA golf tournament Sunday at the Turning Stone Resort Championship in Verona, N.Y.

KARLSSON WINS ALFRED DUNHILL LINKS
ST. ANDREWS, Scotland — Sweden's Robert Karlsson won the Alfred Dunhill Links Championship, birdieing the first hole of a playoff with England's Ross Fisher and Germany's Martin Kaymer at St. Andrews.
Karlsson earned \$800,000 for his second win of the year and passed Padraig Harrington for the lead in the Order of Merit. Karlsson, the Mercedes-Benz Championship winner the week before the Ryder Cup, Karlsson closed with a 7-under 65 to match Fisher.
SANG-MOON TAKES KOREA OPEN
SEOUL, South Korea — South Korea's Bae Sang-moon won the Korea Open, closing with a 2-under 69 for a one-stroke victory over England's Ian Poulter.
The 22-year-old had an 11-under 273 total on the WooJeong Country Club course. Poulter (70) bogeyed the 16th and 18th holes. American Anthony Kim (71) and South Korea's Kim WJ-jong (72) tied for third at 9 under.
Associated Press

Philly

Continued from page E1
home run. 'We were up 1-0, regardless, no matter how the top of the first ended. On the other side, of course, it's good to put a little more pressure on you because their guys are thinking, 'OK, well, we got to answer back.'
The Brewers never could, and the Phillies rushed the mound at Miller Park after the final out, setting off a raucous celebration. Some Philly fans held up a banner

that read, 'World Series Here We Come Fightin' Phillies.'
In the clubhouse, the Phillies sprayed each other with champagne and beer, with Rollins wearing swimming goggles and a big grin as he searched for unsuspecting victims to mention dry-cleaning.
Burrell was doused so many times I'll be days before his sweatshirt dries out, but he never stopped smiling.
'I couldn't be more

thrilled. You know, I don't think it's actually sunk in all that much yet. I said Burch but the Phillies seem they drafted him in 1998.
It will later this week, when the Phillies take on their old foe the Dodgers. Game 1 of the NLCS is Thursday in Philadelphia.
The Dodgers and Philadelphia have met for the NL pennant three times before. Los Angeles won in 1977 and '78, while the Phillies took the flag in 1983.

Red Sox, Angels go late

At 10:30 p.m., the Boston Red Sox and Los Angeles Angels were tied 4-4 in the bottom of the seventh inning Sunday night. See Tuesday's Times-Tribune for a final score.



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No phone calls, please.  
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Uncombine these four Jumbles, one letter to each square to form four ordinary words.

MUNAH

GEDEW

NETEOD

REYHEB

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Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

ANS: HASTY TO KOSHER TYPING

Answer: What the hairdresser did for the long-haired brunette - "SET HER RIGHT"

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© Puzzles by Pappocorn

Grid for a logic puzzle. Numbers in a 9x9 grid: 5 8 9 / 9 1 8 6 3 / 2 1 6 8 5 / 1 4 / 3 5 / 3 4 9 / 6 7 / 5 / 2 6 7

MEDIUM #81 Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

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BARREL SADDLE: Billy Cook 13" w/ col. Good condition. \$550/offer. 316-3907

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AUSSIE cross puppy: 5 males, natural markings. \$150. Call 423-6108

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FREE kittens: 10 wks old, also momma. Free good mothers.

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FREE Kittens: 4 females, 6 weeks old. Also 2 parakeets.

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FREE kittens: black and white. Also adult cats and a good momma.

704 Pets and Pet Supplies

FREE kittens: litter born named FREE Male.

704 Pets and Pet Supplies

FREE Kittens: 4 females, 6 weeks old.

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FREE Kittens: 4 females, 6 weeks old.

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FREE Kittens: 4 females, 6 weeks old.

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Additional classified ads and notices at the bottom of the page.





# Getting their Wind

## At the gym, CSI players sharpen their moves



Shaeneke Samms does isages with teammates Tuesday afternoon at Gold's Gym.



Pringle-Buchanan Wood Plankett

### The score

Examples of their progress in the past six weeks:  
**LaCale Pringle-Buchanan, guard:** Lost 12 pounds.  
**Cassie Wood, guard:** Gained 3 pounds of muscle.  
**Maddy Plankett, post:** Lost 9 pounds; gained muscle, speed.



Photos by MEGAN THOMPSON/Times-News

They are still a month away from their first games, but the Golden Eagles women's basketball players are working out like their lives depend on it. Kalika Tallock, left, Cassie Wood and Kim Gamble hit the weights Tuesday afternoon during the team's pre-season training session at Gold's Gym in Twin Falls.

By Melissa Davlin  
Times-News writer

The team members claimed their treadmills, water bottles in hand, ready to face their fate.

"Two miles," called head coach Randy Rogers to women who sauntered in late. They joined their teammates and started their exercise.

"My kids are out of shape," he said. But thanks to the trainers at Gold's Gym, that's about to change.

The College of Southern Idaho women's basketball team is trying to get in shape at Gold's Gym after a sluggish start to their practices.

When they first arrived to practice in August, the women moved too slowly on the court, Rogers said. They weren't able to compete at the level he wanted.

So he enlisted the help of Gold's trainers Jeff Bolton and Robert Wright, setting up weekly sessions where the women condi-

tioned and prepared for their upcoming season, which starts Nov. 6.

Guard LaCale Pringle-Buchanan tried to avoid running the full two miles at the beginning of the workout by chatting with teammates, but acknowledged the benefits.

"I think we see physical change already, too, and I really like that part of it," she said, leaning on a treadmill. Being in better shape

allows more time for basketball drills and less time for conditioning.

After the miles came three sets of lunges down the length of a hallway and back. While they did their lunges, Pringle-Buchanan and guard Kiera Tate breathlessly teased each other about their high school basketball team's rivalry.

"We beat you guys in high school," Tate said, slowly making



Sophomore Golden Eagle player Cassie Wood works out with other team members on a Twin Falls gym's treadmills. The team has been going through rigorous pre-season training to get in shape for upcoming games.

her way down the hall. "Everybody gets lucky," Pringle-Buchanan shot back.

Now on the same team, the women train together to get fit.

And they — along with the whole team — are starting to see results. Wright dogged the women on

Please see CSI, Page D3

## This month, move your walks inside the gym

### Impact Athletic's October walking promotion

By Corren Hart  
Times-News correspondent

BURLEY — They want to see your health improve, and research shows that any activity is better than none. So the folks at Impact Athletic and Cassia Regional Medical Center are teaming up to give you free use of the gym's walking track for the month of October. Trick or treat!

Any May is directing the program, and she's looking for new walkers. "It depends on your abilities. People can set a goal for an hour or

There is no charge for the weekly meetings or for two weekly walking sessions at the Burley club. People who sign up will get a pass card giving them free admission.

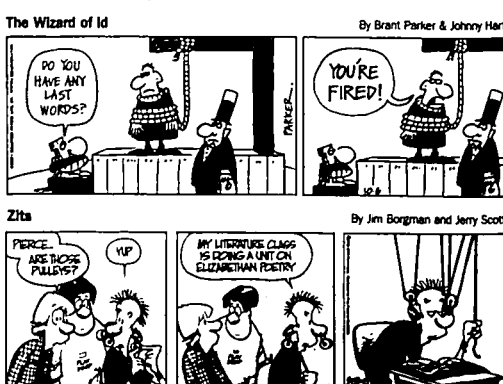
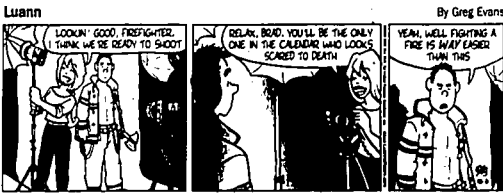
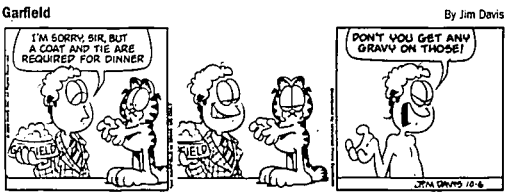
Impact Athletic's walking sessions are 1 to 4 p.m. Wednesdays and Fridays. Weekly meetings are at 6 p.m. Thursdays. Bring the calendar where you log your walking minutes or steps. A meeting at 7 p.m. today at the gym will provide more details. Information: Any May at Impact Athletic, 678-5011. The gym is at 1150 E. 16th St.

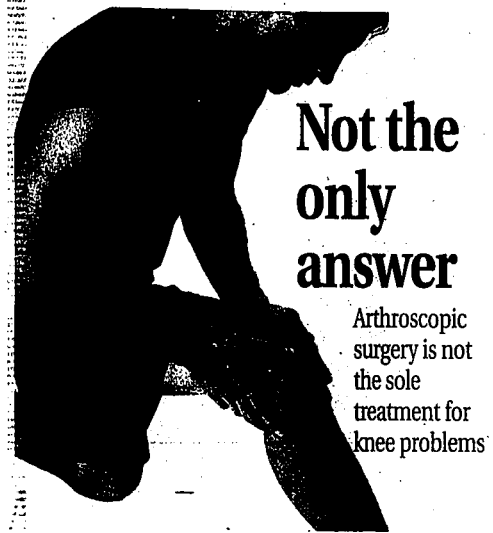
Just five or 10 minutes. There's no set level for everyone," she said. "They get a poster, and weekly we put stickers on them depending on how long they walk." Please see WMLK, Page D4

Any May and her 8-year-old son, Colton May, with the colorful track at Impact Athletic, which is offering a free walking program this month to improve health.



CORREN HART For the Times-News





Some stretches can increase joint flexibility.

By Jeannine Stein  
Los Angeles Times

"I give (patients) a list of 17 options to help them manage their condition. At the very bottom is arthroscopy. It works for a little while, but it's not going to cure it."

— Dr. Ronald Grelsamer, a knee surgeon

"Even with 5 to 10 pounds, which is a reasonable goal, people can expect a fairly significant improvement in knee pain," he says. The recommendation comes with a snag, however: When knees hurt, the motivation to exercise goes south. "Unfortunately, you can't wait for the knee to get better to start exercising," FitzGerald says. "Start exercising, and then the knee will get better."

Laura Bennett, a physical therapist who works with osteoarthritis patients at Good Samaritan Hospital in Los Angeles, has a use-it-or-lose-it philosophy when it comes to battling osteoarthritis.

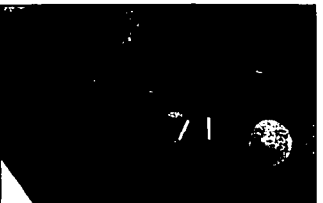
"If we don't use it, we lose strength in our muscles and range of motion," she says. "We can compensate for a while, but if we become stagnant in our movements, then our joints don't get the fluid they need, which means they don't get the nutrition they need, then arthritis sets in, and it hurts to move, so we don't want to move."

Walking, swimming and water workouts are great for some people with arthritic knees, Bennett says. "Being in the water takes a certain amount of body weight off the knees and hips. Joints have an easier time moving and the water gives muscles some resistance." Walking time and intensity should progress gradually, she says. Many physical therapists will examine patients' muscle strength and flexibility from their feet to their hips and back, plus assess alignment and gait, possibly prescribing exercises and stretches to correct disparities and weaknesses.

assistant professor of rheumatology at the David Geffen School of Medicine at the University of California, Los Angeles, "and it can be slow-acting. That study is open to interpretation; I think on average it works a little bit for some people."

But much can be said for consistent exercise, which can also tamp down pain and improve mobility, according to health experts. One study published in the Annals of Internal Medicine compared a physical therapy program of manual therapy and exercise with a placebo program of subtherapeutic ultrasound, and it found that exercise improved walking distance and function, pain and stiffness scores far greater than the placebo.

A good first line of defense, health experts say, is shedding some pounds. "You can get some long-lasting effects," FitzGerald says. Even a little makes a huge difference, because walking and running can put extra force — equivalent to several times one's body weight — on the knees with every step.



Electrical stimulation strengthens muscles to help the knee.

**CSI**  
Continued from page D1  
While they grimaced and winced. But when they were out of earshot, he praised their effort.  
"They've made a lot of progress since six weeks ago when we got them," Wright said. "Before, there was no way they'd be doing three sets of lunges down the hallway."

Their workout could help anyone slim down, but it has some modifications specifically for basketball players. One shifting aerobic move helps women gain balance and move quickly from left to right, Bolton said.  
"It makes jumpers out of all of them," Bolton said. The women are faster and sharper on the court, Rogers

said, but that's not the only benefit of the workout. The players are now more confident and will be ready to compete come November.  
"The biggest improvement has been mental," he said.

Melissa Davlin may be reached at 208-735-3234 or melissa.davlin@lee.net.

**Part of the**  
... your football...  
NEXT WEEK IN HEALTHY

# To do for You

## Automatic external defibrillators available

Magic Valley Paramedics is accepting applications for a limited number of automatic external defibrillators to be gifted to qualified nonprofit organizations for placement and use in Twin Falls County.

Deadline is Wednesday. For applications: Stephanie Hillius, 737-2299.

## About weight management

Cassia Regional Medical Center in Burley will offer individual classes in weight management.

Topics: evaluating diet, lifestyle history, nutrition status, knowledge and habits; creating a personal plan for balancing nutrition, activity and behavior change; and encouraging goal setting and tracking to achieve overall weight loss goals.

Cost is \$225; includes five individual counseling sessions with a registered dietitian. Register: 677-6288.

## Caregiver support

Caregiver Support Group meeting, 1-2:30 p.m. today, at South Central Public Health District's Katz Conference Room in the College of Southern Idaho campus in Twin Falls.

Information: Shawna, CSI Office on Aging, 736-2122.

## Bariatric support

Bariatric Support Group meeting for patients who have undergone bariatric surgery, 7 p.m. today, at St. Luke's Magic Valley Medical Center's Education Center, 588 Addison Ave. W. in Twin Falls.

Information: 280-1337.

## 'Baby and Me'

St. Benedict's Family Medical Center's "Baby and Me" classes, 11 a.m.-noon Tuesdays, at Jerome Public Library, 100 First Ave. E.

This week's topic: "Early Learning." The session is for parents of children from infancy through toddler years.

Fee: 324-6133.

## Fitness for children

The CSI Mini-Cassia Center will offer "Gymnastics for Children," 4-7 p.m. Tuesdays and Thursdays, at Minkula County Extension office at McGregor Center, 85 E. Baseline Road in Rupert.

Topics: physical activity, healthy eating habits and body image.

Cost is \$30; includes premeasured stretch band and notebooks. Register: 878-9461.

## About infant care

The infant care class of St. Benedict's prepared childbirth series, 7-9:30 p.m. Wednesday, at Jerome Ambulance Building, 240 E. Main.

Topics: Infant care and child parenting. Bring two pillows, a blanket and, if possible, a support person.

Fee is \$5. Register: 324-6133.

## Learn CPR

"Heartsaver Cardio-pulmonary Resuscitation" class, 6-10 p.m. Thursday, in the Sage Room at St. Luke's Education Center, 588 Addison Ave. W. in Twin Falls.

Topics: infant, child and adult CPR, and automated

diplomatic resuscitation, 6:30-9 p.m. Tuesday, in the lobby of St. Luke's downtown campus, 660 Shoshone St. E. in Twin Falls.

New parents, grandparents and caregivers learn CPR and what to do if a baby chokes.

No registration required; free; 732-3148.

## About power of thought

"The Power of Thought" four-week program, 6-7:30 p.m. Wednesdays, this week to Oct. 29, at the Jerome Recreation District, 2032 S. Lincoln.

Sarah Hope, former registered nurse and health educator, will instruct. Topics: why we think what we think, gratitude, and healing the body through thought.

Cost is \$15. Register: 324-3389.

## Alzheimer's support

Alzheimer's Support Group meeting, 6-7 p.m. Wednesday, at Rosetta Assisted Living, 1177 Eastridge Court in Twin Falls.

Features a guest speaker with more than 25 years experience with Alzheimer's and dementia.

Reservations required; Heidi, 734-9422.

## About childbirth

Prepared childbirth classes, 6:30-9 p.m. Wednesdays, this week to Nov. 5, in the lobby at St. Luke's downtown campus, 660 Shoshone St. E. in Twin Falls.

Topics: wellness of the mother; labor and delivery process with relaxation and breathing techniques; care of the postpartum mother and newborn; breast-feeding and bottle feeding; and a video tour of the Women's and Infant Center.

Wear comfortable clothing; bring two pillows and, if possible, a support person.

Cost is \$60. Prepregnation required: 732-3148.

## About fitness

University of Idaho Extension office will offer "Steps to a New You," a pedometer walking program, 6:30-7:30 p.m. Wednesdays, this week to Dec. 3, at Minkula County Extension office at McGregor Center, 85 E. Baseline Road in Rupert.

Topics: physical activity, healthy eating habits and body image.

Cost is \$30; includes premeasured stretch band and notebooks. Register: 878-9461.

## About infant care

The infant care class of St. Benedict's prepared childbirth series, 7-9:30 p.m. Wednesday, at Jerome Ambulance Building, 240 E. Main.

Topics: Infant care and child parenting. Bring two pillows, a blanket and, if possible, a support person.

Fee is \$5. Register: 324-6133.

## Learn CPR

"Heartsaver Cardio-pulmonary Resuscitation" class, 6-10 p.m. Thursday, in the Sage Room at St. Luke's Education Center, 588 Addison Ave. W. in Twin Falls.

Topics: infant, child and adult CPR, and automated

external defibrillators. Cost is \$36. Prepregnation required: 737-2007.

## About childbirth

The birthing class of St. Benedict's prepared childbirth series, 7-9:30 p.m. Thursday, at Jerome Ambulance Building, 240 E. Main.

Topics: the birth process and birthing techniques. Bring two pillows, a blanket and, if possible, a support person.

Fee is \$5. Register: 324-6133.

## Alzheimer's support

Alzheimer's Support Group meeting, 2-3 p.m. Saturday, at Rosetta Assisted Living, 1177 Eastridge Court in Twin Falls.

No guest speaker. Information: Heidi, 734-9422.

## About yoga

The CSI North Side Center will offer the class "Yoga Retreat Day," 9:30 a.m. to 3 p.m. Oct. 18, at the center. Vicky Roper will instruct.

Practice yoga poses in the morning and work on restorative yoga in the afternoon to increase flexibility and provide inner and outer strength. Bring a lunch and yoga props. Wear comfortable clothing.

Cost is \$40; open to beginning and intermediate students. Register: 934-8678 or at 202 14th Ave. E. in Gooding.

## Learn self-defense

The CSI North Side Center will offer the class "Self-Defense 101," 7-8:30 p.m. Mondays, Oct. 20 to Dec. 8, at the center.

Topics: basic philosophy of mixed martial arts; dojo etiquette; basic techniques for common confrontation scenarios; and different stand-up and ground-fighting positions.

Kevin Williams, who holds a black belt in Tai Jung Fu and a blue belt in Brazilian Jiu Jitsu, will instruct.

Cost is \$60. Register: 934-8678 or at 202 14th Ave. E. in Gooding.

## About Chinese medicine

The CSI North Side Center will offer the class "A Look at Chinese Medicine," 6 to 8 p.m. Oct. 22, at the center.

Topics: overview of traditional Chinese medicine philosophies; basic physical practices; and a demonstration of Anma Bodywork Therapy of the body's natural energy lines and pressure points through a circular massage.

Nationally certified practitioner Jennifer Skinner will instruct. Wear comfortable clothing.

Cost is \$20. Preregister: 934-8678, 202 14th Ave. E. in Gooding.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Healthy & Fit section. E-mail notices to ramona@magicvalley.com.

Advertisement for Fredrickson's FILE CHOCOLATES. Lists various chocolate bars with prices: Light & Dark Chocolate \$11.99/lb, White Chocolate \$11.99/lb, Almond Bark \$12.99/lb, Light & Dark Chocolate Covered Caramel Cherries \$12.99/lb, Chocolate Covered Tiramisu Coffee Beans \$10.99/lb, Chocolate Truffle Balls \$8.99/lb. Also features a '71 Years' logo and 'All Baked Chocolates 1, 1 1/2, 2, 3 & 5 lb. boxes'.

Advertisement for LOOSE DENTURES? featuring a 'New you can have what you want' slogan. Promotes 'With new mini dental implant technology you can enjoy secure eating comfort again.' Includes contact info: 208-644-9166, Silver Creek Dental, PC, 3007 W. CHANDLER, 288 East Healy, Jerome, ID 83338.

# RELIEF FROM THE PAIN

## Invention could help some migraine sufferers

By Joe Barris  
The Baltimore Sun

The first time Howard County, Md., Inventor Dr. Robert Fischell experienced a migraine symptom known as an aura, he had no clue what was happening. Images of dancing circles crowded his vision, and when the circles grew larger, he thought he was about to have a stroke.

Suddenly, the aura stopped and relief, no ailment followed. "Oh, thank God," he said.

Now the maker of the first implantable insulin pump, the rechargeable pacemaker and various coronary stents has invented a hand-held device that targets the aurigenic route to stopping a migraine — a painful, sometimes debilitating headache disorder — before it starts.

Fischell's Neuralieve Transcranial Magnetic Stimulation or TMS treatment System device is creating a buzz throughout medical circles — and could provide hope for the millions of Americans who suffer from aura-accompanied migraine headaches.

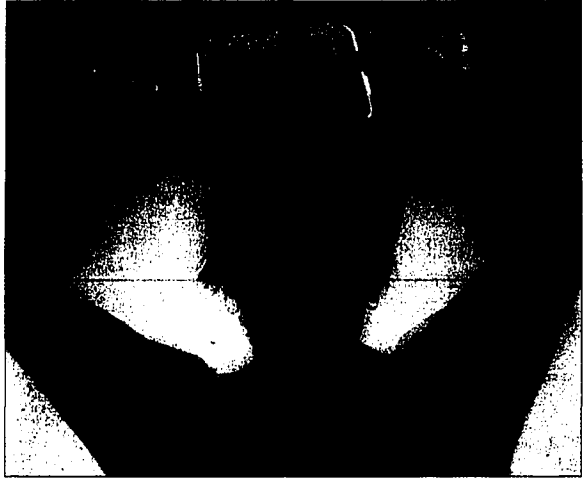
Having received satisfactory results in testing the device, Fischell applied to the U.S. Food and Drug Administration in June for approval to manufacture the device for commercial sale. He hopes the device will be on the market (via prescription only) by the beginning of next year.

Fischell's minimally-invasive device marks a significant advance in TMS technology, which doctors and scientists have used since the 1980s to probe brain activity and, in recent years, to treat depression.

Fischell's contraption looks like a box with two handles on opposite sides. At the onset of an aura — a neurological disturbance during which the brain spontaneously fires — the user places the device at the back of his head near the part of the brain called the occipital cortex, where auras begin. The press of a trigger on the device initiates two magnetic pulses 15 seconds apart. The pulses silence the nerve activity, shutting down the aura before migraine pain sets in.

And while the TMS treatment for migraine headaches is largely in its experimental phase, it has not been associated with serious side effects. Treatments to stem migraine accompanied aura include applying steroids directly to the occipital cortex.

"The magnetic pulses are equivalent to what you get during an MRI, the intensity



Dr. Robert Fischell's Neuralieve Transcranial Magnetic Stimulation Treatment System emits two magnetic pulses that shut down the aura before a migraine begins.

Baltimore Sun photo by DOUG KAPUSTIN



Dr. Robert Fischell says of his hand-held device, "The magnetic pulses are equivalent to what you get during an MRI."

of the magnetic field," said Fischell, 73. "The patients do feel a tingle in their scalp, which is not at all unpleasant. That is really our only side effect, and it is not at all a problem. It merely indicates to the patient that there has been a treatment. Medications are somewhat effective, but they all have side effects. Our treatment has zero side effects."

The New Jersey-based American Headache Society, a professional society of health care providers, estimates that 28 million Americans — about one in five women and one in 20 men — suffer from migraines with or without aura. The higher incidence for women is probably related to fluctuation in estrogen, said Jack Gladstein, associate professor of pediatrics and neurology at

the University of Maryland School of Medicine.

In a clinical trial involving the Neuralieve TMS and a replica device, Fischell's machine outperformed the replica, with 39 percent of its users pain-free at two hours after treatment, compared with 22 percent of placebo users who didn't have pain after two hours. At both the 24-hour and 48-hour intervals, the number of TMS-treated patients free from pain was 13 percent greater than that of the placebo groups at the respective intervals. None of the patients reported serious side effects.

"Those with the placebo device, the headache eventually went away by itself," said Dr. Stephen D. Silberstein, director of the Jefferson Headache Center in Philadelphia, one of 16 medical facilities in the U.S. where the Neuralieve was tested. "The headaches in all the subjects went away, but it went away much faster for those using the device than those not using the device."

### The New Jersey-based American Headache Society, a professional society of health care providers, estimates that 28 million Americans suffer from migraines with or without aura.

Dr. Richard B. Lipton, lead investigator on the study and a professor and vice chair of neurology at Albert Einstein College of Medicine in New York City, said that the study "shows that TMS is a safe and effective treatment for the 7 million Americans who have migraine with aura."

Fischell's latest invention may give benefits to sufferers of migraine aura, although as Fischell discovered, not all auras are followed by migraine.

In fact, for some, aura occurs during migraine. For others, it doesn't occur at all. "Migraine is a mechanism that is built into the human brain. We all possess it, and it becomes active by an efficient build-up of its triggers," said David Buchholz, associate professor of neurology at the Johns Hopkins University and author of a self-help guide, "Heal Your Headache." Migraine triggers include stress, hormones, weather changes, sleep, certain foods

(a long list that includes caffeine, nuts, alcohol, vinegar and processed meats) and acid reflux drugs.

"You can tolerate those triggers to a point," Buchholz said. "But once those triggers rise above the threshold, migraine becomes activated and symptoms occur."

The result is the swelling of blood vessels outside the brain (which causes the pain) and the constriction of blood vessels inside the brain (causing the aura). "The degree of symptoms depends on how high above the threshold your triggers are," Buchholz said.

Some medicines can make matters worse. They relieve the pain, but can lower a person's migraine threshold. Others can cause dizziness, hair loss, increased appetite, constipation and tremors.

But Buchholz said that migraine sufferers should first try to prevent the condition by targeting many of its factors: relieve stress, get sufficient sleep and avoid dietary trigger foods and certain medicines.

## The best exercise is the one you actually do

By Vicky Hallett  
Special to The Washington Post

**Q.** I have a rowing machine that I've been using religiously (100,000 meters per month) for the past nine years. My husband, who does no exercise at all, wants to his doctor, who said I should get rid of the rowing machine and get an elliptical machine because it offers a better workout. What do you think?

**A.** I think your husband's doctor must have a side business selling elliptical machines. And if he wants to nag anyone in your family about an exercise regimen, it should be his patient. As James Hagberg, a kinesiology professor at the University of Maryland, says: "It may be the magic exercise is the one you'll do for the rest of your life."

If you've been doing this religiously, that automatically makes it a good exercise. Besides that, rowing requires full extension and compression of arms and legs; the abs and back are part of every stroke.

If you're using correct form, you're working more muscles than you could on an elliptical.

Of course, the quality of the workout you'll get on either machine depends not on how much you put into it.

Some ellipticals are called "total body," but that's only true if the user focuses on pulling the handles. Even Jim Birrell, the head of research & innovation for Precor, a major elliptical manufacturer, admits that, "for most people, arms just go along for the ride." He recommends intervals of both speed and resistance; to target stabilizing muscles, let go of the handles.

As for rowing, Judy Geer, co-founder of Concept2, the largest manufacturer of rowing machines, says the key is perfecting your technique to put as much power into the stroke as possible.

## Walk

Continued from page D1  
better. Walking is a great stress reliever, too.

• **It's flexible.** You can walk when you choose, in the outdoors or the gym.

• **Almost everyone can do it.** Unless there are major health problems, you can walk — if you can get up the stairs to the gym's catwalk. Check with your doctor if you have doubts.

One attraction of the October walking promotion: There is no weigh-in — although you may ask for it at no charge — and no measuring, public or otherwise.

May contacted local dietitians in setting up the program. Tennifer Houston, a registered dietitian specializing in diabetes based at Cassia Regional Medical Center, was one who contributed information.

"Walking is just an excellent exercise," she said. "You don't need special clothing or equipment."

She stressed the need for doctor's approval if you have a serious chronic illness such as heart disease or diabetes.

• **Walking in groups is fun and sociable.** You'll make friends while walking for health. This helps counter anger, depression and anxiety, and you may sleep

The free information packet includes body mass index charts, healthy recipes and a free step counter offer from Lean Cuisine with the purchase of three frozen meals.

So what will it be? Trick? Or treat?

Green Hart may be reached at 208-436-1186 or jimgreenie@safelink.net.

Cassia Regional Internal Medicine Clinic welcomes...



**Kevin S. OWENS, MD**  
Dr. Owens medical specialty is internal medicine.

Dr. Owens has graduated with honors from the University State of Medicine where he received his medical degree. He completed his undergraduate studies at the College of Southern Idaho and Idaho State University. His residency training in Internal Medicine was completed at Marshfield Clinic/St. Joseph's Hospital in Marshfield, Wisconsin.

Dr. Owens will be joining Dr. Spackman, Dr. Jeffers and Dr. Hoffman. His practice will open October 28th and is now accepting new patients at their office located in the Cassia Regional Medical Center Physicians Complex Suite F.

For an appointment call 677-6212.  
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### KEYS TO SUCCESSFUL INVESTING

For the next 6 weeks we will cover 6 keys to successful investing:

**Week 3 - ASSET ALLOCATION: SPREADING THE WEALTH**  
Asset allocation is the process by which you spread your investment dollars over several categories of assets. There are two main reasons why asset allocation is important:  
Studies have shown that the mix of asset classes you own is a large factor in determining your overall investment portfolio performance.  
By dividing your investment dollars among asset classes that do not respond to the same market forces in the same way at the same time, you can potentially minimize the effects of market volatility while maximizing your chances of return in the long run.

Give us a call to review your current asset allocation. Asset allocation does not assure a profit or protect against a loss in declining markets.

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