



Wednesday, October 22, 2008

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More residents seeking state assistance as regional wages fail to keep up with the rising cost of living



Melby Boman, a case worker with South Central Community Action Partnership, delivers food Tuesday to a needy recipient at the SCCAP facility in Twin Falls.

By Joshua Palmer
Times-News writer

"We were projecting an increase, but we didn't expect anything like this. This puts us at an all-time high."

— Tom Shanahan, spokesman for the Idaho Department of Health and Welfare

Social workers in south-central Idaho are seeing a new kind of poverty — one where both parents work but still do not earn enough to pay their bills and feed their families. They say the rising cost of living and low regional wages are squeezing families, which are now applying for state programs such as food stamps. Furthermore, they say the number of people applying for food stamps in south-central Idaho is growing at an alarming rate. The number of people in

south-central Idaho who applied for food stamps increased more than 18 percent from August 2007 to August 2008, according to the Idaho Department of Health and Welfare. "We were projecting an increase, but we didn't expect anything like this," said Tom Shanahan, spokesman for the Idaho Department of Health and Welfare. "This puts us at an all-time high."

He said the increase in applicants has less to do with the national economy and more to do with regional wages. The median wage for all occupations in south-central Idaho rose 2.3 percent from 2006 to 2007, according to the Idaho Department of Labor. However, inflation swelled more than 4 percent during the same time period. Shanahan said that when

families' paychecks cannot cover the cost of living, they turn to the state for assistance. Federal law requires that people earn 130 percent or less of the federal poverty level — \$21,200 for a family of four — to qualify for food stamps. But some people earn more than the minimum requirement and still cannot make ends meet — it's a class of

Please see **LIVING** Page A2

State to revamp Medicaid transportation program

Move came more than a month after Precious Cargo owner arrested

By Andrea Jackson
Times-News writer

The state will soon overhaul its system for monitoring transportation services for Medicaid clients.

The Idaho Department of Health and Welfare on Sept. 16 issued a request for proposals for a management company to oversee non-emergency transportation of Idaho Medicaid recipients. The state itself now manages the program.

The change follows recent complaints about and drug arrests at Jerome-based Precious Cargo Transportation, though the state says its planned overhaul has been in the works for years.

Please see **HEALTH** Page A2

Big Sky back in court

Permit decision challenged by neighbors, advocates

By Kate Poppo
Times-News writer

After a brief moment to breathe, the controversial Big Sky feedlot permit is back in court again.

First rejected, then appealed to district court and remanded back to Jerome County commissioners, the application was approved on Sept. 22. On Tuesday, a coalition of state and national advocacy groups, along with neighbors of the planned site in Jerome County, filed another petition for judicial

INSIDE

Work continues on Jerome CAFO ordinance

See page A3

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Economy stalls \$4.4M Minidoka bond sale

District officials will 'wait and let it rebound'

By Laurie Walsh
Times-News writer

Recent turbulence in the country's financial markets has prompted Minidoka County School District officials to forestall the sale of the \$4.4 million bond issue passed this spring that will help pay for construction on two new schools in the district. Minidoka County School District Superintendent Scott Rogers advised the school board Monday that municipal

bonds are just not selling right now and the district should wait until the market rebounds before proceeding. The bond issue was passed by district voters in May 2008 to help cover the skyrocketing construction costs on the new Aqueduct and Heyburn elementary schools. The rest of the cost of construction is being paid for through a \$14 million bond issue passed in May of 2006. That issue has already been sold. "We need to let the market recover. I feel if we wait and let it rebound, it will get better," Rogers said. "And basically that saves money for the tax payers."

Rogers said the district needs to be able to secure a

Please see **BOND** Page A2

Fear of failure helped fuel Obama's record fundraising: \$150 million in September

By Matthew Clark
The Washington Post

WASHINGTON — Unease about lingering tensions within the Democratic Party and worry that an Obama drive would underperform inspired Sen. Barack Obama's campaign with an urgency that led to the most voracious one-month fund-raising drive in American politics.

The result — a \$150 million haul that was more than three times what any other presidential candidate has raised in a month — prompted aides to Republican Sen. John McCain to question whether his rival is trying to "buy the presidency."

Rick Davis, McCain's campaign manager, predicted that Obama's spending edge in the final two weeks of the campaign would be about \$100 million — an advantage already obvious to television viewers living in any one of a dozen closely contested states.



Sen. Barack Obama

For more election news, go to magicvalley.com and hit the Election 2008 button.

INSIDE

McCain reminds Biden he's been tested in crisis

See page C7



Sen. John McCain

Obama's record-breaking month is primarily a story about the explosive fundraising power of the Internet and the expanding role of regular people in financing modern presidential campaigns. But it also underscores the importance of the powerful and well-connected, who accounted for about a

third of the money that poured into Obama's coffers. Raised in \$2,300 increments at VIP receptions, that money remains a foundation of the fundraising effort. A review of the Democrats' schedule

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Single \$6 Line \$2 Monthly news, cont. Details \$6 and up at magicvalley.com/weather

AROUND THE VALLEY



Idaho Power crew members survey the damage of a crash site Tuesday at the corner of 2800 East and 3800 North southwest of Twin Falls.

Two people sent to hospital after crash southwest of T.F.

Twin Falls County Sheriff's Office Spokeswoman Lori Nebeker said two people were taken in an ambulance on Tuesday to St. Luke's Magic Valley Medical Center when their vehicle, heading south on 2800 East, failed to yield at a stop sign and collided with a pickup truck going east on 3800 North.

Donald Walden, 41, was cited for failure to yield. He and his 19-year-old passenger were extricated from their vehicle, Nebeker said.

After Walden's vehicle collided with the pickup truck that was pulling a horse trailer, it struck an Idaho Power truck, Nebeker said.

The pickup and Walden's vehicle were towed, she said.

Forest Service plans burn for Soldier Mountain

The U.S. Forest Service could carry out a prescribed burn near Soldier Mountain as soon as Saturday, officials announced Tuesday.

About 200 acres would be burned in

the Phillips Creek drainage to reduce hazardous fuels near the mountain and Soldier Creek drainage. The fire will mostly target conifer stands, officials said in a news release.

Such burns can only be started during certain weather conditions, and officials were not sure exactly when they may start this one. Trails and the immediate area around the fire may be closed to the public for one or two days during the burn, including Free Gold/Phillips Creek Trail and parts of the South Fork Soldier Trail. Smoke may be noticeable, but will be within federal air quality standards, officials said.

The fire is one phase of a project to make the area easier to defend in the case of a wildfire. Information: 208-764-3202.

Forest Service proposes

Fairfield trail improvements

The public can now weigh in on nine proposals from the U.S. Forest Service's Fairfield Ranger District to improve a number of trails, as recommended in

the 2008 Sawtooth National Forest Travel Plan.

Among the proposals, the district wants:

- Connect the Salt Creek Trail and North Fork Soldier Creek Trail with a one-mile section of non-motorized trail.

- Relocate four miles of the West Fork Kelley Creek Trail to connect two others.
- Convert about eight miles of motorized single-track trails to ATV trails along the Blue Ridge Trail, including connecting two other ATV trails and restoring user-created routes in the area.

For the full list of improvements and to learn more about them, contact Mike Dettori or Ann Frost: 208-764-3202. Written comments are due by Nov. 15 and can be sent to Dettori at Sawtooth National Forest, Fairfield Ranger District, P.O. Box 189, Fairfield, ID 83427. They can also be e-mailed to comments@interim-sawtooth-fairfield-ids.us.

A decision on this proposal is expected in January.

— Times-News

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Commissioners adjust Jerome CAFO ordinance

Changes include revised setbacks, limit of two animal units per acre

By Kate Propoy Times-News writer

Jerome County's commissioners still have more to do before they rubber-stamp a revised ordinance on confined-animal feeding operations.

But on Tuesday, they made several significant changes to the ordinance that will require another public hearing.

Several setbacks were extended from what the county Planning and Zoning Commission recommended — waste facilities would have to sit 1,000 feet back from the Snake River Canyon rim, for example. But what may provoke the most response from CAFO owners was a proposal by commissioners Joe Davidson and Diana Obenaue to drop the number of allowed animal units per acre from 10 to two

operators' need to remain solvent. Planning and Zoning Administrator Art Brown said P&Z commissioners were worried that smaller operations may not have enough land to make some larger setbacks feasible.

Davidson seemed surprised at one point that waste storage facilities were required to stay only 300 feet away from wells.

"That's a soft nine-foot," he said of the distance. "That's too close."

Obenaue acknowledged that the two-per-acre restriction would be "a shock," but said she was excited that the

commissioners were coming together on the ordinance. "This is very encouraging," she said.

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Funds

Continued from page A1

shows that he dramatically ramped up the pace of his high-dollar fundraising events in September, such as the Barbara Streisand concert that helped him raise \$9 million in a matter of hours.

The campaign also dispatched a team of surrogates that included billionaire Warren Buffett, former Treasury Secretary Robert E. Rubin and Caroline Kennedy, all of whom could tap Rolodexes full of contacts who could write large checks. By September, the finance team had booked Obama's running mate, Sen. Joseph R. Biden Jr., whose ties to the trial lawyer community helped unlock the support of donors who had backed other candidates in the primary.

Obama's finance team entered September uncertain whether the month would deliver the money needed to compete with McCain, who would be able to combine \$84 million in federal money with donations collected by the Republican National Committee.

(New federal filings showed McCain spent \$37 million in September, leaving him with \$17 million for October.) Some in Obama's camp remained jittery about absorbing finance team members from Democratic Sen. Hillary Rodham Clinton's primary campaign. And even though the Obama operation had compiled an e-mail list containing as many as 9 million names, some fundraisers had reservations about a strategy that banked so heavily on Internet donors whose giving was impulsive and event-driven.

A series of meetings led to revised fundraising targets for members of Obama's National Finance Committee. A decision was made to significantly expand the senator's September fundraising schedule, even though he needed additional time to prepare for debates and barnstorm through swing states. At minimum, the theory held, the major-dollar fund-raising would serve as a hedge if the Internet drive sputtered.

"The big question was: How would the online stuff do?" said Kirk Wagar, a Florida lawyer and member of Obama's finance committee. "We had heard this from everyone in the campaign, it wasn't a secret, that the Internet money is event-driven. We were stinging there. In June and July, raising this may be a heavier lift for us."

The finance committee learned of the revised targets in a Denver hotel ballroom, as members gathered for the Democratic National Convention. "We looked at what we had to do in our regions, and they were pretty herculean goals, no doubt about it," Wagar said.

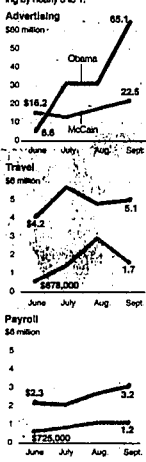
Still, concerns remained. In early September, news reports suggested that the campaign finance staff was panicked by anemic performances.

Then came McCain's choice of Alaska Gov. Sarah Palin as his running mate. It rejuvenated the Republican base but also sparked a contribution frenzy among Democrats.

The Internet lit up with more than \$10 million from Sept. 3 to Sept. 4. Other members of Obama's finance team also reported a spike. The choice of Palin was

Nearly \$90 million on campaign ads

In September, Barack Obama outpace John McCain in advertising by nearly 3 to 1.



SOURCE: Federal Election Commission AP

invoked in direct-mail appeals that generated about \$20 million for the month.

To the extent there was lingering hesitation in Clinton land, it shut down overnight," said Kirk Dornbush, a finance committee member from Georgia. "And not just shut down. They came over in droves."

Money also rolled in from longtime Democratic fundraisers who had chosen to stay out of the party's bruising primary battle. Boston lawyer Robert B. Crowe, who helped spearhead fundraising efforts for Democratic Sen. John E. Kerry's presidential bid in 2004, spent most of 2008 on the fence, torn between longtime loyalties to Hillary and Bill Clinton and his own interests in Obama. But the convention mended lingering tensions, and a call from Obama persuaded Crowe to help hold a fundraiser that added another slice to the September haul.

"The party had jelled around a candidate, and once that happens, everyone writes a check," Crowe said. By Sept. 15, the campaign had collected \$50 million. The finance staff worked to ramp down excitement during calls with fundraising "bundlers," telling them only that they would be lucky to approach the magic number of \$100 million.

Campaign finance lawyer Fred Weimer said it was dazed by the online component of Obama's fundraising effort, which one fundraiser estimated had brought in \$90 million to \$100 million of the September haul. But the heavy reliance on bundlers is a concern, he said.

Obama has identified 562 bundlers, including 46 who have raised more than \$500,000 for the campaign. They are the ones, Weimer said, whose ability to raise and contribute large amounts of money "gains them access and influence and the first place a line when it comes to government decisions."

And Republicans continued to raise concerns this

week about the anonymity of the small-dollar donors that were the linchpin of the Obama effort. On a call with reporters, Davis called on Obama to publish the names of every donor, not just those who give more than \$200, which is what the law requires.

Davis said that starting Tuesday, the RNC will post the names of its donors on its Web site within 24 hours of the contribution. "Congratulations to the Obama campaign for breaking the record, he said. "But shame on them for not letting the public see where these contributions are coming from."

Monday night, as the Obama campaign prepared to file its 80,000-page monthly report, spokesman Ben Labolt defended the commitment to transparency. "We have gone above and beyond," he said.

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How I almost started a second Korean War

When my now-30-year-old son was a college freshman in Portland, Ore., he was assigned a roommate from South Korea — I'll call him Kim.

Kim's English consisted of "hello," "not here" and "yes." So when I'd phone Michael and he wasn't home, I'd always hear those four words in sequence — the latter when I asked Kim if I could leave a message and if he understood it.

Needless to say, Michael didn't call back. The issue arises again because my youngest son, now 27, began teaching English in South Korea recently. In my first few attempts to call him, I encountered Korean telephone operators who apparently went to the same high school as Kim.

I'm pretty sure, though, that I just another tourist from South Korea. Now Idaho is not North Carolina, but we don't exactly speak the king's English here either. So after several attempts to explain to English-speaking Korean operators that I was trying to get through to an English teacher in Daejeon, I gave up and resorted to e-mail to communicate with Eric.

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That's me, gibberish. When — I inadvertently asked an operator whether she was married to a feasting cabbage, she hung up on me.

I decided to stick to English, but that didn't work out so good either. See, Koreans understand standard English well, but they're a little confused when it comes to American dialects.

In 1965, a soldier named Charles Jenkins defected to North Korea. Jenkins was from rural North Carolina and spoke with an impenetrable drawl, yet the North Koreans had the bright idea of forcing Jenkins to teach English to Korean spies in training.

Apparently, I made inappropriate suggestions to a female operator. Either that, or I strongly implied that her mother cavorts with musk oxen. Did I really say that?

Steve Crump can be reached at 735-3223. Hear him live on KLXZ-1310 AM at 8:30 a.m. Fridays or on the Web at www.magical-ley.com/opinion.

Trouble was, his students picked up Jenkins' hillbilly accent — a definite handicap if you're trying to convince, say, the FBI that you're just another tourist from South Korea.

Now Idaho is not North Carolina, but we don't exactly speak the king's English here either. So after several attempts to explain to English-speaking Korean operators that I was trying to get through to an English teacher in Daejeon, I gave up and resorted to e-mail to communicate with Eric.

Inappropriate suggestions to a female operator. Either that, or I strongly implied that her mother cavorts with musk oxen. Did I really say that?

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EDITORIAL

Chisholm earns respect, but Brackett's the better choice

It's conventional wisdom among Twin Falls County Republicans that Buhl activist Bill Chisholm is far outside the Magic Valley mainstream.

Not so much. A south-central Idaho native, the 62-year-old carpenter developed his progressive ideas based on the values of the area. His notion that good neighborliness, respectful environmental stewardship, personal accountability and accountability to the future are indispensable in anyone who seeks public office are central to the Magic Valley experience.

In 13 previous races for the Legislature and the county commission, Democrat Chisholm has carried Twin Falls County (in 2002, against Republican Tom Gannon) and has been endorsed by this newspaper (in 1988, against Republican Larry Anderson).

But we can't do so this time. Bert Brackett, a Three Creek rancher who was named to the Senate last summer after Gannon's death, simply has too many attributes the Magic Valley needs in Boise.

The 64-year-old Republican, who was completing his first full term in the House of Representatives when Gov. C.L. "Butch" Otter elevated him to the Senate, won a rare freshman appointment to the House Appropriations Committee — half of the Legislature's budget-writing Joint Finance-Appropriations Committee.

Nothing's certain, but it's possible Brackett could be appointed to one of the two IFAC vacancies if he's elected to the Senate. On fiscal issues, he's a pragmatic conservative — the right stuff for unsettling economic times.

Already respected in the Republican caucus for his knowledge of agriculture and his stature in the cattle industry, Brackett could become an especially effective spokesman for south-central Idaho's economic and water interests.

If Chisholm were to join the Senate's Democratic minority, his would be a voice in the wilderness. There's some value in that, but Idaho's rural legislators are already outnumbered by urban lawmakers — and that trend is only going to get worse.

The Magic Valley must make its voices in the Legislature count, and Brackett has the better chance of doing that.

About this race

State Sen. Bert Brackett, a Republican from Three Creek, is being challenged by Democrat Bill Chisholm of Buhl for the District 23 Senate seat.

It's a party as usual at AIG

It is the best of times. It is the worst of times. The best of times because W.'s long Reign of Error is about to end. The worst of times because, well, you know why. In this season of darkness, as Charles Dickens described an earlier mob scene, I'm feeling as vengeful and bloodthirsty as Madame Defarge sharpening her knitting needles at the guillotine.

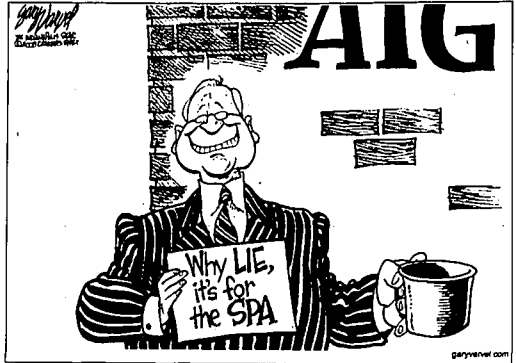


MAUREEN DOWD

I even felt a little thrill go up my leg, as Chris Matthews would put it, when I heard that the Lehman Brothers CEO, Richard Fuld, got punched in the company gym after it was announced that the firm was going under. Just when we thought executives of AIG, the insurance giant bailed out by taxpayers for \$123 billion, had been shamed into stopping their post-bailout Marie Antoinette spa treatments, luxury sports suites, Vegas and California posh resort retreats, we were dumbfounded to learn that some AIG execs were cavorting at a lavish shooting party at a British country manor.

London's *Nes* of the World sent undercover reporters to hunt down the feckless financiers on their \$86,000 partridge hunt as they tromped through the countryside in tweed knickerbockers, and later as they "slurped fine wine" and feasted on pigeon breast and halibut.

The paper reported that the AIG revelers stayed at



Plumber Manor — a 17th-century country house in Dorset, not the ancestral home of Joe the Plumber — and spent \$17,500 for food and rooms. The private jet to get there cost another \$17,500, and the times added up to \$8,000 more. In an astonishing let-them-eat-cake moment, the AIG big shot Sebastian Preil held court at the bar and used an undercover reporter. "The recession will go on until about 2011, but the shooting was great today, and we are relaxing fine."

There were at least three New Yorkers bagging birds — Jeffrey Malkowsky, a senior director at AIG's Manhattan office; Hilary James, the general manager of the Bristol Plaza Hotel, and her friend, John Roberts, an AIG adviser.

Payback doesn't have to go as far as the French Revolution. The gifters shuffling us don't have to shed blood, but they do have to give the money back. As far as these self-serving corporate men and short-selling traders are concerned, off with their heads.

John McCain wasted his last-chance debate last week by trying to stir up faux class

rage against Barack Obama with Joe the Unwettered Plumber instead of tapping into the real class rage the country feels over bailing out ungrateful financiers who gobbled away the life savings of working people. 'Tis a far, far better thing that New York's attorney general, Andrew Cuomo, did when he demanded that AIG's former executives who were trying to abscond with many millions in severance payments, bonuses and golden parachutes surrender the swag. He set a good example for the feds, who slapped Fuld in the face with a subpoena.

Cuomo got AIG to instantly reverse itself and cancel 160 conferences and other events that would have cost more than \$8 million, as well as give up information on compensation, bonuses and other payments to determine whether they were fitting. (How could they be?)

"We stopped a \$10 million severance payment to Stephen Bensinger, the chief financial officer," Cuomo told me Friday. "Just look at the words chief financial officer. There's a phenomenon when senior management sees the corporation

deteriorating and they concoct a version of looting the company to take care of themselves."

Even Cuomo, who has been locked in battle with AIG for a long time, was stunned when he learned of the British hunting folly. At first he thought it could not be true.

"That was our partridge hunting trip," he said. "The partridge paid the ultimate price, but the taxpayer came close."

He is using a state "claw back" law, which he says allows him to recover contracts and rescind payments if there was unjust compensation.

Great. Now can he find the \$123 billion lost by AIG that we now have to plug with taxpayers' money?

Let's hope that if Barack Obama becomes president, the first thing he does is keep his promise to make the junketeers come to Washington (preferably by bus or carpooling) and write the U.S. Treasury a check, after which he will fire them on the spot. Heads must roll.

Maureen Dowd can be reached at mdowd@nytimes.com

Times-News

Brad Hurd, ... publisher Steve Crump, ... Opinion editor

The members of the editorial board and writers of editorials are Brad Hurd, James G. Wright, Steve Crump, Bill Bitzenburg and Ruth S. Pierce.

QUOTABLE

"The defendant was the prime minister at the time. He should have been honest and ethical and should not have violated counter-corruption laws."

— Thai Judge Thongkol Chomngam reading from the lengthy verdict finding Thailand's former Prime Minister Thaksin Shinawatra guilty of corruption and sentencing him to two years in prison.

Want to express your opinion?

Go to MagicValley.com, register and tell us what you think about this editorial and other news.

LETTERS TO THE EDITOR

Newspaper praised for Jaquet endorsement

I was pleased to see the *Times-News*' endorsement of Wendy Jaquet for re-election to the state Legislature.

Good choice! Over the past three or four years, I have had the opportunity to work with Wendy on a number of projects in the Hagerman Valley. She has always been wonderful to work with and attentive to the needs of the residents of this valley. She is knowledgeable, optimistic and a hard worker. I always marvel at her ability to personally keep in touch with so many people here in the Hagerman Valley and throughout her large, diverse district. She knows every body, and everybody knows and likes her.

Please join me in voting to

About election letters ...

The *Times-News* welcomes letters to the editor from and on behalf of candidates for the Nov. 4 general election.

Deadline for election letters is Wednesday, Oct. 29, at noon. Election letters received after that date will not be published. Letters must be 300 words or less, and the *Times-News* will publish one letter from each writer in October.

E-mail letters to ethomason@magicvalley.com. fax them to 734-5538, or mail them to Letters to the Editor, *Times-News*, PO Box 548, Twin Falls, Idaho 83303.

If you have questions, phone Opinion Editor Steve Crump at 735-3223.

send Wendy Jaquet back to Boise as our representative from District 25.

PETER REMMEN
Hagerman

Jacobs won't disappoint as county sheriff

To the residents of Twin Falls County regarding voting for the right man:

Do you want your sheriff's department operating on a "back to basics" principle?

Where decisions are based on common sense and not what is "politically correct"?

Where the basic concepts of serving the people of Twin Falls County is the No 1 objective of each day's agenda?

Where logic dictates the budgets and goals and solves the problems of the office and the county?

Where experience in law enforcement, fiscal responsibility and supervision speaks for itself?

Where the sheriff and his deputies are approachable and not only listen but act on the concerns of each and every citizen of Twin Falls County?

Bottom line: Do you want an honest, down-to-earth sheriff who will be proud to serve you using logic and common sense in every day decisions?

Then vote Marry Jacobs, independent candidate for sheriff of Twin Falls County, Tuesday, Nov. 4 — you won't be disappointed.

DAVE HANSON
KAROL HANSON
Twin Falls

Check out what local residents are saying about the Nov. 4 election

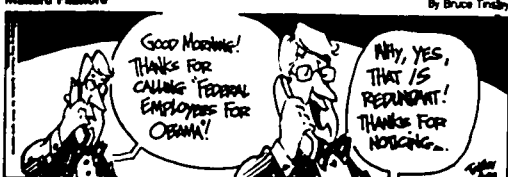
Read and respond to: Progressive Voice, in the Middle and Conservative Corner. Go to MagicValley.com, and hit the blogs button.

THE LIGHTER SIDE OF POLITICS

Doonesbury



Mallard Fillmore



LETTERS TO THE EDITOR

Writer predicts fall if Obama is elected

George Washington said, "Government is not reason, it is not eloquence, it is force like fire, it is a dangerous servant and a fearful master."

It is amazing to me that anyone who has read even a little bit of history and applies a little bit of logic cannot give a fair appraisal of our situation in the United States today. The cause of our financial crisis is the collapse of Fannie and Freddie Mac. Why did they collapse? They loaned money to people who couldn't pay it back. Why did they do this? The all-wise government mandated the banks to do it. Now who caused the problem? Government mandates made by the all wise leaders of the Democrat Congress. Now how do they plan to solve the problem? They gave \$700 billion of our hard-earned taxpayer money to the very ones who caused the problem.

Government has no money until it takes it away from somebody. Now Obama wants to give away approximately \$1 trillion to many people who don't pay any taxes. Where will this gift come from? It will come from the same place the \$700 billion did. He says he wants to spread the wealth. If this is the case, I suggest he set the example by distributing some of what he got from Freddie Mac and Fannie Mae. He is liberal with your money and conservative with his.

If his policy worked, why didn't it work in Greece? Rome? Russia? What makes anyone think it will work here? Of all the places that would understand how individual initiative works, it should be Idaho.

Look at the example of Mr. Idaho, J.R. Simplot. Here is a boy from DeLo who, through individual initiative, became one of the wealthiest men in the United States. It wasn't spread the wealth; it was the good old American work ethic. If we fall for Obama, we will fall the same way Greece, Rome and

Russia did. You mark my words.
NORMAN DAYLEY
Albion

Set aside party politics when voting for prosecutor

Nicole Cannon has provided strong leadership and displayed the ability to work judiciously for the residents of Minidoka County since being appointed as prosecutor. She has the experience and tenacity required to face the tough challenges that face the law enforcement community, and she has that special mix of toughness and compassion that is required of the position.

With 11 years of experience in the Minidoka County prosecutor's office, Cannon has forged strong bonds with the local law enforcement community. Cooperation of the prosecutor's office and sheriff's office is essential for success in the continuing struggle against violators of our laws.

I hope that voters have the information and intelligence to realize that party affiliation does not determine the type of judgment, morality and integrity that a person possesses. Nicole Cannon provides the residents of Minidoka County with all of these attributes, along with a strong sense of justice and an enviable work ethic.

Please allow sound judgment to overrule party affiliation when making your vote. You will not be disappointed.
RICHARD DOZIER
Paul

Not caught up in 'family values' rhetoric

What exactly is "family values" anyway? I got an e-mail from a prominent religious leader recently telling me why he is endorsing John McCain to lead this country for the next four years. He was asking everyone who believes in "family values" to join him.

I must admit, I'm very confused. Since I love my family more than anything and since Idaho is tradition-

ally more family oriented in the way it votes, I could use some help in understanding the true meaning of "family values."

From what everyone tells me, if you're a life, you believe the Sixth Commandment and you should vote Republican, because they don't kill and will support family issues. Well, how easy is that? A no-brainer. Now, let's get on with whatever we were doing before we were interrupted by the election thing.

Think people. Whatever happened the rest of the commandments? Our pro-life pedestal rises high in the sky while far below it's foundation soaks in a sewer of sexual and political adulteries (No. 7), billions in corporate thefts continue to go unpunished (No. 8), huge lies and manipulated quotes are used to slander opponents (No. 9) and (No. 10) unbelievable greed by the already wealthy cause our poor get poorer and the middle class, non-existent — not to mention our country's \$10 bazillion debt and the ball we live on uninhabitable.

Family values?
JUDI THETTEN
Twin Falls

Hamblin an asset to Twin Falls and golf course

I must respond to the editorial on Oct. 15 concerning the Twin Falls Muni Golf Course and its management.

Mike Hamblin is an asset to the golf course as well as the community. His work with junior golfers is recognized around the state. He gives his time freely to work with juniors. I took great exception to the statement,

"Most taxpayers don't begrudge spending money for activities such as parks, a city-run recreation program or the municipal swimming pool. But there is a limit to how much they can — or should — be asked to capitalize golf."

The golf course offers great programs for the youth and at much less

expense to the city than the swimming pool. Obviously, the editor has not spent much time at the golf course. Students of all ages spend their summer at the course, not only improving their game but learning life lessons on etiquette, integrity, honesty, self-discipline and, as a bonus, they learn a game they will play their entire lives.

Mike Hamblin rents the clubhouse from the city, and I can see no earthly reason he should have to report his revenue on the pro shop, the cafe or his lessons.

We live in a capitalist country where everyone is given the right to earn what he can. Mike is not getting rich under his contract with the city, but the city is enriched having Mike Hamblin managing the course.

BARBARA FRITTI
Filer

Witness chastises pickup driver who hit dog

To that Dodge Ram pickup that hit an unsuspecting dog on Saturday night around 7 p.m.

I was following you down Locust from the store that night; he had I wasn't in the right blind to chase you down and publish your license plate number here as well.

I'm sure the owner of that dog would have liked that as well, because she did see the whole thing as she came running down to tend to her precious pet.

I'm sure that if you had been following the posted speed limit, you would have been able to avoid the whole situation.

Locust is not the Idaho autobahn; what would have happened had that been a child?


I'm not wishing you bad luck, but what comes around goes around.
JEREMY MATTSO
Twin Falls

Marty Jacobs
Independent Candidate
for Sheriff
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5TH DISTRICT COURT NEWS

Twin Falls County

MONDAY ARRAIGNMENTS
April Lawson, 26, Rapid City, S.D.; S.D. fugitive warrant for grand theft by deception; \$10,000 bond; public defender appointed; Oct. 21 fugitive hearing.
April Lawson, 26, Rapid City, S.D.; grand theft; Oct. 31 preliminary hearing; public defender appointed; \$250,000 bond.
Carlos Gonzalez, 35, Buhl; fail to purchase/invalid driver's license; Dec. 23 pretrial; recognition release; public defender appointed; Oct. 23 pretrial.
Elio Ray, 35, Twin Falls; domestic battery; Dec. 23 pretrial; public defender appointed; recognition release.
David Anthony Peterson, 26, Jerome; violation of no contact order; recognition release; public defender appointed; Dec. 23 pretrial.
Filipetto Rivera-Lopez, 27, Buhl; driving without privileges, DUI;

\$2,500 bond; Dec. 23 pretrial; public defender appointed.
TUESDAY ARRAIGNMENTS
Chanso Rhoody, 44, Twin Falls; driving without privileges; Dec. 2 pretrial; recognition release; public defender appointed.
Vanessa Leah Newcomb, 40, Twin Falls; resisting/obstructing an officer; recognition release; public defender appointed; Dec. 2 pretrial.
Benjamin Daniel Perez, 19, Twin Falls; minor empaunment; recognition release; public defender appointed; Nov. 17 trial.
Benjamin Daniel Perez, 19, Twin Falls; driving without privileges; Dec. 2 pretrial; recognition release; public defender appointed.
Miguel Lopez-Rodriguez, 27, Jerome; DUI excessive, fail to purchase/invalid driver's license; Dec. 2 pretrial; \$500 bond; public defender appointed.

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- Business Tech
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- Pepsi
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Historic Downtown Twin Falls

TIMES-NEWS
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Stocks trade lower amid
mixed earnings reports

(AP) Wall Street fluctuated Tuesday as investors, worrying that companies' earnings forecasts are signaling an economic downturn, decided to cash in some of the previous session's big gains.

Dow Jones
Industrials.

-231.77
8,033.86

Nasdaq
composite

-73.35
1,696.68

Standard &
Poor's 500

-30.36
855.05

Russell
2000

-16.19
530.65

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BUSINESS

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B

WEDNESDAY
OCTOBER 22, 2008

INSIDE: Stocks and commodities, B2 | Business briefs, B2 | Weather, B4

Federal Reserve makes new move to help bust credit logjam

Democrats
push for second
stimulus package

By Martin Cruziger
and Jeanine Averna
Associated Press writers

WASHINGTON — The Federal Reserve on Tuesday introduced a new program to

finance the purchases of assets from money market mutual funds as the government continued to search for ways to battle a severe credit crisis.

"The short-term debt markets have been under considerable strain in recent weeks as money market mutual funds and other investors have had difficulty selling assets to satisfy redemption requests," the Fed said in an

announcement of its new effort.

JPMorgan Chase & Co. was chosen to run five special funds that will buy certificates of deposit, bank notes and commercial paper from money market mutual funds. The Fed will lend up to \$540 billion to the five funds to support the effort.

Fed officials said that about \$500 billion had flowed out of prime money-market funds

since August as investors began to worry about their ability to redeem their investments. On Sept. 18, the Treasury Department announced it was tapping a \$50 billion Treasury fund to provide guarantees for the assets in the funds. The new Fed initiative is designed to bolster the funds further.

Meanwhile, the Treasury Department announced Tuesday that it had selected

two major accounting firms to help manage the government's \$700 billion rescue program for the financial system.

The department selected Pricewaterhouse Coopers to be an auditor for the program that will purchase troubled assets from financial institutions while Ernst & Young was chosen to provide general accounting support.

Those announcements came as the House Financial Services Committee held a hearing Tuesday in which experts discussed what needs to be done to improve the government's regulatory structure. The aim is to find a way to better manage the financial system to prevent another financial crisis.

Democrats in Congress were also pushing ahead with

Please see **MOVE**, Page B2

Downsizing

To fit into smaller spaces, many furniture companies are making smaller pieces

By Emory P. Dalesio
Associated Press writer

HIGH POINT, N.C. — Even before these days of shrinking economic expectations, furniture makers were getting the message from consumers: small is the new black.

A trend at this week's High Point Market is for smaller furniture that fits into smaller living spaces. The twice-a-year furniture industry trade show in High Point, N.C., displays thousands of new home furnishings that consumers could see in stores in a few months.

Furniture manufacturers are responding to downsizing baby boomers and the growing appeal of urban living by reducing the scale of dressers, coffee tables, night stands, and the like. They are compressing home offices into a single fold-out cabinet. And they're cutting back the length of sofas and entertainment centers that sprawled across the length of wall in McMansions.

"It's scaled down to the kind of residences that are selling today," Magnusson Home Furnishings chief marketing officer Don Essenberg said Monday, the trade fair's opening day.

An example is the Micro-Office by Sligh Furniture Co. of Holland, Mich., which should be in retail stores by next spring, spokesman Bob Kreter said. The unit, with a



Even in a small room, a compact office can be set up. This is the Micro-Office by Sligh Furniture Co. of Holland, Mich., which should be in retail stores by next spring, spokesman Bob Kreter said. The unit, with a fold-out desk, fits into a small room.

Please see **FURNITURE**, Page B2

Wood River Journal to cease publication

Express Publishing buys area rival

The Associated Press

Express Publishing, the company that runs the Idaho Mountain Express newspaper in Ketchum, has purchased and closed its weekly rival, the Healy-based Wood River Journal.

Express Publishing made the announcement Tuesday. The purchase agreement includes the Wood River Journal, archived copies of the weekly paper and its online presence.

The Wood River Journal's publishing company WRJ LLC was most recently owned by the Idaho Falls-based Post Co., which bought the business in April from Lee Enterprises. The Post Co. publishes the Post Register newspaper and several

Please see **PAPERS**, Page B3

Calif. home sales jump 65 percent

By Alex Velpo
Associated Press writer

LOS ANGELES — Home sales in California jumped 65 percent in September from a year ago, as homebuyers seized sharply discounted foreclosed homes and other properties, a real estate tracking firm said Tuesday.

The surge in more affordable homes helped drive the statewide median home price down to \$283,000, a drop of about 34 percent from \$430,000 in September last year, according to the survey by MDA DataQuick.

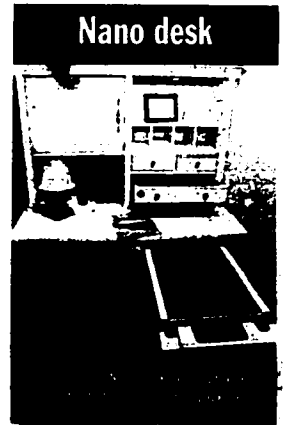
In all, 40,317 homes were sold last month — up 6.1 percent from August sales. Foreclosure resales accounted for 51 percent of pre-owned homes sold last month.

MDA DataQuick also said home sales in a nine-county region around San Francisco Bay jumped 45 percent from a year ago, as the median home price plunged to \$400,000, a 36 percent drop from \$625,000 in the year-ago period.

Please see **SALES**, Page B2



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Lithia Mo.	2.58	▲ .08	Micron	4.47	▲ .02	Supervalu	15.97	▼ .65

COMMODITIES

Live cattle	91.83	▲ 1.00	Nov. oil	70.89	▲ 3.36
Oct. gold	768.1	▼ 21.5	Dec. silver	10.08	▲ .39

Today in business

WASHINGTON — House Oversight and Government Reform Committee hearing on credit rating agencies.

CHARLOTTE, N.C. — Medtronic Corp. releases third-quarter financial reports.

CHICAGO — Boeing Co. releases third-quarter financial results.

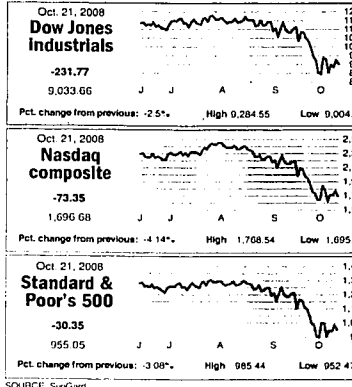
MARKET SUMMARY

Table with market data for NYSE, AMEX, NASDAQ, and various indices like S&P 500, Dow Jones, and Nasdaq Composite.

Table with market data for INDEXES and STOCKS OF LOCAL INTEREST, listing various stocks and their prices.

HOW TO READ THE MARKET REPORT: This section explains the components of the market report, including the Dow Jones Industrial Average, S&P 500, and various market indices.

A DAY ON WALL STREET



The Dow fell 235.20, or 2.54 percent, to 9,030.23. Broader indexes also declined. The Standard & Poor's 500 index fell 27.06, or 2.75 percent, to 958.34.

COMMODITIES REPORT

Table with commodity prices for various futures contracts, including grains, oil, and metals.

BUSINESS BRIEFS

MAGIC VALLEY First Federal seeking 501c3 applicants. First Federal is seeking applications by 501c3 not-for-profit organizations for the upcoming general election.

IDAHO Gov's Workforce Summit to promote new economy. The summit will focus on workforce development and economic growth.

Other will hold the annual Governor's Workforce Summit Nov. 19 through 21 in Boise. Ed Mortison, who developed the theory of Open Source Economic Development, will discuss workforce transformation strategies.

Furniture

Continued from page B1. retail price of \$4,500, looks like an average 33 inches wide by 80 inches tall with work at the top for framed photos. But pull back the bifold doors and unlock the chair with the fold-down back and you can take a seat before a desk big enough for a laptop, printer and files.

"Our sales have shifted from 70 percent oversized to 70 percent the smaller scale now." Magnusson Home Furnishings chief marketing officer Don Essenberg.

Home, which once offering large homes with expensive amenities, has redesigned its new home layouts from 3,400-square feet, to 2,400 square-foot homes. And it recently unveiled a 1,230-square-foot home for the foreclosure-stricken Southern California market.

BEANS

Table with bean prices for various types of beans, including navy, pinto, and black beans.

METALS/MONEY

Table with metal prices for gold, silver, and platinum, as well as money market rates.

Sales

Continued from page B1. Last month's median was nearly 40 percent below the peak median of \$665,000 in the summer of 2007.

Sonoma and Solano counties, which accounted for nearly 62 percent of the region's sales. "There's been a significant shift toward more sales in the inland areas and a higher percentage of sales in the area being sold," said Andrew LePage, an analyst with MDA DataQuick.

month in the region, where foreclosure resales accounted for nearly 42 percent of all preowned homes sold. The sales in September marked the biggest annual jump since April 2002 but were mostly flat versus August sales.

Move

Continued from page B1. efforts to assemble a second economic stimulus program. That would be a timely endorsement on Monday from Federal Reserve Chairman Ben Bernanke.

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Strip mall success?

Strip malls to benefit as shoppers change habits

By Angela Pruitt
The Wall Street Journal

With more cash-strapped consumers going back to shopping for basics, the neighborhood shopping center is gaining ground over ch-ch lifestyle centers and suburban malls.

This gives real-estate investment trusts investing in grocery store-anchored strip malls with a competitive edge in the broader retail REIT universe, rattled by rising vacancy rates and retail bankruptcies. "I think we're somewhat in a unique position," said Leo Ullman, chief executive of REIT Cedar Shopping Centers Inc. Mr. Ullman noted that, while his company has some of its smaller stores on credit watch, its properties still enjoy a 96 percent occupancy rate.

Cedar Shopping Centers owns 120 properties primarily in the Northeast and mid-Atlantic regions. Supermarkets and drugstores represent more than 75 percent of the anchors in Cedar's portfolio, including Giant Foods and Stop & Shop, which are units of Ahold NV.

So far, we haven't experienced anything like the store closings that is substantially greater than we have normally experienced in the past. Although, I think we may see some more in the future," Mr. Ullman said. Unlike consumers, their must-haves — including food staples and other services such as dry cleaning and inexpensive eateries — strip malls anchored by grocery store chains are better-positioned to withstand the economic turmoil that is leaving few in retail real estate unscathed, some property experts say.

Susan Smith, manager for PricewaterhouseCoopers' U.S. real-estate industry group, said large regional malls will likely see bigger declines in foot traffic and occupancy levels, given that they are heavily dependent on discretionary spending.

"During times of economic stress and economic weakness, I would say that most investors feel you can't go wrong with grocery-anchored strip shopping centers," Ms. Smith said.

Shopping center REITs, usually anchored by supermarkets and big-box retailers, returned 4.56 percent in the year through Sept. 30, while regional mall REITs declined 11.38 percent, according to the National Association of Real Estate

Investment Trusts, a trade group.

Strip-mall developers say grocery-anchored malls are also appealing to area residents who don't want to burn through gasoline. And the ability to buy prepared foods in lieu of high-priced eateries is also a draw. "They're getting the same services, but aren't traveling as far," said Mary Lou Flala, president and chief operating officer for Regency Centers Corp., one of the nation's largest shopping-center REITs with Publix Super Markets Inc., Kroger Co. and Safeway Inc. as tenants.

Ms. Flala noted that consumers are treating themselves to less expensive alternatives such as ice cream, coffee, cheaper haircuts and massages, services that neighborhood shopping centers frequently offer. And, despite the credit crunch, Regency still has what she considers a strong new development program this year, ranging between \$300 million and \$500 million.

The golden rule of real estate — location, location, location — is a big determinant of how grocery-anchored strip malls will weather the economic storms.

An important constraint is an oversupply of such malls, which gained popularity during the housing boom. "It's probably the one sector that tended to get a little bit ahead of itself in terms of supply and demand," said PricewaterhouseCoopers' Ms. Smith.

Indeed, Regency Centers' share price is down more than 25 percent from its 52-week high last fall amid concerns about the company's ambitious development pipeline and its exposure to troubled housing markets including South Florida.

Regency "is a great development company, but there is only so much you can do when the tenants you expected to sign leases aren't expanding anymore," said Jim Sullivan, an analyst at Green Street Advisors.

In general, rising vacancy rates for most retail property types are forcing a growing number of national retail developers to scale back their construction plans as retailers reconsider ambitious expansion plans and even close stores.

Ken Bernstein, CEO of Acadia Realty Trust, a shopping center REIT based in White Plains, N.Y., said during a conference call this month that suburban development is coming to a grinding halt because there is no access to debt. "It's going to remain foggy for a year or so," he said.

Penny-pinching shoppers may get PC deals soon

By Jessica Wirtz
Associated Press writer

SEATTLE — Sales of personal computers didn't live up to expectations over the summer, and now analysts predict shoppers will cut spending even more drastically in the all-important holiday quarter.

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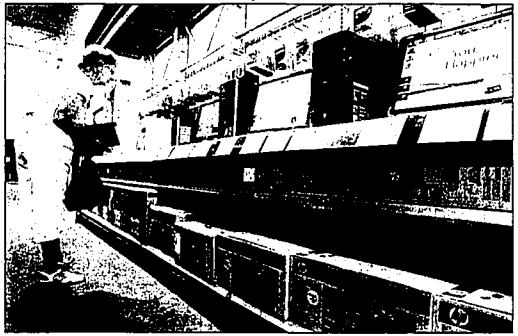
Papers

Continued from page B1

smaller newspapers in the region. The Journal, which traces its history back 127 years, will issue its last publication on Oct. 22.

The Wood River Journal name will replace the Valley section in the Wednesday edition of the Express, according to the Idaho Mountain Express.

"The archives are perhaps



Hewlett Packard desktop computers on display at Best Buy in Mountain View, Calif. Sales of personal computers didn't live up to expectations over the summer, and now analysts predict shoppers will cut spending even more drastically in the all-important holiday quarter.

modest price cuts.

Complicated predictions about PC price cuts is the rise of "netbooks" — cheap, compact laptops meant for Web surfing, without the power and features of many full-priced notebooks. Many netbooks offer a choice between an open-source operating system and Windows XP — another possible point in the small devices' favor now that XP has all but been replaced by the less popular Windows Vista on full-featured consumer PCs.

Major PC makers and smaller vendors have added at least one netbook to their current lines, at lower prices than even the most basic laptops, most cost less than \$500. Acer, which sells some Aspire models for well under \$400, said it plans to be very aggressive in setting low prices for its netbooks.

Richard Klugman, a consumer electronics analyst for New York-based NPD eMarket Research, said shoppers spent dramatically less on gadgets in September, an early predictor of grim holiday sales. Still, he predicted some items, netbooks included, will stay hot no

... there's a whole big pack of folks in the middle that are going to be looking at trade-offs."

— Analyst Roger Kay

matter how much the U.S. economy cools.

The netbooks trend could help PC makers keep unit volumes steady during the holiday shopping season, even if it means taking a hit on revenue and profit margins. It could also backfire by diminishing the appeal of regular laptops and desktops.

PC makers tend to see netbooks as a secondary computer for households that have at least one powerful, feature-rich PC. But that logic comes into question as the number of movies, music and applications that can be accessed through a Web browser grows.

Stephen Baker, an analyst for market researcher NPD Group, said netbooks are the "wild card" of the holiday season, but that ultimately, PC makers won't push them to the detriment of the more profitable computers they sell.

Baker said he thinks the problem for PC makers this year isn't how much to cut prices or push low-end netbooks to appeal to budget-conscious shoppers — it's whether such people will walk into the store in the first place.

"We're all kind of sitting on pins and needles wondering," said Mark Hill, Acer's general manager for the U.S.

Even so, Hill said Acer isn't revising its strategy for prices or marketing. Acer isn't convinced that sales of PCs are as likely to be curtailed as purchases of other consumer electronics during tough economic times.

"Is the PC space really discretionary spending, or are people buying a personal computer because they need one for managing finances (or) continuing their education?" Hill said. "I think we'll still continue to see people invest in themselves."

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TWIN FALLS FORECAST

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Tonight: Clear and chilly. Light easterly winds under 10 miles an hour. Lows 30 to 35.
Tomorrow: A warmer day with plenty of sunshine. Winds remaining light easterly. Highs 65 to 70.

BURLEY/RUPERT FORECAST

Today: Mostly sunny and cool. Light westerly winds under 10 miles an hour. Highs around 55.
Tomorrow: A warmer day with plenty of sunshine. Winds remaining light easterly. Highs 65 to 70.

IDAHO'S FORECAST

Map of Idaho with weather forecasts for various regions including Boise, NORTHERN UTAH, and TWIN FALLS. Includes text: 'SUN VALLEY, SURROUNDING TMS. Mostly sunny days and clear nights through Friday...' and 'NORTHERN UTAH Through Friday, expect mostly sunny days and clear nights...'.

Quote of the Day by Margaret Middlekauff: 'Success is not a matter of any action whether it is related to any family. If you don't have an excuse not to have the important impact of the seed of love before your feet is over on this planet.'

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Thursday, Friday, Saturday. Includes weather icons and temperature ranges (High 58, Low 32, 67/36, 61/37, 61/35).

Yesterday's Weather

Table with 3 columns: City, Hi, Lo, Prep. Lists weather for Boise, Burley, Caldwell, etc. (e.g., Boise: 55-38, 28-18, 0.00").

ALMANAC - TWIN FALLS

Table with 2 columns: Temperature, Precipitation. Includes monthly normals and current readings.

Barometric Pressure

Table with 2 columns: Today, Yesterday. Shows barometric pressure readings (e.g., Today: 30.43, Yesterday: 30.43).

Sunrise and Sunset

Table with 2 columns: Today, Yesterday. Shows sunrise and sunset times (e.g., Today Sunrise: 8:00 AM, Sunset: 6:44 PM).

Pollen Count

Table with 2 columns: Today, Yesterday. Shows pollen levels for Ragweed, Grass, etc.

Temperature

Table with 2 columns: Today, Yesterday. Shows temperature readings.

Humidity

Table with 2 columns: Today, Yesterday. Shows humidity percentages.

Moons and Moonset

Table with 2 columns: Today, Tomorrow. Shows moonrise and moonset times.

U.V. INDEX

Table with 2 columns: Today, Tomorrow. Shows UV index levels (e.g., Today: 2, Tomorrow: 2).

REGIONAL FORECAST

Table with 2 columns: Today, Tomorrow. Lists forecasts for various Idaho cities like Boise, Idaho Falls, etc.

NATIONAL FORECAST

Table with 2 columns: Today, Tomorrow. Lists forecasts for various national cities like Chicago, New York, etc.

WORLD FORECAST

Table with 2 columns: Today, Tomorrow. Lists forecasts for various international cities like London, Tokyo, etc.

CANADIAN FORECAST

Table with 2 columns: Today, Tomorrow. Lists forecasts for various Canadian cities like Toronto, Vancouver, etc.

Map of the United States with weather icons and a legend for Fronts, Cold, Warm, Stationary, Occluded.

Sarah Palin charged Alaska \$21,000 for children's air travel

The Associated Press ANCHORAGE, Alaska — Gov. Sarah Palin charged the state for her children to travel with her, including to events where they were not invited, and later amended expense reports to specify that they were on official business. The charges included costs for hotel and commercial flights for three daughters to join Palin at watch their father in a snounoblic race, and a trip to New York, where the governor attended a five-hour conference and stayed with 17-year-old Bristol for five days and four nights in a luxury hotel.

In all, Palin has charged the state \$21,012 for her three daughters' 64 one-way and 12 round-trip commercial flights since she took office in December 2006. In some other cases, she has charged the state for hotel rooms for the girls. Alaska law does not specifically address expenses for a governor's children. The law allows for payment of expenses for anyone conducting official state business.

As governor, Palin justified having the state pay for the travel of her daughters — Bristol, 17; Willow, 14; and Piper, 7 — by noting on travel forms that the girls had been invited to attend or participate in events on the governor's schedule. But some organizers of these events said they were surprised when the Palin children showed up uninvited, or said they agreed to a request by the governor to allow the children to attend.

Several other organizers said the children merely accompanied their mother and did not participate. The trips enabled Palin, whose main state office is in the capital of Juneau, to spend more time with her children.

More Magic Valley weather at www.magicvalley.com/weather/

PIONEER CARPET ONE FLOOR & HOME advertisement. Includes phone numbers: 734-6015 and 543-8848. Features an image of a delivery truck.

We're Moving & Making Room! advertisement. Features large text and images of furniture. Includes prices: Starting at \$1, Starting at \$99, Starting at \$99, Starting at \$26. Includes a GUARANTEE logo.



INSIDE: Comics, C5 | Obituaries, C6 | Nation/World, C7

Market's season finale celebrates harvest

It's with regret that growers and foodies mark the end of another season of local produce.

But they cover regret with a party.

For its season finale on Saturday, the Twin Falls Farmers Market will move from its normal site to the grounds of the Twin Falls County Historical Museum, amid piles of fall leaves. Expect performances by Twin Falls High School's dance team and drum corps, the Vawser brothers and the Old Time Fiddlers.

The museum is at Curry Crossing on U.S. Highway 50, between Twin Falls and Filer. The market will run from 9 a.m. to 1 p.m. Saturday.

It's a morning to tour the museum, eat free soup, shop for locally produced winter storage vegetables, quilts, aprons and comfort foods, and pre-order locally raised, free-range turkeys for the holidays.

South-central Idaho: What to eat



Kerl Handley, who co-owns Pandora's restaurant with his wife, Pandora, prepares fish tacos Monday night at the Twin Falls restaurant. 'Idaho Off the Beaten Path' praises Pandora's, but Handley said no one has ever cited the book as a factor in a dinner decision. At top, a French dip sandwich, one of Pandora's best-selling items, along with garlic fries made with freshly chopped garlic.



Michael Pollan

Food science author Pollan to speak in Ketchum

Times-News

"Eat Food. Not too much. Mostly plants."

It's not quite a year since Michael Pollan came out with this simple manifesto about how to eat, yet his advice has already become part of today's practical wisdom.

Pollan, author of "In Defense of Food: An Eater's Manifesto," will speak in Ketchum on Nov. 13 as part of the Sun Valley Center for the Arts Lecture Series. "In Defense of Food" explores today's typical American diet and questions much of what science taught during the 20th century — for example, that the consumption of fat and dietary cholesterol leads to a higher rate of coronary disease.

Pollan looks at traditional cultures where food is associated with pleasure, identity and morality — rather than just with good health — and asks why it is that such societies end up with healthier citizens than Americans, who are schooled in what he calls "nutritionism." Pollan contends that most of what Americans now buy in supermarkets, fast food stores and restaurants is not in fact food, and that a good practical tip would be to eat only those things that people of his grandfather's generation would have recognized as food.

Writing in *The Washington Post*, Jane Block called the book "a declaration of war on the all-American dinner."

All this may sound like heresy, but Publishers Weekly praised Pollan as "a writer of great subtlety." (He doesn't speak to the diet in

Please see POLLAN Page C2

Mindful eating

Wrote writer Michael Pollan, author of "In Defense of Food: An Eater's Manifesto," presented by the Sun Valley Center for the Arts. **When: 7 p.m. Nov. 13 at Center of the Big Wood, 100 Steele Road, Ketchum. Cost: \$20 Center members, \$25 non-members. Tickets: sunvalleycenter.org or 726-9471.**

How the region fares under travel writers' scrutiny

By Melissa Davis
Times-News writer

It seems not all travel writers are impressed with Magic Valley's restaurants. And who can blame them? Twin Falls isn't as glitzy as our resort-boasting neighbors to the north or as metropolitan as the state capital.

But the city deserves some credit. If visitors can navigate past the traffic and crowded signage on Blue Lakes Boulevard, they'll find a wealth of decent dining. Some travel guides make it easier to find the best local restaurants, while others skim right past them.

Not all guides depict the area equally. Simon Calder of the United Kingdom's *The Independent* brushed off Twin Falls as a "dull town" in his Aug. 2 article "The Complete Guide to Idaho." Forget local restaurant recommendations — the only diner in the state he found worth mentioning is in Salmon. (He also claimed "Wake up and smell the snow flakes" is a state slogan. Since when?)

It's not just outsiders who dismiss south-central Idaho. Wendy J. Pabich, a Hailey-based artist and author of "Idaho: An Explorer's Guide," bugged that fine dining in these parts is "an oxymoron" and fails to recommend a single restaurant



A view of Twin Falls' Blue Lakes Boulevard North, where a number of the city's choice restaurants are located. Travel writers figure that motorists will see the familiar restaurant lineup along Blue Lakes, but their recommendations also to help travelers look past the obvious.

between Hagerman and Pocatello in her book's Central Idaho section, however, she praises A Taste of That in Hailey as having "great Thai food." Perhaps she didn't realize that humble Twin Falls has its own Taste of That — same owner and everything.

Not all travel writers ignore the area. "Idaho Off the Beaten Path" praises O'Dunken's Draught House as the "local version of Cheers." Shoshone's Manhattan Cafe has "charm of small-town character," and

Bull's Grime Joint serves up "a taste of the metaphorical." It's a strange compliment, but it's a start.

It gets better. "Hidden Idaho" praises La Casita in Twin Falls for its Mexican food. Hagerman's Larry & Mary's Cafe is "the place to go for hearty home cooking." The book also mentions The Garden Cafe in Twin Falls and Snake River Grill in Hagerman. "Moon Handbooks Idaho" lists Twin Falls' best as Rock Creek Buffalo Cafe. (Cafe, ketchup, Breakfast and Lunch

Metropolis Bakery & Cafe and Praxas Thai.)

Of course, a travel writer's stamp of approval may not matter. Although "Idaho Off the Beaten Path" singles out Pandora as an epicurean delight in Twin Falls, customer Kerl Handley said no one has ever cited the book as a reason they chose his rates over others. In fact, he didn't even know the travel book mentioned his restaurant.

"I'd like to know what Off the Beaten Path is," Handley said. "That's awesome."

Downtown Twin Falls kitchen store holds fall beer tasting

Downtown Twin Falls cooking and specialty-food store Rudy's — A Cook's Paradise will hold a fall beer tasting from 6 to 9 p.m. Friday at 147 Main Ave. W. Cost is \$25.

Representatives of beer distributors will pour 3-ounce portions of 30 beers from around the world and across the beer spectrum. Rudy's will provide sausage appetizers. Participants are responsible for their own safe transportation home. Taxis will be available.

To sign up: 733-5477.

Ketchum chef pairs beers with feast tonight

Ketchum chef Lynn Sheehan of Papa Hemis Hideaway will host a Beer Pairing Feast tonight featuring Idaho's own Laughing Dog Brewery brewmaster, Fred Colby.

It starts at 6:15 p.m. today, at \$65 per person, not including taxes and service charge.

Sheehan's menu for the evening pairs Laughing Dog's India pale ale with a seasonal selection of bite-size appetizers; cream ale with curried cauliflower bisque and aromatic winter vegetables; special bitter with Niman Ranch pork belly; Yukon Gold potatoes, warm cabbage salad and whole grain mustard beer; winter ale with ale-braised beef short ribs and apple-panache Brussels sprout; and imperial stout with several desserts.

Also, reserved guests will get a six-pack sampler of Laughing Dog Brewery's award-winning beers.

Papa Hemis Hideaway is at 316 S. Main St. in Ketchum. Reservations: 726-3773.



A homemade mayo clinic

By Amy Southgrip
Los Angeles Times

Eating homemade mayo is your ticket to the land of luxury, no pleasure — like eating chocolate in the bath — that shouldn't require apology. Rich yet subtle in flavor, with a velvety texture, homemade mayo is nothing like the pale, cloying stuff you get out of a jar.

It dresses up with flared collars or shot with spiced

fruit, mayonnaise is the perfect secret weapon for a laptop party.

Mayonnaise is a notoriously formidable emulsion of certain parts of two liquids (such as oil and water) that can't be mixed but can be held together in a kind of suspension. But it's easy to make if you know some tricks — and the payoff can be big.

People make mayonnaise by hand, but successful recipes for blender mayonnaise have been around for years. Now, with the wide availability of good emulsifiers and brand

blenders, it's a great time to update the technique.

Back in the days of 19th-century French chef and sauce expert, Antonin Carême, mayonnaise was made by stirring together egg yolk with small increments of oil — relentlessly, with a wooden spoon. For upward of 15 minutes, until the sauce slowly came together.

The oil droplets blend with the water-based liquid, the droplets pull the yolk and vinegar and as the droplets

Please see M Mayo Page C2

Dinner in 20 minutes: Not-too-naughty shrimp

By Bonnie S. Benwick
The Washington Post

This is a shrimp or garlic lover's idea of a perfect dish. The sauce tastes almost naughty yet has much less oil than you might find in a sauté recipe.

Those who aren't counting calories would be happy to mop up the sauce with hunks of country-style bread. The rest of us could serve the shrimp with a small heap of steamed vegetables — and slide a little of the green sauce over their way. Adapted from "The Best of Cooking Light Everyday Favorites" (Oxmoor House, 2008).

SHRIMP IN GREEN SAUCE

4 servings

- 1 bunch scallions
- 1/2 bunch flat-leaf parsley
- 2 1/2 tablespoons extra-virgin olive oil
- 6 medium cloves garlic
- 1/8 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 1/4 teaspoon crushed red pepper flakes
- 2 pounds frozen peeled and deveined large shrimp, defrosted
- 1/3 cup dry white wine

Preheat the oven to 500 degrees.

Trim off the root ends of the scallions; peel off and discard their outer layer. Cut the white and light-green parts into 2-inch pieces and place in the bowl of a food processor. Rinse the parsley well and blot dry with paper towels. Trim off

and discard the stems; add the parsley leaves to the bowl, along with the oil and garlic. Process for about 1 minute, stopping to scrape down the sides of the bowl. Transfer to a large bowl, add the seasonings and mix well.

Add the shrimp and toss to coat evenly, then spoon the coated shrimp into a shallow roasting pan.

Add the wine and stir slightly to incorporate. Roast for 2 to 3 minutes, then stir the contents of the pan; roast for 3 to 4 minutes, or until the shrimp are pink and curled, and much of the wine has evaporated.

Divide the shrimp and sauce among individual plates. Serve immediately. *Per serving: 376 calories, 47 g protein, 6 g carbohydrates, 16 g*



HALEY ENMAN/The Washington Post

fat, 3 g saturated fat, 345 mg cholesterol, 386 mg sodium, 1 g dietary fiber.

Pollan

Continued from page C1

fact, rarely does he preach at all, preferring to let the facts speak for themselves." *The New York Times* called the book "a tough, witty, cogent rebuttal to the proposition that food can be reduced to its nutritional components without the loss of something essential."

In addition to "In Defense of Food," which came out in January, Pollan is the author of books including "The Omnivore's Dilemma: A Natural History of Four Meals," which was named one of the 10 best books of 2006 by *The New York Times* and *The Washington Post*. It

also won the California Book Award, the Northern California Book Award and the James Beard Award for best food writing and was a finalist for the National Book Critics Circle Award.

Pollan's lecture is the fourth in the Sun Valley Center for the Arts' Lecture Series. The remaining lectures are novelist Michael Chabon on Dec. 9, activist and feminist Gloria Steinem on Jan. 14, and a panel featuring three journalists from different media outlets, moderated by former CBS and Fox News president Van Gordon Sauter, tentatively scheduled for Feb. 9.

Your ingredient guide

How to use products and produce from Magic Valley's Mexican groceries.



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Mayo

Continued from page C1

become smaller and smaller, the mixture combines, or equalizes, until the mayonnaise is thick, custardy and as yellow as butter.

When you make mayo in a blender, the principle is the same — oil is slowly added to the yolk-vinegar mixture — but the whirling blades make the process far easier.

Making mayonnaise using an immersion blender might be the coolest technique yet — at least until they figure out how to make it in a Pacifier. Or a particle accelerator.

With an immersion blender, the process is even faster and you can see the unfolding chemistry, like a sudden, beautiful lab experiment.

Here's this author and co-founder of the approach to cooking often called molecular gastronomy, loves to play with mayonnaise. "There is a wonderful experiment that you can make easily." This wrote in a recent e-mail.

"Make a mayonnaise with a fork and a lot of vinegar (and egg yolk). The result is not very firm, and quite acidic. Then, in the middle of the blend, put a slugging mixer and turn it on for some seconds. Immediately you get, under the place where you mixed, a very firm sauce, more white, less acidic. Under the microscope you see that the droplet size was divided by 10 to 100."

You don't have to be a molecular gastronomist to be wowed.

To make immersion blender mayo, allow your ingredients to come to room temperature (this is crucial). Place them in the beaker that came with the blender or in a liquid measuring cup or jar with tall, narrow sides.

Place the blender wand in the center and hold it upright against the bottom. Then slowly pour in a cup of canola or other neutral oil (don't use olive oil at this stage; it's expensive, more difficult to emulsify and often turns rancid when mixed in a blender), allowing the oil to settle on top.

Pulse the blender briefly and on high speed if it has adjustable speeds. Continue to pulse and watch as the pale mayonnaise begins to bloom up through the oil.

Pulse a few more times, until the pale clouds rise up and overwhelm the oil like an establishing weather front.

When the container is almost cloud-filled, plunge the blender to incorporate the remainder of the oil.

At this point you have a very stable emulsion, and you can continue to add oil — theoretically, you could add quite a bit more, according to Harold McGee, another mayonnaise happy chemist, as long as the ratio of oil to water-based ingredients is 3 to 1 by volume — to the sauce without it breaking.

If, however, the sauce does break, you can start over — or re-emulsify the sauce by adding the broken mixture, very slowly, into a new egg yolk.

Once the ingredients have emulsified, 1 like to gently whisk in good-quality olive oil and fresh lemon juice. The floral notes of the olive oil and the tart bite of lemon enhance the flavor and smooth the texture, making it creamier. (Lemon juice added at the

A swirl of recipe variations

Recipe variations for flavored mayonnaise:

- **Chipotle mayonnaise:** Add 1/4 cup pureed canned chipotle chiles in "adobo" to a bowl of basic mayonnaise.
- **Piquillo pepper mayonnaise:** Follow the basic mayonnaise recipe, substituting sherry vinegar for the white wine vinegar. Add 1/4 cup pureed piquillo peppers and a pinch of cayenne to the mayonnaise.
- **Saffron mayonnaise:** Soak a pinch of saffron threads in 1 tablespoon of hot water for 15 minutes, then add the water and threads to the egg-yolk base in place of the plain water. Continue with the recipe for basic mayonnaise.
- **Tarragon-mustard mayonnaise:** Add 1/4 cup finely minced fresh tarragon and 1/4 cup stone-ground mustard to the basic mayonnaise recipe.
- **Cilantro-lime mayonnaise:** Make the basic mayonnaise, replacing the lemon juice with lime juice and adding 1/4 cup finely minced fresh cilantro to the sauce.
- **Cumin-caraway mayonnaise:** Toast 1 tablespoon each of cumin seeds and caraway seeds in a small saucepan, then grind in a spice grinder. Add to the basic mayonnaise.
- **Garlic mayonnaise (also):** Using a mortar and pestle, crush 4 garlic cloves with 1/4 teaspoon kosher salt, then add to the egg-yolk mixture. Omit the salt, and continue with the rest of the recipe for basic mayonnaise.
- **Mustard-caper mayonnaise:** To a recipe of basic mayonnaise, add 3 tablespoons Dijon mustard, 2 tablespoons minced capers, 1 mashed anchovy and 1 tablespoon each of minced fresh chervil, tarragon and parsley.



NEIL MELICORAN/Seattle Times

A range of flavors can jazz up classic homemade mayonnaise. Add fresh tarragon and stone-ground mustard; stir; sprinkle in a pinch of saffron, mild; or spice things up with a parve of roasted piquillo peppers.

• **Wasabi mayonnaise:** To a recipe of basic mayonnaise, add 1 tablespoon fresh or prepared wasabi (Japanese horseradish).

beginning instead of water

makes an oddly rougher sauce, less pale and velvety; more likely to separate; the water makes the sauce lighter and smoother.)

The sauce is now a classic basic mayonnaise, ready for spreading on sandwiches, adding to salad dressings, spooning over fish before roasting or serving in a bowl alongside a basket of hand-cut French fries.

Mayonnaise is also a fantastic base for a number of dipping sauces. Stir in fresh minced cilantro or a puree of roasted piquillo peppers, and watch as the pale yellow sauce becomes confetti-flecked with emerald or deepens into rich red hues.

IMMERSION BLENDER MAYONNAISE

It's important that all ingredients are at room temperature for people concerned about salmonella, place the yolks and 1 tablespoon of water in a bowl set over a pile of simmering water. Whisk constantly until the yolks reach 160 degrees they will thicken noticeably and lighten in color, then proceed with the recipe.

Place the yolks, vinegar, 1 tablespoon water, salt and pepper in a 2-cup measuring cup or a tall beaker used for immersion blenders. Stand the immersion blender in the beaker or measuring cup, then slowly pour in the canola oil so that it settles on top of the other ingredients (if you've heated the yolks first, allow them, along with the vinegar, salt and pepper, to settle for about 5 minutes after adding the oil so that the oil rises to the top.)

With the blender held against the bottom of the glass, pulse until the mixture begins to emulsify, almost immediately. Continue to pulse, turning the blender a bit, but keeping it pressed against the bottom of the con-

tainer. Keep pulsing until most of the mayonnaise is emulsified, less than 1 minute, then slowly plunge the blender a bit to mix thoroughly. Spoon the mayonnaise into a medium bowl, then whisk in the olive oil and lemon juice until very well combined. Serve immediately or store tightly covered in the refrigerator for as long as 2 days.

To make using a food processor:

In the bowl of a food processor, pulse the yolks, vinegar, 1 tablespoon water, salt and pepper until well combined.

Add the canola oil in a very, very slow stream until the mayonnaise thickens and all of the oil is incorporated. Spoon the mayonnaise into a medium bowl and whisk in the olive oil and lemon juice until very well combined. Serve immediately or store tightly covered in the refrigerator for as long as 2 days.

Total time: About 8 minutes. Servings: Scant 2 cups. Each tablespoon: 95 calories, 0 fiber; 0 carbohydrates, 11 grams fat, 1 gram saturated fat; 13 mg cholesterol, 8 mg sodium.

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Make a meal of hearty root vegetable hash

By Stephanie Witt Sedgwick
Special to
The Washington Post

This hash is more than a makover of last night's leftovers. A combination of cubed roots vegetables, in this case sweet potato, turnip and celery, are cooked with a little bacon, onion and a finish of nutmeg.

The resulting dish is full of flavor, hearty enough to serve as a meal itself. It's also a wonderful side dish for roasts meant to be perfect for a Sunday breakfast topped with poached eggs.

Any combination of root vegetables can be used; you'll

need a generous 5 cups' worth, cut into 1/2- to 3/4-inch pieces.

For a vegetarian version, use water instead of chicken broth and try some smoked Spanish paprika in place of the bacon.

ROOT VEGETABLE HASH

4 to 6 servings

- 1 tablespoon olive or vegetable oil
- 2 slices uncooked bacon (about 1 1/2 ounces), cut into 1/2-inch dice
- 1/2 cup finely diced onion (2 ounces)
- 3/4 pound sweet potatoes), peeled and cut into 1/2- to 3/4-inch cubes
- 1/2 pound turnip(s), peeled and cut into 1/2- to 3/4-inch cubes
- 3/4 pound celery (celery root), peeled and cut into 1/2- to 3/4-inch pieces
- 1 cup store-bought or homemade low-sodium chicken broth
- Salt
- Freshly ground black pepper
- 1/2 teaspoon freshly grated nutmeg
- 2 tablespoons snipped or chopped chives

Heat the oil in a large saucepan, preferably non-stick, over medium-high heat.

Add the bacon and cook, stirring for 2 to 3 minutes, until it begins to render, then add the onion. Cook for 2 to 3 minutes, stirring, until the onion just starts to soften.

Add the sweet potato(es), turnip(s) and celery, stirring to combine. Add the chicken broth; season with salt and pepper to taste. Cover and bring the broth to a boil, then reduce the heat to medium or as needed to maintain a low boil. Cook for 10 to 15 minutes, stirring occasionally, until the vegetables are fork-tender.

Remove the cover and increase the heat to medium-high to bring to a rapid boil. Cook for 5 to 6 minutes, stir-

ring frequently until the broth has evaporated.

Remove from the heat and add the nutmeg, along with 1 tablespoon of the chives, stirring to combine. Taste and adjust seasonings as needed. Transfer to a serving dish or to individual plates; top with the remaining chives and serve hot.

Per serving (based on 6): 173 calories, 5 g protein, 21 g carbohydrates, 8 g fat, 2 g saturated fat, 9 mg cholesterol, 257 mg sodium, 4 g dietary fiber.

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Noodling around with ramen

By Susan Campbell
The Hartford Courant

Had one the time or inclination (and a time machine), an examination of young Jeff Ferkelet's pantry of a few years ago would have yielded ramen, ramen and more ramen. As a college freshman and sophomore at the University of Connecticut, Ferkelet's taste ran decidedly to the cheap and salty noodles.

You know ramen, those noodles threaded into an interesting pattern in an airtight pack 10 for \$1 or thereabouts? Known as fodder for the gods, the breakfast of champions and the boon of students everywhere, ramen is as ubiquitous among the young broke set as are furtive glances at Facebook.

These days, Ferkelet, formerly of West Hartford, Conn., is a part of Teach For America in the Rio Grande Valley of Texas.

"I had a great public school education, a really great experience, and I wanted to be part of an organization that helps everyone has that experience," he says.

He's teaching chemistry and coaching football, and his diet has definitely improved.

But back in the day, like most college students, he was not opposed to ramen. "I was not a fan of them, but they were good when I just didn't feel like cooking anything else," Ferkelet said. "It's laziness. They're pretty horrible for you."

As a chemistry teacher, he knows what he's talking about. Now, he says, "there's no reason to destroy your system like that."

He keeps his ramen intake to a minimum.

Lauri Baccioni, dietitian at the Charter Oak Health Center, says there's scant nutritional value in the package of ramen. The shocker, she says, is the salt content. In her brand, it was 910 milligrams, which the standard recommendation for daily intake is 2,400 milligrams. The salt that's created when the noodles are boiled.

"You have a lot of people with hypertension supposed to be practicing a low-salt diet, and they should be taking in foods with less than 400 milligrams a serving," she said. "Other than that, the carbohydrates are up to 27 grams. There's nothing else. It's not healthy to try to find some goodness in it, but I can't."

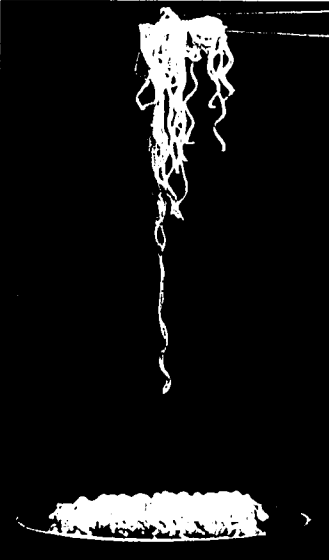


Photo Illustration by MARK BRIDGES/The Hartford Courant

So why does something so bad for you sell so well, according to one market estimate, in the tens of billions?

First off, it's cheap. The average packet of ramen noodles costs just cents. Do the math. It's one reason the food is called "student cuisine" in Japan.

Second, it's everywhere. Groceries generally devote at least a little shelf space to Maruchan or Nissin ramen. At a specialty store like A Dong supermarket in West Hartford, an entire corner is devoted to instant noodles, in a bowl or in an envelope, with brand names like Nissin, Vini Azevoo and Kaka.

And third, it's easy to prepare. It's hard to improve on boiling two cups of water, emptying the noodles into it for three minutes, adding the spice packet and eating.

Originally, ramen came from China, which seems to be the birthplace of most noodles. There the dish is called "lo mein."

It was introduced in Japan in the mid-1880s. Ramen as we know it — that delightful little packet with the squiggly, wavy noodles — first came to the U.S. as Top Ramen in

the early 1970s, from Nissin Foods, a Japanese company.

Although other companies — among them Tipton and Campbell's — have tried, Top Ramen still controls the bulk of the American market, where the noodles are usually flavored with meat or mild spices.

Ramen noodles can be made tastier and better, so here are some ways to dress up this popular instant noodle dish. The Tomato Ramen Soup is from budget101.com, and the Ramen Pizza is from nissinfoods.com.

RAMEN PIZZA

- 2 packages beef flavor Top Ramen
- Salt
- 3 cups water
- 1/2 pounds ground beef
- 1/2 cup mushrooms, sliced
- 1 jar spaghetti sauce (15 1/2 ounces)
- 3 tablespoons Parmesan cheese

Heat vegetable oil in a pan. Break noodles while they're still in the package, then remove from package and place them in the heated oil. Gently shake the pan to avoid burning the noodles. Heat until noodles are brown. Remove from heat and place noodles in a bowl. Put three-dressing cakes on a plate. Add cherries, chocolate fondue and noodles.

- 1/2 cup onion, chopped
- 1/2 cup milk
- 1 egg
- 8 ounces mozzarella cheese, grated

Cover a pizza pan with aluminum foil. Build up top edges to form a rim about 1/2-inch high around the pan. Lightly grease the aluminum surface. Cook both packages of Top Ramen noodles in water with a pinch of salt. Set aside. Drain noodles and set aside. Brown beef, onions and mushrooms together. Drain excess fat. Stir both flavor packets into meat mixture. Set aside. Heat together egg, milk and Parmesan cheese. Stir this mixture into the noodles. Evenly spread noodle-egg mixture onto pizza pan. Pour spaghetti sauce over noodles. Sprinkle meat mixture over sauce. Top with mozzarella cheese.

Bake at 350 degrees for 20 minutes or until pizza is bubbly and brown. Let stand 5 minutes before slicing.

TOMATO RAMEN SOUP

- 1 package ramen noodles, any flavor
- 2 cups water
- 1 can tomato soup concentrate

Cook the noodles according to package directions. Do not drain. Add tomato soup concentrate. Simmer 5 minutes.

RAMEN DESSERT CAKES

- 1 package crushed ramen noodles
- 1 cup cherries
- 1 cup chocolate dessert fondue (chocolate pudding, too)
- 1/3 cup vegetable oil
- 3 dessert cakes (such as those used for strawberry shortcakes)

Heat vegetable oil in a pan. Break noodles while they're still in the package, then remove from package and place them in the heated oil. Gently shake the pan to avoid burning the noodles. Heat until noodles are brown. Remove from heat and place noodles in a bowl. Put three-dressing cakes on a plate. Add cherries, chocolate fondue and noodles.

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Meeting two food challenges: Healthy and fast

By Andrea F. Siegel
The Baltimore Sun

BALTIMORE — Briana Cabell didn't need a physician to tell her she had to do something about her diet.

An admitted carb-fats-salt junkie who has been overweight for as long as she can remember, Cabell has known for years that she needed to mend her food ways, to stop thinking of deep-fried onion rings as a vegetable staple and, especially, curb her fast-food intake.

The 30-year-old Laurel, Md., resident said the time constraints of working two jobs, plus sharing a catering business with her mother, squeezing in college courses and maintaining a schedule of church activities kept her on the run from before dawn to late in the evening.

"I don't have time," Cabell said. During the school year as a therapeutic aide for Baltimore City public schools, she had joined in on whatever takeout her co-workers were getting and grabbed whatever starchy snacks were handy in her summer job as a day-care provider, she wasn't doing much better. In her second job as a family cook and housekeeper, she's busy until after dinner, and often stops on the way home to pick up fast food in a bag.

Recently, her doctor told her she was pre-diabetic — a startling message that focused her on the need to adjust her diet.

"I have to totally change my eating habits," she said. The past summer, Cabell decided, would be a good time to create those new habits. Dinners that could be thrown together quickly and also would create either a portable lunch of leftovers or the next night's dinner would be a godsend.

Maureen Shackelford, a registered dietitian at Anne Arundel Medical Center who is also a certified diabetes educator, began helping Cabell by illustrating "portion distortion" — that a half-pound cheeseburger with lettuce, ketchup and fries was 1,345 calories. (Cut in half, it would be closer to what should be a single-size portion — and still more than 600 calories.) The fried chicken dinner Cabell bought home also was high in calories and fat. If the onion rings counted as a vegetable, then it had one vegetable.

Cabell should ditch the takeout in favor of shortcuts at home, Shackelford said, to create healthy, balanced, nutritionally dense meals that are low in carbohydrate, salt and fat.

How fast did Cabell want to make dinner? Fifteen minutes would be great, she said.

First, rather than trying to make more healthful versions of takeout foods she enjoyed, Shackelford suggested that Cabell make a different meal and, instead of adding salt, opt for other seasonings.

"It's a matter of what you get used to," she said, explaining that if you're swapping out a high-fat dish for a low-fat version, you probably will decide it doesn't measure up to the latter version. You have a better



Photo by ELIZABETH HOLBY/THE BALTIMORE SUN

Briana Cabell, who decided to curb her fast-food intake, prepares vegetables.



This low-fat, low-carb meal of frozen vegetables and a chicken fajita was prepared by Briana Cabell and dietitian Maureen Shackelford.

CHICKEN FANTAS

This recipe was adapted from cooks.com by Shackelford, a registered dietitian.

cooking spray

- 1 bell pepper, diced
- 1 Vidalia onion, diced
- 1 teaspoon minced garlic
- 1 tomato, diced
- 2 cooked boneless skinless chicken breasts
- 1 bag steam-in-the-bag mixed vegetables
- 1 low-carb tortilla
- 2 tablespoons salsa
- 3 tablespoons fat-free sour cream
- 2 ounces 75 percent reduced-fat cheese, shredded
- 1/4 cup broccoli slaw (optional)

Coat the skillet in cooking spray. On medium heat, add the diced bell pepper and onion to the skillet.

Sauté until the peppers have softened enough to be cut easily with a spatula. If the skillet becomes too dry, a few teaspoons of water can be added to prevent sticking.

Add the minced garlic and diced tomato.

Cut and add cooked chicken to the skillet.

Meanwhile, put the bag of vegetables in the microwave and cook according to package directions (usually about 5 minutes).

Set aside the cooked fajita filling in a covered bowl.

Heat the tortilla. Place fajita filling in the middle of the warm tortilla and top with salsa, sour cream, shredded cheese and broccoli slaw, if desired.

To use leftovers: Roll extra filling into large bubbled lettuce leaves or serve salad-style with lettuce and with the toppings of low-fat salad dressing.

Serves 1 for dinner with leftovers for lunch or another dinner.

* Per serving: 260 calories, 50 grams sodium, 4 grams fat, 3 grams saturated fat, 30 grams carbohydrate, 13 grams fiber, 75 milligrams cholesterol, 1,108 milligrams sodium.

chance of liking a new low-fat menu item because you have no idea what the high-fat version tastes like.

"We can give your mouth the memory of a different flavor standard," she said. Shackelford said Cabell should go for time-savers at home. Bagged salads and

slaws, steam-in-the-bag frozen vegetables, minced garlic and packaged roasted chicken breasts are good staples.

The dietitian advised preparing more than a single serving at a time to save time and promote creativity. Shackelford started with a



Dietitian Maureen Shackelford, left, talks with Briana Cabell about understanding food labels. Cabell has been diagnosed with pre-diabetes and, with Shackelford's help, is re-evaluating her eating habits.

Cabell said, "I don't taste the peas, which is excellent." Still, she said, she probably would prefer a broccoli-cauliflower blend instead. And she missed butter.

Substituting a different vegetable blend is fine, Shackelford said. For a buttery taste, Shackelford suggested a sprinkling of a butter-taste substitute.

"The steam-in-the-bag vegetables allow for flexibility. At 50 calories a serving, or 250 for the entire bag, it's fine for Cabell to have more than one serving, Shackelford said. Cabell had spooned out two.

The simplicity and speed of preparing a tasty meal appealed to Cabell.

"I'd make it," Cabell said. In minutes, she and Shackelford were discussing ways to vary it and ideas for leftovers.

"You have a chicken fajita for dinner; you have leftovers for the next day. You can roll them up for lettuce cups — you can put anything in that," Shackelford said.

As Shackelford left, Cabell was wondering how it would taste with leftovers of pork chops in her mother's fridge.

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Tips for healthy eating:

- Eat an apple every day.
- Drink 8 glasses of water a day.
- Eat a variety of fruits and vegetables.
- Get regular exercise.
- Don't smoke or drink alcohol.
- Get a good night's sleep.
- Don't eat too much.
- Don't eat too fast.
- Don't eat too late in the evening.
- Don't eat too often.
- Don't eat too much salt.
- Don't eat too much sugar.
- Don't eat too much fat.
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WHAT IS IT. I'M SURE THERE'S A BATH AND DRESSER IN THE BATHROOM.

WHAT'S IT. I'M SURE THERE'S A BATH AND DRESSER IN THE BATHROOM.

WELL, IT SEEMED LIKE AN ALL-NIGHTER TO ME!

DOES ALL-NIGHTERS USUALLY LAST MORE THAN HALF AN HOUR?

Beetle Bailey By Mort Walker

DOES BEETLE EVER TAKE OFF HIS HAT?

HE MUST WHEN HE GETS A HAIRCUT! WHY?

BARBER: WHAT COLOR ARE BEETLE'S EYES?

Blondie By Dean Young & Stan Drake

ALL THIS ELECTION MATERIAL IS KILLING MY BACK.

CRASH

BUT AS SILLIEST, THE 'B' WON'DERFUL!

Dilbert By Scott Adams

OUR GRAPHICS DEPARTMENT IS TOO BUSY TO HELP ME AND WON'T APPROVE OUTSIDE SERVICES.

THEY'RE FORCING ME TO FAIL SO THEY CAN JUSTIFY A BIGGER BUDGET NEXT YEAR.

IF YOU NEED ME, I'LL BE IN MY CUBICLE TRYING TO IMAGINE WHAT IT FEELS LIKE.

The Elderberries By Phil Frank and Joe Troise

What're you doing, Dushy?

Only fakin' up the biggest pile of lies in the Tri-County Area!

What for?

What for? I don't know. I'm just trying to question the motivations of a man assembling the world's largest 'leaf pile'.

What's so funny, Jerry. I didn't realize you were so passionate about it.

He should know man passion trumps man logic 6 out of 7 days a week.

For Better or For Worse By Lynn Johnston

HULLA MOON? LEAVE ME ALONE FIRST. GEEPS TODAY! SHE'S WALKING!

THOSE LITTLE PINK BOOTS YOU'RE GOING TO BE PUT TO GOOD USE.

Yes, the boots. The hirt and cent... I wear them all!

Frank and Ernest By Bob Thaves

REPTILE DIET CENTER

DID EVERYBODY STICK TO THEIR DIET THIS WEEK?

MELT! MELT! MELT!

Garfield By Jim Davis

AND JUST WHAT... DID YOU KNOW PEOPLE FEED PEOPLE IN THE PARK?

Hagar the Horrible By Chris Browne

I KEEP GAINING WEIGHT, DOCTOR... I'M ABLE TO GET ANYTHING WITHOUT GAINING WEIGHT.

WHEN I WAS A TEENAGER I WAS ABLE TO GET ANYTHING WITHOUT GAINING WEIGHT.

COULD YOU GIVE ME A PILL TO MAKE ME YOUNGER?

Hi and Lois By Chance Browne

DID YOU CLIMB UP ON THAT COUPLER, TRIXIE?

YES.

MY SCRIBBLING HAS REACHED A NEW LEVEL!

Luann By Greg Evans

OK, I MADE A FOLDER FOR EACH GUY. THE NUMBER OF HOW MANY SHOTS I TOOK.

HOW? GOOD NEWS! I HAVE 15!

OK, NEVER MIND THAT.

SEE? YOU GOT 53 PHOTOS OF TODAY!

IT'S JUST A NUMBER, BOB. LET'S NOT WORRY.

TODD WAS DIFFICULT TO SHOOT.

OH? LEANS KEPT STEAMING UP!

COULD IT FIT IN ALL THE MUSCLES?

WE CAN JUST MOVE OUT!

Classic Peanuts By Charles M. Schulz

I THINK I'LL ASK THE DRIVER TO DROP ME OFF AT THE MALL...

I WONDER IF HE'D STOP SOMEPLACE WHERE WE COULD GET SOME DOUGHNUTS.

I WONDER IF HE'D DROP ME OFF AT THE COURTHOUSE.

Pearls Before Swine By Stephan Pastis

OKAY, PASTIS, YESTERDAY YOU BROUGHT BACK THE SPANIS CHARACTER, BUT NUMBER OF BARRER HAS INCREASED WITH HE DIED IN THE MAY 11, 2008 STRIP. SEE, IT'S RIGHT HERE IN YOUR CROSS MEMORABLE BOOK, SO YOU BETTER COME UP WITH A CREDIBLE EXPLANATION AND FAST.

HE UN-DIED.

I REALLY, REALLY MISS BILL WATSON.

Pickles By Brian Crane

HOW'S IT GOING WITH THE GREGS TRAWLING, EARL?

GOOD. I'LL PUT THOSE SCISSORS AWAY FOR YOU.

I CAN'T GET THEM OUT OF MY HAND. I CAN'T EVEN OPEN MY HAND. IT'S ALL COMPEL UP.

THAT'S OKAY. I DON'T NEED THOSE SCISSORS ANYWAY.

Rose is Rose By Pat Brady

BEEN THE LEMES' MENT? REAL, BUT THE MORE SHE SPENDS OFFER THE REAL... THE LESS THE SHELL SPEND CHAMPING US!

Non Sequitur By Wiley

WHY? I'LL BE TALKING ABOUT... ME! I SEE.

WHY? I'LL BE TALKING ABOUT... ME! I SEE.

WHY? I'LL BE TALKING ABOUT... ME! I SEE.

Dennis the Menace By Hank Ketcham

WHY? I'LL BE TALKING ABOUT... ME! I SEE.

WHY? I'LL BE TALKING ABOUT... ME! I SEE.

WHY? I'LL BE TALKING ABOUT... ME! I SEE.

The Wizard of Id By Brant Parker & Johnny Hart

WHAT'S WRONG, JOE?

I WANTED MY SON TO GO TO COLLEGE, BUT HE JOINED A STREET GANG INSTEAD.

ON THE PLUS SIDE, MAYBE THEY OFFER A HEALTH PLAN!

Zits By Jim Borgman and Jerry Scott

BEN HE SET ME IN YOUR PROPERLY.

DOZED RE BE ONE PROPERLY ON THE REE.

NON PROPERLY PROPERLY.

MY NON PROPERLY IS A BIG SECRET.

CALL A BLOGGER.

HENRY HAS PROPERLY ON COFFEE.

Betty Jo Rees Harney

Betty Jo Rees Harney was born July 26, 1930, in Murtaugh. Betty passed peacefully on Sunday afternoon, Oct. 19, 2008, after a long battle with Parkinson's disease.



After several years in Murtaugh living on the family farm, the Rees family moved to Twin Falls, where she graduated from Twin Falls High School in 1948, where she was active in the theater. She married Robert "Bob" L. Harney on Nov. 11, 1949. For more than 40 years, Betty and Bob owned Sunsets Memorial Park. They were a huge asset to the community and were both caring and compassionate to the families in need. She loved being a mother to her six children who were actively involved with horses. She was the best "horse show mom" ever and always had a copy of the rulebook in her back pocket. She was an avid traveler who visited many countries across the world. Betty was actively involved in St. Edwards Catholic Church, including bringing CCD classes to the parish after the school closed. She was active in the Marion movement, Catholic Women's league, the Priory, the Monastery and was a communion deacon. She was also instrumental in bringing hospice to southern Idaho. In 1996 Betty and Bob retired from the cemetery business and moved to beautiful Hagerman valley. They made many lasting friends in the short time they lived in Hagerman.

Survivors include her children, two sons, Frank Leroy Harney and Herbert Richard Harney; three daughters, Peggy Jane Aulgar, Pamela Jo

Harney and Elizabeth Ann Harney; two sons-in-law, Harvey Aulgar and Gary Chin; and two daughters-in-law, Leslie Ann Harney and Tamara Hamilton Harney; 14 grandchildren: Elaine Julgar, Kenneth Aulgar, Jay Schrader, Robin Joy Smith, Alicia Gaye Haler, Caitlin Ora Harney, Bobbi Lee Kline, Jesse Phillip Harney, Anthony Russell Harney, Padraig Aloysius Harney, Josie Roseanne Harney, Serafina Eliza Svac Harney, Thomas Christopher Harney and Patrick Samuel Harney; great-grandchildren, Madison Julgar, Marissa Aulgar, Nathalie Rose Kline, Tyler Robert Schrader, Caleb Michael Smith and Matilda Lou Harney; her sister, Norma Rees Wolfstein; and brother, Herbert Rees; and many dear friends who loved Betty dearly survive her as well. She was preceded in death by her loving husband, Robert (Bob) Harney; her son, Thomas Nigel Harney; sister, Rosemary Rees Funk; and a brother, Elmer Rees.

A rosary will be recited at 7 p.m. Thursday, Oct. 23, at St. Edward the Confessor Catholic Church, with Deacon Jim Herrell officiating. The funeral Mass will be celebrated at 1 p.m. Friday, Oct. 24, at St. Edward the Confessor Catholic Church with Father Camillo Garcia celebrating. Burial will follow at Sunset Memorial Park. At the family's request, there will be no public viewing. Services are under the direction of Reynolds Funeral Chapel in Twin Falls. The family requests contributions to be sent in Betty's name to the Hospice Visions Group. Contributions may be given to funeral chapel staff or mailed to Reynolds Funeral Chapel, P.O. Box 1142, Twin Falls, ID 83303.

Corey Michael Evans

HAZELTON — Corey Michael Evans, 41, who has received word that his body was discovered by hikers in a remote area south of White Water, Colo., on Sept. 21, 2008. Corey was reported missing April 30, 2008. The Mesa County coroner determined it was an accidental death and no foul play is suspected. There is no public service scheduled at this time.



Corey Michael Evans was born Feb. 7, 1967, in Denver, Colo., to Dennis Evans and Trudy Evans Winter Hammond. In September 1984, he moved to Hazelton from Denver, where he attended grade school in Eden and Hazelton. He attended Valley High School until the family moved in 1981 to Medicine Lodge and Dubois, Idaho, where he

attended Dubois High School from 1981 to 1984. The family moved back to Hazelton in 1984 and Corey graduated from Valley High School in 1985.

Corey married Crystal Parks in 1986; they divorced in 1997. He then married Jill Davidson; they divorced. He married Cydyl Parks; they were separated. Corey spent most of his life after marrying Crystal going to the College of Southern Idaho majoring in law enforcement. For a time, Corey worked for the Twin Falls Sheriff's Department. Corey had no children. Corey loved the cowboy life he learned and lived in Dubois and. In his heart, he will always be a cowboy.

Corey is preceded in death by his grandparents; and his brother, Erin Evans. He is survived by his mother, Trudy Hammond of Nampa; his brother, Todd and wife, Teah and their two sons and daughter of Enterprise Ore.; his Aunt, Kate Crinkley of Vancouver, Wash. It is not known if this father is living.

John Russell Hanson

BUHL — John Russell Hanson, Sr. (also known as Jack to many), an 88-year-old former resident of Buhl, died Tuesday, Sept. 16, 2008, in Rancho Cordova, Calif. John and his wife, Beula (who passed in 2001), had lived in Buhl since 1978. John's profession in life was a chef, but when he went into semi-retirement in Idaho, he worked for Clear Springs. He was born in San

Antonio, Texas. He leaves a daughter, Patricia, in Arkansas; a son, John Jr., in California; a stepdaughter, Sharon, in California; and a stepson, Robert, in Utah; 13 grandchildren; and a grandnephew. There will be a graveside service at 2 p.m. Friday, Oct. 24, at the West End Cemetery in Buhl, where his ashes will be interred next to his wife.

Maurice Lynn Wildman

GOODING — Maurice Lynn Wildman, 54, a resident of Gooding, died Monday, Oct. 20, 2008, at his home in Gooding.

Maurice was born Nov. 3, 1953 in Jerome, the son of Jim and Divena Orville Wildman. He moved with his family to Gooding in 1961 at the age of 8. Maurice played football and basketball and wrestled at Gooding High School. He later attended Boise State University. Maurice married Linda Lee Boring on Aug. 2, 1973. Their daughter, Megan Lynn Wildman, was born Nov. 21, 1977. He worked for Robertson Supply from 1991 to the present time. Maurice enjoyed hunting and fishing with friends and family.

Maurice is survived by his wife, Linda Wildman; daughter, Megan (Buck) Denenax; and grandchildren, Toef and Kaleh Leija; his mother, Divena Wildman; three brothers, Wally (Gail) Wildman, Dave (Karen) Wildman and Mark (Cheri) Wildman; two sisters, LaRae (Dan) Coffman and Berneda

Kilbury; and numerous nieces and nephews. He was preceded in death by his father, Jim Wildman; a great nephew, Matthew; and another-in-law, Bob Bolton.

He kept friends and family laughing "til the very end."

The funeral will be held at 11 a.m. Friday, Oct. 24, at the Gooding United Methodist Church. Burial will follow at the Elmwood Cemetery in Gooding. A viewing for family and friends will be held from 5 to 7 p.m. Thursday, Oct. 23, at Demary's Gooding Chapel. In lieu of flowers, please send memorial contributions to the American Cancer Society or the Kidney Foundation.

We would like to give a heartfelt thank you to his hospice nurse, Gay for her loving compassion and extraordinary care and also to his Robertson Supply Company family for their support and love.

Maurice is now in his final resting place, hunting with his long time friend, Ed Stover, and swapping stories.

DEATH NOTICES

Mary D. Rose

SHOSHONE — Mary Dee Rose, 79, of Shoshone, died Monday, Oct. 20, 2008, at her residence.

Arrangements will be announced by Demary's Shoshone Chapel.

Syran Boddy

HURLEY — Sydan Boddy, 94, of Burley, died Tuesday, Oct. 21, 2008, at CountrySide Care and Rehabilitation in Rupert.

The funeral will be held at 11 a.m. Tuesday, Oct. 28, at The Star LDS 1st ward

Chapel, visitation from 6 to 8 p.m. Monday, Oct. 27, at the Hansen-Payne Mortuary in Burley and one hour before the funeral Tuesday at the church.

Frances H. Berg

Frances Helen Berg, 89, of Twin Falls, died Tuesday, Oct. 21, 2008, at the Twin Falls Care Center.

No services will be held per her request (Parke's Magic Valley Funeral Home in Twin Falls).

Medical program yields fewer Idaho family doctors

By Jessie L. Bomzer Associated Press writer

BOISE — A regional program to train medical students in Seattle is yielding more Idaho doctors, but fewer of them are practicing family medicine and helping alleviate a statewide shortage of primary care physicians.

The number of Idaho medical students who graduated from the program and returned home to work in primary care has fallen 12 percent since 2005, according to a state Board of Education report this month.

The WWAMI Medical Education Program was developed in 1971 and allows students from Idaho, Wyoming, Alaska and Montana to attend the University of Washington School of Medicine and pay the same tuition as Washington students. The program emphasizes family medicine in rural or underserved areas and encourages graduates to work in the Northwest.

In 2005, 10 of the 18 graduates from Idaho returned to the state to practice family medicine. This year, six of the 14 graduates from Idaho came back to work in primary care specialties that include geriatrics, diseases and problems specific to the elderly, and pediatrics, the treatment of infants and children.

"There are several counties in Idaho without pediatricians," said Andrew Turner, director of the WWAMI Medical Education

Program at the University of Idaho and Washington State University.

The WWAMI program is now working to increase the number of Idaho graduates who return and practice primary care and meet a state benchmark of 50 percent. The program requires students to spend half of their first year of clinical training in primary care, but specialties fields can offer bigger salaries and lighter workloads than family practice, Turner said.

In 2007, five Idaho graduates from the WWAMI program accepted medical residencies in orthopedic surgery, where they'll diagnose and treat bone, muscle and joint disorders. "I don't know how many of those will come back," Turner said. "We need orthopedic surgeons."

The state has 400 family doctors and a population of about 1.5 million — one family doctor for every 3,750 people — and ranks 47th nationwide in the ratio of primary care doctors to residents, the Family Medicine Residency of Idaho estimates.

While fewer WWAMI graduates are choosing to go into primary care, "the more critical thing is that they come back to Idaho," Turner said. "If we're doing that, we're being successful."

Earlier this year, one out of every two Idaho graduates returned from the program to the state. In comparison, only 43 percent of the 2005 graduates decided to come back.

SERVICES

Beverly Jean Beadz of Wendell, graveside service at 10 a.m. today at the Wendell City Cemetery; gathering after the service at the American Legion Hall in Wendell.

John LaVon Priest of Rupert, funeral at 11 a.m. today at the Rupert LDS 3rd and 10th Ward Church, 526 S. St. in Rupert; visitation from 10 to 10:45 a.m. today at the church (Rasmussen Funeral Home in Burley).

Vergie Marie Sommerfeldt of Buhl, service at 11 a.m. today at the LDS Church on Main Street in Buhl; Farmer Funeral Chapel in Buhl.

Kenneth Dean Pickett Stevens

Kenneth Dean Pickett Stevens, 47, of Twin Falls, died Saturday, Oct. 18, 2008, at his home.

Ken was born Nov. 22, 1961, at Inconin, Neb. He graduated from Mt. Roswell High School at Great Falls, Mont., in 1979. Ken moved back to Idaho and joined the U.S. Coast Guard in April 1980. For many years, up to the time of death, he was a long-haul truck driver.

Ken loved to fish, hunt and be outdoors. He also enjoyed car restoration and loved to attend anything that had to do with cars and trucks. He especially loved his "babies," his bull dogs. His family would like to thank his friends for being part of and

sharing in his life. Ken is survived by his parents, Charles and Margery Pickett of Mountain Home; his brother, Dan of Mountain Home; his sister, Shari and spouse, Bryan of Gooding; many many nieces, nephews, aunts, uncles, cousins and close friends.

A celebration of Ken's life will be held from 2 to 4 p.m. Saturday, Oct. 25, at his home and shop, 1150 Klember Road in Twin Falls. Please bring a copy of your favorite "ken" picture for his memory plaque. In lieu of flowers, please send a donation to your favorite charity. Arrangements are under the direction of Reynolds Funeral Chapel in Twin Falls.

Gloria E. Katz

Benjamin Edward Katz of Sage, Iowa. They lived in Valparaiso, Iowa. New York City and Minneapolis where he discharged his military duties and well he received his training in pediatric medicine. They moved to Twin Falls in September 1952 and have resided there ever since.

She is survived by her husband, and her five children, Leanne Holt (Jack), Brian Kent (Carolyn), Betty Goodman (Steve) and two great grandchildren and two great-grandchildren. She was preceded in death by her parents and her two brothers. She will be deeply missed.

On July 2, 1947, she married

MISSING ADULT

Albion, Idaho



LUKE MANIER

Missing since: 9/28/2008 Age: 40 Missing from: Albion

Sex: Male Height: 6'4" Weight: 230 Eye Color: Blue

Hair: Reddish Brown Race: Caucasian Complexion: Fair Birth Date: 11/01/1967

Please call the Cassia County Sheriff at 208-878-1107 if you have any information about LUKE MANIER.

Patient Spotlight

"I've had hearing aids before, but never this kind of service!"

— Emma Koffer, Twin Falls

"Fritz has been so helpful in getting my hearing aids adjusted just the way I need them. In fact, his entire staff is very helpful with cleaning and all the little things I wouldn't expect them to do."

"I've had hearing aids before, but I've never had this kind of service. I wear my hearing aids all the time because they make it so much easier to hear people, especially in large groups. The entire experience has been very satisfying!"



Now Celebrating Our 21st Anniversary! TWIN FALLS 734-2900 260 Falls Ave • Suite A Arden Jean Co. BUBBLE 678-7600 1201 E. 16th • Suite 103 Inside Farmers Insurance Fritz Klippen, M.L.S. Hearing Technology Specialist

The Visions Group HOME CARE OPTIONS It's a fact, not a place! 208-732-8100 "Nothing else can give you the independence of Home!" All Company Staffed

AROUND THE WORLD

WASHINGTON Powder-faced letters sent to banks in 9 cities

WASHINGTON — More than 30 letters containing a suspicious powder/were mailed to Chase bank branches and federal banking regulators' offices in nine cities, authorities said Tuesday in what was being investigated as a first, if extreme, public backlash over the nation's financial crisis.

Initial tests on the powder proved negative for poisonous or otherwise dangerous toxins, the FBI said. An FBI spokesman in Oklahoma, where eight letters turned up, said local preliminary assessments showed the powder was harmless calcium.

Additional tests were being run on the letters Tuesday as officials zeroed in on possible suspects near Amarillo, Texas, where the letters were postmarked.

"Most of these letters contain a powder substance with a threatening communication," the FBI said in a statement.

THAILAND Former prime minister found guilty of corruption

BANGKOK — A Thai court found former Prime Minister Thaksin Shinawatra guilty of corruption and sentenced him Tuesday to two years in prison, adding a new twist to the country's paralyzing political crisis.

The guilty verdict was the first against the country's former leader since he was ousted by a 2006 military coup after being accused of corruption and abuse of power.

Thaksin, 53, jumped bail and fled to England two months ago along with his wife, Pajarnan, 51, who was also charged. The Supreme Court acquitted her on Tuesday.

From his home near London, Thaksin condemned the conviction but said it was hardly a surprise.

"It was politically motivated since the court is a carry-forward of the coup d'etat," Thaksin told The Associated Press. "I'm a politician and after I was toppled by the coup, it's normal that they will try every means to justify it."

INDIA India launches spacecraft to moon in Asian space race

NEW DELHI — Scientists have better maps of distant Mars than the moon where astronauts have walked. But India hopes to change that with its first lunar mission.

Chandrayaan-1 — which means "Moon Craft" in ancient Sanskrit — launched from the Sriharikota space center in southern India early this morning in a two-year mission aimed at laying the groundwork for further Indian space exploration.

Chief among the mission's goals is mapping not only the surface of the moon, but what lies beneath. India joined what's shaping up as a 21st century space race with Chinese and Japanese crafts already in orbit around the moon.

The United States, which won the 1960s race to send men to the moon, won't jump in this race with its new lunar probe until next spring, but it is providing key mapping equipment for India's mission.

— The Associated Press

McCain reminds Biden he's been tested in crisis

By Glen Johnson
Associated Press writer

HARRISBURG, Pa. — Republican John McCain told voters in his key electoral state Tuesday he was personally tested by the same kind of crisis that Democratic vice presidential nominee Joseph Biden warned Barack Obama will almost certainly face if elected president.

year-old Obama would face within six months of taking office.

"I was on board the USS Enterprise," McCain, a former naval aviator, said in the capital city of Harrisburg. "I sat in the cockpit, on the flight deck of the USS Enterprise, off of Cuba. I had a target. My friends, you know how close we came to a nuclear war."

As the crowd of several thousand began to swell with cheers and applause, he added with dramatic

effect: "America will not have a president who needs to be tested. I've been tested, my friends."

Biden told fundraising audiences in Seattle over the weekend that he expects voter figures to test Obama early if he wins the election. "He's gonna need you — not financially to help him — we're gonna need you to use your influence, your influence within the community, to stand with him," Biden said.

Biden predicted Obama would fare well because he's "got steel in his spine." In citing the Cuban Missile Crisis, though, he evoked a historic event in which McCain played a part. McCain spent Tuesday in

Democratic-leaning Pennsylvania, worth 21 Electoral College votes, before heading today into New Hampshire, a formerly reliable GOP state which Obama has made competitive this year. Though it has only four of the 270 electoral votes needed to win the presidency, New Hampshire could swing the election under some voting models that predict a close Electoral College split.

The 72-year-old McCain regularly questions whether Obama has the experience to be president. He also questions whether the Illinois Democrat has the character to stand up to his own party and to stick with his core philosophical views.



McCain

Biker gang busted

ATF swoops on Mongols motorcycle gang

By Thomas Watkins
Associated Press writer

LOS ANGELES — Dozens of burly, tattoo-covered members of the Mongol motorcycle gang were arrested Tuesday by federal agents in six states following a three-year investigation in which undercover agents infiltrated the group.

More than 60 members of the Southern California-based Mongol Motorcycle Club were arrested under a federal racketeering indictment that included charges of murder, attempted murder, assault, as well as gun and drug violations, said Bureau of Alcohol, Tobacco, Firearms and Explosives spokesman Mike Hoffman.

During some arrests, sharpshooters stood guard on surrounding rooftops as motorcycles were lined up and confiscated.

"It's going to be a large hit to their organization. We are arresting many of their top members," Hoffman said.

U.S. Attorney Thomas O'Brien said he believed it to be the highest number of arrests of a motorcycle gang in the nation's history.

His staff planned to ask a judge for an injunction to seize the Mongols' trademark name, a first for federal authorities. If the order is approved, no member would be able to wear a jacket or ride a bike bearing the gang's name.

"It would allow law enforcement to seize the leather jackets right off their back," O'Brien said.

Federal and local agents had 110 federal arrest warrants and 160 search warrants that were being served across Southern California and in Nevada, Oregon, Colorado, Washington and Ohio. The sweep, dubbed Operation Black Rain, was to continue through the day Tuesday, agents said.

Among those arrested were the gang's former national president, Ruben Cavazos.

Hoffman said the Mongols had been recruiting members of Los Angeles street gangs to assist in their operations.

The Mongols are primarily Latino and formed because the Hells Angels refused to allow Hispanic members.

Four ATF agents infiltrated the gang and were accepted as full



Law enforcement officers inspect a red custom Harley-Davidson motorcycle at the home of Ruben Cavazos, former national president of the Mongol motorcycle gang Tuesday in West Covina, Calif.

members, a difficult process that requires winning the trust of the gang's top leaders over a period of months, Hoffman said.

The agents were required to live away from their families in homes set up to make it look like they lived a Mongol lifestyle, Hoffman said.

Four undercover women ATF agents also were involved in the operation, pretending to be biker girlfriends and attending parties with the agents' women are not allowed to become full members of the gang.

"If you go to a party all the time and you don't even bring a girl around it's kind of weird"

Hoffman said. "Someone might get suspicious."

To be accepted in the gang, the ATF agents had to run errands and were subject to a background check by private detectives.

Outside Cavazos' home in West Covina, about 18 miles east of Los Angeles, a red custom Harley-Davidson motorcycle sat outside. No occupants were home but several police and ATF agents were seen going through items in the house.

Cavazos wrote a memoir titled "Honor, Love, Fear, Noise: The Life and Times of a Mongol," published by HarperCollins in June

Spreading the wealth? U.S. does it already

By Charles Babington
Associated Press writer

WASHINGTON — John McCain is pouncing on Barack Obama's call for shifting more wealth from richer Americans to poorer ones, likening it to socialism. His remarks win applause at campaign events but they ignore the nation's long tradition of redistributing huge amounts of wealth through tax-and-spending policies.

Placing a heavier burden on the wealthy has been a cornerstone of the federal income tax since its inception in 1913. Under its "progressive" formula, in which the wealthy pay higher tax rates, the richest 5 percent of Americans now pay well over half of all federal income taxes.

Forty percent of Americans pay no federal income tax at all, although it is the government's largest revenue source. Meanwhile, they benefit from various social programs aimed at low-income households, another feature of a system that redistributes money.

Conservatives, citing such statistics, say the country needs no more top-to-bottom shifts of wealth. McCain, the Republican presidential nominee, has hammered the issue since Obama's talking to an Ohio plumber, said he would raise taxes on the wealthy and cut them for lower-wage workers, adding: "I think when you spread the wealth around, it's good for everybody."

Many Americans think that sounds "a lot like socialism," McCain said in a radio address Saturday. Barack Obama's tax plan would convert the IRS into a grant welfare agency, he said, "redistributing massive amounts of wealth at the discretion of politicians in Washington."

"McCain accused Obama of 'class warfare.' But McCain is the perpetrator, argue Democrats, who contend he is trying to fuel middle-class resentment toward poorer people through inflammatory words like 'socialism' and phrases reminiscent of Ronald Reagan's attacks on 'welfare queens.'"

In fact, Obama supporters note, the gap between rich and poor in recent years has grown markedly in part because a middle-class surge reinvigorated largely stagnant whole corporate profits and high earners' salaries soared. The nation's income inequality now ranks among the world's largest, reports show. The richest 10 percent earn an average of \$93,000 a year, the poorest 10 percent make \$5,800 on average.

Various economic and regulatory factors have led that gap, but tax policies play a role, too, because some major revenue sources are far less favorable to low-income people than the nation has in the past.

For most Americans, the biggest tax burden is the payroll tax that funds Social Security and Medicare. The tax runs on the same for everyone, and the Social Security levy does not apply to incomes above \$102,000 a year to the wealthy.

Moreover, Social Security benefits go to rich and poor retirees alike. That means low-income workers payroll taxes are partly shifted to wealthier people, a reversal of the income tax's up-down construct.

Pharmacy follows faith: No birth control pills

GIANTILLY, Va. (AP) — A new drug store at a Virginia strip mall is putting its faith in unconventional all-business plan. No candy. No sodas. And no birth control.

Divine Mercy Care Pharmacy is among at least seven pharmacies across the nation that are refusing as a matter of faith to sell contraceptives of any kind, even if a person has a prescription. States across the country have been wrestling with the issue of pharmacies who refuse on religious grounds to dispense birth control or sterilizing pills, and some have enacted laws requiring drug stores to fill the prescriptions.

In Virginia, though, pharmacies can turn away any prescription for any reason.

"I am grateful to be able to practice my religious beliefs," Robert Sessler said, whose store's contraceptives will never be stocked and any birth does not have to be checked at the



divine care store. Sessler said a similar pharmacy before operating the new store, which is not far from Dulles International Airport. The store only sells items that are health-related, including vitamins, skin care products and over-the-counter medications.

On Tuesday, the pharmacy celebrated a blessing from Arlington

Pharmacist Paul S. Lovvick. Divine Mercy Care is not affiliated with the Roman Catholic Church, it is guided by church teachings on sexuality, which forbid any form of artificial contraception, including amniocentesis pills, condoms and birth control pills, a common prescription used by millions of women in the U.S.

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BREAST CANCER AWARENESS

Who gets breast cancer?

Anyone who has ever had cancer remembers what it felt like hearing the diagnosis for the first time. You can feel angry, afraid, cheated, overwhelmed and uncertain about the future. But in time you learn you can take control of your life. Your medical team, family and friends (co-survivors) can help you through the process. Here's how:

STEP 1: Planning your journey Your doctor reviewed your pathology report and made a diagnosis of breast cancer. The same report will be used to determine your prognosis (expected outcome) and to suggest a course of treatment. Making this plan is the first step in the process of healing. You can get copies of all your medical records, including your pathology report. You may want to look at these records with your doctor so that he or she can translate the technical information for you. Your medical records will also be helpful in case you seek a second opinion. This will help you become a more educated consumer and patient. After all, you will make the final decisions about what is best for you.

STEP 2: Making treatment decisions Today, doctors have many treatment options to offer. There are two main types of breast cancer treatment: local and systemic. Local treatment includes procedures involving only the breast and surrounding tissue. These include surgery and radiation therapy. Surgeries can preserve most of the breast (lumpectomy) and axillary (under the arm) lymph node removal or can remove the breast (mastectomy).

FACTS FOR LIFE

Systemic treatment reaches cancer cells that are throughout the body. It includes treatments like chemotherapy, hormone therapy and biologic therapy. Local and systemic treatments are often used together to provide the best chance for recovery. For women who have a mastectomy, breast reconstruction is another option. This surgery may be done at the same time as the mastectomy or later. For some women, having reconstructive surgery helps them feel good about themselves and improves their emotional health. Be sure you talk to your doctors, family members and other people who have had this procedure before you make your final decision. Your doctor may suggest several treatment options based on your type of cancer. Consider each option carefully. Do not rush into decision if you are still not sure. Ask questions. Discuss your concerns. Consider your priorities. The more information you have, the more likely you will make an informed decision.

• Information provided by the Susan G. Comen Foundation.



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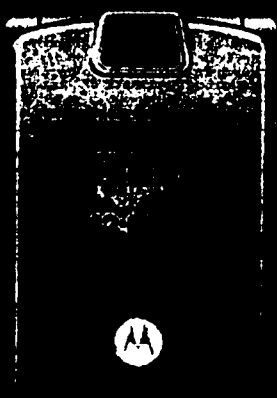
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INSIDE: Hagerman wins another conference crown, D2



INSIDE: Local, D2 | Scoreboard, D3 | Golf & NFL, D4

CSI shines on Dig Pink night

By David Sorenson
Time-News writer

Nothing that has ever happened in the College of Southern Idaho volleyball scrimmage against the College of Idaho on Tuesday will

be reflected in the season standings. But the impact could be seen in a ripple effect, both on and off the court.

CSI raised approximately \$2,300 for breast cancer research through the Slide-Out Foundation, more than doubling its original goal for the scrimmage.

Oh, yeah, and the Golden Eagles played their best match

Golden Eagles beat College of Idaho, raise money for cancer research

of the year, winning the exhibition 22-15, 25-24, 15-12, 25-18.

In a scrimmage that carried the atmosphere of a high-stakes tournament, CSI's Golden Eagles were carried by the momentum of their fans.

The victory was a good one to give back to the fans who combined to help CSI for a second its

Please see Page D2



STATE SOCCER TOURNAMENT PREVIEW

Eight magic answers

8-ball tells all as state soccer tourneys begin

Class 5A girls

Q: Can the Twin Falls Bruins compete at the state-tournament level?

The Bruins have the talent to stay on competitive terms with most of the teams they could face. But what will make or break their chances of playing for a trophy is whether the entire team will show up for a solid 80 minutes—or more, if necessary.

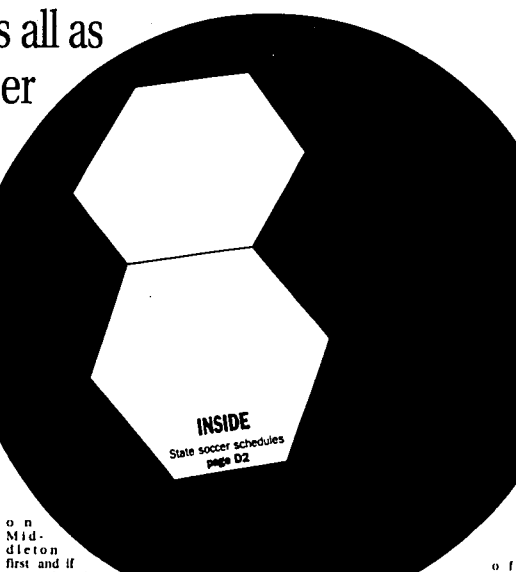
"The most important thing for us is to play intense, to play 100 percent and don't back down to a team, and that the whole team puts on pressure defensively instead of just the four defenders," said coach Katie Kauffman. "Because if we don't play high-intensity defense against these teams, they're just going to pass the ball around us and we're going to get run to death."

Class 4A boys

Q: Can Jerome achieve its season-long goal of winning the championship trophy on Saturday?

Jerome opens up with a match against Middleton, one that should help the Tigers build the kind of confidence that eluded them at the state level last year. Jerome comfortably handled Middleton twice during the regular season.

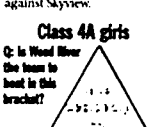
"Playing Middleton gives us a little bit of confidence, but you just never know," said Jerome coach Robert Garcia. "We'll just take it game by game, concentrating



Answers by DAVID BISHOP. Illustrations by SANDY SALAS/Time-News

Class 4A girls

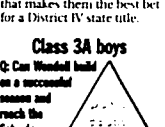
Q: In Wood River, the team to beat is this bracket?



The Wolverines beat Century to win the Region IV-V championship last week. At that time, Century was undefeated, and historically the Diamondbacks have never failed to reach at least the third-place game since soccer became a sanctioned sport. Last week's victory

Class 3A boys

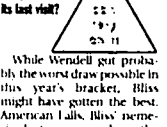
Q: Can Wendell build on a successful season and reach the Saturday runoff?



If you're going to bet the farm on Wendell getting out of the first two games of the state tournament, think twice. While Wendell had a remarkable season and clinched its first-ever HDSC title, the draw was not kind to the Trojans. First up is Payette, the winner

Class 3A girls

Q: Can Bliss return to the title game two years after its last visit?

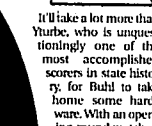


While Wendell got probably the worst draw possible in this year's bracket, Bliss might have gotten the best. American Falls, Bliss' nemesis last season when the Bears were eliminated on Friday, is first up first, but this year's Bliss team is leaps and bounds better than last year's. Next would be Bonners Ferry or Aberdeen. Getting on top first is the key for the Bears, as they don't seem to respond well to going down a goal. Can they get back to the title game?

Yes. Will they? Time will tell.

Class 3A girls

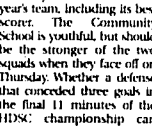
Q: Can Arimatea Yurbe lead Buhl to a state trophy?



It'll take a lot more than Yurbe, who is unquestionably one of the most accomplished scorers in state history, for Buhl to take home some hardware. With an opening-round matchup against Fruitland, which thumped Filer 9-0 to start the state tournament last year, defense is going to be the key to survival at this level.

Class 3A girls

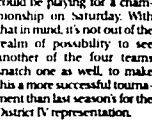
Q: Can the Community School average last year's state tournament loss to Shelby?



Shelley lost a lot from last year's team, including its best scorer. The Community School is youthful, but should be the stronger of the two squads when they face off on Thursday. Whether a defense that conceded three goals in the final 11 minutes of the HDSC championship can recover from that shell shock will play no small part in dictating the Catthroats' fortunes.

The final word

Q: Can District IV better last season's trophy haul of three?



Jerome, Wood River and Bliss are probably the best bets to receive trophies of some order from this weekend's play in fact, it wouldn't be a stretch to say all three could be playing for a championship on Saturday. With that in mind, it's not out of the realm of possibility to see another of the four teams snatch one as well, to make this a more successful tournament than last season's for the District IV representation.



Game 1
Phillies at Rays
6 p.m., FOX

Kazmir and Hamels linked since high school

By Mike Fitzpatrick
Associated Press writer

ST. PETERSBURG, Fla. — Even as teenagers, Scott Kazmir and Cole Hamels were linked by their left arms.

A pair of high school pitchers brimming with promise, both slotted for the first round of the 2002 amateur draft. When they got picked two spots apart, the comparisons were inevitable.

Six years later, they're set to square off on baseball's biggest stage Wednesday night when Kazmir and the wrist-first Tampa Bay Rays host Philadelphia in Game 1 of a World Series matchup that hardly anyone expected.

Pretty heady stuff for these two budding ace leaguers still shy of their 25th birthday.

"I think we relate at the same level, because we've had to go through the same experiences," Hamels said Tuesday before the Phillies worked out at tricky Tropicana field.

Their teams have something in common, too: a history of losing.

Tampa Bay's tale is hard to believe. In the little season as a potential doorman before this sudden surge to American League supremacy. On the other side, the Phillies, with one championship (1980) in 125 seasons and more losses than any franchise in professional sports.

This ain't exactly Yankee-Dodgers or Celtics-Lakers.

But for Kazmir, Carl Crawford and the rest of the Rays who endured growing pains season after season in a nearly empty dome, their new success is all that matters.

"It means everything to me, it really does, especially for this city," Kazmir said. "It's pretty much worth the wait, you could say, for what we had to go through the last four years."

The Rays, who dropped the "Devil" from their nickname before the season, have been stockpiling young talent and top draft picks for years. Still, few thought they could complete such a remarkable turnaround so fast — besides Kazmir.

Kimberly defeats Filer in five at SCIC tournament

By Blaine Phillips
Time-News writer

Second-seeded Filer could have saved itself a lot of heartache if the Wildcats hadn't lost the first two games of the championship semifinal to top seed Kimberly. Filer mounted a comeback, winning Games 3 and 4 to force a decisive fifth game, only to lose to the Bulldogs 25-15, 25-12, 25-23, 25-25, and 15-11.

"It was huge for us to get off to a good start," said Kimberly coach Lawrence Pfeiffer. "We came out fast and well prepared. It was a good thing the fifth game didn't go to 25. Overall, the team played well and the team played back." Kimberly senior Sarah Lentz was asked before the match how important a good start would be and said that in the past the team had struggled early in matches, but

lately the Bulldogs had been putting it all together.

"We've been working together and have the confidence that we can win the tough games," said Lentz.

Rozanne Krieger led Kimberly with eight kills and Alex Pfeiffer added seven kills and 10 assists. Lady Altomere contributed a team-high 16 assists and Trighur Hale led the defense with 25 digs.

"I was both nervous and excited about the match," said Alex Pfeiffer. "It was hard sitting in school today and it was a good thing they were patient with us. We knew Filer would come out from the start and we needed to get to rhythm fast, especially against a team like Filer."

Filer senior Stephanie Buey said before the match that it was important for the team to stay positive.

"For some reason we have a mental block and have a tendency to get down when we play Kimberly," said Bary.

Filer tried a different rotation in the first two games and it didn't work. "It didn't back and I should have done that. It was a coaching error on my part," Pfeiffer coach Stephanie Buey said. One of the major problems

Please see SCIC, Page D2

State soccer tournament schedules

Game 7: Game 1 winner vs. Game 2 winner... Game 8: Game 3 winner vs. Game 4 winner... Saturday, Oct. 25... Game 1: Wood River (16-13) vs. Bishop Kelly (7-20), 11 a.m.

Class 4A

At Brothers Park, Caldwell Boys Thursday, Oct. 23... Game 1: Jerome (17-0-1) vs. Middleton (10-6-3), 11 a.m.

Class 5A

At Eagle/Meridian/Rocky Mountain HS Boys Thursday, Oct. 23... Game 1: Coeur d'Alene (9-8-0) vs. Mountain View (13-3-1), 9:30 a.m.



At Eagle HS Third-place: Game 7 loser vs. Game 8 loser, 11:45 a.m., at Eagle HS

Girls

Thursday, Oct. 23 Game 1: Sandpoint (13-3-4) vs. Capitol (14-2-1), 9:30 a.m., at Meridian HS

Class 3A At Vallieu HS Boys Thursday, Oct. 23... Game 1: Bonners Ferry (12-4-3) vs. Aberdeen, 11 a.m.

Class 4A Saturday, Oct. 24... Game 1: Wood River (16-13) vs. Bishop Kelly (7-20), 11 a.m.

Twin Falls fights, but falls at tourney

Times-News

Close, but not quite. That was the story of the night for the Twin Falls High School volleyball team...

Facing top-seeded host Idaho Falls in the first round, the Bruins played tough in falling 25-17, 26-24, 25-18...

That left her unavailable for the elimination match against the fourth-seeded Skyline...

while Hillfield and Rienstra totaled 11 and 10 kills, respectively, behind Marsing's 38 assists. The Tigers still have a shot at next week's Class 4A state tournament...

Class 2A

VALLEY CRUISES TITLE TIE The top-seeded Valley Vikings reached to today's Canyon Conference championship match with a 25-13, 25-12, 25-23 sweep of Declo Tuesday night...

Declo beat Genesis Ferry in four games earlier in the night, but scores were unavailable. Those two teams face again at 4 p.m., today for the right to face Valley in the 5:30 p.m. championship match...

WOOD RIVER CLAIMS DISTRICT TITLE Wood River beat Jerome in four games to win the Great Basin Conference West Tournament Tuesday night in Hailey...

Class 1A

DIVISION II CAMEL COUNTY UPSETS ICEFIELD FOR SECOND PLACE No. 3 seed Camel County upset second-seeded Icefield in the second-place match at the Sawtooth Conference tournament Tuesday night in Murtaugh...

"It was an awesome team effort," said Stroud. "We played great defense and served well. Freshman Hamblin (Peterson) was phenomenal. It was best we played all year by far."

Peterson tallied 36 kills. Erica Phantharssen had 60 assists and Sunnie Vouch added 10 kills in the victory.

In the first matchup of the night Tuesday, Carey defeated Murtaugh 25-12, 25-17, 25-14, in a terminating Murtaugh's season.

Carry went on to face Camas County and the Mushers made quick work of the Panthers in a 25-19, 25-23, 25-21 sweep, eliminating Carey from the tourney.

Golf

LOCAL TEAM SEVENTH AT MCGLEDREY Local golfers Mike Hamblin, Rocky Federico, Gary Jenkins and Greg Lambert are in seventh place at the PGA McGladrey Team Championship at Pinehurst (N.C.) Resort.

The foursome qualified for the national championship by winning the local qualifying event and the section championship earlier this year.

Hamblin reported the team shot a score of 5-under on Monday and 12-under on Tuesday. The tournament concludes today.

Drag racing

DRIVERS CRUISE AT HIGH SPEEDWAY High Desert Speedway in Gooding hosted another weekend of drag racing. Results follow:

High Desert Speedway results Oct. 24... Super Pro Class 1: Donny Vasquez; 2: Russ Jones; 3: Chris Goff; 4: Chad Thomas; 5: Matt Jones; 6: John Jones; 7: Gary Jones; 8: Gary Jones; 9: Gary Jones; 10: Gary Jones

Super Pro Class 2: Donny Vasquez; 2: Russ Jones; 3: Chris Goff; 4: Chad Thomas; 5: Matt Jones; 6: John Jones; 7: Gary Jones; 8: Gary Jones; 9: Gary Jones; 10: Gary Jones

Super Pro Class 3: Donny Vasquez; 2: Russ Jones; 3: Chris Goff; 4: Chad Thomas; 5: Matt Jones; 6: John Jones; 7: Gary Jones; 8: Gary Jones; 9: Gary Jones; 10: Gary Jones



The Hagerman Pirates celebrate their win over Challis in the Snake River Conference championship match Tuesday in Hansen.

Champs on more: Pirates sail past Challis for SRC title

By Ryan Howe Times-News writer

Since they've had the Snake River Conference championship trophy in their possession their entire high school careers, the four Hagerman seniors weren't about to let it go Tuesday night. The Pirates came out on fire and left Challis little opportunity to compete in a three-game sweep of the conference tie match...

Charm of her four seniors, Haley Arriaga, Charl Gidler, Breccia Mangum and Aubrey Goolsby: "We look to them for motivation. We look to them for everything."

Mangum led Hagerman offensively with 14 kills and Arriaga tallied 10. Gidler distributed 27 assists. Junior Amanda Regnier stepped up for the Pirates with solid play at the net. She only registered six kills, but her aggressiveness helped keep the Vikings' big hitters in check...

their errors. "We want take another state title, that's our main goal," said Mangum.

In other matches Tuesday, Highland beat Skyline 25-13, 25-10, 25-15 in the first round and swept second-seeded Madison 25-19, 26-24, 25-13.

WOOD RIVER CLAIMS DISTRICT TITLE Wood River beat Jerome in four games to win the Great Basin Conference West Tournament Tuesday night in Hailey. The top-seeded Wolverines lost the opening game, but rebounded to win 25-27, 25-17, 25-20, 25-19.

Pink

Continued from page D1

hopes for the night. "It's a really good feeling because people who have any kind of cancer give everything just to make it through the day. It's amazing to be able to give back in any way," said freshman setter Latexa Lehman, who lost her half-sister Tina Stattner to breast cancer just less than a year ago.

week of volleyball ahead. "We were excited to come out on our home floor, for one, and we just talked about how this was about bigger and better things (than volleyball)," Carntisser said. "I'm ecstatic (at the donation total). You talk about big football games and basketball games, and then there's little Twin Falls, Idaho, and the CSI volleyball program being able to do this, and that's great."

The Golden Eagles took Tuesday's opportunity to recognize survivors of breast cancer, in addition to raising funds to support the currently waning the emotion surrounding the event just spurred the team on to victory. With Seneca West Athletic Conference rivals Snow College and St. Luke Community College coming to town this Thursday and Saturday, respectively, it just might be the intensity of a match that won't even see the record books that kick-starts CSI's stretch run at home.

SCIC

Continued from page D1 for the Wildcats was at the serving line where Flier missed 14 serves. "You just can't do that and win," said Richards. "Kimberly dug a lot of balls. They are a good controlled volleyball team."

Natalie Hughes added eight kills and Krista Lewis had six. Kim will play Buhl at 4:30 p.m., today after the Indians eliminated Gooding 25-20, 25-21, 26-24 on Tuesday. Senior Ellie Spencer led the Indians with 14 kills and Enahy Hoaman followed with eight. On defense, Katherine Hunter and Melbie Bowner reached double digits in digs with 21 and 18, respectively, and Liz Comer had 10 blocks.

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TWIN FALLS COUNTY REQUESTS FOR QUALIFICATION OF QUALIFICATIONS (RFQ) The City of Hansen is seeking Statements of Qualifications from firms interested in providing professional engineering and technical services on upcoming engineering design studies and construction projects for a period of one year.

Anticipated Activities (25) Qualification of Engineering Team (25) Design and Implementation Experience (25) Project Management Experience (25) Selection Committee Interview (25)

LEGAL NOTICE MINIDOKA COUNTY IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF MINIDOKA

Case No. CV 08-045 NOTICE OF SHERIFF'S SALE EVA RODRIGUEZ AND JESUS MORALES, Defendants. FRANCISCO VEGA and YOLANDA VEGA, husband and wife, Defendants.

TWIN FALLS COUNTY NOTICE OF TRUSTEE'S SALE Loan No. 200803064 1 5 No. 200800451 - 3059 (On 01/14/2008 at 11:00 a.m.)

LEGAL NOTICE NOTICE OF TRUSTEE'S SALE Loan No. 200803064 1 5 No. 200800451 - 3059 (On 01/14/2008 at 11:00 a.m.)

LEGAL NOTICE NOTICE OF TRUSTEE'S SALE Loan No. 200803064 1 5 No. 200800451 - 3059 (On 01/14/2008 at 11:00 a.m.)

LEGAL NOTICE ELMORE COUNTY BOARD OF CORRECTION KING HILL IRRIGATION DISTRICT

THE KING HILL IRRIGATION DISTRICT BOARD OF DIRECTORS will meet at 7:30 P.M. Tuesday, November 4, 2008 at the District Office in King Hill, Idaho to hear objections to the 2008 O & M Assessment.

LEGAL NOTICE MINIDOKA COUNTY JOINT SCHOOL DISTRICT #331 REQUEST FOR PROPOSALS

NOTICE IS HEREBY GIVEN quotes will be received by the Board of Trustees of Joint School District #331, Minidoka, Cassia, Jerome and Lincoln Counties, Idaho, for Section 125. CATERINA ADMINISTRATOR

LEGAL NOTICE LINCOLN COUNTY NOTICE OF LETTING

Sealed proposals will be received by the IDAHO TRANSPORTATION BOARD only at the office of the IDAHO TRANSPORTATION DEPARTMENT, 311 WEST STATE STREET, BOISE, IDAHO 83702.

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LEGAL NOTICE NOTICE OF TRUSTEE'S SALE Loan No. 200803064 1 5 No. 200800451 - 3059 (On 01/14/2008 at 11:00 a.m.)

LEGAL NOTICE MINIDOKA COUNTY NOTICE OF TRUSTEE'S SALE

Idaho Code 45-1506 Today's date: October 10, 2008 File No.: 7261 25510 Sale date and time (local time): February 12, 2009 at 11:00 AM Solo location: outside the main entrance of the Minidoka County Courthouse, 711 'C' Street, Rupert, ID 83350

LEGAL NOTICE MINIDOKA COUNTY NOTICE OF TRUSTEE'S SALE

Idaho Code 45-1506 Today's date: October 10, 2008 File No.: 7261 25510 Sale date and time (local time): February 12, 2009 at 11:00 AM Solo location: outside the main entrance of the Minidoka County Courthouse, 711 'C' Street, Rupert, ID 83350

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