

Activists:
Tobacco
funds being
wasted

BCS BOUNCE

BSU likely shut out of bowl games after Utah's win.

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Five ways to get ready for the upcoming ski season.

HEALTHY & FIT, B1

TIMES-NEWS

Monday, November 24, 2008

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Money matters T.F. Council will hear spending adjustment

By Jared S. Hopkins
Times-News writer

Twin Falls City Manager Tom Courtney will present tonight to the City Council a contingency budgeting plan that includes new policies for staffing and planned capital improvements as officials adjust to a projected

shortfall in general revenue by as much as \$300,000.

On Friday, the city announced it was revising its budget because of the ongoing economic crisis. It cited a shortfall of as much as \$50,000 in state sales tax revenue filtered to the city and a drop in residential building permits that

could reach \$300,000. Courtney will address the council at 5 p.m. at 305 Third Ave. E.

While some revenue sources could soften the blow, Courtney said the city still projects a shortfall of \$200,000 to \$300,000, or about 1 percent of the budget.

Mayor Lance Clow said Sunday that while the city does hold reserves, the city devising a different spending strategy is a matter of being fiscally responsible.

"They've seen trends and they would rather deal with them immediately and not with it at the end of year," said Clow who is a financial

adviser. "It's the responsible thing to do with the budget at this point."

The city's 2008-09 \$50 million budget went into effect Oct. 1, less than two months ago. It was the largest budget increase ever — about 22 percent — but came largely for one-time capital expenses paid for with reserves

and grants.

Typically, the city makes estimates in the spring, begins compiling the budget in the summer and then sends it to the council for adoption in the fall.

Clow, who joined the council in 1994, couldn't recall any

Please see **MONEY**, Page A2



MEGAN THOMPSON/Times-News

'Gotcha!' Mike Slagowski surprises his children Anika, 8, and Quentin, 10, as they try to avoid being 'it' during a game of tag with their father at Cascade Park in Twin Falls. Slagowski, 36, is a nontraditional student in the nursing program at the College of Southern Idaho.

Building for a legacy

Veterans raising money for memorial hall

By Blair Koch
Times-News correspondent

Veterans helping veterans. That is the main idea behind building a proposed Twin Falls County Veterans Memorial Hall.

"Right now we're just a bunch of old retired veterans with a vision," said Bob Jackson, who represents the Disabled American Veterans in the newly formed Twin Falls County Veterans Council.

The council, including charter members from Twin Falls' DAV, Marine Corps League, American Legion and Veterans of Foreign Wars, was established for planning the hall and raising funds.

Part of the initial work is organizing a large raffle that would include a 237-acre Hagerman property. The ranch is bordered

Please see **LEGACY**, Page A2

A healthy CHOICE

As economy stalls, need for nurses in Idaho remains strong

By Ben Bobbin
Times-News writer

Mike Slagowski isn't sure where a career in nursing will take him. But the 36-year-old single father of three is confident it will lead to a job so he can provide for his family — a common concern as the economy continues to struggle.

"People are still going to get



MagicValley.com

HEAR: Interviews from student nurses and why hospitals are recruiting them.

sick," said Slagowski, who is taking nursing courses at the College of Southern Idaho.

Despite a troubled economy that's soured the national job market, nursing stands out as a

career where opportunities still exist for college graduates. Health care was predicted to be Idaho's fastest-growing and highest-paying field between 2006 and 2016 — with nursing leading the way,

according to the Idaho Department of Labor. The agency predicts a need of more than 500 new registered nurses in Idaho each year.

The long-term need stems from retiring nurses belonging to the baby-boom generation, an aging population and the Idaho's unprecedented growth.

Please see **NURSING**, Page A2



Matthew Fygar, a human resources consultant with Intermountain Cascade Regional Medical Center, talks with CSI students Friday during a career fair for nursing students. ASHLEY SMITH/Times-News

Groundwater users on board with recharge

By Nate Poppino
Times-News writer

About one week ago, a group of Magic Valley canal companies and irrigation districts joined with Idaho Power Co. to put forward a plan to help put water back in the Eastern Snake Plain Aquifer.

The plan received the blessing of state water officials. Now, it sounds like groundwater users will also support it — though they have some concerns about how much canal owners will want in exchange for running recharge water through their systems.

Lynn Tomlinaga, executive director of the Idaho Ground Water Appropriators, said the users he represents are willing to pay about it moving forward on any recharge project is a good thing. In addition to helping cover fees, groundwater users will likely also provide recharge water, he said.

"We'll be part of that discussion, that's for

Please see **RECHARGE**, Page A2

Bug-sized spies

By James Hannah
Associated Press writer

DAYTON, Ohio — If only we could be a fly on the wall when our enemies are plotting to attack us. Better yet, what if that fly could record voices, transmit video and even fire tiny weapons?

That kind of James Bond-style fantasy is actually on the drawing board. U.S. military engineers are trying to design flying robots disguised as insects that could one day spy on enemies and conduct dangerous missions without risking lives.

"The way we envision it, is there would be a bunch of these sent out in a swarm," said Greg Parker, who helps lead the research project at Wright-Patterson Air Force Base in Dayton. "If we know there's a possibility of bad guys in a certain building, how do we find out? We think this would fill that void."

In essence, the research seeks to miniaturize the Unmanned Aerial Vehicle drones used in Iraq and Afghanistan for surveillance and reconnaissance.

Please see **BUGS**, Page A2

U.S. develops tiny flying robots

U.S. Air Force/AP photo

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High 51 Low 31
Sunny, Details: B12
and live at magickvalley.com/weather

MORNING BRIEFING

TODAY'S HAPPENINGS

CLUBS AND ORGANIZATIONS

Gooding Lion's Club meeting, for men and women interested in identifying and meeting needs in the community, 6 p.m., Sally's, Main Street, new members welcome, 934-4141.

Twin Falls Chess Club/Magic Valley Chess Club meeting, 6 to 9:30 p.m., Barnes & Noble Bookellers, 1239 Polleline Road, Twin Falls, (208) 733-6186 or MOL@q.com.

ISDB gym, Jerome Rec Center, Shoshone High (old gym), Rupert Civic Gym, Blaine County Campus Gym and Flair Elementary; 10:30 to 11:30 a.m. at the Buhl old middle school gym; and 11:30 a.m. to 12:30 p.m. at C.S.I. Burley Outreach Center gym, no cost, 732-6475.

Fit and Fall Proof Exercise Class, 10 to 11 a.m., Blaine County Senior Connection, 721 S. Third Ave., Hailley, no cost, 737-5988.

Fit and Fall Proof Exercise Class, 10:30 to 11:30 a.m., Ageless Senior Citizens, Inc., 310 Main St. N., Kimberly, no cost, 737-5988.

SilverSnakers Fitness Program, Innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for Humana-insured or YMCA members and \$5 per class for non-insured, 733-4384.

Fit and Fall Proof Exercise Class, 1:30 p.m., front lounge, Woodstone Assisted Living Facility, 491 Caswell Ave. W., Twin Falls, no cost, 737-5988.

Choices for Recovery, a non-traditional, 12-step spiritual program open to all faiths, issues and addictions, 4 to 5:30 p.m., west conference room, Mindoka Memorial Hospital, Rupert, no cost, 431-3741.

Recovery for Life: "Find Help, Discover Hope, Experience Healing", includes Divorce Care, Grief Share, Financial Peace, Co-dependency for Women, 12-Step HOPE (addiction recovery), 6 to 6:45 p.m. meal served and 7 p.m. meetings, Twin Falls Reformed Church, 1631 Grandview Drive N., (corner of Grandview Drive North and Pole Line Road), 733-6128.

LIBRARY

Burley Public Library monthly Family Film Festival, 7 p.m., "E! The Extra Terrestrial," at the library, 1300 Miller Ave., light refreshments, no cost, open to the public, 878-7708.

TODAY'S DEADLINE

Deadline for \$20 (discounted) registration fee for Nov. 27 Turkey Trot 5K fun run/walk, with divisions for men and women, 7 a.m. registration at Southern Idaho race begins, College of Southern Idaho campus, Twin Falls, \$25 on day of event, proceeds to CSI Student Rec Center, 732-6470 or at@progrs@csi.edu.

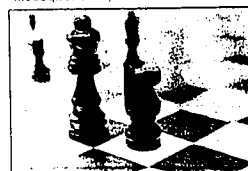
To have an event listed, please submit the name of the event, a brief description, time, place, cost and contact number to Suzanne Browne by e-mail at sbrowne@magvalley.com; by fax, 734-5538; or by mail, Times-News, Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

Ideally, proponents say the recharge project will be prepared this winter and will begin in spring 2009, lasting for three to five years. The goal, Arkoosh said, is to bring together all of the parties with a stake in the aquifer to promote consensus and possibly help avoid the costly litigation that has touched all water users in recent years.

Tominaga noted that despite a better water year this year, groundwater users still face the possibility of having their wells shut off to provide more water for senior users. Echoing the tone of the coalition's announcement last week, he said he hopes projects such as CAMP will bring water users together.

"We're hoping this CAMP process will break down those barriers of folks only looking out for the best of their own" rather than the common good, he said.

Nate Poppino may be reached at 208-735-3237 or npoppino@magvalley.com.



Civil Air Patrol, 7 p.m., Burley Airport, 678-0043 or 878-8980.
Syringa Lions Club, 7:30 p.m., United Methodist Church meeting room, 605 H St., Rupert, 438-9862.

GOVERNMENT

Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone, 886-2173.

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, Burley, 878-7302.

Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home, 587-2129.

Gooding County commissioners, 9 a.m., courthouse, 624 Main, 934-4841.

Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.

Mindoka County commissioners, 9 a.m., courthouse, 715 G St., Rupert, 436-7111.

Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.

Ketchum Planning and Zoning Commission, 5:30 p.m., City Hall, 480 E. Ave. N., 726-7801.

Halley City Council, 6 p.m., City Hall, 115 Main St. S., 788-4221.

Jerome County Planning and Zoning Commission, 7 p.m., courthouse, 300 N. Lincoln, 324-9116.

HEALTH AND WELLNESS

College of Southern Idaho's Over 60 and Getting Fit programs, a guided walking workout with stretching and gentle resistance training, 9 to 10 a.m. at several Magic Valley locations: CSI gym, Gooding

Recharge

Continued from page A1

sum," he said. "We need to solve the problem."

Recharge water, Tominaga said, may also be available through a water right owned by the Idaho Water Resource Board that is now senior to hydroelectric rights at Millner Dam. But Tom Arkoosh, an attorney for the coalition, noted that the arrangement is being challenged by the canal companies that own the right and said water users can't count on the water being available.

The state's position was recently made senior during the licensing of the water right for the dam. The owners, North Side and Twin Falls canal companies, are also members of the coalition.

Major water players in the state are starting to sort out the specifics. American Falls Reservoir District No. 2, which will move recharge water through its canals, formally invited the local groundwater districts to participate at a Thursday night meeting, Arkoosh said.

"This is a very high-priority issue for us," Tuthill said. "People are working on the details as we move forward."

— Dave Tuthill, director of the Idaho Department of Water Resources

Dave Tuthill, director of the Idaho Department of Water Resources, said his staff is working with the water board and Governor's Office to help arrange and carry out the projects. The work, he said, expands on the state's recent draft proposal to fix the aquifer, known as the Comprehensive Aquifer Management Plan.

"This is a very high-priority issue for us," Tuthill said. "People are working on the details as we move forward."

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• It's the holidays. It must be time for "The Nutcracker Ballet." Buy tickets now for the holiday classic performed by The Eugene Ballet at 7:30 p.m. Dec. 10 in the College of Southern Idaho's Fine Arts Auditorium in Twin Falls. Tickets are \$18 for adults and \$13 for children and are available at the CSI Fine Arts box office. Call 732-6288 or go to <http://tickets.csi.edu>.

• The showing of "E.T." kicks off Family Film Festival at 7 p.m. in the library's community room, 1300 Miller Ave. The film festival will be held the fourth Monday of each month through next year. Admission is free.

Have your own pick you want to suggest? Something that is unique to the area and that may take people by surprise? E-mail me at paim@magvalley.com.

Money

Continued from page A1

before contingency plan such. He said a difference between the state and cities in Idaho is that while the state relies heavily on fluid revenue like income and sales tax, city revenue tends to be more consistent by relying on residents routinely paying utilities and property taxes.

According to a city staff report, the city plans to limit hiring for staff positions that become vacant this year. Police positions will be exempt, and Clow said a school resource officer at the new Canyon Ridge High School listed in the city's preliminary budget summary will remain, but other positions may not.

"Staffing is one of our biggest expenses," he said. "Sometimes you can control your spending just by not replacing positions as you go."

Regarding the capital improvements, the city will

review them individually and will stay committed only to time-sensitive projects tied to funding packages or that allow the city to comply with federal or state regulations. Such projects include the widening of Washington Street North, which is largely federally-funded, but does require some city funding; and a handful of water projects.

Other capital items — improvements at various parks or upgrades to the city pool — will be reviewed on a case-by-case basis. Clow said there's no specific items that are on the chopping block.

But it's not all bad news. The city plans to create a new part-time communications specialist, which will among other things, update the city's new Web page. Clow said the position was not previously budgeted. It will be funded by cutting a vacant position in the building department.

Clow said some unexpected revenue could come

because the city budgeted for \$4 in gasoline, "that's not happening." Finally, bids for some projects have been lower than estimated.

Courtesy could not be reached for comment Sunday, but in Friday's statement he said "controls will be lifted" once things are more stable.

On a county level, budgeting has not required any official adjustments, but the issue has been discussed, said Twin Falls County Commission Chairman Tom Mikesell.

"We're concerned about what's coming up so we're taking steps to make sure we can be meeting any challenges," Mikesell said. "We don't have the necessity yet, because our budget is so conservative. We're still within our projected revenue with state sales tax."

Jared S. Hopkins may be reached at 208-735-3204 or jhopkin@magvalley.com

Nursing

Continued from page A1

"You can really tie it to just one thing," said Jan Rosser, a regional economist with the department of labor.

On Friday, CSI nursing students milled around a career fair with recruiters. Some said they're also mobility in the nursing field, with opportunities in every state.

"It's pretty much guaranteed that you'll have a job no matter where you go," said Heather Callen, a CSI nursing student from Twin Falls.

That also creates openings, along with nurses who move from one specialty to another, such as from the emergency room to orthopedics.

"Even though we're a small facility, we always have at least one RN opening," said Sharl Rumpole, a nurse with

Gooding County Memorial Hospital.

"It's one of those fields where there's always people who are going to get sick and need medical treatment," said Matthew Flings, a CSI resources consultant with Cassia Regional Medical Center in Burley.

Even so, Nina Hoffelield, an assistant professor in CSI's nursing program, noted that a couple of recruiters can't meet their plans to attend, which could be a sign of tightening because of the economy.

People interested in the profession should be aware there are plenty of opportunities for specialization in career growth, she said, adding that nursing shouldn't be regarded as work consisting only of

menial tasks.

After he graduated next month, Wallace Maxwell of Twin Falls will work next year in an intensive care unit for premature infants at St. Luke's Mag Valley Medical Center. After 10 years in the Army, Maxwell saw his military career sidelined by an injury, so he enrolled in the nursing program.

As for Slagowski, he'd like to work in the nurse, possibly to Alaska for work. While he's interested in emergency room work as a nurse, he is also keeping his options open.

"I have no idea what the future holds," he said.

Ben Botkin may be reached at 208-735-3238 or bbotkin@magvalley.com.

Legacy

Continued from page A1

by Salmon Falls-Crook and includes an airstrip, solar and wind power systems, a small orchard and even a geothermal well.

"Right now we're in the works to move forward to straighten it all out," said Vic Rolfe, who is donating the land. "I want the proceeds to help war veterans and other disadvantaged youth attend college."

Planning for a veterans hall is in its infancy, but ultimately the building could be large enough to house a memorial museum and provide space for various veterans groups' meetings.

"We've discussed designing it like the Pentagon," Jackson said. "The building needs to

be functional for many users and could even be a draw for tourists, with the museum and such included."

First, the charter group needs to raise some initial funds before moving to obtain grants and other money for the facility, Jackson said. A location for building the hall also needs to be identified.

"Now that the charter group is formed and things are starting to move forward, other veterans groups around Magic Valley are getting excited and are showing enthusiasm to joining the effort," Jackson said. "One of our legacies is to pass the facility on to younger veterans."

"Such a building is long overdue," said DAV Commander Ken Davis, of Twin Falls.

The DAV hall, while meeting current needs, is in need of repair.

"Right now our building, built from old barracks from (The Mountain Home Air Force Base) and the internment camps, is meeting our needs and there has been some new work done on it but it could be a little better," Davis said. "We're all behind building a memorial hall."

In the meantime, the Veterans Council is working out the details for the raffle and plans on advertising for the event in the near future.

For more information call Bob Jackson at 208-733-6042.

Blair Koch may be reached at 208-316-2607 or blairkoch@gmail.com.

Bugs

Continued from page A1

The next generation of drones, called Micro Aerial Vehicles, or MAVs, could be as tiny as bumblebees and capable of flying undetected into buildings, where they could photograph, record, and even attack insurgents and terrorists.

By identifying and assaulting adversaries more precisely, the robots would also help reduce or avoid civilian casualties, the military says.

Parker and his colleagues plan to start by developing a bird-sized robot as soon as 2015, followed by the insect-sized models by 2030.

The vehicles could be used on battlefields where the biggest challenge is collecting reliable intelligence about enemies.

"If we could get inside the buildings and inside the rooms where their activities

are unfolding, we would be able to get the kind of intelligence we need to shut them down," said Loren Thompson, a defense analyst with the Lexington Institute in Arlington, Va.

Philip Coyle, senior adviser with the Center for Defense Information in Washington D.C., said a major hurdle would be enabling the vehicles to carry the weight of cameras and microphones.

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WHAT'S NEW AT MAGICVALLEY.COM

Nurse Career Fair
 Hospitals turned out to recruit student nurses at a career fair in Twin Falls.

AEHI goes to China

By Nate Poppo
Times-News writer

Alternate Energy Holdings Inc., the company seeking to develop a 1,600-megawatt nuclear power plant in Elmore County, has gone global in its search for funding.

CEO Don Gillispie is visiting China and other Asian countries seeking financing partners for the project and other possible joint ventures, company spokesman Martin Johncox said Friday.

It's the latest step in the company's attempts to secure financial backing for the project, which could cost as much as \$4.5 billion by the time the plant would begin operation in 2016.

Gillispie announced in July that AEHI was looking at jointly developing the plant with Powered Corp. of Houston, Texas — a company with experience in the field but also a history of substantial operating losses.

In a statement Friday, Gillispie said Powered has since introduced him to the major international investors his company sought and that AEHI no longer needs to merge with the corporation.

Those investors are based in South Korea, China, Singapore and Dubai, he said. During his trip, he is also examining joint ventures with the Chinese in steel and uranium mining. AEHI is considering opening an office in Beijing to facilitate the projects, according to a press release earlier in the week.

Still, the status of two other previously announced funding agreements is unclear.

In June 2007, Gillispie said he received a letter of intent from Fairport, N.Y.-based Cobblestone Financial Group to fund the project. And Silverleaf Capital Partners of Salt Lake City was said to have agreed in December 2007 to help pay \$150 million of the costs involved with applying for a federal license to operate the plant.

Speaking about the Asia trip, Johncox noted the difficulty of finding funding for such a large project given current worldwide credit issues. He noted that even T. Boone Pickens, the billionaire Texas oilman, has reportedly had to delay his \$12 billion wind farm project.

AEHI's critics don't quite understand the financial challenge, he said.

"It's ambitious and challenging, even in good times," he said. But, he said, the company still believes a plant is vital for Idaho's energy future. "This is a tough time to do it, but somebody's got to step forward and support it."

Critics of the plant questioned the proposed deal with Powered. Andrea Shipley, executive director of the Snake River Alliance, greeted the news Friday with concern about Gillispie "shopping" the plant around worldwide. She argued that the same financial pressures Johncox noted have led Idaho National Laboratory scientists and others to say that nuclear power in Idaho is not cost-effective now.

"Clearly, renewables are the safest, cheapest, fastest way," she said.

Aside from funding, the plant's future in Elmore County will be determined early next year when county commissioners review a request to rezone nearly 1,400 acres of farmland near Mountain Home.

On Nov. 5, the county's Planning and Zoning Commission rejected the rezoning, citing conflicts with the county comprehensive plan.

The board plans to hold a public hearing on the request in the first half of February, county staff said Friday. In a separate press release, Gillispie said he remains confident the board will approve the rezoning.

It pumps water, too Ketchum unveils high-tech fire truck

By Karen Bossick
Times-News correspondent

Ketchum Fire Chief Mike Elle's pumped up about the "glove compartment" on his new 2008 Pierce Impel Class-A Rescue Pumper.

With a flip of a switch in the cab and a pull of the lid of the compartment on the front of the fire engine, he's got all the tools necessary to extricate someone from a burning vehicle.

"Most vehicles don't have all this ready to go," he said, showing off the Jaws of Life and other extrication tools in the compartment. "This is set up for immediate rescue. It's a vast improvement over the engine it is replacing."

It was show-and-tell time at the Griffin Butte time at the Ketchum Fire District and Ketchum Fire Department displayed the newest addition to their fleet.

The shiny red truck built in Appleton, Wis., cost \$411,000, and the fire district, and department paid for it with cash by socking away a little at a time from taxpayers in "rural" areas like Helen Meadows, Lake Creek, Cold Springs and East Fork, said Fire District Commission Paul Willingham.

Capt. Tom Ancona and Lt. Ed Blinnie headed up the apparatus committee. In addition to vehicle rescue and extrication, the state-of-the-art vehicle is equipped for structural firefighting and contains

compressed air foam for pre-treating homes in the advance of approaching wildfire.

It has seating for six firefighters, including the driver. It has more than 1,500 feet of hose, in addition to capacity for "a lot of water."

And nearly every square inch along the side opens up as storage space for backboards, sledgehammers, oxygen tanks, flashlights, axes, rakes, brooms and medical gear, including an automatic defibrillator.

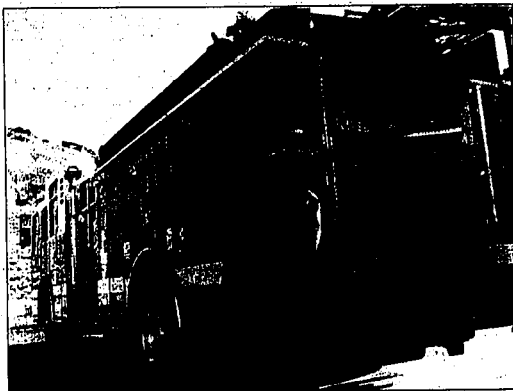
There's an air bag to lift things up off people and a ventilation fan to get smoke out of burning houses. There's even an air chisel for cutting metal.

Given all this, the truck weighs 42,000 pounds — 21 tons — fully loaded.

While this was the engine's introduction to the community, it has already seen action.

It pumped 100,000 gallons of water on the Main Street Fire that burnt down Whiskey Jacques and Dirty Little Roddy's in September before it had even officially been put into use.

"It's real snazzy," Ketchum resident Julie LaFleur told her daughter Noelle as they looked it over. "Lots of important things on it."



KAREN BOSSICK/for the Times-News
Ketchum Fire Chief Mike Elle dedicated the new fire engine in front of a group of about 30 firefighters.

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Minidoka to add school-sponsored youth football

By Laurie Welch
Times-News writer

It will come with a \$65 cost, but seventh graders in Minidoka County will now get to participate in a school-sponsored football program.

The Minidoka County School Board voted to approve a motion to implement the program at both East and West Minico middle schools.

"I don't see any negative feedback coming from this," said Tim Perrigot, Minico High School football coach,

who requested the program. Perrigot said when the ninth graders were moved into the high school in 2001, basketball, volleyball, cross country and track track were added to the sports offerings for seventh graders.

No football was offered, he said, because there was no league at the time.

Perrigot said a \$1,000 stipend is in place in each middle school to pay for the program, and only transportation costs will need to be covered by the district. The teams will be scheduled

to play three home games and three away games each.

"I have volunteers lined up who want to help and there is a stipend for a coach in each school," Perrigot said.

Perrigot said students will be required to pay a \$65 fee, which will cover equipment costs.

"Within a three-year period we should have enough equipment to sustain the program," Perrigot said.

Perrigot said he expects the program to start with about 25 students from each school and hopes it will

soon double.

"I'd like to see it get back to where it was," Perrigot said.

Minidoka County School Board member Tammy Stevenson said she did not think it was right to charge seventh graders a fee when students in other grades don't have to pay.

The board agreed to work on a plan to help mitigate the cost of the program for the players' parents.

Laurie Welch may be reached at 208-677-8767 or lwelch@magicalvalley.com.



Declo High School art students work on their submissions for a Christmas art contest at Robert Moore's studio Nov. 11.

Impressionist painter sponsors contest for Declo High students

By Laurie Welch
Times-News writer

A famous American impressionist painter has sponsored a Christmas art contest for Declo High School students.

Robert Moore's assistant and apprentice Dave Mensing, a professional painter in his own right, said Moore invited the school's art class, taught by Cheryl Koyle, to his studio for a Nov. 11 workshop and to encourage the art students to enter the contest.

"He spoke with them about the importance of the historical Christmas and its origins," Mensing said.

Moore provided a woman and a baby dressed in period costume and one of the male students donned a robe to model, while the students took reference pictures.

Mensing said. "The students were prepped about Moore and were very respectful about what he has accomplished," Mensing said.

Moore's work often features in plain air — or outdoors — paintings characteristic of the Mini-Cassia landscapes, where he grew up. He has worked in galleries across the country and also hosts workshops at his studio.

Laurie Welch may be reached at 208-677-8767 or lwelch@magicalvalley.com.

Burley considers changing downtown garbage bins

By Damon Hinzeker
Times-News writer

Dumpsters and large garbage cans are, if you have a bunch of garbage, often necessities of temptation.

Boise Mayor Jan Anderson has opened up the idea of replacing the city's 300-gallon trash containers in alleyways with a higher number of 90-gallon containers. The city already replaces

worn-out garbage containers regularly, so the exchange would simply require ordering more containers in smaller sizes, rather than require a new improvement expense.

No official action has been taken, but at Tuesday's City Council meeting, Anderson, referring to Councilman Vaughn Egan, mentioned "the garbage issues Mr. Egan has held so dear to his heart"

and suggested that smaller containers would discourage unauthorized users from dumping garbage into the large receptacles owned by the city in residential and business alleys.

"They're much more attractive than my 90-gallon container," Anderson said. "I've never had anyone else use it."

Egan, while not necessarily supporting a formal change,

advocated conscientious use of the current containers.

"I don't know where I'd put all of my stuff. I'd have to have about six 90-gallon containers," he said. "I'm really happy with our garbage system — if we just had a guy like me on every block."

Damon Hinzeker may be reached at 208-677-8764 or dhinzeker@magicalvalley.com.

Repeat drunken drivers targeted in Treasure Valley

By Katy Moeller
The Idaho Statesman

BOISE — For repeat drunken drivers like Timothy Paul Johnson, life is often a series of near-misses, inevitable crashes and predictable tragedies.

Johnson, 51, had already served five prison stints when a judge sent him back for another DUI in April. His sentence of 20 years to life may be his last. Or not.

"I've never hurt anybody in my life," Johnson said during an October interview at the Idaho State Correctional Institution in Kuna, 12 miles south of Boise.

It's true he didn't maim or kill anyone in his six DUI-related crashes. And his case never attracted the public attention and ire the way fatal DUI accidents do.

But neither treatment nor prison kept him from driving drunk again.

Local law enforcement officials and prosecutors say drunken and drug-impaired drivers present a persistent threat to public safety, as they during a two-month period this fall when repeat offenders were involved in several DUI-related car crashes.

A 19-year-old Boise woman faces long-term rehabilitation after she was hit on Sept. 7 by a repeat drunken driving offender, 36-year-old Tiffany Brooke Childs. Childs pleaded guilty Nov. 6 to felony aggravated DUI, her third since 1997.

A 74-year-old Meridian girl was injured Sept. 6 when a repeat offender ran a red light and crashed into her car.

Mary Lisa Rittich, a 46-year-old Kuna woman, was arrested for DUI three times in less than a week in March. In at least one of those arrests, police said Rittich's blood-alcohol level was .20 or above. A team of Boise Police Department officers that targets DUI areas then staged an intervention and urged Rittich to get help.

When you've got that many DUIs stacked up, "somebody is going to die tomorrow," said Boise police Sgt. Lari Speyer, who heads the seven-member STEP team for the department.

The persistent problem of repeat DUI offenders sometimes gets overshadowed by sensational cases.

Mary Ellen Zorn, a former Catholic school teacher, had no prior arrests before she was charged with vehicular manslaughter in June. The 43-year-old Boise woman had a blood-alcohol level of .09 — just over the legal limit of .08 — when she ran over and fatally injured 63-year-

AROUND THE WEST

CALIFORNIA

Man shot, killed at Scientology building

LOS ANGELES — A security guard shot and killed a man wielding two Samurai swords Sunday on the grounds of a Scientology building in Hollywood, police said.

The unidentified man approached three guards around noon in the parking lot of the Scientology Celebrity Centre. Deputy Chief Terry S. Hara said.

"The man was 'close enough to hurt them' when one of the guards shot him, Hara said.

Detectives were questioning the guard to figure out the sword-wielder's motive and determine whether the shooting was justified.

Surveillance tape showed the man arriving at the center's parking lot in a red convertible, then approaching the guards with a sword in each hand, Hara said.

IDAHO

Idaho hands out 20 percent more jobless benefit checks

IDAHO FALLS — The Idaho Department of Labor says nearly 19,000 jobless workers statewide received unemployment insurance benefit checks during the past week.

The state gave out more than 20 percent of these unemployment benefit checks when compared to the previous week, when 3,200 fewer checks were handed out.

More than 8,800 more jobless workers also collected federal unemployment benefits.

Idaho Department of Labor Director Roger Madsen says his agency is working to help these unemployed workers find jobs and secure education or training to succeed when the economy improves.

More than 40,000 workers were without jobs during the month of October, which is double the number of unemployed at the same time last year.

E. Idaho nitrate levels prompt city warning

ASHTON — City officials in eastern Idaho are warning Ashton residents about nitrates in their drinking water after tests showed levels of the contaminant are higher than they should be.

Drinking water samples collected Nov. 3 show levels of nearly 11 milligram of

nitrate per liter, which is above the maximum drinking water benchmark of 10 milligrams per liter.

Ashton City Clerk Cathy Stiegelmeier says water samples tested since then show the nitrate levels have gone up slightly.

Nitrate levels in the city's drinking water have proven an ongoing problem.

City officials are warning Ashton residents against letting children under the age of 6 months old drink the water, and to avoid boiling it because that can make the nitrates more concentrated.

UTAH

SWAT team leaves assault rifle behind

SALT LAKE CITY — A member of Salt Lake County's SWAT team left an M4 assault rifle in front of someone's home after leaving the scene of a standoff in the township of White City.

Salt Lake County Sheriff's Deputy Levi Hughes says the gun was left by a veteran member of the SWAT team who forgot the weapon after the standoff ended.

"It's a terrible mistake," Hughes said. "For this to happen one time is unacceptable."

Hughes says the officer will face disciplinary action, but probably won't be fired.

Hughes said the SWAT team responding to Saturday's standoff consisted of employees from the Salt Lake County Sheriff's Office, Taylorsville Police Department and Unified

Fire Authority. He declined to name which agency the officer who forgot the gun worked for.

He said SWAT team officers have a process called "resetting" after responding to each incident, in which officers carefully pack away equipment. It's unclear how the officer got distracted and missed packing the rifle.

"To the public, some might look at it like 'I'm glad nobody got hurt,'" Hughes said. "To us, it's devastating as it gets."

— Wire reports

Bel Cantos Christmas
Arts & Crafts Fair at the Burley High School
Friday, November 28th
Noon until 8:00 pm
Saturday, November 29th
10:00 - 5:00 pm
S2 Admission • Raffle Drawing for Prizes

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BSU likely shut out of BCS bowl game after Utah's win



Utah running back Darrell Mack struggles off the tackle attempt by BYU linebacker Matt Ak Yoo during the first quarter Saturday, in Salt Lake City. Utah defeated BYU 48-24.

By Ralph D. Russo
Associated Press writer

NEW YORK — The Southeastern Conference title could have a national championship feel when Alabama faces Florida in the Georgia Dome in two weeks.

No. 1 vs. No. 2, a month before the BCS national championship game is played. The Gators moved up to No. 2 in the AP Top 25 on Sunday, a spot behind the top-ranked Crimson Tide. If Florida can win its regular-season finale at Florida State, and Alabama can do the same against Auburn, the SEC will sport the first 1 vs. 2 matchup in a conference title game — with the winner likely off to another 1-2 game in Miami for the

BCS championship. Meanwhile, in the Big 12, Oklahoma moved up two spots to No. 3, barely slipping past Big 12 rival and No. 4 Texas after the Sooners' resounding 65-21 victory against Texas Tech on Saturday night.

The Red Raiders tumbled five spots to No. 7 after their first loss of the season. Southern California moved up one spot to No. 5 and Penn State got a bump to No. 6.

Alabama, the only remaining unbeaten team from the six BCS conferences, received 63 of a possible 65 first-place votes and 1,622 points from the AP's media panel. Florida received the other first-place votes and 1,512 points. The Tide and the Gators

are the 17th set of conference rivals to hold the top two spots in the poll.

The last time it happened was the end of last season, when LSU and Georgia, also of the SEC, did it.

Ohio State and Michigan from the Big Ten were the last conference rivals to do it during the regular season. The Buckeyes and Wolverines were Nos. 1 and 2, respectively, for six weeks in 2006.

In the latest poll, Oklahoma (10-1) received 1,486 points and Texas (10-1) had 1,482, even though the Longhorns handed the Sooners their only loss of the season, 45-35 in October at the Cotton Bowl in Dallas.

Texas' only loss was to Texas Tech (10-1), 39-33 on a last-second touchdown

in Lubbock. Unbeaten Utah was No. 8 after finishing off its regular season and virtually locked up a Bowl Championship Series with a 48-24 victory over rival BYU.

No. 9 Boise State also stayed unbeaten, but will likely be shut out of the BCS because of Utah.

Ohio State rounds out the top 10. No. 11 Oklahoma State gets another shot to turn the national championship race upside down Saturday. The Cowboys host Oklahoma. Oklahoma State is already 0-2 against the Big 12's Big Three, having lost at Texas and Texas Tech.

No. 12 Missouri gives the Big 12 five of the first 12

Please see BCS, Page A6



Boise State running back Jeremy Avery tries to gain extra yards during the third quarter at the University of Nevada in Reno, Nev., on Saturday. Boise State defeated Nevada 41-34.

Shin wins: South Korean takes LPGA's ADT title

By Tim Reynolds
Associated Press writer

WEST PALM BEACH, Fla. — As she walked down the 18th fairway Sunday, Ji-Yai Shin kept her thoughts away from becoming an instant millionaire. Or, in her nation's currency, an instant billionaire.

Her thoughts? "Just save the par," she said. She did that with ease, holding off Karrie Webb and an ailing Paula Creamer to win the ADT Championship with a final round 2-under par 70. Shin captured the \$1 million winner's prize, by far the biggest on tour, with a four-birdie, two-bogey day.

In her native currency, Shin collected 1.493 billion — yes, billion — South Korean won.

That's a lot of won for one win. "A really special year for me," said Shin, who isn't even a full-fledged member of the LPGA yet but won three times on that tour this year, has 21 wins worldwide since 2007 and will likely be an instant LPGA front-runner in 2009.

Webb finished one shot back and Creamer, who spent Saturday night in the hospital because of an inflamed abdominal wall, finished third for third with Seon Hwa Lee after both shot 74s.

Creamer needed to win Sunday to finish atop the money list, something no American player has done since Betsy King in 1993. Instead, Lorena Ochoa, who didn't make the ADT weekend, prevailed with \$2,762,660. Creamer finished with \$1,823,592, good for second place.

"I gave it all I had," said Creamer, who fell ill Wednesday night and could barely eat since the tournament began, plus had to down some medicine on the 13th hole just to finish Sunday's round. "I tried as hard as I possibly could. I wasn't going to quit."



Ji-Yai Shin, of South Korea, celebrates after winning the ADT Championship at the Trump International Golf Club Sunday, in West Palm Beach, Fla.

Perfect no more

Favre, Jets hand Titans first loss of season

By Teresa M. Walker
Associated Press writer

NASHVILLE, Tenn. — Brett Favre gave the Tennessee Titans a painful reminder Sunday. He will pick apart the best NFL defenses when given too much time.

Favre threw two touchdown passes, Leon Washington ran for two scores and the New York Jets served notice they will be a factor in the AFC this season by routing the Titans 34-13, ending the perfect start by the NFL's last undefeated team.

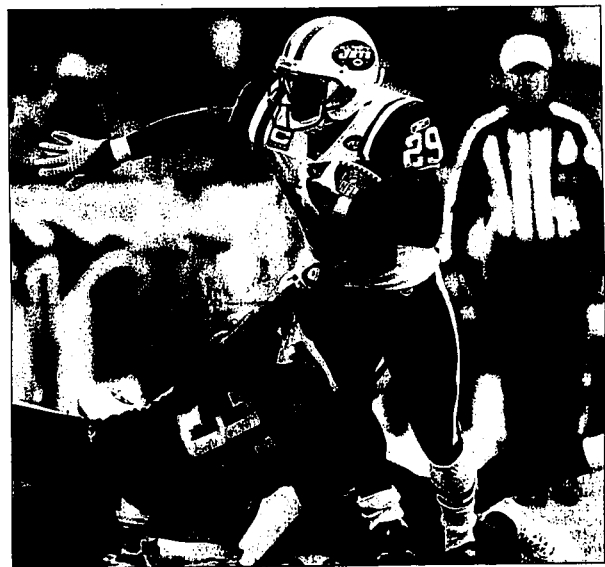
"I'm not going to sit here and say we've established ourselves as the best team in football," Favre said. "All it says is I think we beat the best team in football today, definitely if you go by record and the way that they've played."

They have been the best team in football." The Jets (8-3) came in atop the AFC East after a victory over New England at Foxborough. They have won five straight for the first time since October 2004 and seven of their last eight. The Titans (10-1) will five to play in the race for home-field advantage through the playoffs.

Jets linebacker Bryan Thomas called it a statement to the rest of the NFL. "Now people are going to start looking at us and say, 'They are a

INSIDE:
Full NFL roundup and scoreboard

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New York Jets running back Leon Washington (29) gets away from Tennessee Titans safety Michael Griffin (33) as Washington scores a touchdown on a 4-yard run in the 1st quarter Sunday. The Jets beat the previously undefeated Titans 34-13.

team you have to reckon with," Thomas said.

New York coach Eric Mangini said he was proud of his team for playing and winning in a challenging environment. The Titans

sold out their 101st consecutive game. "We've been down here the last three years. It's loud, and it's always been a tough place to play," Mangini said.

The Titans had won 13 straight regular-season games dating to Dec. 16, 2007, in becoming only the 11th team since 1970 to win its

Please see JETS, Page A6

Portis leads Redskins past Seahawks 20-17

By Craig Ball
Associated Press writer

SEATTLE — The only thing questionable about Clinton Portis is why he even bothers to practice.

Washington's star running back darted and pounded for 143 yards on 29 carries, including key ones late that helped preserve the Redskins' first victory in almost a month, 20-17 over the Seattle Seahawks on Sunday.

Portis was questionable to play after missing most of practice this week because of his sprained knee. Then, the NFL's leader in yards from scrimmage injured a muscle near his hip late in the first half, when he rushed for 69 of his yards.

Yet he kept running, finishing with his first 100-yard day since the Redskins' last win, on Oct. 26 at Detroit, and ending a two-game losing streak for Washington (7-4).

The Redskins didn't stay tied with Dallas for second

place in the NFC East until Seattle's Matt Hasselbeck flicked a horridly underthrown pass that former Seahawk Shawn Springs intercepted near midfield with 1:20 left. That was one play after Landell Betts, who earlier ran for a touchdown, lost a fumble deep in Seattle territory.

Hasselbeck simply pounded his thigh pads in frustration as Seattle sunk to 2-9. Its worst start since 1992. The Seahawks lost for the fourth straight time at home. That last happened to the 2-14 team of 1992. Seattle had been an NFC-best 42-14 at home since 2001 entering this season.

The Redskins were pinned by a downed punt at their own 4 with seven minutes left while leading 20-17. Portis then ripped off darting runs of nine, 11 and 20 yards, leading Washington into Seattle territory and all but clinching the win until Betts' fumble nearly blew it. Springs' interceptions inspired coach Jim Zorn was

a winner in the return of the former Seahawks quarterback and assistant coach.

The decisive game came after Jason Campbell, who was 20-of-33 for 206 yards and a touchdown, found Santana Moss alone in the flat on third-and-5 from the Redskins 49 early in the fourth quarter and Moss ran through Lofa Tatupu's tackle attempt for a 24-yard gain to the Seahawks' 27. That set up the second field goal of the game by Shaun Suikham, from 22 yards, and Washington led 20-17 with 9:19 left.

The game was tied at 10 in the third quarter when Hasselbeck threw far wide and high of John Carlson on third down. LaRon Landry made a diving interception and returned it to the Seahawks 35.

The three-time Pro Bowl player, playing the second consecutive week after missing five games with back and nerve problems, has nine interceptions in six games this season.



Washington Redskins wide receiver Santana Moss catches a pass with Seattle Seahawks cornerback Kelly Jennings defending during the second quarter Sunday, in Seattle. Jennings was called for interference, setting up a touchdown.

Vinatieri's 51-yard field goal lifts Colts to win

SAN DIEGO — This time, Adam Vinatieri was right on from a lot farther out.

Vinatieri, one of the most clutch kickers in NFL history, made a 51-yard field goal as time expired to lift Peyton Manning and the Indianapolis Colts to a heart-stopping 23-20 win over the San Diego Chargers on Sunday night.



Indianapolis Colts receiver Reggie Wayne cradles the ball while taking in a pass for a 21-yard gain as San Diego Chargers' Eric Wedde makes the tackle during the first quarter Sunday in San Diego.

He was kicking toward the same goal posts where just more than a year ago he pushed a 29-yard field goal attempt wide right to the left, allowing the Chargers to hold on for a 23-21 win.

Manning threw two touchdown passes for the Colts (7-4), who won their fourth straight game to remain in wild-card contention.

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Manning threw two touchdown passes for the Colts (7-4), who won their fourth straight game to remain in wild-card contention.

GIANTS 37, CARDINALS 29

GLENDALE, Ariz. — Eli Manning threw for three touchdowns in his return to the scene of his Super Bowl MVP performance and the Indianapolis Colts to a heart-stopping 23-20 win over the San Diego Chargers on Sunday night.

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PATRIOTS 48, DOLPHINS 28

MIAMI — Matt Cassel threw for 415 yards and a touchdown for three touchdowns passes and the resilient Patriots won a shootout.

The Patriots (7-4), who remained a game behind the AFC East-leading New York Jets, avenged an upset loss to Miami in September. New England isn't been swept in their home series by a division opponent since 2000.

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COVINGTONS 35, 49ERS 22

IRVING, Texas — Bottled up all season, and his frustration starting to show, Terrell Owens broke out with seven catches for 213 yards and a touchdown in San Francisco.

Owens' total was the second-most in his career, behind only the 283 yards he had in the 2000 game in which he caught an NFL-record 20 passes, back when he played for the 49ers, and tied the fourth-best in Cowboys history.

BUCCANERS 38, LIONS 20

DETROIT — Tampa Bay fell behind the winless Detroit Lions by 17 points, then scored five unanswered touchdowns en route to its third straight victory.

RAVENS 6, EAGLES 7

BALTIMORE — Pulled after an awful first half, Donovan McNabb watched from the sideline as the Baltimore Ravens beat the Philadelphia Eagles, presenting their coach John Harbaugh with a lopsided victory over the team he served as an assistant for 10 years.

FALCONS 45, PANTHERS 28

ATLANTA — Michael Turner scored four touchdowns and rookie Harry Douglas scored his first career TD on a 7-yard end around, capped a 69-yard pass that set a TD, then finished off the Carolina Panthers with a 61-yard punt return that carried the Atlanta Falcons to a win.

BILLS 54, CHIEFS 31

KANSAS CITY, Mo. — Trent Edwards threw for two touchdowns, ran for two others and Buffalo scored more points than had ever been scored against Kansas City.

The Bills (6-5) pounced on five Kansas City turnovers and came within four points of matching their 42-year-old record for most points in a game. The previous high against the Chiefs was 51 in an overtime loss at Seattle in 1983.

VIKINGS 30, JAGUARS 12

JACKSONVILLE, Fla. — Adrian Peterson ran for 80 yards and a touchdown. Minnesota's defense harassed the jaguars in all sorts of ways and the Vikings used two scores in the first 1:41 to beat Jacksonville.

TEXANS 16, BROWNS 6

CLEVELAND — Sage Rosenfels passed for 275 yards and a touchdown, and Kris Brown kicked three field goals as Houston snapped an eight-game losing streak outside Texas with a win over the stumbling Browns.

BEARS 27, RAMS 3

ST. LOUIS — Rookie Matt Forte had a season-high 132 yards rushing and scored on two long runs, and Marc Bulger lasted only five plays before sustaining a concussion against a defense that had three of a season-best five sacks by the break and helped Chicago build a 21-point cushion.

OAKLAND 31, DENVER 10

DENVER — Ashley Lee, who forced a trade out of Denver in 2006 after a bitter holdout, returned to Invesco Field helped lead Oakland to a stunning win over the Broncos by catching a touchdown pass and setting up another with a spectacular 51-yard reception.

INDIANAPOLIS 23, CHARGERS 20

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BCS

teams in the poll. The Tigers have already locked up the North Division and will play the team that emerges as the champ of the South in the Big 12 title game on Dec. 6 in Kansas City, Mo.

Georgia is No. 15, followed by Clemson and Ball State, the fourth major college football unbeaten team.

No. 16 Cincinnati is a victory away from locking up its first Big East title and BCS berth. The Bearcats host Syracuse on Saturday.

No. 17 Oregon State can also secure a BCS bid and the Pac-10's Rose Bowl berth with a victory in its finale. The Beavers host No. 19 Oregon.

No. 18 Georgia Tech is still in

the running for a spot in the Atlantic Coast Conference title game, but needs Virginia Tech to lose to Virginia for that to happen.

BYU and Boston College are tied at No. 20. BC can advance to the ACC title game by beating Maryland.

Michigan State slipped five spots to No. 22 after losing 49-18 to Penn State.

Florida State, which has bounced in and out of the poll most of the season, is back in at No. 23.

No. 24 Northwestern and No. 25 Mississippi are in the ranking for the first time this season.

Dropping out this week were North Carolina, Maryland, Miami, Pittsburgh and defending national champion LSU.

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BYU and Boston College are tied at No. 20. BC can advance to the ACC title game by beating Maryland.

Michigan State slipped five spots to No. 22 after losing 49-18 to Penn State.

Florida State, which has bounced in and out of the poll most of the season, is back in at No. 23.

No. 24 Northwestern and No. 25 Mississippi are in the ranking for the first time this season.

Dropping out this week were North Carolina, Maryland, Miami, Pittsburgh and defending national champion LSU.

NFL SCOREBOARD

National Football League											
W	L	T	W	L	T	W	L	T	W	L	T
Monday Football											
NY Jets	8	3	0	777	222	44	630	430	350	310	160
Atlanta	7	5	0	687	217	43	560	380	320	220	120
Indianapolis	7	5	0	686	216	43	560	380	320	220	120
San Diego	7	5	0	684	214	43	560	380	320	220	120
Philadelphia	4	7	0	364	232	24	330	160	340	510	140
Tuesday Football											
Pittsburgh	8	3	0	777	222	44	630	430	350	310	160
Cleveland	4	7	0	364	232	24	330	160	340	510	140
Wednesday Football											
Carson	8	3	0	777	222	44	630	430	350	310	160
San Diego	7	5	0	686	216	43	560	380	320	220	120
Oakland	7	5	0	687	217	43	560	380	320	220	120
Kansas City	3	10	0	271	188	24	240	80	330	230	130
NATIONAL CONFERENCE											
NY Jets	10	1	0	509	139	60	410	190	340	300	140
Atlanta	9	2	0	487	137	59	380	180	320	280	130
Indianapolis	7	4	0	438	192	23	330	160	340	200	130
San Diego	7	4	0	437	191	23	330	160	340	200	130
Philadelphia	4	7	0	232	157	24	160	140	240	340	140
AFC											
NY Jets	10	1	0	509	139	60	410	190	340	300	140
Atlanta	9	2	0	487	137	59	380	180	320	280	130
Indianapolis	7	4	0	438	192	23	330	160	340	200	130
San Diego	7	4	0	437	191	23	330	160	340	200	130
Philadelphia	4	7	0	232	157	24	160	140	240	340	140
International Football											
NY Jets	10	1	0	509	139	60	410	190	340	300	140
Atlanta	9	2	0	487	137	59	380	180	320	280	130
Indianapolis	7	4	0	438	192	23	330	160	340	200	130
San Diego	7	4	0	437	191	23	330	160	340	200	130
Philadelphia	4	7	0	232	157	24	160	140	240	340	140

no answer for Favre and the Jets, even with the return of defensive end Kyle VanDusen Bosch.

The Jets spread out Tennessee, Favre threw fast and often, and they were the Titans' defense down by despite it on the field for more than 40 minutes. New York

overcame two turnovers and two sacks in the first half by outgunning Tennessee on offense 409-281.

"We really didn't have an answer for it today," Favre said, "but I really got some help from my offensive line."

From him. He's a great player, and he beat us today. Not that they got any help from their own offense. "It felt like we were on the sideline forever just watching Brett Favre play. I think fullback Ahmad Hall said,

EDITORIAL

Teens who like school unlikely to get pregnant

Turns out a high school diploma works wonders on the problem of teenage pregnancy.

Idaho Department of Health and Welfare's statistics show that the longer a teen stays in school, the less likely she is to have an unwanted pregnancy — or a second one.

That puts a premium on institutions like Twin Falls' Magic Valley High School. Magic Valley High is all about second chances, and attracts many single moms and dads. It provides an alternative to dropping out of school and settling for a dead-end job. But students in more traditional high schools need to get the message, too: Education, lifetime earnings and unwanted pregnancies are inextricably linked.

And nowhere more than in the Magic Valley. The eight counties of south-central Idaho have the highest rate of unintended pregnancies in the state, according to Maggi Machala, community health director for South Central District Health. Mothers here are also less likely to have a high school education.

"We have to make sure kids are completing high school, going to college," Machala said.

According to the National Campaign to Prevent Teenage and Unwanted Pregnancy, teens who are involved in school are far less likely to get pregnant than those who aren't as engaged. And 60 percent of the mothers who got pregnant before age 18 never graduate from high school.

The social costs of unwanted teen pregnancy are many, but consider one:

Children of teen mothers struggle more in school than do offspring of older mothers. These kids are 50 percent more likely to repeat a grade, do worse on standardized tests and are less apt to finish high school.

It's a vicious cycle, but breaking it has real benefits for taxpayers. A 2006 study by the National Campaign to Prevent Teen Pregnancy estimated children born to teens ages 19 and younger cost Idaho taxpayers at least \$39 million a year.

That's more than the annual budgets of all but four state agencies.

For years, social workers told us that education is the key to preventing unwanted teen pregnancies. They probably didn't realize how right they were.

Our view:
We're just starting to realize the costs of failing to keep kids engaged with their own education.

Democratic mandate? What Democratic mandate?

They appear with the regularity of 17-year eclipses that 18-year sunspot cycle and newborns nine months following a major power outage.

After every presidential election, otherwise discerning individuals make it a dubious claim that a candidate's victory establishes a historic mandate. Even more outlandishly, they'll argue that an election marks a permanent realignment in American politics.



JONATHAN GURWITZ

Call them the four-year fantasizers. And they're popping up all over in the fall of 2008.

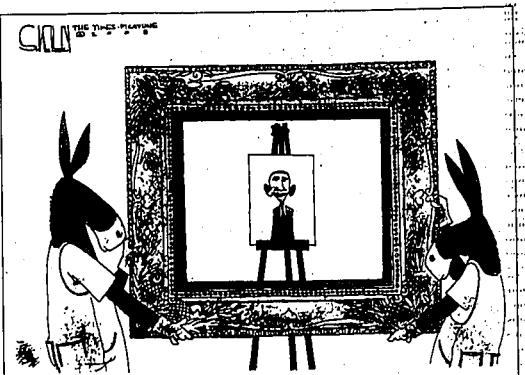
Let's stipulate that Barack Obama's election was historic and the Democratic rout of Republicans was significant. Do the results give Obama a unique claim on executive authority, and has the United States entered a new progressive era of Democratic majorities?

The first answer is an easy one. Obama defeated John McCain in the popular vote by a margin of 52-46 percent. That's an incremental improvement on George W. Bush's 51-48 percent defeat of John Kerry in 2004.

Put another way, Obama is the third Democrat since Franklin Roosevelt to win an outright majority in a presidential election, after Lyndon Johnson did so in a landslide in 1964 and Jimmy Carter by a hair in 1976.

Whatever mandates Obama's predecessors believed that distinction conferred, both left office deeply unpopular after only four years.

Here is Bush speaking to reporters two days after the 2004 election: "I've earned



capital in this election, and I'm going to spend it for what I told the people I'd spend it on, which is — you've heard the agenda: Social Security and tax reform, moving this economy forward, education, fighting and winning the war on terror."

Reading those words today, especially in light of Bush's record-low approval rating, is a reminder that electoral mandates are only as good as a president's most recent accomplishment — or failure.

Some pundits missed four years ago that the Bush victory along with modest Republican gains in the House and Senate, signaled the achievement of a permanent Republican majority. Hove was more modest.

"There are no permanent majorities in American politics," Bush's political architect told Tim Russert on "Meet the Press." "They last for about 20 or 30 or 40, or, in the case of the Roosevelt coalition, 50 or 60 years, and then they disappear."

Only two years later, in

2006, Democrats retook congressional majorities by gaining 31 seats in the House and five in the Senate. Now after Democrats have padded their majorities with 20 House seats and — at minimum — seven Senate seats, there's talk about an anti-Rovian permanent Democratic majority.

Does 2008 or 2006 mark the beginning of a new realignment in American politics? That's a little tougher to answer. It's like determining whether a basketball team has established a winning dynasty after only one or two victories.

The best comparison may be with the post-Watergate era. In the 1974 midterm election, voters disgusted with the Vietnam War and scandal-plagued Nixon White House gave Democrats a 49-seat boost in the House, a three-seat improvement in the Senate and overwhelming majorities in Congress. In 1976, they put Carter in the White House.

To a lot of political prognosticators, that looked like

a political realignment. Four years later, however, Ronald Reagan won a landslide victory and Republicans took control of the Senate.

Of those who look for political arcs and turning points, whether in 1976 or 2008, author Ron Suskind wrote recently in the *New York Times Magazine*: "They start with a roar. The declaration that a particular dawn is different from all its predecessors — a case made, day by day, over years of sunrises."

No doubt, the sun shines brightly on Obama and the Democrats today. But tomorrow brings a new sunrise, and political forecasts — like weather forecasts — are rarely accurate beyond a short time frame. The only thing certain is that in four years, the victors in 2012 will fantasize about mandates and realignments — and pay little attention to the historical evidence.

Jonathan Gurwitz is a columnist for the San Antonio Express-News. Write to him at jgurwitz@express-news.net

LETTERS TO THE EDITOR

Jerome County loses excellent employees

Women of Jerome County, be aware. The newly elected sheriff is hiring other personnel to replace the office in the sheriff's office by announcing it in the *Times-News*. How very considerate!

Jocelyne Nunnally lost the election, even though she was highly qualified and awarded medals of honor by both the governor and the sheriff. She has been hired by the Gooding County sheriff.

Stephanie Helsley, jail administrator, has been in charge of the jail for three years with no complaints and no escapes. She keeps a clean jail and has responsibility for many prisoners. She led the way for many repairs in the jail. She has performed much hard work in increasing receipts of money back from incarcerating many illegals.

Stephanie has arranged onsite medical teams and fire safety equipment. She is dual certified by POST as a corrections officer and as a patrol officer. She was a decoy in apprehending Internet sex offenders.

Jerome County's loss of these two excellent employees will be noticed, I'm sure. The good ol' boys did it again!

Tell us what you think

ON PAPER: The *Times-News* welcomes letters from readers on subjects of public interest. Please limit letters to 300 words, include your signature, mailing address and phone number. Writers who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls office; mailed to P.O. Box 548, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to letters@magicvalley.com.

Nuclear power is not the answer
A few comments regarding Mickey Garcia's letter published Nov. 18:
One more person pushing France as an example of how nuclear power can save the world.
No mention of France having to temporarily shut down 25 percent of its nuclear power plants due to impending overheating (possible meltdown) during the very hot European summer of 2003.

No mention of France having similar problems during the summer of 2005.
No mention of the likelihood of an increasing number of such shutdowns brought about by higher ambient temperatures as a result of global warming.

No mention of three radioactive leaks in France this last summer that contaminated local rivers, one in a famous wine region.
No mention that France is sending depleted uranium to Russia.
No mention France does not have a deep geologic repository for its high-level nuclear waste.

No mention that a deep geologic repository for high-level nuclear waste does not exist anywhere in the world.
No mention that high-level radioactive waste remains toxic to human life for hundreds of thousands of years.
Everyone wants the waste, but no one wants the power, so the proponents of nuclear power pretend it doesn't exist or spew supreme technological arrogance stating they can safely isolate it from human beings

for the Environmental Protection Agency's recommended 25,000 generations. Yes folks, 25,000 generations or one million years. Then there's the often repeated herring of the earth being in a natural occurring geologic cyclical phase of global warming.

No mention of the Nobel Prize recipient Intergovernmental Panel on Climate Change, which emphatically states human-induced climate change exists, and warns of its perils, enormity, and immediacy.

Mr. Garcia's one-sided arguments and irrelevancies serves well those who want to confuse and bewilder the public.

JIM SYLVA
Hansen

Times-News should make changes

I would like to add my voice to that of Gloria Hahn in Sunday's (Nov. 16) paper when she wrote about the organization and presentation of the news in our newspaper. The suggestions she made are valuable and sensible to this reader.

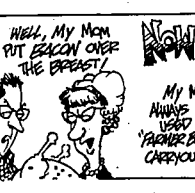
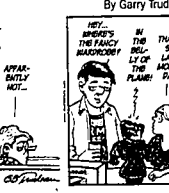
FRAN BEST
Twin Falls

THE LIGHTER SIDE OF POLITICS

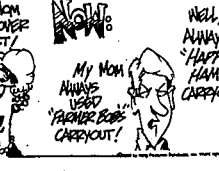
By Garry Trudeau

Mallard Fillmore

By Bruce Tinsley



Doonesbury



Making former president Clinton go away

Bill Clinton was feeling grumpy toward Barack Obama. Well, let me rephrase that. Bill Clinton was feeling grumpy toward Barack Obama.



MAUREEN DOWD

quite late." Just as Bill elevated his sprawling, chaotic personality into a management style, so Barry is elevating his spare, calm personality into a management style. But then Obama surprised Bill and Hillary by offering her a chance at the secretary of state job. Maybe because the Clintonian perspective on anyone who opposes them tends to be paranoid, the couple wasn't expecting such a magnanimous move and they were pleased to be drawn back in from the margins. "This," said one who knows Bill, "allows him not to be angry."

At least Bill has the satisfaction of seeing that he has rolled the previously serene and joyous Obamanaland. It may be Obama's very willingness to take the albatross of Bill from around Hillary's neck and sling it around his own that impresses Bill. Obama is overlooking all his cherished dictums against drama and leaking and his lofty vetting standards to try and create a situation where the country can benefit from the talent of the Clintons while curbing their cheesy excesses, like their endless cash flow from foreigners. And in turn, Bill is doing all he can — he's disclosing sketchy donors and business interests and figuring out how he could curb his global gallivanting to have fewer conflicts of interest — to help her get the job. It says it all that, at the moment, Obama and his news team are obsessed with news that Hillary was a contender for State, Bill was getting a

half-million for an hour's worth of chat sponsored by the National Bank of Kuwait, delivered from behind a podium with a camel and Arabic lettering on it. Last year, Bill made \$10.1 million in speaking fees. If Hillary gets to be the Mistress of Foggy Bottom, Bill's guilt over his primary tirades will be alleviated. But 42 will probably always be somewhat steamed at 44. Not only because of the Obama camp calling him out on his racially coded poison darts in South Carolina. Bill is surely jealous that his Democratic successor got a majority of the popular vote with 53 percent — he always was fixated on the idea that, because Ross Perot was a pull on the vote and Bill only got 43 percent, he did not have a mandate, and that emboldened Tom DeLay and the Republicans to start investigating him. After 9/11, Bill wistfully

said that he wished he could have been a president during an epic global crisis. And, seeing Obama pictured on the cover of Time as the new FDR, he will certainly fret that the younger pol will eclipse the Clinton era, which devolved into small-bore issues and the lame-impairment battle. Some critics say Hillary doesn't have the foreign policy chops for the job but she would stop the pompous John Kerry from getting it, and that is a formidable recommendation. (You know he just wants to swan around in those striped pants.) One person who famously opposed Hillary's presidential bid thinks she'd make a great secretary of state. "She's smart and tough, a little better than any of the old hacks like Holbrooke, Albright, etc.," says David Gergen. Barack Obama is going to run politics, and Hillary will be an effective communicator. It also takes

Bill out of the game, completely turns him into an ally — and probably a help to both of them. I think Obama is very smart to get as many smart people into the room as he can, to bring in Rahm and to keep Lieberman and get Hillary into the Cabinet. It brings an enormous amount of good will by his way, and he's going to need every ounce of it, given the wars and financial catastrophe America is facing. It's getting bleaker every day. There are many, many, many more bubbles to burst." But why support Hillary for Madam Secretary if you don't support her for Madam President? "I don't think they're the same job at all, do you?" he replied. I told him I agreed. Completely. *Maureen Dowd is a columnist for The New York Times. Write to her at mdowd@nytimes.com.*

More customers resume using old-fashioned cash

By Anne D'Amico
Associated Press writer

NEW YORK — Cash or credit? For more Americans, who have already maxed out their credit cards or are just trying to manage their spending better in the tough economy, the answer is increasingly the old-fashioned one. Retailers like Wal-Mart Stores Inc., Target Corp. and J.C. Penney Co. are noticing a marked shift away from credit cards in favor of cash and debit cards. A big factor is less credit availability as major card issuers cut spending limits and raise fees even for customers who pay their bills on time.

The shift ends Americans' long love affair with credit cards and is one of the reasons a less credit availability in a consumer behavior that has emerged since the financial meltdown that could depress consumer spending this holiday season and affect shoppers' habits long afterward. Particularly during holiday seasons past, shoppers could count on a pile of plas-

tic to give them the extra financing needed to splurge on presents before they had cashed the bills in January or later. But even when the economy recovers and credit loosens up, analysts say Americans — shaped by what could be a deep and long-lasting recession — are likely to stick with buying only what they can afford just as their parents or grandparents did after the Great Depression. "I think this is a new way of life," said Robert Smith, of Loves Park, Ill., who along with his wife has been using cash and debit cards to finance their spending, including vacations, since they paid off their credit card debts in July. "I like to be able to know the bills to stick with buying only what they can afford just as their parents or grandparents did after the Great Depression."

One sign of how snipped consumers are for credit and buying only what they have the cash for — is that for the first time in 17 years, Pennyc's has seen swings in spending around payday cycles over the past three months. One sign of how snipped consumers are for credit and buying only what they have the cash for — is that for the first time in 17 years, Pennyc's has seen swings in spending around payday cycles over the past three months. One sign of how snipped consumers are for credit and buying only what they have the cash for — is that for the first time in 17 years, Pennyc's has seen swings in spending around payday cycles over the past three months.

days before, followed by spending bursts right afterward. It has become even more pronounced since September. Chief Financial Officer Tom Schoewe told The Associated Press that shoppers are now unable to buy even necessities in the few days before payday. Such shortages became more dramatic last fall, but subsided when shoppers received their government rebate checks this past spring. Eduardo Castro-Wright, president and chief credit officer of Wal-Mart's U.S. division, told investors last month that credit card payments as a percentage of total payments fell 7.4 percent so far in the current fiscal year, which ends in January. That's a big reversal from the robust double-digit growth rates in credit cards over the past three years, he said. Target executives told investors late last month that its seeing lower credit card usage among its shoppers for the first time since 2001-2003.

Unhappy people watch more TV than happy people, researchers find

By Donna St. George
The Washington Post

Happy people spend more free hours socializing, reading and participating in leisure activities, while unhappy people watch 30 percent more television, according to new research on American life. In a study that is among the first to compare daily free-time activities with perceptions of personal contentment, researchers found that television hours were elevated for people who described themselves as "not too happy." On average, down-and-outers reported an extra 5.6 hours of tube time a week, compared with their happiest counterparts. The research does not mean that television causes unhappiness, its authors said, but rather that there is a link that is not yet understood. "It could be that watching television makes you unhappy, but there is also the question of whether people who are unhappy turn to television as a way to ward off their unhappiness," said

University of Maryland sociologist John R. Robinson, the study's lead author. The study, published in the December issue of the American Sociological Research, is based on the General Social Survey, with public opinion data from nearly 40,000 people ages 18 to 64, as well as time-use diaries that detail how people spend their days. Robinson and his co-author, sociologist Steven Martin, concluded that people enjoyed what they watched the previous evening but that those who were down-and-outers reported the longest did not feel as happy about their lives. "We were getting two different signals: In the short term, people could be happy doing it, but in the long term, that could lead to something more negative," Robinson said.

'Twilight' sucks up \$70.6M in box office debut

By Christy Lemire
Associated Press writer

LOS ANGELES — The vampire romance "Twilight" drained the box office in its opening weekend, taking in \$70.6 million. Catherine Hardwicke's film also enjoyed the biggest opening ever for a female director, blowing away the previous standard of \$41.1 million set by Mimi Leder's "Deep Impact" in 1998. Drawing from its huge fan base of teenage girls, who fell for Stephenie Meyer's novel of forbidden love between brooding vampire Edward Cullen and bookish high schooler Bella Swan, "Twilight" made a whopping \$20,636 per theater, according to Sunday morning estimates. And the ganglins will get another taste soon enough: Summit Entertainment, which released "Twilight," announced during the weekend that it's going ahead with production of "New Moon," based on the second book in Meyer's internationally best-selling series. Robert Pattinson and Kristen Stewart will return as its star-crossed lovers, but whether Hardwicke will be at the helm again is still being determined. The laid-back Hardwicke, who went bodyboarding at sunset Saturday to take her mind off this high-pressure weekend, said Sunday morning that she was head-

ing to a meeting later in the day to discuss her possible involvement in "New Moon." "I want to be sure that it's going to be done right. I don't want to rush into it," she said. "It's not like Friday the 13th or Halloween; you can't just do it super fast and knock another one out. I want to understand their plans and all that." Hardwicke, whose previous films include "Thirteen" and "Lords of Dogtown," also said she was thrilled about the prospect that the success of "Twilight" will inspire other women and young girls to pursue a career in filmmaking. "I hope not just women but all minorities get enthused and encouraged by it. I look at the (Directors Guild of America) calendar, at the pictures of everyone that had different movies each month, and it's usually 22-26 different directors, and almost every month there's one female and maybe one minority," she said.

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She is a vision of health & inspiration to all! This summer, her third hole-in-one, and she runs circles around her great-grand-sons. So please join with those grateful to receive her joy. And if you day you see this lady, celebrate with us her landmark 80!

Sponsor a Pet!

\$39 a month is all it takes to sponsor a pet for the Animal Shelter here in Twin Falls. You can buy a spot on our Adopt-A-Pet page, which runs once a month, and helps find good homes for local, adoptable pets.

Remember to spay or neuter your pets before you bring them home.

For more information call Karen at 735-3270 or email: kdickman@magiclevalley.com

Arts, Crafts & Bazaars Calendar

Annual Holiday Market

Dec. 6 • 9am-6pm
Dworshak Elem.
19th & Overland
(Farmers Market/Vendors)
Spaces available
678-5472

Wendell Merchants Market

Sat. Dec. 6th
10am-4pm
Santa Arrives at Noon & 3pm/photo \$4
Elementary Honor choir performance at 11am
Lunch 11:30-2pm
Free drawing for gift basket
Variety of vendors with Great Gift Ideas for Christmas!
Contact Shelia 536-6159 or Sharon 536-6111

13th Annual Gooding Craft Show

By Gooding Chamber of Commerce
Fri. Dec. 5th • 10am-6pm
Sat. Dec. 6th • 10am-4pm
Galc Building
906 Main, Gooding
Please Bring canned food or unwrapped toys to share with needy families.

To Announce your special event
Call or email
Karen at 735-3270
kdickman@magiclevalley.com

Auction Calendar

Through December 6th

MONDAY, NOV. 24, 6:00PM
General Merchandise, TF
Furniture • Household • Tools
Collectibles • Consignments Welcome
734-1635 • 731-4567

IDAHO AUCTION BARN
www.auctionidaho.com

TUESDAY, NOV. 25, 5:00PM
Houshold • Tools • Antiques
Outdoor/ Oddities • Jewelry
KLAS AUCTION BARN
209-324-5321
www.klausauction.com

THROUGH NOV. 25, 1:00PM
Online Restaurant Liquidation
Chris Knight Gun Items
Rifles Handguns • Tools
Times-News Ad: 11-23

MUSICK AUCTION
www.musickauction.com

THURSDAY, DEC. 4, 2:00PM
Prime Real Estate, Restaurant
Equip, Buil Grandstands
Sports Grill Liquidations
Times-News Ad: 11-23

ARMSTRONG AUCTIONS
www.armstrongauctions.com

SATURDAY, DEC. 6, 10:00AM
Kitchen Perfections, Twin Falls
Complete Cabinet Shop
Liquidation
Times-News Ad: 12-4

MUSSER BROS. AUCTION
www.mbauction.com

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AUCTION SALES REP
Jill Holton 735-3222 • E-mail: jholton@magiclevalley.com



DEATH NOTICES

Pastor Vince Frank

PAUL — Pastor Vincent D. Frank, 59, of Paul, died Saturday, Nov. 22, 2008, at the Inova Fairfax Hospital in Falls Church, Va.

The funeral is pending and will be announced by the Rasmussen Funeral Home of Burley.

Melvin Heinze

HEYBURN — Melvin Heinze, 74, of Heyburn, died Saturday, Nov. 22, 2008, at

Parke View Care & Rehabilitation Center in Burley. The funeral is pending and will be announced by the Rasmussen Funeral Home of Burley.

Dale E. Cole

Dale E. Cole, 93, of Twin Falls, died early Saturday morning, Nov. 22, 2008, at The Caring Place in Twin Falls.

A Celebration of Dale's life will be held as a grave-

side service at 2 p.m. on Wednesday, Nov. 26, 2008, at Sunset Memorial Park. Al Dale's request there will be no public viewing. Services are under the direction of Reynolds Funeral Chapel, Twin Falls.

A full obituary will appear in tomorrow's edition of the Times-News.

Rick Verlin Coates

Rick Verlin Coates, 58, of Twin Falls, passed away

Saturday, Nov. 22, 2008, at St. Luke's Magic Valley Medical Center. Arrangements are under the direction of White Mortuary "Chapel by the Park."

Mary K. Henderson

WENDELL — Mary K. Henderson, 89, died Saturday, Nov. 22, 2008, at her residence in Wendell, Idaho.

Arrangements are pending and will be announced by Demaray's Wendell Chapel.

SERVICES

Penny Taylor of Snowflake, Ariz., and formerly of Hagerman, funeral at 10 a.m. today at the Hagerman LDS Church; visitation one hour before the funeral today at the church. (Demaray Funeral Service, Gooding Chapel).

Edward LeRoy Packham of Fairfield, funeral at 10:30 a.m. today at the Gooding LDS Church; visitation from 9 to 10:15 a.m. today at the church. (Demaray Funeral Service, Gooding Chapel).

Ann B. Dunn of Halley, funeral at 1 p.m. Tuesday at Emmanuel Episcopal Church in Halley. (Wood River Chapel in Halley.)

Paul Norman Conner of Klamath Falls, Ore., and formerly of Richfield, graveside service at 2 p.m. Sunday at Eternal Hills Memorial Gardens in Klamath Falls. (Eternal Hills Funeral Home in Klamath Falls).

Donald Dwight Ramsey of Twin Falls, family service at 3 p.m. Dec. 5 at Sunset Memorial Park; public memorial service at 10 a.m. Dec. 6 at White Mortuary in Twin Falls.

Zina Jolley Short of Pocatello and formerly of Burley, private family service at 11 a.m. Tuesday at Cornhillson-Henderson Funeral Chapel, 431 N. 15th

For obituary rates and information Call 735-3294 Monday through Saturday. Next-day publication. The e-mail address for obituaries is: obits@magicvalley.com. Death notices are a time sensitive service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magicvalley.com and click on "Obituaries."

Beating the bushes

Volunteers help collect sagebrush seeds to rehab burned land

By Karen Bossick Times-News correspondent

Those who undertook the mission knew very well that the fruits of their labor could translate into runny noses and plugged sinuses a couple of years from now.

Thankfully, the job came with Kleenex, dutifully handed out by Wood River Land Trust coordinator Morgan Luckert.

Nearly 20 volunteers showed up on Cowcatcher Ridge near Bellevue last week to bat the bushes for sagebrush seeds.

"The idea that I can help collect seed to rehab burned areas is appealing," said Ketchum resident Elizabeth Poll, who wore her best knickers and knee-high socks.

Those who gathered under royal blue skies had come to collect the seeds of the Mountain Big Sagebrush, which provide good forage for deer and elk, said Ed Papenberg, an officer with the Idaho Department of Fish and Game.

By contrast, the more disapprovable Great Basin Big Sagebrush — which is often taller thanks to its place along roadsides where it sucks up rain run-off — offers more shelter than forage.

But, it's still valuable, Papenberg said, adding he planned to have homeschoolers collect Great Basin Big Sagebrush seed near Dierkes Lake. The seedlings grown from those seeds will be planted to offer deer protection from hunters in areas ravaged by fire.



Elizabeth Poll, of Ketchum, knocks seeds off sagebrush.

Photos by KAREN BOSSICK/For the Times-News

"No one wants rabbit brush seed," Papenberg added, eyeing another plant dispersed among the sagebrush. "It propagates itself so easily."

On Tuesday, the group fanned out up a steep hill a few stone throws from Anna Faye O'Donnell Park at Bellevue's west end.

Some batted the bushes with tennis rackets and oversized ping pong and paddle ball rackets Papenberg bought at thrift stores. Others stripped the brownish seeds by hand, letting the microscopic seeds resembling badminton shuttlecocks fall into large canvas bags with hula

hoop-size rims. After someone sneezed, Poll said, "Oops. Looks like someone's got allergies."

Papenberg said he would spread the sagebrush seeds out in his office to dry.

"There's more moisture in the seed than you'd think, even if you collect them when dry," he said.

After they dry, the seeds are taken to the Lucky Pink Nursery near Boise where machines flail and sift the seeds from the chaff.

The seeds are then banked in a walk-in cooler with millions of other seeds until they're returned to the soil. Fish and Game and U.S.

Forest Service officials from surrounding states access the nursery for rehab projects.

Jorjan Sarich, of Halley, was one of the last to finish collecting seeds on Cowcatcher Ridge.

She had planted antelope bitterbrush — what her mother called "butterbush" because of its yellow flower — in her father's home earlier this year.

"It was his favorite bush," she said of her father, George Louis Snyder, who was from Fairfield. "I had such a good time doing that that I thought I'd take a turn collecting seeds. I guess you could say I've come full circle."

Patient Spotlight

"I always recommend Professional Hearing Aid Services!" - Vicki Dick, Halley. "I always recommend Professional Hearing Aid Services to anyone I know that has a hearing problem. Thanks to Fritz, I can hear and understand my 3 year old grandson a lot better. Everything else seems clearer, too. Working with Professional Hearing Aid Services has been a very comfortable experience for me. I chose Fritz and his staff because my dad is a patient of theirs and has always been very pleased with the service he receives."

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Thieves put damper on Festival of Trees

Blaine Senior Center van taken, wrecked

By Karen Bossick Times-News correspondent

This week, Kim Coonis feels as if she's taken one step forward and one step back.

The director of the Blaine County Senior Center led a group of volunteers in raising money for the senior center through its annual Festival of Trees fundraiser Thursday night at the Sun Valley Inn.

But her excitement was tempered by the loss of the center's van, which was allegedly stolen Monday and left wrecked in Colorado Gulch west of Halley. Police suspect the van was taken for a joy ride after the driver left the keys in the vehicle while stopping on Main Street to grab a cup of coffee.

The Senior Center has three other cars and another van, but the stolen one's weight made it good for winter driving, Coonis said.

"It's imperative that we have it in winter because we have people who need to get places," she said.

Coonis said it will cost between \$8,000 to \$12,000 to replace it, but the insurance will not be enough to cover it.

And replacing vans was not what she had in mind with the money the center raised from the 27 trees that were auctioned off in the Festival of Trees.

Coonis hoped to raise \$100,000 for the in-home program and Meals on Wheels. The center serves as many as 175 lunches per weekday through Meals on Wheels and lunches at centers in Halley and Carey.

She's still crunching the numbers but she estimates the festival raised about half of that.

"We had to do the festival earlier than normal this year because the Linelight Room was booked when we normally do it," she said. "Though we picked up some fresh faces, a lot of our really faithful people were out of town."

In other financial news, center officials hope to complete at least one wing of a new expansion by December. The building, which will also bring the kitchen to code, will cost \$2.2 million, of which nearly \$1 million has been raised, Coonis said.

But even that project has been targeted by thieves, with \$1,000 worth of tools and materials stolen from the construction site this past year. Among those who pitched

in at the Festival of Trees were Matt Johnson, a floral designer with florist Sue Bridgman. He constructed a tree using cottonwood bark and adorned with life-sized blue jays and a wood gurland.

"I can run a chainsaw for a good cause," he quipped.

Jeanne Liston and The Blaine County Hunger Coalition decorated a tree with spray-painted cans and festive cereal boxes tied with ribbon. Firewise decorated one with toy fire hydrants and fire trucks, topping it with a teddy bear wearing a firefighter's uniform.

One decorator strung a tree with Monopoly money, while another hung ready-to-eat gingerbread men, Italian cookies and peppermint bark cloaked in transparent plastic bags from the pouches of her tree.

"I really like the bird tree," said Kristen Allen as she checked out a star made of edible mullein stalks and a pomegranate that had been sliced open. "The birds will like it, too."

Poo Wright-Pulliam, who decorated the tree with Kathleen Cameron, said one couple bought both of the identical trees they made — one for their home in Sun Valley and the other for their home in Seattle.

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Obama team promotes massive economic plan

By Jim Kolawole
Associated Press writer

WASHINGTON — After more than two weeks of virtual silence on the economy, President-elect Barack Obama's transition team burst on the scene with new ambition and urgency Sunday, demanding swift passage by Congress of a massive two-year spending and tax-cutting recovery program.

Obama aides called on lawmakers to pass by the Jan. 20 inauguration legislation that meets Obama's two-year goal of saving or creating 2.5 million jobs. Democratic congressional leaders said they would get to work when Congress convenes Jan. 6.

Though Obama aides declined to discuss a total cost, it probably would exceed the \$175 billion he proposed during the campaign, but would not immediately seek to raise taxes on the rich. Some economists and lawmakers have argued for a two-year

plan as large as \$700 billion, equal to the Wall Street bailout Congress approved last month.

With the wounded economy worsening, the Obama team's new assertiveness was a recognition he needed to soothe financial markets with signs of leadership. It also foreshadowed a more hands-on role by Obama to influence congressional action during the final weeks of the transition.

Obama planned to introduce his economic team on Monday, including Timothy Geithner as treasury secretary and Lawrence Summers as head of the National Economic Council. Obama also has settled on New Mexico Gov. Bill Richardson as his commerce secretary.

"We don't have time to waste here," Obama senior adviser David Axelrod said. "We want to lift the ground running on January 20th." Echoing that, the second-ranking House Democrat,

Rep. Steny Hoyer of Maryland, said, "We expect to have during the first couple of weeks of January a package for the president's consideration when he takes office."

Added Obama economic adviser Austan Goolsbee: "We're out with the dithering. We're in with a bang."

Obama's team didn't limit itself to the long-term economic recovery. Axelrod warned automakers, seeking billions in government help to stave off collapse, to devise a plan to retool and restructure by next month. Otherwise, he said, "there is very little taxpayers can do to help them."

Axelrod couldn't resist taking a jab at the Big Three executives, who left Congress empty-handed last week after flying into Washington in corporate jets and pleading for money. "I hope that they will come back to Washington in early December — on commercial flights — with a plan," he said.

Sources: Government working on Citigroup aid

WASHINGTON (AP) — The government is weighing a plan to rescue Citigroup Inc., whose stock has been hammered on worries about its financial health. The Treasury Department and the Federal Reserve have been in discussions over the weekend to devise a strategy to stabilize the company, according to people familiar with the talks. They spoke on condition of anonymity because the discussions were ongoing.

What investors are worried about is that all the risky debt sitting on Citigroup's balance sheet will eventually turn into losses as the economy worsens and the markets stay turbulent — losses that could be nearly impossible to reverse. A spokesman for New York-based Citigroup declined comment.

Official: Richardson to be commerce secretary

NEW YORK (AP) — President-elect Barack Obama has chosen New Mexico Gov. Bill Richardson to be commerce secretary, adding a prominent Hispanic and one-time Democratic rival to his expanding Cabinet.

Obama planned to announce the nomination after Thanksgiving, according to a Democratic official familiar with the discussions. The official was not authorized to speak publicly about the negotiations and did so on condition of anonymity.

Richardson, 61, had a distinguished and visible career in Washington before returning to New Mexico, where he was elected governor in 2002. Richardson served as U.N. ambassador under President Bill Clinton and later as energy secretary. He was in the House from 1983 to 1997.

Clinton sent Richardson on several high-level diplomatic missions while he was in Congress, including direct talks with Iraqi leader Saddam Hussein.

Richardson ran for the Democratic presidential nomination but dropped out in January after a poor showing in early contests. He went on to endorse Obama at the height of the Illinois senator's primary contest with Hillary Rodham Clinton, angering many Clinton's supporters who viewed the endorsement as a disloyal snub.

Obama considered Richardson to be secretary of state and brought him to Chicago to discuss the job. The president-elect is on track to name Hillary Rodham Clinton to the top diplomatic post and was expected to announce the pick after Thanksgiving.

Obama was set to name another federal Reserve Bank president Timothy Geithner as his treasury secretary on Monday. In his first official Cabinet announcement.

Several other candidates for Cabinet posts have emerged in recent days.

Obama's choice for attorney general is Eric Holder, who held the No. 2 slot in the Justice Department, under Bill Clinton. The president-elect's aides have also encouraged speculation that Defense Secretary Robert Gates would remain in office for an interim period.

Govt. pays billions for unapproved drugs

By Ricardo Alonso-Zaldívar and Frank Bass
Associated Press writers

WASHINGTON — Taxpayers have shelled out at least \$200 million since 2004 for medications that have never been reviewed by the government for safety and effectiveness. Medicare still covered under Medicaid, an Associated Press analysis of federal data has found. Millions of private patients are taking such drugs as well. The availability of unapproved prescription drugs to the public may create a dangerous false sense of security. Dozens of deaths have been linked to them.

The medications date back decades, before the Food and Drug Administration tightened its review of drugs in the early 1960s. The FDA says it is trying to squeeze them from the market, but continuing federal laws allow the off-label health program for low-income people to pay for them.

The AP analysis found that Medicaid paid nearly \$100 million from 2004 to 2007, for more than 100 unapproved drugs, mostly for chronic conditions such as colds and pain. Data for 2008 were not available but unapproved drugs still are being sold. The AP checked the medications against FDA databases, using agency guidelines to determine if they were unapproved. The FDA says there may be thousands of such drugs on the market.

Medicaid officials acknowledge the problem, but say they need help from Congress to fix it. The FDA and Medicaid are part of the Health and Human Services Department, but the FDA has yet to compile a master list of unapproved drugs and devices — which may be the biggest purchaser — keeps paying.

"I think this is something we ought to look at very hard, and we ought to fix it," said Medicaid chief Herb Kohn.

"It is a case where a lot of questions, not only in terms of safety, but in terms of the efficiency of the program — to make sure we are getting the right set of services for beneficiaries."

It's a time when families, often Charles Grassley, R-Iowa, has asked the HHS inspector general to investigate.

Activists say tobacco settlement is being wasted

By Steve Lofgren and Julia Carr Sayth
Associated Press writers

In 2006, Alaska desperately needed cash to complete a museum featuring a mummified bison and other natural wonders of the frozen north. So the state dipped into its share of the landmark 1998 tobacco settlement.

The billions that began flowing from cigarette makers to the states a decade ago also helped outfit the Niagara County, N.Y., golf course with new carts and sprinklers. And the money has gone toward college scholarships in Michigan, tax breaks in Illinois and Ohio, a dog catcher in Lincoln, Neb., and jails and schools elsewhere around the country.

Despite the promises of politicians and policymakers, states and counties have spent the lion's share of the settlement money on things that have nothing to do with public health or smoking, even as new carts and sprinklers and smoking rates have stagnated.

Of the \$61.5 billion divided among 46 states between 2000 and 2006, only 30 percent was spent on health care, according to federal Government Accountability Office data analyzed by The Associated Press. Less than 4 percent went to anti-smoking efforts.

"A lot of people on both sides thought we were going to enter a new Eden, and we haven't," said Thomas Glynn, director of cancer science and trends at the American Cancer Society.

States defend the myriad ways they have spent their tobacco money, which is still being paid out in annual installments and is expected to total \$29.4 billion over 25 years in today's dollars. They note that no strings were attached to the settlement

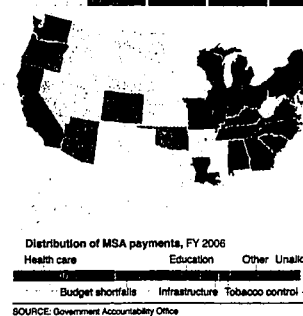


This undated photo shows the entrance to the newly remodeled University of Alaska Museum of the North in Fairbanks, Alaska. Fisher Photography, Fairbanks/AP for the photo.

Anti-smoking efforts underfunded

Of the \$61.5 billion divided among 46 states from the tobacco Masters Settlement Agreement (MSA), 30 percent was spent on health care and nearly 4 percent went to anti-smoking efforts.

Payments received through FY 2006, in billions



Patison, executive director of the National Association of State Budget Officers.

States had used the industry to recover the crushing costs of treating smoking-related illnesses in people enrolled in public health programs such as Medicare and Medicaid. Big Tobacco also agreed to eliminate advertising aimed at teenagers. In return, it won protection from future lawsuits.

But even then, lawmakers and others were eyeing the money for other needs.

Gregory Connolly, director of Massachusetts' Tobacco Control Program from 1993 to 2003, said the failure to funnel more of the money into anti-smoking campaigns was a retreat from implicit promises made at the time of the settlement.

"Every state court case had that built into it, that we're here for the kids," said Connolly, now a professor at the Harvard School of Public Health. "But what the legislators said, 'This is our money. This is for suing, but we're going to decide how to spend the money.'"

Foes of stem cell research now face tough battle

By Kevin Fralick
Associated Press writer

WASHINGTON — When the Bush presidency ended, opponents of embryonic stem cell research will face a new political reality that many feel powerless to stop.

President-elect Barack Obama is expected to lift restrictions on federal money for such research. House Speaker Nancy Pelosi, D-Calif., also has expressed interest in going ahead with legislation in the first 100 days of the new Congress if a regulatory framework is still necessary to set up a regulatory framework.

"We may lose it, but we're going to continually fight it and offer the ethical alternative," said Rep. Joe Pitts, R-Pa. "I don't know what the votes

will be in the new Congress... but it's very possible we could lose this thing."

Stem cells are the building blocks that turn into different kinds of tissue. Embryonic stem cells, unlike more mature versions, are blank slates. If scientists could control them, they could direct regenerative therapy, perhaps allowing a diabetic's pancreas to begin producing insulin, for example.

Harvesting stem cells from four- or five-day-old embryos kills the embryos, which outrages opponents of this type of research. But supporters say hundreds of thousands of embryos stored in fertility clinics eventually will be destroyed anyway and that people should be allowed to donate them for research that could help others.

"I believe that it is ethical to use these extra embryos for research that could save lives when they are freely donated for that express purpose," Obama wrote during the campaign in response to 14 questions from scientists, doctors and engineers.

Under President George W. Bush, federal money for research on human embryonic stem cells was limited to those stem cell lines, or families of constantly dividing cells, that were created before Aug. 9, 2001. No federal dollars could be used on research with cell lines from embryos destroyed from that point forward. Federal regulations do not restrict embryonic stem cell research using

state or private funds.

John Podesta, head of Obama's transition team, strongly hinted that the president-elect would deal with stem cell research soon after taking office Jan. 20. "As you know, he has said something specific about stem cell research, so I think you can expect that when he is inaugurated the campaign will be fulfilled once in office," Podesta said.

Obama made it clear during the campaign he would overturn Bush's directive.

"As president, I will lift the current administration's ban on federal funding of research on embryonic stem cell lines created after August 9, 2001, through executive order, and I will ensure that all research on stem cells is conducted ethically and with

rigorous oversight," he said.

Opponents of such research say they will press their case on several fronts.

The main argument is that life begins at conception — that once fertilization occurred in the lab, so did a human being.

Secondly, they will argue that scientists are spending success using other methods — adult stem cells that form specific tissues, or reprogramming skin cells to act like stem cells — so money should be directed where the biggest scientific breakthroughs have occurred. For example, this past week, doctors gave a woman new windpipe with tissue grown from her own stem cells, eliminating the need for anti-rejection drugs.

5

ways to get ready for ski season

By Ariel Hansen
Times-News writer

It could be Christmas before the first skiable snows fall on southern Idaho, but that's just enough time to get those thighs and glutes in shape to carve some powder. Here are five things you can do to get ready to hit the slopes, from Wood River YMCA fitness director Liz Clark and patrons at that Ketchum fitness club who are praying for snow.

Ariel Hansen may be reached at ariel.hansen@lee.net or 208-788-3475.

1

Start now

It takes four to six weeks to get into shape for skiing, snowboarding, cross-country or snowshoeing — or any major activity, for that matter — unless you're a serious, year-round athlete. Even those fitness nuts will want to take a few weeks to prepare for snow sports because they use different muscles and movements than many other activities.

"The whole cliché, use it or lose it? It's true," Clark said. And you can lose muscle tone and flexibility in just two weeks, so keep up your routine through the season. The most important muscles to work are in the lower body and core, so now's the time to abandon those bench presses and try leg presses instead.



'I usually work on my legs a lot,' said Christelle Schmillen, who is ramping up her routine before strapping on a snowboard this winter.



Mikal Chermas works out on the Cardio Wave, a new machine at the Wood River YMCA that mimics the movements of skiing.



Practicing what Wood River YMCA fitness director Liz Clark calls plyometrics — exercises that look just like the real-world action they're copying — Christelle Schmillen does squats and hip abductions that will help her later in the season when she snowboards.

2

Choose mimicking exercises

Remember the old NordicTrack? Your feet slid forward and back, and you gripped handles on the ends of a cord to move your arms. It was supposed to get you into shape for skiing by copying the movement of cross-country skiers.

Well, technology has changed, but the principle remains the same. At the Wood River Y, there's a new piece of equipment called a Cardio Wave that works your legs on three different planes, strengthening the muscles around the knee without impact as well as the core, which makes it ideal for folks preparing to ski. "It really targets your outer legs and your outer glutes," Clark said.

Also try what Clark calls plyometrics — basically exercises that look exactly like the function you'll eventually use those muscles for.

For example, try what Christelle Schmillen, a snowboarder and employee at River Run, was doing during a recent session at the Y. Standing in front of a mirror to check her form, she squatted, then lifted a leg to the side as she rose, squatted again, then lifted the other leg. It looks a lot like the movements of snowboarding, Clark noted, and added to Schmillen's five-mile runs three times a week, is getting her ready to hit the snow.



Using a balance ball against a wall is a good way to keep your core working while you exercise your quads, said Wood River YMCA fitness specialist Susan Bates.

3

Anything's better than nothing

So you only have time to get to the gym once a week? A lot of folks have great equipment at home, Clark said. Take a few minutes each day to use it, or go for regular walks or runs, and you'll feel a lot better after that first day on the slopes.

"Don't cold-turkey it. Anything you do is better than nothing," Clark said. "The more fit you are the more fun it is." You could hook up a resistance band under your desk for leg curls, perhaps, or stand and balance on one leg every time you make a phone call. Or use a balance ball for two great lower-body exercises: wall squats, which work your glutes and quads, and hamstring bridges, which stretch your hamstrings. Just be sure to keep good form when you're doing these for the most impact and least stress on your joints.



With a balance ball, you can stretch and stress your hamstrings, strengthening them to prepare for winter sports. Demonstrating an advanced hamstring bridge is Susan Bates, who shows the straight-backed plank position that is important to keep your core stable. For an easier version of this exercise, straighten your legs, but be sure to keep your rear off the floor.

4

Pick your snacks

You don't want to be 20 miles from nowhere when you discover the treats you figured out to keep your energy aren't enough. And it's so easy to get to the bottom of the ski hill, then head for the lifts instead of the water fountain. So think now about how you're going to stay hydrated and get in the calories you need for a great day in the snow.

Sample a handful of nuts and dried fruit, a calorie-rich gel pack, or any of the many new energy bars that hit the market every year to figure out what works best for you. Try on a backpack water delivery system — the most well known are CamlBaks — to ensure you can move freely in it and it will fit over your cold-weather gear. Or check out reusable water bottles to see which will best fit in your pockets or clipped to your gear.



5

Reorganize your routine

It was long common knowledge that you were supposed to stretch first, then warm up, then work out. "More and more research comes out that that's a myth, and stretching afterward is best," Clark said.

Get warm by doing a slower, easier version of the major exercise you'll be doing — 10 low-resistance minutes on a bike before you start your spinning routine, for example, or a run down an easy hill before you tackle that double diamond.

When you're done for the day, stretch out your muscles and keep moving to avoid soreness. "Keep blood going to your muscles to break up the lactic acid," Clark said. A hot bath or shower, or bubbly spa if you're so lucky, also helps keep muscles warm to avert soreness.

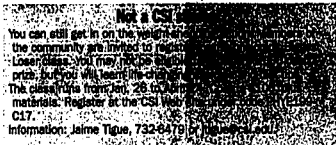
The best medicine, though? Tomorrow's run down the slopes or across the mountain. "If you are sore, get out and do it again the next day," Clark said. The same applies to your workouts in preparation for snow sports.

Lose big, win bigger at CSI

By Melissa Davlin
Times-News writer

College of Southern Idaho students, staff and faculty are invited to participate in the college's first ever LOSE BIG, WIN BIG competition.

The competition, sponsored by the Wellness Committee, challenges contestants to lose weight and provides lifestyle coaching, including diet, exercise and healthy habit tips.



will be awarded to the person who loses the highest percentage of weight. Contestants must be willing to submit to a physical examination and will be monitored by doctors throughout the course of the competition. Competitors are also asked to sign up for the

college's LOSE BIG, WIN BIG class, which meets 1 p.m. on Mondays, Wednesdays and Fridays from Jan. 26 to April 24, taught by Scott Rogers and Jaime Tighe.

Entering the contest is free, but you'll pay for the class, of course.

To enter, write a two- to three-page essay on why you should be a contestant, what motivates you to lose weight and what you plan to do after the contest to maintain your new healthy lifestyle. Include a recent photo of yourself with your weight, height, goal weight, age, gender and telephone number.

Essays and profiles are due by noon on Dec. 12 to Judy Thron in Taylor 123. An electronic copy can be sent to jthom@csi.edu.

Melissa Davlin may be reached at 208-735-3234 or melissa.davlin@lee.net.

To do for You

About C-sections

Cesarean class of St. Benedicts Family Medical Center's prepared childbirth series, 7-9:30 p.m. Tuesday, at Jerome Ambulance Building, 240 E. Main.

Topics: Cesarean birth, pain management, hospital procedures and non-conforming laborers. Bring two pillows, a blanket and, if possible, a support person. Cost is \$5. Register: 324-6133.

Free: 324-6133.

Infant safety and CPR

Infant safety and cardiopulmonary resuscitation, 6:30-9 p.m. Tuesday, in the lobby of St. Luke's Magic Valley Medical Center's downtown campus, 660 Shoshone St. E. in Twin Falls.

New parents, grandparents and caregivers learn CPR and what to do if a baby chokes. No registration required. Free: 732-3148.

'Baby and Me'

St. Benedicts' "Baby and Me" classes, 11 a.m.-noon Tuesdays, at Jerome Public Library, 100 First Ave. E.

This week's topic: "Pediatric Dentistry." The session is for parents of children from infancy through toddler years.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Healthy & Fit section. E-mail notices to ramona@magicvalley.com.

Healthy tips to filling your medical needs

By Susan Brink
Los Angeles Times

Even if you're not rich or well-connected, you can find leading-edge treatment when it matters. And it could well matter if your condition is rare or if few doctors have developed expertise in treating it.

For starters, be Internet savvy — and pushy. Here are some tips for getting what you need.

Be open to the hospital your insurance plan recommends.

Insurers want to keep costs down, and one way to do that is to minimize costly complications. So they try to contract with institutions that have the most experience and the best outcomes.

Even HMOs contract with outside centers of excellence for some rare disorders when their own physicians lack unique expertise.

"This whole notion of centers of excellence used to be based on gestalt and individual recommendations," says Dr. William Roper, dean of the medical school and chief executive of the health-care system at the University of North Carolina. "It's becoming much more data-driven and evidence-based."

To determine the "best," arm yourself with numbers.

If the doctor, or hospital, you want has more experience than the one your insurer has chosen, show your insurer the numbers. A surgeon who has done a procedure a few hundred times will have better results than one who has done it two or three times.

There's a growing body of evidence that says that volume matters," Roper says.

The only way to find out is to ask, so don't be shy about asking physicians how many times they've done the procedure or treated the condition.

And be specific. A cardiac surgeon who has done hundreds of heart bypasses is not necessarily an expert in valve replacements.

Get recommendations.

The less common the disorder, the fewer the institutions that will have deep experience with it. But it's just those institutions you want to find. Each time you talk to a provider, don't end the conversation without asking who else has experience with your condition or which institutions are known for treating the disease. Keep following the chain of recommendations to see if one or two names are consistently repeated.

Do your homework.

Track down statistics and studies as well-made as possible. Search for articles at the National Institutes of Health's free archive of medical journals. Be as specific as possible in your search. For example, it's not "brain cancer." Use "malignant glioma," "brain tumor" and "left parietal lobe."

Make appointments.

When you find a doctor or hospital doing research into your disease, call the physician or the institution. Large academic centers all have physician referral departments set up to connect patients with the appropriate physician. Your insurance company will cover a second opinion, and going to a large center for that second opinion can be the entry-way to excellence.

Whatever your disease, go online.

Look for Internet-based support and advocacy groups. For example, the National Multiple Sclerosis Society's Web site has a page on recent research into the disease, who is doing it and where.

Check out the disease advocacy group's chat rooms. Patients who have gone

through what you're facing have a lot of first-hand advice about what they've done, where they've gone and how it turned out. In the absence of good national quality and outcomes measures of doctors and hospitals, this personal experience of your peers is invaluable.

But beware of sites trying to sell something or promoting a treatment not available in any academic center. Any Internet site that sounds too good to be true usually is, says Dr. Robert Adler, vice chairman of pediatric medicine at Childrens Hospital Los Angeles.

Be realistic.

Don't think you can find a cutting-edge technique developed by one surgeon, then ask your own doctor to do it. "That's like going to a restaurant with a recipe from another restaurant and asking the kitchen to make it," Adler says. You could ask the doctor who developed the procedure if he or she has trained any others. If so, find out where they are practicing and how experienced they have become. That process of training others, and having them fan out, is how once-unique techniques spread, but it takes a lot of time.

Be prepared to fight.

Use the ammunition you've accumulated through research. Fights with insurance companies can be frustrating and drawn out, so if you're also fighting disease, you might need to enlist a spouse or friends to make phone calls and write letters, to the insurer, to legal aid societies or to a private lawyer.

If you're wrangling with Medicare, the Medicare Rights Center might be able to help fight a denial.

Get your doctor's support.

Whether you're facing Medicare or an insurance

company, your chosen doctor is your best ally. He or she is the one best armed with numbers to make your case to the insurer.

For example, surgeons at Johns Hopkins Medical Center published a study in 1995 of a surgical technique, called a Whipple procedure, that can help some pancreatic cancer patients. The study examined all 501 cases of pancreatic cancer in which the procedure was used between 1988 to 1993 throughout Maryland.

It found that 54 percent of Whipple procedures were performed at Johns Hopkins. The remainder were performed at 38 other hospitals. The in-hospital death rate at Hopkins was 2.2 percent, compared with an average of 13.5 percent at the other hospitals. But what probably got the attention of insurance companies was that the cost at Johns Hopkins was \$26,204, compared with an average of \$31,659 at other hospitals.

Even if there isn't such incontrovertible, published proof supporting your decision, your chosen physician probably will have other numbers. If you lose the fight and continue to be convinced that where you go matters to you, be prepared to shell out. Whether it's a higher co-payment for going out of network, or taking on the entire cost yourself if you can afford it, your preference might be important enough to you to pull out your checkbook or credit card.

Make a choice.

Finally, try not to second-guess your decision. "No one really knows what the outcome will be," Adler says. "Make the best decision you can in the time you've got, and then don't look back."

One false move and an unanticipated timeout

By Vicky Hallett
Special to The Washington Post

I am a 57-year-old male who finally started dieting and exercising after almost 30 months and lost almost 30 pounds. I was so happy about it and feeling so well. Last Sunday I was playing football with my young son and tripped while running and ended up with a separated shoulder. Two ligaments are gone, and I expect my right arm to be in a sling for four months! Orthopedist says no treadmill and to take it easy. Can you recommend some kind of effective exercise that won't jeopardize the healing in my shoulder?

A. If your arm could talk — beyond its current screams of pain, of course — it might plead for an early parole. Four months of immobility probably isn't what your doc has in mind when he tells you to take it easy, says Mark Miller, head of the sports medicine division of the orthopedic surgery department at the University of Virginia. "If you

didn't move it for four months, the shoulder would atrophy and shrivel up," he explains. That's no way to work your way back to tossing that pigskin around with you, but it can give this extraordinary health kick you're going for.

So, be gentle, but don't feel you have to stay motionless to heal. Maybe running on the treadmill is too jarring, but walking on your neighborhood streets isn't, even on an incline. That can jack your heart rate up high enough to get a real cardio benefit. At the gym, you can also try the elliptical or the stationary bike. Just stay away from sports that put you at risk for falling, Miller advises.

And make sure your doctor gives you guidance on what you can do to keep your arm from stiffening up during your recovery — even while it's in a sling. Miller thinks you'd be a good candidate for "pendulums": "Let your arm dangle and move like an elephant trunk." Even if you can't play football again for a while, at least your son will probably think that's cool.

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A silent, stealth killer

Ovarian cancer can escape detection until too late

By Susan Brink
Los Angeles Times

LOS ANGELES — Like any grandparent helping a daughter with a new baby and two active toddlers, Barbara Shellow was busy: changing diapers, giving baths, reading stories and playing games. The routine had her huffing and puffing, out of sorts, tired, losing weight.

But the Los Angeles grandmother didn't give much thought to those symptoms 11 years ago. It was Idaho, in winter. "I blamed it on the altitude, the weather, and running around after three little kids," she says.

Like the majority of women who are eventually diagnosed with ovarian cancer, Shellow's symptoms — fatigue, bloating, stomach upset, changes in bowel habits and loss of appetite — were as vague as they are common. She chalked them up to life and, like so many women with the disease, waited too long to go to the doctor.

But the very banality of this cancer's early symptoms is what makes it so deadly — that and the fact that there is no early-screening tool, such as a mammogram for breast cancer or a Pap smear test for cervical cancer, to either reassure women that they're healthy or find cells at early and highly curable stages.

As a result, the majority of women diagnosed with ovarian cancer are already in late stages of it — meaning it has already escaped the ovaries.

"Ovarian cancer is our albatross in ob-gyn oncology," says Dr. Beth Karlan, director of the Women's Cancer Research Institute at Cedars-Sinai Medical Center in Los Angeles. But with care, some patients will see more years than they dreamed possible when they first heard the dreaded diagnosis.

In the additional years is nothing to sneeze at," Karlan says. "And the beauty of it is seeing how some of these women live each and every day of those added years."

Ovarian cancer's stealthy onset makes it far more worrisome than its prevalence would indicate. There are 22,000 cases diagnosed each year, and a woman's lifetime risk of ovarian cancer is about 1 in 70. That compares with a 1 in 8 lifetime risk of breast cancer. "It's an infrequent disease," says Dr. Carmel J. Cohen, professor of gynecology at the Mount Sinai School of Medicine in New York and co-chairman of the Ovarian Cancer Research Fund.

But compared with breast cancer, the risk of dying of ovarian cancer hasn't improved much in the past 30 years. From the late 1970s to today, the five-year survival rate for breast cancer rose from 75 percent to 89 percent. In that time, five-year survival rates for ovarian cancer went from 38 percent to 46 percent today.

In the past decade, the ovarian cancer mortality



Barbara Shellow, 69, has had six bouts of ovarian cancer in the last 11 years and a battery of different treatments. She has the BRCA2 gene, which put her at greater risk of developing the cancer to begin with.

Common, frequent early symptoms

LOS ANGELES — Laurie Gray's mother died of ovarian cancer at age 41, more than 30 years ago. For Gray, a Los Angeles attorney, a cloud of concern lingered over her own health. She's 52 now, and a few years ago, she tested positive for the BRCA1 gene. Shortly afterward, she had her breasts and ovaries removed as a precaution.

For women with the gene, the risk of ovarian cancer spikes from a 1 in 70 chance to as high as a 6 in 10 chance. "Their risk goes up hugely," says Dr. Carmel J. Cohen, co-chairman of the Ovarian Cancer Research Fund. "Those women ought to have their ovaries removed."

But most women don't have the BRCA1 or BRCA2 genes known to increase risk, and ovarian cancer can still swoop in out of the blue. Fortunately, researchers are looking more closely at the vague symptoms commonly felt by women who later were diagnosed with ovarian cancer. And they have found some subtle differences that may help women know when they should press doctors for a closer medical look.

In a 2004 report in the Journal of the American Medical Association, responses by women with ovarian cancer were compared with those from women without cancer who visited primary care clinics. Oddly, gynecological symptoms, such as menstrual irregularities, were less likely to be reported by women with ovarian cancer.

Instead, the most frequent early symptoms connected to ovarian cancer were: back pain, fatigue, indigestion, urinary problems, constipation, abdominal pain, bloating and increased abdominal size. And some 43 percent of the women had three of these symptoms — bloating, increased abdominal size and urinary tract problems — simultaneously.

The women with ovarian cancer complained of having several symptoms every day, compared with the control group of women, who complained of one or two symptoms several times a month.

When women who have not experienced these early symptoms are suddenly being troubled by combinations of two or three of them, several times a month, it adds up to the best early-warning signal available so far, says Dr. Robert Morgan, oncologist and researcher at the City of Hope National Medical Center in Duarte, north of downtown Los Angeles.

"It used to be felt that women with early-stage disease did not have symptoms. Now, it's looking like up to 90 percent of women have early symptoms," Morgan says.

Adds Cohen, "It's very important that women be told that when they go to their provider with these symptoms, they must tell the provider, 'Prove to me that I don't have ovarian cancer.'"

— Los Angeles Times

rate has stayed the same, even as breast cancer mortality has dropped by about 2 percent a year.

The elusive goal for ovarian cancer is a simple test, like the Pap test for cervical cancer, that would find the disease early enough for it to be cured. Cervical cancer, however, has precursors: abnormal cells that show up years before cancer develops. And the annual Pap can find them. It's not perfect, but if a woman has a Pap every year, even if the precursors are missed one year, they'll almost certainly show up the next — long before the eight to 10 years it takes for the cells to develop into cervical cancer.

If ovarian cancer has similar precursors, they are hidden in the ovaries, and medicine hasn't learned how to get at them for routine screening. So women and their doctors remain unaware of the disease as it develops into Stage I cancer and beyond.

"In the first stage, ovarian cancer can be cured 95 percent of the time," says Dr. Robert Morgan, oncologist and researcher at the City of Hope National Medical Center. But fewer than 20 percent of women find it that early.

So far, the only test for ovarian cancer is the CA125 test, a blood test that measures a protein found in greater concentration in ovarian cancer cells than in

other cells. But as a screening tool, the test is not specific enough. About 20 percent of women with ovarian cancer don't have an elevated CA125 count at the time of diagnosis. And of those who do have a high count, only about 3 percent have ovarian cancer.

Combined with an ultrasound examination of the ovaries, the test can be useful for women at high risk

for ovarian cancer: those with a family history of the disease, who carry the BRCA1 or BRCA2 gene, or who have had breast cancer. But even then, the test provides only short-term reassurance. And so use of the CA125 test is limited largely to monitoring women who know they have ovarian cancer to see how well chemotherapy is controlling the spread of the disease.

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By Linda Searing
Special to The Washington Post

Quick Study

The topic: Mediterranean diet

Benefits appear to extend beyond the heart

THE QUESTION
Might the Mediterranean diet, shown to help fight heart disease, prove beneficial against other chronic disorders as well?

THIS STUDY
It analyzed data from 12 studies, involving nearly 1.6 million adults whose dietary habits were monitored for up to 18 years. The more closely people had adhered to a Mediterranean diet (rich in fruit, vegetables, grains, fish, nuts, olive oil and moderate amounts of red wine, but low in red meat, dairy products and other alcohol) the less likely they were to have developed or died from a chronic disease. Specifically, people who most strictly followed the diet were 9 percent less likely to have died from cardiovascular disease, 6 percent less likely to have a cancer diagnosis and 13 percent less likely to have developed Parkinson's or Alzheimer's disease than were those whose eating patterns were not in line with the diet.

WHO MAY BE AFFECTED?
Adults who follow the Mediterranean diet.

CAVEATS
Variations occur among people following a Mediterranean diet, and the study did not determine whether different food and drink components had differing effects on the outcome.

FIND THIS STUDY
It's in the Sept. 11 online issue of *BMJ*.

LEARN MORE
Learn about the Mediterranean diet at www.american-heart.org and www.mayoclinic.com.

The research described in *Quick Study* comes from credible, peer-reviewed journals. Nonetheless, conclusive evidence about a treatment's effectiveness is rarely found in a single study. Anyone considering changing or beginning treatment of any kind should consult with a physician.

Massage 101

The beginner's guide to choosing and using a massage.

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B.C. By Johnny Hart

CHECK IT FOLK! I'M PLAYIN' IT HIGH TECH THIS YEAR... COMPLETE WITH STEALTH SUIT, NIGHT VISION, FLASH BANG GRENADES AND A SCENT AMISK THAT SMELLS OF A YAK IN HEAT.

YES, SIR, COME TURKEY DAY, THOSE HUMANS ARE GONNA BE BATIN' ROCKS.

HE'LL BE DEAD IN AN HOUR.

Baby Blues By Rick Kirkman & Jerry Scott

OH! OH! OH!

OH MY GOSH! WHAT HAPPENED, HANNAH?

I FELL OFF MY BOPE.

AND "TRIPPED OVER MY SKATEBOARD, AND SCRAPPED AGAINST A TREE AND GOT RUN OVER BY A HPD ON ROLLERBLADES."

WITH ME, THE QUESTION HAY "WHAT HAPPENED?" IT'S "WHAT DIDN'T HAPPEN?"

Beetle Bailey By Mort Walker

GRAB THAT VINE AND SWING ACROSS!

I'M NOT A TRAPEZE ARTIST!

HOW ABOUT A HUMAN CANNON-BALL?

GRAB ACET LUBRICE!

Blondie By Deen Young & Stan Drake

WOW! "GASOLINE ALLEY" IS CELEBRATING 70 YEARS TODAY!

I CAN YOU BELIEVE A GONG STOP WILL BE SO GOOD FOR SO LONG?

I CERTAINLY HOPE SO!

Dilbert By Scott Adams

AS I GAZED AT MY BACON AND EGGS THIS MORNING, I REALIZED...

...THE CHICKEN CONTRIBUTED, BUT THE PIG WAS COMMITTED.

I AM SO CLEVER.

IF I PROMISE TO WORK LIKE A DEAD PIG, CAN I GO HOME EARLY?

The Elderberries By Phil Frank and Joe Troise

Howdy partners! Welcome to the Elderpark 'O' Jokes Home!

One-time out on th' range, Ah saw me a man on a horse with two heads!

Who had two heads, the man, or th' horse?

Well, Ah don't know yet... This is my first time tellin' the joke.

For Better or For Worse By Lynn Johnston

ROOBY, MOTHER, YOUR BOOBY IS BOO!

DON'T FORGET YOUR BOOBY! YOUR LUNCH!

DON'T FORGET YOUR BOOBY! YOUR LUNCH!

GLAD! I HATE YOU! YOU STUPID! YOU STUPID! YOU STUPID!

OK, I DON'T HAVE MY PRINTING SUIT! I'M NOT ALWAYS FORGETS!

Frank and Ernest By Bob Thaves

NO, ERNIE, I SAID TO GET MISTER "SPOCK!"

Garfield By Jim Davis

GARFIELD, HAVE YOU BEEN MY OTHER SNOW BOOT?

GARFIELD?!

AIN'T NOBODY HERE BUT US TUBE SOCKS.

Hagar the Horrible By Chris Browne

WHEN THE SUCCESS OF THIS MISSION DEPENDS ON YOUR COMPLETE CONCENTRATION AND FORGETTING ABOUT THOSE YOU LEFT BEHIND!

WHERE ARE YOU GOING?

I'M NOT SURE I FED MY GOLDFISH BEFORE I LEFT!

Hi and Lols By Chance Browne

I THINK THIRSTY'S SPENDING TOO MUCH TIME OVER HERE.

WHY DO YOU SAY THAT?

YOU KNOW HOW THEY SAY DOGS START TO LOOK LIKE THEIR OWNERS?

OUR DOG IS STARTING TO LOOK LIKE OUR NEIGHBOR.

Luann By Greg Evans

MOM, WHAT'RE YOU THANKFUL FOR AT THANKSGIVING? I MEAN, COOKING ISN'T YOUR FAVORITE SING.

TRUE, BUT MAKING A "THANKSGIVING DINNER IS ALL ABOUT APPRECIATING WHAT I HAVE."

A WONDERFUL FAMILY, A NICE HOME, GOOD HEALTH, ENOUGH MONEY FOR FOOD, I HAVE PLenty TO BE THANKFUL FOR, SWEETIE.

OK, SO LET'S SEE WHICH BREAD DO WE WANT: MULTIGRAIN, WHOLE WHEAT, FLAX, HI-FIBER, OVEN B, LOW CARB.

SOMETIMES THERE'S A BIT TOO MUCH TO BE THANKFUL FOR.

Classic Peanuts By Charles M. Schulz

LOOK AT ALL THE PEOPLE I BROTHERS WANE TO SEND YOU XMAS CARDS TO! DO YOU DO IT?

BECAUSE IF I DON'T, THEY'LL HATE ME.

LOOK AT LORETTA! IF I DON'T SEND HER A CARD, SHE'LL HATE ME.

SHE WON'T?

NO, SHE WON'T.

SO LONG, LORETTA!

Pearls Before Swine By Stephan Pastis

WHAT IF YOU GET INTO HEAVEN AND FIND YOURSELF SURROUNDED BY PERKY PEOPLE?

PERKY PEOPLE?

YEAH, YOU KNOW THE KIND OF IDIOTS WHO INSIST ON TALKING TO YOU WHEN YOU FIRST GET INTO WORK IN THE MORNING.

I DON'T KNOW IT'S HEAVEN. I ASSUME THERE'S SOMETHING THAT PREVENTS THAT FROM HAPPENING.

PERKY PEOPLE GO TO HELL.

WHY DO I EVEN—

ADIOS, YOU SMILING LITTLE GOONS!!

Pickles By Brian Crane

LOOKING YOU WANTING FOR NELSON?

MY TOOTH! IT CAME OUT, BUT NOW I CAN'T FIND IT!

MAYBE YOU SWALLOWED IT.

DO YOU THINK SO?

MAYBE IT DOES LOOK LIKE SOMETHING IS EATING AT YOU.

Rose is Rose By Pat Brady

CHOP! CHOP! CHOP!

CHOP! CHOP! CHOP!

NO! NO! NO!

CHOP! CHOP! CHOP!

PEPPERMINT CHERRY GUM BREATH AMBUSH!

CHOP! CHOP! CHOP!

CHOP! CHOP! CHOP!

Non Sequitur By Wiley

...SALES OF LUXURY ITEMS HAVE COME TO AN ABRUPT HALT...

...A LUXURY LAND, NO, NO, O-O...

...WHY DO YOU CARE?

...THE CURSE, IT MAY BE RETURNING...

...WHAT CURSE?

...THE CURSE OF LUXURY?

...WELL, IN A NUTSHELL, IT'D WRESTLE THE FROG OF WASHINGTON BEATS THE FROG OF MASSACHUSETTS LOBBYING...

...ON THAT!

...OK, I'LL BEAT YOU! BUT YOU'VE GOT TO BE THE NEXT!

...TO BE THE NEXT! PLEASE CONTINUE!

Dennis the Menace By Hank Ketchum

...SALING ALE TO CELEBRATE 50 YEARS...

...WHAT A STUPID LITTLE SKEWER SHOWING UP ON WAIN'S DOORSTEP!

...WAIN LIKE ME SHOWING UP ON YOUR DOORSTEP EVERY DAY.

The Wizard of Id By Brant Parker & Johnny Hart

I USED TO WORK FOR THE POPE.

YOU'RE LUCKY.

I WORK FOR THE KING.

WITH THE POPE, IT'S ONLY HIS RING YOU HAVE TO KISS.

Zits By Jim Borgman and Jerry Scott

ROCKEOD! MOM, I FORGOT MY PHYSICS BOOK CAN YOU BRING?

OK.

ROCKEOD! THANK YOU THANK YOU! THANK YOU FOR THE BEST PHYSICS!

ROCKEOD! BUT NUMBER 500 DON'T LET ANYBODY SEE YOU.

Legal

NOTICE OF OPPORTUNITY TO COMMENT
USDA Forest Service, Sawtooth National Forest, Mindoka Ranger District, Twin Falls County, Idaho
Deadline Ridge OHV Trail Designation

Sealed proposals will be received by the IDAHO TRANSPORTATION BOARD only at the office of the IDAHO TRANSPORTATION DEPARTMENT... ROADWAY DESIGN UNIT... ON, December 16, 2008...

DISKETTES ARE AVAILABLE UPON REQUEST
The right is reserved to reject all proposals, or to accept the proposal or proposals deemed best for the State of Idaho.

PUBLISH: November 24, 2008
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NOTICE OF TRUSTEE'S SALE
On Wednesday, November 26, 2008 at the hour of 10:30 o'clock A.M., of said day, in the office of Alliance Title & Escrow Corp. located at 1411 Riverside Avenue East, Suite 1315, Twin Falls, ID 83301.

THE TRUSTEE HAS NO KNOWLEDGE OF A MORE PARTICULAR DESCRIPTION OF THE ABOVE-DESCRIBED REAL PROPERTY, BUT FOR PURPOSES OF COMPLIANCE WITH RULE CODE, SECTION 60-110, THE TRUSTEE HAS BEEN INFORMED THAT THE STREET ADDRESS OF: 617 Broadway Avenue North, Suite 1816, Boise, Idaho, IS THE ADDRESS ASSOCIATED WITH SAID REAL PROPERTY.

THE TRUSTEE HAS NO KNOWLEDGE OF A MORE PARTICULAR DESCRIPTION OF THE ABOVE-DESCRIBED REAL PROPERTY, BUT FOR PURPOSES OF COMPLIANCE WITH RULE CODE, SECTION 60-110, THE TRUSTEE HAS BEEN INFORMED THAT THE STREET ADDRESS OF: 617 Broadway Avenue North, Suite 1816, Boise, Idaho, IS THE ADDRESS ASSOCIATED WITH SAID REAL PROPERTY.

Make principal and interest payments as set forth on said Deed of Trust and Promissory Note. The original loan amount was \$137,500.00 with interest at the rate of 6.75% per annum, as evidenced in Promissory Note dated August 12, 2003. Payments are in default for the months of July, 2008 through October 2008 in the amount of \$17,392.00 per month and continuing each and every month thereafter until date of sale or retirement.

Legal

NOTICE OF HEARING ON NAME CHANGE
Case No. CV-08-4928
A Petition to change the name of Mary Ann Louise Cooke Wilcox, born 10-20-43 in Chicago, Illinois, residing at 436 Duval Court, Twin Falls, Idaho, to Mary Ann Louise Cooke Wilcox. The name will change to Maryann Louise Cooke Wilcox, because Mary and Ann to be one name Maryann. The petitioner's father has died leaving her names and addresses of her closest blood relatives are Sidney Cooke, Jr., PO Box 3, Higgins Lake MI 49827. The petitioner's mother is Shirley Ann Cooke and addresses of her closest blood relatives are Andrew Cooke 10014 Bald Ridge Ln Houston, TX 77065. A hearing on the petition is scheduled for 10:30 AM on December 12, 2008, at the County Courthouse, Objections may be filed by an person who can show the court a good reason against the name change.
Date: Nov. 6, 2008.
By Deputy Clerk.

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Legal

PUBLIC NOTICE
Actions planned and taken by your government are contained in public notices. They are part of your right to know and to be informed of what your government is doing. As self-government charges all citizens to be informed, this newspaper gives every citizen a read and study these notices. We advise those citizens who seek further information to exercise their right to access public records at public meetings.

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A Petition to change the name of Mary Ann Louise Cooke Wilcox, born 10-20-43 in Chicago, Illinois, residing at 436 Duval Court, Twin Falls, Idaho, to Maryann Louise Cooke Wilcox. The name will change to Maryann Louise Cooke Wilcox, because Mary and Ann to be one name Maryann. The petitioner's father has died leaving her names and addresses of her closest blood relatives are Sidney Cooke, Jr., PO Box 3, Higgins Lake MI 49827. The petitioner's mother is Shirley Ann Cooke and addresses of her closest blood relatives are Andrew Cooke 10014 Bald Ridge Ln Houston, TX 77065. A hearing on the petition is scheduled for 10:30 AM on December 12, 2008, at the County Courthouse, Objections may be filed by an person who can show the court a good reason against the name change.
Date: Nov. 6, 2008.
By Deputy Clerk.

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Date: Nov. 6, 2008.
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Legal

NOTICE OF PUBLIC HEARING
You are hereby notified that on the 15th day of December, 2008, at 10:00 a.m. the Twin Falls County Commissioners will hold a public hearing to consider the establishment of fees and fee increases. Pursuant to Idaho Code §31-870 a Board of County Commissioners may impose and collect fees for those services provided by the County which would otherwise be funded by ad valorem tax revenues and the fees collected pursuant thereto shall be reasonably related to, but shall not exceed the actual cost of the service being rendered. The fees proposed are:

Table with 4 columns: Fee Type, Present Fee, Proposed Increase, Total New Fee. Rows include Non-sufficient funds charge, For Buhl DMV Non-sufficient funds charge, For Juvenile Probation Parenting Program, and For Treasurer's Office.

The costs \$200.00 for an individual or a couple sharing the same book. A \$50.00 non-refundable deposit is due at registration. The hearing will take place in the County Commissioners' Office, 425 S. Second Street, Room 404, Fourth Floor, Twin Falls, Idaho.

BOARD OF TWIN FALLS COUNTY COMMISSIONERS
MINUTES OF MEETING BRIEF SYNOPSIS
A complete set of minutes are on file at the County Courthouse, Twin Falls, Idaho.

Minutes of Meeting Brief Synopsis
A complete set of minutes are on file at the County Courthouse, Twin Falls, Idaho. The synopsis includes items such as: 2nd Approved 7 indigent cases, 2nd approved 16 accounts payable, 2nd approved 7 indigent cases, 2nd approved 2nd indigent cases, 2nd approved 2nd indigent cases, 2nd approved 2nd indigent cases.

Find it Fast in The Times-News
A large advertisement for the newspaper's classifieds section, featuring a grid of various categories like Real Estate, Auto, and Services.

Classified Headlines
For in ads
Tues. - Sat. 1 p.m.
For Sun. & Mon.
2 p.m. Friday.
www.magvalley.com

THE FAMILY CIRCUS

By Bill Keane



11-24
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www.familycircus.com

"Did they check that cow for steroids?"

604 Unfurnished Apts. and Duplex
BURLY 2 bdrm, 1 bath, appls incl. 601 East 15th, \$400 - \$300 dep. No smoking. 676-5770

BURLEY for rent 1 bdrm apt w/walk and ref located at 500 Hwang at \$300 mo. 678-1707 or 670-2669

BURLEY Norman Manor Apartments 1 and 2 bdrms 1 bdrm subsidized, \$325-\$350/mo + dep. Office hours 2-5pm Monday-Friday 678-7438

EDEN 1 bdrm, no pets. \$275 plus \$200 deposit. Call 212-1678.

FILER 3 bdrm, 2 bath, appls, 1 car garage, water, sewer and garbage paid, no smoking. \$900-208-5067

FILER Clean, spacious 1 bdrm apartment, utilities incl. W/D, no smoking, pet. \$450 - \$300 dep. 328-4657

FOR RENT Now Available 1 Bedroom Apt. For Elderly, Handicapped or Disabled Rent Based On Income Ponder Creek Apt. 733 E 22nd Street, Burley, ID 83318 678-9429

GOODING 3 bdrm, 2 bath apt. No smoking. No pets. \$675 mo plus utilities. \$300-6604

GOODING Room & bath. Includes all utils, W/D hookups, laundry, hot tub & meals \$495 mo. 751-9142

HANSEN Country living close to Twin Falls on 3 bdrm, 2 bath, ind. \$550. 423-4720 or 421-2861

HEYBURN Newer 3 bdrm apt. Stove, ref, AC, W/D, \$560 mo. Avail. 12/1. No smoking. 1818 17th St. 208-310-3542 or 208-312-0266

304 Unfurnished Apts. and Duplex
TWIN FALLS Love where you live! 1, 2, & 3 bdrm apartments, w/walk, pet, fitness center and pool. For information call Sarah Apartments 208-758-1800

TWIN FALLS Newer 3 bdrm, 2 bath, garage, W/D, hookups. 318 W. Lenora St. SFTS \$500 deposit. No smoking. 208-420-2853

TWIN FALLS Newer 1 bdrm, 1 bath, no pets. Some utils. See internet. 736-0515

TWIN FALLS Newer 1 bdrm, no carpet & W/D. apt. No smoking. pet. \$610 + w/dep. \$200 off 1st mo. rent w/1 year lease. 208-734-1143

TWIN FALLS Newer 2 bdrm, 2 bath, upper level. 4-yr. new looking for 1 or 2 bdrm. 1 bath, 1 kitchen, 1 living for a clean & quiet apt. AC, w/d, no closet, laundry room, vaulted ceilings, lease req. \$550 + deposit. 367 Elm St. 420-8061

TWIN FALLS 2 bdrm, 1 bath, cond. AC, \$565 + deposit. Extra storage, laundry room. No pet/smoking. 208-420-9228

TWIN FALLS 2 bdrm, 2 bath, 1107 Elm St. \$550 + dep. No pet/smoking. 420-9228

TWIN FALLS 3 bdrm, 2 bath, garage, no smoking/pets. 349 S. Parkside Dr. 208-639-3827

TWIN FALLS Affordable studio and small 1 bdrm for rent. Avail. now. Including in-unit laundry and gym. Please call 735-1900

TWIN FALLS Clean & bright 1 bdrm, 1 bath with appls. No pets. No smoking. \$575 + dep. 208-538-8913 or 208-538-9262

TWIN FALLS Clean 1 bdrm duplex, no pets, no smoking, \$550 mo. + \$500 dep. 208-731-9289

TWIN FALLS Elegant & spacious townhouse style apt. live in exc cond located on quiet street in NE area. 2 story master bedroom suites, bright, spacious living & dining rooms, hardwood floors, kitchen w/all appls. Full country w/mfr. appliances. -Sunroom w/gas BBQ, garage & lots of storage. -Nicely landscaped yard & fence and deck. -Incl and plenty of parking. Avail. Dec. 5th. No pet/smoking. Refs. required. \$950 mo. - \$1000 dep. For info or to view please call 208-733-9688 or 208-733-9633.

TWIN FALLS Great area, 680 Ballingroud, 1275 W. 1st large 2 bdrm, 2 bath, garage, laundry, W/D, fenced apt. \$610 + w/dep. \$100-229-4784. jklid@idwest.net

TWIN FALLS Large 2 bedroom, of appliances, \$475 + \$300 dep. No smoking/pets. Call 208-524-2244

Overworked mom gets attitude instead of help from daughters

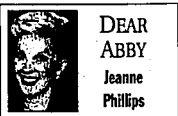
DEAR ABBY: I spent last Thanksgiving weekend with tears streaming down my face. Both my adult daughters spent the holiday with us.

I served dinner to more than 20 people and got no help cleaning up until Friday morning when I had a meltdown and demanded some. Then my older daughter said, "Sorry," in a sarcastic tone, and my younger daughter responded with, "Anybody mind if I take a shower now?" (My husband works third shift and helps me as much as he can.)

I spent all that day loading and unloading the dishwasher, and putting things back where they belong. My daughters spent the day shopping, visiting friends and watching TV.

I have spent my life trying to make holidays special for my daughters so they would have happy childhood memories. All my hard work seems to have backfired. Instead of wanting to participate in making these memories happen, they have developed a sense of entitlement — as if I am obligated to do everything. My daughters revert to being children the minute they cross the threshold, expecting me to be their mommy, cook and maid who attends to their every need. I have spoken to them about this repeatedly. They always promise to do better, but never do until I cry.

Please print this. I know I'm not



DEAR ABBY
Jeanne Phillips

the only mother who suffers this way. Maybe your response can save us all.

—**HEARTBROKEN IN MILWAUKEE**
DEAR HEARTBROKEN: Don't blame your daughters. You created this monster, and it's now up to you to fix it. Inform your daughters TODAY what chores they will be expected to do when they arrive — including the preparation of some of the menu items. If the dishes don't get done, they won't be served this year.

Also, let them what part of the cleanup they have been assigned. If your princesses don't perform, let them know that Thanksgiving will, indeed, be a "memory" because you can no longer shoulder the responsibility alone.

PS: You should not have to beat into them before your daughters act responsibly. If they give you any argument, schedule a lovely vacation for you and your husband next Thanksgiving. You deserve one.

DEAR ABBY: I'm concerned

about my 37-year-old brother, "Ricky," who still lives at home with our mother. Ricky is good-looking, never married and has never really had a girlfriend. Our father passed away four years ago, and since then our mother has become dependent on Ricky for everything.

Neither one has any friends outside the family. I try to get my brother to come out and meet people and have some fun, but he generally declines. If he does agree to come, Mother comes with him.

"Please don't get me wrong. We all love and support her in every way, but this situation is unhealthy and weird. They almost act like a married couple. Please help. What should I do?"

—**DESPERATE SIS IN ILLINOIS**
DEAR SIS: Start by having a frank talk with your brother, asking him if he likes living his life this way. There has to be a reason why a good-looking, 37-year-old man has never had a girlfriend. Maybe he doesn't want one.

After that, it's time to have a chat with your mother. I don't know how old she is, but one would think she might like to "play" with people her own age. If she indicates any interest, then you and your siblings should encourage her to reach out. If she doesn't, then BYOB.

one free meal at ease today. **SCORPIO** (Oct. 23-Nov. 21): Draw the line somewhere. It might be difficult to get up the steam to complete tasks or handle obligations. Try to become to others only highlight what you lack, not what you possess in abundance.

SAGITTARIUS (Nov. 22-Dec. 21): There is a problem if you compare apples to oranges. You might jump to conclusions without using the appropriate criteria. Someone determined to win at all costs may turn the tables on you.

CAPRICORN (Dec. 22-Jan. 19): Apples, it is said, never fall far from the tree. You will find things in common with a family member this week. Similar, familiar attitudes provide a sense of security and a feeling of tranquility.

AQUARIUS (Jan. 20-Feb. 18): You could find it difficult to come to a meeting of the minds. You might be chosen to be mediator. Steer clear of situations that require you to take sides so that you don't become to others only a feeling of tranquility.

PISCES (Feb. 19-March 20): Minor irritations are present, but it might be better to clam up. Building a storehouse that holds pearls of wisdom requires an atmosphere of tranquility. Don't let outside influences upset you.

IF NOVEMBER 24 IS YOUR BIRTHDAY: Both your love life and material concerns can get a shot in the arm during December. Because others are likely to look favorably upon you and react to your intent, this is a good time to make your move on the ladder of success, ask for a helping hand or make a commitment to a romantic partner. After that point, the rest of the year should run smoothly and you can look forward to next May and June when your hard work should produce positive concrete results and you may be able to achieve your career or job aspirations.

ARIES (March 21-April 19): Steer away from a showdown. The best thing you can do if negotiations or other heady business matters are laid out on the table is avoid friction. You may have more enthusiasm than common sense. Don't pinch the wrong pennies. Make sure that when you go shopping, you pick up enough to go toward certain bargain basement purchases might not be a good value. Use your noggin with finances.

GEMINI (May 21-June 20): Those boots are made for walking. It is time to exercise your free will

HEROSCOPE
Jeraldine Saunders

and beat a path to the exit before friction develops with a loved one or peer. Stretch your imagination as well as your legs today.

CANCER (June 21-July 22): Begin to set the stage for a holiday gathering. It is no mystery that plans must be made in advance. Scrounge in the school yard. Don't skimp on the necessities.

VIRGO (Aug. 23-Sept. 22): Street smarts don't necessarily guarantee people skills. Conflicting business principles and philosophies could interfere with discussions. Concentrate on achieving a compromise by being logical.

LIBRA (Sept. 23-Oct. 22): If you are just progogue, then it is time to live in the present. You can pretend to be the action figure that stars in your personal screenplay. Go out of your way to make some-

Today is Monday, Nov. 24, the 329th day of 2008. There are 37 days left in the year.

Today's Highlight in History:
On Nov. 24, 1963, Jack Ruby shot and mortally wounded Lee Harvey Oswald, the accused assassin of President Kennedy in a scene captured on live television.

On this date:
In 1784, Zachary Taylor, the 12th president of the United States, was born in Orange County, Va.
In 1859, British naturalist Charles Darwin published "On the Origin of Species," which explained his theory of evolution.

In 1863, the Civil War battle for Lookout Mountain began in Tennessee; Union forces succeeded in taking the mountain from the Confederates.
In 1944, during World War II, U.S. bombers based on Saipan attacked Tokyo in the first raid against the Japanese capital by land-based planes.

In 1947, a group of writers, producers and directors that became known as the "Hollywood Ten" was

TODAY IN HISTORY

erited for contempt of Congress for refusing to answer questions about alleged Communist influence in the movie industry.

In 1947, John Steinbeck's novel "The Pearl" was first published.
In 1950, the musical "Guys and Dolls," based on the writings of Damon Runyon and featuring songs by Frank Loesser, opened on Broadway.

In 1969, Apollo 12 splashed down safely in the Pacific.
In 1971, hijacker "D.B. Cooper" parachuted from a Northwest Airlines 720 over Washington state with \$200,000 in ransom. His fate remains unknown.

In 1987, the United States and the Soviet Union agreed on terms to scrap shorter- and medium-range missiles.
Ten years ago, America Online confirmed it was buying Netscape Communications in a dramatic \$4.21 billion deal. The first Palestine Airlines flight touched

605 Rooms For Rent

TWIN FALLS Clean townhome style apt. live in exc cond located on quiet street in NE area. 2 story master bedroom suites, bright, spacious living & dining rooms, hardwood floors, kitchen w/all appls. Full country w/mfr. appliances. -Sunroom w/gas BBQ, garage & lots of storage. -Nicely landscaped yard & fence and deck. -Incl and plenty of parking. Avail. Dec. 5th. No pet/smoking. Refs. required. \$950 mo. - \$1000 dep. For info or to view please call 208-733-9688 or 208-733-9633.

TWIN FALLS Great area, 680 Ballingroud, 1275 W. 1st large 2 bdrm, 2 bath, garage, laundry, W/D, fenced apt. \$610 + w/dep. \$100-229-4784. jklid@idwest.net

TWIN FALLS Large 2 bedroom, of appliances, \$475 + \$300 dep. No smoking/pets. Call 208-524-2244

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607 Mobile Homes

HEYBURN 2 bdrm, 2 bath, carpet, 209 sqm. \$200 deposit. 206-323-9603 or 206-841-1800

TWIN FALLS 1 and 2 bdrms, 1 bath, storage, nice & quiet park. No pets. \$390-\$380 + \$375 dep. 736-0435

607 Office and Retail Rentals

TWIN FALLS 734-4334. Office or Retail Spaces. Locations in TF & Jerome. Various Sizes at Great Prices.



Monday, Nov. 24, 2008

THE ACES ON BRIDGE

Bobby Wolff

"How strange it seems, and new!"

— Robert Browning

In recognition of the Fall Nationals now being played in Boston, this week's deals all come from the recent Houston Nationals.

Sitting South, I got one of my strangest results from the tournament in a pairs game after an unusual auction.

Yes, North's one-diamond call would have ended the auction if East had passed. And yes, I could have sat out the (takeout) double of two clubs and scored plus 800. But by comparison, six hearts on a club lead requires diamonds 3-3, hearts 3-2, nothing too nasty in spades, and a bit more. What else does it need? Well, when declarer ruffs the club in dummy and advances the spade king, East must duck; and when declarer tries the spade queen, East must duck again. Declarer's best choice at this point is to take the diamond ace-king and ruff a diamond. Then he draws two rounds of trumps and plays a diamond to pitch the spade loser. But West ruffs to lead another club, and South ends up a trick short.

Of course, this did not happen in real life. East took the first spade to play trumps, and this was easy to ruff out the diamonds and draw trumps for 12 tricks.

Yet again, the moral is that ducking your aces can cut your opponents' communications. In this example it is the delayed entry to dummy that you need to prevent. If you don't "lose" an ace from time to time, you are not ducking enough!

North 11-24-A
K Q J 9
A K Q 4
A K 7 5 3
West
10 8 4
10 6 3
Q J 2
8 6 4 3
East
A 5 2
9 8
8 6 4
A K J 7 5
South
7 6 3
7 7 5 2
10 9
Q 10 9 2

Vulnerable: East-West

Dealer: South

The bidding:

Table with 4 columns: South, West, North, East. Shows bidding sequence: South Pass, West Pass, North 1♦, East 2♣. Opening lead: Club three.

LEAD WITH THE ACES

South holds: 7 7 4, 10 10 7, 9 7 6 2, 6 5 3

Table with 4 columns: South, West, North, East. Shows card holdings for the lead with the aces section.

ANSWER: This auction should call for a spade lead, and there are good cases to be made for either the jack or a small spade. Since I expect to get in again with the heart queen, I'm going to lead a low spade. With an entryless hand, the jack might be best, as it could be my last chance to get full value out of this card.

For details of Bobby Wolff's autobiography, "The Lone Wolf," contact jw@733.net. If you would like to contact Bobby Wolff, email him at bobbyw@midlandpaper.com.

1000 Trucks
DODGE '04 4x4, 4 door long bed, diesel, 6 speed, 28k miles, like new \$26,500. 208-324-0082

1000 Trucks
FORD '06 F-150 Crew Cab SLT, PW/LE/M, MPG CD 4x4, \$15,969. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
DODGE '98 1/2 Ram 2500 long bed, Cummins turbo diesel, CD, power everything, low mileage, \$11,950. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
DODGE '98 1/2 Quad cab, lowered, 5.2 V8, AM/FM, CD changer, custom wheels, body kit, \$6776. #3053C

1000 Trucks
FORD '01 F-150 Superduty XL, 7.3L, loaded, 6 speed, 113k miles, \$9500. 208-404-8122

1000 Trucks
FORD '01 Ranger XLT, 4x4, auto trans, power locks/windows, \$6954. Stock #57858

1000 SUVs
Looking for Trucks
Wheels OnLine
Check us out @ www.magsales.com

1000 Trucks
MAZDA '98 4x4, 89K, PW/LE, exc cond, low bid, \$10,000. 208-338-6190

1000 Trucks
VOLKSWAGEN '01 Beetle, 100K miles, AC, CD, PW, new tires, only \$9850.

1000 Trucks
FORD '04 Expedition 4x4, PS, AC, PW, PD, PL, CD, new tires, fantastic maintenance records, \$16,900. 208-293-6587

1000 Trucks
FORD '07 Explorer Eddie Bauer, 4x4, auto, leather, rear air, CD, \$23,980. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
CADILLAC '02 Escalade AWD, V8, 20 chrome wheels, \$16,000. Will consider all bids. First Federal Bank. 208-733-4222.

1000 Trucks
DODGE '02 225 engine with auto transmission, \$350 or best offer. 208-731-1128

1000 Trucks
CHEVROLET '96 S-10 pickup, \$2500 or best offer. 208-308-3906 for details.

1000 Trucks
DODGE '01 Ram 1500 quad cab, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
CHEVY '93 1/2 ton, ext cab, 4x4, V8, AT, good cond, \$2800/offer. 208-356-2758

1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
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1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
FORD '01 F-150 Superduty XLT, 4x4, AC, PW, automatic, CD, 78K miles, very nice cond, only \$12,000. 208-324-0069

1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

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1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
TOYOTA '97 T-100, all wheel drive, leather, 80K miles, like new, \$9000. 316-2023

1000 Trucks
FORD '01 Escape XLT 4x4, leather, tinted windows, 85,000 miles, \$12,900. 208-597-9167

1000 Trucks
FORD '04 Expedition 4x4, PS, AC, PW, PD, PL, CD, new tires, fantastic maintenance records, \$16,900. 208-293-6587

1000 Trucks
FORD '07 Explorer Eddie Bauer, 4x4, auto, leather, rear air, CD, \$23,980. 208-324-0069. 2818 Lincoln, Jerome

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CADILLAC '02 Escalade AWD, V8, 20 chrome wheels, \$16,000. Will consider all bids. First Federal Bank. 208-733-4222.

1000 Trucks
CHEVROLET '96 Suburban, leather, heated seats, PS, PW, AC, CD & cassette, local trade, only \$5950.

1000 Trucks
CHEVY '01 Blazer, 4x4, V6, runs great, 92K miles, white, PW, PL, \$4900. 208-368-3767

1000 Trucks
CHEVY '02 Tahoe 2 V8, V6, auto, leather, 18" alloy wheels, Asking \$13,000. Will consider all bids. First Federal Bank. 208-733-4222.

1000 Trucks
CHEVY '02 Trailblazer 4WD 6-cyl, Asking \$8,000. Will consider all bids. First Federal Bank. 208-733-4222.

1000 Trucks
JEEP '99 Comanche short box, 4x4 pickup truck, good condition, 150K miles, asking \$1900. 837-6188 or 308-7788.

1000 Trucks
CHEVY '93 Blazer, 4x4, PW/PL, 4 door, CD, \$3995. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
JEEP '99 Cherokee 4x4, 4 dr, 6 cyl, full power, has worn shocks & bumper, owner, floor, metal, \$4400. 208-5587.

1000 Trucks
DODGE '04 4x4, 4 door long bed, diesel, 6 speed, 28k miles, like new \$26,500. 208-324-0082

1000 Trucks
DODGE '98 1/2 Ram 2500 long bed, Cummins turbo diesel, CD, power everything, low mileage, \$11,950. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
DODGE '98 1/2 Quad cab, lowered, 5.2 V8, AM/FM, CD changer, custom wheels, body kit, \$6776. #3053C

1000 Trucks
FORD '01 F-150 Superduty XLT, 4x4, AC, PW, automatic, CD, 78K miles, very nice cond, only \$12,000. 208-324-0069

1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

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DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
VOLKSWAGEN '01 Beetle, 100K miles, AC, CD, PW, new tires, only \$9850.

1000 Trucks
FORD '04 Expedition 4x4, PS, AC, PW, PD, PL, CD, new tires, fantastic maintenance records, \$16,900. 208-293-6587

1000 Trucks
FORD '07 Explorer Eddie Bauer, 4x4, auto, leather, rear air, CD, \$23,980. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
CADILLAC '02 Escalade AWD, V8, 20 chrome wheels, \$16,000. Will consider all bids. First Federal Bank. 208-733-4222.

1000 Trucks
CHEVROLET '96 Suburban, leather, heated seats, PS, PW, AC, CD & cassette, local trade, only \$5950.

1000 Trucks
DODGE '04 4x4, 4 door long bed, diesel, 6 speed, 28k miles, like new \$26,500. 208-324-0082

1000 Trucks
DODGE '98 1/2 Ram 2500 long bed, Cummins turbo diesel, CD, power everything, low mileage, \$11,950. 208-324-0069. 2818 Lincoln, Jerome

1000 Trucks
DODGE '98 1/2 Quad cab, lowered, 5.2 V8, AM/FM, CD changer, custom wheels, body kit, \$6776. #3053C

1000 Trucks
DODGE '02 225 engine with auto transmission, \$350 or best offer. 208-731-1128

1000 Trucks
DODGE '01 Ram 1500 quad cab, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

1000 Trucks
DODGE '01 Ram 3500 4 door, 4x4, 6 speed CD, low miles, \$8300. 208-420-6722

TWIN FALLS FORECAST

Today: Sunny skies, light winds and mild temperatures. High near 50.
Tonight: Mostly clear and chilly. Lows in the lower 30s
Tomorrow: Increasing afternoon clouds and still mild. Highs in the lower to middle 50s.

BURLEY/RUPERT FORECAST

Today: Sunny skies and comfortable temperatures. Highs near 50.
Tonight: Mostly clear and cool. Lows in the middle 20s
Tomorrow: Cool temperatures and increasing afternoon and evening clouds. Highs in the lower to 50s.

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday, Saturday. Includes weather icons and temperature ranges (High 51, Low 21, etc.).

IDAHO'S FORECAST

SUN VALLEY SURROUNDING MTS. Today will be a sunny and enjoyable November day in the mountains. Look for a chance of scattered snow showers late Tuesday and early Wednesday.

BOISE Today: Sunny, dry and pleasant today. Temperature will remain comfortable on Tuesday. A few showers are possible late Tuesday and Wednesday otherwise it will remain mostly dry.

NORTHERN UTAH Sunny and very nice today, mild with increasing clouds. Tomorrow Wednesday will be cooler with a chance of rain and snow showers.



Temperature, Precipitation, Humidity, Barometric Pressure, Sunrise and Sunset data for Twin Falls.

Moon Phases, Moonrise and Moonset, U.V. INDEX, Day Weather, etc.

REGIONAL FORECAST table with columns for City, Today, Tomorrow, High, Low, Wind, etc.

CANADIAN FORECAST table with columns for City, Today, Tomorrow, High, Low, Wind, etc.

meineke car care center 189 Addison Avenue West 735-8296

TODAY'S NATIONAL MAP showing weather systems across the US.

Sudoku Answers:

Sudoku grid with numbers 1-9 in a 9x9 grid.

1010 Autos

1010 Autos section with multiple car listings including CHEVY '07 Impala, CHRYSLER '05 PT Cruiser, etc.

1009 Vans and Buses

1009 Vans and Buses section with listings for BUCK '02 Century, FORD '05 Freestar, etc.

1010 Autos

1010 Autos section with listings for CHEVY '08 Impala, CHRYSLER '02 Concord, etc.

1010 Autos

1010 Autos section with listings for CADILLAC '05 CTS, FORD '11 Club Wagon, etc.

1010 Autos

1010 Autos section with listings for FORD '07 Focus, FORD '02 Focus, etc.

1010 Autos

1010 Autos section with listings for HONDA '00 Odyssey, NISSAN '98 Altima, etc.

1010 Autos

1010 Autos section with listings for FORD '07 Mustang, FORD '05 Crown Victoria, etc.

1010 Autos

1010 Autos section with listings for CHEVY '07 Aveo, HONDA '07 Civic, etc.

1010 Autos

1010 Autos section with listings for FORD '07 Focus, HONDA '06 Probe, etc.

1010 Autos

1010 Autos section with listings for ACURA '99 CL, WANTED VANS!, etc.

1010 Autos

1010 Autos section with listings for CHEVY '07 Malibu, CORVETTE '07 Z06, etc.