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# TIMES-NEWS

Monday, December 8, 2008

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"At the center of this issue is a misunderstanding that while self-defense with the killing of an animal is legitimate, the legal possession of the animal cannot occur due to the method of take."

— Virgil Moore, deputy director of the Idaho Department of Fish in a letter to John Stevens over how he shot and killed a cougar Oct. 6 near Island Park

## Cougar pelt ruling stands



Local taxidermist John Stevens works on a wild turkey Thursday morning on Addison Avenue East in Twin Falls. Stevens shot and killed a cougar in eastern Idaho. State Fish and Game officials said Stevens couldn't keep the pelt, which he plans to bid on at an April state auction.

### Fish and Game rules T.F. man can't keep cougar shot in self-defense

By Andrew Weeks  
Times-News writer

A hunter who killed a cougar in self-defense will not be allowed ownership of the cat's pelt, but will have the chance to purchase the hide at an auction set for next spring.

John Stevens received the information from letters written by Virgil Moore, deputy director of the Idaho Department of Fish and Game, on Nov. 25 and Dec. 3. "At the center of this issue is a misunderstanding that while self-defense with the killing of an animal is legitimate, the legal possession of the animal cannot occur due

to the method of take," No. 2 shot from a shotgun, Moore wrote in the Nov. 25 letter.

Stevens, his dad, and an 11-year-old boy were stalked by a cougar while duck hunting Oct. 6 at Island Park Reservoir in eastern Idaho. While walking through timberland, the boy noticed a cougar crouched in brush about 15 yards away and shouted a warning.

Stevens, of Twin Falls, said he believed the cat would have attacked the boy and the dog he was leading on a leash if he didn't take quick action. Prepping his 10-gauge shotgun, Stevens aimed at the cat and fired, killing the 100-pound female.

After he shot the animal, Stevens cleaned and tagged the cougar and brought it to his father's home in Ashton. He then called Fish and Game to notify them of the incident.

When Fish and Game officers arrived two days later, they agreed the cat was killed in self-defense but said it was unlawful for Stevens to have shot it with a shotgun, Stevens said. Stevens was left wondering what he was supposed to have done.

The officers confiscated the cat's hide and issued Stevens a warning.

"The warning you received for the cougar being improperly tagged is correct relative

to Idaho Code and Idaho Fish and Game Commission rule and will therefore stand," Moore said in the Nov. 25 letter. "I believe the officers involved used proper discretion in issuing a warning in this case and find no harm in their documenting this incident with the warning."

But after further discussions with Stevens, Moore, in a follow-up letter received by Stevens via e-mail and faxed to the Times-News Wednesday, said "...to relieve the confusion over the tagging of the mountain lion portion of the warning referring to the 'Take big game

Please see **PELT**, Page A2

### State employee pay, benefits up in the air

Otter says state 'cannot afford' pay increases

The Associated Press

BOISE — The state's struggling economy has left state employee benefits up for debate, said Wayne Hammon, the governor's finance chief.

State leaders have been working to raise employee pay while scaling back on benefits. But Hammon said Friday that workers may see raises on hold, with no guarantee that benefits will remain stable.

"I can't promise on either front. I can't say that there are no (raises), therefore there is no benefit cut,"

Hammon said, The Idaho Statesman reported. "The governor said last year that both things move hand in hand. At this point, our numbers just aren't final yet."

Gov. C.L. "Butch" Otter has informed all Cabinet members, department directors and agency heads that "we just cannot afford" an increase in pay, Hammon said.

Otter has ordered all state departments and agencies to cut 4 percent from their budgets and to develop a plan to cut another 2 percent if needed. He also said he wouldn't ask for any increase in state employee pay — a plan he'd been pushing to bring public employees' pay into parity with the private sector. State

Please see **STATE**, Page A2

### Officials: Lincoln County's Kime case resolved

County pays \$8,000 in legal fees; subdivision goes forward

By Nate Poppino  
Times-News writer

A fight between a subdivision developer and the owner of a confined-animal feeding operation in Lincoln County seems to have been resolved, with the county only having to pay part of the legal fees sought for violating the CAFO owner's rights earlier this year.

Shoshone-based Lead Corp. filed in March 2007 to

rezone 82 acres in the county for the fifth phase of its Greencut Subdivision. Neighbor Mark Kime objected and said that county ordinances prohibit the zone change within one mile of a CAFO.

After public hearings in front of the county's Planning and Zoning Commission and board of county commissioners, the board approved the rezoning on Aug. 27, 2007, and decided Kime's CAFO permit was not valid. Kime appealed to court soon after.

In his decision, issued July 24 of this year, 5th District Judge John K. Butler said the county commissioners violated Kime's due process rights and ordered them to

Please see **KIME**, Page A2

## A HOPE THAT LASTS

New Hope assists fallen men back up

By Ben Bobbin  
Times-News writer

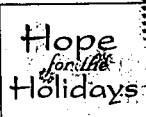
The men at New Hope Transition Center in Twin Falls have made mistakes in life.

Some have been in prison or fallen into drug and alcohol abuse that threatened to ruin their lives for good. And it's at the center where they recover from substance abuse and make strides toward becoming productive members of society who work and pay rent.

"We help them get jobs and give them a hand up," said Karen Bach, director of the center.

The center now has 28 men at its two homes along the 400 block of Second Avenue North and is filed at

Please see **HOPE**, Page A2



New Hope Transition Center

425 Second Ave. N.,  
Twin Falls  
Phone: 208-733-0823  
Primary mission: Provides a place to live for men, transitioning from prison, recovering from substance abuse and the homeless. Hours when donations are accepted: 9 a.m. to 5 p.m. Monday through Friday.

Needs: Perishable and non-perishable food items, blankets and financial contributions. Donations are tax-deductible. Open house: The center will host an open house from 8 to 8 p.m. Dec. 15 with a fundraising dinner. Cost is \$5 per person for the dinner of prime rib and potatoes. No reservations are needed.

Magicvalley.com

WATCH: a video to learn more about the New Hope Transition Center.

### Journalists become targets in Mexico's drug war

By John Walton  
Associated Press writer

MEXICO

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High 40 Low: 25  
Scattered rain and snow showers. Details: B12 and live at magicvalley.com/news

# MORNING BRIEFING



## TODAY'S HAPPENINGS

**CLUBS AND ORGANIZATIONS**

**Mini-Casalia Retired Educators Association** meeting, special Christmas program open to all retired educators, 11 a.m., Connor's Cole, Heyburn, 435-6428.

**Local Chapter 1959 NARFE (National Active and Retired Federal Employees Association)** monthly meeting, Christmas celebration, 11:30 a.m., Long Hing Restaurant, 1719 Kimberly Road, Twin Falls, for all retired or active Federal employees, bring canned food item for Salvation Army and \$10 gift for Chinese Auction (optional), 733-9477.

**Gooding Lions Club** meeting, for men and women interested in identifying and meeting needs in the community, 6 p.m., Sally's, Main Street, new members welcome, 934-4141.

**Twin Falls Chess Club/Magic Valley Chess Club** meeting, 6 to 9:30 p.m., Barnes & Noble Booksellers, 1239 Pole Road, Twin Falls, (208) 733-6166 or MoleEq.com.

**Civil Air Patrol**, 7 p.m., Burley Airport, 678-0043 or 878-8880.

**Syringa Lions Club**, 7:30 p.m., United Methodist Church meeting room, 605 H St., Rupert, 435-9862.

**GOVERNMENT**

**Lincoln County commissioners**, 8:30 a.m., courthouse, 111 W. 6, Shoshone, 886-2173.

**Twin Falls County commissioners**, 8:30 a.m., courthouse, 425 Shoshone St. N., 735-4068.

**Camas County commissioners**, 9 a.m., courthouse, 501 Soldier Road, Fairfield, 764-2242.

**Cassia County commissioners**, 9 a.m., courthouse, 1459 Overland, 878-7302.

**Elmore County commissioners**, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home, 587-2129.

**Gooding County commissioners**, 10 a.m., courthouse, 624 Main, 934-4841.

**Jerome County commissioners**, 7 p.m., courthouse, 300 N. Lincoln, 644-2700.

**Minidoka County commissioners**, 9 a.m., courthouse, 715 G St., Rupert, 436-7111.

**Twin Falls City Council**, 5 p.m., council chambers, 305 Third Ave. E., 733-7274.

**Ketchum Planning and Zoning Commission**, 5:30 p.m., City Hall, 480 E. Ave. N., 728-7801.

**Haley City Council**, 6 p.m., City Hall, 115 Main St. S., 788-4221.

**Haley Planning and Zoning Commission**, 6:30 p.m., courthouse, 206 First Ave. S., 788-5570.

**Buhl City Council**, 7 p.m., council chambers, 203 Broadway Ave. N., 543-5650.

**Camas County School Board**, 7 p.m., high school, 810 Soldier Road, Fairfield, 764-2242.

**Idaho City Council**, 7 p.m., City Hall, 103 S. Main, 544-2102.

**Hansen City Council**, 7 p.m., City Hall, 388 Main, 423-5158.

**Jerome County Planning Commission**, 7 p.m., courthouse, 300 N. Lincoln, 324-9116.

**Richton City Council**, 7 p.m., city office, 180 W. Lincoln, 487-2755.

**Valley School Board (Eden-Hazleton)**, 7 p.m., media center, 882 Valley Road S., 829-5333.

**Twin Falls School Board**, 7 p.m., administration office, 204 Main Ave. W., 733-6900.

**Minidoka County Highway District meeting**, 7:30 p.m., district office, 50 S 225 W., Rupert, 435-6122.

**Hegeman School Board**, 8 p.m., high school, 150 Lake St. W., 837-4777.

**HEALTH AND WELLNESS**

**College of Southern Idaho's** Over 60 and Getting Fit programs, a guided walking workout with stretching and gentle resistance training, 9 to 10 a.m. at several Magic Valley locations: CSI gym, Gooding (829 gym), Jerome Rec Center, Shoshone High (old gym), Rupert Civic Gym, Blaine County Campus Gym and Flier Elementary; 10:30 to 11:30 a.m. at the Buhl old middle school gym; and 11:30 a.m. to 12:30 p.m. at C.S.I. Burley Outreach Center gym, no cost, 732-6475.

**FR and Fall Proof Exercise Class**, 10 to 11 a.m., Blaine County Senior Center, 721 S. Third Ave., Halley, no cost, 737-5988.

**Fit and Fall Proof Exercise Class**, 10:30 to 11:30 a.m., Ageless Senior Citizens, Inc., 310 Main St. N., Kimberly, no cost, 737-5988.

**Yin/Yang Fitness Program**, innovative exercise program designed to improve cardiovascular health and physical fitness, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for humana-insured or YMCA members and \$5 per class for non-insured, 733-4384.

**Fit and Fall Proof Exercise Class**, 1:30 p.m. - front lounge, Woodstone Assisted Living Facility, 491 Caswell Ave. W., Twin Falls, no cost, 737-5988.

**Choices for Recovery**, a non-traditional, 12-step spiritual program open to all faiths, issues and addictions, 4 to 5:30 p.m., west conference room, Minidoka Memorial Hospital, Rupert, no cost, 433-3744.

**Recovery for Life**, "Find Help, Discover Hope, Experience Healing," includes Divorce Care, Financial Peace, Co-dependency for Women, 12-Step HOPE (addiction recovery), 6 to 6:45 p.m. meal served and 7 p.m. meetings, Twin Falls Reformed Church, 1633 Grandview Drive N., corner of Grandview Drive North and Pole Line Road, 733-6126.

**AD/HD Parent Support Group**, for parents of children with Attention Deficit/Hyperactivity Disorder, 6:30 p.m., UNIC, 1182 Eastland Dr. N., Ste. C, Twin Falls, 733-7172.

**State**

**Continued from page A1**

with unlawful weapon" will be done for the original warning prior to being archived.

The item was removed from the copy faxed to the *Times-News*, also on "Wednesday. Another item that Stevens has been hunting for without a signed federal stamp, remains on the warning citation.

That's OK, Stevens said. "They're right, it wasn't signed," he said. "I just forgot to do it."

The department is also allowing Stevens a second court tag fee of charge.

**TODAY'S DEADLINE**

**Reservation deadline for Dec. 9 Twentieth Century Club meeting**, musical Christmas program presented by Becka Stonemetz, noon, Norm's Catering Room, 827 Main St. W., Twin Falls, 733-2552.

**To have an event listed**, please submit the name of the event, a brief description, time, place, cost and contact number to Suzanne Browne by e-mail at sbrowne@magvalley.com; by fax, 734-5538; or by mail, *Times-News*, P.O. Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

## Mexico

**Continued from page A1**

grabbed his camera, pulled up the collar of his jacket to hide his face, and stepped out to photograph the carriage.

"We should wear ski masks like the police," said Brown, a father of two who works for the newspaper *El Norte*. "We are so public. Everyone can see us and identify us."

Mexico is the deadliest place in the Americas, according to a list, and among the deadliest in the world. The New York-based Committee to Protect Journalists says at least 24 have been killed since 2000, and seven have vanished in the past three years.

Many of the victims had recently reported on police ties to cartels. Some are suspected of accepting drug money, but it's hard to be sure because the killings are barely investigated. Of the 24 cases, the committee says, only one has been solved.

Some attacks target specific journalists, others

entire newsmen. In at least two cases, grenades have been thrown at newspaper offices.

The attacks are silencing journalists and undermining Mexico's young democracy. Across the nation, news media have stopped reporting on the drug war, with most limiting their reports to facts put out by authorities, with no context, analysis or investigation. In most places, journalists don't even report on the killings they witness.

Ciudad Juarez, Mexico's bloodiest city with about 1,400 deaths this year, is an exception. Here journalists continue to cover the daily deaths, without using bylines or photo credits.

Many use different cars and routes to get to work each day. A few wear bulletproof vests, but most think it makes them more of a target.

Nearly all crime reporters have received threats. They include Armando Rodriguez, 40, a veteran with the newspaper *El Diario*. In February,

Rodriguez asked the state prosecutor for protection, but she asked him to file a police report and he never did.

On Nov. 13, Rodriguez sat in his driveway with his 6-year-old daughter, waiting for his 6-year-old sister to come out so he could drive the girls to school. Gunshots rang out.

Rodriguez's wife, Blanca Martinez, screamed as she looked out the kitchen window. She saw her husband's head bent down and thought he was searching for his cell phone to call his newspaper to report the gunshots.

Then she realized he wasn't moving. Their daughter was shaking in the seat next to him.

Martinez ran out and told her daughter to get inside the house, then climbed into the car with her husband, holding his bloody body until police and colleagues arrived.

"I don't have any hope the guilty will be caught," she said. "All I want is for them to report."

## Pat's Picks ... Pat Marcantonio

**• You can experience the "Sounds and Tastes of Christmas" at 7 p.m. at the Buhl United Methodist Church, 908 Maple St. in Buhl. There will be songs, poetry and treats. Bring a can of food for the food pantry.**

**• For a different kind of experience, Nine Inch Nails and The Bug perform at 8 p.m. at the Idaho Center, 16200 Idaho Center Blvd. in**

Nampa. Tickets are \$29.50-\$39.50 and available at 442-3232 or www.tickets.com.

**• There's nothing like a warm blanket — unless you don't have one. The Mission Committee of the First Presbyterian Church is collecting blankets for low-income and homeless families, as well as blankets, sleeping bags and baby blankets for kids through**

Dec. 12. Go out and buy a few, then take them to the South Central Community Action Partnership, 550 Washington St. S., Twin Falls. Information: 733-7023.

*Have your own pick you want to share? Something that is unique to the area and that may take people by surprise? E-mail me at patm@magvalley.com.*

## Pelt

**Continued from page A1**

But Stevens said he is somewhat bothered how it reads, as he sees it, has moved from a warning for shooting big game with an unlawful weapon to a tag and possession issue.

"Personally, I still think they should return the cat," he said.

Moore said it was never an issue whether Stevens shot the cat in self-defense. It was his intention to keep the cat's hide when it was taken outside of actual hunting, he said. It is no different than accidentally hitting an animal with a vehicle and then tagging it, he said.

Moore said the issue is

resolved with the letters. But whether there'll be further discussion "is up to Mr. Stevens," Moore said. "From my standpoint, hopefully, we'll have successfully resolved most of his concerns with this (Dec. 3) letter."

When asked if he was satisfied with the decision, Stevens said that for the most part he was — "if they stay true to their word and allow me a chance to get the hide at auction."

The auction is set to take place in the Panhandle sometime in April.

**Andrew Weeks may be reached at 208-735-3233.**

## State

**Continued from page A1**

officials have said that given the economy, they would not move quickly with another plan to make state employees pay more for their health benefits, another step to more closely mirror the private sector.

Last year, a salary survey showed state employees' salaries were an average of 15 percent behind market salary rates and that Idaho's salary structure was as much as 10 percent behind market rates. The report recommended 5

percent merit raises and a 3 percent increase in the salary range for state workers.

Hammond said state analysts are expected to complete an economic forecast in the next two weeks and that he'll review it and make a recommendation to Otter. The forecast and recommendation will be available to the legislature in the next week or so.

The governor's office will make its recommendation on salaries and benefits to the Legislature, but ultimately

by the lawmakers will make the decision, Hammond said.

"If we are in a position where salaries are going up incrementally slower, we have to be cognizant of that and maybe make sure we link with that," said Otter spokesman Jon Hanlan.

"We're trying to level the playing field with the private sector. Otter believes we need a multi-year approach to get where we need to."

The state has roughly 26,000 employees, including university employees.

## Kime

**Continued from page A1**

reexamine both Kime's permit and the rezoning application. He also ruled that the county would pay Kime's legal fees for the petition, initially estimated at about \$21,000.

In the settlement, Kime's CAFO was grandfathered in as a "right-to-farm" operation of 99 animal units or less, which doesn't require a CAFO permit, said Lincoln County Prosecutor E. Scott Paul. In return, Kime dropped his objection to the subdivision, which was approved at a hearing about 10 days ago.

"It does take the pressure off all the parties," Paul said. "Mr. Kime got what he wanted, and Lincoln County got a few confirmations of our procedures, and the subdivision got approved, albeit a bit late."

Records show Lincoln

County would pay \$8,028 of Kime's legal fees. About \$13,000 more were denied because the judge did not want to award fees beyond those spent on the judicial review.

Susan Buxton, a Boise attorney who represented Kime, said Friday that she hopes the agreement is the end of the matter.

"I believe it's fair, and meets the needs of my client," Buxton said. "We got a decent settlement."

Buxton said the settlement was almost the same as what she proposed before the lawsuit was filed. But Lon Montgomery with Lead said the same thing and pointed out that the "right-to-farm" clause is in the development agreements for Greencuts' other four phases.

"That's what I conceded to a year ago before trial," he said. "Here we made all this time and it still down to 99 animal units."

Montgomery also alleged that Kime only accepted the 99 units because the county threatened to investigate his facility to see just what he had. Buxton said with the private lead indeed want to investigate Kime's property, but characterized it as mere missteps and pressure from officials.

"For his immediate future, he felt that 99 head was good for him," Buxton said. "It was completely an onerous, ridiculous situation."

**Nate Poppino may be reached at 208-735-3237 or npoppino@magvalley.com. Staff writer Ariel Hansen contributed to this report.**

**TIMES-NEWS**

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**Learn about the New Hope Transition Center, one of a series of organizations that you can help this Christmas in a video interview.**

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## Hope

**Continued from page A1**

capacity. Besides working, the men go to classes where they deal with drug and alcohol addictions.

The rent is \$375 a month per person and includes utilities — providing an affordable way for them to get back on their feet, each said, adding that it's rewarding to see the men recover and move on to a better life.

"When they feel like they're ready to go, most of them come in and talk to me about the same thing."

Each evening, residents gather together for dinner. In the summer, a garden provides food for their meals.

Food donations from the community also help feed the center's residents.

The center faced possible closure earlier this year when the former owner put the facility — formerly called Port of Hope — up for sale. David and Maggie Davis of Jerome bought the property



**Ray Adkins prepares a pot full of bacon and potatoes soup Friday at the New Hope Transition Center in Twin Falls. Adkins shares cooking details with a few others and works at a local restaurant as a cook.**

**IN JULY** and it was renamed New Hope Transition Center.

William Smith, a resident since February, has seen his life improve at the center.

He came to the center after spending 10 months in jail for a drug-related offense in Blaine County. He's now working part-time as a custo-

**dian at the center.**

At 68, he works on counseling in helping men to succeed and avoid the mistakes he made.

"It has enabled me to find peace of mind," Smith said of the center. "It has also encouraged me to improve my life."

**BOSTON JACKSON/TIMES-NEWS**

# Better to give than receive

News, blogs, videos and more at [www.magicvalley.com](http://www.magicvalley.com)

## Buhl's K-Kids hold canned food drive

By Blair Koch  
Times-News correspondent

It saddens 8-year-old Makenna Bybee to think some of her peers may go without food on gifts this Christmas. Bybee, a third-grader at Popplewell Elementary School in Buhl, is hoping a canned food drive sponsored by the K-Kids Club is able to collect enough food items to help people in her community.

About 10 percent of Buhl families were living in poverty, according to 2000 U.S. Census statistics.

"It's bad that some people can't afford to buy food. It makes me feel kind of sad," Bybee said.

Bybee, secretary of the K-Kids, said she hopes students who aren't members will participate in the drive. In order to excite all students at the school, the Buhl Kiwanis Club — the parent club to the elementary group — is going to award classes that bring in the most items with a pizza party.

"It's going to be a fun thing and I hope we collect a lot of food," Bybee said.

After the drive wraps up Dec. 16, items collected will be taken to the West End Ministerial Association's food bank and dispersed in



BLAIR KOCH/For the Times-News

On Thursday, the Popplewell Elementary School K-Kids Club kicked off its canned food drive. During the club's meeting, kids decorated a Christmas tree that will help spruce up its float for Buhl's upcoming Night Light Parade. Here, Abbey Pato, 6, a second-grader at the school, assists in decorating the tree.

holiday food baskets. Last year, the association filled 175 food and toy requests. With the economic

downturn, the need is expected to be even greater this Christmas. "It's neat that the kids will

## Magicvalley.com

WATCH: a video story about the Buhl students.

be helping the community. The food is staying here and the club is having a local impact," said parent volunteer April Jaynes.

The club is also gathering slightly-used coats, gloves and other warm outerwear for children and adults alike, said K-Kids liaison and Kiwanis Club member Michelle Pato of Buhl.

"There are a lot of students in the club this year, which is exciting. Last year we had about 25 members and this year we have over 70 members; this club has a lot of potential for doing some great things," Pato said.

Pato is hoping parents of K-Kids Club members are inspired to get involved with the Kiwanis Club, which meets at noon, Wednesdays at the El Cazarador restaurant, 113 Broadway Ave. S.

"I don't think too many people are aware of what Kiwanis is or what we do," Pato said. "The more members we have the more we can accomplish." The food drive is the largest K-Kids-sponsored activity of the year.

Blair Koch may be reached at 208-316-2607 or [blairkoch@gmail.com](mailto:blairkoch@gmail.com).

# Ketchum group addresses modern food practices

By Karen Bossack  
Times-News correspondent

The frost was already on the pumpkin, but that didn't stop 100 people who crowded into the auditorium of the Community Library from exploring innovative ways they could gain more control over what they eat.

"Every time we shop for food, we cast a vote," said Ketchum architect Dale Bates, noting that food travels an average of 2,000 miles from farm to table. "We just saw a film about how it takes one gallon of oil to produce one pound of beef. ... Do we want to hurt the environment by supporting practices that poison our air and water? Or do we want to support our health?"

The discussion was one of a series of ongoing discussions organized by a new grassroots Ketchum organization called Community Rising. The group is part of a movement with origins in Great Britain.

The idea, said Bates, who co-founded the local group with his wife, Peggy Bates, and Ketchum architect Elron Schofield, is to encourage communities to think about how to deal with challenges of economic and ecological nature.

"We started by asking, How is our town going to survive high gas prices? What are we going to do if shipping food from Chile becomes unfeasible?" said Peggy Bates. "... Our lifestyle will change. The question is how?"

A few Community Rising members also started a "bring your own bag" campaign, encouraging the use of cloth grocery bags instead of paper and plastic.

To encourage that effort, Ketchum resident Diana

Fassino dressed two mannequins outside her home on Elkhorn Road in plastic bags and strung reusable bags on a string alongside, urging passers-by to help themselves.

"We've handed out a hundred bags so far," Fassino said.

Judd McMahan of Wood River Organics in Bellevue said he hasn't gotten rich raising pigs and lamb on his raised pesticide-free produce, but his life has been enriched. When a hallstom knocked him out of business for a couple of weeks last summer, several people pressed a few bills into his hand at a farmer's market.

"They said, 'This is what we would have spent with you this week. Take it anyway,'" he recounted.

Dick Springs, who began raising chickens and heritage pigs and lamb on his Wood River Natural Foods farm near Gannett, said he thinks America is making a shift away from large agricultural models to the European model of 200-acre farms.

"Right now it's tough for little guys like myself to make a living," he said. "But if just 10,000 of the 20,000 people who live in this country shopped locally, we would do quite well."

In related efforts, Ketchum has been recognized by the British-based Transition Town Network as the third official transition town in the United States after Boulder, Colo., and Sandpoint.

A transition town is a community that commits to devising a plan for climate change and peak oil—when global oil production peaks and begins to decline.

To learn more about the Community Rising program, visit [www.community-rising.com](http://www.community-rising.com).



KAREN BOSSACK/For the Times-News  
Ketchum architect Dale Bates co-founded Ketchum's Community Rising organization after attending a conference in Scotland.

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January 7 in Twin Falls: BLM District Office 2536 Kimberly Road 4:00- 8:00 p.m.

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## Florida, Oklahoma to duke it out for a BCS championship

By Eddie Pells  
Associated Press writer

Florida was an up-and-coming power and Oklahoma was a declining one when Bob Stoops made his move. He left his post as Gators defensive coordinator to take his first head-coaching job with the Sooners.

As expected, the final BCS standings had Oklahoma at

No. 1 and Florida at No. 2 — the reverse order of their rankings in the Associated Press poll — setting up the first meeting between these storied programs.

"Nine weeks ago our team got together and said let's make every game count," Gators coach Urban Meyer said, speaking of Florida's rebound from its only loss, in September to Mississippi. Tim Tebow and the Gators did just that. So did Oklahoma, which bounced back from a loss in October to Texas.

Two teams with one loss

each doesn't normally make for a debate-free lead-up to the title game, but even President-elect Barack Obama — outspokenly in favor of a playoff for college football — might have to agree that both these teams belong.

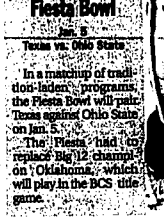
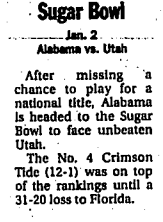
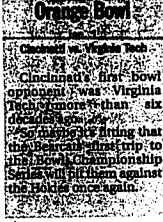
Florida (12-1) has averaged 49 points a game in the nine games since its only loss. Oklahoma (12-1) became the first team since 1919 to score 60-plus in five straight games.

Other teams had their chances this season, and also finished with one loss:

Texas, Southern California, Alabama, Texas Tech and Penn State.

Of them, Texas had the best argument for why it should've been playing for the title. The Longhorns finished in a three-way tie in the nation's toughest division — the Big 12 South — but were denied a spot in the title game because of the tiebreaker, which looks to the BCS standings.

Please see BCS, Page A6



### TWIN FALLS WRESTLING PREVIEW

## Bruins back for more state medals

By Bradley Guire  
Times-News writer

Salid Dabestani took over the Twin Falls High School wrestling program five seasons ago, and the results each February continue to impress. Since 2003, Twin Falls has qualified anywhere from five to 10 wrestlers to the Class 5A state tournament with many bringing home medals.

During the 2007-08 wrestling season, 10 Bruins made the state tournament and seven placed in the top 6. Those 10, the Bruins will return four wrestlers that were state placers and another three that qualified for the event. Three of last season's placers — Slight Martinez, Chance Regua and Grayson Stone — have graduated.

There's no doubt to coach Dabestani's assessment that the middleweights will be the most competitive bunch as all of the returning state placers wrestled at 125 through 152 pounds.

"We'll have a full lineup," Dabestani said. "In some of the middleweights, we'll have three or four. I can tell you that overall and I don't like to make projections — but they're stronger than two years ago" when Martinez and Stone were runners-up in their weight classes.

Todd Anderson had the best finish last season, winning the 130-pound championship as a freshman. He will move up to 140, and he said that he expects to win an individual title again — and knows what it takes to do it: "Just work hard a practice."

Anderson's strength last season was keeping the match fast-paced, so takedowns and scrambling will again be the keys to getting back



Members of the Twin Falls High School wrestling team practice some maneuvers Thursday afternoon as they try to hone their skills before their next big meet.

to the top. Will Kenter, a junior, placed third at 125 but will wrestle at 135 this season. He said his goals are to get in top shape and improve his holds in order to peak at district and state tournament time.

Tyler Hine lost the third-place 135-pound match to finish fourth. He said he might drop to 125 for his senior season and that he wants to work on what the Bruins call a

"Salid" — a type of throw that he thinks will help him in his state quest.

Zak Slotten came in fifth at 152 but will bump up to 160 this winter. He said that good defense got him to the medal podium, and added that he'll need to stay off the bottom more if he wants to breach the top 3.

Donovan Jones, Jordan Staley and Justin Elmer all qualified for state

and are back to compete this season.

If these Bruins and those vying for their first shot at state maintain Dabestani's top goal of wrestling smart, Twin Falls should qualify many more this February. The Bruins will begin the season at Gooding tomorrow.

Bradley Guire may be reached at 208-735-3229 or bguire@magicvalley.com.

## Broncos to play TCU in Poinsettia Bowl

By Dustin Lapry  
Times-News correspondent

BOISE — The No. 9 Boise State Broncos are now officially the remainder of the Bowl Championship equation. The No. 10 Ohio State Buckeyes jumped BSU and will play Texas in the Fiesta Bowl. That leaves the Broncos (12-0) with an accepted invitation to play Texas Christian University in the San Diego County Credit Union Poinsettia Bowl Dec. 23 at Qualcomm Stadium in San Diego.

"Our prediction came true," BSU head coach Chris Peterson said. "We kept telling our team all year long that if we took care of business we'd be playing somewhere good, and playing a great opponent and those two things have definitely come forth."

No. 11 TCU (10-2) played in the Poinsettia bowl two years ago, beating Northern Illinois 37-7. The Broncos won the only meeting with the Horned Frogs, 34-31 in the 2003 Ford Worth Bowl. In last year's Poinsettia Bowl, Utah beat Navy 35-32.

Utah's win in that game helped the Utes begin the season ranked higher than BSU. The Utes are now playing Alabama in the

Please see BSU, Page A6



Boise State's Ian Johnson (41) celebrates after scoring the touchdown that tied Marshall Fainela WAC rushing touchdowns record against Fresno State in Boise. BSU went on to win 61-10.

## Patriots rally past Seahawks 24-21

By Gregg Bell  
Associated Press writer

SEATTLE — Matt Cassel rallied the New England Patriots when they needed him most.

New England's fill-in quarterback calmly stared down blitzers for completions with his team's playoff chances in the balance. Then Sammy Morris leaped into the end zone from 1 yard on fourth down with 2:44 remaining and the Patriots rallied past the Seattle Seahawks 24-21 on Sunday.

One week after flopping with four turnovers in a home loss to Pittsburgh that put New England on the outside rail of the AFC play-

off race, Cassel was 26 of 44 for 288 yards passing and a touchdown, with no turnovers.

The Patriots forged a three-way tie for first place in the AFC East lead after Brandon Meriweather sacked Seneca Wallace with 1:54 left and Richard Seymour recovered the fumble to clinch it.

The New York Jets lost at San Francisco. Miami beat Buffalo in Toronto. All three teams are 8-5.

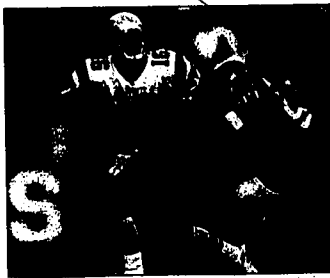
New England withstood the loss of four injured starters on defense and a rare two-touchdown receiving day from former team-

mate Delon Branch.

Cassel, looking more like the guy who had consecutive 400-yard passing games than the one Pittsburgh harried into four turnovers in New England's 33-10 loss at home last week, was 5-for-8 on the decisive drive that began with 8:47 left at the New England 29. He converted third-down throws to Jabar Gaffney and Wes Welker, who caught a season-high 12 passes for 134 yards.

Welker's third catch of the drive included a stiff-arm of safety Brian Russell on a 25-yard play to the Seahawks 6. Three runs later, Morris jumped in off left guard for

Please see PATS, Page A6



Seattle Seahawks' Ricky Bernard (88) pressures New England Patriots quarterback Matt Cassel in the first half of an NFL football game Sunday, in Seattle.

# Titans clinch first AFC South title since 2002

NASHVILLE, Tenn. — The AFC South title belongs to the Tennessee Titans for the first time since 2002 in what they hope is the first of many goals reached this season.

Kerry Collins threw two touchdowns, and Chris Johnson ran for 136 yards and a score as the Titans routed the Cleveland Browns 28-9 Sunday, clinching a second consecutive playoff berth with the franchise's best record through 13 games, 12-1.

The Titans have won 15 of their last 16 games, and are the first team to secure a postseason berth this year. They maintained at least a two-game lead with three to play for home-field advantage in the AFC playoffs, clinching a first-round berth, and celebrated by dumping a cooler of Gatorade on coach Jeff Fisher with a minute left in the game.

**CARDINALS 34, RAMS 10**  
 GLENDALE, Ariz. — The Cardinals have gone from champs to champs in the NFC West. Kurt Warner threw for 279 yards, the defense scored twice and the Cardinals clinched their first division title in 33 years by beating the woeful Rams.

**EAGLES 20, GIANTS 14**  
 EAST RUTHERFORD, N.J. — The Giants finally found some bigger distractions than Plaxico Burress: Donovan McNabb, Brian Westbrook and the desperate Eagles.

But they're still clinched the NFC East when Dallas lost to Pittsburgh.

**VIKINGS 20, LIONS 16**  
 DETROIT — The Lions took another big step toward making NFL history. The Lions (0-13) had chances to win, as they did in a two-point loss at Minnesota, but couldn't make enough plays, just as they have failed to throughout a miserable season.

**STEELERS 20, COWBOYS 13**  
 PITTSBURGH — Deshaun Townsend scored on a 25-yard interception return with 1:40 remaining, as the Steelers scored their only two touchdowns 24 seconds apart to rally from a 10-point deficit.

**DENVER 17, CHIEFS 17**  
 DENVER — Jay Cutler guided the Broncos on a takekneeling 95-yard touchdown drive in the fourth quarter and Denver's defense stuffed quarterback Tyler Thigpen on fourth-and-goal.

**DOLPHINS 16, BILLS 3**  
 TORONTO — Miami took

advantage of an indifferent Bills "home" crowd, an inept Buffalo offense and the cozy indoors of the Rogers Centre to stay firmly in playoff contention. Chad Pennington completed 23 passes, including his final 11 attempts, and hit Anthony Fasano for a 20-yard touchdown as the Dolphins (0-5) won for the sixth time in seven games.

**49ERS 24, JETS 14**  
 SAN FRANCISCO — While the Jets look as though they're coming apart at the seams, the 49ers are getting it together for coach Mike Singletary.

Shaun Hill passed for 285 yards and two touchdowns against New York's porous secondary, and the 49ers sent the AFC East-leading Jets to their second straight embarrassing loss.

**SAINTS 29, FALCONS 25**  
 NEW ORLEANS — Pierre Thomas rushed for 102 yards and scored two touchdowns, and New Orleans kept it slim playoff hopes. Thomas scored his first touchdown on a 7-yard screen early in the fourth quarter. He also scored the winning touchdown on a 5-yard toss sweep up with his 88-yard kickoff return after Matt Ryan's 12-yard scramble beat the Falcons a 25-22 lead.

**BEARS 23, JAGUARS 10**  
 CHICAGO — Daniel Manning set the tone for a strong defensive effort with an early interception, and Desmond Clark and Greg Olsen caught touchdown passes.

**COLTS 35, BENGALS 3**  
 INDIANAPOLIS — Peyton Manning threw for three touchdowns, Dominic Rhodes ran for one and cornerback Kelvin Hayden's interception return produced another.

**TEXANS 24, PACKERS 21**  
 GREEN BAY, Wis. — Playing his first game in a month because of a knee injury, quarterback Matt Schaub marched the Texans to set up Kris Brown's 40-yard field goal on the final play of the game, as the second straight late defensive meltdown at home by the Packers (5-8), whose playoff hopes pretty much disappeared.

**RAVENS 24, REDSKINS 10**  
 BALTIMORE — Ed Reed set up a touchdown with an interception and scored on a 22-yard fumble return, part of a stifling effort by the Baltimore defense in a 24-10 victory Sunday night.

**GIANTS 17, BRONCOS 17**  
 DENVER — Jay Cutler guided the Broncos on a takekneeling 95-yard touchdown drive in the fourth quarter and Denver's defense stuffed quarterback Tyler Thigpen on fourth-and-goal.

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# NFL SCOREBOARD

National Football League											
AMERICAN CONFERENCE											
W	L	T	FC	PK	FC	PK	FC	PK	FC	PK	FC
<b>AFC NORTH</b>											
Pittsburgh	11	0	0	789	283	520	540	810	230	410	410
Baltimore	4	0	0	813	299	540	540	730	230	410	
Cincinnati	2	0	0	292	273	140	370	320	130	130	
Cleveland	1	11	1	115	334	341	0	140	0	0	
<b>AFC SOUTH</b>											
Indianapolis	12	0	0	307	331	840	840	810	400	450	
Jacksonville	8	0	0	481	323	430	430	430	140	140	
Memphis	9	0	0	481	323	430	430	430	140	140	
Tennessee	12	0	0	307	331	840	840	810	400	450	
<b>AFC WEST</b>											
San Diego	10	0	0	813	299	540	540	730	230	410	
Oakland	2	10	0	211	278	140	370	320	130	130	
San Francisco	1	11	1	115	334	341	0	140	0	0	
<b>NATIONAL CONFERENCE</b>											
<b>NFC NORTH</b>											
Green Bay	10	0	0	813	299	540	540	730	230	410	
Chicago	8	0	0	481	323	430	430	430	140	140	
Minnesota	9	0	0	481	323	430	430	430	140	140	
Seattle	7	0	0	336	228	140	340	340	130	130	
<b>NFC SOUTH</b>											
Atlanta	9	0	0	481	323	430	430	430	140	140	
Carolina	8	0	0	481	323	430	430	430	140	140	
New Orleans	8	0	0	481	323	430	430	430	140	140	
Tampa Bay	7	0	0	336	228	140	340	340	130	130	
<b>NFC WEST</b>											
Seattle	10	0	0	813	299	540	540	730	230	410	
San Francisco	1	11	1	115	334	341	0	140	0	0	
Arizona	2	10	0	211	278	140	370	320	130	130	
San Diego	1	11	1	115	334	341	0	140	0	0	

## BSU

Continued from page A5

Sugar Bowl.

For the Broncos, it may not have been what they dreamed, but it is what they got.

"We wanted to go to the best bowl, but I believe this is the best bowl there is outside the BCS," Vinny Peretta, a San Diego native, said. "It's before the holidays. We get to play one of the best teams in the nation. When you look at this game, it is a BCS game, really. It's our style of a BCS game."

The matchup certainly looks better than at least one of the other BCS games. The Polsetta Bowl pits the No. 9 and No. 11 teams in the nation. The Orange Bowl pits No. 12 Cincinnati against No. 19 Virginia Tech.

"They're definitely a BCS team," Petersen said. "I think all the coaches around the country know that. We remember playing them the last time in a tremendously tight ball game. We thought we played really, really well to get out of there with a 'W' the last time we played them. I know they're better

## BCS

Continued from page A5

defensive coordinator in 1996.

Stoops' arrival in Gainesville came a year after the Gators got pummeled 62-24 by Nebraska in the Fiesta Bowl with the national title on the line.

"The boost the new defensive coordinator provided was a perfect complement to Spurrier's Fun 'N' Gun, and the Gators won their first national title.

## Pats

Continued from page A5

downs for Seattle (2-11), which lost for the sixth consecutive time and is off to a 1-2 start since center Fletcher Coxor 2-14 season in 1992.

The Seahawks led 14-13 late in the third quarter when Branch caught a short pass on the side-

## Seattle led 14-10

at halftime and had 187 yards of offense, as many as its had in three games this season.

Despite Hasselbeck missing his sixth game with a back injury and fourth-fifths of the offensive line out.

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EDITORIAL

# The full-service small school district is fading

If you're old enough to have teenagers, then your recollection of what high school curriculum is supposed to look like is probably very different than your son or daughter's reality. Sure, they still teach history, art, French, Spanish, music and wood- and metalworking in high school, but fewer students have time for those subjects.

That's because of the seven-year-old No Child Left Behind Act, which placed such heavy emphasis on passing standardized achievement tests that science, math and reading now dominate Idaho secondary school curriculums.

And it's only going to get more so. New state-mandated high school graduation requirements will kick in when freshmen begin school in the fall.

Before those students can graduate in 2013, they must take an additional combined four credits of math and science. That means six credits of math, an increase of two from the existing four-credit requirement, and six credits of science, also an increase from four credits. Two credits can be taken in a school year, so the increases are the equivalent of one extra year each of math and science classes.

The additional science classes must include lab work, too. And students will be required to complete a senior project.

The changes were made to assure all students are involved in meaningful academic activities and better prepared for the work force and education beyond high school, for most larger Idaho school districts are ready for the changes.

Things, however, will be more challenging for smaller school districts that must find the resources to hire additional math and science teachers, the space for science labs and the money to equip them. So if you're a school district with, say, 1,000 students, maybe you don't offer history, foreign languages, visual or industrial arts or music on the high school level by 2013 because you can't afford to do so any more.

And that's a problem for high school students planning to go to college.

Some form of No Child Left Behind Act is likely to be signed by the Democratic-dominated Congress and renege by President Obama next year. It will almost certainly contain more flexible requirements, but they will be requirements nonetheless. Preparation for standardized testing will continue to be a fact of life in Idaho public schools for the foreseeable future.

Leaving small school districts with a dwindling range of good alternatives. Actually, there will be only one option: Cooperate with other school districts and with institutions such as the College of Southern Idaho to provide classes you can't offer on your own.

If that idea smacks of consolidation — the third rail of small school district politics in Idaho — so be it. The era of all Idaho school districts being everything to everyone is closing fast.

Which means that jarring changes are coming to small Idaho school districts. Except that this time, the Legislature isn't going to ride to the rescue of districts that choose not to cooperate with each other. There simply aren't enough resources anymore to do that.

Dual-credit programs — those that offer college as well as high school credit — will expand in years to come, but they're not designed to provide elective classes to secondary school students.

**Our view:** Small Idaho school districts won't have the money, the facilities or the time much longer to offer students everything they've given them in the past. They need to start looking for partners.

# We're all obstetricians now

Did you know that Sarah Palin-haters are still trying to prove she didn't give birth to her youngest son, Trig? These tinfoliar hat-wearers are as obnoxious and unthumbed as the 9/11 Truth cultists who insist that America engineered the jihadist attacks on itself. The libidinal campaign may be over, but there's no expiration date on Palin Derangement Syndrome.



MICHELLE MALKIN

Jack Bogdanski, a law professor at Lewis and Clark College in Portland, Ore., stirred up Trig Truthism again this week with a post on his Web site exposing "Sarah Palin's fake pregnancy belly." Armed with frontal photos of Palin's stomach, Bogdanski declared, "The March 26 photo is the smoking gun. There really is no chance that there's a baby in there who will be born 23 days later at six pounds birth weight. And there really is no chance that the child grew so suddenly over the following two weeks. . . Sarah Palin is not the mother."

We're all obstetricians now! This nonsense began with left-wing Internet rumors that Palin was really Trig's grandmother and that she was covering up for the "real" mother — her teenage daughter, Bristol. The conspiracy was hyped by *The Atlantic's* exiled right-wing columnist Andrew Sullivan and later amplified by "respectable" journalists like CNN/*Washington Post* media reporter Howard Kurtz. As the fever swarms rolled, Alaska TV reporter Charlie Shroy stepped forward to squash the paranoia with a statement to the *Liberal Huffington Post*:



"These Internet rumors are very bizarre. We worked with Gov. Palin many times in 2008. Our reporters worked her on location and in the studio, and I worked with her myself. She was definitely pregnant. You could see it in her belly and her face. The whole idea that Sarah Palin wasn't pregnant with Trig is completely, absolutely absurd."

Shroy was ignored. Profile shots of a heavily pregnant Palin taken in April 2008 didn't satisfy the Fake Belly mob, either. The disclosure that Bristol was in fact pregnant with her teenage boyfriend child did not quell the insanity. Neither did a health assessment from Palin's personal physician affirming her five pregnancies, nor did contemporaneous hospital accounts of the birth or Palin's accounts of nursing Trig.

It's only a matter of time before someone accuses Palin of planting fake breast milk on her pump. The plain truth will never mollify Truthers. There's always a convoluted excuse — some inconsequential discrepancy to seize on, some photographic "evi-

dence" to magnify into a blur of meaningless pixels — that will rationalize irrationality. Palin could produce Trig's umbilical cord and it still wouldn't be enough. Alas, Truthism thrives on both the left and right. Which brings us to the spate of lawsuits challenging President-elect Barack Obama's U.S. citizenship. On Friday, the U.S. Supreme Court considered one of those suits, filed by New Jersey citizen Leo Donofrio, who maintains that Obama is not a "natural born citizen" because his father held British citizenship.

There may be the seed of a legitimate constitutional issue to explore here — how is the citizenship requirement enforced for presidential candidates, anyway? And at least Donofrio concedes that Obama was born in Hawaii. But a dangerously large segment of the birth-certificate hunters have lured into rabid Truth territory. The most prominent crusader against Obama's American citizenship claim, lawyer Phillip Berg (who, not coincidentally, is also a prominent 9/11 Truthier) disputes that

Obama was born in Hawaii and claims that Obama's paternal grandmother told him she saw Obama born in Kenya. Berg and his supporters further assert that the "Certification of Live Birth" produced by Obama was altered or forged. They claim that the contemporaneous announcement in a Hawaii newspaper of Obama's birth is insufficient evidence that he was born there. (Did a fortuneteller place it in the paper knowing he would run for president?) And they accuse anyone who disagrees with them of being part and parcel of the grand plan to install Emperor Obama and usurp the role of law.

I believe Trig was born to Sarah Palin. I believe Barack Obama was born in Hawaii. I believe fire can melt steel and that bin Laden's jihadist crew — not Bush and Cheney — perpetrated mass murder on 9/11. What kind of kooky conspiracy theorist does that make me?

Syndicated columnist Michelle Malkin can be reached at [malkinblog@gmail.com](mailto:malkinblog@gmail.com).

## LETTERS TO THE EDITOR

### Landowners

proffit from LAP

The average outdoorsman may not have the financial resources to buy or lease property on which to hunt or fish. They do, however, own the game animals within our borders. The sportsmen and women of Idaho pay the bills that provide the habitat for the game and fish in our state and should have the same opportunity to harvest these resources as the wealthy landowner.

That is why I am opposed to the landowner appreciation program, LAP. LAP was originally started with the intent to gain reasonable access to private land for the sportsman and provide improved habitat for wildlife. From this reasonable attempt by the Department of Fish and Game to bring landowners and sportsmen together for the benefit of all, this pro-

gram has evolved into a program of elitism and greed. In this program, landowners with 640 to 19,000 acres of "significant wildlife habitat" would be eligible for increased odds when drawing tags in their unit.

"Landowners must allow reasonable public and to the highest bidder and pocket the money. So if you have the resources, you can hunt every year in a highly desirable unit such as in unit 45.

Consider this: not being present set aside of tags for LAP; the landowners somehow convinced our Fish and Game commissioners it was in the best interest of the sportsmen to give the

landowners 25 percent of available tags. The truth is that most Idahoans have no idea this unfair, elitist activity is occurring in our state and that speaks to a lack of transparency and a lack of information about this program.

It is time to contact your local Fish and Game commissioner and put a stop to this travesty.

TOM SCHERMAYER  
Filler

### Idaho Fish and Game made mistake

The article in the Nov. 19 edition about the gentleman warned for shooting a cougar in self-defense really got my ire up. The Idaho Fish and Game completely mishandled this situation. Mr. Stevens did the honest act by reporting the incident and the Fish and Game did a gross injustice by serving him with a warning.

A stalking should be considered a life-threatening act. Mr. Stevens was correct in his statement, "there is no such thing as an unlawful weapon when it comes to self defense." The state Legislature needs to take a more aggressive role in reining in the Fish and Game. The Fish and Game acts with way too much impunity. This attitude that the Fish and Game presented would tend to make honest people follow the adage of the three S's: "shoot, shovel, shut-up." If Mr. Stevens had not rendered the carcass into possession, he probably would have been cited for wanton waste of game. Mr. Stevens was had either way.

The Fish and Game needs to take back the warning, return the hide and make a formal public apology to this man.

KELLY ADAMS  
Oakley

## TIMES-NEWS

Brod Hurd . . . publisher Steve Crump . . . Opinion editor  
The members of the editorial board and writers of editorials are Brod Hurd, James G. Wright, Steve Crump, Bill Eitzenberg and Ruth S. Pierce.

Join the discussion  
Voice your opinion with local bloggers: Progressive Voice and In the Middle.  
On the opinion page at [MagValley.com](http://MagValley.com).

## THE LIGHTER SIDE OF POLITICS





# Joe McCarthy is godfather of today's GOP

The creation myth of modern conservatism usually begins with Barry Goldwater, the Arizona senator who was the party's presidential standard-bearer in 1964 and, even though he lost in one of the biggest landslides in American electoral history, nevertheless wrested the party from its Eastern establishment wing.



NEAL GABLER

focuses on ideology and movement building, which few voters care about, while the McCarthy tale focuses on electoral strategy, which is where Republicans excel. McCarthy, Wisconsin's junior senator, was the man who first energized conservatism and made it a force to reckon with. When he burst on the national scene in 1950 waving his list of alleged communists who had supposedly infiltrated Harry Truman's State Department, conservatism was the focus of his attention. He drew the attention of Sen. Robert Taft, known as "Mr. Conservative."

Taft was not flamethrower. Though he was an isolationist and an opponent of Franklin D. Roosevelt, he supported America's involvement in the war after Pearl Harbor and had even come to accept the basic institutions of the New Deal. He was also no winner. He had contested and lost the Republican presidential nomination to Wendell Willkie in 1940, Thomas Dewey in 1948 and Dwight Eisenhower in 1952, three men who were regarded as more moderate than he. McCarthy was another thing entirely. What he lacked in intellect he made up for in aggression. Establishment Republicans were disdainful of his tactics, but when those same conservatives saw the support he elicited from the media and the public, they paid attention. In that, many of them were impressed. Taft decided to encourage McCarthy, sealing a Faustian

bargain that would change conservatism and the Republican Party. Henceforth, conservatism would be as much about electoral slash-and-burn as it would be about a policy agenda. When McCarthy began his investigation of the Army, he set himself against his own Republican president. In the end, he was censured in 1954 for his recklessness toward his fellow senators. His intemperance disgusted them as much as it emboldened his fans, Goldwater among them. But McCarthyism was only just beginning. As historian Richard Hofstadter described it in his essay, "The Paranoid Style in American Politics," McCarthyism is a way to build support by playing on the anxieties of the masses, actively convincing them of danger and conspiracy even, where these don't exist. McCarthy, a Catholic, was

especially adept at nursing national resentments. He stumbled onto the fact that many of these people in postwar America were frightened and looking for scapegoats. In a way, Goldwater was less a fulfillment of McCarthy conservatism than a slight diversion from it. McCarthy's real heir was Nixon, who mainstreamed McCarthyism in 1958 by substituting liberals, youth and minorities for communists and intellectuals. In his 1972 re-election, playing ruthlessly on those resentments, Nixon disassembled the old Roosevelt coalition, peeling off Catholics, evangelicals and working-class Democrats, and changed American politics. Nixon simply mastered what McCarthy had done — divided the opposition and polarize the electorate to win. Reaganism essentially died with the end of his

presidency. McCarthyism, on the other hand, thrived. McCarthyism was how Republicans won. George H.W. Bush used it to get himself elected, terrifying voters with Willie Horton. And his son, under the tutelage of John Rove, got himself re-elected by conjuring voters that a liar and would hand the nation over to terrorists — pure McCarthyism. Republicans continue to push the idea that this is a center-right country, but the real electoral bait has been anger, recrimination and scapegoating. The party belongs to McCarthy and his heirs — Rush Limbaugh, Sean Hannity, Bill O'Reilly and Palin. It's in the genes.

Neal Gabler is the author of "Wild Men: The Triumph of the American Imagination." He wrote this commentary for the Los Angeles Times.

# Spam filters threaten free speech on the Web

Spam was once a simple annoyance. But its exponential growth — reports suggest that about 90 percent of all e-mail spam — has led e-mail users to build daunting ramparts to block unwanted messages and companies to elect blacklists of alleged spammers.



JAMES McGRATH MORRIS

One cannot fault people for seeking ways to avoid unwanted or aggressive solicitations, but the consequences of some anti-spam measures may not be what the people seeking protection from spam had in mind. Some efforts to block unwanted e-messages are threatening free speech on the Internet. Consider some of my recent experiences: I publish a modest monthly newsletter, the Biographer's Craft, that is sent electronically to subscribers. My newsletter, as the name suggests, is heavily content-driven. Last month, before sending out the new issue, I ran

the copy through some spam-checking software. Surprisingly, my score came back so high that many subscribers might never receive the issue. I contacted the company that distributes my newsletter, and a staff member explained that three sets of words among the issue's many articles could derail my e-mail: a reference to "wilderness," a common identification for books intended for adolescent readers; a sentence in my editorial — "Speaking of legal matters, it's getting nasty out there" — referring to the growing number of lawsuits; and a list of misguided biographer's discus-

sion of writing a book for children that included the following comment: "At my public library I queried the children's division librarian — what works, what does not, who is hot." The inclusion of "young adult," "getting nasty" and "hot" — words that are indiscriminate spam-blocking software would spot those words, ignore the context and group my newsletter with unsolicited e-mails from purveyors of smut. "If you would like to bring down your spam-check score," the staffer helpfully informed me, "you will have to replace all the mentioned text with some other words." In short, I would need to censor my publication to surmount the various spam blockers at work out there. Granted, it wouldn't be the end of my newsletter if I had to replace "hot," "nasty" and "young adult" with other words. But if I surrender those words now,

what might be asked to give up next month? If a newsletter writer should mention the "heavily behavioral" of the Bush administration, if a literary publication uses the book title "Lolita," or if an investment consultant says the "rising number of leveraged stocks is swelling the ranks of investors," will they be among the next victims of this censorship? What makes this phenomenon even more insidious is that in most cases, both the intended e-mail sender and recipients remain unaware of the censorship that spam filters impose. Only rarely is the sender informed when e-mail is quarantined or diverted, making fighting back almost impossible. This silent censorship is not the only way the war against spam is harming legitimate correspondence. I recently wrote e-mails to two people at Columbia University. My e-mail was

blocked because my Internet protocol, or IP address, was, at the time I pushed "send," listed at www.spamhaus.org. That company's Web site explains that the firm maintains a database of "IP addresses of verified spam sources and spam operations (including spammers, spam gangs and spam support services)." Spamhaus supplies its list free of charge "to help e-mail administrators better manage incoming e-mail streams." The list changes constantly. When I checked again later, my IP address was no longer in it. In fact, when I ran my IP address through one of the most commonly used blacklists, it was not on any of them. But how many e-mail senders know whether they are on these blacklists or even know these types of lists exist? Worse, the makers of these lists do not contact those whom they damn, so senders are convicted with-

out any chance of offering a defense. The 1950s anti-communist blacklists, assembled without due process, have essentially returned in a new form on the Internet. What's a person do? It's getting nasty out there online, and I'm still under the collar. But perhaps I'd better not say that.

James McGrath Morris is publisher of the newsletter the Biographer's Craft and is the author of a forthcoming biography of Joseph Pulitzer. He wrote this commentary for The Washington Post.

## LETTERS TO THE EDITOR

### Another name for Black Friday

I wonder why the big shopping day, the day after Thanksgiving, is called "Black Friday." I'd like to suggest "Blue Friday." Let's call it Blue Friday, Let's call it Blue Friday or Green Friday — anything but Black unless, of course, it would be "black" because of a highway accident I witnessed in Boise near the Orchard next to the freeway or because of the doorman who was trampled to death in a New York Wal-Mart store when he let eager shoppers in.

### Owyhee Initiative is an overreaction

The Owyhee Initiative reminds me of the comble gap where robbers are confront- ed by a guard post at a gun at his head. He's going to get it, the guard declares, if the robbers don't drop their guns. The Initiative is an overreaction to the specter of a Staircase-Escalante-type

executive order grubbing the Owyhee Canyonlands by a future president. While I applaud efforts to be proactive, the initiative went too far.

The area north of the hot springs where the falls put in would have been tolerable for wilderness designation with no more than quarter-mile setbacks from the rim to accommodate hunters. However, south of the hot springs is a popular recreational and hunting/fishing area now in multiple use.

As the Magic Valley grows, this area will become needed for servicing recreational needs. Wilderness is hardly a boon to local businesses whereas multiple use is the bedrock where many local businesses are built. Multiple use draws tourists and workers to a valley with many opportunities.

Look around and see how poorly we have planned for

future growth. Locking this up to the hardy few is senseless.

I am disappointed in the ranching community taking their 30 pieces of silver. I suspect that many of the same need to censor my publication to surmount the various spam blockers at work out there.

Granted, it wouldn't be the end of my newsletter if I had to replace "hot," "nasty" and "young adult" with other words. But if I surrender those words now,

feeding off federal largesse again. Information about who is getting what is harder to come by than a CIA list of agents.

Crapo, apparently wanting something to be named after him, will need the help of every liberal senator east of the Mississippi to pass this

turkey. This alone should tell you that the initiative is too slanted toward environmental radicals.

Appreciation didn't work out so well for Neville Chamberlain, for they will only want more. BILL BITZENBURG, Filer

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Open Full Time in Twin Falls with a Hearing Specialist or Audiologist on Staff	✓	✓	✓	✓	✓
Open in Burley Monday - Thursday with either an Audiologist or Hearing Specialist	✓	✓	✓	✓	✓
Full Time Audiologist on Staff	✓	✓	✓	✓	✓
Locations in Burley, Valley and Twin Falls to better serve you	✓	✓	✓	✓	✓
Battery Club \$29 for a year supply no matter where you purchased your hearing aids.	✓	✓	✓	✓	✓

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**Bessie Ivene Goodman Blackburn**

EMMETT — Bessie Ivene Goodman Blackburn, 87 years of age, of Cascade, Idaho, passed away in Emmett, Idaho, on Friday, Dec. 5, 2008, from natural causes after a life full of service to others.

Bessie was born Dec. 26, 1920, in Murrumbidgee, the seventh of 10 children born to Annie Moyes and William Nathaniel Goodman. She married Claudius Elvin Blackburn in Salt Lake City, Utah, on Aug. 29, 1945. Immediately inheriting a family of seven children left motherless by the death of Pearl Williams. Elvin's first wife. For a few years, the family lived in Eden, Idaho, where Elvin was employed by the Union Pacific Railroad. While in Eden, another son, Mark, was born. In March 1948, the family moved to Cascade, where Elvin continued with the railroad. In 1953, the last son, Shawn was born to the family. Bessie lived in Cascade and Smith's Ferry, Idaho, for nearly the next 60 years. For the last three years, she had taken up residence in Emmett, in the Cottages, an assisted living facility.

Bessie was employed by the Cascade School District, retiring in 1993 after more

than 30 years as district secretary. She also worked tirelessly in other roles for the School Board, Long Pine League, Valley County commissioners, and many public elections. Active member of a long-time, active member of The Church of Jesus Christ of Latter-day Saints. She served her church and others with dedicated devotion and love.

Bessie was preceded in death by her parents; her husband; three sons, George, Milton and Shawn; and by five brothers and three sisters. She is survived by her children, Kenneth, Russell, Reld, Donald Kay, Diane and Tim; 51 grandchildren; 130 great-grandchildren; and a rapidly growing number of great-great-grandchildren as well as her younger sister, Joyce; Missus of St. George, Utah.

The funeral will be held at 11:30 a.m. Friday, Dec. 12, at the South Slope Ward LDS Chapel, 1001 E. Second St. in Emmett, with a viewing from 10 until 11:15 a.m. at the same location. Interment will be held at 11:30 a.m. Saturday, Dec. 13, at the Riverside Cemetery in Ryeleigh, Idaho. Services are under the direction of Andrea J. Funeral Chapel, www.ryeleighfuneralchapel.com.

**Charles Burras (Chuck/CB) Thomason**

Charles Burras (Chuck/CB) Thomason was born Aug. 19, 1925 in Jerome, Idaho, to Cornelius (Nealy) and Florence Corbin Thomason. Chuck was raised and attended the first eight grades of school in the farming community of Falls City, Idaho. He graduated from Jerome High School in 1943 and was the class valedictorian and was elected to the National Honor Society.



Manager's office. In 1966, CB was promoted to the position of Western U.S. Sales

Manager based in Sacramento, Calif. However, in 1970 and due to ongoing health problems, Chuck asked to be relieved of this office and was re-assigned to Boise. Subsequently, in 1974, Chuck and the firm of two open-heart surgeon's at a local hospital. In 1980, Chuck was given long-term disability, and in 1981 was given full retirement. In 1992, CB was also a member of the association with Concept Marketing Inc. of Salt Lake City, Utah.

CB was a lifetime supporter of Boise State University and a former board member of the BSU Brandy Athletic Association (BAA). Chuck and Carol had a summer home at and belonged to the Terrace Lakes Resort, where they remained active members for over 30 years. CB was also a member of the Broadmore Country Club in Nampa.

Chuck is survived by his wife, (Carole); and his sons Tom, Sandy; and Woodinville Wash., Jeffrey (Christy) of Jerome, Patrick (Lynn) of Boise, and Jim (Pam) of Eagle. The extended family also includes nine grandchildren, five great-grandchildren and numerous nieces and nephews. He was preceded in death by parents Neal and Florence, and a brother Earle.

CB was ever the gentleman, distinguished with great class and a never-ending sense of humor. He was endeared by those individuals lucky enough to have known him — loved and greatly missed by all of his family.

CB, you were a real piece of work. May you travel with God's blessing and journey well.

A viewing will be held from 5 to 7 p.m., and a vigil service will follow at 7 p.m., Tuesday, Dec. 9, at St. Mark's Catholic Church, Boise. A funeral mass will be celebrated at 10 a.m., Wednesday, Dec. 10 at St. Mark's. Burial will follow services at Terrace Lawn Memorial Garden in Boise.

Services are under the direction of Andrea J. Funeral Chapel, www.ryeleighfuneralchapel.com.

**Dwight Hans Felt**

RUPERT — Dwight Hans Felt, 83, of Rupert, passed away Dec. 6, 2008 at his home.

Dwight was born Dec. 13, 1925 in McHenry, N.D., the son of Arnold and Chrystina Felt.

He graduated from the local high school in McHenry, N.D. He then served two and a-half years in the U.S. Navy during World War II, later serving in the U.S. Army reserves. He married Arlene Blazinger, Oct. 17, 1946 in Rochester, Minn. Dwight worked for the Bureau of Reclamation as the Chief Electrician at the Mindoko Dam and retired in 1982. Shortly after moving to Rupert City he joined the Rupert City Fire Department and the East End Fire Department. He was able to serve as the Captain for the city and Assistant Captain for

East End, and he was a volunteer fire fighter for over 20 years. He was also a charter member of the Rupert Elks Club and was the Past President of BBWF. He enjoyed camping, fishing and traveling in his RV.

Dwight is survived by his wife, Arlene Felt; his five children, Dan Felt, Bev Griffith, Debbie (Leroy) Uhrich, Bob Felt, and David (Kelly) Felt; seven grandchildren and nine great-grandchildren; one sister Jackie Page and a nephew Ken Page both of Duluth, Minn.

He was preceded in death by his parents. Memorial services will be held 6 p.m. Thursday, Dec. 11, at Hansen Mortuary in Rupert with Pastor John Ziukowski, officiating, with military rites by the Mini-Cassia Veterans.

The family would like to thank Mindoko, Home Health and Hospice, Dr. Marg Saunders and all the people at Countrywide Care and Rehab.

**Garison (Gary) Lance Jeppesen**

SALT LAKE CITY — Garison —(Gary) — Lance Jeppesen, a 38-year-old former Burley resident, passed away Dec. 5, 2008 in Salt Lake City.

Garison was born Aug. 20, 1970 in Boise, Idaho, the son of Neal and Phyllis Jeppesen. He graduated from Burley High School in 1988. He went on to the University of Utah and graduated with his bachelor's degree in communication. He married Kristina Roberts, they had three children and they were later divorced. In high school he worked for Kirk Holland at Saw Mor Drug and later as a social worker at the University of Utah Hospital and at Highland Ridge Hospital in Mablevale, Utah. He was a member of the Church of Jesus Christ of Latter-day Saints and served a mission in San

Antonio. He loved the outdoors, especially camping with his family at Redfish Lake, biking, going on walks, being with his boys and collecting Star Wars memorabilia.

Garison is survived by three sons, Chandler Lance Jeppesen, Max Lincoln Jeppesen and Noah Liam Jeppesen; his parents, Neal and Phyllis Jeppesen; his brother Tony (Melody) Jeppesen; one sister Kimberly Koepnick; and his nieces and nephews.

He was preceded in death by his grandparents, Archie and Alice Stapley; Carl and Hilda Jeppesen; and his aunt Barbara Stapley. Funeral services will be held 1 p.m. Wednesday, Dec. 10, at the Burley LDS 2nd Ward with Bishop Brent Lee officiating. Burial will follow at the Pleasant View Cemetery. Friends may call Tuesday evening from 6 to 8 p.m. at Hansen Estate Mortuary 321 East Main Street in Burley.

**DEATH NOTICES**

**Merlin W. Ottley**

ELBA — Merlin Ward Ottley, 85, of Elba, died Saturday, Dec. 6, 2008, at the Intermountain Medical Center in Murray, Utah, from results of a fall.

The funeral is pending and will be announced by the Rasmussen Funeral Home of Burley.

**Lucile Spackman Funk**

FAIRFIELD — Lucile Spackman Funk, 74, of Fairfield, died Saturday, Dec. 6, 2008 at the Shoshone Rehab and Living Center in Shoshone.

Funeral arrangements are pending and will be announced by Demaray Funeral Service — Gooding Chapel.

**Gary Smith**

SHOSHONE — Gary Smith, 72, of Lewiston, Idaho, died Sunday, Dec. 7, 2008 at the Shoshone Rehab and Living Center in Shoshone.

Local arrangements are pending and will be announced by Demaray Funeral Service — Shoshone Chapel.

**Rose M. Toone**

GOODING — Rose M. Toone, 95, of Gooding, died Sunday, Dec. 7, 2008 at the Shoshone Rehab and Living Center in Shoshone.

Funeral arrangements are pending and will be announced by Demaray Funeral Service — Gooding Chapel.

**Raul 'Junior' Gil**

GOODING — Raul 'Junior' Gil, 48, of Gooding, died Sunday, Dec. 7, 2008 at his residence.

Arrangements are pending and will be announced by Demaray's Gooding Chapel.

**Diane Denise Larison**

GOODING — Diane Denise Larison, 52, died Sunday, Dec. 7, 2008 at her residence.

Arrangements are pending and will be announced by Demaray's Gooding Chapel.

**SERVICES**

Jerome Boguslawski of Jerome, memorial service at 10 a.m. today at Farnsworth Mortuary Chapel, 1343 S. Lincoln in Jerome.

Lenore Larin Kadlec of San Carlos, Calif., and formerly of Twin Falls, funeral Mass at 2 p.m. today at Reynolds Funeral Chapel, 2416 Addison Ave. E. in Twin Falls.

Joseph D. Ferris of Twin Falls, celebration of life at 3 p.m. today at Bridgeview Retirement Estates in Twin Falls; burial at 3 p.m. Friday at the MAR Cemetery in Rupert (Reynolds Funeral Chapel in Twin Falls).

Ronald Brent Galloway of Twin Falls, funeral at 11 a.m. Tuesday at the Twin Falls 13th Ward LDS Chapel on South Temple Drive; visitation from 5 to 8 p.m. today at White Mortuary in Twin Falls.

Francis Merley Carter of Burley, funeral at 11 a.m. Wednesday at the Burley LDS 3rd and 7th Ward Church, 2200 Oakley Ave.; visitation from 6 to 8 a.m. Tuesday at Rasmussen Funeral Home, 1350 E. 16th St. in Burley, and 10 to 10:45 a.m. Wednesday at the church.

Gail Ann Peacock of Twin Falls and formerly of Scottsdale, Ariz., celebration of life memorial service at 2 p.m. Wednesday at the Devon North Apartments, 1339 N. College Road in Twin Falls (Reynolds Funeral Chapel in Twin Falls).

Mary Teresa Last of Twin Falls, funeral Mass at 10:30 a.m. Thursday at St. Jerome's Catholic Church, 216 Second Ave. E. in Jerome; rosary at 6:30 p.m. and vigil service at 7 p.m. Wednesday at the church (Reynolds Funeral Chapel in Twin Falls).

George Vanhooser z. of Jerome, time of remembrance from 11 a.m. to 2 p.m. Saturday at the family home, 405 E. Third St. in Jerome (Hove-Robertson Funeral Chapel in Jerome).

Mortuary in Twin Falls.

Walnut Creek, Calif., and formerly of Twin Falls, services at 4:30 p.m. Saturday at Assension Episcopal Church, 711 Eastland Drive N. in Twin Falls.

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## At ceremony, survivors recall Pearl Harbor attack

By N.C. Azmanian  
The Washington Post

WASHINGTON — Signalman 1st Class Bert Falardeau had just taken a sip of coffee in the radio hut of the USS Castor when the first wave of Japanese bombers screeched across Pearl Harbor.

"I remember the fellow standing next to me saying, 'They're not kidding around—you'd better go wake up the captain,'" said Falardeau, now 93. As he raced through the ship, the bombers unleashed a torrent of fire that still reverberates through Falardeau's memory "like it happened yesterday. It's always seemed that way."

It was a sentiment echoed

by the two other Pearl Harbor survivors who joined Falardeau on Sunday at a wreath-laying ceremony at the U.S. Navy Memorial to commemorate the 67th anniversary of the attack, which claimed more than 2,300 American lives and prompted the United States to enter World War II.

Rear Admiral Ted Walker, only 9 at the time, said he was more excited than frightened when explosions shook his Honolulu neighborhood. While his father, a naval officer, drove off toward the harbor, Walker climbed onto the roof of his house to get a better view.

"We lived in such a benign world until then," Walker said. "We didn't even have

violent movies. It just didn't occur to me what danger we were facing."

By contrast, the ramifications were immediately clear to retired Commander John Budzik, then a 25-year-old ensign. Budzik, now 91, said that at the first news of the attack, he and his bunkmates halted a taxi to get from their on-shore quarters to the harbor. They arrived as the second wave of bombs hit.

"It was terrible. We saw the planes dive-bombing, we saw the ships going up in flames. More than anything it was just horribly frightening."

All three men said that as survivors, they felt a special responsibility to keep alive the memory of those who perished.

"I feel very strongly that I represent them," said Budzik, who was chosen to stand a wreath of red and white flowers before the memorial's statue of the lone seaman as a "Navy bugler playing 'Taps.' "It's the greatest honor anyone can receive."

Falardeau, who left the Navy after the war and worked in a photographic film plant before returning to his hometown of Rochester, N.Y., recently completed a first novel based on his naval service.

"I wanted to let people know what we went through down there," he said. "Most books are about the officers. This is about the enlisted men. We're the guys that won the war."



Photo by MATT WHELAN/Washington Post  
Pearl Harbor survivor and retired commander John Budzik (left), 91, salutes on Sunday at a wreath-laying ceremony at the U.S. Navy Memorial in Washington to commemorate the 67th anniversary of the attack, which prompted the United States to enter World War II. Many Navy veterans, including a contestant who came from the McLean, Va., retirement community where Budzik lives, attended the ceremony.

## Tensions continue to build between India, Pakistan

By Rama Lakshmi  
The Washington Post

NEW DELHI, India — India's foreign minister accused Pakistan on Sunday of trying to deflect attention from the role of its citizens in last month's terror attack in Mumbai by leaking word of a phone call to the Pakistani president's office that forced its air force to go on high alert.

The episode underscored the high level of tension that remains between the two nuclear-armed nations nearly two weeks after the attack, as India continues to charge that a Pakistani terror group with past ties to the government was responsible and Pakistan insists that it was not involved.

During the call, which came on Nov. 28 as the attack was still unfolding, the caller allegedly identified himself as Indian Foreign Minister Pranab Mukherjee and threatened that India would mount military action unless Pakistan took action against

the attackers. Pakistani Information minister Sherry Rehman said in a statement that the call came from "a verified official phone number of the Indian Ministry of External Affairs." The call prompted President Asif Ali Zardari to put the air force on high alert.

News of the call was first reported in the Pakistani newspaper Dawn over the weekend, and was subsequently picked up by other Pakistani media. But on Sunday, Mukherjee released a statement saying he had first learned of the call from "third countries," and that the call was a hoax.

"We immediately clarified to those friends, and we also made it clear to the Pakistani authorities, that I had made no such telephone call," Mukherjee said. He added that it is "worrying that a neighboring state might even consider acting on the basis of such a hoax call to give it credibility with other states, and confuse the public by releasing the story in part."



AP Photo  
Riot police avoid fire bombs thrown by protesters outside the Aristotle University of Thessaloniki during clashes Sunday in the Greek capital as demonstrators protested the fatal police shooting of a teenager in Athens the previous night.

## Obama predicts economy will worsen

By Peter Waldman  
Los Angeles Times

WASHINGTON — President-elect Barack Obama predicted Sunday that the U.S. economy would continue on its downward path, but he declined in a wide-ranging television interview to say how much his recovery plan would cost or whether he intended to raise taxes immediately on wealthy Americans to help pay for it.

Obama said his economic advisers were still "crunching the numbers" for a post-inauguration economic stimulus package. In his weekend radio address, Sunday, the president-elect said the package would include a massive public works program to build roads and other infrastructure projects.

But Sunday he hinted that even a major stimulus plan would not be enough to turn the economy around

right away. "It's going to get worse," Obama told NBC's "Meet the Press," pointing to the "fragility of the financial system" and to recent numbers showing the highest unemployment rate in 15 years.

Some Republicans have said the stimulus plan would be far too expensive. But Obama said it was more important to spend money to revive the economy and create jobs than worry about the short-term effect on the national debt.

"We have to provide a blood infusion to the patient right now to make sure the patient is stabilized," he said. Some analysts and Democratic lawmakers have said the stimulus plan could cost up to \$700 billion. The nation's governors, meeting with Obama last week, said they had more than \$130 billion in infrastructure projects already planned that could be started as part of the program.

## Anarchy in Greece

### Riots break out in two Greek cities after teen killed

By Elena Decarolis  
Associated Press writer

ATHENS, Greece — Hundreds of youths angered by the fatal police shooting of a teenager rampaged through Greece's two largest cities for a second day Sunday in some of the worst rioting the country has seen in years.

Gangs smashed stores, torched cars and erected burning barricades in the streets of Athens and Thessaloniki. Riot police clashed with groups of mostly self-styled anarchists throwing Molotov cocktails, stones and bottles. Clouds of tear gas hung in the air, sending passers-by scurrying for cover.

Rioting in several cities, including Hania in Crete and cities in northern Greece, began within hours of the death Saturday night of a 15-year-old shot by police in Exarchia. The downtown

Athens district of bars, music clubs and restaurants is seen as the anarchists' home base.

Soon stores, banks and cars were ablaze. The rioting was some of the most severe Greece has seen in years. The last time a teenager was killed in a police shooting — during a demonstration in 1985 — it sparked weeks of rioting. In 1999, a visit to Greece by then U.S. President Bill Clinton sparked violent demonstrations in Athens that left stores smashed and burned.

The two officers involved in Saturday's shooting have been arrested and charged, one with premeditated manslaughter and the illegal use of a weapon, and the other as an accomplice. They are to appear before a court Wednesday. They and the Exarchia precinct police chief have been suspended.

Interior Minister Prokopis Pavlopoulos, who offer to resign was rejected Sunday, has promised a thorough investigation.

"It is inconceivable for there not to be punishment when a person loses their life, particularly when it is a

child," he said. "The taking of life is something that is not excusable in a democracy."

Police said the two officers involved claimed they were attacked by a group of youths and, when they confronted the youths, one fired three shots and the other threw a stun grenade.

Violence broke out again Sunday afternoon in Athens and Thessaloniki during demonstrations to protest the shooting. "Copcs, pigs, murderers," protesters chanted.

Police said 24 policemen were injured in Athens in overnight riots that started Saturday, and another 13 on Sunday, while seven people were arrested and another 15 were detained.

As night fell, groups of youths, some masked and others wearing motorcycle helmets, set trash cans alight and overturned cars to erect burning barricades on streets around the Athens Polytechnic — which, like all universities, is protected by law from police intrusion. Some could be seen walking on the roof of the Polytechnic, taunting police.

Violence in the capital

began to die down late Sunday, after several hours of running battles between police and rioters. In Thessaloniki, a large fire could be seen burning at the city's university.

A blurry video shot by a bystander that purportedly shows the shooting Saturday has been aired on Greek television and posted on the Internet. Two sounds that could be gunshots can be heard, but the image is too blurry and distant to show the events clearly.

Greece has seen frequent and sometimes violent demonstrations recently against the increasingly unpopular conservative government of Prime Minister Costas Karamanlis. The opposition Socialists are now consistently ahead in opinion polls.

Dozens of stores in central Athens went up in flames or saw their storefronts smashed. At least two buildings were destroyed by fire, as was a Ford car dealership. Streets were littered with chunks of paving stones and rocks thrown at riot police, as well as shattered glass from storefronts and banks.

## Scientists back brain drugs for healthy people

By Malcolm Ritter  
Associated Press writer

NEW YORK — Healthy people should have the right to boost their brains with pills, like those prescribed for hyperactive kids or memory-impaired older folks, several scientists contend in a new, provocative commentary.

The scientists are already illegally taking prescription stimulants like Ritalin to help

them study, and demand for such drugs is likely to grow elsewhere, they say.

"We should welcome new methods of improving our brain function," and doing it with pills is no more morally objectionable than eating right or getting a good night's sleep, these experts write in an opinion piece published online Sunday by the journal Nature.

The commentary calls for

more research and a variety of steps for making the pills more effective.

Brain-boosting pills are developed, demand for them is likely to grow among middle-aged people who want youthful memory powers and multitasking workers who need to keep track of multiple demands, said one commentary author, brain scientist Martha Farah of the University of Pennsylvania.

"Almost everybody is going to want to use it," Farah said.

"I would be the first in line if safe and effective drugs were developed that trumped caffeine," another author, Michael Gazzaniga of the University of California, Santa Barbara, declared in an e-mail.

The seven authors, from the United States and Britain, include ethics experts and the editor-in-chief of Nature as

well as scientists. They developed their case at a seminar funded by Nature and Rockefeller University in New York.

Two authors said they consult for pharmaceutical companies; Farah said she had no such financial ties.

Some health experts argued that the issue deserves attention. But the commentary didn't impress Leigh Turner of the University of Minnesota Center for Bioethics.

"It's a nice puff piece for selling medications for people who don't have an illness of any kind," Turner said.

The commentary cites a 2001 survey of about 11,000 American college students that found 4 percent had used prescription stimulants illegally in the prior year. But in some colleges, the figure was as high as 25 percent.

"It's a felony, but it's being done," Farah said.

# Sometimes, it's OK to tell your kids you're broke

By Martha Irvine  
Associated Press writer

It's a tough economy out there, even for a kid. And many parents are wondering how to broach the subject. Should they shield their children from the hard times and spend like there's no tomorrow? Or is it better to share the reality that more families — often their own — simply can't have it all, even at Christmas? It can be a real dilemma.

"I've explained the situation, and I've also avoided it," says Mimi Chacin, a mom and business owner in Miami whose husband lost his job in advertising. The family is doing OK. And in fact, the children's cooking classes Chacin teaches have remained full so far — a sign, she says, that many parents are still willing to spend on some extras for their kids.

But in their own household, she and her husband are still having to cut back — on travel during the holidays, for instance.

"I find myself not wanting to put them under that stress, but also sitting down and explaining that things aren't easy for anybody right now," Chacin says of her sons, ages 9 and 4.

Rita Cortese, who owns a Plato's Closet store, part of a chain of teen-oriented secondhand clothing shops, has been hearing more of these conversations among parents and their children in recent months, especially over bigger-ticket purchases. While most items in the store are in the \$5 to \$7 range, a pair of designer jeans could be \$25 for instance.

"The parents will say, 'You can't have the jeans and the sweater. Pick one,'" says Cortese, whose store is in Depewford, N.J., just outside Philadelphia.

Now in her second year of business, Cortese chose the store because she thought it'd be fairly recession-proof — and, so far, it's doing relatively well. This year, she says customers are more likely to



Mimi Chacin stretches pizza dough as she makes pizza with her sons Ian, 4, left, and Diego, 9, center, and nephew Andrew Wisney, 2, right, at her home in Miami Shores, Fla., Dec. 1, 2008.

spend a total of \$75, rather than the \$150 to \$200 they were spending last year. But she's also had many more customers who come in search of "gently used" clothing to save money. And more teens are bringing in clothing to trade for a discount.

Emily Collins, an 18-year-old college freshman from Washington Township, N.J., who works at the store, says she's noticed friends spending less money on themselves and others, and even making gifts for the holidays.

She lives at home and also has had more frank conversations about money with her parents.

"We always talk about it," Collins says. "And they've told me that it's not going to be so easy for me to say, 'Mom, I'm going out tonight. Can I have \$20?'"

Retailers that focus on teens and children, among them Abercrombie & Fitch Co., American Eagle Outfitters Inc. and The Children's Place, all reported a drop in sales in November compared with the same month last year. Department stores also reported lower sales for the month, though

retailer Bon-Ton Stores Inc. said children's wear was among its strongest performers.

For that reason, some retailers are stocking up this season on items for teens and children — the idea being that, if parents are going to spend money, it'll be on their kids.

J.C. Penney Co., for instance, is putting a special focus on their Juniors department, says John Tighe, a company vice president who oversees that portion of the business.

"We consider the teen an influencer within the family," Tighe says, referring to market research that has shown that teens — at least in better times — have been able to persuade their parents to make purchases of all kind, from clothing to computers and TVs.

Indeed, some businesses that provide goods and services for children report that they're doing relatively well — and some have even seen an increase in profits.

Lisa Jacobson, the chief executive of Inspira, a tutoring company that caters to wealthier families, says she

was surprised when she found that September was her best month financially in 25 years of business.

"It seemed very odd to me," she says. But when she spoke to parents, she found that, in this economy, many of them were more focused than ever on their children doing well in school.

"I really do think that, overall, it's the last thing people drop," she says of the money parents spend on their children.

At BabyEarth, a Texas-based baby products retailer that focuses on higher-end, eco-friendly products, officials say they've seen a slowdown in sales growth in recent months, but that sales are still increasing.

"Even in this economy, parents are still shelling out \$900 on Orbit Strollers, \$12 for spilly BPA-free glass bottles, \$395 on organic crib bedding and even \$300 for organic crib mattresses," says Cathy Hale, a spokeswoman for the company.

She's a parent, too, and says young children, too, and two that — while her family is eating in more, traveling less and "enjoying the things we've

got" — she's also much more likely to do without things for herself than her children. She thinks many parents feel the same way.

"Eventually, they will grow up and face the same stress and challenges we all face," Hale says. "What's wrong with spoiling them now? These sweet-spirited Innocent years are so fleeting."

It does depend on the age of the child, certainly, says Michal Ann Strahlwitz, a professor of marketing and consumer behavior at Golden Gate University in San Francisco.

But especially as children get older, she thinks it's important for parents to talk openly about what their families can and can't afford — and to make it a life lesson, of sorts.

"Money is not the best way to show love to children," Strahlwitz says. "So if you need to cut back on spending, think about other non-monetary ways to make the holidays special for you and your family."

Darren Wallis, a dad in Webster Groves, Mo., suburban St. Louis, says he and his wife have tried to do that with their sons, ages 10, 8 and 4, even though the family is financially stable right now.

In recent weeks, his older boys have "been going through advertising circles and making their holiday wish lists. 'They do go with that everything-and-the-kitchen-sink approach,'" says Wallis, who works in agribusiness.

But when Wallis asked his boys to include prizes and total them up, even his older son was a bit shocked that his wish list came to \$904.

Wallis and his wife decided to use it as an opportunity to talk about what that money could buy — "Here's how many tanks of gas that would be. Here's how many trips to the grocery store."

"We wanted them to see some real-world practicality," Wallis says. (And he won't be buying everything on the list.)

## Senator calls for Chrysler merger, new CEO at GM

WASHINGTON (AP) — A key senator says the nation's car companies should have to replace top executives in exchange for a long-term bailout package from Congress.

Sen. Chris Dodd heads the Senate Banking Committee. He says he is hopeful Congress will pass a short-term \$15 billion aid package for the automakers in the next several days. But the Connecticut Democrat says the companies should have to restructure if they want a more significant bailout from Congress next year.

Dodd says the companies need quick cash to avoid collapse in the next several weeks. But over the long-term, Dodd says Chrysler probably ought to merge with another company and General Motors should be required to replace chief executive Rick Wagoner.

## Job seeker with MBA posts resume in taxi back seat

NEW YORK (AP) — Are you talkin' to me — about a job?

A recent MBA graduate who can't find work in his chosen field has resorted to posting his resume in the back seat of a taxi he's been driving around New York City.

James Williamson earned his master's degree in business administration at Philadelphia's La Salle University. Then he spent four months on interviews while looking for work troubleshooting electronics, doing technical sales or writing advertising copy.

"When none of that panned out, he got his taxi for a month ago to help pay his bills.

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Guidance when you need it most



Ken Edwards, 87, works out with weights Thursday at the Twin Falls class. Edwards used to use a walking cane to get around before joining SilverSneakers.

EDM HATCHCOFF/For the Times-News



Ray Orr, 68, works out during a SilverSneakers senior exercise class on Thursday at the Twin Falls YMCA. "Now I walk straight, stand straight," he says.

EDM HATCHCOFF/For the Times-News

## motion magic

### Exercise class improves Magic Valley seniors' lives

By Melissa Davlin  
Times-News writer

There are no macho guys in this fitness class. Hardly anyone is breaking a sweat, and no one is gasping for breath or begging instructor Tara Bailey to stop. Everyone smiles as they wave their 3- to 5-pound weights in controlled circles around their bodies.

But this class has changed its participants' lives, both in Twin Falls and in similar classes across the country.

SilverSneakers is a national health and fitness program aimed at seniors. The organization sponsors 2,500 classes across the U.S., including three in the Magic Valley.

"At the Twin Falls YMCA, the SilverSneakers class — the second largest in the state — is making a huge impact on its students. According to Lesley Martin, fitness director for Twin Falls YMCA, one student lost 20 pounds. Another was unable to get out of her wheelchair when she first signed up, but can now easily transfer to chairs for the exercises.

"I used to walk like this," said participant Ray Orr, 68, as he bent at the waist and lurched forward. "Now I walk straight, stand straight."

Both Orr and classmate Ken Edwards, 87, started the class in March. Neither could walk without a cane. Now, both keep up easily with the instructor in class and can walk with minimal problems.

That's the goal of the program,

Martin said. The exercises are designed to make daily functions easier. Leg exercises help students step onto curbs and climb stairs. Ball-bouncing activities improve eye-hand coordination, and standing exercises help with balance.

When students first come to the class, Martin said, many require a chair to help stay upright. Some can't even stand while doing the exercises. But soon, most see drastic improvements — not just in class, but in their daily lives. Simple tasks like putting on jackets, driving and preparing food are made easier by the subtle strengthening exercises in the classes, which last from 45 minutes to an



The Twin Falls class works to loosen muscles and range of motion Thursday.

EDM HATCHCOFF/For the Times-News



Ray Orr



Ken Edwards

hour. Each instructor is certified with the national SilverSneakers organization and has his or her own strengths. Bailey has been a yoga instructor for six years. Other teachers are aerobics and spinning instructors.

The class also engages

the brain, Martin said. Music, ranging from classic pop to Sinatra, plays during the workout. The instructors chat with the students throughout the session and play games with them, making them think while strengthening their bodies. And the students love it.

"This happens all the time: 'Maybe I can come in twice a week,'" said Charleen Mabry, YMCA employee. "And the next thing you know, they're coming in three, five times a week." Many begin without knowing anyone in the class, but start arriving half an

hour early to chat with Mabry and their newfound friends in the lobby.

"It has improved so many people's lives," Mabry said. "Including mine."

Melissa Davlin may be reached at 208-735-3234 or [melissa.davlin@lee.net](mailto:melissa.davlin@lee.net).

### Catch the Classes

<p><b>WEDNESDAY</b></p> <p>10:00-11:00 AM Twin Falls YMCA 210 S. 1st St. Twin Falls, ID 83421 Phone: 208-735-3234 Fax: 208-735-3234 Cost: Free Information: 243-4577</p>	<p><b>THURSDAY</b></p> <p>10:00-11:00 AM Twin Falls YMCA 210 S. 1st St. Twin Falls, ID 83421 Phone: 208-735-3234 Fax: 208-735-3234 Cost: Free Information: 243-4577</p>
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## Gift guide: Fitness gadgets to revive motivation

By Jessica Mintz  
Associated Press writer

The training regimen — if you can call it that — for my first triathlon included nothing more high-tech than a \$35 digital watch and a basic MP3 player. But now that winter is arriving, sapping my motivation to get off the couch, I've started looking at fitness gadgets

that could help refresh my workouts. A swimmer, biker, runner or walker on your holiday list might like a high-tech nudge out the door, too.

### Garmin Forerunner 405, \$300

Even though I had never used a GPS watch or a heart rate monitor, a few minutes with the quick-start

guide were all I needed to get this oversized sports watch into action, tracking how far and fast I was going.

Cool: It wirelessly sends workout data to a PC if you plug an included USB stick into the computer. The free software I downloaded from Garmin's Web site looks a little outdated, but organizes workouts by date, displays routes on a map and

draws charts for heart rate and speed over time. Useful for all hand activities, including walking, biking and gym workouts (as a heart rate monitor). It can pause automatically when you stop moving. And there's lots of room to grow with advanced settings, like custom workouts with heart rate or pace goals.

Please see GADGETS, Page B2.



# Do for You

## Cancer survivors party

Cancer Survivors' Christmas Party and Ornament Exchange will be held at 7 p.m. Tuesday in the Sage Room at St. Luke's Magic Valley Medical Center's Education Center, 588 Ardmon Ave. W. in Twin Falls. Bring a treat to share and an ornament for a gift exchange.

## About childbirth

Prepare childbirth classes, 6:30-9 p.m. Thursdays, this week to Jan. 22, in the lobby at St. Luke's downtown campus, 660 Shoshone St. E. in Twin Falls. No class will be held Dec. 25 and Jan. 1.

## Gadgets

Continued from page B1

**Confusing:** The watch has two buttons and a bezel that's sensitive to touch; navigating menus involves a frustrating combination of pushing buttons and tapping and swiping the bezel. The menus themselves aren't intuitive, so reading the whole manual is a must.

## Nike + iPod Sport Kit, \$29

This is an inexpensive way to get excited again about walking and running with an existing iPod Nano or an iPod Touch. When synced with a sensor in your shoe, your iPod's screen shows time, pace and calories burned. A voice interrupts the music to announce when you've reached a goal or have a few minutes left in a timed workout.

Setup with my first-generation Nano was simple: I plugged the gadget into the iPod and tapped the sensor in my shoe, selected the "basic" workout and hit the road. (If you don't need tape, you have Nike running shoes, which have a hole in the sole to stash the sensor. If you don't want to use tape, Amazon.com sells sensor pouches ranging from \$2 to \$10. Do-it-yourself bloggers also recommend sticky-backed Velcro dots.)

**Pros:** The iPod can automatically send data to a gorgeous, free Nike Web site where you do your regular docking of the player with your computer. The site stores details of each workout; you can also build a personalized training program for an upcoming race, browse workout mix tapes (to buy on iTunes) and connect with other people who use Nike+.

**Cons:** Only useful for walking and running workouts. No heart rate monitor or auto-pause.

## Finis SwimP3 v.2, \$140

I looked like a total doofus wearing this waterproof digital music player. It honestly didn't work. I was having time in the pool was awesome.

The music player is made of two large plastic headpieces connected by a cable. They rest against your face, secured with clips to goggle straps, and send sound through your bones.

Loading up the small 256-megabyte hard drive with music was easy enough. It has a built-in USB plug and showed up on my PC like a regular thumb drive. I already have music stored on my computer, so I skipped the SwimP3 software and dragged about 60 songs over to the gadget.

**Amazing:** It's impossible to overstate the size of my grin as I swam my first lap to a Beatles song, and I liked that there was no separate media

tour of the Women's and Infant Center.

Wear comfortable clothing; bring two pillows and, if possible, a support person.

Cost is \$60. Preregistration required; 732-3148.

## 'Baby and Me'

St. Benedict's Family Medical Center's "Baby and Me" classes, 11 a.m.-noon Tuesdays, at Jerome Public Library, 100 First Ave. E.

**Next week's topic:** "The Sogging In Discipline." The session is for parents of children from infancy through toddler years.

Free; 323-6133.

## About infant care

The infant care class of St. Benedict's prepared childbirth series, 7-9:30 p.m. Tuesday, at Jerome Ambulance Building, 240 E. Main.

Topics: infant care and

early parenting. Bring two pillows, a blanket and, if possible, a support person. Fee is \$5. Register: 324-6133.

## Childbirth refresher

Childbirth Preparation and Refresher classes, 6:30-9 p.m. Wednesday, in the lobby at St. Luke's downtown campus, 660 Shoshone St. E. in Twin Falls.

Childbirth preparation and refresher techniques will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Pre-registration required; 732-3148.

## Alzheimer's support

Alzheimer's Support Group meetings, 6-7 p.m. Wednesday and 2-3 p.m. Saturday, at Reseta Assisted Living, 1177 Eastridge Court in Twin Falls.

Open to Twin Falls County residents who have family members with Alzheimer's.

Reservations: 734-9422.

**"Do for you" is a list of healthy-related activities, events and education. Submit information by Thursday for publication in the following Monday's Healthy & Fit section. E-mail notices to ramona@magicvalley.com.**



Justin Murphy's pancreas injury, caused by a cleated shoe during a football game, was missed by doctors until he went to Children's National Medical Center and surgeon Martin Eichelberger said, "You're not like fracturing your bone, where it's healed in six weeks," Eichelberger said. "You get all sorts of physiological consequences to the pancreas being injured."

# Children's hospital surgeon tames the 'angry' pancreas

By John Kelly  
The Washington Post

WASHINGTON — Not every organ in your body has a personality. The pancreas does. Unfortunately, it's not a very nice personality. Surgeons call the pancreas the "angry organ." One surgery textbook I saw said that most surgeons avoid even palpating (that is, touching) the pancreas unless absolutely necessary.

Like a sifter full of nitroglycerin, the pancreas is something you don't want to mess with. And yet sometimes you must. When he was 12, Justin Murphy, of Vienna, Va., tackled another boy during a pre-season football game. In the process, Justin took a cleated boot to the abdomen. He lay on the ground thinking he'd gotten the wind knocked out of him, but when the pain didn't go away, Justin and his dad, Harry, realized that something else was going on.

Doctors initially thought that Justin might have cracked a rib. Then they thought he might have bruised his pancreas. In fact, Justin had fractured the angry organ. When he fell on the other boy's foot, the foot pushed Justin's pancreas against his spine, nearly severing a portion as neatly as if

he'd rocked a carving knife against a cutting board.

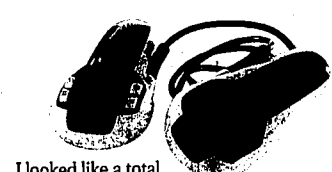
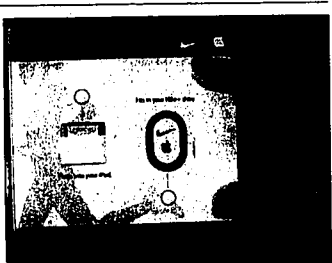
Doctors at the first hospital that examined Justin missed the severity of his injury. It was the doctors at Children's National Medical Center who realized that Justin's pancreas had gone from the angry organ to the psychopathic organ intent on going out in a blaze of glory — and taking Justin with it. "It's a bad injury, that's the problem," said Martin Eichelberger, the children's hospital surgeon who treated Justin. "It's not like fracturing your bone, where it's healed in six weeks. You've got all sorts of physiological consequences to the pancreas being injured."

The pancreas is a thin organ that produces enzymes — amylase, lipase — that help break up sugars and carbohydrates in our food. In essence, it's a little acid factory, and nature positioned it just where you'd want such a volatile establishment: well at the back of the abdomen, protected. But Justin's freak injury had severed the pancreas near a duct through which enzymes travel to the duodenum. The pancreas went into overdrive, spilling enzymes through the breach, which then started digesting everything in its path.

Removing the organ completely isn't ideal, because the pancreas also produces vital insulin. But unless it is repaired, an injured pancreas will go on spewing fluid until the kidneys shut down and the body lurches toward multi-organ failure. Eichelberger cut a six-inch incision straight up from Justin's bellybutton. A damaged pancreas can start to spontaneously, literally turn to a mushy soup. Justin's mom, Kim Murphy, remembers Eichelberger telling her that the tissue was similar to cottage cheese. But the surgeon was able to remove the tail of the pancreas, taking care not to damage the nearby spleen. The pancreas would remain to normal function.

During Justin's four days in intensive care, and the three weeks in a recovery ward, the team at Children's monitored his enzymes and tended to drains in his abdomen. He went home weakened and with months of healing in front of him, but go home he did.

Justin's 16 now, a high school sophomore who's on the wrestling and lacrosse teams. He loved football but was just fine with walking away from it. "When I was in the hospital, my dad said, 'We're not going to let you play football anymore.' It was hoping that they'd say that."



I looked like a total doofus wearing this waterproof digital music player. But when I got it working, I honestly didn't care. Having tunes in the pool was awesome.

player to strap onto my arm. **Aukward:** SwimP3 isn't sleek or pretty. It's hard to get the headpieces in place and find the buttons that control tracks and volume. I recommend practicing in front of a mirror first. It was also hard to get the volume just right — loud enough to hear over my breathing, but not so loud that it hurt my head. And other swimmers thought I was nuts when I asked in a too-loud voice if they could hear the music. (They couldn't.)

**Rechargeable LED bike headlights, \$100-\$500 and up**

My frame of reference was a \$30 blinky safety light, so I almost fainted when I saw the prices for these bike lights. But after a few spooky autumn commutes on an unlit bike trail, I'm almost ready to take the plunge.

LED systems are brighter, last longer and are more compact than older halogen ones. Early LED systems threw narrow, laser-like light beams, but newer ones offer better peripheral illumination.

Brian Foley, cycling product manager at Recreational Equipment I got two — one for

the handlebars and one for my helmet. When I gaped, he told me to just go with the helmet-mounted one for a better view around corners.

Foley rides through urban areas with street lights. Foley recommended models that give off 100 to 150 lumens. Pick 200 lumens or higher for dark country roads or trail riding.

Foley has tested all sorts of LED lights on his 18-mile commute to work, but didn't want to name a favorite. Current best-sellers at REI include NiteRider's \$99 MiNewt Mini-USB (119 lumens), which can be recharged by plugging into a computer, and the \$209 MiNewt X2 (150 lumens). Light & Motion's Stella models (200 lumens, \$179 to \$249 depending on battery type) can be mounted on either helmet or handlebar.

## iBike iSport, \$199

Serious cyclist friends train with power meters, and say it's more accurate than using a heart rate monitor to get the most out of a workout and to measure progress over time. But true power meters, which measure how much force you exert on the bike's pedals, can cost \$1,000 or more.

So for holiday gifts, you might check out the iSport, which looks like a bike computer. It mounts on the handlebars and measures other things, including steepness of hills and strength of headwinds, to come up with similar results.

Some reviewers have questioned the accuracy of the bike's devices, but iBike CEO John Hamann says the iSport, which just launched, has a newer, faster processor and software that together are better at crunching the data.

# Guarding against gym germs

The Washington Post

Is your local gym hazardous to your health? Possibly. According to the American Society for Dermatologic Surgery, the gym can be a breeding ground for the bacteria that cause skin problems such as athlete's foot, ringworm and staph infections.

To help keep you from getting any of these infec-

tions, sanitize all gym equipment before and after you use it. Yoga mats par-

sweat that can turn into infection-causing bacteria, so invest in one of your own. Always wear flip-flops

in the shower and locker rooms. Most importantly, monitor your skin and visit a dermatologist if you have a persistent irritation or infection.

Gooding & Wendell Chambers of Commerce  
**Holiday Kick Off**

Shop Local this Holiday Season  
December 6th - 11th

**Wendell - Dec. 6th**  
Merchants Market, School Choir  
Photos w/Santa & City Tree Decorating  
And Wreath Center Winners Announced

**Gooding - Dec. 6th**  
Craft Fair  
Festival of Trees

**Dec. 6th - 11th - 5 pm to 7 pm**  
Business After Hours Shopping.  
Photos w/Santa, Cookies & Drinks  
At Land Title & Escrow, Christmas Caroling.  
Free Gift Wrapping at GCMH Thrift Store  
Centennial Soup & Chocolate Fund-raiser &  
Guys of Gooding Calendar Sales Fund-raiser

For more information call Shellee Amundson @ 934-9884

## Holiday Treats

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# Shouldering a heavy load

Shoulder is a breeding ground for aches, pains

By Howard Schneider  
The Washington Post

I could blame the weightlifting — the bench presses and overhead military lifts that put the shoulder under pressure. I could blame the arm-twisting I get three times a week from my kiddo buddies.

Instead, I've decided to blame Douglas Engelbart, the man who, perhaps unwittingly, has put a generation of rotator cuffs, shoulders and other body parts at risk. In the 1960s, Engelbart invented the computer mouse, a ingenious device that evolved into a cheap, mass-produced and pretty much unavoidable tool of modern office life. It is, I feel, a likely culprit for the nagging pain that has developed in my right shoulder in the past year or so.

Of course, maybe all the other stuff has had an aggravating role. But when I think about how I have used my right and left arms over the years, the mouse is the most prominent difference between them.

I am by nature left-handed and have spent a lifetime throwing balls, swinging tennis rackets and otherwise favoring my left side when it comes to activity. But "mousing" with the right hand — too often with the arm extended and the shoulder twisted in exactly the wrong ways.

**Undertanned. Weaker.** Overstressed. The right side had all the ingredients for trouble. I am now convinced that hours manipulating the mouse wore down the cartilage in a couple of my shoulder bones, strained some of the small connective tissues in the area and led to the diagnosis I got recently from Jonas Rudzki at Washington Orthopedics and Sports Medicine: arthritis in the acromioclavicular joint and rotator cuff tendinitis.

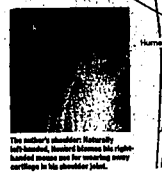
I turned down the cortisone. The physical therapy is under way.

"If you want a surefire way to start a conversation with anyone older than 40, talk about shoulders. Maybe half will have had a problem, and those who haven't, many can expect to as they age. The symptoms can range from an annoying twinge to a deep throb that interferes with sleep to a loss of motion.

## Rotator Cuff 101

A common source of pain as people age, the rotator cuff keeps the bones of the upper arm (humerus) in place and stabilizes the joint.

- Rotator cuff muscles**
- 1: Supraspinatus
  - 2: Subscapularis
  - 3: Teres minor
  - 4: Infraspinatus (see arrows below)



## Rotator cuff

Composed of four muscles and several tendons, the rotator cuff covers the top of the arm bone (humerus) and stabilizes the shoulder. Like the hip, the shoulder is a ball-and-socket joint, designed to offer a wide range of movement. The muscles of the rotator cuff help lift and rotate the arm. A torn rotator cuff is a common, painful injury among adults.

In my case, wear and tear on the AC joint, where the ends of the shoulder blade, called the acromion meets the clavicle, has worn away the cushion of cartilage between the two bones, the condition known as osteoarthritis. More problematic (at least in my case) is the rotator cuff, a set of four small muscles that help hold the arm in the shoulder socket and stabilize it as it moves.

Why is the shoulder so vulnerable? It's perhaps the most complicated joint in the body, responsible for the movement of a limb that is designed to go through a wide range of motion in several planes. (To get a sense of the shoulder's flexibility, tracing the same lines in the air with your knee or foot that you can with your hand.)

What's more, it does this while fighting gravity. The hip, for example, also has wide range. But in the case of the shoulder, the leg nestles deeply into the socket, and the weight of the body on top of it helps stabilize the whole mechanism. The shoulder, by contrast, has a comparatively shallow socket with connective tissue that is hanging onto a limb that, even at rest, is constantly being tugged on.

Modern life hasn't helped. Even with a desk, computer and chair arrangement that complies with Occupational

Safety and Health Administration recommendations, how many of us still hunch over our keyboards? That position prevents the rotator cuff from doing their jobs — part of which is to support the scapula (the shoulder blade) and synchronize it with the motion of the arm. If you use your arms and hands while in this position, the rotator cuff muscles end up under duress.

Multiply stress and bad habits over a couple of decades, add poor posture and a decline in blood flow associated with aging, and the shoulder becomes a breeding ground for aches and pains.

Fortunately, rotator cuff injuries do not typically involve the type of full tears that baseball pitchers or other athletes suffer (or that might occur in a severe weight room trauma), and therefore don't require surgery. Instead they can be treated with an assortment of rehabilitation strategies.

In my second session with physical therapist Patrick Kennedy, he was able to massage and loosen the muscle beneath the shoulder blade, and it made an immediate difference once that part of the body could move more freely.

He also recommended shoulder and upper-back exercises, some of which seemed to be taken straight from the yoga playbook: a sequence done with the knees and one hand on the ground, for example, that involved extending the arm in front of the head, threading it under the body and then lifting it to the sky.

"Yoga is our enemy," Kennedy said jokingly. "It keeps people out of here." Yoga teachers, in fact, frequently note that joints do not have a dedicated blood supply and are nourished

when motion causes the secretion of synovial fluid — hence all the twisting and contortions of a standard yoga class.

The concept is important, but medical experts say it is often lost on people who are having trouble. The intuitive response is more like "If it hurts, leave it alone." In fact, in the case of joint problems and arthritis, motion and activity are critical.

"Biomechanically it can only get worse," said Jay Greenstein, head of the local Sport and Spine Rehab clinics. "If you feel the pain and don't do the activity, you are losing out; it is going to catch up with you. It won't be (while you're) lifting weights at the gym; it will be getting something out of the cupboard."

The recommended exercises are, however, painstaking and tedious — not ones that will leave you spent and feeling as if you've pushed your body to its limits. Quite the contrary, they involve light weights and potentially dozens of repetitions. The rotator cuff is not meant to bear heavy loads but is "always active" and needs to be trained for endurance, said T. Moorman, the head of sports medicine at Duke University Medical School.

The sequence that Kennedy provided me involved using resistance bands to strengthen the cuff and stretches to loosen the upper back. More rotation in the back means more help supporting the shoulder and arm when you reach out or across the body.

In my case, this is all to fix a problem. The same types of exercises can (should) be done by anyone who is healthy to make sure their cuff stays strong and injury-free. Upper-back exercises, yoga — there is much else that can help.

And, just like your mother told you, stand up straight.

# Quick Study

By Linda Searing  
Special to The Washington Post

## The topic: diabetes

### Fish consumption may stave off kidney problems

**THE QUESTION**  
Might eating fish help prevent kidney disease in people with diabetes?

**THIS STUDY**  
It analyzed data on 22,384 people (39 to 79 years old); 517 of them had diabetes. Testing revealed the level of the protein albumin in their urine, considered an early sign of kidney disease. People with diabetes who reported eating less than one serving of fish a week were four times more likely to have excessive protein levels (called persistent albuminuria) than were those whose weekly diet included two or more servings of fish. In non-diabetics, no link was found between the amount of fish eaten and urine protein levels.

**WHO MAY BE AFFECTED?**  
People with diabetes, who are especially susceptible to kidney disease. Excess sugar in the blood can, in essence, poison the nephrons, the tiny tubes in the kidneys that filter the blood, causing them to break down and possibly fail completely.

**CAVEATS**  
Data on fish consumption came from questionnaires completed by the study participants. Factors not taken into account, such as lifestyle or medication, may have affected the results. The study did not differentiate between Type 1 and Type 2 diabetes. Nearly all participants were white; whether the findings apply to other races is unclear.

**FIND THIS STUDY**  
It's in the November issue of the American Journal of Kidney Diseases.

**LEARN MORE**  
Learn about albuminuria at [www.kidney.org](http://www.kidney.org). Learn about diabetes at [www.diabetes.niddk.nih.gov](http://www.diabetes.niddk.nih.gov).

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## Another way to count calories

By Howard Schneider  
The Washington Post



You can get a rough estimate of the calories you will expend in many activities with a simple formula developed by physiologists using a yardstick known as the Metabolic Equivalent, or MET.

A single MET represents the amount of energy used at rest. The University of South Carolina's Arnold School of Public Health maintains what it calls the Compendium of Physical Activities, which gives the MET value of an array of sports, exercises and everyday tasks. It's basically a list of how much extra energy gets used if you run a 10-minute mile or spend time making leaves.

The list can be downloaded from [prevention.psu.edu/tools/compendium.htm](http://prevention.psu.edu/tools/compendium.htm).

To estimate calorie usage, find your activity (or the closest thing to it) on the list and multiply its MET value by your weight in kilograms. For example, take a woman who weighs 124 pounds (about 56 kilograms) and uses a stationary bicycle at moderate effort, which has a MET value of 7. Multiply 7 times 56 and you'll learn that an hour at that pace would burn about 392 calories, or 6.5 calories per minute.

Keep in mind, the MET values are drawn from population studies and don't account for many of the individual differences that determine your actual calorie usage.

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NOTICE OF TRUSTEE'S SALE Idaho Code 45-1508 Through Sale: November 10, 2008 File No: 7090.22047 Sale date and time (local time): March 12, 2009 at 11:30 a.m. Sale location: outside the main entrance of the Cassia County Courthouse, 1459 Overland Ave. Burley, ID 83318 Property address: 30 Rancho D Burley, ID 83318 Successor Trustee: Northwest Trustee Services, Inc., an Idaho Corporation, 2010 20th Street, Bellevue, WA 98005 (425) 598-1900 Deed of Trust Information Original grantor: Brad Beck, an unmarried man Original lender: First American Title Company Original beneficiary: Option One Mortgage Corporation Recording date: September 7, 2006 Recorder's instrument number: 310747 County: Cassia Sum owing on the obligation: as of November 10, 2008: \$64,435.75 Because of interest, late charges, and other charges that may vary from day to day, the amount due on the day you pay may be greater. Hence, if you pay the amount shown above, an adjustment may be necessary after we receive your check. For further information, write or call the Successor Trustee at the address or telephone number provided above. Basis of default: failure to make payments when due. Please take notice that the Successor Trustee will sell at public auction to the highest bidder for cash the property described in the property description above. This property address is identified to comply with IC 60-1113 but is not warranted to be correct. The property's legal description is: Lot 3 in Block 3 of the East Estates Subdivision, located in the SE 1/4 NE 1/4 of Section 27, Township 10 South, Range 22 East of the Boise Meridian, Cassia County, Idaho, as the same is platted in the official plat thereof, now of record in the Office of the Recorder of said County. The sale is subject to certain rules and procedures as described at the sale and which can be reviewed at www.northwesttrustee.com or USBank.com. The sale is made without representation, warranty or covenant of any kind. (TSF 7090.22047) 1002.102456-FEI

PUBLISH: November 24, Dec. 1, 6 and 15, 2008

ATF499004958-BO Title No. 4070802922-4E2 CH# No. 1062040702

NOTICE OF TRUSTEE'S SALE On Wednesday, March 18, 2009 at the hour of 10 o'clock A.M. of said day, in the presence of Alliance Title & Escrow Corp. located at 1411 Falls Avenue East, Suite 1315, Twin Falls, ID 83301, AS SUCCESSION Trustee, as successor trustee, will sell at public auction, to the highest bidder, for cash, cashiers check, certified check, money order, or U.S. Government securities, a branch in the community at the site of the sale, money order, State of Idaho check or local check, cash, cashiers check, certified check, money order, or U.S. Government securities, the money of the United States, all payable at the same time of sale, the following described real property, situated in the County of Twin Falls, Idaho, and described as follows, to-wit: All of Lot 3 and the Southeast 1/2 of Lot 4 in Block 19 of Investors Second Addition, according to the official plat thereof, filed in Book 3 of Plats at Page 28, Official Records of Twin Falls County, Idaho. TRUSTEES HAVE NO KNOWLEDGE OF A MORE PARTICULAR DESCRIPTION OF THE ABOVE-DESCRIBED REAL PROPERTY, BUT FOR PURPOSES OF COMPLIANCE WITH IDAHO CODE, SECTION 45-1508. THE TRUSTEE HAS BEEN INFORMED THAT THE STREET ADDRESS OF: 617 Broadway Street, Burley, Idaho, is the address of the TRUSTEE'S ASSOCIATED WITH REAL PROPERTY.

If a successful bidder cannot provide the bid plus by means of one of the above means of payment, the sale will be postponed for 10 minutes only to allow the high bidder to obtain payment in a form preferable hereinabove. If the high bidder is unsuccessful in obtaining payment as directed within 10 minutes, the sale will proceed immediately and the property of the high bidder from the previous sale, will be rejected, all in accordance with Idaho Code 45-1502 et. Sec. 45-1503. The sale will be made without covenant or warranty regarding title, possession or encumbrances to satisfy the obligation secured and pursuant to the power of sale conferred in the deed of trust executed by Phyllis L. Anderson, an unmarried person, as Grantor to Chase Manhattan Mortgage Corporation as Beneficiary, recorded August 10, 2003, Instrument No. 2003-021018, Mortgage recorded in Twin Falls County, Idaho. THE ABOVE GRANTORS ARE NOT PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. THE REPRESENTATION IS MADE THAT THEY ARE NOT PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. The default for which this sale is to be made is liable to:

Make to principal and interest payments as set forth on said Deed of Trust and Promissory Note. The original loan amount was \$13,750.00 to be repaid in 60 monthly payments of \$250.00 per month, as evidenced in Promissory Note dated August 12, 2003. Payments are in default for the months of June 2008 and July 2008. On October 2008 in the amount of \$173.93 per month and continuing each and every month thereafter until date of sale or reinstatement. The principal balance as of October 30, 2008 is \$12,814.00 together with accrued and accruing interest thereon at the rate of 8.75% per annum. The item is 32.2% in default of the above, there is also due any late charges, advances, escrow collection fees, attorney fees, fees or costs associated with recording of the obligation secured by said deed of trust is \$12,814.00, excluding interest, costs and expenses actually incurred in enforcing the obligations thereunder or in this sale, as trustee's fees and/or reasonable attorney's fees as authorized in the promissory note secured by the aforementioned Deed of Trust. Dated: November 18, 2008 Successor Trustee Title & Escrow Corp. By: Bob Clifford, Trust Officer Phone: (877) 947-1553

PUBLISH: November 24, Dec. 1, 6 and 15, 2008

LEGAL NOTICE NOTICE IS HEREBY GIVEN pursuant to Idaho Code 45-505 that Oregon Trail Storage, 471 South Park Avenue, West, Twin Falls, will repossess the contents of the following units: Kelsey Jones, Unit A-21, last known address: 480 Atlantic, Twin Falls, ID 83301. Eric Boldt, Unit C-1, last known address: PO Box 613, Twin Falls, ID 83303.

PUBLISH: December 8, 15, 22, 2008

NOTICE OF OPPORTUNITY TO REQUEST A PUBLIC COMMENT PERIOD ON A PERMIT APPLICATION AND PROPOSED PERMIT TO CONSTRUCT

In compliance with Section 58.01.01.209, Rules for the Control of Air Pollution in Idaho, notice is hereby given that K. T. Steel Corporation, Twin Falls, has applied to the Department of Environmental Quality (DEQ) for a permit to construct, P-2008.0191, for its facility in Twin Falls, The facility, which is a structural steel and steel tank manufacturer, is located at 322 Diamond Avenue West, Twin Falls, Idaho. A public comment period on the proposed permit will be provided if a written request is submitted on or before December 23, 2008, and directed to Faye Weber, Director of Environmental Quality, 1410 N. Hilton, Boise, Idaho 83706-1255, or by e-mail to faye.weber@deq.idaho.gov or by e-mail to http://www.deq.idaho.gov. Please reference the company name and permit number when sending the request. The permit application materials submitted by the facility are available for public review on the DEQ website. All information regarding this project from this notice forward will only be available at http://www.deq.idaho.gov. You may elect to sign on to DEQ's list serve and receive electronic information automatically at faye@deq.idaho.gov. DATED this 8th day of December, 2008. Faye Weber Air Quality Division

PUBLISH: December 8, 2008

LOAN NO. xxxxxxxx2064 T.S. No. 114291-09 AMENDED TRUSTEES NOTICE OF SALE Reference is made to that certain trust deed made by Norma G. Shaw, a single woman as grantor) to Twin Falls Title, Inc. in favor of Mortgage Electronic Registration Systems Inc. beneficiary, recorded October 16, 2006 as No. 2006-025538 in book page, in the official records of Twin Falls County, Idaho, covering the following-described real property, located in said county and state, to-wit: Lot 2 in block 4 of Canyon Trails subdivision no. 1, a planned unit development, Twin Falls County, Idaho, according to the plat thereof, according to the plat thereof recorded in book 17 of plats, page 12 in the office of the county recorder of said county. Commonly known as: 1895 Tatum Loop Twin Falls ID 83303. The beneficiary of the grant (s) or other persons owing an obligation, the performance of which is secured by said trust deed, or by their successor in interest; The default is: Failure to pay the monthly payment due October 1, 2007 of principal, interest and impounds and subsequent installments due thereafter; plus late charges; together with any interest which has accrued by beneficiary pursuant to the terms and conditions of said deed of trust. Monthly Payment \$1,064.54 Monthly Late Charge \$46.88. Reason of said default, the beneficiary or the beneficiary's successor in interest has declared all obligations secured by said trust deed immediately due and payable, and has caused the following: If \$167,599.99 with interest thereon at the rate of 7.000% per annum, from September 1, 2007, until paid, plus monthly late charges of \$46.88 beginning December 1, 2007 until paid; together with title expenses, costs, trustee's fees and attorneys fees incurred herein by reason of said default; and any further sums advanced by the beneficiary or the beneficiary's successor in interest for protection of the above-described real property and his interest in it. The beneficiary and trustee or their successors, in interest, have elected and do hereby elect to cause the property to be sold at public auction to the highest bidder for cash to satisfy the obligations secured by said trust deed and the expense of the sale, including the commissions of the trustee or successor trustee and the reasonable attorney fees incurred. The Original Notice of Sale was published in the Official Record of Twin Falls County, Idaho, on October 10, 2008. The property would be sold on September 08, 2009 at the hour of 11:00 A.M., Standard of Time, at the front entrance of First American Title Company 260 Third Street North in the City of Twin Falls County of Twin Falls State of Idaho; however subsequent to the recording of said Notice of Default the original sale proceedings were stayed by order of the Court or by proceeding under the National Bankruptcy Act or for other lawful reasons. The beneficiary did not participate in obtaining such stay. Said stay was terminated on November 7, 2008. Whereof, notice hereby is given that the undersigned trustee on January 12, 2009 at the hour of 11:00 A.M. Standard of Time, at the front entrance of First American Title Company 260 Third Avenue North City of Twin Falls County of Twin Falls State of Idaho, sell at public auction to the highest bidder for cash the interest in the said described real property which the grantor had or had power to convey at the time of the execution by him of the said trust deed, together with any interest which the grantor or his successors in interest acquired after the execution of said trust deed, to satisfy the foregoing obligations trustee secured and the expense and expense of the sale, including a reasonable charge by the trustee. Dated: November 24, 2008 FIRST AMERICAN TITLE INSURANCE COMPANY, Trustee. VEVANCE CORPORATION P.O. Box 22004 EL CAJON CA 92022-9004 (619) 590-8200 Signatory: Maria Delatone FR-208564

PUBLISH: December 15, 22 and 2008

PUBLIC NOTICE Actions planned and taken by your government are contained in public notices. They are part of your right to know and to be informed of what your government is doing. As self-government charges all citizens to be informed, this newspaper urges every citizen to read and study these notices. We advise those citizens who seek further information to exercise their right to access public records and public meetings.

IMPORTANT Please address all legal advertising to: LEGAL ADVERTISING The Times-News PO Box 548 Twin Falls, Idaho 83303 email to legal@magicvalley.com Deadline for legal ads: 3 days prior to publication, noon on Wednesday for Sunday, noon on Thursday for Monday, noon on Friday for Tuesday and Wednesday, noon on Monday for Thursday and noon on Tuesday for Friday and Saturday. Holiday deadlines may vary. If you have any questions call Ruby, legal clerk, at 208-733-3324.

BOARD OF TWIN FALLS COUNTY MINUTES OF MEETING BRIEF SYNOPSIS A complete set of minutes are on file at the County Courthouse, Twin Falls, Idaho. A limited number of Commissioner's minutes are available at www.twinfallscounty.org

- Oct 1-Approved consent calendar
Oct 2-Approved copier lease for Prosecutor's Office, hold tax deed sale
Oct 3-Transferred land to City of Twin Falls
Oct 5-Approved golf places, approved ICRAMP nomination
Oct 7-Approved 21 indigent cases, denied 8 cases, accepted tentative settlement of accounts, approved special assessments, denied reconsideration on Ortega appeal, approved JAGS funding, approved ICAMP nomination
Oct 8-Approved airport hangar lease, consent sponsorship of Cabin Fever Day
Oct 9-Approved consent calendar, approved nomination for Capital Defense Fund
Oct 14-Approved 15 indigent cases, denied 7 cases, approved hanging basket sponsorship, approved contract with ESAS
Oct 16-Approved amended L-1 forms
Oct 17-Approved Proclamation for Weatherization Day, met in executive session
Oct 21-Approved 20 indigent cases, denied 6 cases, approved settlement with Columbia Paint
Oct 23-Approved change order for Coroner's Office remodel; approved Resolution for new Planning and Zoning forms; approved contract with Aeromobiles; approved appointments to Fair Board; approved maintenance agreement for copier; approved plat amendment for Cottonwood Heights subdivision; accepted trailer donation for Coroner's Office; approved consent calendar; approved retro fit of Clinic building for Assessor's Office
Oct 28-Approved 19 indigent cases, denied 10 cases; approved consent calendar; approved Ordinance of Annexation for Castledale Fire District; approved Idaho Safety Grant; approved letter of engagement for appraisal; approved surplus property resolution; approved tax cancellations
Oct 29-Approved second amendments for L-1's; approved September accounts payable; approved September minutes
Oct 30-Approved Resolution for National Forest Related Safety-Net Payments, approved Assignment of Leasehold Interest, approved JAGS Grand funding
Oct 31-Expenses by fund for October 2008: Current Expense \$1,049,192.82; Tort 200,585.00; Safe Places 49,615.87; Capital Projects Fund 34,356.72; TF Co Extension 447.83; Weeds 3,470.84; Parks & Recreation 20,289.29; Solid Waste 488,640.18; Ad Valorem 49,437.89; District Court 32,174.03; Indigent Fund 222,580.70; Public Health 1,958.50; TF Co Public Health & Welfare 11,802.91; County Board License 1,780.50; Justice 507,473.05; Juvenile Correction Act Funds 10,341.51; Tobacco Tax Grant 18,761.85; Boat Grant 1,000.00; Sheriff's Office 1,687.59; Assistance Abuse Grant 6,439.36; Status Offender Services 8,098.95; Fifth District SDC 3,293.86; Parka Grants 10.81; SFP-Twin Falls 1,687.59; VIOCA Mediation Grant 3,059.20; Drug Court 44,668.22; Youth Court 7,936.81; Court Assistance 21,536.55; Family Court Services Sale 1,687.59; Sheriff's Office 1,687.59; Health Court 29,419.73; Sheriff's Grants 4,107.22

PUBLISH: December 8, 2008

NOTICE OF PUBLIC HEARING

You are hereby notified that on the 15th day of December, 2008, at 10:00 a.m. the Twin Falls County Board of Commissioners will hold a public hearing to consider the establishment of fees and fee increases. Pursuant to Idaho Code §31-470 a Board of County Commissioners may impose and collect fees for those services provided by the County which would otherwise be funded by ad valorem tax revenues and the fees collected pursuant thereto shall be reasonably related to, but shall not exceed the actual cost of the service being rendered. The fees proposed to be increased are:

Table with 4 columns: Present Fee, Proposed Increase (+) or Decrease (-), Total New Fee. Rows include Non-sufficient funds check charge, For Buhl DMV Non-sufficient funds check charge, For Juvenile Probation Paroling Project.

\*The cost is \$200.00 for an individual or a couple sharing the same book. A \$50.00 non-refundable deposit is due at registration. The hearing will take place in the County Commissioners' Office, 425 Shoshone St. North, Fourth Floor, Twin Falls, Idaho. /s/ Tom Mikeseal, Tom Mikeseal, Chairman ATTEST: Kristina Glascock, Kristina Glascock, Clerk PUBLISH: Monday, November 24, 2008 Monday, December 8, 2008



su | do | ku Puzzles by Pappocom

9x9 grid puzzle with numbers 1-9 in some cells. Row 1: 5, 7, 1, 3, 1, 3, 1, 3, 4. Row 2: 1, 2, 9, 8, 2, 2, 4. Row 3: 3, 4, 5, 9, 6, 8. Row 4: 6, 7, 4, 4. Row 5: 9, 6, 1, 3, 5, 2. Row 6: 3, 4, 7. Row 7: 2, 3, 3, 1, 7, 8. Row 8: 8, 6, 1, 9.

V. EASY # 96 Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for todays puzzle on page B-12.

A WAY TO MAKE MONEY THAT MOST PEOPLE ONLY Dream About (Mainly because they're still asleep)

Call now for more information about routes available in your area. Twin Falls... 735-3346 Burley, Rupert, Paul... 737-8743 Kimberly, Buhl, Filer... 433-3331 Gooding, Shoshone, Halley, Jerome... 735-3302



**ANNOUNCEMENTS**

**100**

**Lost and Found**

FOUND Pink Lab, female, with black collar, young dog, in Springdale area. 208-431-3388

FOUND Labs, 1 yellow, 1 chocolate, 1 boykin area. Call to identify. 878-1142 or 870-0442

FOUND lots of misc. items left from Christmas in the Night Time toy. Claim at the Kimberly Nurseries Office.

FOUND set of keys in the neighborhood near CSI. Please call and describe. 878-2503

LOST Golden Retriever in the vicinity of East 27<sup>th</sup> in Burley. 1 1/2 year old neutered male with a stripe down his nose, wearing a green collar. 208-678-9946

LOST Red Heeler 1 1/2 female, 1 1/2 yrs old, Shoshone area. Had a red collar. Answers to Maggie. Call 898-2908 or 316-4876. We miss her a lot.

LOST Pitweiler, male, 90-100 lbs., neutered, with black collar. Lost from Berger area on Thanksgiving. Family heartbroken. Call 208-420-6474

**107 Pregnancy Alternatives**

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**206 Drivers**

**DRIVER**  
Valley Co-ops has an immediate opening for a FT Permanent Delivery Driver, Magic Valley area. Must be well motivated and able to work under tight supervision. CDL w/ hazmat and clean driving record req. We offer a competitive salary with bonus. Benefits include 401k, health insurance, paid holidays, vacation and sick leave. You are a drug free work place. Apply at www.valleyco-ops.com or pick up your application & resume at Valley Co-ops Inc. 1633 South Lincoln Jerome, ID 83338. Applications may be obtained by emailing kjenan@valleyco-ops.com

**206 Drivers**

**DRIVER**  
Now Hiring Experienced Class D/CDL Drivers & Lorry Operator Class A CDL required. Must be able to communicate in English both verbal and written. Apply at J&C Custom 1330 Addison Ave W Mon-Fri 9-5 PM Drug Free workplace

**DRIVERS**

**TOP GUN**  
TRUCK DRIVING ACADEMY  
Class "A" CDL  
Class "C" CDL  
735-6556

**DRIVERS**

Sell Motivated Exp. OTR Drivers w/ Class A CDL. Benefits & OJO equipment. 208-324-4844

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**DRIVER**  
Looking for a part-time job working mornings & afternoons? We have the perfect job for you! Now hiring Wash State Drivers Paid Training Western States Bus Call 208-733-8003

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**Dental Assistant**

Family Health Services, a Twin Falls Qualified Health Center with clinics in Twin Falls, Buhl, Jerome, Burley, Rupert and Fairfield, has openings for the following positions:

**Dental Assistant** - Burley - dental experience preferred, along with prior assisting certificate. Bilingual candidates encouraged to apply. Please send resume to:

**FAMILY HEALTH SERVICES**

HR Department • 794 Eastland Drive Twin Falls, Idaho 83301  
No phone calls, please!  
EOE/Drug Free Workplace

**Quality Care for All**

**Deck the halls with a better job fa, la, la...**

**River Ridge**  
(formerly Sunbridge)

**LPN/RN - 12 hour NOC 2-10 CNAs**

**PT Medical Records Asst.**

Full-time is 32 hours per week. Part-time is 20 hours. We offer competitive pay & full-time includes an excellent package. Apply in person or contact Beverly Nipper.

**RIVER RIDGE**  
CARE & REHABILITATION CENTER  
Caring for the Way of Life  
640 Fliter Ave West, Twin Falls, Phone: 208-734-8645

**MARKETING**

Altech Inc, a biotechnology company in the animal feed industry, is looking for a Territory Marketing Coordinator to implement the company's communication strategies in Idaho, Wyoming, Montana and Utah. This position will be based out of the local Twin Falls, ID office but does require travel both within and outside of the local region.

The ideal candidate will have a background in Animal Science and Business, Marketing or Communications. Qualifications: ability to multi-task, enjoy work with events, experience in a marketing environment, excellent oral and written communication skills, and proven organizational skills. Ability to speak in Spanish would be a plus.

Resumes should be sent to the following address (no phone calls please):  
Marionella Alvarez@altech.com, Fax: (658) 228-0049.

**TRADES**

**Sears**

Good fit. Great price.

**Appliance Repair Technicians**

We are looking to immediately fill two positions: one to provide superior customer service repairing refrigerators, freezers, A/C, heating appliances; the second to repair TVs & home electronics in our customers homes in the Twin Falls area. Previous experience repairing appliances or home electronics REQUIRED. CF/Universal preferred for HVAC tech. Teamwork skills, excellent customer service, and a clean record is required. Saturday availability required. Must be 18 years of age to apply. Apply today through email to: [Recruiting@sears.com](mailto:Recruiting@sears.com)

We offer excellent compensation and benefits along with the opportunity to work independently. Qualified candidates need to submit to drug test, background check, drivers license, and a record is required. Sears is an EEO/AA Employer. We support a drug-free workplace.

**SALES**

**SEASTROM**

Great Opportunity!!!

**Sales Associate**

This position will have the responsibility of internally coordinating the sales & customer service activities for an existing & prospective customer territory.

Ideal candidates will demonstrate excellent communication skills, exhibit a professional temperament & possess a proven track record in telephone sales.

**Sales Associates for Seastrom**

Manufacturing assist customers that use our standard line of washers, spring clads and other hardware related to the auto, marine, aeronautical and manufacturing industries. In addition, they deal with custom manufactured parts from both our Stamping and CNC Departments.

Seastrom Mfg. provides excellent benefits, competitive pay, training and GENEROUS paid time off.

Apply on-line for fastest response: [www.seastrom-mfg.com](http://www.seastrom-mfg.com) or e-mail resume to: [hr@seastrom-mfg.com](mailto:hr@seastrom-mfg.com)

456 Seastrom Street  
Twin Falls, ID 83301  
ATTN: HR Department  
NO PHONE CALLS, PLEASE  
Drug Free Workplace/EOE

**Classified Deadlines**

**For line ads**

**Tues. - Sat. - 1 p.m.**

**the day before.**

**For Sun. & Mon.**

**2 p.m. Friday.**

**Do-It-Yourself Ideas**

**Pony Rocker**

Do-it-yourself can create a family heirloom this holiday season with this traditional rocking horse project. The classic design features a limited rocking motion and rounded edges for safety, a more aesthetically made of foam and leather case.

Full-size patterns make the project easy—simply trace the pieces onto wood, cut them out, sand, assemble and finish with varnish or paint. The completed rocking horse measures 44 inches long by 25 inches tall.

The plan includes complete step-by-step directions with 16 photos, full-size traceable patterns, construction diagrams and a materials list.

**Pony Rocker plan (No. 738) ... \$9.95**

**Kids' Rockers Package (No. 673)**

Four projects incl. 738 ... \$24.95

Please add \$4.00 s/h

Call for a free catalog.

To order, circle item(s), clip & send w/ check to: include your name, address and the name of the U.S. District Court in which you reside. Allow 4-6 weeks for delivery.

Money Back Guarantee

**800-82-U-BUILT**

Or call 800-82-U-BUILT

**IDAHO MILK PRODUCTS**

Representatives from each of our departments will be on hand to answer all of your questions.

For more information call 208-324-4739 or drop in to [www.idahomilkproducts.com](http://www.idahomilkproducts.com)

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But look on the bright side.

**IT JUST MIGHT KEEP YOU FROM BECOMING POOR.**

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• Wraggler Ave.  
• Southwood Ave.  
• Parkside Blvd  
**TWIN FALLS**  
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**SHOSHONE**  
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• Main St. W.  
• Duval Court S.  
• Hayden Ave. E.  
**TWIN FALLS**  
735-3346

• Motor Route  
• Accepting Applications.  
**TWIN FALLS**  
735-3346

• 6th Ave. E.  
• 8th Ave. E.  
• Locust St.  
• Maurice St.  
**TWIN FALLS**  
735-3346

• 9th Ave. E.  
• Aspenwood Ln.  
• Cypress Way  
• Hill Crest Dr.  
**TWIN FALLS**  
735-3348

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• Chase Dr.  
• Eastland Park Dr.  
• Falls Ave. E.  
**TWIN FALLS**  
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• Aspenwood Ln.  
• Cypress Way  
• Hill Crest Dr.  
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• Chase Dr.  
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**Times-News**

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**CUSTOMER SERVICE REPRESENTATIVE**

**Northwest**

FARM CREDIT SERVICES

Northwest Farm Credit Services, an agricultural cooperative that provides financing and related services to agricultural producers, is seeking a Customer Service Representative to work in their Twin Falls, ID office. This position assists in the preparation and processing of loan making and servicing transactions. Greets customers as they visit the office and responds to account inquiries. Responsible for processing customer's transactions. Orders and maintains office supplies. Performs intermediate to advanced clerical duties such as word processing, establishing and maintaining files, and answering telephone. Position requires high school diploma or equivalent, with 2 years of related office experience.

Must have excellent computer and customer service skills. Ability to organize and prioritize work. Experience with a financial institution desirable and accounting background beneficial. For immediate consideration, visit our website and apply online at [www.magnificentcareers.net](http://www.magnificentcareers.net)

**Equal Opportunity Employer**

**Project Administrator**

needed in American Falls to provide a high level of administrative support for all consulting projects for a regional team, including customer service, documentation, coordinating and analyzing assessment tools and data, and monitoring the overall project plan, as well as providing general clerical duties.

Associates in business administration, office management, or related field, and 1-2 yrs related exp. Requires excellent interpersonal, communication, organizational, & time management skills, as well as PC knowledge and skills.

**Division Manager Services, a subsidiary of AgStar, is dedicated to providing the highest quality management consulting services to our customers in rural North America to help them grow and prosper.**

Send resume, letter of interest, and salary requirements to:

**Salisbury Management Services**

Human Resources 88-136  
4921 Premier Drive  
Mankato, MN 56001  
[humanresources@agstar.com](mailto:humanresources@agstar.com)

**SMS**

**SALISBURY MANAGEMENT SERVICES**

Equal Opportunity Employer/507-344-5029

**211 Medical**

All advertising is subject to the newspaper's standard of acceptance. The Times-News reserves the right to edit, abbreviate, decline or property classify any ad. Receipt of copy via remote email (fax, e-mail, etc.) does not constitute their acceptance by the newspaper. The advertiser, not the newspaper, assumes full responsibility for the truthful content of their advertiser message.

**216 Trades**

TRADES Wanted Experienced Welders and Pipe Fitters Shockey Street Metal Pk. Id. 439-6055 pre-employment drug test required.

Read The Classifieds Every Day!

**300**

FINANCIAL INVESTMENT

**301 Business Opportunities**

LAWN CARE BUSINESS for sale. Able to profit over \$3000 in as short as the hour. Would be a great small business opportunity, open market, a must see. 208-731-6852 or 208-734-3031

**301 Business Opportunities**

LAWN CARE BUSINESS for sale. Able to profit over \$3000 in as short as the hour. Would be a great small business opportunity, open market, a must see. 208-731-6852 or 208-734-3031

**304 Investments**

DRACO INVESTMENT CORP CASH for Deeds of Trust, Mortgages and Real Estate Contracts. Call today for a free, no-obligation quote. 208/733-3821

**400**

EDUCATION

**401 School Instruction**

**PUBLIC SERVICE MESSAGE**

Big profits usually mean big risks. Before you do business with a company, check it out with the Better Business Bureau. For free information about avoiding investment scams, write to the Federal Trade Commission, Washington, D.C. 20580 or call the National Fraud Information Center 1-800-876-7060.

**401 School Instruction**

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**2471 Classified Ad Placement**

magicvalley.com

**500**

REAL ESTATE

**501 Open House**

**PUBLIC SERVICE MESSAGE**

Selling Property? Don't pay any fees until it's sold. For free information about avoiding time share and real estate scams, write to the Federal Trade Commission, Washington, D.C. 20580 or call the National Fraud Information Center, 1-800-876-7060.

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**GOODINGWENDELL**  
New 2084 sq. ft. home on 21 dry acres, 3 full baths, 4+ bedrooms, large 2 car garage, electric furnace, AC, carpeted throughout. \$280,000. 208-834-8370

**502 Homes For Sale**

**HOME INSPECTIONS**  
www.inspection.com  
For buyers & sellers  
Bill Baker 328-6116

**502 Homes For Sale**

**PAUL J. bedroom,**  
1 bath, everything included new in country. \$91,500, Call Brent 777-316-4050.

**502 Homes For Sale**

**TWIN FALLS**  
4 bdrm, 3 bath, gas fireplace, 2.581 sq. ft. of living space. Landscaped, 3 car garage. \$279,900. 2165 Settlers Lane First Federal Bank 208-733-4222  
Ask for Ron Rasmussen or Sharna Daily

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**502 Homes For Sale**

**515 Commercial Property**

**WHO can help YOU sell your property?**  
Classifieds Can! 733-0931 ext. 2  
www.magicvalley.com

**518 Mobile Homes**

**TWIN FALLS 16x68'**  
good condition, \$15,000 value! Price. \$11,500. 731-1237

**520 Real Estate Wanted**

**SELL YOUR HOUSE FAST**  
We Buy Houses A-1000 Concato 1-800-775-7793

**521 Manufactured Homes**

**WENDELL** 3 bdrm, 2 bath 1,620 sq. ft. living space. 1900 Elm St. City lot 335 6' Ave West. First Federal Bank 208-733-4222  
Ask for Sharna Daily or Estaban Martinez

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the business you need some time ago in The Times-News? Now is the time to contact our advertisers. Stop by the Customer Service Dept today!

**600 Unfurnished Homes**

**600 Unfurnished Homes**

**600 Unfurnished Homes**

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**600 Unfurnished Homes**

**600 Unfurnished Homes**

**ACROSS**

1 Natural balm  
5 Tax  
9 Alan and Nathan  
14 Inter  
15 Forest unit  
16 Utopias  
17 Give a little push  
18 Across Merrill  
19 Settle down for the night  
20 Makes airtight  
22 What a mouse moves  
24 Ferber and Best  
25 Watchmen  
29 Unhappy  
31 Open a purse, perhaps  
32 Persian ruler  
35 Semparivium  
39 Mineral spring  
40 Bad actor  
41 Customers  
42 Sailor's of Federer  
43 Org. of Federer  
44 Make current  
45 Submissive  
46 Hearty enjoyment  
48 Narc's org.  
50 Exactly alike  
54 Slumgullion and goulash  
58 Actress Dee  
59 Attribute  
60 Allan Poe  
63 Signoret film, "Madame"  
65 Norway's capital  
66 Spherical  
67 Broken mirror, for example  
68 "Finding \_\_\_"  
69 Twisty turns  
70 Lamb owner of verse  
71 Smack

**DOWN**

1 Ill-treat  
2 Enticed  
3 Body part  
4 Cilium

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**Saturday's Puzzle Solved**

CLASSICOG STEAM  
HARPOLAY TORME  
ASTROATP URIEL  
THEATERSADNESS  
THEATULE  
LIEERN MANTRAS  
ENDORSED STRODE  
EGGSAO ASIA  
KOALASCORPION  
STROBES CUESSE  
STRAEASAP  
EASTERN STCLOUD  
ALOHASDI HESSE  
TODOSONO EASSE  
STARTRAN STARK

38 Bank payt.  
41 Pie fillers  
45 Female prison monitors  
47 Psychotic  
49 Superlative suffix  
51 Data disk  
52 Smell

53 Intense beam  
55 Art stand  
56 Mrs. Flintstone  
57 Lower oneself  
60 Before, before  
61 Coils  
62 Disney comedy about a mule  
64 At least one

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Get expanded details & descriptions of today's real estate market. When you want it!

**Featured Agents**  
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5 LINES 10 DAYS \$21

For items \$1500 or less.

5 LINES 10 DAYS \$17

For items \$1000 or less.

5 LINES 10 DAYS \$12

For items \$500 or less.

\*Each additional line: Private Party only. Merchandise only. Prices must be included in ad. Maximum of 4 items.

Times-News Call 733-0931 Ext.2 or 800-658-3883 ext. 2

magicalvalley.com Bag 'n' Up These Savings

100% Snow Vehicles

HAULMARK '01 Enclosed 25' AT/Vlad trailer with lots of extras... Call 208-431-3158

100% Snow Machines

Looking for Snow Machines? Wheels Online... Check us out @ www.magicalvalley.com

YAMAHA '00

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '03

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '04

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '05

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '06

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '07

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '08

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

YAMAHA '09

Mountain Hawk 700, 151, slip, backpack, 650 cc, 2 stroke, 150 hp, 1000 lbs...

100% Auto Parts and Accessories

PARTS FOR SALE Chevy 350, 327, 283. New & used, \$600-\$1200... Turbo 400 trans, new & used, \$400-\$900...

PARTS FOR SALE Fenders, hoods, lights, grills, mirrors, indicators, interior/exterior parts, etc. 734-7090

PARTS FOR SALE Transmissions, transfer cases, engines, engine parts, sales, etc. 734-7090

TIRES (2) Cooper studied stud, MS 245/50R17, like new. \$150. 208-543-4168

100% Antiques and Collectibles

CHEVY '81 3100 Beautiful truck, mostly original, nice paint, new tires, round rear windows. Asking \$4500. 208-731-2159

CHEVY '70 Nova Partially restored, \$5000 or best offer. Call 208-308-4892

FORD '85 Mustang, daily driver, \$6500. Might consider trade. 208-670-4428

CARGO MATE '08 6x10 enclosed trailer, \$2,500. 208-881-1 or 368-2882

CARGO TRAILER '05 8x16, \$1900/offer. 208-420-4228

DECK COVER '06 16'x12, \$1200 GVV, \$900. 834-8811 or 368-2882

HAULMARK Trailers 2001 16'x7 enclosed snowmobile trailer, \$2600. 834-8811 or 368-2882

LANDCRAFTER '08 16'x12, \$2,450. 834-8811 or 368-2882

TRISER '08 8.5' goose-neck, low floor, \$2250. 208-326-330

UTILITY TRAILER '08 6'x10, \$1,300. 208-326-330

TRISER '08 8.5' goose-neck, low floor, \$2250. 208-326-330

UTILITY TRAILER '08 6'x10, \$1,300. 208-326-330

TRISER '08 8.5' goose-neck, low floor, \$2250. 208-326-330

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TRISER '08 8.5' goose-neck, low floor, \$2250. 208-326-330

UTILITY TRAILER '08 6'x10, \$1,300. 208-326-330

100% Trucks

CHEVY '04 Colorado LS, 2.7i pkg. AT, PW, CD, \$13,900. 208-324-0069

CHEVY '04 Silverado 1500 LS, ext. cab, 73K miles, well maintained, soft tonneau cover, V8, tow pkg. one owner, \$12,500 or best offer. 208-734-8334

DODGE '04 1500, off road package, AC, PW, PL, 68K miles, \$12,000/offer. 208-839-2827

DODGE '04 4x4, 4 door long bed, diesel, 97K miles, like new \$28,500. 208-320-4082

DODGE '01 F150 Cab, XLT, 4x4, 120K miles, exc. condition, dark green, 38K miles, \$20,000. 208-320-4082

DODGE '06 2500 Quad Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

CHEVY '93 C3500 Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

CHEVY '93 C3500 Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

CHEVY '97 Colorado Crew Cab, 4x4, auto, air, PW, PL, custom wheels, \$13,699. Stock#7824740C

CHEVY '93 C3500 Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

CHEVY '97 Colorado Crew Cab, 4x4, auto, air, PW, PL, custom wheels, \$13,699. Stock#7824740C

CHEVY '93 C3500 Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

CHEVY '97 Colorado Crew Cab, 4x4, auto, air, PW, PL, custom wheels, \$13,699. Stock#7824740C

CHEVY '93 C3500 Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

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CHEVY '97 Colorado Crew Cab, 4x4, auto, air, PW, PL, custom wheels, \$13,699. Stock#7824740C

CHEVY '93 C3500 Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

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100% Trucks

CHEVY '06 Silverado, 4WD, 6.5 diesel, metal factory flat bed, 5 speed, needs clutch, \$2500 or trade for livestock. 208-326-9506 or 839-8505

DODGE '02 Dakota Quad Cab, 4x4, S/LT, low miles, well maintained, soft tonneau cover, V8, tow pkg. one owner, \$12,500 or best offer. 208-734-8334

DODGE '04 1500, off road package, AC, PW, PL, 68K miles, \$12,000/offer. 208-839-2827

DODGE '04 4x4, 4 door long bed, diesel, 97K miles, like new \$28,500. 208-320-4082

DODGE '01 F150 Cab, XLT, 4x4, 120K miles, exc. condition, dark green, 38K miles, \$20,000. 208-320-4082

DODGE '06 2500 Quad Duals, 4x4, V8, 4 spd, one owner, clean and runs well. \$2500. 208-733-3033

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100% Trucks

FORD '00 Ranger XLT, 4x4, auto trans, power locks/windows, \$6954. Stock#5601004

FORD '01 F150 XLT, 4x4, nice camper shell, \$11,000/offer. 208-733-4439

FORD '96 F-150, 4x4, AT, Eddie Bauer Edition, very clean & extra set of tires. \$2400. 208-358-3307

FORD '96 F-250 XLT, Ext Cab, Powerstroke diesel, 5 speed, 4x4, \$7800. 208-324-0069

FORD '96 Ranger, 4x4, ext cab, PW, AC, CD, 88K miles, great. \$2200/offer. 733-1368

FORD '02 F-350 Crew Cab, XLT, 4x4, 120K miles, Powerstroke, 87K mi. \$17,000. 731-4843

FORD '03 F-350 ext cab, 4x4, Powerstroke diesel, AT, full power, 120K miles, immaculate \$10,800. 208-293-5687

FORD '04 F-250 XLT, 4x4, V8, 4 spd, one owner, well maintained. \$3900. 208-293-5687

LINCOLN '08 Mark LT, 4x4, 5.4 V8, air, MP, PW, PL, AM/FM, 6 disc CD changer, low pkg. \$33,500. #3056

GMC '06 F-350 Duals, 351 V8, 4 spd, 120K miles, immaculate \$10,800. 208-293-5687

GMC '07 F-250 HD, 4x4, V8, AC, 90K actual miles, one owner, well maintained. \$3900. 208-293-5687

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100% Trucks

FORD '99 Gas engine wildcat body, great cond. See in Burley, \$2000. 436-827-4745

FORD '91 F150 XLT, 4x4, nice camper shell, \$11,000/offer. 208-733-4439

FORD '96 F-150, 4x4, AT, Eddie Bauer Edition, very clean & extra set of tires. \$2400. 208-358-3307

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JUMBLE THAT SCRAMBLED WORD GAME

Unscramble these four Jumbles. One letter to each square, to form four ordinary words.

DYNAS

TWAHR

HELBIT

YERTAW

How bright do you want to be?

WHAT DAD HAD TO KNOW WHEN HE CHANGED THE LIGHT BULB.

Now arrange the circled letters to form the surprise answer, as suggested by the story cartoon.

Answer: (answerson) (answerson) (answerson) (answerson)

Saturday's Jumble: GUMMY NOVEL UPLIFT UNLOAD

Answer: What the climbers achieved when they reached the summit - A "LOFTY" GOAL

100% Trucks

HAULMARK '01 Enclosed 25' AT/Vlad trailer with lots of extras... Call 208-431-3158

100% Snow Machines

TWIN FALLS FORECAST

Today: Cloudy with a few scattered rain and snow showers. Highs 30s to the lower 40s.

BURLEY/RUPERT FORECAST

Today: Cloudy with a few scattered rain and snow showers. Highs 30s to the lower 40s.

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges.

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure. Includes sunrise and sunset times.

IDAHO'S FORECAST

Map of Idaho with weather icons and text: SUN VALLEY, SURROUNDING MTS. A good chance for snow showers today and into early tonight.

REGIONAL FORECAST

Table with 2 columns: Today, Tomorrow. Lists cities like Boise, Idaho Falls, and temperatures.

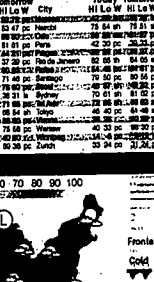
NATIONAL FORECAST

Table with 2 columns: Today, Tomorrow. Lists cities like Denver, Chicago, and temperatures.

WORLD FORECAST

Table with 2 columns: Today, Tomorrow. Lists cities like London, Tokyo, and temperatures.

TODAY'S NATIONAL MAP



meineke car care center logo and address: 169 Addison Avenue West.

CANADIAN FORECAST

Table with 2 columns: Today, Tomorrow. Lists cities like Calgary, Edmonton, and temperatures.

Sultdoku Puzzle

9x9 Sultdoku puzzle grid with numbers 1-9.

1009 Vans and Buses

Advertisement for Dodge '04 Grand Caravan van with features and contact info.

1010 Autos

Advertisement for Chevy '07 Malibu car with features and contact info.

1010 Autos

Advertisement for Ford '01 Focus 2.3 car with features and contact info.

1010 Autos

Advertisement for Honda '01 Civic EX car with features and contact info.

1010 Autos

Advertisement for Nissan '01 Maxima car with features and contact info.

1000 SUVs

Advertisement for Nissan '03 Xterra SUV with features and contact info.

1009 Vans and Buses

Advertisement for all vans wanted with cash today.

1010 Autos

Advertisement for Chevy '08 Impala car with features and contact info.

1010 Autos

Advertisement for Ford '01 Mustang car with features and contact info.

1010 Autos

Advertisement for Honda '07 Accord car with features and contact info.

1010 Autos

Advertisement for VW '01 Jetta VR-6 car with features and contact info.

1000 SUVs

Advertisement for Suzuki '07 XL7 SUV with features and contact info.

1010 Autos

Advertisement for Audi '01 A4 1.8T car with features and contact info.

1010 Autos

Advertisement for Chrysler '07 PT Cruiser car with features and contact info.

1010 Autos

Advertisement for Ford '05 Crown Victoria car with features and contact info.

1010 Autos

Advertisement for Honda '98 Probe 4 cyl. car with features and contact info.

1010 Autos

Advertisement for Honda '01 Accord LX car with features and contact info.

1009 Vans and Buses

Advertisement for Dodge '77 Conversion van with features and contact info.

1010 Autos

Advertisement for Buick '02 Century car with features and contact info.

1010 Autos

Advertisement for Buick '94 car with features and contact info.

1010 Autos

Advertisement for Ford '05 Taurus car with features and contact info.

1010 Autos

Advertisement for Honda '01 Accord LX car with features and contact info.

1010 Autos

Advertisement for Pontiac '03 Grand Marquis car with features and contact info.

1009 Vans and Buses

Advertisement for wanted SUVs with cash today.

1010 Autos

Advertisement for Ford '02 F-350 pickup truck with features and contact info.

1010 Autos

Advertisement for Dodge '07 Avenger car with features and contact info.

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